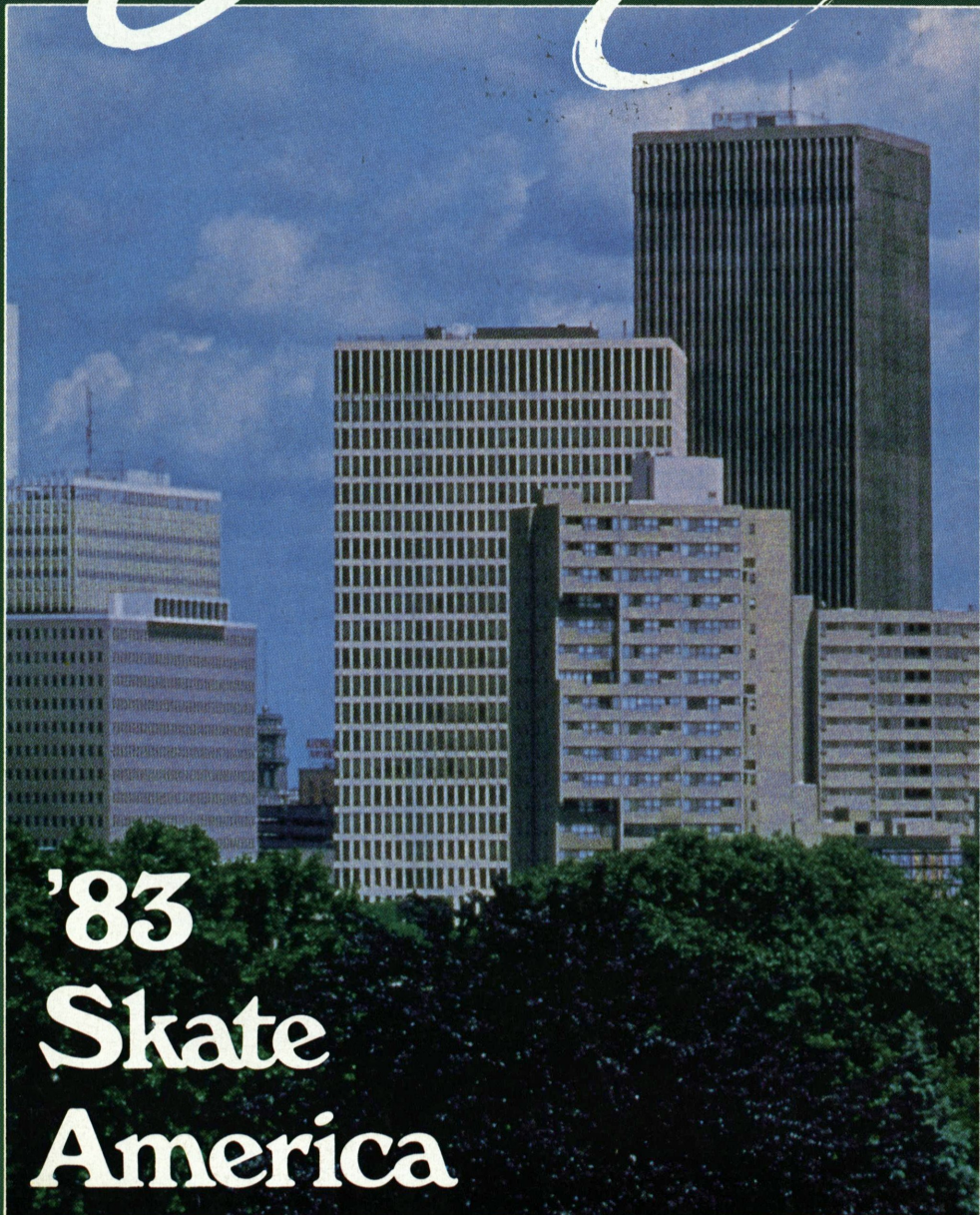


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PHOTO: Courtesy of the Rochester Area
Chamber of Commerce

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RESULTS



*Kid
Talk*



Skating

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2. Mail Subscriptions	28,096	28,357
C. Total paid circulation	28,096	28,357
D. Free distribution by mail, carrier, or other means, samples, complimentary, and other free copies	500	250
E. Total Distribution	28,596	28,607
F. Copies not distributed		
1. Office use, left over, unaccounted, spoiled after printing	2,436	3,008
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G. Total	31,032	3,615

I certify that the statements made by me above are correct and complete.

(signed)

Ian A. Anderson
Editor

Calendar

OF EVENTS

NOVEMBER

- 1-5 **Northwest Pacific Regional Championships**, sponsored by the Great Falls FSC, Great Falls, MT 59404. For information contact: Terry Steel, 1104 Durango, Great Falls, MT 59404, 406-452-4016.
- 1-5 **South Atlantic Regional Championships**, sponsored by the Philadelphia SC & HS, Ardmore, PA 19003. For information contact: Frank Wolek, c/o the Philadelphia SC & HS, Holland Ave. & County Line, Ardmore, PA 19003.
- 3-5 **New England Regional Championships**, sponsored by The SC of Boston, Boston, MA 02135. For information contact: Richard T. Rigby, 23 Deering Ave., Lexington, MA 02173, 617-862-1946 or 617-271-2240.
- 4-6 **Evening with Champions Skating Exhibition**, sponsored by the Eliot House of Harvard University, to be held at the Bright Arena at Harvard University. Exhibition featuring national and world medalists. All proceeds benefit the Jimmy Fund. For information call: 617-498-8172.
- 7-12 **Upper Great Lakes Regional Championships**, sponsored by the Greater Milwaukee FSC, Milwaukee, WI. For information contact: Bruce Albertson, 5427 Olympia Dr., Greenfield, WI 53129, 414-421-3221.
- 10-13 **Central Pacific Regional Championships**, sponsored by the Crystal Springs ISC, Redwood City, CA 94063. For information contact: Mrs. Bonnie Collins, 874 San Jude Ave., Palo Alto, CA 94306, 415-493-6092.
- 10-13, 17-20 **Southwest Pacific Regional Championships**, sponsored by the South Bay FSC, Redondo Beach, CA 90277. For information contact: Perry Livingston, 1203 So. Gertruda Ave., Redondo Beach, CA 90277, 213-316-3288.
- 12 **Annual Kenawan Invitational Competition**, sponsored by the Kenawan SC of

Western New York, at Sabreland, 3385 Niagara Falls Blvd., Wheatfield, NY. Freestyle, Music Interpretation, beginners to adults with costumes appropriate to the music, compulsory moves for beginner and preliminary groups and similar pairs. For information contact: Maryann Crouch, Chairperson, 40 E. Felton Street, North Tonawanda, NY 14120, 716-693-7384; or Joan Zorich, Registrar, 400 Belmont Ct. East, North Tonawanda, NY 14120.

14-19 **North Atlantic Regional Championships**, sponsored by the SC of Lake Placid. For information contact: Robert Allen, Olympic Arena, Lake Placid, NY 12946, 518-523-3325.

29-12/3 **Midwestern Sectional Championships**, sponsored by the FSC of Minneapolis, Minneapolis, MN. For information contact: Larry W. Petroskey, 8040 Wynwood Rd., Golden Valley, MN 55427, 612-546-1876.

DECEMBER

3-4 **Ice Patterns**, celebrates the University of Delaware's 50th Anniversary in their Christmas ice show, "Celebration!" to be held at the University of Delaware Ice Arena, Route #896, South College Ave., Newark, DE 19716. Recreational carnival put on by the college Physical Education classes and the classes from the Continuing Education Skating Program. For information contact: Elaine M. Ahern, Instructor of Physical Education, 302-738-2868.

6-10 **Eastern Sectional Championships**, sponsored by the Wissahickon SC, Philadelphia, PA. For information contact: Mrs. John F. Curtis, Jr., 7700 St. Martins Lane, Philadelphia, PA 19118, 215-247-2465.

7-10 **Pacific Coast Sectional Championships**, sponsored by the Arctic Blades FSC, Paramount, CA 90723. For information contact: Vernon Elliott, 7931 Birchwood Circle, La Palma, CA 90613, 714-522-5217.

Continued on page 16

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CLARIFICATION OF THE TRIPLE JUMP RULE

The International Skating Union (ISU) decided to limit the number of triple jumps for ladies' and men's free skating. According to the new rule, each of the six triple jumps may only be performed once, except the same jump can be repeated in combination, i.e., triple toe loop-triple toe loop.

NOTES FOR TEST CHAIRMEN

TR23.04 The Split Double Lutz Lift is now required for the Gold Pair Test.

TR15.01 Now allows for the Juvenile Free Skating test to be taken on an ice surface less than 9,375 square feet.

NEW JUDGES SHEETS: On the official judges sheets and on the Trial sheets for Juvenile, Intermediate, and Novice Free Skating under the area of Combination Jumps include "no change of foot and no turn in between."

Official and Trial sheets for the Third Figure Test, figure 28a should read RFOI-LFIO, not LFOI. Trial sheet on the Eighth Figure, figure 40a should read RFO-LFI not LFO.

RULEBOOK UPDATE . . .

The following were received too late for inclusion in the 1983-84 Rulebook. Information received after July 15 will not appear in the Rulebook.

JUDGES' APPOINTMENTS . . .

LOW FIGURE TEST

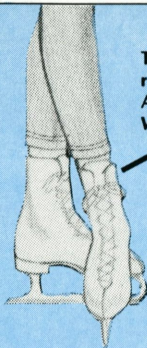
- Scott Cormier, SC of Springfield
Byron K. Darden, Galleria ISC
Lisa Larson, Blade and Edge of Omaha
Greg Cannon, Tri-Cities FSC
John F. Christie III, Philadelphia SC & HS
Lisette Carter, Great Falls FSC
Richard Gold, Tulsa FSC
Roelof Buitink, Tulsa FSC
Gayle Nichols, Tulsa FSC
Kristen Legatski, Ann Arbor FSC
Colette Bourquin, Rye FSC
Dawn Erbes, Buffalo SC

Continued on page 38

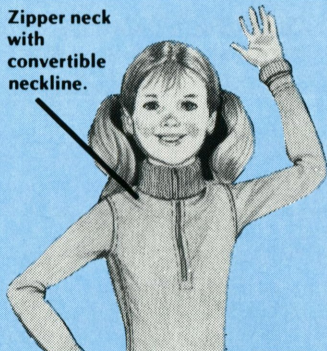
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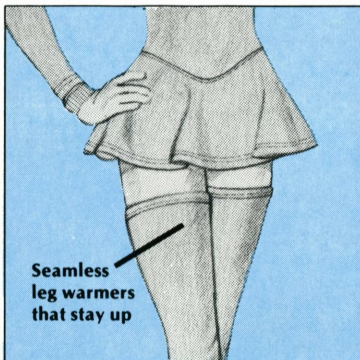
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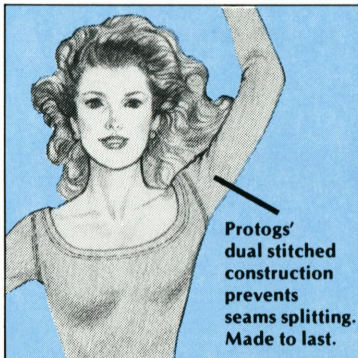
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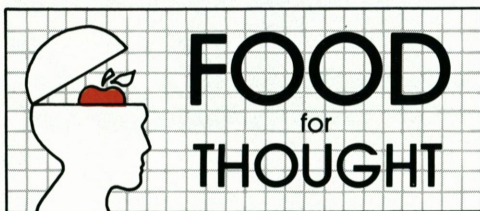
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*Nutritional
Guide for
the Skater.*

EATING SENSIBLY WHEN TRAVELING

by

*Arnold E. Denton, Ph.D.,
Senior Vice-President,
Cambell Institute for Research
and Technology
Campbell Soup Company and
Member USFSA Sports Medicine Committee*

Practicing good nutritional habits *everyday* is important. But traveling can pose some real challenges to obtaining well-balanced meals.

So important to overall physical performance of athletes, *sensible eating* is the key to getting daily nutrient needs, and avoiding some of the problems related to traveling, such as sickness, meal skipping, excessive snacking, and lack of rest.

Eating sensibly doesn't just mean watching what foods you eat, but also—how much to eat, when meals should be eaten, and in what atmosphere. In other words—developing proper eating habits.

Often, the traveling athlete is faced with many new factors while on the road—restaurant or airplane foods, intensive competitive schedules, varying meal hours, new foods or preparation methods—especially when skating in overseas events. All these combined may lead to overeating, undereating, or non-nutritious eating.

Here are some tips to help overcome some of the dietary problems for the traveling skater who must eat away from home.

Airlines: Many airline meals tend to be high in fat, and often contain dessert, making the calorie content even higher. This is not helpful for an athlete who has to watch his or her nutrition, and will be spending several hours sitting. A way to get around this, and be in control of what is eaten, is to call the airline ahead of time and ask

about their special meal plans, which would provide you with the types of foods you are familiar with or prefer. Many airlines do have this service, featuring vegetarian plates, fruit plates, low calorie, low salt, or low cholesterol meals.

Restaurants: Again, like airline foods, restaurant foods can be overly rich in fat, cholesterol, or calories, or can be highly seasoned. We suggest you order foods that you are familiar with, and don't eat everything on your plate if the portion is generous. A good rule of thumb in ensuring that you are getting the "best" out of your restaurant meal, is to use the basic four food groups guide—a serving from each of the meats, vegetable/fruit, grains/cereal, and milk/cheese group. Pass up rich foods and desserts if you can—or at least eat small portions.

New Foods: Traveling is an exciting time, and many travelers like to try out new foods. In this case, we again suggest eating a small "try-out" portion only, and only try foods that you recognize in order to keep tabs on your daily food intake.

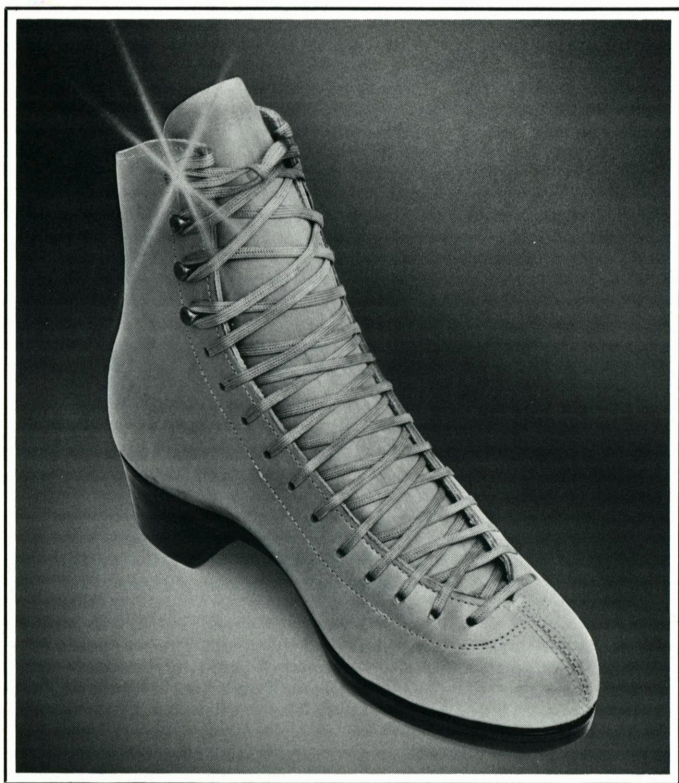
Meal Time: Schedule your meals as close as possible to your regular eating time; adjusting hours of meal consumption to any new time zones slowly. Try to maintain three balanced meals a day, with light nutritious snacks between meals, or between training sessions when you need those extra calories. Under no circumstances should you *skip meals*. Meal skipping can be detrimental. In fact, skipping meals can lead to overeating at the next meal.

Snacking: Snacking is important especially for the athletes involved in intense training or who are in stressful competitions that make it impossible to eat complete meals. Many athletes are so nervous they may not be able to eat complete balanced meals. For

Continued on page 35

Harlick

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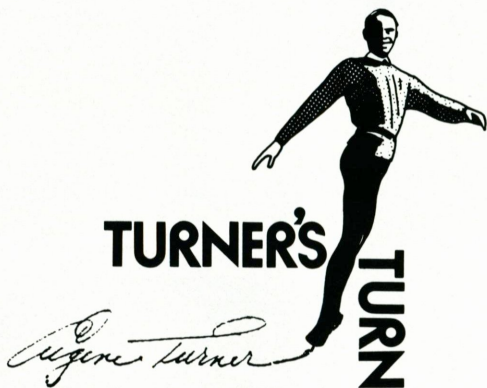
893 American St. San Carlos, Ca. 94070 (415) 593-2093

Hey, whaddya know? I've been elected to ice skating's Hall of Fame. Understandably, it's a great honor and, needless to say, I'm happier than a kid landing his first Axel. As to what it took...!

I remember someone once saying: "You must have worked very, very hard," whereupon I burst out laughing, offended the other person considerably and had to apologize. I told her the truth: it was no work at all, I was always on a perpetual "high." Skating became a passion. Some fall for a TV soap opera, others for eating popcorn balls, or chili. A character in Wouk's *The Caine Mutiny* fell in love with his drinking cup. I fell for figure skating, now a fifty-year love affair.

When the passion carried over into teaching, pupils caught fire from my enthusiasm—"passionate" enthusiasm—often performing well simply because I wanted them to. I'm reminded of Leonard Bernstein's story of two symphony conductors. One, an excellent orchestra "architect," molded impeccable violin sections, and trained horns and woodwinds to excellence. The other, Serge Koussevitzky, former Boston Symphony maestro, could only say: "Gentlemen, it *mus'* be more *beautiful!*" And so it became.

As for work, I've worked harder getting one of my teenage boys into a jacket for church than in all nine years of competitive skating. Getting through chemistry and physics classes was a close second. (What made it easier was drawing loops on my notebook cover.) Easier yet was having a superb atmosphere in which to skate. Sonja Henie took care of that. Her movies made Hollywood a hot-bed of figure skating, not only attracting numerous skaters but hundreds of movie extras and dancers who donned ice skates in order to try out for one of her movies. Further attracted were some of the top skaters of the world, lured to Hollywood by the glamour and the possible thought that lightning could strike them, too. I didn't know then how lucky we all were. The old Polar Palace resembled a Noah's Ark of skating, as if you dumped pieces of every conceivable life form of ice movement into one area and kept stirring it with a huge ladle or wind machine. It was like Mardi



Gras, Christmas, Fourth of July, and a bullfight all at once. In that atmosphere, anyone possessing even some ability and not learning how to skate would have to be dead.

But that doesn't explain becoming a successful competitive teacher. Here is one explanation. George S. Kaufman, a noted playwright of some years ago, was also known as a fine play director. Always in demand by producers, he became so well known that any hit play's success would invariably be credited to him. Kaufman never got used to this. When a friend telephoned him to ask if a certain young man was a good director or not, Kaufman replied: "He's a good director when he has a good play. When he has a bad play, he's a bad director." Or even more succinctly: "Good plays have a way of being well-directed." "Good" football coaches generally have "superb" players to work with. Ditto baseball. The famous Casey Stengel turned out reams of pennant-and-World-Series-winning teams with the N.Y. Yankees. As coach of the N.Y. Mets...clunk! He was no miracle worker.

I had "quality players," marvelous people with superb technique built in, and with parents who appreciated skating's benefits of concentration, will power, and healthful vitality. I've said it before: combine talented enthusiastic youngsters with equally enthusiastic parents and you have a volatile mixture that has unearthly explosive force. Stand back if you don't want to get swept up into a whirlpool of joyous madness.



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Museum Newsletter



TOM ZEPKO

Left to Right: Eugene Turner, Eleanor Schultz, Vice-President USFSA, Pacific Coast, and Josephine Lawless, Chairman, Los Angeles Figure Skating Club's Fiftieth Anniversary Revue, and Club Historian.

On the occasion of the Los Angeles Figure Skating Club's Golden Anniversary Revue, June 11, 1983, presentation was made to Eugene Turner of the United States Figure Skating Association Hall of Fame plaque and medal.

Eleanor G. Schultz, Third Vice President, USFSA, Pacific Coast Section, made the presentation on behalf of Mr. Benjamin T. Wright, Chairman of the USFSA Hall of Fame and Museum Committee. Assisting Mrs. Schultz was Mrs. Josephine Lawless, Chairman, Los Angeles Figure Skating Club's Fiftieth Anniversary Revue and Club Historian.

Eugene Turner was U.S. Junior Men's Champion, 1938, Champion of the United States in 1940-41 as well as Pair Champion of the United States in 1941 with Donna Atwood. After his competitive career, which was cut short by World War II in which he served in the United States Army Air Corps, Mr. Turner was a featured skater, and part-

ner to Sonja Henie in Sonja Henie's Hollywood Ice Revue and has since been one of the leading teachers in the sport.

Mr. Turner is the first member ever to be inducted into the USFSA Hall of Fame from the Los Angeles Figure Skating Club.

DONATIONS DURING THE MONTHS OF AUGUST AND SEPTEMBER 1983:

Permanent

Skating Club Patches — Linda Morris
Record Albums, Book, and Cards with Skating Scenes — Professor Richard Stephenson
Porcelain Skating Figurines — Ice Capades, Inc.

Skating Mug Autographed by Scott Hamilton, Wooden Skating Figurine and Competition Protocols — Charles A. DeMore

—Helen (Pat) Cataldi



The Path to Excellence

by Dr. Curt Stensrude

This series of interviews will focus on how coaches and skaters, many former and present champions, prepare themselves for competition and victory. For a successful sports performance, these athletes employ a collection of mental preparation techniques along with strategies for practice sessions and competitions. They share with the reader their special tips and advice on maximizing performance on the ice.

ROSALYNN SUMNERS

STENSRUDE: What do you use for your recipe for success in National and World class skating?

SUMNERS: The formula I've used for the last couple of years is the training I do. My coach and I work together . . . it's hard to explain; it's the way I've trained mentally and physically. I've used a psychologist. The formula is just how we have worked together and what we've been able to accomplish on the ice through the training. We train isolated in a part of the country. We can do what we need to do without thousands of people watching us; after I've trained and go to competition, it's a big surprise. The whole formula is the way I've trained and the way my coach and I relate to each other.

STENSRUDE: Then there is a kind of chemistry?

SUMNERS: Yes. As I've trained the concentration gets heavier and deeper and I'm able to keep in control more areas and am able to handle more things.

STENSRUDE: Could you elaborate a little more on the concept of concentration?

SUMNERS: I would say for me, it's eighty-five percent. I concentrate so hard. When I first start training, it's very shallow and as I train harder and harder it gets more intense and becomes easier for me to concentrate for longer periods of time so by the time I'm at a competition, I'm ready.

STENSRUDE: At what age did you decide that competitive skating was going to be the thing for you?

SUMNERS: I started skating when I was seven and started competing at about eight or nine; then of course, I was just doing it for fun and for something to do. I just kept moving up the ladder slowly. I think when I made Nationals my first year in Novice, which a lot of skaters don't do (I placed fifth), the next year I won the Nationals /Novice/ title; I think then I knew I had a chance to go somewhere with skating. I was about twelve or thirteen years old.



STENSRUDE: Undoubtedly there is a great deal of sacrifice during those years; what are some of the things you had to sacrifice?

SUMNERS: I don't really think of the sacrifices only because that is what I wanted to do. I'm still sacrificing things, I guess what other people would consider sacrificing, but it's my way of life and that's the way I want it to be. I quit going to public school after the end of eighth grade and in the ninth grade, I was tutored and just went in once a week and got all my work and did it all on my own so I could skate all day long. I never went to ball games, I never saw the whole school scene, which didn't bother me at all. Maybe a couple of times I thought I would like to do some of those things, but they were just thoughts, they never went past that. I gave up dating too, but I date occasionally now.

STENSRUDE: What are the three most important qualities for a performance skater to have?

SUMNERS: Concentration, confidence, and control. Those are the three things that I've worked with my psychologist. Those are the

three things most important in competitive skating. As far as the things you have to do to get where you are, you have to have determination, dedication, and desire.

STENSRUDE: Did you ever have any trouble with the "three C's" or "three D's"?

SUMNERS: I had trouble with the "three C's"; desire was always there and the dedication was always there. When I hit about fifteen or sixteen, I started having a problem with concentration and confidence and then with the control. Then I started working with a sports psychologist and he was able to group those together and I started to work on it.

STENSRUDE: What if you didn't have the sports psychologist?

SUMNERS: I'd be a basket case. No, I wouldn't be a basket case, but at the time I started using him, I definitely needed something (that was the end of 1980). It was before my first Nationals at the Senior level; it was after the Junior Worlds. The next couple of years were really tough pressure-wise; I couldn't have handled the pressure without working with someone—I still can't.

STENSRUDE: So you don't feel that a sports psychologist is involved with your weaknesses, but helping to provide strengths. A lot of people view sports psychologists as messing with their heads.

SUMNERS: I don't see it that way; I just use them to help relieve the pressure and help me to deal with it.

STENSRUDE: Does he use hypnosis?

SUMNERS: I close my eyes and we use imagery; deep breathing exercises and relaxing responses to situations I'm in. I'm not hypnotized. As he talks, I imagine what I'm doing.

STENSRUDE: You seem to have the quality that I've noticed is a common quality with most top skaters . . . it's sort of a lightness of heart, you joke around a lot. Is that part of your personality?

Continued on page 46

Calendar of Events

Continued from page 5

- 9-11 **The First Indiana Ice Championships**, sponsored by the Lincoln Center FSC, at the Lincoln Center Ice Rink, Columbus, IN. Freestyle, Compulsory, Dance, Pairs, Interpretive, and Precision Teams events. For information contact: Jane Huffman, 2146W Carr Hill Rd., Columbus, IN 47201, 812-372-8583.
- 11-13 **Discover the Spirit of Christmas**, ice show sponsored by the Northcross FSC, at the Ice Rink of Northcross Mall, Anderson Ln. at Burnet Rd., Austin, TX 78757.
- 14-18 **7th Annual Christmas Pops on Ice**, sponsored by the Broadmoor SC and the Colorado Springs Symphony, at the Broadmoor World Arena, Colorado Springs, CO 80906. For information contact: The Colorado Springs Symphony, P.O. Box 99, Colorado Springs, CO 80901, 303-633-0333.
- 27-29 **Lansing Christmas Freeskating & Precision Skating Competition**, sponsored by the Lansing SC, at the Lansing Ice and Gymnastics Centre, 1475 Lake Lansing Rd., Lansing, MI 48912. For information contact: Freeskating Competition—Ms. Sue Kruger, 517-339-2669; Precision Team Competition—Mr. Connie McAuliffe, 517-351-2022.

JANUARY

- 6-8 **1984 Northland International Championships**, sponsored by the Duluth FSC, to be held at the Duluth Arena Complex, Duluth, MN. Freestyle and Compulsory Moves, Beginner through Senior Events, and Precision Teams. For information contact: Darrell or Candy Barnack, 4417 W. 7th, Duluth, MN 55807, 218-624-0697.

- 28-29 **3rd Annual Omaha Winterfestival Invitational Competition**, sponsored by the FSC of Omaha and the Blade and Edge FSC of Omaha, to be held at the Hitchcock Ice Arena, Omaha, NE. Figures, Compulsories, Freestyle Competition. For information contact: Kim Coffman, 402-571-7405 or Bev White, 402-333-6485.
- 29 **Eastern Sectional Precision Championships**, sponsored by the Buffalo SC, Buffalo, NY. For information contact: Virgil Widler, 225 Lehn Springs Dr., Williamsville, NY 14221, 716-632-3590.

FEBRUARY

- 17-19 **Southport Winter Invitational**, sponsored by the Southport Skating Club, to be held at the Kenosha County Ice Arena, Kenosha, WI. Beginner through Senior events in Freestyle, Compulsory Moves, Interpretive, and Pairs. For more information, contact: Joan Murphy, 3509 — 100th St., Kenosha, WI 53142, 414-694-0411.

MARCH

- 17-19 **Midwestern Sectional Precision Championships**, sponsored by the Southport SC, to be held at the Kenosha County Ice Arena, Kenosha, WI. For information contact: Rose Waddell, Secretary, 3845 Highway 38, Franksville, WI 53126, 414-886-5745.
- 25 **Park Mini Free Skating Championships**, sponsored by the Park FSC, at the City Building, World's Fair Grounds, Corona, NY. Free Skating, no test up to and including Novice. Awards given to first, second, third, and fourth places. For information contact: Mrs. Sabin Segal, 8 Bingham Hill Circle, Rumson, NJ 07760, 201-842-6160.

COMPETITION NOTES

U.S. Nationals

1984: Salt Lake City, UT — January 17-22, 1984

1985: Kansas City, MO — January 28-February 3, 1985

Worlds

1984: Ottawa, Canada — March 20-25, 1984

Olympics

1984: Sarajevo, Yugoslavia — February 9-19, 1984

1988: Calgary, Alberta, Canada — No dates available.

SPORTS



MEDICINE

B R I E F

These monthly columns will be written by members of the USFSA Sports Medicine Committee, and will include a variety of topics we hope are of interest and help to you. Included will be columns on the practical treatment of common medical ailments of international travel; the skater's foot; the role of the parent in the child's development as a competitor and human being; what to do if you are the first to respond to a sudden skating injury where no physician is present; and so on. While we cannot answer specific questions or give direct personal advice, we do encourage you to write in your

comments and suggestions (both on improvements we might make and medical issues you would like to see discussed).

The Sports Medicine Committee emphasizes strongly the need to consult your personal physician or medical professional for advice about any specific problems you may be experiencing.

—Howard M. Silby, M.D.
Chairman
Sports Medicine Committee

HIGH-LEVEL ACHIEVEMENT: THE COST SIDE OF THE LEDGER

By Bruce C. Ogilvie, M.D.

It has been almost five years since I have been a member of the Sports Medicine Committee of the United States Figure Skating Association and I am beginning to have direct experience with the psychological problems associated with success in this sport. Beginning in the early sixties, I published a series of papers describing a phenomenon which I then labeled as "The Unconscious Fear of Success." This subconscious mental quirk appeared in every sport and at every level of participation, from amateur through professional. The first paper (1960) was titled, "The Unconscious Will to Fail," and the next article (1962), "Success Phobia." As the years wore on and the number of athletes I investigated mounted, I began to write about this complex human response to stresses of high-level competition. I attempted to illuminate both the subtle and not-so-subtle social and peer pressures for those whose motor gifts were exposed to peer and public scrutiny. As a mental hygienist, my

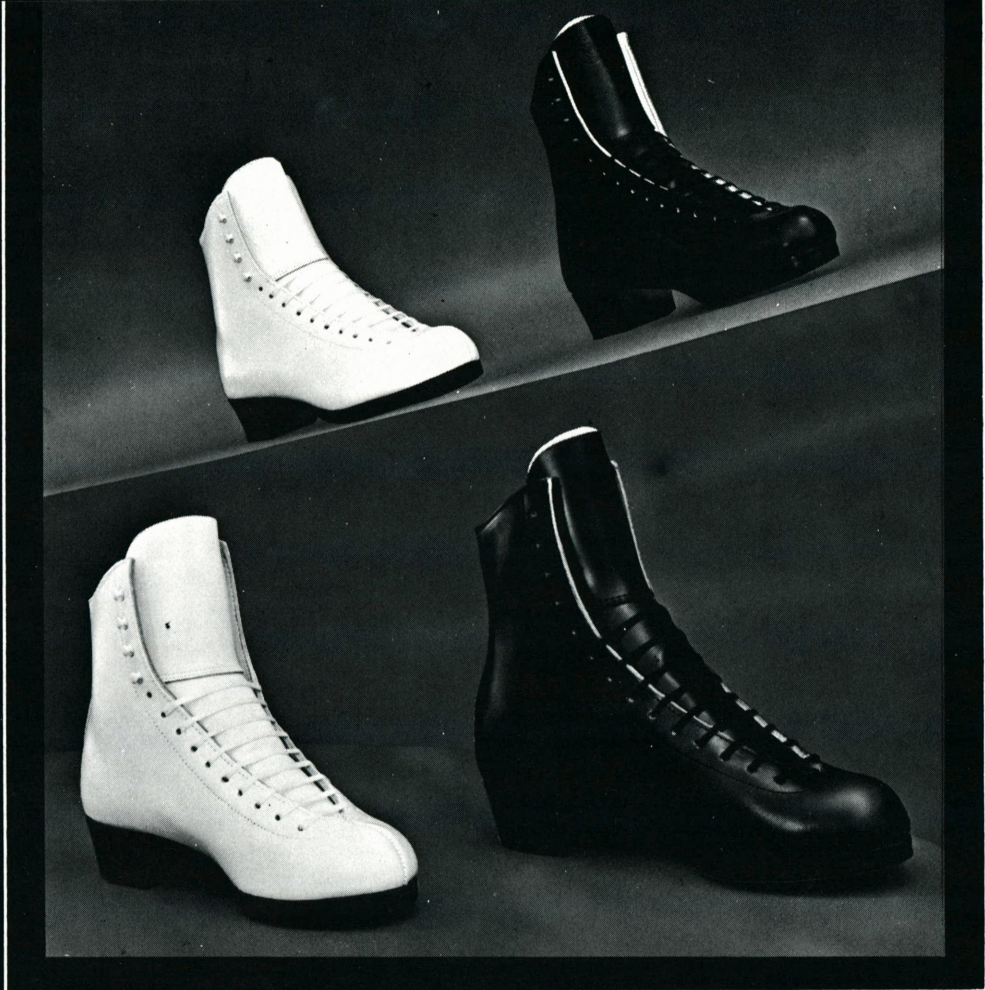
credo has always been that the earlier the young competitor can be made to see and to anticipate the consequences of success, the better they will be able to adapt to these multiple stresses. The best title for this stress reaction would be, "The Social-Psychological Cost of High-Level Achievement."

WHAT ARE THESE COST FACTORS?

1) The child begins to explore his/her growing conflicts as a result of the new goal-setting standards imposed upon him/her by the parents and/or coaches in their quest to enhance the child's acquisition of skills.

Simply stated, the child's early commitment was more recreational in nature, and peer social rewards prevailed as their motivation. Now, new standards and the pursuit of excellence are supposed to become the dominant driving force. Even for our most gifted skaters, this transitional period is fraught with a variety of conflicts.

Continued on page 34



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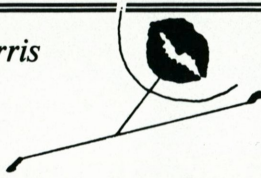
Riedell skating boots are recognized by professionals, top competitors, and amateurs as one of the finest skating boots in America today. Their expert design, quality materials, and superb craftsmanship offer the skater comfort and high performance that

can be depended upon. From the finest custom made boot to the other highly acclaimed styles, Riedell offers quality in every product sold.

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In the weeks to come before the first eliminating competition, there is to be expected higher pressures, frustrations running rampant, and emotions exploding wildly all over the ice. All this of course, will be the result of skaters frantically trying to "cram" for this important event.

I could do a dissertation on practicing properly all year round, so that cramming is not necessary, but I will save that for another time. For now, I would like to discuss the techniques of a most important move that will become more and more predominant as the weeks go by:

KICKING THE ICE

Because of doing workshops and teaching in so many rinks this year, I have been able to research this important move and gather material on its techniques, and I would like to share a few with you.

The Basic Stomp

When you remain on your feet after a popped or unsuccessful jump, and before turning around and seeing the disgusted faces of your pro and/or parent, show your own disgust by picking up one foot and slamming it hard on the ice with the flat of the blade. The advantage of this stomp is that it doesn't make a hole in the ice. The disadvantage of it is that it makes you look like a spoiled brat that can't get his/her own way.

The Heel Dig

This one can be accomplished on your feet or in a sitting position on the ice (when you have fallen). Pick up one foot as high as you can, flexing it strongly, and jam the heel of your blade deeply into the ice. The advantage of this one is it exercises the hamstrings when the foot is in a flexed position (especially when done often). The disadvantage of it however, is that it may reach a pipe, breaking it, and cause the manager to throw you out of the rink. Then too, the cost of repair

of the pipe will be billed to you and your family. The advantage of the Heel Dig in the sitting position, is that you can always say that your foot came down that way in the fall.

The Toe Drag

This technique is a little more subtle and is really for the more mature, sophisticated skater. As you finish your attempted jump, you turn forward and with the toe pick on the ice, drag it, digging it in as hard as you can. It is very important to learn to roll the eyes as you do this. The advantage of this is that you cause attention to be riveted on your face instead of your feet.

The Toe Dig

This move can be done at any time when frustrations set in. Merely sickle the foot (ballet does not help this position), and dig into the ice. It is nice to add a little drag to it, causing deep ridges to form in the ice. The advantage of this is that it can be done from a forward or backward position. The disadvantage is, you can weaken the ankle when you sickle it too much.

The Sideboard Kick

This really is my favorite move. After not completing a jump successfully, saunter casually over to the side boards or railing, and with a deep inhalation of breath, raise one foot and kick the boards vigorously. The advantage of this move is that you sometimes can go to places in the rink where you are not observed. The disadvantage is, you may get your skate stuck in the boards, which on one occasion, caused the foot to break.

The above information should take you through the season. During the interview of a well-known skater on the "Advantages and Disadvantages of Kicking the Ice" he remarked: "The advantage of kicking the ice is that you think you feel better. The disadvantages are: you look like an idiot; and you usually fall in the hole you have kicked."

People

PLACES & FACES

A UNIQUE "FIRST" IN TEST SESSIONS

Mexico is in the midst of a love affair with ice skating! More and more young Mexican skaters are traveling "North of the Border" to train in USFSA clubs across the U.S. Mexico is also trying to set up its own skating association, the dream one day of seeing their country compete internationally.

With the fervor born of a dream, Mexico requested that the USFSA send judges to test their young skaters. The USFSA gave the request its blessing, much to the delight of the young Mexican skaters.

The contingent of judges sent to the San Augustin Sports Club in Monterrey consisted of Janet Griffiths, World Judge and Chairman USFSA Tests Committee, and Dallas FSC test judges Marshall Kendall and Gordon Wright, and test chairmen Dorothy Tiffin and Lucy Pascarelli.

"The San Augustin is a fantastic facility," reported Janet, "with squash, racquetball, tennis, swimming, and, of course, ice!"

"All tests passed," said Janet, "10 Pre and Pre Freestyle, 5 First, 2 Second, and 2 Juvenile Freestyle."

Coach Eduardo Burguete was more than happy, as two of his top pupils Marta Garza and Monica Glenn passed their second figure test. Both Marta and Monica had spent some time training at the Dallas FSC.

"I am more than happy," commented Eduardo Burguete, "the categories my pupils are passing indicates they are valid for competition."

We wish you luck!



Coach Eduardo Burguete and test chairman Dorothy Tiffin pose with the preliminary testers Norma Elizondo, Dora Martinez, Sandra Luna, Catalina Burguete, Cynthia Martinez, Brenda Salinas, Barbara Burguete, and Olga Hernandez. Lorena Burguete is not shown.

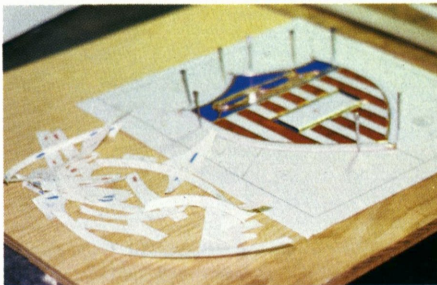


First and Second testers David Serna, Ana Lozano, Marta Garza, Monica Glenn, Jaime Uribe, Maria Lopez, and Blanca Fernandez.

ONE-OF-A-KIND STAINED-GLASS EMBLEM FOR THE USFSA

Rudy Van Loon is relatively new to skating, his involvement being through his daughter Kristin's membership with the Skokie Valley SC in Wilmette, IL. However, another involvement with a hobby he loves fused with skating to produce a unique gift for the USFSA.

Rudy had made a beautiful stained-glass emblem for his club, Skokie Valley, and Lou Sherman, president of Skokie Valley and Chairman of the USFSA Public Relations Committee, was so impressed that he suggested a USFSA stained-glass emblem for National Headquarters. That's all it took for Rudy to start work.



Making the stained-glass USFSA shield was painstaking work. It required a total of twenty-six hours, including the custom red-wood frame. Rudy cut out a USFSA emblem from a copy of *Skating* magazine. From this, he took a picture and blew it up to the actual size the emblem would appear in glass. He then colored the emblem with a felt pen. Next came a "cartoon," on which he sketches where the lead joints go. The cartoon is then traced onto heavy paper, which is then cut into small individual pieces to fit like a "jigsaw" and represent the emblem. The glass is then selected, and each piece of the emblem is cut out. All told forty-four pieces were needed. The skate itself is a mirror to give the feeling of depth. The shield is done in copper foil, and each piece of glass is edged with copper foil so that there is something to solder to. Finally, all pieces are soldered together. The result—a unique contribution to the USFSA that joins the many other wonderful and beautiful donations that grace the USFSA Hall of Fame and Museum.

MENTAL PREPARATION IS TOPIC AT SPORTS MEDICINE CLINIC

Mental discipline is a trademark of Eastern Bloc athletes, while many people believe American athletes' concentration abilities are often substantially weaker.

One reason may lie in our training philosophy, according to Dr. Keith Henschen, Professor of Sports Psychology at the University of Utah. The majority of American athletes, including skaters, he said, are taught to *execute* but not to *perform*—a practice that can lead to unsatisfactory competitive results.

Dr. Henschen will talk on "Mental Preparation: The Psychology of Skating" during "Sports Medicine for the Figure Skater," a free half-day seminar for skaters, their parents, and coaches to be held during the 1984 U.S. Figure Skating Championships in Salt Lake City. Sponsored by Campbell Soup Company and Holy Cross Hospital, the seminar takes place January 21, 1984, from 8:30 A.M. until noon at the Little America Hotel.

"I've seen skaters execute perfect double Axels, but then their next move is slightly flawed," Dr. Henschen explained. "This can be caused by short lapses of concentration."

Having counseled several national champions in gymnastics, skiing, and golf at the University of Utah and Brigham Young University, Dr. Henschen will explain the philosophical and cultural differences between the U.S. and Eastern European training methods and why he thinks mental preparation can help narrow the gap.

"In the U.S., we mainly concentrate on execution and winning and that's now what it's all about," said Dr. Henschen. "In East Germany, for example, where the training philosophy humanizes the athlete, they prepare the whole individual, mentally as well as physically."

"In the U.S.," Dr. Henschen continued, "all the good coaches teach mental discipline, but at higher age and skill levels, as contrasted with the Eastern Bloc countries where they correlate their programs, teaching mental preparedness at the earliest training stages."

Another reason the U.S. lags behind in mental skills education, Dr. Henschen claims, is because coaches often become threatened by the presence of psychologists. According to Dr. Henschen, the Eastern European coaches' efforts are supplemented by a psychologist who does not interfere with coaching duties.

"What I do is neither magical nor mysterious," Dr. Henschen said. "What I tell the athlete has nothing to do with technique; I teach mental preparedness."

In addition to Dr. Henschen's tips, there will be four other topics covered at the sports medicine seminar: "Injury Diagnosis and Therapy" by Dr.

John A. Bergfeld, Cleveland Clinic; "Sports Nutrition," Dr. Arnold E. Denton, Campbell Soup Company; "Sports Medicine and the Figure Skater—A Skater's View," Joel Fuhrman, 1973 World Pairs competitor; and "Stretching for Injury Prevention," Dr. Craig McQueen, University of Utah.

Dr. Howard Silby, Chairman, USFSA Sports Medicine Committee, will serve as moderator for the seminar and lead a concluding panel discussion and question and answer session.

Advance registration for the free seminar will be necessary to ensure availability of handout materials for all attendees. To pre-register, simply clip and return the coupon below.

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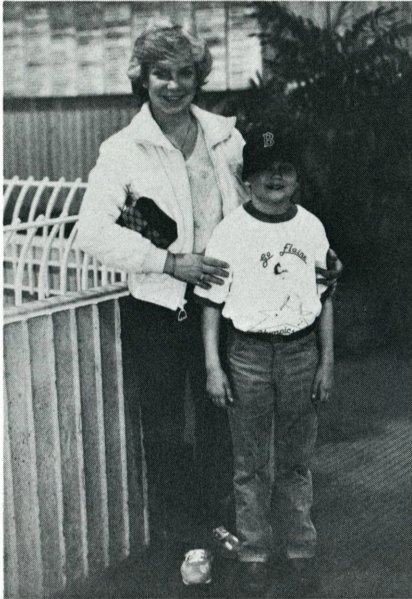
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COMPASSION FOR THE LESS FORTUNATE

Fourteen years ago two Harvard students, John Misha Petkevich and John Powers with their friends at Eliot House came up with a unique idea to raise money for a children's cancer hospital and their research arm called "The Jimmy Fund." Thus, *An Evening with Champions* was born.

Over the years many of the world's greatest skaters have given of themselves and "The Jimmy Fund" has received over \$300,000 to help fight this dreaded disease. What is not generally known, is that many of the skaters take time to visit the children confined to their beds at The Sidney Farber Cancer Center on the first Friday of their Eliot House weekend when they could be out enjoying the touch of New England autumn beauty.



During the past two years I have seen great champions cry after seeing these children. Judy Blumberg and Elaine Zayak (shown here) have brought gifts that provided moments of happiness to those pained lives. Eliot House provided a bus that transported several skaters to the hospital and they should be greatly praised for their compassion. Some of the recent skaters on the field trips have been Carol Fox, Scott Gregory, Jimmy Santee, Kitty and Peter Carruthers, Jacki Farrell, Billy Fauver, Lea Ann Miller, and Richard Dalley. There have been many more I'm sure I have left out, but these are the people who stand out.

—Howey Caufman

RUSSIAN CHAMPION RETIRES

Igor Bobrin of the Soviet Union has retired. At twenty-nine, he was the oldest of the current World-class figure skaters.

ISU MEMBERSHIP

The Chinese Taipei Amateur Skating Association and the Hong Kong Ice Activities Association have been accepted as new members by the Council of the ISU. These two new Associations bring the number of ISU members up to thirty-four.

ON THE MOVE . . .

Robin Briley, who has been with Ice Capades the last nine years, has taken a leave of absence to return home to attend Gonzaga University in Spokane, Washington. Miss Briley, who perform-

ed for four seasons, has been an instructor for Ice Capades Chalets for the past five years. In addition, she has been attending Los Angeles Pierce College where she graduated on the Chancellor's list.

The recipient of several scholarships, Miss Briley is enrolled in Gonzaga's school of Radio-TV Journalism/Production as a Junior. She is the daughter of Mr. and Mrs. Robert Briley. Bob Briley serves on the USFSA Television and Public Relations Committee and is the Public Affairs Director for the NBC affiliate, KHQ radio and television in Spokane.

Anne Marie Baldy, former member of the Broadmoor SC, assumed the position of head pro at the Palais de la Glace, Le Patin d'or, LaGarde, Toulon, France on September 25, 1983. In her new capacity, she will be training the French National Pair Champions.

MARRIAGES . . .

David Santee, to Kim Gaberthuel on July 17, 1983 in Chicago. Jimmy Santee was best man, and three of the ushers were Scott Hamilton, Peter Carruthers, and Mitch Moyer. David is a former National Bronze medalist, and an Olympic and World competitor.

BEREAVEMENTS . . .

George C. Foster, M.D., on August 19, 1983. Dr. Foster was the founder of the Fargo Moorhead Winter Club, and a former Fargo Silver Dance medalist. He is survived by his children Charles U. Foster, a World Referee (and Judge) and Chairman of the USFSA Skating Standards Committee; Sidney Foster Arnold; and Linda Foster Moses.

Dr. Eva Pawlik, in Vienna after a long illness, aged fifty-five. Trained by the late Edi Scholdan, she was four times champion of Austria (1946-49), and silver medalist in the 1948 Winter Olympics. In 1949, she became European champion; in the World Championship three weeks later, she retired after Aja Vrzanova (the eventual winner) beat her in the figures. Eva then turned professional to join the *Vienna Ice Revue*. Later, she entered Vienna University, graduating as a Doctor of Philosophy in 1955. She married a fellow-skater, Rudi Seeliger, in 1957, and a child was born in 1963.

Margaret Bland Jameson, NSA gold medalist in the classic English style of figure skating. An NSA member since 1908, she was born on December 31, 1883, and would have been one hundred if she had lived another few months (she died on August 20, 1983). Formerly a committee member of the Royal Skating Club, she judged tests and championships until she was in her nineties. Her autobiography, *The Long Day 1883-1983*, was published earlier this year.



ABROAD

ST. IVEL ICE INTERNATIONAL
RICHMOND, ENGLAND
September 27-29, 1983

by *Howard Bass*

Tiffany Chin came from behind to clinch the Ladies' event in the sixth annual St. Ivel Ice International at London's Thames-side Richmond rink in late September. The U.S. team also took second place in the Ice Dance, third in the Pairs, and fifth in the Men's.

The girls' issue looked wide open from the outset, with little to choose between the top four in the figures—Manuela Wood of West Germany, Tiffany, home skater Karen Wood, and Canada's Charlene Wong, in that order.

Conscious that Manuela and Tiffany finished eighth and ninth respectively in the Helsinki Worlds and that Karen had defeated Manuela in the 1982 Europeans, a close finish between those three was anticipated and so it proved.

Karen, vastly improved after her disappointing form last season, moved up after the short, her clean combination of double loop and triple toe loop helping a lot.

Opting for the same combination, Manuela lost ground by "punctuating" the jumps with a three, while Tiffany accompanied her triple Salchow with a loop and a half, Charlene preferred double Axel to a triple.

The long began with the West German and the Briton sharing the lead, leaving third-placed Tiffany with all to do and, although falling from a double Axel, her versatile performance with pleasing presentation swayed the balance. Her highlights were triple toe loop and a double flip-double loop combination.

Runner-up Ruben fell from a triple loop, but landed a triple Salchow and two triple toe loops, one in a combination.

Wood, last to skate, landed triple loop and triple toe loop in a performance with no serious error, but did not attempt quite enough. She ended third above Wong, who fell from a triple Salchow and two-footed a forward-landed triple loop.

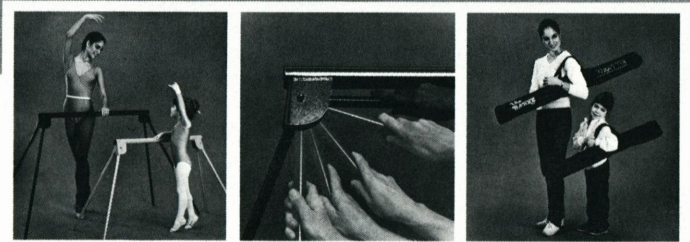
The Pairs went to the East Germans, Birgit Lorenz and Knut Schubert, despite placing third in the short when Birgit missed a double loop. In the long, she two-footed a triple throw Salchow, but the rest was strong enough for victory.

Cynthia Coull and Mark Rowsom, the Canadian runners-up who had led in the short, paid the penalty of adventure when Mark missed a shadow triple loop.

Lea Ann Miller and the powerful-lifting Bill Fauver were second in the short, but just failed to overtake the Canadians and so came third in a predictably close contest between the pairs who had bunched seventh, eighth, and ninth in Helsinki.

Nobody at the St. Ivel meeting won every section of an event, which made the outcomes intriguingly uncertain. Heiko Fischer, the West German champion, who in his last two home nationals had beaten Norbert Schramm, the World Silver medalist, won the Men's figures with plenty in hand, followed by the Frenchman, Fernand Fedronic, East Germany's Falko Kirsten, Gary Beacom, and Bobby Beauchamp.

The self-trained Canadian Gary—will he start a trend to make instructors redundant?—was best in the short, with a spot-on triple toe loop. Bobby—a late replacement for Scott Hamilton, who had withdrawn because of an injured ankle—was next best in this section, landing a great triple toe loop.



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BPI

The six-foot-four-inch Fischer was only third best, but kept his overall lead. Fedronic fell from a triple toe walley.

Fischer opened his long with two linked triple toe loops and later landed two other triples, Lutz and loop. Although two-footing a triple flip, he did enough to stay on top.

Runner-up Beacom had three triples, Lutz, Salchow, and flip—the latter brilliantly combined with two Russian splits. His cross-foot spin with hands on head was delightfully different to the usual.

It was not Bobby's day, a fall from triple Lutz and a faulty triple loop canceling out his strong opening combination of double Axel and triple toe loop.

The Ice Dance provided the most fascinating tussle. U.S.'s Carol Fox and Richard Dalley were top markers in all the compulsories and the set pattern to Paso Doble rhythm and, though pressed hard by Karen Barber and Nicky Slater on their home rink, few really expected that order to be reversed in the free dance, but it happened—and within days of the America's Cup, inviting the gentle leg-pull that Carol and Richard were not the only Americans that week to be passed on the final leg, in fact by a tie-break.

Karen and Nicky unveiled a new program almost as revolutionary as the circus routine of Torvill and Dean. Daringly, Chaplinesque with comedy overtones, Nicky successfully mimed Charlie without the obvious props, his shoulder shrug being particularly effective.

One wondered how the judges would react, but they gave it the thumbs up and the Britons got a 5-2 majority. To be fair, a fall by Carol near the end of their performance may have cost her and Richard the decision.

In more conventional style to music reminiscent of Broadway film musicals, they looked very proficient in technique, recapturing the class which had earned them fifth place in the 1982 Worlds, six months before Richard broke his leg.

Heartening also for the host country was the third place for Wendy Sessions and Steve Williams. The collective quality of entries in the four events, despite the withdrawal of Hamilton and the absence of Russians, showed that the talent continues to distribute satisfactorily between this, Skate America, and Skate Canada.

RESULTS

MEN	PLACES
1. Heiko Fischer, Federal Republic of Germany	2.8
2. Gary Beacom, Canada	4.8
3. Falko Kirsten, German Democratic Republic	7.4
4. Petr Barna, Czechoslovakia	8.6
5. Bobby Beauchamp, USA	8.8
6. Fernand Fedronic, France	10.0
7. Mark Peppercay, Great Britain	13.6
8. Paul Robinson, Great Britain	16.0

LADIES	PLACES
1. Tiffany Chin, USA	3.4
2. Manuela Ruben, Federal Republic of Germany	4.2
3. Karen Wood, Great Britain	5.2
4. Charlene Wong, Canada	8.2
5. Karin Hendschke, German Democratic Republic	9.2
6. Susan Jackson, Great Britain	12.4
7. Elise Ahonen, Finland	12.4

PAIRS	PLACES
1. Birgit Lorenz & Knut Schubert, German Democratic Republic	2.2
2. Cynthia Coull & Mark Rowsom, Canada	2.4
3. Lea Ann Miller & William Fauver, USA	3.8
4. Claudia Massari & Leonardo Azzola, Federal Republic of Germany	6.0
5. Melinda Kunhegyi & Lyndon Johnston, Canada	6.6

DANCE	PLACES
1. Karen Barber & Nicky Slater, Great Britain	3.0
2. Carol Fox & Richard Dalley, USA	3.0
3. Wendy Sessions & Stephen Williams, Great Britain	6.0
4. Jindra Hola & Karol Foltan, Czechoslovakia	8.0
5. Isabelle Duchesnay & Paul Duchesnay, Canada	10.6
6. Martine Olivier & Philippe Boissier, France	13.6
7. Marianne van Bommel & Wayne Deweyert, Netherlands	14.4
Isabelle Micheli & Roberto Pelizzola, Italy, withdrew	

ASKO, CUP OF VIENNA VIENNA, AUSTRIA SEPTEMBER 19-23, 1983

LADIES	PLACES
1. Leslie Sikes, USA	2.8
2. Maradith Feinberg, USA	5.8
3. Nathalie Owtshinnikova, USSR	9.8
4. Natalja Lebedewa, USSR	10.8
5. Constanze Gensel, German Democratic Republic	13.2
6. Merriam Twinn, Canada	17.8
7. Sonja Stanek, Austria	18.0
8. Alison Southwood, Great Britain	18.4
9. Parthena Sarafidis, Austria	21.0
10. Melissa Murphy, Canada	21.0
11. Sylke Heritz, German Democratic Republic	21.8
12. Petra Schruf, Austria	22.0
13. Gigi Siegert, Austria	24.8
14. Nathalie Duquenne, France	25.8
15. Susi Gschwend, Austria	26.6
16. Denyse Gotts, Great Britain	32.0
17. Susanne Peltola, Finland	33.8
18. Mirella Grazia, Switzerland	36.8
19. Judith Szalay, Hungary	38.8
20. Margo van Dijk, Holland	39.2
21. Tjin Li Wang, Holland	41.0
22. Sarka Hrachova, Czechoslovakia	43.4
23. Susanne Seger, Sweden	43.8
24. Catherine Howe, Great Britain	47.4
25. Jana Prybilova, Czechoslovakia	48.2
26. Nora Miklosi, Hungary	49.6
Sabine Paal, Austria, withdrew	



JOHN HALL

Roland and Elizabeth Geist, 1937

My 84 Years on the Ice!

by Roland Geist



I first started skating in 1898 on Prospect Park Lake in Brooklyn when I was only a few years old. I was living then with my grandmother on Flatbush Avenue, just a short walk from the park. At that time, Prospect Park was a popular place for family picnics in the summer and skating in the winter. My first skates were four-runner clamp-ons, and I still remember the feeling of frustration when everybody else could skate so much faster than I could!

I stopped skating in 1982 when I was injured by a hit-and-run motorist while heading for the rink on my bicycle!

The first artificial rink I remember was the St. Nicholas Rink in New York City at 66th Street off Broadway. I was a student then at the High School of Commerce located near the rink. One day I decided to try out for hockey, so I walked over to the rink just in time to see the Princeton University hockey team practice there under their captain "Hoby" Baker. However, my career as a hockey player was not to be—the coach took one look at me and said I was too light for hockey.

The St. Nicholas Rink was the home rink of Irving Brokaw, owner of a fashionable Broadway clothing store. Brokaw was largely responsible for bringing the International Style of skating to the United States, and was very active in the New York Skating Club. He was a tall, handsome, and very distinguished looking man, always impeccably dressed in trim skating attire. His classic book, *The Art of Skating*, was published by The Arden Press in 1910. It was the first American book to describe the International Style of skating which is used today, and was widely reprinted for about the next twenty-five years.

Unfortunately, the St. Nicholas Rink was too fashionable and too expensive for my pocketbook, but I found I could skate at the Brooklyn Ice Palace at Bedford and Atlantic Avenues for only fifty cents. This was the home rink of Evelyn Chandler, and I can remember seeing her perform there on several occasions. Bill Nagle was the professional there, and my first intention was to learn speed skating.

However, shortly after this my ideas changed when I met my future wife. We were very active in outdoor sports, did a lot of hiking and bicycling together, and she was a fairly good figure skater. One day she suggested that I should also learn figure skating so that we could dance together. I took my first figure lessons at the 181st Street Ice Palace in New York. This was a small rink where S. Carroll was the professional. I also took lessons at the Gay Blades on 50th Street off Broadway, which had two of the world's great professionals. Bror Meyer was a former Swedish champion, a great teacher, and author of *Skating with Bror Meyer* published by Doubleday, Page, and Co. in 1921. Howard Nicholson, author of *Nicholson on Figure Skating* (published in England in 1933) was another professional there. He was active for many years, and was still teaching at Lake Placid only a few years ago shortly before his death.

A very popular New York rink was the Ice Club atop the old Madison Square Garden. Many famous instructors offered lessons there: Katie Schmidt, Norval





Baptie, the Brunets, former world pair champions, and particularly Willy Boeckl, professional for the New York Skating Club, several-times world champion, and author of *Willy Boeckl on Figure Skating* which he published privately in 1937. Once when I was skating there, Irving Brokaw called out to me, "Take an edge!" a piece of advice I tried to follow for the next fifty years. The greatest thrill of my skating career happened there in 1935 when I was introduced to Sonja Henie by Norval Baptie, manager of the Ice Club.

In the 1930's, I was teaching at Newtown High School on Long Island. When the New York World's Fair was held at Flushing Meadow Park in 1939, an ice rink was built not far from my school. I took lessons there from Roy Hunt and organized a student skating club at my school. Often I would take student skaters over for lessons in ice dancing at a special rate of thirty-five cents per person. Sometimes my wife would meet me there after work; we would dance together for an hour or two before driving home for supper.

I remember the opening of the Rockefeller Plaza Rink at Radio City on 50th Street off Fifth Avenue. This is a small rink, and for many years it was the show place of two New York instructors, Stanley Herbst and his wife Helen. An afternoon I particularly remember was when I enjoyed a dance there with a visiting Canadian champion.

But the rink that meant the most to me was the Playland Ice Casino at Rye, New York, just north of the city. About 1930, George Braakman the professional there suggested that the figure skaters form a club so they could enjoy skating together. For about thirty-five years, my wife and I spent almost every Sunday visiting Playland and skating with the Westchester Skating Club. In 1937, I took part in the Westchester Figure Skating Carnival there. The stars of the show included Bill Nagle, Ardelle Kloss, Roland Janson, and Maribel Vinson, nine-times United States champion and author of two classic books on skating. She and her two daughters were among those killed in the tragic 1961 airplane crash that wiped out the entire World Team while on the way to compete in the 1961 World Championships.

When I look back at those days, many of the events seem to have happened only yesterday. My wife and I had an enjoyable life together, and skating introduced us to many fine people. I enjoyed skating for eight-four years—I'm only sorry it could not have been longer!

Roland Geist was born in Duluth, Minnesota, but moved to New York City at a very early age and lived there most of his life. After attending public schools in New York City, he obtained the degree Juris Doctor from New York University Law School and taught in the New York schools for many years. He has an extensive collection of skating artifacts, has written several articles on skating, and is an authority on early skating in the New York area. He was also an active bicyclist, and has published two books on bicycling. His wife and skating partner died several years ago, and he is now living with his son in Somers, New York.

The books Mr. Geist mentions are all in the USFSA collection in Colorado Springs, and many of the early skaters he knew are now in the USFSA Figure Skating Hall of Fame. Visitors to Colorado Springs are invited to stop by the USFSA Hall of Fame and Museum to see these and the many other artifacts displayed there.





THE GREAT SKATE IN SALT LAKE CITY

1984 National Figure Skating Championships

January 17-22, 1984

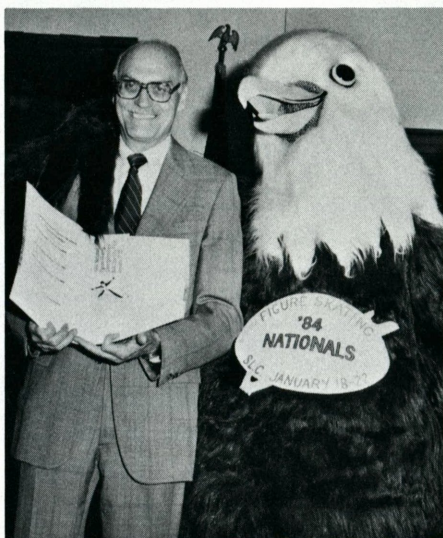
by *Karen Bettilyon,*
1984 Nationals Print Media Director

With the Olympics on the horizon and the 1984 Nationals around the corner, Edges the Eagle, mascot for Nationals, met with Utah's Governor Scott Matheson to kickoff the plans for the Great Skate in Salt Lake City this January. This year's Senior Competitors are vying for the chance to be on the U.S. Olympic Figure Skating Team which will compete in Sarajevo, Yugoslavia, two weeks following the event.

The 1984 Nationals is sponsored this year by the Travelers Companies. According to Frank E. Walton, Executive Vice President, "The Travelers is proud to be associated with a sport that has earned the high level of esteem that figure skating now occupies in the American athletic spectrum." Travelers also sponsored all the U.S. regional and sectional championships in the 1982 and 1983 seasons and will sponsor the 1985 Nationals in Kansas City. "Our talented skaters have gained worldwide respect and recognition as outstanding competitors. The Travelers goal is to foster continued growth and development of competitive American skating by making this commitment to the USFSA."

Your hosts will be the Utah Figure Skating Club and the Junior League of Salt Lake City, Inc., both working together to make this the best Nationals ever.

The freestyle pairs and dance competition will take place at the Salt Palace Arena just a block away from the downtown business district. The compulsory figures will be



skated at the Bountiful Recreation Center. Practice ice time will be at the Bountiful rink and the Cottonwood Heights Recreation Center, both short freeway drives away from the Little America Hotel, the host hotel for the officials, judges, competitors, coaches, and chaperones.

ABC Wide World of Sports will again tape the action during the week and will broadcast live the exciting Ladies' Championships on Saturday afternoon.

The Skating Expo promises to have all of the interesting exhibits of the past year in-



cluding costumes, boots, blades, accessories, and all those items that add that special something whether it is for practice or competition.

Campbell Soup Company, an official sponsor of the U.S. Figure Skating Team, and Holy Cross Hospital will hold a sports medicine seminar for physicians, coaches, trainers, parents, and skaters on Saturday morning. The topics and speakers for the "Sports Medicine and the Figure Skater" half-day seminar held at the Little America Hotel will be:

- "Stretching for Injury Prevention," Dr. Craig McQueen, Assistant Professor of Orthopedic Surgery at the University of Utah.
- "Injury Diagnosis and Therapy," Dr. John A. Bergfeld, Cleveland Clinic.
- "Sports Nutrition," Dr. Arnold E. Denton, Campbell Soup Company.
- "Sports Medicine and the Figure Skater—A Skater's View," Joel Fuhrman, 1973 World Pairs Competitor.
- "Mental Preparation: The Psychology of Skating," Dr. Keith Henschen, Professor of Sports Psychology, University of Utah.

To give the Intermountain Region media more insight into the 1984 Nationals, a press conference and clinic was given on October 26. Salt Lake City was honored to have three renowned skaters come and present their programs for the media. Before taking to the ice to demonstrate the talent, power, and determination the press should expect to see

at Nationals, Scott Hamilton, Jill Watson and Burt Lancon responded to candid comments and questions from the media at the press conference.

Scott Hamilton lived up to his three consecutive World Championships with his strong, lithe, and athletic presentation. Pair skaters Jill Watson and Burt Lancon presented a very stylish program that exhibited a beautiful blend of artistry and athleticism. They have skated the entire sixteen city Northern American leg of the 1983 World Figure Skating Tour.

Salt Lake City's own Ida Tateoka, World Class Judge and a judge at the 1984 Olympic Winter Games, was on hand with her expertise at the press clinic. She discussed the sometimes confusing scoring system as well as the criteria upon which a skater's performances are judged. While demonstrations were being given on the different moves, Ida advised the spectators what to watch for when observing the jumps, spins, and footwork of the skater's program. The audience left with renewed respect for our young athletes and the technical challenge they face on the long road to the Olympics.

This year's Nationals will be both an exciting preview of the Olympics as well as a culmination of the competitive skating season. Plan to be in Salt Lake City and support our contenders January 17-22, 1984. Tickets, housing, transportation, souvenirs, and further information can be obtained by writing: 1984 National Figure Skating Championships, P.O. Box 8857, Salt Lake City, UT 84108.

All photos courtesy of the Salt Lake Convention and Visitors' Bureau.





B R I E F

Continued from page 17

A case in point: One of the girls I am seeing presently is facing the reality and conflict of living away from her family and adapting to the consequent loneliness of remaining in another state with a teacher she loves and respects and who she feels can help her obtain her goals.

2) Another conflict is experienced as the demands occur for an increased commitment to training, exhibitions, shows, and all other aspects associated with the promotion of the sport.

3) A third conflict occurs when a decision must be made about training and which aspects of their skating skills should receive the greatest investment of time.

4) A fourth conflict is caused by the increased self-punishment on the part of so many competitors when their new goals are not reached.

5) A fifth conflict is the pressure that follows from a greater awareness of what it really takes to become exceptional. Now, each skater must confront the "asking price" and determine his/her capacity to make that total commitment.

6) A sixth conflict is the growing awareness that one must ultimately take total responsibility for one's future as a skater, i.e., "it's entirely up to 'me'."

7) A seventh conflict is produced by the awareness of the increased sophistication and talent of the other competitors.

8) An eighth conflict is produced by the awareness of the increased threat of being denied the opportunity to rationalize away substandard performances. In sports we speak of "walking the razor's edge," which means that the competitor must lay before the world his/her talent and then live with the consequences of his/her performance.

The stresses underlying each of the foregoing could be summed up under the label, "facing the moment of truth"; that is, each skater must come to terms with the true nature of his/her potential.

HOW DO WE DEAL WITH THIS SPECIAL PROBLEM IN THE LIFE OF THE HIGH-POTENTIAL CHILD?

What is fundamental here is that the teacher or parent explore in an open and non-defensive way the *negative* side of success.

Those National and World Team members who have visited me here in California before or after National or World competition have, to a person, substantiated that the kinds and numbers of stresses in figure skating are identical to those found in every other sport. Discussions with champions such as Tenley Albright, David Jenkins, and Peggy Fleming provided rich examples from their lives that were testimony to the validity of this phenomenon. During my early group meetings with the National and World Team members at the Olympic Training Camps, this topic contributed to a lively discussion, during which time it was the consensus that no one had really ever examined in depth the cost of success. It is clear then that we have neglected to prepare these talented athletes who seek to become exceptional or have unusual gifts. My experience with pairs has been more limited and almost entirely with the elite performers, but what they have shared with me leads me to conclude that they have paid an even greater social and emotional price.

WHEN SHOULD WE ATTEND TO THESE COST FACTORS?

The best time to explore these potential stresses is when the child has been through the natural competitive selection process and is now seen by teachers and judges as a child with high potential. This is the period when the psychological and social pressures increase, both in frequency and in magnitude. This leap forward to the elite level can be experienced by the child as leaving a recreational, "fun and games" environment and instead finding oneself in a world where near-professional standards prevail. The young athlete must now develop coping strategies that will enable him/her to ward off intrusive factors that have no relevance in terms of perfecting their ice skating skills.

In order to remain competitive at this elite level, not only do the external stresses increase, but unique personal strengths and

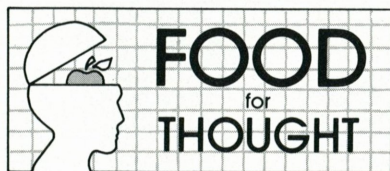
weaknesses begin to surface. It is not enough to simply review the general stresses in the lives of high achievers; we must help them explore what they as individuals are experiencing as unique, since their personalities and needs may be quite different from other competitors.

We must have objective evidence of personality makeup; capacity for emotional control; response to failure; level of self-confidence; sense of what their body can do; capacity for self-control; independence of thought or action; freedom to express competitive aggression; independence versus dependency needs; ability to wait for delayed rewards; and behavioral risk-taking potential. These all become the basis for designing the athlete's coping strategies and this all takes time to accomplish.

The above sample of intrinsic stresses and conflicts, and how the athlete handles them,

will determine to a great degree whether the competitive experience will be self-enhancing or self-defeating. I have restricted this presentation to a select number of *intrinsic* underlying factors; in a subsequent publication, I would like to review the compounding of *extrinsic* factors that are the consequence of high-level achievement.

Doctor Bruce C. Ogilvie is Professor Emeritus of the Department of Psychology at San Jose University. A fellow of the American College of Sports Medicine, Doctor Ogilvie is known as the "father" of sports psychology. Not only has he counseled and investigated thousands of amateur and professional athletes during the span of his thirty-year career, he has spent the last five years working intensively with skating athletes at both the elite and non-elite levels.



Continued from page 9

these reasons, nutritious snack foods become more important since they'll contribute to the day's nutrition requirements. Choose a snack that is nutritious, light, and easily digestible. Eat a *variety* of snacks—this way you'll avoid some of the problems of eating too much fat or sugar or salt. And, just in case you need to nibble, carry a piece of fruit, some crackers, or a thermos of soup with you.

Fluid: Drink plenty of fluid—water is best. However, fruit or vegetable juices are good choices as well. Highly carbonated or

sugared beverages should be reduced in frequency or avoided.

Environment: Do not eat when you are "up tight"—try to relax before eating. If you are overly tired, take a short rest before attempting a meal. Eat in pleasant surroundings, or with friends whenever possible.

Travel Sickness: Travel sickness can happen to anyone. Many times it could be due to eating extra-rich foods which lead to indigestion; at other times unfamiliar foods not properly cooked or prepared under unsanitary conditions can result in diarrhea, vomiting, or nausea. When this happens, seek a physician promptly.

We hope we have provided some useful hints as to what and how to eat while traveling. This is an exciting as well as stressful time, a time when good nutrition is more important than ever. Good luck—and bon appétit!

1983-84

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USFSA rulebook

1983-84



Official Notes

Continued from page 7

INTERMEDIATE FIGURE TEST

Gay Cannon, Tri-Cities FSC
Jane Heintz, Philadelphia SC & HS
Carolyn Schmidt, Wisconsin FSC
Olivia Lehmer, Portland ISC
Robert Boroughs, Wichita FSC
Marjorie Inlow, Atlanta FSC
Junee Kirk, Colorado SC
Leo LaChance, Red River Valley FSC
Gloria Walentuk, Alexandria Bay FSC

HIGH FIGURE TEST

Sara Stephens, Atlanta FSC
Taffy Holliday, SC of Sunrise
Marilyn Palik, SC of New York
Carol Weier, Wisconsin FSC
Shirley Bourquin, Rye FSC

NOVICE FIGURE COMPETITION

Bridgette Flaherty, Arctic Blades FSC
Kathleen Doramus, Arrowhead FSC
Mrs. Ron Tonidandel, Cleveland SC
Shirley Bourquin, Rye FSC

JUNIOR FIGURE COMPETITION

Phyllis Howard, Washington FSC

Theodore Clarke, SC of Boston
Taffy Holliday, SC of Sunrise

BRONZE DANCE TEST

Susan Korkki, Duluth FSC
Barbara Thomson, Duluth FSC
Anthony Bardin, Los Angeles FSC
Linda Kaumeyer, Plymouth FSC
Margaret Rotter, Greater Milwaukee FSC
Ardith Hamilton, Troy SC

SILVER DANCE TEST

E. Richie VanVliet, Genesee FSC

NOVICE DANCE COMPETITION

Mary Lou Olmo, Pittsburgh FSC

MUSIC COMMITTEE . . .

Pieter Kollen, 2301 Comet Court, Colorado Springs, CO 80906

Donald E. Laws, 10130 West Alamo Place, Denver, CO 80123

Byron F. Russell, 668 South Corona Street, Denver, CO 80209

Ed Tarling, P.O. Box 161, Blaine, WA 98230

CHANGE OF ADDRESS . . .

Harry Hiltzik, USFSA Treasurer, has a new address. It is: 239 Hamlet Drive, Jericho, NY 11753. Tel.: (516) 931-4261.

1984 USFSA HALL OF FAME NOMINATION FORM

All nominees for the USFSA Hall of Fame are selected by the general public. Nominees are not limited to living persons nor to U.S. citizens and need not be members of the USFSA. Any person meeting the qualifications below is eligible.

Use this form to nominate those persons that are worthy of election to membership in the Hall of Fame and who meet the qualifications in any one of the categories listed below. Only one nomination form per person each year will be accepted and no more than ten nominees in total may be included on each form.

1. Skaters from throughout the world who have compiled an outstanding competitive record and who have made a noteworthy contribution in style or technique and have been retired from competitive skating for at least ten years.
2. Persons who have made a noteworthy contribution to figure skating in a non-skating capacity through service to an amateur figure skating association and have not been active in such capacity for at least five years.
3. Persons who have made a noteworthy contribution to figure skating in a non-amateur capacity. Non-teaching professionals must have been retired at least five years, while teaching professionals must have at least twenty-five years of experience as such.

Following compilation of all nominations received by the closing date of February 1, 1984, the 27 Hall of Fame Electors (3 from each Region) will vote for the eligible nominees in each category. The announcement and induction of the successful candidates into the Hall of Fame will take place at the Annual Meeting of the USFSA Governing Council in May 1984:

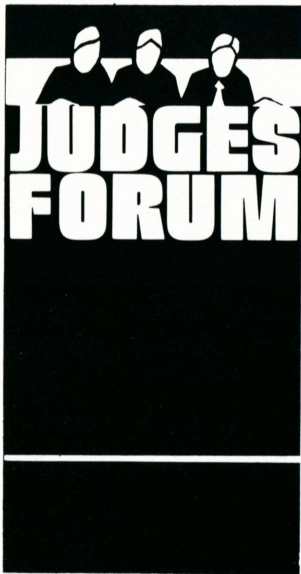
My nominees to the Hall of Fame are:

Name _____

Address (City, State, Zip Code) _____

Clip or reproduce the form and mail to: Mr. Theodore G. Clarke, Chairman, Hall of Fame Electors, c/o USFSA, 20 First Street, Colorado Springs, CO 80906.

Deadline for receipt of this form is February 1, 1984.



A SURVEY OF USFSA JUDGES

by Martha S. Hanson

In recent months a questionnaire was distributed to 100 USFSA-registered judges, low test to World level, throughout the United States. Of the 58 questionnaires returned, 20% were from low test judges, 20% intermediate, 15% high, 25% gold, 10% national, and 10% international or world level. The following article is based on the responses in the questionnaire, and it should provide insight into the background, training, and personal opinions of a fairly representative cross-section of USFSA judges. It should be noted that there are more than 1,000 official USFSA Judges listed in the computer at the USFSA National Headquarters.

"How many years have you been a skating judge?" This first question brought a wide range of experience from one year for a low test judge to a world judge with 32 years of experience. The average for all the judges responding was 13.3 years with a 20-year average for world level judges.

"Were you a competitive skater at one time?" Of the judges surveyed, 45% had been competitors, with 20% in a Senior division, 10% in a Junior level, 40% in Novice, 10% in Silver Dance, 20% in Junior Pair, and 20% in Gold Dance. (Some competed in more than one division.)

"What test levels did you pass?" Of the judges surveyed, 60% had passed tests—figures, pair, or dance. However of the 60% who passed tests, slightly over half had passed no higher than the first figure test. Interestingly enough, 15% of the high test and above judges had never passed a skating test.

"If you had not been a competitor and did not take skating tests, how did you train and prepare to become a skating judge?" "While trial judging I took figure and freestyle lessons and learned the pre, first, and second figures."; "When my daughter started skating I became involved in her lessons by going on the ice and listening and watching.

I learned the basics of the first through seventh tests even though I was unable to perform them myself."; "I took lessons as an adult, went to judges' schools, trial judged, and worked with a pro on patch sessions discussing figures, errors, and goals of different test levels above my own ability to skate."; "Studying, observing, attending judges' schools, trial judging as well as watching my son train."; "I have attended every judges' school and skating seminar available to me. I read all the books and materials I can on skating and I take lessons on the basics of all figure levels.

"Is a background of competing/taking tests necessary, beneficial, or not necessary to be a competent skating judge?" Of the judges surveyed, 25% said it was necessary, especially for a dance judge or national level judge. But, 75% felt a skating background was beneficial and 15% said not necessary.

Judges seem to continue to skate at least recreationally. Currently, 40% are working on skating tests and 50% consider themselves recreational skaters. The judges skate an average of five times a month; however, 20% said they "never skate."

"How and why did you become a skating judge?" "I felt this was one way to become more actively involved in skating for now

Continued on page 51



My Susie has no problem waking up for this early morning patch!

ICE ARENA

Kid Talk



Ice Skating is the **GOLD** at the end of my rainbow.

Erin Alison
Littleton, CO

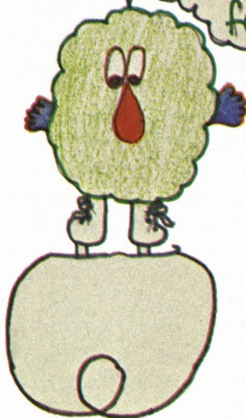
Dear Kid Talk,
8-28-83
Hi! My name is Julie Halborg and I'm 11 years old. I have been skating seriously for about 4 years. I skate at the Portage Lake FSC. I'm working on double toes and double sows. I can land double sows and axels pretty consistently. My Pro's name is Cheryl DeRuydt. She has really helped me a lot. I go to Sun Valley Idaho every summer. My pros in Sun Valley are Glenn Patterson and Jim Tester, They are super pros! This summer on our way to Sun Valley we stopped at the Figure skating Hall of Fame and found it very impressive! I really enjoy your magazine!

Happy Skating-

Julie Halborg



Julie Halborg
age 11
Portage Lake FSC



Margot Vincent
Buffalo SC



By Heather
Age 11 Koehler
Minneapolis Mn



by Roger F. Turner

It could have been a turn with Gene Turner, a counterpoise, a counterpoint. Rather, the turn of a good Samaritan who stopped to help.

It was the day before the Second Pacific Coast Championship at Oakland, California in 1937. Gene was struggling with his edges—he was not alone. Skippy Baxter and the Galbraith brothers were equally concerned with poise and the questionable execution of an edge.

A light breeze from the Pacific Coast playfully fanned the early spring flowers as a fond mother caresses her first born. A beautiful spring morning never to be forgotten.

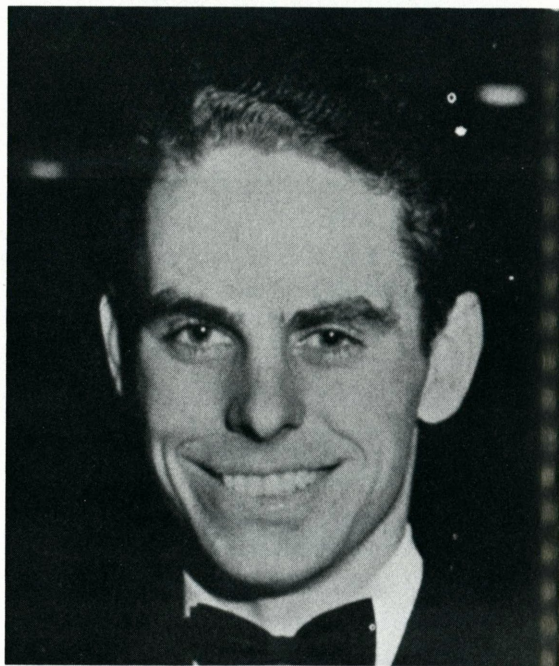
“And who was there?” you ask. Why, everyone who was anyone on the Coast and interested in figure skating. Excited officials. Nervous parents. Undeveloped great talent. Unsolved technique. Courage. Determination. The will to win. The test of excellence. It was all there and more.

I asked Skippy, “Do the boots fit? Are you sure the blades are firm?”

He answered with a cheerful smile, “It’s the fun of the game. The outfit is borrowed.”

I turned to the referee, “Such talent in these young adults. Will it go to waste?”

EDGES counter EDGES



“Who knows?” he answered, “We need instruction. There is no lack of talent. Tremendous interest. Have you any suggestions?”

I thought for a moment before answering. I was the official representative and judge for the United States Figure Skating Association. Obviously, the contestants could use some help. Why not? “If there is no rule against it,” I offered, “and the boys are interested, may I suggest an informal clinic? You arrange for the ice. It will be my pleasure.”

Years later at Sapporo, Japan, eleven wonderful young skaters from America and

I were sitting together in the Mikaho Indoor Skating Rink. It was Friday morning, February 4, 1972, Xlèmes Jeux Olympiques d'Hiver, obligatoires femmes (Eleventh Olympic Winter Games, Compulsory Figures Ladies). We were on an Explorer Olympian Study Tour. As we glanced across the rink to the section reserved for officials and coaches, we were alerted by a friendly gesture from one of the professionals. He looked familiar. He was my old friend Sheldon Galbraith, the official professional for the Canadian Skating Team. He sent word for me to join him at rink side. A most pleasant surprise.

During a lull in the judging he introduced me to his friends, "I have never forgotten your clinic at Oakland. My brother was apparently a better student. But we all lived a better day with your training in edges."

"How nice of you to remember!" I responded. "It certainly was a fun event. Tell me, why have figures suffered so and free skating improved?"

"There has been less interest in the basic figures. I suppose that less interest in the officials results in less interest in the professionals. This has affected the interest of the competitors."

Later we discussed the trend in figure skating. My young group seemed to melt and merge in the official family. Rink side. The Olympic Village. They were super, having already won the affection of the youth of Tokyo and Kyoto.

"The amateur sport of skating has become big business," he said, "the money is in free expression."

"For the professional skater perhaps, but the amateur finds free skating less free. Standard routines. Standard jumps. You cannot win unless your basic training is sound."

"And providing," offered one of the young skaters, "the panel of judges have really competed and understand what the basics are all about."

It was a cold brilliant morning at the outdoor rink of the Lake Placid Club. Gene and I were doing figures for the Motion Picture Committee of the USFSA.

"I say, Gene, you have improved since the Oakland Competition. But if you want your reputation to last as a skater, you must con-

centrate on style and movement in your school figures as well as when you are doing a pair with your lovely partner."

"I know," he answered, "but there will be no pictures today unless I can straighten out my loops. What is wrong with the outer loop?"

The morning sun was just poking its warming light over the surrounding mountains. The white ice over the tennis courts was hard. Sharp blades were necessary. "Take a strong edge. Start slowly. The same position you use for the outer three turn. No, do not force your left shoulder forward. Extend the unemployed arm out from your body. No, not to the back of the skate. The side. It must act as a pilot. And as you enter the loop, the flex of the skating knee will increase your flow into and out of the loop as the pilot leg helps to control your movement."

"I remember what you said about the three turn. We didn't get to the loops. 'Put action in the figure, move with a strong edge, and use the hands, the arms, and the shoulders. The hips will respond with the flex of the skating knee.' But what about the cusp in the turn itself?"

"If you skate with a strong edge, it is almost impossible not to cause a cusp as the skate turns from an inner to an outer edge, from an outer to an inner, or an outer to an outer edge and an inner to an inner edge."

"I remember," said Gene, "the clinic at Oakland. You have always stressed the importance of a strong edge. A true edge."

"And, let me add, unless the skater skates the figure, movement, flow, and poise, a true edge is impossible."

"Double edges and wobbles, correct?"

"Correct. And this is what you will see at the Olympics unless someone cares."

"Now that we have the film, what will it look like thirty years from now?"

Roger Turner (upper left) was the Men's National Champion from 1928-1934 and the Silver medalist at the 1930 and 1931 World Championships.

Eugene Turner (lower right) was the Men's National Champion in 1940 and 1941. During Eugene Turner's professional career he paired with Sonja Henie and coached Tenley Albright and Richard Dwyer.

Photos: Courtesy of the USFSA Hall of Fame and Museum



1983 SKATE AMERICA
ROCHESTER, NEW YORK
OCTOBER 10-16, 1983

MEN

JUDGES: 1—Shirley Taylor, Australia; 2—Josette Betsch, France; 3—Elfriede Beyer, Federal Republic of Germany; 4—Walter Hüttner, Austria; 5—**Ronald T. Pfenning, USA**; 6—Margaret Berezowski, Canada; 7—Jozef Lojkovic, Czechoslovakia; 8—Ante Skrtic, Yugoslavia; 9—Koichi Sakai, Japan. SUBSTITUTE: Seppo Kurtti, Finland. REFEREE: Raymond Alperth, ISU. ASSISTANT REFEREE: Alice Pinos, ISU.

	CF	SP	FS		PLACES
1.	1	1	1	Brian Boltano, USA	2.0
2.	2	2	3	Rudi Cerne, Federal Republic of Germany	5.0
3.	4	3	4	Bobby Beauchamp, USA	7.6
4.	8	4	2	Masaru Ogawa, Japan	8.4
5.	3	5	5	Fernand Fedronic, France	8.8
6.	5	5	7	Gordon Forbes, Canada	12.0
7.	6	9	6	Scott Williams, USA	13.2
8.	9	7	8	Kevin Parker, Canada	16.2
9.	7	8	10	Lars Akesson, Sweden	17.4
10.	12	10	9	Thomas Hlavik, Austria	20.2
11.	10	12	11	Cameron Medhurst, Australia	21.8
12.	11	13	12	Miljan Begovic, Yugoslavia	23.8

Petr Barna, Czechoslovakia, withdrew

LADIES

JUDGES: 1—**Marjorie L. Schleh, USA**; 2—Rita Van den Broeke-Zonnekeyn, Belgium; 3—Linda Petersen, Denmark; 4—Joan Noble, Great Britain; 5—Peter Moser, Switzerland; 6—Seppo Kurtti, Finland; 7—Karin Egnell, Sweden; 8—William Lewis, Canada; 9—Toshio Suzuki, Japan. SUBSTITUTE: Olga Zakova, Czechoslovakia. REFEREE: David Dore, ISU. ASSISTANT REFEREE: Raymond Alperth, ISU.

	CF	SP	FS		PLACES
1.	1	1	1	Tiffany Chin, USA	2.0
2.	4	3	3	Jill Frost, USA	6.6
3.	3	2	5	Kelly Webster, USA	7.6

4.	5	6	4	Manuela Ruben, Federal Republic of Germany	9.4
5.	9	9	2	Cynthia Coull, Canada	11.0
6.	6	5	6	Katrien Pauwels, Belgium	11.6
7.	2	8	8	Sanda Dubravcic, Yugoslavia	12.4
8.	7	4	7	Claudia Villiger, Switzerland	12.8
9.	8	11	9	Catarina Lindgren, Sweden	18.2
10.	14	7	11	Elise Ahonen, Finland	22.2
11.	11	10	13	Maria Geiler-Haylock, Great Britain	23.6
12.	16	12	10	Vicki Marie Holland, Australia	24.4
13.	13	14	12	Monica Lipson, Canada	25.4
14.	15	13	14	Yukiko Okabe, Japan	28.2
15.	12	15	15	Parthena Sarafidis, Austria	28.2

Hanne Gamborg, Denmark, withdrew

PAIRS

JUDGES: 1—Dennis McFarlane, Canada; 2—Josette Betsch, France; 3—Shirley Taylor, Australia; 4—Elfriede Beyer, Federal Republic of Germany; 5—**Mrs. William J. Brennan, USA**; 6—Pamela Davis, Great Britain; 7—Toshio Suzuki, Japan; 8—Ante Skrtic, Yugoslavia; 9—Rita Van den Broeke-Zonnekeyn, Belgium. SUBSTITUTE: Peter Moser, Switzerland. REFEREE: Benjamin T. Wright, ISU. ASSISTANT REFEREE: Jürg Wilhelm, ISU.

	SP	FS		PLACES
1.	1	1	Caitlin Carruthers & Peter Carruthers, USA	1.4
2.	2	2	Jill Watson & Burt Lancon, USA	2.8
3.	4	3	Melinda Kunhegyi & Lyndon Johnston, Canada	4.6
4.	3	4	Gillian Wachsmann & Robert Daw, USA	5.2
5.	5	5	Katerina Matousek & Lloyd Eisler, Canada	7.0
6.	6	6	Toshimi Ito & Takashi Mura, Japan	8.4

DANCE

JUDGES: 1—Walter Hüttner, Austria; 2—**Mrs. John Faulkner, USA**; 3—Armelle Van Eybergen-Flichy, France; 4—Olga Zakova, Czechoslovakia; 5—Koichi Sakai, Japan; 6—Pamela Davis, Great Britain; 7—J.D. Mitchell, Canada. REFEREE: Jürg Wilhelm, ISU. ASSISTANT REFEREE: Benjamin T. Wright, ISU.

	CD	OSP	FD		PLACES
1.	1	1	1	Elisa Spitz & Scott Gregory, USA	2.0
2.	2	2	2	Kelly Johnson & John Thomas, Canada	4.0
3.	3	3	3	Wendy Sessions & Stephen Williams, Great Britain	6.0
4.	5	4	4	Jindra Hola & Karol Foltan, Czechoslovakia	8.6
5.	4	6	5	Nathalie Herve & Pierre Bechu, France	9.8
6.	6	5	6	Renee Roca & Donald Adair, USA	11.6
7.	8	8	7	Noriko Sato & Tadayuki Takahashi, Japan	15.0
8.	7	7	8	Susan Wynne & Joseph Druar, USA	15.0
9.	9	9	9	Karen Taylor & Robert Burk, Canada	18.0



*The Path
to
Excellence*

by Dr. Curt Stensrude

Continued from page 15

SUMNERS: Yes, it works to my advantage in competition because then I'm not so tense.

STENSRUDE: When you get this concentration thing really pumping right, what does it feel like?

SUMNERS: The best . . . I'm not really aware of it because I'm so into concentration, but I don't know what is going on around me because I'm in my own little world. I isolate myself from everything that's going on. That way I don't really have to deal with the pressure; I don't think it's an escape it's just that I'm concentrating on what I'm doing.

STENSRUDE: If you had to look back on one single competition, which one would stand out for you for the best moment in your career?

SUMNERS: My coach would say Worlds; she thought Worlds was more exciting. Worlds was really exciting because I did become the World Champion, but I had so many problems last year and hit rock bottom and was then able to build myself back up. But Nationals was the big test; that's what we pointed toward, but there was no guarantee that I was going to pull it off. I trained the hardest that I've ever trained in my life, so Nationals for me was the most exciting.

STENSRUDE: When you hit rock bottom, what did that feel like?

SUMNERS: I don't want to go through it again, it was pretty scary. I didn't know who I was, I didn't know what I wanted.

STENSRUDE: What snapped you out of it?

SUMNERS: My coach gave me an ultimatum that I either got my act together and went for it, trained hard, put everything into skating again or I just quit and go professional. That was the biggest ultimatum that I had ever had placed on me and it really made me think. It was a "do or die" ultimatum.

STENSRUDE: Is there an internal quality for figuring out what you want and going for it? Or is it something that can be developed?

SUMNERS: I don't know if it can be developed or not. I think it just has to be a part of you; a lot of kids can do it, but I don't think that they would . . . To be totally successful . . . there is only one out of a million people that can be the best at what they do and all people don't have the formula that we were talking about.

STENSRUDE: Is the concentration that you have in figures different than that for free skating?

SUMNERS: It used to be not as intense, but we've worked for the last couple years on making it intense so I can concentrate just as well on figures as I can in free skating.

STENSRUDE: How important is the family to the competitive skater?

SUMNERS: If you don't have the proper type encouragement from your entire family, I don't think it would work. My mother is definitely not one of the so-called skating mothers; she keeps out of it pretty much one hundred percent as far as coming to the rink and telling me how to do things. She's there all the time, but she never interferes where she's not needed.

STENSRUDE: You never hear about the skating father; is there such a thing?

SUMNERS: Mine isn't. Mine is the same as my Mom. He stays out of the way. They do everything they can to help me excel, but don't hold me back, which indirectly, a lot of parents do.

STENSRUDE: How much importance do you put on goal setting?

SUMNERS: I've always set goals since I first started. It's just something that my coach brought me up with. If you don't have a goal you don't really know what you're doing.

STENSRUDE: In your head, did you have a model of the person that you wanted to skate like?

SUMNERS: I had a couple of skaters that I looked up to. As I skated more and got my own style, I didn't try to pattern myself after them—I just liked how they skated.

STENSRUDE: When you are out there as a visual artist, what do you try to project to the audience?

SUMNERS: That I'm having fun.

STENSRUDE: When you think of excellence for you, what does it mean?

SUMNERS: Being the best I can be and not settling for anything less than that.

STENSRUDE: Is there any difference between show skating and competitive skating?

SUMNERS: There is a lot less pressure in show skating.

STENSRUDE: Do you like the pressure in competitive skating?

SUMNERS: It's nice to have two different types of skating; in one type you can get away from the pressure and just have a good time and skate a fun program instead of being judged. It is good for a change to have the pressure and the title.

STENSRUDE: What is your goal after the Olympics?

SUMNERS: If I do turn professional, I would like to continue with my skating and that will be my career. I would like to branch out into other things like acting and sports broadcasting.

STENSRUDE: In those last few moments before you go out in a big competition, what kind of thoughts go on inside your head?

SUMNERS: Dealing with what I've done in training; relying on my training. Relax and rely on my training.

STENSRUDE: When you've had those days when you're not fine tuned, what kind of thoughts go through your head then?

SUMNERS: If I can get through this kind of day then I know the good days will be even better.

STENSRUDE: Is there a lot of self-doubt?

SUMNERS: I go through that—not as much as I use to.

STENSRUDE: Having won many Nationals and the World Championship, you obviously want to be an Olympic champion, what are some of the negative points of being at the top?

SUMNERS: All the people that are underneath you are after your title, but I don't see anything negative.

STENSRUDE: What qualities do you believe the ideal coach should have?

SUMNERS: They have to want to dedicate themselves to their profession and have to have only the skater's achievement in mind. They have to be working totally for that skater.

Dr. Curt Stensrude, Director of Sports Performance Associates, is a former AAU gymnastics champion and collegiate performer in track. He has a Ph.D. in psychology and more than ten years experience in hypnosis, biofeedback, and behavior modification. He has presented seminars, workshops, and training in stress management techniques at the local, state, and national levels. Dr. Stensrude has applied these enhancing techniques to high school, national, and Olympic athletes. He is a member of the International Society of Sports Psychologists and the North American Society of Sport and Physical Activity.

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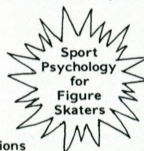
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and the future. Also, it seems that there's never enough judges." "I love ice skating and I felt that so many people contributed to my early years of competing that I could repay them this way." "It was one way I could stay in skating and use my background to help others. It seemed natural and I never asked 'why.' I've never been sorry." "I have always loved the sport. Once my children started skating, I wanted to contribute something to the sport and I especially love the children. In some small way, I feel I'm doing something worthwhile and I personally receive a great deal of satisfaction from it." "I enjoy the physical activity of skating, but as I grow older, I may not be able to skate as often or as vigorously as I do now. By judging, I will stay in touch with the sport. But most of all, it will keep me in touch with the children and young people who skate, and other adults of various ages who judge." "I love the sport and the skaters, and I wanted to be of service to skating." "I learned so much from skating and loved it so, that judging seemed like a good way to give back some of the joy." "Ice skating is a demanding and disciplined sport and I wanted to become part of that scene." "It gave me an incentive after competition—and after enjoying and benefiting from it I felt I owed some service." "Skating involvement is a way to keep young. Judging helps young people achieve their goals and it is rewarding to watch talent develop. It is also disappointing to see so many talented skaters give up because the pressures are too great. Too much emphasis is placed on winning in skating, and in our society, and not enough on participation for the love of sport and self-achievement." "I love the sport! I want to contribute all I can to it for as long as I am able!

"Why did you choose to be a judge rather than become a professional skater or instructor after competing?" Many of the judges indicated a desire to keep their amateur status. Also, going to college or getting married were important factors. "It was never my intention to make a living by teaching skating—I always intended to remain an amateur." "I got married and had children and I didn't have the time to be a professional." "Skating was always a hobby, not

a business. I was a high school and college student first and a skater as an avocation." "At times I thought of teaching—long hours, cold rinks, and parents changed my mind. I also enjoyed competing up to a few years ago."

"Which do you prefer to judge, tests or competitions?" Of the judges surveyed, 78% said they enjoyed judging both the same. Only 2% preferred to judge competitions and 20% said they preferred tests. Some of the reasons for their choices are as follows: "I enjoy judging tests rather than competitions because in tests I can concentrate more on the individuals skating rather than balancing one against the other." "I prefer tests. In competition I don't enjoy judging one skater against the other." "Each one has its own appeal and requires very different perspectives and analytical processes—one is "absolute" and the other is "comparative."

Judges are a valuable asset to a club because they serve their clubs in many ways. Of the judges surveyed, 60% had served on their club's governing board and 35% had been the president. Another 20% had been the junior board advisor and 35% had served as test chairman. Many of the judges listed activities such as organizing and presenting skating clinics, pre-testing skaters, working on shows, competitions, and fund raisers, and serving as delegates to meetings and conventions. One judge summed it up by saying, "It's my 35th anniversary of doing just about any job that needs to be done for my club."

"What are your goals as an ice skating judge?" Many of the judges listed a higher judging level. As one judge put it, "I'd like to judge Nationals, Worlds, and the Olympics, but I also want to encourage skaters and judges to continue in the great sport of figure skating." Another said, "One goal is to do whatever I can to help skaters. After all that is what is important." A National judge from southern California seemed to sum it all up in his response. "To provide fair and competent service until I can't anymore and then have the grace to quit!"

Martha S. Hanson is an Intermediate Figure Test Judge and a Novice Pair Competition Judge in Southern California.

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GOLD PAIR

Robert Warner, Hamden FSA.

GOLD DANCE

Gary Schultz, SC of Wilmington; James White, Long Island FSC; Jenny Brooks, Academy FSC; Jill Gambardella, Hamden FSA; John Stackhouse, Philadelphia SC & HS; Karolyn Flaherty, Academy FSC; Kendra Cook, Rye FSC; Laura Wolfe, Los Angeles FSC; Leif Erickson, Los Angeles FSC; Rochelle Roca, Dallas FSC; Mark Galonsky, Lansing SC; Lynda Malek, Academy FSC; Karen Homa, Professional; Katharin Binkowski, Broadmoor SC.

GOLD FREE DANCE

Alexander Binnie, Des Moines FSC; Ann Hensel, Essex SC of New Jersey; John Stackhouse, Philadelphia SC & HS; Kandi Amelon, Detroit SC.

ACADEMY FSC: 1—Suzanne Vangieson. 6—Jodie Balogh. 7—Dee Pascoe. Int FS—Mary Chiles. Nov FS—Andrea Costanzo, Mia Frantz, Mary Ellen Dettloff, Susan Gyulveszi. Pre D—Lesli Ann Calabro. Silver—Jill Schaefer.

ACHILLES FSC: Pre—Stacey Lavish. 1—Amanda Daley, Kim Brown, John Smith. 3—Kelly Clarke. 4—Kimberly Kershner, Sarah Smith. 5—Amy Valachovic. Pre FS—Jeffrey Vanier, Sabrina Solomon. Juv FS—Amy Quinlan, Catherine Hunter. Pre Pair—Amanda Daley, Steven Corino.



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ALBUQUERQUE FSC: 1—Linda Henderson. Juv FS—Linda Henderson.

ALEXANDRIA BAY FSC: Pre—Kimberly Dzialo.

ALL YEAR FSC: Pre—Jessica Lieberman, Kevin Park. 1—Brian Kent, Mary Thompson, Julie Noble, Shelia Brown, Stacy Meyer. 2—Lyn Ollie, Tracy Bloom. 3—Dana Jaconi, Michelle St. Amend. 4—Carla Jane Schulz. 6—Helen Kim. Pre FS—Jessica Lieberman. Juv FS—Kimberly Fry, Tracy Bloom, Lyn Ollie. Int FS—Kelly Heldoorn, Michelle St. Amend. Jr FS—Kristin Kriwanek.

ALPINE SC: Pre—Amy Griffin. Pre FS—Amy Griffin.

AMHERST SC: Pre—Christa Lashway. 1—Heather Hubbell. 3—Shelia Shary. 4—David Browne. Pre FS—Christa Lashway. Nov FS—David Browne. Pre Silver—Christina Bonasera.

SC OF AMHERST: Pre—Jay Warner, Laura Danielson. 1—Jennifer Wade. 4—Diane Olevsky. 5—Rebecca Fink. Pre FS—Jennifer Nober, Stacey Brock. Juv FS—Tara Warner. Nov FS—Nicole Mantovani. Bronze—Andrew Starr. Pre Silver—Mary Ruth Warner.

ANCHORAGE FSC: 1—Joann Harris, Lori Ambruz, Kimberly Eaton, Sheri Lake. 2—Jennifer Pearson, Kirsten Homme, Kaia Halvorson. 3—Christine Dally. 4—Erica Schneider. Pre FS—Gayle Andrus. Juv FS—Jennifer Pearson, Kirsten Homme, Kaia Halvorson. Int FS—Christine Dally.

ANN ARBOR FSC: 1—Julie Hood. Int FS—Laura Hultquist.

ARCTIC BLADES FSC: 1—Brigitte Ortega, Lynette Grulke. 2—Bridgette Flaherty. 3—Crystal Turner, Kim Thompson, Tamara Rutigliano. 4—Dana Schneider. 5—Debra Lynn Schneider. 7—Kyndra Gardner. Juv FS—Bridgette Flaherty. Int FS—Joy Williams. Nov FS—Dana Schneider. Pre D—Shannon Caudill. Pre Silver—Dolores Tomblin, Paula Mooring, Marc Verlich. Silver Free—Doug Murray, Michael Verlich.

ARROWHEAD FSC: 2—Tanya Graff. 3—Tiffany Onstot. 4—Margelita Martin. Juv FS—Tanya Graff. Int FS—Lisa Sheya.

ASPEN SC: Pre—Ashley Fallin, Heather Stong. Pre D—Ann Larson, Jennifer Wyly.

ASSABET VALLEY FSC: Pre—Donald Agbey, Jr., Laura Brownlee, Elizabeth Morse, Linda Alberts. 1—Andrea Giggey, Linda Johnson, Julia Horgan. 3—Cheryl Brownlee. Pre FS—Andrea Giggey, Laura Brownlee, Tammy Copeland, Elizabeth Morse, Michele Racicot. Juv FS—Nancy Whittier, Tracey Lynch.

ATLANTA FSC: Pre—Beverly Carey, Tina Marie Imperiale. 2—Jennifer Koch, Ruth Anne Gramenz. 3—Jennifer Hyatt, Tricia Ann Gilbert. 4—Debbie Labuz. 5—Vicki McCord. 6—Melanie Mullin. 7—Kathleen Bethards, Robin Lewis. Juv FS—A. Maria Ferrone. Int FS—Melissa Blair, Togie Gwyn.

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CAMILLUS FSC: 2—Deanna Cosgrove.

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CAPE COD SC: 1—My-Le Cloutier.

CAPITAL CITY FSC: Pre—Christine Hulse, Laura Sinor, Freddie Haug. 1—Avis Beery, Kelli Atchison, Pre FS—Christine Hulse, Laura Sinor, Vivien Braly, Freddie Haug, Mary Hocking. Pre Pair—Kathleen Daugherty.

CAROUSEL FSC: Pre—Jennifer Parker. 6—Kacey Lynn Yoresen. Pre FS—Jennifer Parker. Adult Pre Gold Dance—Jack Herem.

CASPER FSC: 2—Candice Wartick.

CENTENNIAL SC: Pre—Melissa Ewald. 1—Kimberly Ransom. 3—Jeanette Clark, Kim Moore. 4—Shannon Goldsberry. 5—Barbara Moore. Pre FS—Melissa Ewald, Nadja Kujanson. Int FS—Lisa Goldsberry. Nov FS—Barbara Moore. Pre Pair—Thomas Hickey. Bronze Pair—Thomas Hickey.

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CHARLESTON FSC: Pre—Glenn Rowsey. 1—Ashley Ann Hupp. 2—Bill Webb. 3—Elaina Fox. Pre D—April Nichols, Ashley Ann Hupp, Bethany Whipple. Bronze—Sara Grimes.

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CHESIRE FSC: Pre FS—Maryann Hook. Juv FS—Wendy Wasil. Nov FS—Tonia Hamel. Pre D—Kimberly Cutting. Bronze—Christie Neville, Wendy Wasil.

CHICAGO FSC: Pre—Candice Prozio, Kaku Sumie, Christina Hyland. 2—Jana Doroba, Jennifer Lange, Lisa Klein, Jennifer Dooley, Julie Gordon, Mary Lou Bauer. 3—Julie Gordon, Paula Borowski, Stefanie Brown, Marcey Moscovitz, Sandy Clearwater. 4—Amy Garrard, Dagny Fritsche, Julie Bahnsen, Areill Ives, Elise Medici, Lisa Perthel. 6—Shannon Reece. Pre FS—Candice Prozio, Katy Loversky, Kaku Sumie. Juv FS—Jennifer Lundsberg, Jennifer Lange, Matthew Harmon, Jennifer Dooley, Lisa Klein, Melinda Hansen. Int FS—Christopher Hyland, Mary Kate Svehla, Julie Gordon. Nov FS—Amy Schaefer, Lisa Jones, Areill Ives, Tracey Gile. Pre D—Carol Ann Haller, Mary Lou Bauer, Laura Kretekos, Melinda Hansen. Pre Silver—Christina Hyland. Silver Pair—Rick Ziebarth.

CHISHOLM SC: 1—Tara Vanderport. Pre D—Kelly Leustek.

CHRISTMAS BROOK FSC: Bronze—Jennifer Zabek.

FSC OF CINCINNATI: Bronze—Maryanne Fink, Warren King.

CLEVELAND SC: Pre—Amy Pim, Melissa Morehead, Halley Fowler. 1—Courtney Williams. 2—Ann Breen. 3—Kathy Karlovec, Katie Kelly. 4—Carrie Rae Stewart. 5—Carrie Rae Stewart, Julie Rockburn. 6—Catherine DiMassimo. 7—Bernie Nowak. Juv FS—Elizabeth Farrell. Int FS—Sarah Horst. Nov FS—Carrie Rae Stewart. Pre D—Julie Weingart, Katie Kelly. Pre Pair—Julie Rockburn, Steve Hunyadi. Bronze Pair—Julie Rockburn, Steve Hunyadi.

CLINTON FSC: 3—Maria Gurdo.

COLISEUM FSC: 1—Michele Becker. 2—Tina Wojciechowski. Int FS—Dawn DeSimone.

COLONIAL FSC OF MA: Pre—Jessica Tweedy, Kaitlyn Buckley. 1—Jennifer Davagian, Lisa Biro, Jim Staley, Jr. 2—Erin Venditti, Jacqueline Watson, Heather Marshall. 3—Cynthia Machacek, Paula Cipolla. 4—Cathleen Munroe, Randi Beth Lowe. 5—Wendy Millette. 6—Susanne Houston. Pre FS—Jessica Tweedy. Juv FS—Jacqueline Watson. Int FS—Lauren Garvin. Nov FS—Dani Hale. Jr FS—Julie Ann Morse, Patricia Layden. Pre Silver—Jeanne Buckley. Adult Silver Dance—Astrid Johannessen.

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- COLORADO SC:** Pre—Cindy Gamet. 3—Christophe Vigil, Linda Kay Frogge. 4—Shawnalyn Weigel, Theresa Clemens, Stacy Shoeman. 5—Maria Marilley. 7—Joel McKeever. Pre FS—Cindy Gamet, Kelly Penzien. Juv FS—Allyson Fenlon, Amy Walchuk. Nov FS—Jill Kombeitz.
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- COMET FSC:** Pre—Larissa Hampton, Michele Pilotte. Pre FS—Larissa Hampton, Michele Pilotte.
- COMMONWEALTH FSC:** Pre—Beth Franke. Pre FS—Thomas Powers. Int FS—Karen Morrison.
- CONEJO VALLEY FSC:** Pre—Dawn Mis, Myrna Starkweather. 1—Jill Each. 2—Shannah Murray, Tricia Rapp. 3—Leesa Johnson. 5—Anne Marie Tierney, Gabrielle McKenna. 6—Scott Wyatt. Pre FS—Dawn Mis, Myrna Starkweather. Juv FS—Shannon Schumacher, Tricia Rapp. Int FS—Karen Berman, Kristin Myers. Jr FS—Jennifer Hayes, Scott Wyatt. Pre Silver—Jennifer Hayes.
- CORTLAND COLLEGE COMMUNITY FSC:** Pre—Jennifer Molinaro. Bronze—Jennifer Bossard. Pre Silver—Mary Lynn Testa.
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- CREVE COEUR FSC:** Pre—Carrie Wilson, Sherry Schultiz, Jodi Fitzpatrick, Susan Sheets. 1—Cheri Fitzpatrick, Elaine Pavlow, Debbie Fitzpatrick. 2—Alison Fox, Robert Sterneck, Cathy Kerr, Susan Pavlow. 3—Tracey Lissner. 4—Amanda Sisson, Melissa Hall, Jennifer Lissner, Paula Herdlick. 6—Christy Bascomb, Pamela Hoffman. 7—Jill Davis. Pre FS—Jodi Fitzpatrick, Susan Sheets, Sherry Schultiz. Juv FS—Kathy Kalmon, Tracy Lindner. Int FS—Paula Herdlick. Nov FS—Jennifer Lissner. Jr FS—Christy Bascomb, Suzanne Carter. Pre D—Anne Thuy Royer. Silver—Melissa Hall. Silver Free—Susan Ann Kerr. Pre Gold—Susan Ann Kerr.
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SC AT DARTMOUTH: Pre—Rhonda Greenslet. 1—Karol Greenslet. 2—Christie Pippin. Pre D—Heather Greenslet.

DAYTON FSC: Pre—Robyn Clayton. Pre FS—Anne Melvin. Pre D—Maria Rhee.

DENVER FSC: Pre—Cynthia Sorton, Elizabeth Farley, Leslie Blackwell, Danielle Zentgraf, Kimberly Lundgren, Sherry Erhardt. 1—Lauren McAlvany, Stephanie Jones. 2—Laura Garrett. 3—Beth Engelke, Gwen Merkle, Marla Mangeot, Elizabeth Asher, Kim Jarko, Stephanie Goodrich. 4—Jeffery Jonnston, Jr., Mia Hoeksema, Melanie Maguire. 5—Charlene Keck, Cindy Noll, Marcy Reiser, Christina Brown, Lynnette Biegert. 6—Ann Friesen, Kristen Kinneavy, Charlene Keck. 7—Barbara Tapia. Pre FS—Allyson Bailey, Amy Martin, Amy Thompson, Cynthia Sorton, Danielle Zentgraf, Sherry Erhardt, Leslie Blackwell. Juv FS—Ellen Fay, Kelly McCabe, Melissa Strauser, Thomas Chlebcek, Jenai Pedersen, Laura Garrett, Nicole Hanak. Int FS—Amber Jackson, Jenny Ward, Melia Heimbeck, Gwen Merkle, Marla Mangeot, Rebecca Houchens. Nov FS—Kimberly Mattil, Marcy Reiser. Jr FS—Ann Friesen, Charlene Keck, Becky Brown. Pre Silver—Victoria Vergatos. Silver Free—Hazel Wecal. Pre Gold—Donna Miller. Silver Pair—Charlene Keck.

DEPERE FSC: Pre FS—Alison Griswold.

DES MOINES FSC: 1—Jenney Jay. Bronze—Jenney Jay.

DETROIT SC: Pre—Catherine Schmitz. 1—Carrie Barley, Gretel Gaertner. 2—Daniel Hollander, Paul Koslen. 3—Laura Cleveland. 4—Janine Johnson. 5—Jerod Swallow, Leslie Fielding. 6—Helene Howlett, Joy Herron, Jason Dungen. Pre FS—Ali Kay, Danielle Pritchard, Kara McAlister, Catherine Schmitz, Ingrid Peterson. Int FS—Laura Cleveland, Mindy Woods. Nov FS—Pamela Accetta. Jr FS—Deveny Deck, Leslie Friess, Jennifer Goolsbee, Shawn Barget. Pre D—Colleen Smith, Todd Henderson. Bronze—Gretel Gaertner, Marc Herron, Janine Johnson, Stacey Schwartz. Pre Silver—Pamela Shifman, Suzannah Whorf. Silver—Jill Skrzycki. Pre Pair—Alyson Koslen, Kenneth Mills, Jennifer Bayer. Bronze Pair—Jill Skrzycki.

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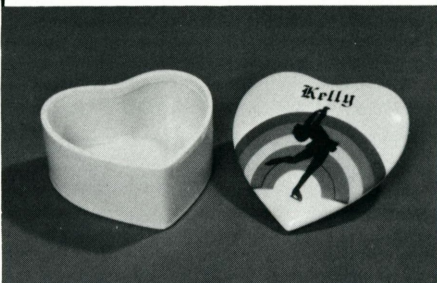
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ESSEX HUNT CLUB: Pre—Kelsey Lewis. Pre FS—Elizabeth Lewis.

ESSEX SC OF NEW JERSEY: 1—Daniel Murphy, Jr. 2—Jill Mangold, Maureen Roger, Kelly Koenig, Wendy Mirsky. 3—Adrianna Ernst. Pre FS—Lisa Anne Kempf. Juv FS—Kelly Koenig. Int FS—Adrianna Ernst, Mar-nie Sachais. Nov FS—Lisa Panayiotou. Jr FS—Amy O'Neill. Pre D—Laurie Goldberg. Bronze—Jill Mangold. Silver Free—Kimberly Mangold.

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FRASER FSC: Pre—Deanna Ritthaler, Jennifer Baisch. 1—Mary Beth Perri, Ronda Holler. 2—Julie Ann Finaz-zo, Susan Lynn Hall, Pamela Blenkle. 3—Colleen McIntosh, Lori MacDonald, Elizabeth Stanton, Michelle DeWinter. 4—Cindy MacDonald. Pre FS—Deanna Ritthaler, Jennifer Baisch, Gina Ragle. Juv FS—Caroline Toth, Pamela Blenkle, Kalyon Johnson. Int FS—Elizabeth Stanton, Rosa Maria DiCintio, Lori MacDonald. Nov FS—Kerilee McCarthy, Linda Ketelhut. Pre D—Alison Gronick, Elizabeth Daly, Jennifer Isenberg, Kimberly Gibbs, Suzanne Wisz, Amy Orlando, Jeanne Gurski, Kathleen Geary, Renee Perry, Wendy Lynn Gerbe. Bronze—Caroline Toth, Pamela Blenkle, Lori MacDonald. Pre Silver—Craig Perry, Jayme Johnson, Elizabeth Stanton.

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GALLERIA ISC: Pre—Ashley Basquin, Jennifer Leonard, Shannon Blaney, Candi Richardson, Marina Wetmore. 1—Stephanie Aron. 2—Brandee Sims. 3—Christy Kern, Mary Lasater. 4—Angie Trlica. 5—Angie Trlica, Shany Presley. Pre FS—Ashley Basquin, Marina Wetmore, Candi Richardson, Shannon Blaney. Juv FS—Allana Spier. Nov FS—Angie Trlica, Shany Presley, Saheli Datta. Pre D—Jaime McCallum.

GARDEN CITY FSC: Pre—Annette Jasinkiewicz, Carey Maier, Honilyn Bradshaw, Jodi McKenzie, Marcy Hunyadi, Beth-Ann Bartels, Dawn McGowan, Jennifer Nesley, Katie Butler, Tammy Lynn Mabelitini. 1—Annette Jasinkiewicz, Lisa Marie Skora, Beth Ann Blackmer. 2—Chantal Ferri, Ericka Newman, Terri Harrison, Coelle Peck, Meredith Hargrave. 3—Kelly Ann Stordeur, Paula Chavka, Rhonda Farmer. 6—Michele McMahon. Pre FS—Cathy Rosensteel, Jodi McKenzie, Marcy Hunyadi, Dawn McGowan, Katie Butler, Theresa Chadwick. Juv FS—Chantal Ferri, Deborah Garza, Terri Harrison, Coelle Peck, Kristin Donaldson. Int FS—Karen Kwapich, Rhonda Farmer. Pre D—Beth-Ann Bartels, Deborah Garza, Leslie Skora, Michele McMahon, Dawn McGowan, Julie Thornton, Linda Krucsil. Bronze—Elizabeth Libtow. Pre Silver—Jeri Campbell.

GARDEN STATE SC: Pre—Mary Beth Paschon. 3—Jennifer Stanzione. 4—Janine Stanzione. Int FS—Jennifer Stanzione. Pre D—Audra San Antonio, Jennifer Pulaski, Cheryl Miller, Walter Colyer. Bronze—Mrs. Carol Vignevic, Jennifer Stanzione.

GARFIELD HEIGHTS FSC: 2—Donna Logie, Sandra Rohal, Phil Lang. Pre FS—Frank Petrancek, Renee Tarr, Laura Pergi. Juv FS—Jill Levy.

GATEWAY/ST. LOUIS FSC: Pre—Nathaniel Gray-Mertik. 1—Juliana Smith, Kristi Shannon, Kara Welland. Pre FS—Nathaniel Gray-Mertik.

GENESEE FSC: Pre—Laurel Hebden, Penny Hebden. 1—Laurel Hebden, Penny Hebden. 2—Janet Melville. 3—Karen Carpenter. 6—Connie Sams. Pre FS—Laurel Hebden, Penny Hebden. Juv FS—Laurel Hebden. Pre Pair—Karen Carpenter.

FSC OF GEORGIA: 5—Thomas Shaw. Silver—Thomas Shaw.

GLACIER FALLS FSC: 2—Denise Taylor. 3—Catherine Zingali, Karen Folino. Juv FS—Denise Taylor. Int FS—Karen Folino.

GLACIER FSC: Pre—Andrea Szebeni.

GLENS FALLS FSC: Pre—Melissa Harriman, Sunday Combs. 1—Joan Kenney, Valerie Munson. 2—Casy McCann. 3—Margot Murphy, Sarah Ryder. Pre FS—Christine Monahan, Mary Beth Boice. Juv FS—Joan Kenney, Melissa Harriman. Bronze—Joan Kenney. Pre Silver—Sarah Ryder. Pre Pair—May Cheung.

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GLENWOOD FSC: Pre—Natasia Vasilev. 1—Courtney Fleisher. 2—Cheryl Fiedler, Lisa Beland. 3—Wendy McCusker. 7—Calette Matthews. Pre FS—Natasia Vasilev. Int FS—Francine Larson. Pre Silver—Jacqueline Tinberg. Silver—Michelle Saindon.

GOLD AND SILVER BLADES FSC: Pre—Debbie Hook, Jennifer Lintz. Pre FS—Debbie Hook, Jennifer Lintz.

GREAT BAY FSC: Pre—Sherry Legare. 2—Jeanette Hayward. Int FS—Rachel Loomis. Bronze—Daphne Couture.

GREAT LAKES FSC: 2—Michele Mikonczyk. Juv FS—Michele Mikonczyk. Nov FS—Holly Young. Pre D—Holly Young, Suzie Duchene, Susan Eastman.

GREATER FALL RIVER FSC: Pre—Donna Roberson, Karen Beaulieu. 2—Jennifer DeSolio. 6—David Goodman. Juv FS—Amy Beth Shovelton, Robin Bernard, Jennifer DeSolio.

GREATER MILWAUKEE FSC: Pre—Amy Carpenter, Gina Marie Martinez. 2—Renee Nonneman. 7—Kelly Ann Szmurlo, Wendy Rotter. Pre FS—Amy Carpenter, Gina Marie Martinez. Juv FS—Michelle Miller. Jr FS—Wendy Rotter.

GREAT FALLS FSC: Pre—Kerri Turner, Whitney Willis. 1—Danielle Walker, Theresa Ghekiere, Kori Nobel. 3—Scott Davis. Pre FS—Kerri Turner, Whitney Willis. Nov FS—Kelly Pencoske. Bronze—Kendra Pankratz, Scott Davis. Pre Silver—Betsy Reynolds, Leslie Ackerman, Tera Gue, Thad Wocasek. Silver—Kristy Dobson.

GREAT NECK FSC: Michelle Sparrow.

GREENBRIER FSC: Pre—Camille Andrysek, Kanile Coyle, Patricia Orenick, Colleen Cloherty, Laura Yorko. 1—Stephanie Hildebrandt. 2—Tina Marie Cook. 3—Christian Martin, Lisa Hollis, Kim Holzinger. 4—Beth Gaioch. 6—Jennifer Kopen. Pre FS—Candice Kozar, Ryan Hunka, Jennifer Werner. Int FS—Christian Martin, James Yorko, Jr. Pre D—Colleen Cloherty. Pre Gold—Karen Snoddy.

GREENFIELD AREA FSC: 5—Rosemary Mederios. Pre D—Fred Luckey, Sandra Nowak.

GREENSBORO ISC: 2—Donna Collins. 6—Sandra Burns. Jr FS—Sandra Burns.

GREENSBURG FSC: Juv FS—Alvin C. Steffey.

GREENWICH SC: 1—Elizabeth Prince. Pre FS—Wells Noonan. Pre D—Wells Noonan.

HAMDEN FSA: 3—Jessica Dolven. 6—Mark David Mitchell. Int FS—Jessica Dolven.

HARBOR FSC: Pre—Julia Hill. 1—Stacy Ann Griswold. Pre FS—Julia Hill. Pre Silver—Juliet Bialota.

SC OF HARTFORD: Pre—Ann Barnes, Tara Anne Ryan. 4—Gary Pastizzo. 5—Michele Bellucci. Pre FS—Anne Fitzgibbon, Kim Olson, Chris Fusscas, Tara Anne Ryan. Pre D—Amanda Fusscas. Bronze—Joanne Thompson, Kathy Lucey, Karen Krupp, Patricia Eitel. Pre Silver—Kimberly Sykes.

HAYDEN RECREATION CENTRE FSC: Pre—Christine Murphy, Nicole Sarian, Seetha Ramnath, Gina Marie Sacco, Rosemary Berger, Wrenn Hardy. 1—Christie Boyle, Kate Allen, Shannon Maloney, Elizabeth Bryant, Kelly Wilt. 3—Lisa Ansin, Megan Webster. 4—Susan Locicero. 6—Fiona Bentley, Monique Leary. Pre FS—

Gina Marie Sacco, Wrenn Hardy, Lisa Bussey. Juv FS—Lianne Eaton. Int FS—Connie Mezdardash. Pre Gold—Fiona Bentley. Adult Bronze Dance—Tabor Ansin. Pre Pair—Alexander Enzmann.

HERSHEY FSC: 5—Ellen Baer. Pre FS—Becky Buck. Int FS—Elizabeth Skinner. Nov FS—Lillian Smith. Pre D—Jennifer Young.

HIAWATHA SC: Pre—Brenda Osterhout, Marcy Bell, Jessica Munsell, Natalie Clark. 1—Jackie Piirainen, Shelly Sparks. Pre FS—Marcy Bell, Natalie Clark. Juv FS—Carolyn Mason, Jackie Piirainen. Int FS—Shelley White, Stephanie Mathews. Nov FS—Karen Gordon, Melissa Mickewich. Pre D—Marcy Bell, Teresa Bitterling. Silver—Stacy Bassett. Pre Gold—Melissa Mickewich.

HIBBING FSC: Pre—Jodi Pakkala, Melissa Rose, Leslie Kangas. 1—Alison Chamernick, Gretchen Kasner, Christina Vacek, Sherri Tomassini. Pre FS—Leslie Kangas, Tami Carruth. Int FS—Steve Nylund. Pre D—Terri LaFave.

HICKORY HILL FSC: Pre—Amanda Hobe, Debbie Rosen, Carly Glassmeyer, Elizabeth Wallis. 2—Denise Caruso, Susan Diaz, Joan Gasperino. 3—Sandra Dechard. 4—Susan Moore. Pre FS—Carly Glassmeyer, Deborah Kaston, Meg White, Debbie Bisaccia, Libbe Becker. Juv FS—Ann Desperito, Susan Diaz, Edythe McKee. Int FS—Sandra Dechard. Pre D—Debbie Parrett, Janet Foy, Erika Beresik, Peter Donahue. Adult Pre Gold Dance—Vicki Merten.

HIGHLAND SC: Pre—Shelby Reinholdtsen. 2—Danielle Guerrette. Pre FS—Shelby Reinholdtsen. Pre Pair—Olga Variamos. Bronze Pair—Olga Variamos.

HILLTOP ISC: 2—Margaret Kissinger. Juv FS—Margaret Kissinger.

HOLIDAY BLADES SC: Pre—Mrs. Jean Hummel. 1—Michelle Little. 2—Susan Davis. 3—Mary Sue Lesniak, Paula Kornowicz. 6—Sheila Duggan. Juv FS—Susan Davis. Int FS—Mary Sue Lesniak. Jr FS—Sheila Duggan. Pre D—Laura Browning, Madeline Traver. Bronze—Cindy Battistone, Teresa Ginal. Pre Silver—Mary Sue Lesniak.

HOUSTON FSC: 1—Jessica Markham. Nov FS—Anne Sparkman. Pre Silver—Anne Sparkman.

HUDSON-MOHAWK FSC: 1—Andrea Palladino. Pre FS—Susan Frederick, Susan Filson.

HUNTSVILLE FSC: Pre—Lynda Montgomery. 2—Houston Cropp, Kelly VanValkenburgh. Pre FS—Jennifer Hayes. Juv FS—Julie Boyleston, Lynda Montgomery, Poliya Kiessing. Int FS—Houston Cropp. Pre D—Tanya Street.

ICELAND FSC: Silver—Amy Roeth.

ICE WORLD FSC: Pre—Dawn Crowley, Megan Bozios, Erika Silverman. 1—Amy Keegan, Jon Fontane, Eden DiGirolamo, Veronica Zwolenski. 2—Gina Sgamma, Patricia Balbo. Pre FS—Dawn Crowley, Stacey Coppola, Erika Silverman, Veronica Zwolenski. Pre D—Lois Cohen, Regina Savastano.

ILLINI FSC: Pre—Stacie Smith. Pre FS—Stacie Smith.

ILLINOIS VALLEY FSC: Pre—Catherine Barth, Jennifer Reiff, Gretchen Osborne. 1—Carrie Essig, Gail Heinz, Erica Litterst, Heidi Spore. 2—Kimbra Baurer, Suzan Simenauer. Pre FS—Catherine Barth, Jennifer Reiff, Gretchen Osborne. Juv FS—Christina Langen, Kimbra Baurer, Kim Stout. Int FS—Heidi Stout, Vicki Hickman.

ISC OF INDIANAPOLIS: Pre—Kimberly Newland, Margot Everitt, Rana Dogar, Susan Dann, Kristen Jones, Mary Thompson, Shannon Lamb, Wendy Waldman. 1—Mary Jane Sweet, Valerie Tzucker, Melissa Morris. Pre FS—Alexis Steinrauf, Margot Everitt, Nikki Porter, Eric Herman, Monica Strom. Juv FS—Hilary Russ, Mark Patterson, Tamara Lyn Thomsen, Jennifer Louk, Shannon Wegner. Nov FS—Jennifer Parker. Pre D—Mark Patterson. Bronze—Melissa Morris. Pre Silver—Deborah Ensign.

WC OF INDIANAPOLIS: 1—Jennifer O'Brien, Jennifer Vogt. 2—Tricia Kibbey. 3—Patty Shea. 4—Megan Norton, Michelle Millikan. Pre FS—Allison Walters. Juv FS—Jennifer Griffy. Nov FS—Michelle Millikan. Silver—Nicole Chappell. Bronze Pair—Michelle Millikan.

INTERNATIONAL FALLS: Pre FS—Sage Johnson.

JAMESRIVER FSC: Int FS—Sonja Norton.

JANESVILLE FSC: 1—Sara Oren. 4—Angela Jackson. 6—Stacey Strell. 7—Kristin Kokko. Nov FS—Mazal Farhi. Pre Pair—Jacki Farrell. Bronze Pair—Jacki Farrell. Silver Pair—Jacki Farrell.

KALAMAZOO FSC: 3—Cary Wilson. Int FS—Cary Wilson.

KANSAS CITY FSC: Pre—Erinn Allison, Jim Vermillion. 1—Alisa Moralez, Lorie Beth White, Laura Davis. 2—Anne Kronenberger, Beth Schlotzhauer. 3—Beth Ann Baranczuk, Lorie Crawford. 5—Julie Schwab. Pre FS—Erinn Allison. Juv FS—Angela Tucker, Beth Schlotzhauer. Int FS—Beth Ann Baranczuk. Pre D—Eric Poe. Bronze—Anita Maddox, Bryce Moore, Beth Schlotzhauer.

KENAWAN SC OF WESTERN NEW YORK: 4—Christine Lewicki.

KENNEBEC SC: Int FS—Elizabeth Davidson. Bronze—Maggie Judd. Pre Gold—Amy Webster.

KENT SC: 4—Heidi Franks. Nov FS—Heidi Franks.

KEYSTONE FSC: Pre—Alicia Branchick. 3—Samantha Baiman. Juv FS—Christine Tezak, Michelle Sheesley. Int FS—Caroline Janik.

LA JOLLA FSC: Pre—Cecelia Labute. 1—Christiane Nielsen. 3—Kate Stader. Pre FS—Cecelia Labute. Juv FS—Holly Vessichelli. Pre D—Angela Leslie, Stacey Ball, Jason Leslie, Tiffany Gross. Bronze—Gregory Levorchick. Pre Silver—Kara Berger, Kate Stader.

LAKE MINNETONKA FSC: Pre—Jessica Oye, Renae Ask. 4—Heather Knapp, Karen Meck. 5—Mandy Flake. Pre FS—Jessica Oye, Renae Ask. Juv FS—Jenna Lange, Marci Hall.

LAKE REGION SC: Pre D—Carla Anderson.

THE SC OF LAKE PLACID: 4—Wylie Jane Smith. Nov FS—Wylie Jane Smith.

LAKEWOOD WC: Pre—Rachelle Cope. 1—Kara Glaaser, Robin Powers, Stephanie Kellis, Mercedes Greene, Sarah Gendreau. 3—Andrea Moss. 4—Wendy Berchtold. 5—Karen Brawley, Tim Chilina. 6—Jozelyn Winder,

Michelle Nolan. Pre FS—Cee Cee Mitchell, Rachelle Cope, Christina Walters. Nov FS—Karen Brawley, Wendy Berchtold. Jr FS—Lori Knoll, Michelle Nolan. Pre D—Kara Glaaser. Pre Silver—Tim Chilina. Silver—Karen Brawley, Michelle Nolan.

LANSING SC: 1—Laurie Penner, Paula Lantz. Pre FS—Dayna Phillips, Erica Forsblom. Int FS—Jennifer Holmes.

LAS VEGAS FSC: Pre—Jennifer Knight, Summer Milburn, Shannon Shay. 2—Emily Aebischer, Stacy Larsgaard. 4—Nicole Ferlanie. Pre FS—Jennifer Knight, Summer Milburn, Shannon Shay. Juv FS—Emily Aebischer, Kimberly Morski, Jennifer McKenna, Stacy Larsgaard.

LILAC CITY FSC: Pre—Anthony Saywers, Jeremy Wynne, Suzanne Bassett, Jamie Gregerson, Mary Healy. 1—Arnella White, Diane Waryas, Mindy Wilson, Brandee Hunter, Michael Asmussen, Shawn Farrell. 2—Paula Roberts. 3—April Lumper. 5—Victoria Asmussen. 7—John Gallagher. Pre FS—Anthony Saywers, Jeremy Wynne, Jamie Gregerson. Juv FS—Paula Roberts. Int FS—April Lumper, Jamie Condron, Callie Beach, Karee Jones. Nov FS—Victoria Asmussen.

LINCOLN CENTER FSC: 1—Janel Geary, Marie Dawicke. 4—Michelle Gray. 5—Sarah Devore. Nov FS—Sarah Devore. Bronze—Beth Scott, Michelle Laughlin.

LITTLE SUN VALLEY SC: Pre—Amy Ross, Jennifer Ross, Donna Ward, Joanne Tranghese. 2—Laura Graczewski. 3—Tracy Lea Roth. 4—Sharlyn Griger. 6—Lisa Grunstrom. Int FS—Tammy Tolson, Tracy Lea Roth. Nov FS—Deborah O'Leary. Jr FS—Kathy Ferguson. Pre D—Brenda Rossmelisi, Patricia Jasmin, Maria Benson, Carolyn Albro. Bronze—Tracy Lea Roth. Pre Silver—Robyn Slongwhite.

LONG ISLAND FSC: 1—Jeanette Mattera. 2—Jennifer Crecca. 3—Justin Frankel, Melanie Sokoloff. 4—Anita Bueno, Cristina Elahi, Toni-Marie Curcio, Betsy Goldkrand, Lisa Lahjala. 5—Tracy Rufrano. Int FS—Justin Frankel, Melanie Sokoloff, Lara Pelinsky. Nov FS—Anita Bueno, Lisa Lahjala. Pre D—Janine Francella.

LOS ANGELES FSC: Pre FS—Amber Reilly, Lesley Smith, Sheila Galzote, Jenni Luke, Selena Love. 1—Akemi Kawaguchi, Andrea Jost, Robbin Jeffries, Amy Tuch, Kathy Quinones, Tiffany Sipantzi. 2—Eddie Guzman. 3—Elizabeth Druyun, Kimberly Kasa, Monica Doettger, Kathleen Flaherty, Lisa Mizonick, Wendy Pomerantz. 4—Amy Lynn Burgess, Jeri Blatt. 5—Ana-Maria Apodaca, Kristina Hoffman, Katherine Everett, Sharon Barker. 7—Jordan Bell. Pre FS—Amber Reilly, Jenni Luke, Selena Love, Andrea Jost, Lesley Smith, Sheila Galzote. Int FS—Cori Woods, Lisa Mizonick, Elizabeth Druyun, Wendy Pomerantz. Nov FS—Amy Lynn Burgess, Jimmy Williams. Jr FS—Jennifer Krueger. Bronze—Ana Nieves, Thomas Munsell, Mrs. Ann Lambert.

LOUISVILLE FSC: Pre—Thea Langsam. 1—Thea Langsam, David Kastan, Rebecca Rice. 2—Laura Beth Cash. Pre FS—Jennifer Diamond, Thea Langsam. Pre D—Thea Langsam, Jennifer Diamond.

FSC OF MADISON: Pre—Sandra Giese. 1—Jocelyn Cox. Pre Silver—Bradley Cox, Jocelyn Cox.

MANKATO FSC: 6—Christina Radichel, Shelly Torgerson.

MAPLEWOOD FSC: Pre—Gita Sitaramigh, Kathy O'Donnell. 1—Kristin Goski. Pre FS—Ashley Collinson, Sheree Mesroubian, Kathy O'Donnell. Nov FS—Noelle Lowrie, Sarah Wojtowicz.

MASSENA FSC: 5—Renee Leatherland. Silver—Margo DeBeir.

MEADVILLE FSC: 1—Robin Deeter.

FSC OF MEMPHIS: Pre—Andrea Erwin, Christina Mullins, David Walker, Julie Bielskis, Lori Carder, Rachel Kiefer, Robyn Heard, Ann Renee Doherty, Christine Meier, Jessica Harrison, Kelly Day, Michelle Motta, Robin Minor, Thea Holmes. 1—Andrea Erwin. Pre FS—Andrea Erwin, Catharine Flowers, David Walker, Julie Bielskis, Lori Carder, Rachel Kiefer, Wendy Pirtle, Ann Renee Doherty, Christina Mullins, Jessica Harrison, Kelly Day, Michelle Motta, Robin Minor. Pre D—Barbara Doherty, Charles Whittington, Carolyn Bill, Julie Bielskis, Terri Bill. Pre Pair—David Walker, Kelly Day.

MESA VERDE FSC: Pre—Kimberly O'Connell. 1—Christine Luxembourger, Kristine Bingham. 4—Catherine Crosson, Sandy Stroope. Pre FS—Kimberly O'Connell. Nov FS—Catherine Crosson, Vicki-Lynn Geller. Bronze—Russell Silverman. Adult Silver Dance—Nancy Leaning. Pre Silver—Cheryl Carrion.

METROPOLITAN FSC: 2—Debora Leopold, Solna Wasser. 3—Carol Wittschieben. 4—Barrie Moskowitz. Int FS—Carol Wittschieben. Bronze—Carol Seidel.

MIDLAND FSC: Pre—Dawn Thomas, Jodi Lewis, Jennifer Smith, Ross Jacobson. 1—Katie Jacobson, Laura Junge. Pre FS—William Crower. Nov FS—Claudia Scherzer. Silver—Amy Bailey.

FSC OF MINNEAPOLIS: 2—Allison Daugherty. 4—Rachel Baer. Pre FS—Christi Scavone, Colleen McGrath. Juv FS—Beth Krutzig, Chrysten Carter. Pre D—Jessica Melamed. Bronze—Susan Deming.

MISSION VALLEY ISC: Pre—Michelle Hartman, Nicola Jerman. 1—Wendy Frey. 2—Theresa Sammis. 3—Corinne Valenti. 5—Keshia Fikes, Sue Hardesty. Pre FS—Michelle Hartman, Nicola Jerman. Juv FS—David Delago, Mary Jane Peck. Int FS—Carrie McClory. Nov FS—Sue Hardesty.

MIT FSC: Pre—Westley Spruill.

SC OF MONTCLAIR: 1—Ardra Doherty, Sandy Keigher. Bronze—Vivian Keh.

SC OF MORRIS NJ: Pre—Laura Anderson. 1—Ginger Borges, Lauren Kruse, Robin Peia. 2—Isa Helderman, Pamela Santamaria, Jennifer Conway. 3—Kristin Harper, Michelle Dennis. 6—Caroline Shea. Pre FS—Beth Allen, Tammy Miles, Shannon Lawrence. Juv FS—Bradley Hass, Ginger Borges, Jennifer Conway, Lauren Kruse, Nikki Deschamps, Diana Conklin, Heather Allen, Kristine Toufayan, Lauren MacGillis. Int FS—Karen Toufayan, Nikki Deschamps. Pre D—Darra Gordon. Bronze—Kristy Weigel. Pre Silver—Ashley Hunt. Pre Gold—Karen Taylor.

NEW BEDFORD SC: Pre—Elizabeth Tomlinson. Pre FS—Elizabeth Tomlinson.

NEWBRIDGE ROAD PARK FSC: 1—Denise Harwood, Gabriella Hajdu. 2—Meri Garod. 4—Stephanie Cibeu. 5—Grace Garcia.

NEWBURYPORT FSC: Pre—Cheryl Vogel, Susan Thompson, Kate-Lyn O'Keefe. 1—Laura Hammond. 2—Kristen Broderick. Pre FS—Cheryl Vogel, Susan Thompson, Kate-Lyn O'Keefe. Juv FS—Vicky Margeson.

NEW CANAAN WC: Pre—Winkie Mleczko. Pre FS—Winkie Mleczko. Bronze—Kim Tewksbury.

SC OF NEW HARTFORD: Pre D—Tammie Knox.

NEW HAVEN SC: 4—Sharon Dunn. 6—Cristen Wisner. Jr FS—Cristen Wisner, Linda Hultgren.

FSC OF NEW ORLEANS: Pre—Carol Phillips, Kristen Miller, Cheri Kaltenbach, Michelle Evans. 1—Nichole Morrow. Pre FS—Carol Phillips, Kristen Miller, Nichole Morrow, Cheri Kaltenbach, Michelle Evans.

SC OF NEW YORK: 2—Maryl Frank. 3—Nanako Yuasa. 6—Thomas Dolce. Pre FS—Gwen Mead. Pre D—Dr. Derek Barnes.

NORDIC FSC: 1—Kecia Wimmer, Lauren Klausen. Int FS—Wanda Schmacker.

NORTHCROSS FSC: Pre—Lori Heuring. 3—Libby McKee. Pre FS—April Keller, Jason Heuring, Elizabeth House, Lori Heuring. Juv FS—Erika Johnson, Heather Andrews. Pre D—Mrs. Beverly O'Malley.

NORTHEAST IOWA FSC: Pre D—Debbie Hoel.

SC OF NORTHERN VIRGINIA: Pre—Julie Ripley, Marci MacVean, Katie Waters. 1—Kathleen O'Neill, Terza Motkowski, Valerie Pattie, Laurel Reinhart, Uley Norris. 2—Elizabeth Miller, Justine Tumminia, Jolie Hall. 3—Victoria Chinn. 4—Douglas Webster. 5—Janet Bowers, Sharon Brusie. Pre FS—Jennifer Bellas, Marci MacVean. Juv FS—Cathy Hudak, Erika Tyner, Justine Tumminia, Neale Smull, Terza Motkowski, Elizabeth Miller, Jolie Hall, Michelle Walker, Stacey Turcotte. Int FS—Erin Sasaki, Lisa Cohen, Romy Kerchner. Nov FS—Douglas Webster. Pre D—Barrie Gevinson, Jennifer Miller, Terza Motkowski, Erika Tyner, Michelle Walker.

NORTH JERSEY FSC: Pre—Adrienne Nesci, Carla Lombardi, Akane Tosa. 2—Jennifer Haas, Lara Pelle. Pre FS—Adrienne Nesci, Carla Lombardi, Akane Tosa. Int FS—Lynn Ann Hopkins. Nov FS—Allison Black. Pre D—Alyssa Joy Stith. Bronze—Patricia Kreig. Pre Silver—Carole Lindstedt. Silver—Margot Eccles.

NORTH SHORE SC: 3—Andrea Marston. 4—Kathy Kmit, Kendra Driscoll. 6—Jill MacDonald. Int FS—Andrea Marston, Jennifer Letendre.

NORTH SUBURBAN FSC: Pre—Denise Darling. 1—Jennifer Novak, Lori Bartosiewicz, Kristine Kim, Wendy Watson. 2—Margarita Manjarres. Pre FS—Denise Darling. Juv FS—Jill Attenson, Laurie Ham, Laura Hirschhorn.

OAK PARK FSC: Pre—Jennifer Iovinelli, Laura Mavigliano, Patrick Nardulli, Kim Norris, Nancy Mavigliano, Stephanie Wagner. 1—Athena Farnikis, Jennifer Stoll, Richard Peal, Gina Auriemma, Kelly Smith. 2—Felicia Brandies, Tina Santoro, Michelle Lehmebeck. Pre FS—Jennifer Iovinelli, Laura Mavigliano, Patrick Nardulli, Kim Norris, Nancy Mavigliano, Stephanie Wagner. Juv FS—Catherine Long, Mila Munaretto. Int FS—Betsy Boyd, Cathy Baran. Pre D—Jennifer Stoll, Richard Peal, Patrick Nardulli. Bronze—Gina Maloney. Pre Silver—Christine Poyner, Lex Young.

OLD CAPITOL FSC: Pre—Tammy Fechtig. 5—Jay Murphy. Pre FS—Tammy Fechtig. Juv FS—Amy Evans. Int FS—Dawn Lynn. Nov FS—Jay Murphy. Pre D—Jane Rishling.

OLDE MONMOUTH SC: Pre—Erin McGovern. 1—Annmarie Lennert. 2—Kathryn Doherty. Pre FS—Eric Meier, Stacy Eddy. Juv FS—Kathryn Doherty. Int FS—Becky Peterson. Pre D—Eric Meier.

OLD YORK ROAD SC: 4—Ronnie Seidel. 7—Amy Kaji.

FSC OF OMAHA: Pre—Cindy Peistrup. 1—Daniel McNamara. 2—Carolyn Dow. 4—Mindy Costar. Pre FS—Cindy Peistrup. Juv FS—Kelly Larkin, Laura Marshall. Nov FS—Elaine Beberniss. Pre D—Daniel McNamara, Leisi Hoag. Pre Silver—Carolyn Dow. Silver—Mindy Costar.

OVERLAKE SC: 4—Lisa Monuszko. 6—Brenda Burton. Nov FS—Lisa Monuszko.

OWATONNA FSC: Pre—Dawn Kurth.

OXFORD SC: Nov FS—Lori Shearer.

PALACE FSC: 1—Kristie Lanmon. 2—Melinda Meinke. 3—Candice Stecker, Candy Cheatum. Juv FS—Melinda Meinke, Melissa Dingle. Int FS—Candy Cheatum. Pre D—Kristie Lanmon.

PALOMARES FSC: Pre—Barbara Coffman, Tara Zades, Stacey Difuntorum. Pre FS—Barbara Coffman, Tara Zades, Stacey Difuntorum.

PARK FSC: Pre—Romy Haller. 1—Elesia Birnbaum, Vanessa Fertaly. Pre FS—Elizabeth Posner. Juv FS—Amy Gelbien.

PASADENA FSC: 1—Amy Zurlinden, Keith Christopher.

PAUMANOK FSC: 2—Renee Balsamo. 3—Cindi Hall. Juv FS—Renee Balsamo.

PAVILION SC OF CLEVELAND HEIGHTS: Pre—Carla Ticconi, Michelle Connolly, Tracy Bluhm, Denise Cosenza, Susan Isard. 1—Julie Tinik, Natalie Cirino. Pre FS—Carla Ticconi, Janice Brunello, Denise Cosenza, Kelly Freeman. Juv FS—Elizabeth Etowski, Susan Quandt. Pre D—Julie Tinik.

PENGUIN FSC: Pre—Randa Zakhary, Tammy Wells. 1—Tara Frankenfield, Todd Watson. 2—Julie Cardinale. 3—Mary Richards, Michele Doebele. 4—Crislyn Penske, Jennifer Helfrich, Heidi Herman, Kathryn Long. 5—Lisa Marie Klotz. Pre FS—Erik Nelson, Tammy Wells, Randa Zakhary. Nov FS—Lisa Marie Klotz. Jr FS—Beth Anne Salvati. Pre D—Cynthia Wells, Kristi Stocker. Bronze—Julie Cardinale. Pre Silver—Beth Anne Salvati. Silver—Heidi Herman, Jennifer Stavros.

PENINSULA FSC: Pre—Jeanette Chakarun, Victor Cocchia, Laura Caramella. 1—Lori Stephens, Marianne Mesler. 3—Cindy Morrow, Debbie DeLorenzi, Cindy Aiello, Tracy Ann Hong. 5—Ondine Parker. Pre FS—Jeanette Chakarun, Victor Cocchia, Laura Caramella. Pre D—Victor Cocchia. Pre Gold—Karin Kunzle.

PENN STATE: 2—Shana Miskovsky.

PHILADELPHIA SC & HS: 4—Regina Woodward. 6—Monica Pollan. 7—Allyson Eddy. Juv FS—J. Penn Morris. Nov FS—Linda Gordon, Tracy Sterck. Jr FS—Stephanie Adler. Pre D—Cristin Callaghan. Bronze—

Ella Dillon, Regina Woodward, Leigh Driscoll. Silver—Ellen Gail Altschuler, Jeanne Miley. Silver Pair—Danielle Broussard.

SC OF PHOENIX: 1—Caroline Menard, Vearle Klinger, Leslie Hamstra. Pre FS—Amy Emmons, Cheryl Kehoe. Juv FS—Cheryl Friedel. Int FS—Donna Lauderemilch. Pre D—Beth Hunt.

PILGRIM SC: 4—Tanya Tufts. 5—Susan Parry. 7—Catherine Clarke.

PITTSBURGH FSC: Pre—Heather Beringer, Jacqueline Costanzo, Liane Bonarrigo, Lisa Musmanna, Nicole Pelle, Wendy Reese, Jacqueline Joyce, Kristen Frazzinni, Lisa Mazzocchetti, Michelle Pelle, Susan Neff. 1—Amy Neff, Carrie Bacasa, Julie John, Marcia Walkney, Beth Hinds, Elizabeth Entress, Karina Braszo. 2—Beth Sutton, Karen Shaffer. 3—Sharon Kokal. 4—Lisa Grove. Pre FS—Abby Hope Spatz, Heather Beringer, Jacqueline Joyce, Julie John, Liane Bonarrigo, Michelle Pelle, Susan Neff, Andrea Cretakos, Jacqueline Costanzo, Jennifer Gray, Kayla Jauch, Melissa Durzo, Nicole Pelle, Wendy Reese. Juv FS—Alyssa Miller, Heidi Dougherty, Rachel Lane, Beth Sutton, Jennifer Yarcherer. Int FS—Sharon Kokal. Nov FS—Lisa Grove, Timothy Estiloz. Pre D—Alyssa Miller, Becky Gilbert, Robin Pilossoph, Amy Neff, Misty Marshall. Bronze—Jane Ann Farrell. Pre Silver—Elizabeth Walker, Mrs. Suzanne Pluta, Laurie Grove. Silver—Sara Thayer. Pre Gold—Lisa Grove.

PLYMOUTH FSC: Pre—Karen Berger, Mary Currier, Lynn Wasielewski, Mary Fill. 1—Donna Reni Chute, Suzanne Suwinski, Lynn Nagy. 2—Carol Kotajarvi, Susan Sage. 3—Kelly Lenhardt, Suzanne Okopny, Maryann Pipesh. Pre FS—Shelley Hart. Juv FS—Barbara Bentley, Cathleen Bentley, Susan Sage, Carol Kotajarvi, Maureen Haldane. Int FS—Kelly Lenhardt, Kimberly Maciejewski, Melissa Noel, Kerri Maciejewski, Maryann Pipesh, Michelle Contini. Nov FS—Michele Durkin, Paula Kowalczyk. Pre D—Laura McKenzie, Tammie Beacher, Mary Currier, Tracie Beacher. Bronze—Tamra Chute. Silver—Jill Matthews.

PORTLAND ISC: Pre—Jamie Bullock, Stephanie Seaton, Katie Pixley. 1—Carrie Gray. 2—Kristi Baucom, Shawna Barber, Melissa MacRae-Smith. 4—Amaris Franz, Sue Ann Heater. 5—Jeannine Newman. 6—Bonnie Moe, Tonya Harding, Lesley Riegler. Pre FS—Jamie Bullock, Stephanie Seaton, Katie Pixley.

POTSDAM FSC: Pre—Janice Dyke. 2—Kathy Wilcox. Pre FS—Adrian Seymour. Pre Silver—Shaune Burrell. Silver—Danielle Bartow.

PRINCETON SC: 6—Beazie Zenzie. Pre FS—Cynthia Josephson, Joseph Jeydel, Elise Pressma.

PROVIDENCE FSC: 6—Martha Chadwick.

PUEBLO FSC: Pre—Dobora Dominy, Reyna Carpenter, Lisa Vellar, Tina Wilson. 1—Jennifer Rapp, Tonya Carson. 2—Lisa Krysiak, Stacie Dorr, Paula Hurlley. 3—Melissa Mazur. Pre FS—Tina Wilson.

QUAKER CITY FSC: Pre—Mary Kay Fuhr.

QUEEN CITY FSC: Pre—Steve Haas, Tina Butkovich. 6—Jennifer Astore. Juv FS—Theresa Weber. Pre D—Julia Lippert, Wendy Oliver, Victoria Jordan. Silver Free—Roy Speeg, Jr. Pre Gold—Stephanie Novak.

SC OF RADNOR: Pre—Karen Smith. 4—Nancy Tashjian. 5—Patricia Collins. 6—Jacqueline Paytas. Nov FS—Nancy Tashjian. Jr FS—Jacqueline Paytas. Pre D—Jacqueline Paytas.

RED RIVER VALLEY FSC: Pre—Dawn Dexter, Jenny Hanson, Jennifer Younggren, Laura Jacobson. 1—Bobbie Solberg, Heidi Chial, Shelly Frisch, Brenda Postovit, Patricia Furuseth. 2—Annette Schultz. Pre FS—Beth Lindvig, Erika Nelson, Missy Hauer, Sheila Heinze, Erica Lawler, Matthew Halverson, Shannon Hyland, Stephanie Mathre. Juv FS—Brenda Postovit, Heidi Chial, Heather Chial, Laura Jacobson. Int FS—Lynne Dreissiger, Shannon Benser. Pre D—Jennifer Ritchie, Laura Jacobson, Patricia Furuseth, Kris Cameron, Marni Parsons. Bronze—Dawn Frisch, Kelly Kolars, Michelle Halverson, Hope Burchill, Melanie Gasper, Shannon Benser.

SC OF ROCKLAND NY: Pre—Eileen Convery. 2—Glen Ziehnert, Jacqueline Isabella. 3—Christie Kelly. Pre D—Maylil Eidet.

SC OF RHODE ISLAND: Pre—Gretchen Carroll, Jennifer Blount. 1—Jennifer Blount.

RICHFIELD FSC: Pre Pair—Vivika Olander.

FSC OF RIVERDALE: Pre—Lisa Brook.

ROCHESTER FSC: Pre—Dawn Beaver, Michele Vaughn, Sayaka Hirato, Mary Ellen Syverson, Michelle Ewers, Tiffany Bielenberg. 1—Dawn Beaver, Erika Erdman, Kelly McPhee, Denise Long, Jeanna Beart. 2—Allison Heyne, Seelye Stanger, Susan Knox, Davin Grindstaf, Sue Stewart, Theresa Thein. 3—Erin Lavelle. 4—Dulcey Wiggs. 6—Teresa Shulman. Pre FS—Cindy Anderson, Jennifer Westcott, Michelle Ewers, Sara Vandecreek, Jennifer Stadheim, Michele Vaughn, Paula Gibson. Juv FS—Bridget Quinn, Karen Groat, Theresa Thein, Julianna Pertuz, Seelye Stanger. Int FS—Sarah Smith. Jr FS—Tammy Dumstorff, Teresa Shulman.

SC OF ROCKFORD: Pre—Carrie Matty, Rebecca Buening. 1—Audra Dawn Hinds, Karissa Gedko, Brei Johnson, Melissa Ouellette, Tricia Cadwallader. 2—Antonia Woodruff, Heidi Gottlieb, Carrie Woodhouse. 3—Heather Adams, Maureen Pearlman, Lori Ann Wells. Pre FS—Carrie Matty, Jennifer Finley, Kimberly Overbey, Nicholle Turner, Dawn Larson, Kara Biery, Leanne Geddeis. Juv FS—Heidi Gottlieb. Int FS—Antonia Woodruff, Heather Caler-Smith, Damon Allen, Jackie Howard. Jr FS—John Brancato. Pre D—Alia Khalaf, Ellen Giddens, Marianne Matty, Sheila Hrasky, Brei Johnson, Krista July, Melissa Ouellette, Susan Catanese. Bronze—Lori Ann Wells, William Barrett.

ROCKY COAST FSC: 1—Laura Haney. 2—Jennifer Taylor. Juv FS—Laura Haney.

ROCKY MOUNTAIN FSC: 1—Marte Barnacle. 3—Julianne Kennedy, Rachel Gibson, Laura Lekowicz. 4—Mary Jayne Pedersen. 6—Kelly Milligan. Nov FS—Lisa Lynn Shaw, Mary Jayne Pedersen. Jr FS—Kelly Milligan.

ROSEVILLE FSC: Pre—Michelle Wenz. 1—Jenni Bohl. 2—Becky Sprague, Tracy Stark. 4—Michelle Mathias. Int FS—Katy McFarland. Nov FS—Mary Jean Welch.

RYE FSC: 2—Stacy Rukeyser. Int FS—Rebecca King. Pre D—Ilana Dubin. Silver Pair—Elaine Asanakis.

SC OF SACRAMENTO: Pre—Erica Lynn Watts, Nicholas Bohn. 1—Cynthia Funder, Sharon Leano. 2—Delilah Barvis. 3—Aleisa McGowan, Michelle Dubois. 6—Mark Alexander. Pre FS—Erica Lynn Watts, Nicolas Bohn. Juv FS—Eliza Thomas. Int FS—Allen Neil Hart, Kimberly Wassenberg, Anna Shields. Jr FS—Mark Alexander. Pre Pair—Jason Little.

SALT CITY FIGURE SKATERS: Pre Silver—Susan Petrucci.

SAN DIEGO FSC: Pre—Marilou Correa. 1—Kristine Cendrea, Maria Gueco. 2—Ashley Stevenson, Karen Anderson, Deborah Phillips. 3—Kathleen Rager, Laurie Brae. 4—Elizabeth Morley, Scott Merrill. 5—Tina Colbourne. 7—K.C. Watkins. Pre FS—Marilou Correa. Juv FS—Ashley Stevenson, Karen Anderson. Int FS—Laurie Brae. Nov FS—Scott Merrill. Pre D—Heidi Merrill, Tracie Hilton. Pre Silver—Scott Merrill, Julie Smith. Silver Free—Jill Heiser.

SC OF SAN FRANCISCO: Pre—Alicia Ahrens, Howard Yee, Emma Leybin. Pre FS—Alicia Ahrens, Emma Leybin, Stephanie Shackelford, Elizabeth Grillo, Howard Yee. Juv FS—Howard Yee.

SANGAMON VALLEY FSC: 1—Marchelle Werner, Shavonne Malany. 2—Kelly Werner, Tisha Colley. 3—Toni Petrella. 5—Janet McDonald. Pre FS—Dawn Marie Lach, Michele Rohrig, Diana Lach. Juv FS—Deborah Grigsby, Kelly Werner. Int FS—Tammy Collins, Tracie Matsko, Toni Petrella. Jr FS—Lora Leigh Schlabach.

SANTA BARBARA FSC: 1—Leah Warner, Linda Auchincloss. 5—Tanya Atelian. 6—Suggie Kim-Oh. Nov FS—Tanya Atelian. Jr FS—Suggie Kim-Oh.

SANTA MONICA FSC: Pre—Andria Mitchell, Kristina Virtue, Samantha Mitchell, Jeanette Virtue, Patricia Glikman. Pre FS—Andria Mitchell, Kristina Virtue, Samantha Mitchell, Jeanette Virtue, Patricia Glikman. Jr FS—Stefanie Schmid. Pre D—Tracy Thielman.

SANTA ROSA FSC: 3—Diana Schweiger, Lisa Ann Brozovich. Int FS—Cameron Birky, Lisa Ann Brozovich. Nov FS—Lynne Missin.

SEATTLE SC: Pre—Kimberly Mayfield. 2—Jill Sharpe. 3—Deborah Wright. 4—Tracy Vopnford. 5—Beth Ann Kincaid, Lisa Hollenbeck, Jeffrey Carstensen. 6—Lynda Weiss, Siegfried Lind. Pre FS—Kimberly Mayfield. Juv FS—Jennifer McCain, Katharine Appleton. Nov FS—Lori Nelson, Tracy Vopnford.

SHAKER FSC: Pre—Amanda Bennett, Betsy Puglis, Kim Peters, Ryan Zeltner, Tania Menesse, Angela Barnes, Jennifer Fortney, Rozlyn Marshall, Sheryl Palermo, Tricia Stephan. 1—Ericka Thoms, Julie Blunden, Samantha Roos, Julie Spott, Kelly Sullivan, Sara Russo. 2—Emily Nishi, Sarah Zunt, Gail Ciccotti. 3—Alexandra Vrtunski, Susan Metzger, Deborah Deioma. 4—Jodie Ginis, Nicole Rae Wolf, Kristin Marlow. 5—Edyth Swirsky, Janice Lobo. 6—Leslie Pearlman. 7—Linda Keyes. Pre FS—Betsy Puglis, Kim Peters, Laurel Richey, Rozlyn Marshall, Sheryl Palermo, Tricia Stephan, Emily Davis, Kristyn Waldron, Nancy Niebes, Ryan Zeltner, Sonya Barnes. Juv FS—Bridget Herring, Lynne Merfelder, Kristy Ratliff, Nari Burton. Int FS—Alexandra Vrtunski. Nov FS—Cheryl Sue Keyes. Bronze—Kristin Marlow.

SHELBY VALLEY FSC: Juv FS—Alicia Gambino. Pre D—Pennie Reece.

SIERRA NEVADA FSC: 3—Lisa Fleischer. Int FS—Lisa Fleischer.

SILVER BLADES SC: 5—Dawn Marie Ginsberg. Pre D—Ariel Stiles, Ted Bennett, Christine Rhodes.

SILVER BLADES FSC OF GREATER KANSAS CITY: Pre—Kristen Mader, Tamara Jones, Sarah McDonald. 1—Janie Lackey, Tom Martens, Regina Stanek. 3—Amy Magerkurth, Heidi Taylor, Haley Spalitto. 7—Wendy Boylan, Pre FS—Kimberly Johnson, Sarah McDonald, Tamara Jones, Kristen Mader, Shirlee Wilson. Juv FS—Shirlee Wilson. Int FS—Amy Magerkurth, Maureen Beary, Heidi Taylor. Jr FS—Heidiann Hahn. Pre D—Amy Magerkurth, Tom Martens.

SILVER EDGE FSC: 1—Andrea Ferrante.

SILVER SKATE FSC: Pre—Wendy Chapman. 2—Jennifer Click. 3—Leila Carroll. 4—Timothy Huff. 6—Richard Brown. Pre FS—Frederick Bird, Wendy Chapman. Juv FS—Frederick Bird. Nov FS—Valerie Stensland. Bronze—Jennifer Click. Pre Gold—Stephanie Blair. Adult Bronze—Dr. M. Ann Bennett.

SKOKIE VALLEY SC: Pre—Kristin Fischer, Laurie Drucek. 1—Jennifer Naiman. 2—Jennifer Drugay, Robert Laseau, Kendra Pohn. 3—Caroline Ludlow, Kristin VanLoom, Jennifer Ende, Susi Wehrli. 4—Beth Holly Sussman, Kristen Kurz, Julie Pokorny, Lesley Ann Whelan. 5—Kate Wood, Missy Goveia, Margaret Berger, Stephanie Howard. 6—Kim Lange, Michelle Jackson, Maria Zarko. 7—Amy Behm, Wendy Leinbach, Katherine Hackbarth. Pre FS—Kristin Fischer, Laurie Drucek. Juv FS—Abby Karasick, Jennifer Chojnacki, John Weinstein, Michelle Lipschultz, Diane Hakimi, Jennifer Drugay, Lori Strull. Int FS—Alicia Tonge, Hillary Weiss, Maryann Huang, Caroline Ludlow, Kristin VanLoom. Nov FS—Kate Wood, Missy Goveia. Jr FS—Maria Zarko. Pre D—Sara Silvertan.

SMITHFIELD FSC: Pre—Brenda Sherman, Kristen Laurenza, Frank Testa, Susan Bizzacco. 1—Kristen Laurenza, Marcia Carufel, Kristin Brousseau. 5—Cynthia Lotito, Melissa Stockwell. 6—Lisa Bucci. Pre FS—Brenda Sherman, Kristen Laurenza, Frank Testa. Juv FS—Sharon Sadwin, Susan Higgins. Nov FS—Michelle Medeiros. Pre D—Frank Testa, Kristin Brousseau, Gina Gesualdo, Wendy Altieri. Bronze—Renne Dionne.

SOUTH BAY FSC: Pre—Marlene Woods, Tammy Cook, Paula Scherlachar. 1—Sacha Bryant. 2—Byron Dollarhide. 3—Kumi Denda. 4—Karen Terry. Pre FS—Marlene Woods, Tammy Cook, Paula Scherlachar. Juv FS—Byron Dollarhide, Christin Flynn. Nov FS—Karen Terry. Bronze—Leslie Flixler. Adult Bronze—H. Quintin Foster, Jr.

SOUTHERN CONNECTICUT FSC: 1—Anne DiPasquale, Susan Genovese. 2—Alexandra Godfrey, Stephen Harvey, Karla DeLio. 3—Andrea Lee, Meg Hennessey. 4—Sara Greer. 5—Tamara Sharp. 6—Brian Malkin. Juv FS—Anne DiPasquale, Karla DeLio. Int FS—Erin McAllister. Nov FS—Tamara Sharp. Bronze—H. Theodore Graves.

SOUTHERN NEW HAMPSHIRE SC: Pre D—Timothy Butterfield.

SOUTH MOUNTAIN FSC: Pre—Andrea Chow, Ariel Klein, Martin Chow, Sharon Feinsod, Angela Ferrara, Jennifer DiCostanzo, Pauline Miller. 1—Christina Castelluci, Nancy Gannon, Mary Pender, Russell Dickens. 2—Kristin Meyer. Pre FS—Andrea Chow, Ariel Klein, Thomas Bisset, Ariel Klein, Martin Chow. Juv FS—Kristin Meyer, Sloane Yeh, Russell Dickens. Int FS—S. Eileen Yeh. Nov FS—Franklin Cladis, S. Laura Yeh. Pre D—Ariel Klein, Kristin Meyer, Franklin Cladis. Silver Free—Hope Greenberg, Robin Michaelson. Pre Gold—Lori Farbstein. Adult Pre Silver—Ernie Emrich.

SOUTHPORT SC: Pre—Jeanine Tobin, Michelle Wales, Katrina Runkel. 1—Barbara Krogh, Kathleen Ciine, Jessica Bivins. 4—Christine Payson. Pre FS—Katrina Runkel. Michelle Wales. Juv FS—Kathryn Ramer, Wendy Fischer, Lana Thorn. Pre D—Shari Greenberger.

SOUTH TOWNS YMCA FSC: Silver—Chris Ahrens.

SPOKANE FSC: 6—Jennifer Brinkman.

SC OF SPRINGFIELD: Pre—Alison Dennis, Meredith Shea. 3—Donna Andrews. Pre D—Susan Pierce. Bronze—Elena Contos.

SQUAW VALLEY FSC: Pre—Dawn Howe. Pre FS—Dawn Howe.

ST. CLAIR SHORES FSC: Pre—Janet Knurek, Tanya Pochert, Kollette Gumm. 1—Carol Gaffke. 2—Kelly Deduljtsche. 6—Peggy Brogan. Pre FS—Heather Brzezinski, Janet Knurek, Kollette Gumm, Holly McWherter, Kelly Kay Diem, Tanya Pochert. Juv FS—Kelly Deduljtsche.

ST. CLOUD FSC: 2—Kevin Hilger. 5—Jill Harstad. Pre Silver—Jill Harstad, John Hilger. Silver—Rhonda Pendergast.

ST. JOSEPH FSC: Pre—Drue Duncan, Susan Savidge, Kathleen Saulan. 1—Ben Williamson. 2—Christine Boutwell, Lara Rhea Donelson. Pre FS—Claire Castles, Drue Duncan. Juv FS—Cynthia Tolly, Lara Rhea Donelson, Debra Cole. Pre D—Jill Harris. Bronze—Debra Cole. Pre Silver—Brandee Maxwell. Silver—Amy Brockett, Jill Duncan. Pre Pair—Kristin Yantis. Bronze Pair—Jerry Wheeler, Kristin Yantis.

ST. LAWRENCE FSC: Int FS—Kevin Budelman.

ST. MORITZ ISC: Pre—Adele Moore, Shannon Carlson, Heather Barnes. 1—Brenda Goodrich, Melissa Murphy, Cheryl Tadlock. 2—Kendall James, Samantha Castronovo, Kimmi Jones, Sara Hallman. 3—Anna Maria Pyzyna, Sara Wexelman. 4—Alisa Ortiz, Catherine Beauchamp, Denise Anstick, Stephen Kennedy, Caroline Soffa, Christine Naud, Joaquin Guerrero. 5—Linda Phares, Sebrina Olvera, Paula Losinger, Sonja Castaneda. 6—Jodi Leonis, Shaun Hill, Richard Everit. 7—Kimberly Drenser, Ricky Anderson, Laura Erle. Pre FS—Adele Moore, Shannon Carlson, Heather Barnes, Wendy Sauer. Juv FS—Bridgit Drenser, Kendall James, Samantha Castronovo, Victoria Kundert, Julia Bowman, Kimberly Drenser, Shaun Hill. Int FS—Candace Taylor-Weber, Kristi Yamaguchi. Nov FS—Caroline Soffa, Paula Losinger, Sonja Castaneda, Joaquin Guerrero, Sara Mulholland, Stephen Kennedy. Jr FS—Richard Everit.

ST. PAUL FSC: 1—Chrissie Ammann, Kimberly McQuilian. Juv FS—Grant Rorvick. Nov FS—Lori Thompson.

STOCKTON FSC: Pre—Nicole Vosburg. 2—Dana Katzakian, Jennifer Flock. 3—Barbara Johnson, Charis Marston. 4—Sara Falkinham, Stephanie Bishop. Pre FS—Nicole Vosburg. Juv FS—Dana Katzakian, Susan Damery, Jennifer Flock. Int FS—Barbara Johnson, Charis Marston. Nov FS—Sara Falkinham, Stephanie Bishop.

STONEHAM FSC: 2—Amy Gamache, Sara Cassidy, Jodi DiCorato. 4—Nancy Kerrigan. Nov FS—Machelle DeFlumeri.

SUNCOAST FSC OF FLORIDA: Pre—Jennifer Houghton, Timothy Schellang, Tammie Garland. 4—Jennifer Garner. Pre FS—Tammie Garland. Juv FS—April Green. Int FS—April Green, Jay Vaught.

SC OF SUNRISE: Pre—Kathy Haley. 1—Amy Adams, Todd Pleeter, Jodi Saks, Sandra Tapia. 2—Dalilah Medel, Susan Galfond, Lisa Richter. 3—Bobbi-Jean Shue, Stephanie Smith, Shannon Caslin. Pre FS—Chequeta Traylor, Lisa Luft, Kelly Luft. Juv FS—Amy Adams, Lisa Richter, Jodi Saks, Susan Galfond. Int FS—Brenda Flanagan, Donny Gaile. Bronze—Lisa Richter.

SUN VALLEY FSC: 1—Deborah Pilant, Emily West. 2—Kathy Jacobsen, Nicole Clark. 5—Krista Ruwaldt. Juv FS—Kathy Jacobsen, Nicole Clark.

SUPERIOR FSC: Pre—Amy Larson, Sandy Olson, Dana Moore. Pre FS—Amy Larson, Dana Moore.

SYMMETRIC FSC: Pre—Sharon Krim. 1—Elizabeth Whitney, Robert Smith, Karen Richards. 3—Kristin Girvin. 4—Nancy Fee. Juv FS—Elizabeth Whitney, Robert Smith. Int FS—Kristin Girvin.

TARA FSC: 1—Candance Scott, Holly West. 2—Christina Jensen. 3—Elizabeth Elders. 4—Ginger Tse. 5—Christi Ussery. 6—Archie Tse. Int FS—Tonya Almond. Nov FS—Rae Ann Hickman, Tiffany Smith. Jr FS—Jon Robinson.

TAUNTON AREA FSC: Pre—Kathleen Nelson, Susan Scanlon. 2—Susan Furness. Pre FS—Kathleen Nelson. Juv FS—Susan Furness. Pre Pair—Susan Furness.

THIEF RIVER FALLS SC: Pre—Deann Berg, Loralee Iverson, Jana Fessler. Pre FS—Deann Berg, Loralee Iverson, Jana Fessler. Pre D—Deann Berg, Kimberly Peterson, Jana Fessler, Loralee Iverson.

TIMBERLINE SC: Pre—Corrie Wicker, Jennifer Durkee, Dyan Vandervelde, Marlene Stay. Pre FS—Dyan Vandervelde. Juv FS—Jennifer Durkee, Marlene Stay. Pre D—Corrie Wicker, Jennifer Durkee.

TRENTON COMMUNITY SC: Pre FS—Patti Lynn Mills, Sandra Daugherty, Rachel Swank, Wendy Kinzler.

TRI-CITIES FSC: Pre—Katherine Boardman. 1—Jennifer Perry. 5—Kristi Stefanini. Pre FS—Katherine Boardman. Pre D—Andrea Stewart.

TROY SC: Pre—Jennifer Wilber. 1—Shelly Rogers. 7—Lisa Converse. Pre D—Alan Wigdahl, Ann Wigdahl. Pre Gold—Rebecca Lower.

TUCSON FSC: Pre—Carlie Helgason. 1—Deanna Galligher. 5—Laurie Ware. Juv FS—Carlie Helgason. Pre D—Wendy Sankey.

TULSA FSC: Pre—Amy Dedeke, Kathleen Kelley, Jennifer Hicks, Vickie Johnson. 1—Alaree Hudacek, Stacy Sense, Scott Davis, Tracy Harkreader. 2—Allison Marrs, R. Sean Gales, Christina McCartney. 3—Christie Carlton, Maria Gales. 4—Candace Cooley, Lisa Gold. Pre FS—Amy Dedeke, Kathleen Kelley, Jennifer Hicks, Vickie Johnson. Juv FS—Allison Marrs, Christina McCartney, Scott Davis. Int FS—Christie Carlton, Maria Gales. Nov FS—Candace Cooley. Pre Silver—Maria Gales, R. Sean Gales. Pre Pair—Maria Gales, R. Sean Gales.

TWIN STATE FSC: Pre—Laurie Arsenault. 1—Anne Marie Kolden. Pre FS—Laurie Arsenault.

UNION COUNTY FSC: Pre FS—Linda Fernicola. Pre D—Edward Atkin, Linda Fernicola. Bronze—Mrs. Joy Atkin, Paula Michalski. Pre Silver—Karin Olsen.

UNIVERSAL FSC OF WINCHESTER: 1—Kimberly LePore. 2—Sherri Benedetto. Juv FS—Sherri Benedetto.

UNIVERSITY OF DELAWARE: Pre FS—Lisa Zebley. Int FS—Stacie Collender.

UTAH FSC: 4—Teri Graham. 5—Holly Cook. Bronze—Barbara Howard. Silver Pair—Buffy Lewis.

VACATIONLAND FSC: Pre—Julie Halverson, Kiki French. 1—Eric Pierson. 2—Cori Preble. Pre FS—Brandy Gaudette. Pre D—Brandy Gaudette.

SC OF VAIL: Pre—Jenniferan Carlson. 1—Krista Warner, Tyler Todd, Malia Cox. Pre FS—Allison Otto, Meghan Doyle. Juv FS—Sherrie Campbell, Tyler Todd.

THE SC OF VAN NUYS: Pre—Darcy O'Neil. 1—Cassandra Hensel. 4—Danelle Dryer. Pre FS—Darcy O'Neil.

WACO FSC: Pre—Kathleen Walker. Pre FS—Kathleen Walker.

WAGON WHEEL FSC: Pre—Lisa Lullo, Tiffany Willis, Mara Borden, Tracee Spada. 1—Jennifer Clist, Michelle Giannetti, Jennifer Heurlin, Tommy Jasper. 3—Christine Nelson. 4—Kathryn Bates. Pre FS—Lisa Lullo, Tiffany Willis, Mara Borden. Pre D—Davine Giannetti, Stephanie Gianetti, Michelle Giannetti, Tommy Jasper.

WALLA WALLA FSC: 3—Shirley Honaker. Int FS—Shirley Honaker. Jr FS—Richard Verburg.

WALLACE FSC: Pre—Tammy Tonry.

WARWICK FIGURE SKATERS: Pre—Danielle Proulx. 1—Andrew Carrott, Bethany Traynor. 7—Dann Etchells. Pre FS—Kristen Healey. Pre Silver—Bethany Traynor.

WASHINGTON FSC: Pre—Karen Tung, Susan Beasley, Moonie Steward. 3—Whitney Wynters. 4—Bridget Barkeit. 5—Cynthia Warner, Lyn Linke. 7—Kimberly Plummer. Pre FS—Karen Tung, Susan Beasley, Moonie Steward. Juv FS—Karen Ponette. Int FS—Christina McPherson, Whitney Wynters, Katie Marsh. Nov FS—Bridget Barkeit. Jr FS—Alison Jacobs.

ICE & BLADES CLUB OF WASHINGTON: Pre—Kristie Wicker, Natasha Gelblum, Martha Wilson. 1—Amy Lynn Brown. 3—Karen Cordis, Marianne Klein. 4—Jane Steitz, Jean Crumrine. Pre FS—Carolina Leonette, Kristie Wicker, Natasha Gelblum, Heather Christ, Martha Wilson. Nov FS—Erin McDowell, Jane Steitz. Pre D—Amy Lynn Brown. Bronze—Kevin Zurchin, Leslie Cline. Pre Silver—Michelle Petruccelli. Silver—Raegen Frobuck.

FSC OF WATERTOWN: Pre—Angela Frank. 1—Jennifer Renzi.

WAUPUN FSC: Pre FS—Sara Vanderkin. Pre D—Karla Johnston, Wendy Ruenger.

SC OF WESTCHESTER: Pre—Lisa Zimmerman. 5—Jo Ann Killeen. Pre FS—Linda Segal, Lisa Zimmerman. Juv FS—June Fasano. Nov FS—Christine Lukas. Pre D—Sonya Krawec. Pre Gold—Jack Wolf.

WEST COVINA FSC: Pre—Kathrine Castro, Tiffany Downey. 1—Caren Marin, Margaret Reynolds, Tany Lizada, Cathleen Reynolds, Rae Pia. 2—Eric Evans. 3—Christian Hendricks. 6—Karen Sellick. Pre FS—Cathleen Reynolds, Tiffany Downey, Kathrine Castro. Juv FS—Elaine Kabisch, Eric Evans. Int FS—Christian Hendricks. Silver Free—Colleen Boman.

WEST SHORE FSC: Pre—Brittany Davis, Kelly Kiessler, Tiffany Pinchon, Katy Joyce, Laura Bockwich. 1—Cindy Huck, Erin Endsley. 2—Kimberly Huck. 3—Bridget Flannery, Maria Boccaroi. Pre FS—Beth Bockwich, Michelle Wilson, Kim Wilson. Int FS—Bridget Flannery, Patty Kiehl.

WHEELING FSC: Pre—Vanessa Borkowski. Pre FS—Laurie Baker. Pre D—Laurie Baker, Vanessa Borkowski. Bronze—Carolyn Baker.

WHITE PLAINS FSC: Pre FS—Mindy Moyer.

WICHITA FSC: Juv FS—Cory Newby. Bronze—Lori Collier.

SC OF WILMINGTON: Pre—Barbara Strawley, Brie Jontry, Kim Sanderson, Barbara Smith, Heather Hannisick. 1—Dawn Tracy. 2—Fleming McCoy, Sharon O'Neal, Natasha Schlegel. 4—Ann Adams, Kristen Struck, Diane Lutz. 5—Elizabeth Thorne. Pre FS—Barbara Smith, Heather Hannisick, Shannon Park, Darlene Reimschuessel, Kim Sanderson. Juv FS—Deborah Boyer. Pre D—Michelle Weidner. Pre Silver—Maria Rodowski, Mark Todaro. Pre Gold—Janice Merrill, Laura Evergam.

WILMINGTON FSC: Int FS—Leanne Babine.

WINCHESTER FSC: Pre—Annmarie Ormond, Cheryl Ann Mastromatteo, Liliana Donadio, Stacey Lee Sherwood, Bethanyann Eesenwine, Kimberly Thompson, Lorinda Dishington. 1—Melissa DeAngelis. 4—Tory Giso. Pre FS—Annmarie Ormond, Cheryl Ann Mastromatteo, Colleen Murphy, Kimberly Thompson, Liliana Donadio, Maureen Petone, Stacey Lee Sherwood, Tracy Tanner, Bethanyann Eesenwine, Cheryl Ann Meara, Kerry Jo Brennan, Laura Steeves, Lisa Rheume, Michelle Butler, Susan Penney.

WINDY HILL FSC: 2—Michelle Longo. Juv FS—Michelle Longo. Adult Pre Silver—Nancy Godfrey.

WINTER CLUB: 2—Pamela Charlston. Nov FS—Courtney Hurley.

WINTERHURST FSC: Pre—Megan Manning. 1—Charlotte Irwin. 2—Sandy Varjadic. 3—Cindy Stetler. 4—Denise Szelesta, Laura Murdock, Jeff Antolini. 5—Frank Singley, Jr., Patricia McCarthy. 6—Michelle Rooks, Roberta Santora. 7—Joan Freedman, Lori Murphy. Pre FS—Kate Hazlehurst, Sarah Brown. Int FS—Amy Carol Suhart, Tanya Goverdovski. Nov FS—Veronica Sexton. Jr FS—Laura Bell. Bronze—Amy Carol Suhart.

WISCONSIN FSC: 1—Amy Vanscoyk. 2—Amy Ann Klotz. 3—Laurie Ann Mahoney. Juv FS—Laurie Ann Mahoney. Pre Silver—Lara Talbot.

WISSAHICKON SC: Pre—Alexandra Urban, Krista Wojdak. 1—Brian Helgenberg. 3—Edward Muntz, Jr. 4—Carolyn Vansciver, Kathleen Nolan. Juv FS—Maria Brody. Int FS—Melissa Allan. Nov FS—Kathleen Nolan. Bronze—Daryle Gross, Melissa Allan. Silver—Lori Gittleman.

SC OF WORCESTER: 2—Carol Condon. 3—Jennifer Ormondroyd. Juv FS—Carol Condon, Julie Day.

WYANDOTTE FSC: Pre—Cari Genaw, Christopher Hickson, Ronda McHenry, Caroline Jordan, Julia Kittle, Stacie Andrus. 1—Cynthia Florence, Joyce Acker. Pre FS—Kimberly Egger, Ronda McHenry. Pre D—Amy McQuiston, Beth McQuiston.

WYOMING VALLEY ISC: 2—Laurel Porzucek. 3—Alicia Freas. Pre D—Pam Pienta.

YAKIMA ISC: Pre—Jessica Schulz, Nicole Varco. Juv FS—Jenny Ryerson.

YARMOUTH IC: 1—Angela Cloutier. 2—Paige Harvey. 3—Gabrielle Fitchett. Jr FS—Paulee Mercier.

INDIVIDUAL MEMBERS: Pre—Carmen Marinari, Cynthia Tuohy, Jamie Revord, Karen Runelle, Kristin Stanley, Michele Wolford, Ralynn Healy, Chris Carbacz, Eva-Beth Daroff, Jennifer Vavrek, Karen Fortunato, Marcos Alberti, Peter Chira, Tish Juliano. 1—Elizabeth Clark, Jamie Revord, Karen Cowles, Jacqueline Ruiz, Julia Minkovsky, Kathleen McBride. Pre FS—Avegail Santos, Eva-Beth Daroff, Jennifer Vavrek, Karen Fortunato, Marcos Alberti, Michele Wolford, Ralynn Healy, Wendy Hollahan, Eileen Walsh, Jamie Revord, Karen Cowles, Kathleen Walsh, Mary Gaillard, Peter Chira, Tish Juliano, Wendy Donahue. Juv FS—Roberto Robinson. Int FS—Virginia Dias. Nov FS—Shannon Leach. Pre D—Jennifer Rose, Melissa Taggart, Mrs. M.L. Eccles, Pre Pair—Elizabeth Clark.

PROFESSIONALS: Pre—Chris Duncan. 2—Alice Brekke. 4—Kathy Egan. Pre FS—Chris Duncan. Juv FS—Marilee Edgington, Chris Duncan. Jr FS—Julie Meyer. Pre D—Ann Frei, Michele Yandel. Bronze—Greg Bell, Martha Camp, Jill James. Pre Silver—Karen Lambert. Silver Free—June Clark.

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