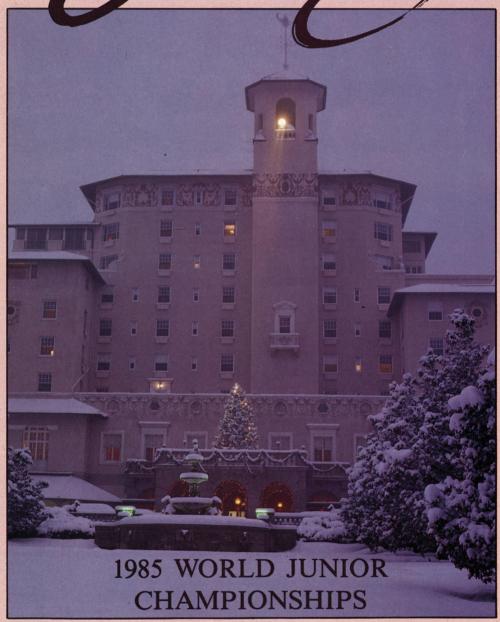
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M A G A Z I N E



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COVER
The beacon high atop
The BROADMOOR Hotel will
be a familiar sight to the
many skating "prospectors"
and spectators at the 1985
World Junior Championships
in December.
See story on page 13.
Photo: Courtesy of The Broadmoor Hotel.

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COUPE DES ALPES 1984

GRAND PRIX INTERNATIONAL SAINT GERVAIS, FRANCE **AUGUST 22-26, 1984**

MEN

- 1. Craig Henderson, USA
- 2. Richard Zander, Federal Republic of Germany
- 3. Leonid Kaznakov, USSR
- 4. Marc Ferland, Canada
- 5. Shubin Zhang, China
- 6. Oliver Hoener, Switzerland
- 7. William Lawe, USA
- 8. Zhaoxiao Xu, China
- 9. Didier Monge, France
- 10. Florian Lemaitre, France
- 11. David Watson, Canada 12. Lars Dresler, Denmark
- 13. Frederic Lipka, France
- 14. Noritomo Taniuchi, Japan
- 15. Hanrik Walentin, Denmark
- 16. Didier Dieufils, Switzerland
- Alain Miquel, France, withdrew Seoung Jong Han, Korea, withdrew

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- 2. Juri Ozawa, Japan
- 3. Sara MacInnes, USA
- 4. Claudia Villiger, Switzerland
- 5. Susan Bohring, Federal Republic of Germany
- 6. Masako Kawai, Japan
- 7. Merriam Twinn, Canada
- 8. Caishu Fu, China
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- 12. Christine Berger, France
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- 14. Marta Olozagarre, Spain 15. Diana Bachofen, Switzerland
- 16. Cristina Mexia, Spain

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- 2. Susan Dungjen & Jason Dungjen, USA
- 3. Margo Shoup & Patrick Page, USA
- 4. Penny Schultz & Scott Grover, Canada 5. Isabelle Brasseur & Pascal Courchesne, Canada
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- 9. Tomoko Tanaka & Hiroyuki Suzuki, Japan
- 10. Lia Trovati & Paolo Pigozzo, Italy



Nutritional Guide for the Skater.

This year we are trying something new in our "Food for Thought" column. We would like our readers to write us concerning any questions they may have about nutrition. We will answer them as quickly as we can. Some sample questions that our readers have submitted will be published with our answers in the last yearly issue (July 1985). For information on where to send your questionnaires, see the end of this article.

VITAMIN SUPPLEMENTS GOOD OR BAD?

by
Arnold E. Denton, Ph.D.,
Member USFSA
Sports Medicine Committee
Senior Vice President
Campbell Soup Company
and
Chor-San Khoo, Ph.D.,
Director — Nutrition Science
Campbell Soup Company

Skaters often have such busy schedules they end up not taking enough time to eat. Many who practice in the early morning go on to a busy day and their meal profile invariably shows they are not always eating the right things. Many people take vitamin and mineral supplements to help them get what they miss. Young and old people can benefit from taking just a multi-vitamin and mineral supplement. But before you consider taking any vitamins or minerals, there are some things you should know about high levels of vitamin intake.

What you take into your system is important, especially during youth and adolescence when your body is changing. Because you are still growing, your cells are rapidly duplicating. If you impair the cells by flooding them with more vitamins or minerals than they need for optimal function, the damage can be extensive. Some of the damage can be irreversible. With the drug orientation of our culture, the belief exists that if we do not feel as well as we would like, we can get the solu-

tion ourselves at the local drug store. But even the seemingly common vitamin or mineral pills you can freely find there can be harmful at high doses.

Many people prescribe massive doses for themselves, easily exceeding ten times the Recommended Daily Allowance. This can lead to nutrient imbalance and toxicity. The reason is simple—at overdose levels, vitamins no longer act as vitamins, they can act as drugs with adverse effects.

Fat soluble vitamins, such as E, A, D, and K are usually associated with fatty foods such as butter, cream, vegetable oils, and meat and fish fats. At high doses these vitamins present more of a problem than water soluble vitamins. Fat soluble vitamins are usually stored in your liver and fatty tissues and are not excreted, or take a longer time to do so. Most water soluble vitamins, on the other hand, are excreted.

Vitamin E has been purported to help prevent skin wrinkling and increase fertility. Yet well-controlled studies have not proved it to be valuable in the long run. In fact, may experts caution against high doses of Vitamin E taken over prolonged periods without a physician's advice.

Vitamin A is another vitamin that can cause serious damage at high dosages. Vitamin A, especially the type derived from animal sources, can accumulate in the liver, and at high levels can lead to irritability, swellings over the long bones, dry, itching skin in children, and decalcification of the bones leading to bone fragility in adults.

The National Academy of Sciences reports that Vitamin A is toxic at levels above 10,000

Continued on page 28



Come to the Heartland of America January 28 to February 3 for the 1985 United States Figure Skating Championships.

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Enjoy this prestigious event. And your luxurious hotel accommodations. Competitors and officials will stay at the

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Remember the first three "Turner's Turn" articles, all about winning and losing? And here I am, writing this two days before the closing ceremonies of the Olympic Summer Games, watching winners and losers by the hundreds. Almost coincidentally, it's also the day after finishing the next to the last chapter of Timothy Gallwey's *The Inner Game of Tennis*, the chapter titled "The Meaning of Competition." Taken together, the two "events" are powerful enough to once again lure me into writing about winning and losing. But this time I'm calling on Gallwey for help. In fact, the following is mostly Gallwey talking.

Take his statement that if you want to win badly enough—win no matter what—just pick a lesser opponent. Compete against somebody easy to beat. But try telling this to somebody else and the zingers fly thick and fast, "That's no fun" and "That's too easy" (in skating, it's "I don't want to go baaack!") and finally some wise one says. "That's no challenge," which takes us directly back to Gallwey. Says he, "... the more challenging the obstacle . . . the greater the opportunity . . . to discover and extend . . . true potential." Winning is overcoming obstacles to reach a goal, Gallwey says, and once you recognize the value of having difficult obstacles to overcome you can benefit from competitive sport.

And then he gets really interesting. "In tennis (read: skating) who is it that provides a person with the obstacles he needs in order to experience his highest limits? His opponents, of course! Then is your opponent a friend or an enemy? He is a friend to the extent that he does his best to make things difficult for you. Only by playing the role of your enemy does he become your true friend. Only by competing with you does he in fact cooperate! So we arrive at the startling conclusion that true competition is identical with true cooperation."

In tennis, says Gallwey, if you play your opponent's weak backhand throughout a match you may beat him, but you'll be his friend because his backhand can only get better. Instead of hoping you opponent will double-fault, hope instead that he'll get his



first serve in consistently. That will make it tough on you and therefore make you better. (The lesson in skating is simple: hope everyone you're competing against will land all their jumps. It can only make you try harder and therefore be better.)

But there's a kicker, says Gallwey, Winning means others lose. For a time, Gallwey mentally had the hardest time playing well when near victory because he assumed that since he was making himself "more worthy of respect" by winning, by defeating him he was making his opponent "less worthy of respect." He couldn't go up without pushing someone else down, "a needless sense of guilt," says Gallwey. "You don't have to be a killer to be a winner; you merely have to realize that killing is not the name of the game. Today I play to win. It's simple and it's good. I don't worry about winning or losing the match, but whether or not I am making the maximum effort during every point because I realize that that is where the true value lies?"

"The difference between being concerned about winning, and being concerned about making the effort to win may seem subtle," says Gallwey, "but there is a great difference. When I'm concerned *only* about winning (the italics are mine) I'm caring about something I can't wholly control. Whether I win or lose is a result of *my opponent's skill and effort* as well as my own. But one can control the *effort* HE puts into winning." And this, says Gallwey, you can always do something about.



OCTOBER

5-7 San Diego FSC Competition, sponsored by the San Diego FSC, at the Mira Mesa House of Ice, 11010 Black Mountain Rd., San Diego, CA 92126. For information contact: Jerry Southard, 13632 Catawba Dr., Poway, CA 92064, 619-748-7746.

11-13 1984 Challenge Cup, sponsored by the Philadelphia SC & HS, at the Philadelphia SC & HS, Ardmore, PA 19003. For information contact: Jill Marberger, 112 Cumberland Place, Bryn Mawr, PA 3 19010.

11-14 1984 Conejo Valley Open Skating Championships, sponsored by the Conejo Valley FSC, at the Conejo Valley Ice Skating Center, 510 Ventu Park Rd., Newbury Park, CA 91320. Figures and Freestyle Events. For information contact: Gayle Bondio, Chairman, 207 Venado Ave., Thousand Oaks, CA 91320; 805-499-4735 or 498-8842, eve., 818-991-3008, days.

11-14 Madison's Fifth Annual Open Competition, sponsored by the FSC of Madison, at the Madison Ice Arena, 725 Forward Dr., Madison, WI 53705. Competition including Freestyle, Figures, Pairs, Dance (solo and pair), Interpretive, Compulsory Moves, and Precision. Entry deadline 9/5/84. For information contact: Shirley M. Drouin, 113 Charleen Lane, Madison, WI 53714, 608-262-1497 or 608-244-7951.

12-14 Annual Fall Fiesta Championships, sponsored by the Mesa Verde FSC, at the Ice Capades Chalet, 2700 Harbor Blvd., Costa Mesa, CA 92627. For information contact: Mary Alejandre, 20151 Big Bend Ln., Huntington Beach, CA 92646 or Vee Marron, 3634 S. Timber St., Santa Ana, CA 92707, 714-963-4945 or 714-545-4645.

19-21 13th Annual Skokie Valley SC Exhibition & Competition Preview, sponsored by the Skokie Valley SC, at the Wilmette Centennial Park Rink, 2300 Old Glenview Rd., Wilmette, IL 60091. Competition Preview held for SVSC members who qualify for the Regional Championships plus an Exhibition of Olympic and

World class skaters. For information contact: Lou Sherman, 312-583-8410.

NOVEMBER

8-11 &

15-18

15-18

All Year FSC Team Skate Exhibitions, sponsored by the All Year FSC, at the Culver Ice Arena, 4545 Sepulveda Blvd., Culver City, CA 90230. For information contact: Ron Nichols, President, 7842 1/2 Flight Ave., Los Angeles, CA 90045, 213-216-0797.

Kenawan Invitational Competition, sponsored by the Kenawan SC, at Sabreland Skating Rink, 3385 Niagara Falls Blvd., Wheatfield, NY 14120. Freestyle, Compulsory Moves, Music Interpretation, Similar Pairs, and Solo Dance. Open to USFSA and CFSA. For information contact: Carol Aquilina, 206 Conant Dr., Kenmore, NY 14223, 716-834-5723.

5-10 1984 North Atlantic Regional Competition, qualifying competition sponsored by the Buffalo SC, at the Dann Memorial Rink, 1250 Amherst St., Buffalo, NY 14216. For information contact: Mrs. Roseann Scibilia, 1044 Amherst St., Buffalo, NY 14216, 716-876-4249.

11 1985 New England Figure Skating Championships, Kennebec SC, to be held in Portland, ME. Qualifying regional competition all inclusive of figures, freestyle, dance, and pairs. For information contact: Priscilla Millier, 11 Pennwood Dr., Winthrop, ME, 207-377-6679 or 207-377-6763 evenings.

1985 Southwest Pacific Regional Championships, sponsored by the All Year FSC, at the Culver Ice Arena, 4545 Sepulveda Blvd., Culver City, CA 90230. For information contact: Ron Nichols, President, 7842 1/2 Flight Ave., Los Angeles, CA 90045, 213-216-0797.

Central Pacific Regional Championships, sponsored by the Stockton FSC, at the Oak Park Ice Arena, 3545 Alvarado, Stockton, CA 95204. For information contact: Mrs. Cris Marston, 2641 Rutledge Way, Stockton, CA 95207, 209-478-0472.

SPORTS



MEDICINE

BRIEF MEDICAL PROFESSION REGISTRY FORM

The purpose of this form is to gain from you the name(s) of medical professionals whom you know through personal experience to be competent in their field and interested in treating and helping figure skaters. In this way, the Sports Medicine Committee can help the member clubs obtain professional help in their own community. Thank you for your time and effort in filling out this form.

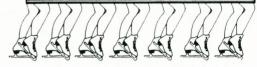
—Howard M. Silby, M.D. Chairman Sports Medicine Committee

Varia Nama			
Your Name			
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Specialty (if known)			
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Sundae's Review

by T. Sundae Bafo



FIRST PRACTICE

The first day of practice has arrived and your skaters are standing *en masse* on the ice. Your first reaction may be panic especially if your team has twenty or more members. Take a deep breath, put some strength into your lungs, and call them to attention.

Line your team up according to height. If the skaters are varied in size, then they should be graduated. Avoid the picket fence appear-

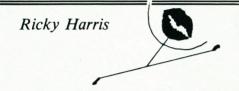
ance.

Once your team is lined up, spend some time teaching the basic holds you will be using in the precision routine. Familiarizing the skaters with these holds will save time when teaching the program. Drill your team on these holds, as they are the primary source of straight lines. The skaters should be able to catch hands, shoulders, and waists without groping and fiddling.

The team should now practice stroking forward and backward in unison. First they should stroke in ones, staying directly behind one another. Then in twos shadowing their partner as well as staying behind the person in front of them. Next they should work in fours and then eights. This should all be practiced in an open hold. The skaters must learn to use peripheral vision. It is most difficult to hold lines straight in a block formation.

Now the stroking should be practiced using various holds. As the team continues to work, skaters will become more aware of their fellow teammates skating beside them and will be striving to match the movements of their arms, legs, and head postitions. If a skater stands out on a team, then the unified look is destroyed. Working as *one* unit is essential.

Next work with your team on basic maneuvers such as straight lines, circles, basic blocks, and pinwheels. Emphasize the importance of straight lines and synchronization.



On Getting Back On The Ice

At this time, when so many skaters have taken their yearly time off for several weeks, they should be aware of the fatigue factor upon their return to the ice and practice.

Fatigue is experienced by all skaters at some time or another during the course of their ordinary practice leading into long continued work. However, it can be avoided by returning to the ice thoughtfully.

It may be difficult for you to realize, when you were in such good shape before your last competition, that just a few weeks of inactivity can set you back so far in stamina and strength. You may be eager to return to the ice, perhaps to work on elements of a higher test, and in your eagerness, go full bore into your work. At first, you will feel like you are going up hill. You will get very tired and will find it hard to concentrate. If you keep up this intense work, it will seem to get easier as you get warmed up, and you will believe your stamina has returned. Then, all of a sudden, vour work will seem very difficult and your strength and power will decrease rapidly and you will know you are fatigued.

Not only will you have physical fatigue, but you may also have mental fatigue which can come from an emotional reaction of not being able to do what you did before. Mental concentration and emotions can be factors in much of the fatigue associated with physical work.

It would be much more advisable for you to return to the ice slowly, gradually building up to where you were before, both mentally and physically. In this way, you can then successfully, without harm to your body, move on to greater heights.

This is the time to go back to your basics. Every great athlete and artist must do that. I know some very fine dancers who make it a practice to attend beginning ballet classes to get back to the basics in order to keep their dancing at a high level of good technique and performance quality.

This is a good time to go on a good stroking schedule. Start with slow motion stroking, accenting each push of the blade and stretch of the free leg. Make yourself stay down on the knee, and at the same time stretch the torso upward. Concentrate on the placement of your head. As you slowly stroke (in a circle would be good), lift the free leg a little with each stroke, and practice presenting yourself to imaginary judges and audience.

Listen to the sound of your blades. They should be noiseless and effortless. Feel the movement of each stroke in every part of your body, and begin to get excited by the way it makes you feel, knowing that continued practice of this kind can change the way you look.

Make your stroking exercises a part of your daily routine. Gradually build you practices to include more difficult maneuvers, but not forgetting your daily stroking. Set your goals for the year to not only accomplish better jumps, but also to become a better skater.

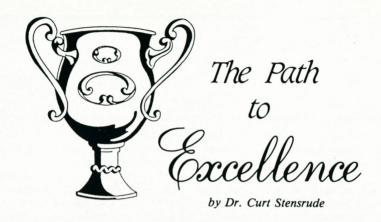
Sundae's Review Continued from page 10

Finally, give your skaters an exercise using sharp head movements. The team must realize that sharp precise head turns are very effective when performed in unison. This unison takes time to develop, but with consistant work, synchronization improves.

Once the coach and the skaters have experienced (survived) the first practice, the en-

thusiasm will start to build. The skaters will really feel like a TEAM. An enthusiastic team is a successful one.

T. Sundae Bafo is the coach of the Buffalo Skating Club's precision skating team, Hot Fudge Sundaes, and a member of the USFSA Board of Directors.



This series of interviews will focus on how coaches and skaters, many former and present champions, prepare themselves for competition and victory. For a successful sports performance, these athletes employ a collection of mental preparation techniques along with strategies for practice sessions and competitions. They share with the reader their special tips and advice on maximizing performance on the ice.

KELLY & JUNE WEBSTER: A MOTHER & DAUGHTER TALK ABOUT SKATING

STENSRUDE: At what point in your skating career did you decide that competitive skating was going to be the direction in which you wanted to go?

KELLY: I thrive on competition all of the time; it's exciting to go places and to see the countryside, but I thrive on competition and usually skate well. I was around seven or eight when I made the decision.

STENSRUDE: What do you attribute that to; do you have natural abilities?

KELLY: Yes, it was also because it was fun and was something that a lot of kids couldn't do.

STENSRUDE: What would you think of as your recipe or your formula that has helped you get where you are?

KELLY: Mainly thinking positively.

STENSRUDE: Do you build this training schedule or relaxation training into a daily regime?

KELLY: You try to, but you have to make a goal for each day . . . choreography for one day and spins and relaxing has a lot to do with it, but more at competition.

STENSRUDE: So you use the mental preparation more in competitive skating.

KELLY: Yes.

STENSRUDE: When you won the Sports Festival in Colorado Springs, could you describe that perfect moment or what is often described as the "sweetest spot in time."

KELLY: It was wonderful. National Sports Fest was for the nation's best . . . it was really exciting for me to compete against kids that were really good. It made me feel more confident for a couple of months.

STENSRUDE: When you've got it all put together in the right fashion, what does it feel like?

KELLY: It was great because you've accomplished something . . . you've worked for that moment.

Continued on page 26

THE BROADMOOR Beckons Skating Prospectors for World Junior Gold

by Ann Vaughan



... a sunrise trip up to the summit of Pikes Peak in the summer of 1893 inspired Katherine Lee Bates to write the words for "America The Beautiful."

S afely nestled at the foot of grand ol' Pikes Peak, sheltered from harsh winter snow falls, lies Colorado Springs: The City With A Heart of Gold!

Nearly a century ago the prospect of gold started a rush to Pikes Peak and Colorado Springs. Gold still lures people to this exciting and beautiful city. Pikes Peak Country is a main vein of excitement, variety, adventure, and enchantment. Whatever your interest, you'll find it in Colorado Springs.

It was on a sunrise trip up to the summit of Pikes Peak in the summer of 1893 that inspired Katherine Lee Bates to write the words for "America The Beautiful." Crisp, clean, and sparkling, our air has always invigorated visitors to Colorado Springs. Three hundred days of sunshine annually, low humidity, and only sixteen inches of precipitation a year increase the odds that our weather will be hospitable while you're here. Daytime temperatures average 49.5 in December and 84.7 in July, but at our 6,035 feet altitude, winter feels warmer and summer cooler.

During the winter months there is much for the family to do including visiting many attractions which remain open year-round. Even though you'll want to bundle up at this time of year, you'll have the opportunity to play golf and tennis, too. If you would like something to eat and be entertained, try the Flying W Winter Steak House, Iron Springs Chateau & Playhouse, or any of the fine restaurants at The BRO^DMOOR.

Other attractions include the Air Force Academy, Buffalo Bill Wax Museum, North Pole/Santa's Workshop, Miramount Castle, Hall of Presidents Wax Museum, Van Briggle Art Pottery, and the majestic Will Rogers Shrine of the Sun and Cheyenne Mountain Zoo. For that night-time drive, Seven Falls is open with spectacular lighting in Cheyenne Canyon. The Garden of the Gods is a free park consisting of a range of 300-million-year-old red rock formations. The garden also offers for your pleasure hiking, horseback riding, and wonderful picture-taking opportunities. The Royal Gorge, the Grand Canyon of Colorado, is just an hour's drive south to Canon City. The narrow gorge, 1,055 feet deep, is spanned by the world's highest suspension bridge.

While staying in Colorado Springs in the winter, there are two local ski areas: Ski BRO^DMOOR and the Pikes Peak Ski Area. Many others are located within a 2 1/2 hour drive.

As the first United States host of the World Junior Figure Skating Championships, the BRO^DMOOR World Arena will uphold its renowned reputation for being a stepping stone for future international figure skating champions.

With the versatility of the World Arena and the excellent facilities available at The BRO^DMOOR, the World Arena has played a large part in making Colorado Springs a hotbed for sports in the United States. Through the years, it has been chosen as the site for many national and international events. Five World Figure Skating Championships, three National competitions, and numerous Midwestern and Sectional events, plus three National Sports Festivals have been expertly handled at the World Arena.

Originally an outdoor riding academy, the Arena was converted to an enclosed Olympic-size ice rink. To accommodate the ever-increasing schedule of activities, a



INTERESTING EVENTS IN THE COLORFUL HISTORY OF COLORADO SPRINGS



1806

Army Lieutenant Zebulon Pike, assigned to gather information on the new land acquired by the U.S. through the Louisiana Purchase, was the first to record sighting this 14,110 ft. peak. Although unsuccessful in his attempt to reach its summit, this mountain became known as Pikes Peak.

1858

Prospectors find gold along Cherry Creek (near Denver) launching a gold rush into the Rocky Mountain region and the slogan, "Pikes Peak or Bust!"

1871

Civil War hero General William Palmer establishes a community at the foot of Pikes Peak which he envisions as a cultural resort in the midst of the wilds of the American frontier. The General first named his town Fountain Colony, but the name was soon changed to Colorado Springs, which had long been the general name given to the area—and also seemed more appropriate for a spa town.

1874

Colorado College, the first degree-giving institution in the Rocky Mountain region, is founded on Cascade Avenue in Colorado Springs.

1890

Cowboy Bob Womack discovers gold in Cripple Creek. 50,000 people rush to try their luck and Cripple Creek becomes a boomtown with nearly 60 gold-refining mills. The richest gold discovery of all time, Cripple Creek and its neighbor Victor produced \$80,000,000 in gold.

1917

Spencer Penrose (who had made a vast fortune selling real estate in Cripple Creek with his boyhood friend Charles Tutt) begins construction of The BROADMOOR Hotel in which he planned to combine the best features of the many famous European hotel resorts.

1927

The Colorado Springs Symphony is founded with Edwin A. Dietrich as its first conductor.

1937

Spencer Penrose inaugurates the first Pikes Peak or Bust Rodeo, which becomes an annual event in Colorado Springs and is today one of the premiere events on the Pro Rodeo circuit.

1959

In June, the first graduating class of the newly-built Air Force Academy tosses their hats into the air and Colorado Springs gains a new rite of spring.

1966

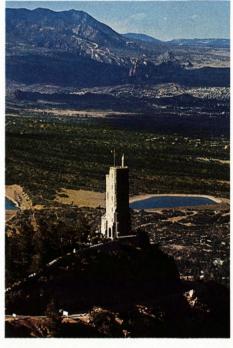
Construction of NORAD (North American Aerospace Command) is completed deep within Cheyenne Mountain and the facility is opened for full-time use. NORAD, the heart, brain, and nerve center for the joint air defense forces of the U.S. and Canada, has two purposes: to detect any aerospace attack on the North American continent and to direct North America's defense.













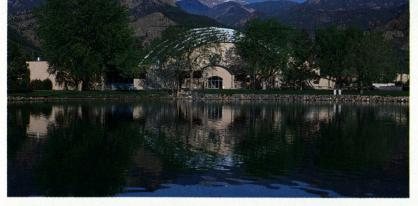
Upper Left: The United States Air Force Academy Chapel brilliantly illuminated against the mountains at night.

Upper Right: The USFSA National Headquarters and Hall of Fame & Museum.

Middle Left: The snow-covered slope of Ski BRO^ADMOOR which boasts one of the better-known ski schools in the country.

Middle Right: The Will Rogers Shrine on Cheyenne Mountain provides a panoramic view of the countryside.

Bottom: Many national, world, and Olympic champions have skated on the ice of The BRO^ADMOOR World Arena.



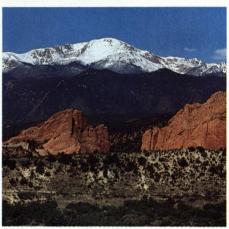
Above: The BRO^ADMOOR World Arena as seen from across the lake.

Right: A snow-capped Pikes Peak provides a striking background for the red rock formations of the Garden of the Gods.

completely closed annex, the Studio Arena, was built in 1968 adjoining the Arena on the southeast side. It is used for public skating, curling, and patch sessions for students who train here year round. Figure skaters training with the long list of resident professional instructors are housed at the Henry M. Beatty Hall, a dormitory and recreational center built during the 1960's.

Colorado Springs provides a comfortable home for the USFSA National Head-quarters and Hall of Fame & Museum. The Hall of Fame & Museum presents a vast spectrum of ice skating history from the primitive beginnings of human transportation to the contemporary sport of today. On display are memorabilia of champions, past and present, and the finest collection of skating art in the world. A visit to the USFSA Hall of Fame & Museum is an exciting, beautiful, and memorable experience.

The BRO^DMOOR is a 3,000 acre playground located where the plains of eastern Colorado abruptly meet the front range of the Rocky Mountains. The hotel is nestled against oak-covered foothills directly at the foot of pine-covered 9,300 foot Cheyenne Mountain. With constant improvement of facilities, The BRO^DMOOR has now become the top conven-



tion and resort area in Colorado as well as the largest golf property in the state. Few hotels in the world today come close to matching the regal setting, luxurious accommodations, and diversified activity that are found at this paradise. The BROAD-MOOR is a city unto itself, providing its residents with every conceivable necessity. Three heated swimming pools, covered tennis courts for winter play, a movie theatre, post office, service station, florist, three championship 18-hole golf courses, and a ski area are among the many facilities available to visitors of The BROAD-MOOR. Across the man-made lake lies the World Arena, where future skating stars will be born at the 1985 World Junior Figure Skating Championships.

Ann Vaughan is Account Coordinator with the Advertising and Public Relations Department of The BRO^DMOOR Hotel.

JoJo Starbuck & Ken Shelley: The Silver Anniversary of A Golden Partnership

by Libby Slate

ou are my Best Friend . . . My Best Friend."

Y So begins an original song composed to celebrate a milestone in the history of American figure skating: the Twenty-Fifth Anniversary this year of the pair team JoJo Starbuck and Ken Shelley. After first teaming up as eight-year-olds in Southern California, their partnership produced numerous amateur honors, including the 1970-1972 National Senior Pair titles, 1971 and 1972 World Bronze Medals, and membership on the 1968 and 1972 Olympic Teams; Ken was also Junior Men's Champion in 1968 and Senior Men's Champion in 1972. Turning professional in 1972, they starred with Ice Capades for four years and since then have continued to perform together for competitions, exhibitions, and television shows.

Though they now live a continent apart—JoJo in a Marina Del Rey, California condominium and Ken in a Greenwich Village townhouse—the pair remain "Best Friends" and skating partners. Writer Libby Slate spent an evening with both in JoJo's country-decorated, memorabilia-filled home, talking about their quarter-century together.

Libby: How did you first start skating together?

JoJo: The Downey School of Ice Skating was putting on one of its many recitals. For a big "Winter Wonderland" production number there was a quartet skating as snowflakes, in which I was paired with a boy named Larry Dusich and Kenny was paired with a girl named Linda Crandell. Well, Larry and I were both very bossy; we both wanted to lead and we didn't get along. The rehearsals weren't getting anywhere. Now Linda and Kenny were both shy and quiet, so the school owners switched us around. That was fine—Kenny was quiet and I could mouth off and be bossy. We grew to be friends right away.

I remember the first time I ever saw Kenny. It was at least a year before that. He was doing a trio with Larry and a girl named Danella. They wore Russian Cossack-like outfits and had swords, which they'd jump over, to very fast music.

Ken: And we'd huddle and one person would jump over the other two.

JoJo: I was in such awe. He was like my hero because I was learning three-turns at the time and here he was, jumping over this beautiful blonde girl! He did all these wild jumps—I'd never seen anything like it. And lo and behold, in the next show he was my partner.

Libby: Why did you decide to keep skating together after that show?

Ken: JoJo's mother, Alice, had a flair for public relations. She and my father both worked for North American Aviation, and she got a photograph and story about us in the company paper. I think that's what really encouraged us.

JoJo: Because we were linked together through that.



Ken: Soon after that, the skating school went bankrupt. We were told of the Arctic Blades FSC at Paramount, and became members.

JoJo: When we joined, we didn't know what a figure eight was, or the preliminary and eight tests. And when we first started, we shared a patch!

Ken: We were very naive. But we learned slowly. By today's standards we started very late—we didn't do school figures till we were ten or eleven.

Libby: When did you first know that you had something special, that you would pursue skating seriously?

Ken: It was a very gradual thing. Luckily, there weren't very many pairs, so you did keep making the eliminations if you were halfway decent. And we had a good coach, John Nicks. Not many people taught pairs, and we were working with a man who had been World Pair Champion.

JoJo: We also learned a lot from Al De Rea in Hollywood, who taught us lifts, and his wife Harriet, who taught us a lot of pizazz and wonderful ballet technique.

Libby: Putting modesty aside, you must know that you're talented and charismatic. Audiences love you. What makes you so good?

JoJo: The great thing Mr. Nicks taught us, besides basic skating skills, was discipline. That's what's getting us by today as well—I mean, when I drag myself into New York on a red eye, get in at 6:00 A.M. and we have ice at 7:00, the *last thing* I want to do is go to an ice rink, and beyond that, to work hard and get into it. Then we start going and the laughs start coming, and then it's okay. But we push each other.

So if we have any good qualities, it's because of the discipline and good skating basics.

Ken: Also, the fact that we enjoy skating. I think that comes out. We always had fun,

Continued on page 36

KANSAS CITY:

A Heartland Metropolis to Host '85 National Championships



Everything is up to date in Kansas City, and during the 1985 U.S. Figure Skating Championships, over 90,000 spectators are expected to sample first-hand not only the thrill of competitive events, but also the spirit of the City.

In songs, K.C. is the home of the "12th Street Rag," the wide-open freedom associated with the jazz genius of the likes of Count Basie and Charlie Parker. In literature, it's the place where a young reporter named Ernest Hemingway learned to "eschew verbiage" while writing for the Kansas City Star, and a fledgling United Press International reporter named Walter Cronkite began his career. In history, it was the gateway to the West, the place where outfitters stocked wagon trails bound for California gold and for adventure



Kansas City . . . which has given the world Jean Harlow, Harry Truman, Tom Watson, Satchel Paige, Casey Stengel, and Mickey Mouse . . . is the Heart of America and has been called one of the country's best-kept secrets.

In the past year, the city has played host to several new and exciting special eventsits first annual Fourth of July Spirit Festival attracted over 200,000 people for the weeklong, event-packed calendar of festivities; the famed Jacksons' Victory Tour Concert debuted at Arrowhead Stadium; an exciting faceoff took place between tennis-greats John McEnroe and Bjorn Borg; and the renowned Alvin Ailey Dance Troupe established a "second home" in Kansas City. To this agenda of special offerings, Missouri's largest city now adds the prestigious U.S. Figure Skating Championships.

From January 28 through February 3, 1985, the National Championships will showcase the best skating in the United States in Kansas City, and the competitive cycle will begin once again to build toward the next Olympic Winter Games. On Saturday afternoon, the Championship Ladies' long program will be broadcast live by ABC Wide World of Sports. We'll find out who will succeed our retired '84 Olympic greats Scott Hamilton, Rosalynn Sumners, and Kitty and Peter Carruthers as our new national champions.

Those visiting the city for this six-day winter celebration will discover a city geared up to be the perfect host for the occasion. Visitors will learn why the official hotels (the Westin Crown Center and the Hyatt Regency Kansas City) truly deserve their world-class status, and they'll find Kemper Arena to be a clean, attractive arena without a single bad seat in the house.

As an added attraction to the occasion of the championships, the Professional Skaters Guild of America will sponsor partner tryout sessions open to any skaters who are currently seeking partners for dance or pairs. The tryouts will occur Sunday morning, February 3.

The '85 Nationals will co-host a Saturday morning Sports Medicine Seminar on February 2, presented especially to help skaters, coaches, and parents learn more about the

Overleaf: Dusk skyline of Kansas City with Liberty Memorial in foreground.

PHOTO: PRIME TIME NEWS BUREAU

physical and emotional aspects of the sport of figure skating.

The annual trade show of skating supplies and equipment (this year brought in-house by '85 Nationals and renamed "Skaters' Mart") will take place on the main concourse of Kemper Arena in the areas totally accessible to the public.

Kansas City, built on gently-rolling forested bluffs above the broad Missouri River, will surprise visitors with its graceful boulevards. sparkling fountains, world-class museums and theaters, and its inviting array of shops and restaurants. A two-state, seven-country metropolis, Kansas City lives on both sides of the state line between Kansas and Missouri. On the Missouri side is Kansas City itself and the official hotels and the main competition site; on the Kansas side is the affluent suburban style of Johnson County, Kansas, where both practice ice rinks (Foxhill Ice Arena and King Louie Ice Chateau) are located.

International Flavor in the Heartland

This essentially-midwestern city is unexpectedly cosmopolitan. The Nelson Gallery-Atkins Museum of Art is internationally known for its collection of Oriental art, one of the finest in the Western World. The Nelson is widely regarded as the "finest museum between Chicago and Tokyo". In addition to Chinese and Japanese paintings, furniture, porcelain, and sculpture, the museum has permanent collections that range from ancient Greek to fine Renaissance, Impressionist, and Contemporary works of art.

Children and adults enjoy historical displays at the Kansas City Museum of History and Science, complete with its 1910 Corner Drug Store and Ice Cream Soda Fountain, Also on the grounds is a planetarium where shows are scheduled for stargazers. The museum houses the area's finest collection of American Indian artifacts and a particularly well-done collection of pioneer artifacts. On the Johnson County side, visitors can treat themselves to the Shawnee Indian Mission for a taste of historic Great Plains life. The city of St. Joseph, Missouri, fifty miles to the north of Kansas City, is a co-host of the '85 Nationals, and of particular historic interest there are the home of the famous outlaw, Jesse James, and the legendary Pony Express.

No Kansas City visit is complete without a visit to the Country Club Plaza, the nation's first suburban shopping center and retail night-life mecca for Kansas Citians, a place where visitors can feel the pulse of the city at its strongest. Modeled after Kansas City's "sister city" in Seville, Spain, the Plaza is fiftyfive acres of tile-roofed and pastel-colored buildings housing shops such as Saks Fifth Avenue, Gucci, Brooks Brothers, Tiffany's, and Cache. Shoppers can pause for lunch at an enclosed sidewalk cafe with a cozy fireplace, take "walking art tours" of the Plaza's numerous statues and fountains, attend one of several cinemas, or choose from a variety of restaurants and clubs offering up fresh cuisine and live music. The annual Kansas City chefs' ice sculpture contest takes place on the Plaza each year in late January. Hansom cabs make their way through the Plaza streets. Each Christmas season, the Plaza becomes a fairyland of color when thousands of lights trace the intricate outlines of its towers and balconies.

For the first time in its history, the Country Club Plaza will relight its Christmas lights after the season in an unprecedented salute to the National Figure Skating Championships. The re-lighting will occur during the Officals' Banquet on January 28 as a 152,000 light salute in honor of our young athletes who embody the spirit of what this country is all about. The Plaza lights will shine as a symbol to the skaters' dedication and intensity, and the drive they bring to their individual performances in order to achieve excellence.

Steaks For Starters

"Not all the best restaurants in the world are in Kansas City, just the top four or five," wrote popular food columnist, Calvin Trillin, in *The New Yorker Magazine*.

While steaks and barbecue are the foods for which Kansas City is justly famous, the city boasts a potpourri of cuisine which will satisfy the most discriminating palate. There are outstanding French, Mexican, Szechuan, Japanese, Cantonese, and Middle Eastern restaurants, among others, some tucked away in suburban shopping areas, but many located in the heart of the city. Prime restaurant territory stretches from the Plaza to downtown, by way of Westport Square where 1840's-era buildings have been transformed into bou-

tiques, art galleries, and drinking and dining establishments.

Located away from the heart of restaurant territory. Kemper Arena will receive the personal attention of the '85 Nationals Organizing Committee who have arranged for a private buffet to be served within the American Royal Complex. The idea is to provide a quick, inexpensive, quality meal when time is of the essence. There are three top-quality restaurants nearby in the Golden Ox, the Kemper Arena Restaurant, and Sutera's Italian Restaurant, but although the food is excellent, they cannot accommodate the expected crush of hundreds of hungry spectators between events. Organizers will provide the private restaurant facility for over 3,000 ticket holders to use. It will be a "national first" because the hosts want to provide the best in Midwestern hospitality!

Kansas City is the home of Hallmark Cards, developers of the \$500 million "city within a city" called Crown Center. There visitors can find both of the official hotels (the Westin and the Hyatt) along with a multitude of restaurants including the American Restaurant, the Crystal Pavilion, Trader Vic's, the Top of the Crown, Skies, the Peppercorn Duck Club, and many others. There are more than fifty retail ships, ice skating on the Ice Terrace, some of the best jazz in town and Hallmark's Kaleidoscope, a multi-sensory creative experience for children five through twelve only. There youngsters can explore their world by touching, hearing, seeing, and imagining, and then creating their own works of art.

It's All Here, Sports Fans

For sports lovers, Kansas City offers major league activity all year. In winter, the Kansas City Kings play basketball at Kemper Arena, which is also the home of the MISL Kansas City Comets Soccer Team. Both teams will relinquish their facilities at Kemper to the activities of the '85 Championships and will play games away from home during that week. Kansas City Royals baseball will be in winter break and Kansas City Chiefs football will have just ended the season at Arrowhead Stadium when the spotlight on sports shifts to the National Championships this January.

Except for the 7,800-seat open air Starlight Theatre, which is open only during the sum-







Westin Crown Center Hotel.
PHOTO: WESTIN CROWN CENTER HOTEL

mer, theater in Kansas City is a year-round event. The Missouri Repertory Theatre, on the University of Missouri at Kansas City campus, has won praise from directors of such stature as John Houseman and Alan Schneider, and is considered one of the top regional theater companies in the nation. The Midland Center for the Performing Arts, an ornate 1920's-vintage movie palace in downtown Kansas City, offers Broadway shows. Nearby are the Music Hall, the Lyric Theater, home of the Lyric Opera (one of the few companies in the nation to perform entirely in English); the Kansas City Symphony Orchestra; the Kansas City Ballet and the Folly Theater, a renovated turn-of-the-century burlesque house offering a wide variety of entertainment.

All-Event tickets for '85 Nationals are on sale for \$85 each. Individual event tickets will go on sale in November. All-Event tickets include the same seat for each of the 13 events, including the Exhibition of Champions to be on Sunday afternoon, February 3. Figures events will be in the suburban Foxhill Ice Arena and practice will be at both Kemper and at King Louie Ice Chateau. For ticket in-

Left: Ice Terrace at Crown Center with Mayor's Christmas Tree on the square.
PHOTO: CROWN CENTER REDEVELOPMENT

Below: Crosby R. Kemper Arena—site of the '85 Nationals.
PHOTO: KANSAS CITY CONVENTION AND VISITORS' BURFAU





Westin Crown Center Lobby Waterfall. PHOTO: WESTIN CROWN CENTER HOTEL

formation, write to '85 Nationals Tickets, P.O. Box 17807, Kansas City, MO 64134.

The 1985 National Figure Skating Championships is hosted by the Carriage Figure Skating Club, the Kansas City Figure Skating Club, the Silver Blades Figure Skating Club, the St. Joseph Figure Skating Club, and the Crittenton Center. It is sanctioned by the United States Figure Skating Association and sponsored by the Travelers Insurance Companies.

Museum Newsletter 9



Benjamin T. Wright and Lawrence Demmy

On May 21, 1984, a welcoming reception was held at the USFSA Hall of Fame and Museum and National Headquarters for the members, delegates, and guests of the International Skating Union (ISU) Fortieth Ordinary Congress. Informal tours were conducted through the Hall of Fame and Museum as well as the Headquarters Building. Highlighting the evening was a presentation of five, 16mm films by Lawrence Demmy to the USFSA Hall of Fame and Museum. Accepting the presentation on behalf of the USFSA Museum, was Mr. Benjamin T. Wright, Chairman of the Hall of Fame and Museum Committee. These films are footage of Jean Westwood and Lawrence Demmy of Great Britain: first World Champions (1952), first European Champions in Ice Dancing (1954) and the first ice dancers elected to the USFSA Hall of Fame (1977). Mr. Demmy is also the first former World Champion to serve as Chairman of the governing Technical Committee of his sport for the International Skating Union (ISU). Approximately 150 guests attended the reception.

On July 17, 1984, the USFSA Hall of Fame and Museum suffered extensive water damage caused by a seal break on a water pump. All artifacts, prints, and costumes on display were saved from damage. The entire carpeting and wall covering was damaged and is in the process of replacement. This unfortunate mishap caused closure of the museum and disappointed many visitors.

The Path to Excellence Continued from page 12

STENSRUDE: What would you describe as the best program you've ever produced in competition?

KELLY: I would say Nationals last year, but the Sports Fest program was also good.

STENSRUDE: Now we come down to the question of how the family fits in . . . how do you picture in your mind, the family in competitive skating? What should they do and not do?

KELLY: The family should be behind you and help you, but they shouldn't demand. My brothers wanted me to go to Sarajevo this year, but I think that's putting too much pressure on me... I think that's another reason why I haven't done well in the last competition. The family has to support you mentally and physically ... they should not be negative.

STENSRUDE: When you get into your deep slumps, like we all do when we question ourselves, how do you snap out of it?

KELLY: You just have to take it day by day and if something goes wrong, you have to forget it. I have to forget Skate Canada. I finished it pretty well, but you have to forget the negative and keep going on.

STENSRUDE: You talk about Skate Canada . . . what did you learn from that? I guess you didn't have one of your best programs, but then that happens to everyone. What did you find that you could learn from that?

KELLY: I talked to Mark Cockerell and others who said they wanted to quit all the time. I thought I wanted to quit. I guess you have to keep going on and set a new goal.

STENSRUDE: What is your plan of action for the next major competition?

KELLY: I don't want to put any pressure on myself because once you do that, you set your goals too high. I set goals too high for myself at Skate Canada and it didn't turn out. I wanted to be really up there and prove to



myself and others that I could skate well, but it didn't happen. You have to go have fun and do your best.

STENSRUDE: Perhaps your goal was not realistic?

KELLY: Yes.

STENSRUDE: June, as a pediatrician and a mother of a skater for about ten years, what would you recommend to other parents on how to produce the best kind of skater?

JUNE: I try not to nag her about her skating . . . I'm there when she wants me to be there.

STENSRUDE: If you were back in practice now as a pediatrician and some parents came

to you in the area of figure skating, diving, or gymnastics which are very popular for girls these days, what would you recommend for them to do to keep the pressure off their child?

JUNE: I think it is very important for them to continue in school and they need an outlet. I'm finding in my observations that kids that are not attending school are not doing well in their skating and are putting all their eggs in one basket. It puts too much pressure on them if they don't succeed in skating.

STENSRUDE: So you would never recommend someone dropping out or putting school on the "back burner" so to speak?

JUNE: No, I think that is a mistake. Kelly found out that she was doing better when she was handling both.

STENSRUDE: What are some of these factors or qualities that you imagine Kelly has learned from figure skating.?

JUNE: I think it gave her a great deal of self-confidence, a marvelous opportunity to travel and to meet people all over the world. She seems to deal well with people. It's been exciting and she's had opportunities that ninetynine percent of skaters never get.

STENSRUDE: What qualities do you think a coach should have to help you become the best that you can become?

KELLY: Good technique and caring—they don't get too involved with the skater off the ice and let the skater do whatever they want off the ice. They need to have fun on the ice, too.

STENSRUDE: You've mentioned fun many times now; is that one of the major things to you?

KELLY: Yes, you can't get enough into it.

U.S. COMPETITIONS OCTOBER 1984 — APRIL 1985

NATIONAL CHAMPIONSHIPS

Eighty-Five Nationals in Kansas City Committee Kansas City, MO

Jan. 29-Feb. 3, 1985

SECTIONAL CHAMPIONSHIPS

Eastern Midwestern Pacific Coast SC of Lake Placid, Lake Placid, NY Denver Mile High Council, Denver, CO St. Moritz ISC, Berkeley & Dublin, CA Dec. 12-15, 1984 Dec. 2-8, 1984 Dec. 12-15, 1984

REGIONAL CHAMPIONSHIPS

EASTERN

New England North Atlantic South Atlantic Kennebec SC, Portland, ME Buffalo SC, Buffalo, NY Atlanta FSC, Marietta, GA Nov. 6-11, 1984 Nov. 5-10, 1984 Oct. 29-Nov. 3, 1984

MIDWESTERN

Eastern Great Lakes Upper Great Lakes Southwestern Wyandotte FSC, Wyandotte, MI Creve Coeur FSC, St. Louis, MO Denver Mile High Council, Denver, CO Oct. 21-27, 1984 Nov. 4-10, 1984 Oct. 27-Nov. 3, 1984

PACIFIC COAST

Northwest Pacific Central Pacific Southwest Pacific Oregon Skating Council, Portland, OR Stockton FSC, Stockton, CA All Year FSC, Culver City, CA

Nov. 7-10, 1984 Nov. 15-16, 1984 Nov. 8-11, 1984, Nov. 15-18, 1984,

PRECISION TEAM SKATING CHAMPIONSHIPS

Easterns

Genesee SC, Rochester, NY

March 29-30, 1985 (Tentative) March 22-23, 1985

Midwesterns
Pacific Coast
Nationals

Tulsa FSC, Tulsa, OK To Be Announced

To Be Announced
Winterhurst FSC, Lakewood, OH

To Be Announced
April 18-21, 1985

(Tentative)

Food for Thought

Continued from page 5

IU a day (about ten times over daily needs) for children, and at 50,000 IU (about fifteen times over daily needs) for adults taking these levels over prolonged periods. Carotene (most common is beta-carotene), another form of Vitamin A from plant sources, does not have the same detrimental effect. However, excessive intake of even beta-carotene can lead to yellow discoloration of the skin; as has been reported by people who eat high amounts of carrots or red palm oil.

Vitamin D at high doses of 75,000 to 100,000 IU a day (350 times over the daily need) can be toxic for both children and

adults. Vitamin D toxicity can lead to vomitting, diarrhea, weakness, loss of weight, and kidney damage. Some people believe that high Vitamin D can help with their arthritis. We advise they see a physician before embarking on this treatment.

Among the water soluble vitamins, B and C have long been perceived as harmless no matter what the dosage is, because all water soluble vitamins are rapidly excreted. Recent studies have shown, however, that Vitamin C at high levels (1 gram or more a day) may induce uricosuria and absorption of excessive amounts of food iron. The B vitamin family includes thiamine (B-1), riboflavin (B-2), niacin, Pyrodoxine (B-6), B-12, biotin, and

Continued on page 29

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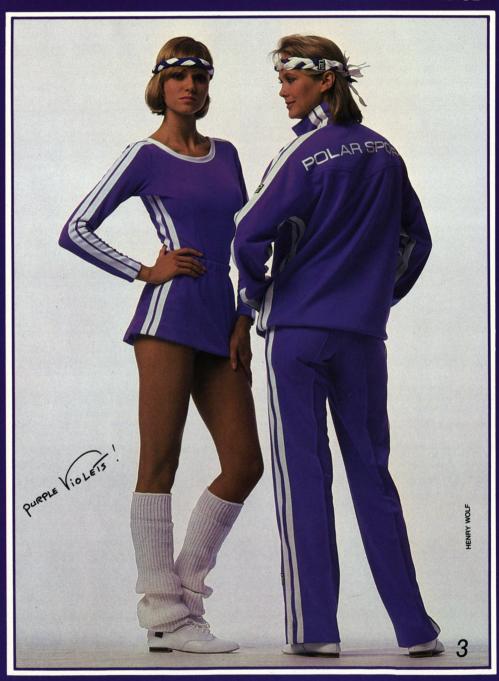
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Food for Thought

Continued from page 28

pantothenic acid. Recent studies have shown that some B vitamins have been cited for their tendency to create symptoms of dizziness and bad vision. Recent studies have also implicated some B vitamins for certain taste abnormalities that damage the ability to taste foods.

For most athletes, the warning signs of poor nutrition are important, and you should pay attention to them. If you are feeling poorly, the first thing to do is look at your diet. Are you eating enough? If you cannot manage three meals, how about six small ones? Perhaps you feel you are eating a lot, but you are eating the wrong things. Are you consuming too much fat or too much sugar? Keep in mind that food high in fat or sugar may not be rich in nutrients. It may fill you up momentarily, but ultimately how you eat shows in the way you feel and in the way you perform. So when you have the chance to eat,

eat something you know will give you the nutrients you need—a piece of fruit, a glass of milk, a bowl of soup, a handful of vegetable sticks, cheeses, lean meats, or legumes are all fine sources of protein, vitamins, and minerals. Use the Basic Four Food Groups idea as a way to guide you to a balanced meal.

As in all areas of health, if you feel poorly, see a doctor and let your doctor prescribe any changes in your vitamin intake. A well-trained nutritionist or a dietician can also help you set up balanced meals.

If you have any questions concerning vitamins, nutrition, or any other aspects of skating and health, we would like to hear from you. Send your questions to: Chor-San Khoo, Ph.D., Director of Nutrition Science, Box 57-D, Campbell Institute for Research and Technology, Campbell Place, Camden, New Jersey 08101.

Ice Abroad

Continued from page 4

NEBELHORN TROPHY

OBERSTDORF, FEDERAL REPUBLIC OF GERMANY AUGUST 28-SEPTEMBER 1, 1984

MEN

- Richard Zander, Federal Republic of Germany
- 2. Craig Henderson, USA
- Leonid Kaznakov, USSR
 Lars Dresler, Denmark
- F. Mars Ferland Consd.
- 5. Marc Ferland, Canada
- 6. William Lawe, USA
- Shubin Zhang, China
 Zhaoxiao Hu, China
- 9. Philippe Paulet, France
- 10. Markus Vogt, Federal Republic of Germany
- 11. David Watson, Canada
- 12. Frederic Harpages, France
- 13. Andreas Sigurdsson, Federal Republic of Germany
- 14. Henrik Walentin, Denmark
- 15. Ralph Burghardt, Austria
- 16. Noritomo Taniuchi, Japan
- 17. Paul Sonderegger, Switzerland
- 18. Iwo Svec, Federal Republic of Germany
- 19. Seoung Jong Han, Korea

LADIES

- 1. Debi Thomas, USA
- 2. Juri Ozawa, Japan
- 3. Sara MacInnes, USA
- 4. Caishu Fu, China
- 5. Susan Bohring, Federal Republic of Germany
- 6. Merriam Twinn, Canada
- 7. Masako Kawai, Japan
- 8. Patricia Schmidt, Canada
- Sandra Cariboni, Switzerland
- Helene Persson, Sweden
 Kathrin Shroeter, Switzerland

- 12. Nancy Sohie, Belgium
- 13. Gabriela Mader, Austria
- 14. Marta Olozagarre, Spain
- 15. Cristina Mexia, Spain

PAIRS

- 1. Elena Betchke & Valeri Kornienko, USSR
- 2. Susan Dungjen & Jason Dungjen, USA
- 3. Margo Shoup & Patrick Page, USA
- 4. Penny Schultz & Scott Grover, Canada
- 5. Isabelle Brasseur & Pascal Courchesne, Canada

DANCE

- 1. Lois Luciani & Russ Witherby, USA
- 2. Irina Zhuk & Oleg Petrov, USSR
- 3. Kristan Lowery & Chip Rossbach, USA
- 4. Jo-Anne Borlase & Scott Chalmers, Canada
- 5. Sharon Wilkinson & Panos P. Panayi, Great Britain
- 6. Penny Mann & Richard Perkins, Canada
- 7. Brunhilde Bianchi & Walter Rizzo, Italy
- 8. Tomoko Tanaka & Hiroyuki Suzuki, Japan

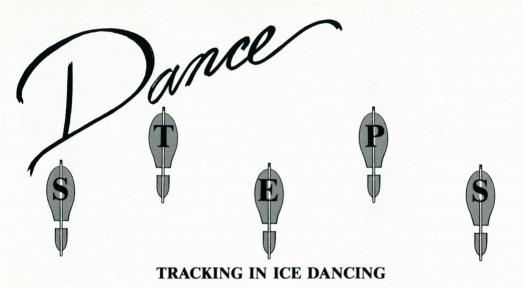
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29



by Lorna Dyer

This is the first in a series on tracking in ice dancing. The articles are excerpts from the book, Ice Dancing Illustrated, by Lorna Dyer.

Tracking is one of the most fundamental, but least understood, skills required for close dancing with unison and partnership control. Tracking is affected by the relative distances of the partners from the center of the skating circle, the direction of skating, the changing of dance position, and the skating of turns. This article deals with the influence of the relative distances of the skaters from the center of the circle when skating a dance step.

Proper tracking promotes close partner positioning and balance by putting a skater on the proper edge trajectory relative to the partner. That is by encouraging the correct relative aim of the skating blades, tracking ensures that the partners do not "slip away" from one another resulting in tugging and pulling.

A simple tracking situation occurs in the Dutch Waltz where partners maintain kilian dance position throughout.

When partners are skating side by side facing the same direction on a given edge, one of them is always skating a smaller circle than the other. In this case, the person closest to the center of the circle skates the smaller circle. When beginning an edge, the person skating the *smaller* circle is the *tracker* and aims the tracing of the skating foot at an angle into the tracing of the person skating the larger circle. This positioning keeps the person skating the smaller circle from running ahead, and permits both skaters to complete their edge and to begin their next edge, side by side. Therefore, tracking is the responsibility of the skater on the smaller circle when both partners skate *side* by *side* in the same direction as is done for example in the kilian (Dutch Waltz discussed in this article), reversed kilian, and open dance positions.

In addition to the positioning of the skating feet, the relative positioning of the skaters' hips is important in any side-by-side dance position. A general principle permits couples to determine the hip position of each partner.

At the beginning of an edge, the tracker's SKATING hip slightly FOLLOWS on the circle in relation to the partner's hip (either free or skating hip) that is closest to the tracker.

For example, in the Dutch Waltz, step 5, the man tracks the woman entering the left forward swing roll. His skating (left) foot and hip slightly follow (on the circle) the woman's skating (left) foot and hip (see Figure 1).



Figure 1

POSITIONING OF FEET DURING TRACKING WHEN PARTNERS ARE SKATING SIDE-BY-SIDE IN THE SAME DIRECTION. The skaters are on outside edges. The woman is skating the larger arc, the man the smaller arc. The man (tracker) skates behind and aims his blade into the woman's tracing.

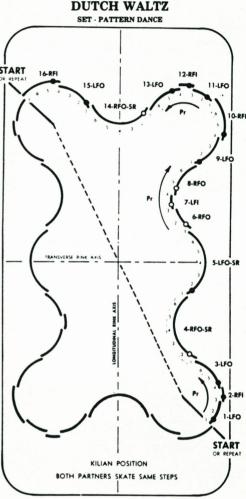
In the process of tracking, both partners are assisting in the tracking effort. One of the partners, however, takes greater responsibility for the tracking effort during each step and therefore, the tracker is identified on the Dutch Waltz dance diagram as one person for each step.

Circular symbols are superimposed on those edges of the dance diagram where tracking is important. The symbols are placed on the diagrammed edge to show when tracking *commences*. This is generally at the beginning of an edge and therefore, most of the symbols are located there.

Solid circles designate the man as tracker and open circles designate the woman as tracker. A circular symbol in each case indicates the partner primarily responsible for the tracking during that edge.

When the couple is in a *side-by-side* position such as in the kilian position of the Dutch Waltz, the tracking symbol indicates that the tracker at the beginning of that edge is skating *into the tracing of* the partner.

Study the dance diagram of the Dutch Waltz which follows. Then, dance with less



tugging and pulling by following these simple rules.

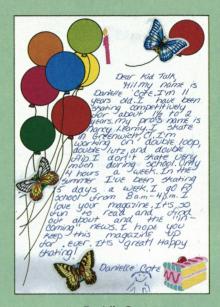
Ms. Lorna Dyer and her partner John Carrel were the U.S. Ice Dance Champions in 1967, the North American Ice Dance Champions in 1965 and 1967, the Bronze Medalists in the World Dance Championships in 1965 and 1966, and the Silver Medalists in 1967. Ice Dancing Illustrated is available from Moore Publications, Inc. See classified advertisement section of this issue.





Jennifer Gordon age 10 Portland, OR





Danielle Cote age 11 Greenwich, CT

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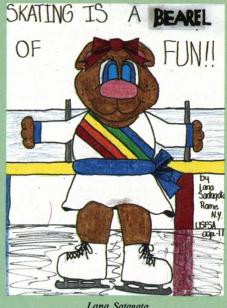
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Dear Kid Talk,

I am 13 years old. My name is Kelly Hardy. I am on the 3rd figure. I hope to take it this year. I'm on the Novice Freestyle. I can land my axels pretty consistently. I am also working on double saws and double toes. My favorite spin is the sitspin. I belong to the Clinton FSC in Clinton New York but I live in Whitesboro New York. My pros name is Connie. I have been taking from her for 7 years. My favorite famous skater is Tiffany Chin. Some of my skating friends at Clinton are Kim Danahy, and Samantha Lindsay. I love to precision skate. Our team is called the "Clinton Silver Blades". I love to read your letters in Kid Talk they encourage me to skate harder. Well have a good year and happy skating.

> Kelly Hardy age 13 Clinton FSC



Lana Satagata age 11 Rome, NY



July 4, 84

Dear Kid Talk,

Hi! My name is Susan Hall.

I skate at Frasen FSC. Im

Hyears old and Im working

On my 3rd figure. Im taking

it in about 3 weeks. Im

pretty some Ill pass. The

highest jump Im working on is

a triple sow, but highest jump

I can land is a double lutz.

Ive only been skating for 4

years, and I luv it! Im also

on a precision team, "fraser Junioretes

This year we got & list places,

3 2nd places, and I 3rd place,

and were very proud of it!

Our acach is GREAT her name

is Peggy Mac Donald. My coach

for individual is Vickey Weber.

Thes the best!

P.S. Hi! Cindy, Lori, Paula, Well keep on Skating!
Anne, Caroline, Ram, Linda,
Allison, Michelle, and Randa! Susan Hall

Susan Hall age 14 Fraser, MI



Worn, painted leather,
Silvery blades,
Glistening ice.
And a sitater is made.
Hours of practice,
years of devotion,
Flying across
That white crystal acan.
The money and pro bills,
The sweat and the tears,
Create the applause
That you strived for for years
But still, something more
Holds you in its vice.
You'll always return
For pure love of
the

Kathy Wilcox age 15 Potsdam, NY

tothe Wikox

WHAT HAS HAPPENED TO FIGURE SKATING'S SCHOOL FIGURES?

by Vivi-Anne Hulten

When I was skating in International competitions and World Championships from 1931 to 1937 and in the 1932 and 1936 Olympics, school figures were interesting to watch. They were beautiful. They were skated with style, elegance, and form.

Gillis Grafström, a three-time Olympic winner, 1920, 1924, and 1928, looked elegant while performing his school figures, and his triple repetition was so good that most of the time only *one* tracing was visible after he had skated a figure three times. He was, of course, exceptionally good, but the standard among champions in the 1930's and 40's was very high. Seldom were there any wiggles or flats and their triple repetition was not far behind that of the master, Gillis Grafström!

The triple repetition was originally meant to demonstrate the skater's mastery of the edges; that he or she could repeat the figure twice again in perfect or near-perfect overlays by merely glancing at the print. It is rhythm and flow, total effortless balance, the blade cutting into the ice, and momentum that gives the skater triple repetition.

Today even the top skaters look angular and off balance when doing school (now called compulsory) figures. Their legs are held together, their toes are not pointed. They are not only inelegant, but are positively ungainly.

I carefully watched skaters during school figures in the 1980 Olympic Winter Games in Lake Placid. They wiggled on their edges. There was not a steady edge among them. They were a disgrace to the sport.

A TV photographer standing next to me remarked: "This is not really a sport is it? Why is this in the Olympics? They certainly don't look like athletes."

The whole business has gone downhill. Why? There are several reasons. The scribe, for one, doesn't help. It was invented to help the more advanced skater check the correctness of figures. The idea has been misused and instead used as a crutch, so students are bending over to *see* the tracings, trying to

follow them rather than *feeling* the blade's direction and the pressure of the cut into the ice, which can be accomplished *only* by the proper position of the body.

Now no one seems to care about how figures are skated. For a long time, I thought judges didn't care about anything except the print and triple repetitions even though interlaced like a braid. Ergo, pros didn't care about how skaters looked as long as the print was there.

Lately, however, after talking to some of the top judges in the world, I hear the remark: "It is not interesting nor fun to judge figures any more, because it's hard to figure out who is the least bad, not who is the best."

Watching the Senior Ladies' figures in the Midwest competition of 1984, the marks ranged from 3.2 to 3.4, which isn't even near passing for a test. This is pitiful.

It takes many hours of training to learn balance and relaxation. The top part of the body, shoulders, and arms should be relaxed, the mid-section firm, but not tight. The hands should be carried easily, palms down, the fingers neither clenched nor stretched and stiff. The head should be carried proudly high. Good posture equals good balance. The free leg should be used as a rudder is used to steer a boat; if the rudder is loose and rubbery, the boat is going to go every which way.

But this is not what is being taught today, and judges have to judge the poor posture and position with the consequent wiggles. Children are taught to skate with their heads hanging down and their legs and knees together. They stare at the ice a foot in front of their skate and steer through their figures, trying to follow their tracing, wiggling around. Their tracings are braided and their posture is dreadful. They are constantly fighting balance.

Hour after hour practicing these impossible positions does more harm than good. Children become bored. There is no challenge. Children everywhere are losing interest in school figures. Consequently, school fig-

ures are boring to watch. This is all so wrong!

It requires an immense amount of knowledge and technique to fly freely over a sheet of ice. No matter how much you would like to skate with rhythm, feeling, and flow, you will not be able to accomplish this until you have learned the basic edges and the timing, movements, positions, balance, and poise essential to control. A pianist must learn to control his hands, his ten fingers, and learn music before he can give a concert. A ballerina must spend years on barré work before she can control her body completely and dance freely. Careful study and hard training are a must for every artist. The figure skater, for control, must stress posture to achieve balance: rhythm and flow can then be mastered and enable the skate to carry the skater through the figures, instead of the skater steering the skate.

If school figures are to continue as part of figure skating competition, the figures should be skated the way they were intended to be—with freedom, grace, style, elegance, good posture, balance, poise, flow, and rhythm. School figures must be interesting to watch and an absorbing challenge for the skater.

School figures are supposed to teach skaters technique: to handle those steel blades, balance on them, hold a steady edge, and use all four edges; how to master various leans, quick changes of direction, intricate turns (rockers, brackets, counters, loops), and footwork of all kinds. All of this is supposed to be a background for free skating; how to get the proper edge and consequent pressure for the take off of jumps; how to land after jumps, go into and out of spins, etc., etc.

This has occurred to me lately; why have triple repetition? It is time consuming and it invites skaters to look for their tracings. A single layout requirement would eliminate this desire to look! And then, perhaps, a skater might be given a second chance if the

first layout wasn't to his or her satisfaction.

So the question again arises, what has caused the deterioration of school figures? I believe it is mainly incorrect teaching. The importance of the basic circles is put aside. I quote Roger Turner in his book, Edges, "Too many competitive skaters at all levels attempt to skate the more difficult figures when they are not properly disciplined in basics. They simply have not learned the four skating edges. . . . Many teachers have failed to demand adequate discipline in the fundamentals, either because they consider them unimportant or because they themselves have been inadequately trained. . . . Certain teaching methods and some teachers' pretense to nonexistent skill and knowledge result in inevitable frustration. They can cause unforgivable loss of potential achievement and quality of skating."

Mr. Turner and I thoroughly agree.

To re-achieve the high standard for which we are herein pleading and to eliminate the sloppiness and droop in the school figures, judges must strictly enforce the rules relating to compulsory figures as they are clearly outlined in the *USFSA Rulebook*, marking the skater accordingly, starting with the Preliminary Test. Teachers will be forced to follow the judges' demands for correctness of execution, to teach the basic control of school figures correctly, and, if necessary, to learn how to do figures themselves and thus how to teach them correctly.

ViVi-Anne Hulten was the 1936 Olympic Ladies' Bronze Medalist and the Ladies' Bronze Medalist in the 1936 and 1937 World Championships.

Roger Turner was the Men's National Champion from 1928-1934 and the Silver Medalist at the 1930 and 1931 World Championships.

Continued from page 19

always had a good time with it. It never became so intense—as I've seen with a lot of young skaters today—that it was everything.

JoJo: We do love to be in front of an audience: that's pretty undeniable. All that discipline that we painfully push ourselves through comes to fruition when we come out onto the ice and the crowd applauds. It's such a pay-off, knowing that people really get a kick out of what we do.

Libby: What do you two mean to each other?

JoJo: We both represent to one another a very special part of our lives. Ever since I can remember. Kenny has been a part of my life, and I can share little jokes and stories and memories that nobody else in the world can understand like he can. He was always there, sharing everything with me.

Ken: We went through some of the most thrilling moments and lowest low points of our lives, and had to face certain realities of growing up together. We both had very concerned, loving parents, but as children we were forced to travel a lot alone, so we had to rely on one another and as a result went through even more together.

JoJo: I tell him all my problems. It's great, 'cause you don't have to set the story uphe knows my whole life and everything in it. He can really understand, and he's a great listener.

The best thing about Kenny for me is that he's real level and balanced and organized well, not always organized! I tend to be more up and down with my emotions; I'll get real high or real low. While he may feel that way emotionally, he's level-headed—he knows when to work and when to play, and when to push and when to ease up, which I don't always. I follow my heart for everything and he listens to his head. I think the combination of qualities is good for us as a team.

Libby: I know you've been asked this many times before, but—why did your relationship never become a romance?

JoJo: It's like having a brother. You'd love him in a very special way, defend him, and do anything for him. But you're so close, there's no mystery there. You know everything about each other and it's almost beyond that.

Ken: Also, we started so early together, as children, so it was more like a brother/sister relationship.

Libby: No other American pair has continued skating together for so many years. Why have you?

Ken: We enjoy skating and there have been opportunities presented to us. Amazing as it seems, we've gone looking for very few of these jobs. Ninety percent of the time people call us up on the phone.

Libby: How often do you perform together nowadays?

Ken: We do about four or five shows a year: Dick Button's World Professional Championships, the Pro Skate International Competition, other television shows, and personal appearances. It's hit and miss—we never know what we're going to do.

Libby: How much time do you actually spend working together?

Ken: Probably a total of one month per year. spread out: Two or three days here, two or three there. Whether we're in California or New York depends on our schedules. I have a full-time job now, so Jo comes more to New York. It's been real tough this year because of my working hours—we have to skate in the very early morning or late night. We're always tired.

Libby: How many numbers are in your repertoire?

Ken: This year we've been doing three: an upbeat one to "Staying Alive," one to Grieg's "Peer Gynt," and our special anniversary number. We make a valiant effort not to do the same numbers every year. We're paid very nicely doing these television shows, and we feel we need to put out a little bit.

JoJo: We also try to add new moves, like an upside down split lift and a back walkover.

Libby: How did your anniversary number come about?

JoJo: It was conceived and composed by my boyfriend of the past two years, Jordan Bennett, who's an actor, singer, and composer. He thought there should be something to commemorate our anniversary. We pantomime our partnership from our first times on ice to the present. The last part is a vocal, "You Are My Best Friend," which Jordan wrote and sings.

Libby: How has your skating style changed in those twenty-five years?

Ken: We still have a very competitive style, but we were always considered very theatrical, even as competitors. We've changed so much since our competition days.

JoJo: We have a much more fluid style. Looking back at our old competition tapes, we were very stiff and nervous as amateurs.

Ken: We weren't streetwise kids, the way skaters are today about the realities of the skating world. And we didn't have all the competitions and exhibitions that there are today.

JoJo: We were very sheltered. I think you have to grow up and mature and learn about the world and life a little, acquire some depth, in order to improve in your work.

Ken: Also, performing with Ice Capades made an unbelievable difference. Doing the show nine to eleven times a week, we performed more in one year than we did in our whole amateur career.

Libby: What are some of the highlights of the past twenty-five years?

Ken: Sometimes they weren't the big things; they were the little things. Though we won two World Medals, I think it was more fun to do the tours afterwards, go with all the kids, do the exhibitions, and travel through Europe.

JoJo: It was great making those friends. Also, when we first won Nationals, as Junior Pairs in 1967, that was a big thrill. We were



JoJo Starbuck and Ken Shelley winning the 1971 North American Championships.

National Champions and we got on *ABC Wide World of Sports* for the first time. Then the following year we made the Olympic Team, and that was a thrill. As Olympians, we were waving the flag while our contemporaries back home were burning it.

Ken: As pros, we *loved* every minute of our four years with Ice Capades.

JoJo: Now doing the World Professional Championships is very exciting. My gosh, to be on the same ice with all those great talents! It's tremendous pressure—the worst of my whole year. But it's also a lot of fun, a real high. Also, going to China for ABC was a thrill.

Ken: Jo and I both skated on Broadway in two different shows—I did Toller Cranston's *The Ice Show* in '77, and she did John Curry's *Ice Dancing* in '79.

Libby: What about the low points?

Ken: Coming in fourth at the 1972 Olympics. We'd been third at Worlds the year before, and we thought we'd do at least that or maybe better.

Continued on page 53



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GOLD DANCE

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ALBUQUERQUE FSC: PF-Jennifer Bronkema, Lisa Enos, Marlene Reed, Trista Hammond.

ALL YEAR FSC: PRE—Jennifer Gold. 2—Angel Ford, Peggy Scarborough. 4—Jennifer Anderson. 5—Carla Jane Schulz. 6—Becky Watson. 7—Pamela Simpson. PF—Jennifer Gold. NF—Jennifer Anderson. PS DT—Desiree Crighton. PPR—Kristin Kriwanek. BPR—Kristin Kriwanek.

ALPINE SC: PRE—Audra Goller, Catherine Burns. PF—Audra Goller, Catherine Burns. PPR—Catherine Burns. James Porter.

SC OF AMHERST: 1—Jay Clark Warner. 4—Mary Ruth Warner. PF—Jay Clark Warner, Jennifer Aldrich, Jocelyn Garrity. IF—Diane Olevsky, Tara Warner. NF—Mary Ruth Warner.

AMHERST SC: PRE—Amy Lynn Trimble, Beth Glaspy, Carrie Hubbell, Christie Alutto, Christina Costa, Jennifer Tsung, Lauren Brock, Tracy Hubbell. 1—Anastasia Driscoll, Kristin Powers, Lizabeth Lennon. 2—Amy Rosenfeld. 3—Christina Ott. PF—Amy Lynn Trimble, Beth Glaspy, Carrie Hubbell, Christie Alutto, Christina Costa, Jennifer Tsung, Lauren Brock, Patti Alutto, Tracy Hubbell. JF—Heather Hubbell. BR DT—Celine Conway, Matthew Conway. S DT—Chris Conte. SFD—Christina Ott.

ANCHORAGE FSC: PRE—Jana Terry, Richard Newman. 1—Andrea Dougherty, Christopher Pfiffner, Kirsten Wade, Robin Ludlam, Stephanie Kron. 2—Heather Waller. 3—Anna Kate Garretson, Jennifer Dickinson, Kaia Halvorson. PF—Jana Terry, Richard Newman. IF—Anna Kate Garretson. P DT—Lisa Zarkovich. BR DT—Claudia Mushkin, Lisa Rogers. S DT—Michelle Zarkovich.

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ARROWHEAD FSC: PRE—Amy Kern, Tera Kokot. 1—Shonn Northam. 3—Kim Connell, Monica Sheya. 5—Synda Beck. PF—Amy Kern, Tera Kokot. IF—Geoffrey Migala, Kim Connell, Monica Sheya. NF—Lisa Sheya.

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BABSON SC: 5-April Weinberg, Teri Ann Smith.

ICE CLUB OF BALTIMORE: PRE—Melissa Warlow, Peggy Lee Grund. S DT—Kathleen O'Donnell.

BAY PATH FSC: PRE-Kathleen Walsh. JF-Kathleen Walsh.

BEMIDJI FSC: PRE—Paula Johnson. 1—Becky Wilson, Christina Vadis, Jennifer Cortese, Lori Jean Haluptzok. 2—Holly Cook. 6—Jacqueline Hoven. PF—Dawn Stangel, Jacquelin Ward, Kaia Cochran, Paula Johnson, Tanya Kroeplin. P DT—Jacquelin Ward, Tanya Kroeplin. BR DT—Lori Jean Haluptzok. PS DT—Kristina Hoem. BLADE AND EDGE FSC OF OMAHA: 3—Anne Marie Boose. P DT—Amy Kern.

FSC OF BLOOMINGTON: BR DT—Yvonne Olson.

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BREA CANYÓN FSC: PRE—Danissa King, Jeannine Edwards, Melissa Harned, Rebecca Hefner. PF—Danissa King, Jeannine Edwards, Melissa Harned, Rebecca Hefner. JF—Kim Brooks. PPR—Brian Long, Michelle Gallati.

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GROSSE POINTE SC: 4-David Schilling.

HAMDEN FS ASSOCIATION: 1-Monika Lehky.

SC OF HARTFORD: PRE—Chris Fusscas, Jennifer Marco. 1—Holly Dauber. 2—Kimberly Little, Meg Berte. 3—Denise Graugard, Heather Harrington. 4—Alanna Gornish. PF—Kathryn Wilson. IF—Heather Harrington, Sarah Bowen. NF—Stephanie DeFilippo. P DT—Dianne Toman. PS DT—Jessica Smith. S DT—Eileen Groth, Sarah Bowen. PG DT—Alanna Gornish.

HAYDEN RECREATION CENTRE FSC: PRE—Brandy James, Johann Daggett, Jonathan Holdway, Melissa Giffen. 1—Sarah Enman. 2—Anna Lowder, Kelly Wilt. 7—Laura Lowder. PF—Andrea Mekshes, Claire Hewick, Elizabeth Britten, Maria Berger, Nicole Sarian. JF—Allison Mitchell, Christie Boyle, Lisa Weinkopf.

HERSHEY FSC: 1—Jean Brownsberger. 3—Susan Mahoney. PF—Allison Stephens, Amy Huffman, Bethann Sill, Heather Young, Julie Kramer, Kelly Wagner, Lori Ann Cuddy, Tracey McSherry. IF—Christina Nicholas, Janelle Fortna, Kimberly McClune. P DT—Amy Huffman, April Coleman, Becky Buck, Dorothy Keeney, Valerie Stima. BR DT—Linda Weindel. PS DT—Shauna Rae Swenning.

HIBBING FSC: BR DT-Terri Lafave.

HICKORY HILL FSC: PRE—Ann Marie Neto, Claudine Halko, M.A. Halko, Nadine Halko, Tania Halko. 1—Amy Denicola. 3—Elizabeth Beattie. 4—Laurie Jo May. 5—Susan Moore. PF—Ann Marie Neto, Claudine Halko, Jessica Sanchez, Kim Karetsky, Nadine Halko, Susan Sanchez, Tania Halko. JF—Amy Friedman, Julia Bruno, Julie Vozick, Ruth Kaufmann, Wendy Mlinar. IF—Elizabeth Beattie. NF—Laurie Jo May. P DT—Mary Ellen DePalma. PG DT—Wendy Mlinar.

HIGHLAND SC: 1—Aimee Gavurnik, Carol Boyle, Cinnamon Jinotti, Desiree Melvin, Jennifer Dills, Stacey Madche, Taryn Olson, Vicki Apostolou. 2—Jennifer Passage. 3—Jill Sharpe. 5—Alison Levin, Richard Wise. P DT—Shelby Reinholdtsen. BR DT—Donald Nowak. PG DT—Craig McClean, Michele Powell.

SC OF HINGHAM: PRE—Andrea LeCain, Lara Jean McCarthy, Lesley Leibowitz, Shelise LeBlang. 1—Susan McCarthy. 3—Kimberley Walker. PF—Lesley Leibowitz, Shelise LeBlang.

HUDSON-MOHAWK FSC: 6-Melissa Dominick. PF-Colleen Doney. JRF-Mimi Wacholder.

ICE & BLADES CLUB OF WASHINGTON: 1—Mollianne Cupper. 2—Rachel Srinivasagam. 3—Michelle Petruccelli. JF—Rachel Srinivasagam. IF—Julia Hall. PG DT—Ann Morton Neale.

ICE CLUB OF WASHINGTON: PRE—Gary Sturm. P DT—Kristen Woche, Mary Fitzgerald.

ICE WORLD FSC: PRE-Kimberly Hogan.

ICELAND FSC: P DT—David Clayton, Joanne Richards.

ILLINI FSC: JF-Stacie Smith.

ILLINOIS VALLEY FSC: 3-Jon Stine.

ISC OF INDIANAPOLIS: PRE—Alexis Steinrauf, Eric Herman, Kristin Gardner. 4—Carolyn Fisbeck. 5—Julie Marosky. NF—Carolyn Fisbeck. P DT—Jennifer Foster, Kristine Weidner, Valerie Tzucker, Vivian Seaman. INTERNATIONAL FALLS FSC: P DT—Tara Sohlman.

JAMESTOWN SC: PRE-Maggie Licata.

JANESVILLE FSC: 1—Amanda MacDonald. 4—Shenon Badre. 6—Kristin Smith, Lara Dunlap, Mazal Farhi. NF—Shenon Badre.

KANSAS CITY FSC: PRE—Dustin Skidgel, Shawndra Beauchamp. 1—Andrea Beauchamp, Tonya Holman.

2-Jennifer Logan. PF-Dustin Skidgel, Sandra Patrick, Shawndra Beauchamp.

KENAWAN SC OF WESTERN NEW YORK: PRE-Kelly Peters. 1-Catherine Crouch, Janet Joy, Nicole

KENNEBEC SKATING CLUB: PF-Stephanie Bigelow. IF-Anita Dunham.

KENT SC: PRE—Janine Salloum. 1—Kristen Green. 2—Michelle Rabic. 5—Bidisha Mukherjee, Jill Karnis. PF—Elizabeth Hendrickson, Jason Simpson, Jennifer Stober, Kit Galloway, Martha Jankowski. JF—Loralie Montemayor, Vince Getz. P DT-Amy Falcione, Lisa Marie Ervin. PPR-Betsy Stacy, Elizabeth Rilling, Jennifer Kopen. BPR-Beth McKinley, Betsy Stacy.

KEYSTONE FSC: 1—Erica Hodes. 6—Tracy Hodes. JF—Erica Hodes. IF—Nancy Flowers. JRF—Tracy

Hodes.

LA JOLLA FSC: PRE—Allison Buck, Jamie Shantzer, Jennifer White. 2—Tracy Williams. 4—Melissa Panico. PF-Allison Buck, Jamie Shantzer, Jennifer White. JF-Tracy Williams.

LAKE MINNETONKA FSC: PRE—Jeannine Grussing, Saebra Halliday. 1—Alyssa Abrahamson, Kimberly Graef, Krissy Morgan. 2—Darcy Davis. 3—Karen Meck. 4—Gig Siruno. 5—Wendy Ann Meck. PF—Jeannine Grussing, Saebra Halliday, JRF-Susan Hanus,

LAKEWOOD WINTER CLUB: PRE-Larisa Williams, Lisa Lipscomb, Stacey Zimmerman, 1-Heidi Green, Rachelle Cope. 2-Leanne Highsmith, Melissa Flake, Sarah Gendreau. 3-Julie Elledge, 4-Heather McLaughlin, 6-Karen Brawley, Tammy Larson, PF-Corky Kurtz, James Peterson, Larisa Williams, Stacey Zimmerman, JF—Sarah Gendreau, IF—Dawn Gardunia, Julie Elledge, NF—Heather McLaughlin, JRF— Jeffrey Carstensen, Tammy Larson, P DT-Lynn Diken, Wayne Diken, PS DT-Andrea Moss, Barbara Quinn, Wendy Berchtold.

LANSING SC: PRE-Melissa Stropkai. 1-Renee Ritchie. PF-Tiffany Foster. P DT-Jennifer Holmes, Renee Ritchie.

LAUREL RIDGE SC: PRE-Mell McGriff, Valerie Dilauro, Vicki Francis. PF-Lori Teig, Mell McGriff, Valerie

LILAC CITY FSC: 1—Julie Blake, Stacy Johnson. 2—Heather Miller. 4—April Lumper. 6—Victoria Asmussen. PF—Jennifer Brummett, Kim Douglas, Krista Eisenbeis, Sonya Miller, Tammy Taylor. JF—Heather Miller. LINCOLN CENTER FSC: PRE-Jennifer Marshall. 1-Meghan Kelly. 4-Jennifer Cashen. 5-Beth Francisco. BR DT-Aimee Secrest, Becky Francisco. PG DT-Sarah Devore.

LITTLE SUN VALLEY SC: PRE-Joan Long. 2-Dena Grundstrom. 3-Lisa Matroni, Robyn Bateman. 4-Michelle Hendrick. 6-Bee Upatham. 7-Kathy Ferguson. JF-Brenda Rossmeisl. JRF-Jennifer Betit. LONG ISLAND FSC: PRE-Natalie Rzhevsky. 2-Danielle Cafarelli. 5-Betsy Goldkrand, Caryn Yap, Kristen Vardy. 6-Danielle Babaian. PF-Natalie Rzhevsky, Sammy Kaver. JF-Danielle Cafarelli. NF-Stacey Waurishuk. JRF-Danielle Babaian.

LOS ANGELES FSC: PRE-Andria Eyraud, Eileen Murry, 1-Patricia Loomis, 2-Amy Tuch, Dawn Benedict, 4—Casee Fitzgerald, Cindy Bortz, Diana Gamper, Jenifer Kline, Shannon Fill, 5—Christine Farris, Jeri Blatt, Kelly Lynn Cross. 6—Freya Sydnor, Jennifer Haves, Kristina Hoffman, Patrick Brault, Shana Scroggie, Sharon Barker, Tracy Hao. 7-Andrea Key, Charles Finance, Jennifer Krueger. PF-Andria Eyraud, Eileen Murry. JF—Amy Tuch, Brandy Valencia, Tamara Hennessy. IF—Diana Gamper, Nichol Desiardins. NF—Casee Fitzgerald, Cindy Bortz, Jeri Blatt, Lisa Mizonick, Wendy Pomerantz. JRF-Sharon Barker. PG DT-Heidi Berry-Branca. PPR-Todd Sand. BPR-Lynda Kordakis, Todd Sand. SPR-Lynda Kordakis.

FSC OF MADISON: 1-Seven Lueder-Powers. JRF-Tricia Puccio.

MANKATO FSC: 1-Alina Bodke. 2-Cathy Beito.

MAPLEWOOD FSC: PRE—Alison Dario, Kristi Kreischer, Tanya Brunton. 1—Alison Hauser, Brenna Boyer. 2-Karen Earl. 6-Andrea Hall. PF-Alison Dario, Anna Pavich, Kristi Kreischer, Tanya Brunton. JF-Aimee Bishop, Anna Pavich, Kathy O'Donnell, Kristen Burkhardt, Shannon Ryan, Sheree Mesroubian, IF-Lisa Bishop. NF-Lisa Ann Dario. JRF-Paula Ruppel.

MARQUETTE FSC: NF-Roy Hamm.

MASS BAY SC: PRE-Jessica Proctor. 2-Lizbeth Brogna.

MESA VERDE FSC: PRE-Andrea Arterburn. 1-Kanako Yano, Katie Markshausen. 2-Annette Hicks. 3—Crystal Deaenlle. 4—Jennifer Mangiapelo, Stacey Forman. 6—Lisa Alejandre. PF—Andrea Arterburn. IF—Crystal Deaenlle, NF—Jennifer Mangiapelo, P DT—Donald Nicholson, Mildred Nicholson, Troy Highlen, PG DT-Ron Kravette.

METROPOLITAN FSC: PRE—Christine Kuhnemund. 1—Lyn Helgeson. PF—Christine Kuhnemund. P DT— Kathleen Maramara. PS DT-Solna Wasser.

FSC OF MINNEAPOLIS: PRE—Paige Karno, Patricia Johnson. 2—Robyn Petroskey, Stephanie Hillstrom. 7—Debbie Einzig. PF—Erica Cargill, Leslie Ghent. JF—Kristin Ondracek. P DT—Tiffany Wild. PG DT—Barb Hill, Michelle Metzger.

MISSION VALLEY ISC: 1—Andrea French, Deandrea Harris, Michelle Hartman. 7—Claudette Krauss. PS DT-Patricia Marrazzo.

MIT FSC: P DT-James Barry.

SC OF MONTCLAIR: PS DT-Deana Crisso. S DT-Steven Partyka.

SC OF MORRIS NJ: PRE-Dornell Cronk, Jennifer Kaplan, Lisa Beth Anderson, Loraine Klinger. 2-Leigh Knighton. 4—Kristin Harper. PF—Christine Lydiksen, Danielle Raiman, Lisa Beth Anderson, Loraine Klinger, Stephanie Portnoy. JF—Ann Marie Defazio, Jeanne Busch, Kimberly Swon. NF—Michael Dennis, Jr. P DT—Barbara Thies. BR DT—Ann Billek, Bradley Hass, Karen Sulewsky.

NASHVILLLE FSC: 1—Deann Odom, Polly Kiessling, Priscilla Rushing. JF—Deann Odom. P DT—Melinda Dalgarn, Polly Kiessling. BR DT-Polly Kiessling.

NEW HAVEN SC: PRE—Kristen Reynolds, Maureen Hussey, Tanya Delcegno. 1—Aimee St. Clair. 2—Kathleen Britton. 5—Sharon Dunn. PF—Kristen Reynolds, Maureen Hussey, Tanya Delcegno. JF—Heidi Lynn Deichmann. JRF—Melissa Weston. P DT—M Linda Boltman.

SC OF NEW YORK: PRE—Cyndie Berthezene, Emma Froelich, Katharine Veerman. 3—Isabella Novielli, Maryl Frank. PF—Cyndie Berthezene, Eliza Lehrman, Emily Button, Emma Froelich, Lisa Zimberg, Patricia Amorosi. IF—Isabella Novielli, Marianne Diliberti, Nicole Tavano, Nina Shuchman. P DT—Christopher Bregman, Dale Parent, Jean Ferrari, Joanna Tucker, Julia Simkin. BR DT—June Sidman. B ADT—Gwen Mead.

NEWBRIDGE ROAD PARK FSC: PRE—Janine Leo, Kelly Reilly. 1—Laura Saladino. 2—Lisa Saladino. 3—Dina Marie Saccoccio, Richard Wienecke. PF—Ellen Baron, Janine Leo, Kelly Reilly.

NORTH JERSEY FSC: PRE—Coventry Pitt, Hedi Trabelsi, Mika Watanabe, Natasha Lipszyc. 1—Karlene Machovec. 2—Margaret Coletti. 3—Lara Pelle. PF—Hedi Trabelsi, Jane Clark, Michelle Vargas, Mika Watanabe, Natasha Lipszyc, Suzanne Mancuso. P DT—Jaime Pelle.

NORTH SHORE SC: PRE—Christine McNiff, Sarah Dew. 1—Alisa Wallis, Valerie Hopkins. 2—Malia McIntyre. 3—Kim Detjens. 4—Debra Lee Leonard, Gordon Grady, I'. PF—Christine McNiff. JF—Leslie Repetto, Nancy Shane, Stacy Crowley. IF—Lisa Angelo. NF—Tonia Connor. P DT—Tasney Mazzarino.

NORTH SUBURBAN FSC: PRE—Kelly Michaud, Paul Bostic. F'F—Paul Bostic. P DT—Charity Hein, Deanna Malczynski. BR DT—Aimee Goodman, Sandy Ham.

NORTHCROSS FSC: PRE—Elizabeth Revell. 2—Blyth Weber, Natalie Coffey. 6—Charlotte Fischer. PF—Laura Horn, Marcheta Stephens. P DT—Marcheta Stephens. B ADT—Chieko Hesch.

SC OF NORTHERN VIRGINIA: PRE—Alexandra Evanovich, Alexandra Kudrjavcev, Gared Casey, Jane Kim, Megan Conway. 1—Robin Pearce. 2—Amy Rice, Colin Bennett. 3—Barrie Gevinson. 5—Pam Smith. PF—Alexandra Evanovich, Alexandra Kudrjavcev, Gared Casey, Jane Kim, Julia Presti, Kathleen Ryan, Megan Conway, Tracy Treiber. JF—Colin Bennett, Kathleen O'Neill. IF—Barrie Gevinson, Dana Chinn. NF—Romy Kerchner. P DT—Melissa Boney.

OAK PARK FSC: 2—Lesa Ellison. JF—Lesa Ellison. P DT—Anne Marie Porro. BR DT—Amy Pilz. PS DT—Felecia Brandies

OGDENSBURG FSC: 1—Leslie Farrand. 2—Shayne O'Donoghue. PF—Tammy Girard. JF—Tanya Vanhouse. OKLAHOMA CITY FSC: PRE—Julie Ann Fehrenbach. PF—Julie Ann Fehrenbach.

OLD CAPITOL FSC: PRE—Leslie Buchanan, Mary Beth Brasier, Patrice Flynn, Richard Zimmerman, Thomas Williams. PF—Leslie Buchanan, Mary Beth Brasier, Patrice Flynn, Richard Zimmerman.

OLD YORK ROAD SC: PRE—Amy Friedman, Arline Heher, Elizabeth Arbittier, Ellen Stoloff, Jennifer Kaufman, Jennifer Arbittier, Katie Freedman, Louis Izzo, Margaret Friedman, Melanie Kron, Meredith Krain, Sabrina Feve. 1—Daniel Turner, Jacqui Tepletsky, Kathleen Saverino, Kristin Stanley, Lisa Schiffer. 2—David Malpass, Julia Minkovsky, Kimberly Feilke, Melissa Taggart. 5—Ronnie Seidel. PF—Amy Friedman, Ellen Stoloff, Jennifer Arbittier, Katie Freedman, Leslie Sussman, Louis Izzo, Margaret Friedman, Marlene Platt, Melanie Kron, Meredith Krain, Michelle Gash, Sabrina Feve, Suzanne Hussey. JF—Carmen Marinari, Jennifer Marcus. P DT—Alice Turner, Jennifer Arbittier, Kimberly Feilke, Kristin Stanley.

FSC OF OMAHA: PRE—Kathy Peistrup, Lindsey Madson. 1—Elizabeth Loker, Kim Wordekemper, Molly Brown, Todd Christensen. PF—Kathy Peistrup, Lindsey Madson.

OVERLAKE SC: PRE—Kari Lowe. 5—Holly Blydenburgh, Wendy Bergman. JF—Shannon Brown.

OWENSBORO FSC: 1-Martha Latimore. P DT-Martha Latimore.

PALACE FSC: PRE—Merideth Pickett. 1—Mark Mitchell. 2—Cara Council, Catherine Bird, Laura Levi, Tina Mauer. JF—Catherine Bird, Tina Mauer. P DT—Katherine Boardman, Tina Mauer.

PALOMARES FSC: PRE—Alexis Kramar, Brad Simmons, Diana Horowitz. PF—Alexis Kramar, Brad Simmons, Diana Horowitz.

PARK FSC: PRE—Marcya Stuart, Nicole Seow, Patrick Comiskey. 1—Samantha Segal. PF—Marcya Stuart, Patrick Comiskey.

PASADENA FSC: PRE—Meghan Shafer, Rebeca Contreras. PF—Meghan Shafer, Rebeca Contreras. JF—Bonnie Hoeptner.

PAUMANOK FSC: 2—Theresa Marchon. JF—Cindi Hall.

PENGUIN FSC: PRE—Christine Zitrides, Debbi Whiting, Eileen Hayden, Janet James, Juli Shumack, Lori Haas, Mary Kunkle. 1—Kristi Stocker, Ryan McKinnon. 4—Suzanne Tuscher. 5—Christina Gronski. PF—Alexa Kierzkowski, Juli Shumack, Lori Haas, Mary Kunkle. JF—Sandra Kleckner. NF—Christina Gronski, Suzanne Tuscher. JRF—Mimi Connors. P DT—Debbi Whiting, Juli Shumack, Lori Haas, Mary Kunkle, Raymond Detweiler. PG DT—Suzanne Tuscher, Wendy Kaiser.

PENINSULA FSC: PRE—Alison Choppelas, Amber Mead, Christine Nubla, Deborah Kass, Helena Birecki, Hillary Jaynes, Irena Matijas, Kathryn Childs, Tiffany Couch. 1—Alison Kirk, Jessica Gross, Jessica Berry, Jesus Prado. 3—Elizabeth Koepf. 4—Debbie Delorenzi, Greg Weld, Tracie Hilton. 5—Cherie Callander, Greg Weld, Michelle Clay, Sharon Parker. 6—Jennifer Schauf. PF—Alison Choppelas, Amber Mead, Christine Nubla, Deborah Kass, Helena Birecki, Hillary Jaynes, Irena Matijas, Kathryn Childs, Tiffany Couch. IF—Dina Riso. NF—Cherie Callander, Greg Weld. P DT—Leon Pluymaekers. BR DT—Dorthey Wallder.

PHILADELPHIA SC & HS: PRE—Courtney Bookbinder, Kristen Zeitzer, Kristin Bookbinder, Melanie Gaspari.

1—Allison Walsh, Christina Young, Cristin Callaghan, Michelle Desjardins, Susane Soffe. 3—Ella Dillon.

4—Catherine Murray, Shana Lynn Tremer. 7—Newlin Archinal. PF—Alicia Lombardini, Alison Ogelsby, Laura Tull. IF—Ella Dillon. NF—Shana Lynn Tremer. JRF—Mark Alan Naylor. BR DT—J. Penn Morris. PS DT—Alicia Dilworth, Jan Waldauer. PG DT—Jeanne Miley.

PILGRIM SC: 1-Donna Falcione.

PITTSBURGH FSC: PRE—Heidi Vollmer, Lauren Ann MacDonald. 1—Misty Marshall, Samantha Fisher. PF—Donald Skerlec, Kristen Frazzini, Lisa Musmanna, Mary Daquila, Sara Morimoto. S DT—William Aquilino. PLYMOUTH FSC: PRE—Angela Kane, Dawn Harrigan, Jill Nikischer, Rachael Bohlander. 1—Michael Balsley. 2—Barbara Bentley, Debbi Smith. 3—Kerri Maciejewski. 6—Laura Clary. PF—Angela Kane, Dawn Harrigan, Jill Nikischer, Rachael Bohlander. BR DT—Carol Kotajarvi.

PORTLAND ISC: PRE—Elizabeth Roberts, Robin Foster. 1—Jeffrey Black, Shane Smith. 2—Holly Hogg. PF—Elizabeth Roberts. Michelle Keck. Robin Foster.

POTSDAM FSC: PRE—Cassie Labarge, Jennifer Murray. PF—Jennifer Murray, Kristin Gravander, Recebba Stanfel. P DT—Ann Stoltie. BR DT—Janice Dyke.

PRINCETON SC: PS DT-Deborah Forbes.

PROVIDENCE FSC: JF-Beth Dietz, Heather Brown.

PUEBLO FSC: PRE—Andrea Crawford, Terri Hart. 4—Jodi Friedman. PF—Krista Yates, Nikki Christensen, Shauna Carpenter, Terri Hart. JF—Cindy Dockendorf, Kim Hart. IF—Stacie Dorr. NF—Jodi Friedman. QUAKER CITY FSC: JF—Mary Kay Fuhr.

QUEEN CITY FSC: PRE—Jae Hyung Cho, Karla Anne Crouch, Krista Crouch, Maryann Waddell, Suzie Saalman. 1—Jae Hyung Cho. 2—Carrie Overstreet, Jae Hyung Cho, Rebecca Biggs. 3—Heather Phenicie, Jae Hyung Cho, Julie Baris, Theresa Weber. 4—Robin Dickhaus. 6—Jodi Shaw. PF—Jae Hyung Cho, Karla Anne Crouch, Krista Crouch, Maryann Waddell, Suzie Saalman. JF—Carrie Overstreet, Rebecca Biggs. IF—Heather Phenicie, Shannon Gravitt, Theresa Weber. JRF—Jennifer Astore, Stacey Gaker. P DT—Jae Hyung Cho, Marie Morris.

SC OF RADNOR: 5-Amy Elder. P DT-Wendy Dobbins.

RIM OF THE WORLD FSC: 1-Kristina Dastrup. JRF-Christine Corey.

ROCHESTER FSC: PRE—Kendall Duncan, Leah Kerrigan, Sara Vandecreek. 1—Jolene Amundson, Kelli Beckel. 2—Crissy Giles. 3—Davin Grindstaff, Lisa Noller. PF—Anita Sadler, Laura McWilliams, Shelby Soma. FSC OF ROCKFORD: PRE—Amber Nardiello, Laura Nelson. 2—Brei Johnson, Melissa Ouellette. 3—Sheila Hrasky. 4—Diana Goolsbey, Maureen Pearlman. 5—Brian Geddeis. 6—Charmaine Kaye. PF—Jennifer Terry, Maya Prestwich. JF—Audra Dawn Hinds, Marianne Matty. IF—Heidi Gottlieb, Krista July. NF—Lori Ann Wells, Maureen Pearlman, Susan Catanese.

SC OF ROCKLAND NEW YORK: 2—Dara Rubino. 3—Michelle Longo. 4—Chrissie Kelly, Vicky Sackser. JF—Alissa Asch. NF—Jennifer Miko, Vicky Sackser. JRF—Jayme Stein.

ROCKY MOUNTAIN FSC: PRE—Natalie Thomas, Norma June Gholson, Reagan Reed. 1—Brandy Poston, Dawn McCollum, Michelle Roark, Shawna Phillips. 2—Ann Tuma, Linda Stoll. 3—Amy Jaramillo. 4—Melia Heimbuck, Michelle Shively, Rachel Gibson. 5—Cynthia Douglas, Heidi Carbrey, Lisa Lynn Shaw. 6—Adrianna Swarts, Denice Sweeney. 7—Kelly Milligan. PF—Barbie Schrecongost, Dawn Aguero, Karen Sudkamp, Norma June Gholson, Reagan Reed, Sheryl Lewis, Tara Tobias. JF—Jennifer Vito, Marte Barnacle. IF—Anna Tuma. NF—Anne Lieber, Rachel Gibson. JRF—Adrianna Swarts.

ROSEVILLE FSC: PRE—Tracey Burns. 1—Lanita Davison. 4—Jeanne Larson. JF—Michelle Wenz. IF—Julie Fischer. NF—Jeanne Larson, Katy McFarland, Maria Fragomeni. P DT—Susan Medin.

RYE FSC: PRE—Andrea Zeisler. 2—Aphrodite Milonopoulos, Lori Frohlich. 4—Rebecca King. PF—Andrea Zeisler. JF—Ilana Dubin, Lori Frohlich. S DT—Laura Garvey.

SC OF SACRAMENTO: PRE—Melissa Damore. 1—Jennifer Clark. 2—Cynthia Funder. 3—Stephanie Sentman. 4—Anna Shields, Kimberly Wassenberg. 6—Leslie Nelson. PF—Melissa Damore. JF—Cynthia Funder, Delilah Barwis. IF—Eliza Thomas, Stephanie Sentman.

SALT CITY FIGURE SKATERS: 3—Lauren Nesci. 4—Janet Harig, William Weichert. 6—Susan Beth Egnatinsky. IF—Janet Harig, Melissa Santos. NF—Kathy MacDonald, William Weichert. S DT—Lauren Nesci.

SÁN DIEGO FSC: PRE—Amber Wilson, Angela Leslie, Christy Miller, Jason Leslie, Julienne Brackett, Marla Murray. 1—Joanna Gibbs. 3—Ashley Stevenson. 6—Heather Werner. PF—Amber Wilson, Angela Leslie, Christy Miller, Julienne Brackett, Marla Murray. IF—Ashley Stevenson. P DT—Barbara Gordon, Kristine Cendreda, Laura Mae McCollum, Laurie Appel. PS DT—Heidi Merrill, Sandy Varjacic. PG DT—Paula Rowe. SPR—Ashley Stevenson.

SAN FERNANDO VALLEY FSC: 2-Angela Poon. PS DT-Stacey Schlup.

SC OF SAN FRANCISCO: 3-Jimiann Toy.

SANGAMON VALLEY FSC: PRE—Baryth Ann Uden, Cindy Shipman, Dawn Marie Lach, Diana Lach, Heather Atkins, Jennifer Ahlers, Spencer Holloway, Susan Leavenworth. 1—Susan Elmore. PF—Baryth Ann Uden, Cindy Shipman, Heather Atkins, Jennifer Ahlers, Spencer Holloway. JF—Marchelle Werner, Rita Marmor. NF—Tracie Matsko. P DT—Beth Ann Frasco.

SANTA BARBARA FSC: PRE—Christopher Lucas, Cori Clyde, Michelle Marquis. 2—Leana Naczynski. 5—Sally McLean. PF—Christopher Lucas, Cori Clyde. JF—Joanna Anderson.

SANTA MONICA FSC: PRE-Laureece Saba. 1-Christina Apeles. PF-Laureece Saba.

SANTA ROSA FSC: PRE—Larisa Allingham, Robyn Rodota. 2—Michael Innes. 5—Christine Mullen. PF—Amy Zumwalt, Jane Myer, Jannette Abel, Nicole Lovrin. JF—Erika Ann Olson, Michael Innes. IF—Frederick Friedland.

SEATTLE SC: PRE—Dana Hendren. 4—Anne Lorentz. PF—Dana Hendren. JRF—Joelie Piccolini.
SHELBY VALLEY FSC: PRE—Autumn Childs, Jodi Bartolomucci, Karen Kelley, Sallie Baldwin. 1—Krista

Scott. PF—Autumn Childs, Candice Perna, Sallie Baldwin, Sue Lyons. JF—Lisa Stagner.

SILVER BLADES SC: PRE—Kerri Williams, Leslie O'Grady. 1—Elisabeth Brandt. 2—Kimberly Colotta. 4—Kimberly Parsons. 5—Amy Parkes, Brenda Sullivan, Kathy-Jean Lucey, Tara Marie O'Brien. 6—Dawn

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Marie Ginsberg. JRF-Dawn Marie Ginsberg. P DT-Martha Easton.

SILVER BLADES FSC OF KC: PRE—Melissa Alltop, Pamela Havens. 2—Regina Stanek. 4—Maureen Beary, Renee Keplinger. PF—Alisa Kasle, Caroline Jackson, Constance Jackson, Eric Poe, Jessica Klinghoffer, Lori Buckner, Melissa Alltop, Thomas Murphy. JF—Regina Stanek. P DT—Thomas Murphy. PS DT—Fredrick Roth. S DT—Amy Muhlenpoh.

SILVER SKATE FSC: PRE-Jennifer Gordon, Mary Henderson. 1-Deanna Baker. PF-Jennifer Gordon,

Mary Henderson.

SKOKIE VALLEY SC: PRE—Jennifer Desser, Melanie Schlesinger, Wendy Levy. 1—Laurie Drueck. 2—Amy Sowka, Elizabeth Rosenblum, Latonya Lowry. 3—Abby Karasick, Deborah Nichols, Jennifer Chojnacki, John Weinstein, Tommy Jasper, Wendy Gargiulo. 4—Anastasia Wehrenberg, Kristin Van Loon. 6—Missy Goveia. 7—Christie Edwards. PF—Jennifer Desser, Melanie Schlesinger, Wendy Levy. JF—Christopher Currie, Elizabeth Rosenblum, Ileana Dickler, Tracy Weskamp. IF—Abby Karasick, Jessica Mills, Nancy Leah Metzker, Tommy Jasper. NF—Deborah Nichols. PS DT—Alexis Weil. PG DT—Lois Todd. BPR—Kenneth Mills. SMITHFIELD FSC: PRE—Diane Passaretta, Rebecca Mellion. 1—Eryn Hartnett, Pamela Danielson. 2—Laura Esposito, Marcia Carufel, Renee Azzara, Sharon Sadwin. 3—Stephanie Taylor. 5—Michelle Dextraze. PF—Jenny Bubela, Jill Phillips, Rebecca Mellion. JF—Melissa Octeau. P DT—Dawn Ponte, Maribeth Orticerio, Rebecca Mellion, Susan Bizzacco. BR DT—Kelli Ann Cataldi. PS DT—Christine O'Brien.

SOUTH BAY FSC: PRE—Laura Probst. 1—Kathleen Schwalbe, Lucile Ream, Tammy Cook. 2—Donna Kugler, Michele Baca. PF—Laura Probst. JF—Donna Kugler, Michele Baca. BR DT—Byron Dollarhide.

SOUTH MOUNTAIN FSC: PRE—Alyson Morrow, Carla Mirti, Rebecca Mendel. 1—Ariel Klein. 2—Mary Pender. 6—Norman Smilowitz, Suzette Zazzarino. PF—Alyson Morrow, Jennifer Dicostanzo, Rebecca Mendel. JF—Nancy Gannon. IF—Mary Pender, Nancy Gannon. JRF—Norman Smilowitz. P DT—Carla Mirti. BR DT—Ariel Klein. S DT—S. Eileen Yeh, Sarah Kelley.

SOUTH TOWNS YMCA FSC: 1—Donnalee Tomaka, Julie Cook. 2—Michele Errington, Tina Koester. PF—Deanna Czeck, Donnalee Tomaka, Julie DiSarno. JF—Donnalee Tomaka, Tina Koester. IF—Barbara Bolton. BR DT—Leigh Zimmerman. PS DT—Renee DiCarlo.

SOUTHPORT SC: PRE—Linda Beth Kirschenbaum. 1—Bridget Bergquist, Heather Pelky, Lana Thorn, Lisa Clark. PF—Linda Beth Kirschenbaum. JF—Heather Pelky, Patti Dicello.

SC OF SPRINGFIELD: PRE—Stephanie Wiseman. 1—Susan Pierce. PF—Stephanie Wiseman.

ST. CLAIR SHORES FSC: PRE—Colleen Cantlon, Dawn Ziegler. 1—Carla Caputo, Janel Robinson, Janet Knurek, Kelly Kay Diem, Kristin Buckler. 2—Staci Turowski. 3—Renee Florka. 4—Shawn Kurczewski. 5—Jennifer Roach. PF—Colleen Cantlon. JF—Lesa Maria Herroscheck, Sylvia Ristic. P DT—Danielle McCarron

ST. CLOUD FSC: PG DT-Rhonda Pendergast.

ST. JOSEPH FSC: 4-Jerry Wheeler. NF-Jerry Wheeler.

ST. LAWRENCE FSC: PRE-Erin Martin. 1-Linda Narrow. PF-Christy Clark. JF-Jennifer Weiss.

ST. MORITZ ISC: 1—Adele Moore, Heather Barnes, Stacie Tosti. 2—Gina Gianelli, Laurlyn Markee, Melissa Murphy. 3—Margaret Kissinger. 4—Corinne Wilson, Jennifer Itoh, Kate Hollister, Kristi Yamaguchi. 5—Catherine Beauchamp, Joaquin Guerrero. 6—Lori Maston, Paula Losinger, Shawn Oda. 7—Richard Everit, Susan Blaisdell. JF—Gina Gianelli, Melissa Murphy. IF—Cynthia Wickstrom, Kendall James. NF—Jennifer Itoh, Kate Hollister, Kristi Yamaguchi. JRF—Paula Losinger. P DT—Kendall James. BR DT—Marsha Snow, Teresa Gavcus. PS DT—Heidi Sheehan, Michele Silak. PPR—Bridgit Drenser. BPR—Bridgit Drenser. SPR—Kristi Yamaguchi, Rudy Galindo.

ST. PAUL FSC: PRE—Alicia Flores, Christine Kasper, Kristin Orndorff, Miranda Davidson, Renee Berg. 1—Kristin Gupta. 5—Lori Thompson. PF—Alicia Flores, Christine Kasper, Eyde Koebnick, Kristin Orndorff,

Renee Berg. JF—Jennifer Marker, Kimberly McQuillan.

STOCKTON FSC: PRE—Darcy Jorgensen, Jan Fiori. 1—Holly Katz, Melissa Burnham, Michelle Johnsen, Nicole Vosburg. 2—Christopher Harwood. 3—Amy Kelley, Jennifer Flock. 4—Charis Marston. 5—Charis Marston. PF—Darcy Jorgensen, Jan Fiori. JF—Christopher Harwood. IF—Amy Kelley, Jennifer Flock. NF—Charis Marston. PPR—Mark Benjamin, Sandi Kosaiku.

STONE MOUNTAIN FSC: 2—Jennifer Raney. 3—Becky Vanderhorst. 4—Tiffany Gilhuly. 5—Heather Hyatt, Tiffany Gilhuly. NF—Donna Walter, Elizabeth Elders, Heather Hyatt, Shepherd Clark, Tiffany Gilhuly. JRF—Christine Malacrea. PG DT—Michelle Dudley. BPR—Holly West, Troy West. SPR—Chanda Jo Seckinger, Richard Gillam.

STONEHAM FSC: 2—Garrett Swasey. 3—Amy Gamache. JF—Garrett Swasey.

SUBURBAN SC OF MARYLAND: P DT-Elizabeth Barksdale, Enar Sanders, Rossme Taylor.

SUN VALLEY FSC: PF—Allyson Witmer, Kharn Sharp, Patricia Lawson, Rachel Humphrey, Susan Fisher. JF—Elizabeth Fisher. IF—Nicole Clark.

SUNCOAST FSC OF FLORIDA: PRE—Melissa Mertz, Stacey Blincoe. 1—Nicole Wasilewski. PF—Melissa Mertz, Stacey Blincoe. JF—Michael Sweeney. P DT—Michael Sweeney.

SC OF SUNRISE: PRE—Erika Augustyn, Karen Shapoff, Shannon Haithcock, Susan Augustyn. 1—Marianna Horea. 2—Florangel Martinez, Kathy Haley, Todd Pleeter. 4—Dalilah Medel. PF—Erika Augustyn, Jennifer Kay, Karen Shapoff, Susan Augustyn. JF—Diana Varchal, Florangel Martinez, Nancy Kuhn. NF—Dalilah Medel.

SUPERIOR FSC: 2—Alison Kending, Gayle Kending.

SYCAMORE ICE SKATING CLUB: PRE-Andrea Johnson, Nancy Huebner.

SYMMETRIC FSC: NF-Kristin Girvin.

TAUNTON AREA FSC: PRE-Kristen Youlden. 1-Lori Clark. 5-Tanya Tufts. PF-Devon Largey. JF-Coleen Duffy. NF-Tanya Tufts.

TRI-CITIES FSC: 2-Jennifer Perry. JF-Jennifer Perry.

TRI-COUNTY FSC: PRE-Lori Allison.

TROY SC: PRE—Beth Dysert, Elizabeth Campbell, Jill Cline, Kimberly Pittenger. 1—John Zimmerman, IV. 2—Shelly Rogers. 6—Jon Inglefield. PF—Jill Cline. JF—Kristin Knapp, Shelly Rogers. NF—Kimberly Minchey. TUCSON FSC: PRE—Eugene Gross, Shari Rohde, Trisha Watkins. PF—Eugene Gross. IF—Carlie Helgason. P DT—Deanna Gallagher, Eugene Gross, Leigh Ann Fisher, Troy Watkins, BR DT—Leigh Ann Fisher, S DT-Laurie Ware.

TULSA FSC: PRE-Lara Allen. Teresa Attebury. 2-Dena Bohnenstiehl. PF-Shay Gardner, Teresa Attebury. JF-Dena Bohnenstiehl.

TWIN STATE FSC: 2-Renee Arnone, PF-Joelle Carnevale.

UNIVERSAL FSC OF WINCHESTER: PRE-Dawn Lane, Nancy Davis. PF-Dawn Lane, Nancy Davis. JF-Nancy Wilkinson.

UTAH FSC: PRE-Janet Wadsworth, Natalyn Shepherd, Terrie Jacobson. 3-Carol Ann Richardson, Kathleen Bryan. 5—Stephanie Tanner. PF—Alison Rettie, Natalyn Shepherd, Terrie Jacobson. IF—Kathleen Bryan. NF-Kirsten Novak. SFD-Holly Cook.

VALLCO SC: PRE—Jeannette Diaz, Jennifer Brant, Wendy Liu. 2—Carisue Proctor, Lynda Schwendinger. 3—Heather MacDonald. PF—Jeannette Diaz, Jennifer Brant, Wendy Liu. JF—Beverly Chase, Carisue Proctor. IF-Danein MacDermott, Heather MacDonald.

WAGON WHEEL FSC: PRE-Jimmy Asta, Julie Casazza, Melissa Duckwall, Tamra Tsamoulos. 1-Julie Roche. PF-Gwendolyn Andrews, Jimmy Asta, Julie Casazza, Kim Hanratty, Kimberly Palladino, Melissa Duckwall, Sandra Hanratty, Wendy DeSouza. P DT—Jimmy Asta. PS DT—Davine Giannetti. WALLA WALLA FSC: 1—Maren Richards. 5—Sherry Danielson.

WARWICK FIGURE SKATERS: P DT-Karen Greczkowski. BR DT-Allison Angeli.

WASHINGTON FSC: PRE—Jennifer Silverberg. 3—Amy Schneider. 4—Amy McPartland, Christina McPherson. 5—Amy Marsh. 6—Cynthia Warner, Leah Bradish, PF—Jennifer Silverberg, IF—Evan Gottesman, NF— Amy McPartland, Christina McPherson,

WATERTOWN SC: 2-Patricia Lawlor, JF-Patricia Lawlor,

WEST COVINA FSC: PRE—Benjamin Wylie, Tiffany Cabot, Valerie Stevens. 1—Danielle Coleman. 2—Tanya Lizada, PF-Benjamin Wylie, Tiffany Cabot, Valerie Stevens, JF-Tanya Lizada, NF-Lucia-Anna Haak, PPR-Norma Edge.

SC OF WESTCHESTER: PRE-Ilisa Bauer, Karen Hook. 1-Amy Mayerman, Renee Segal. 4-Melanie Sokoloff, PF-Suzanne Reiter, JF-Kari Bayer, IF-Eve Rose, NF-Lara Pelinsky, Melanie Sokoloff, SC OF WESTERN NEW YORK: 4-Mary Sue Lesniak, Paula Kornowicz. PF-Kathleen DeVincentis.

WHITE PLAINS FSC: PRE-Wendy Greene. PF-Wendy Greene.

SC OF WILMINGTON: PRE-Darlene Reimschussel. 1-Barbara Smith. 2-Wendy Jean Fisher. 3-Dawn DeSimone, Fleming McCoy. 4—Maria Rodowski, Nicole Piovoso, Wendy Allison. 5—Jeffrey Czarnecki. JF— Ann Chadwick, Dorothy Smith, Karen Gooley. IF—Fleming McCoy, Valerie Nielsen. NF—Erin O'Neill, Nicole Piovoso. P DT-Clifford Retamar. BR DT-Ann Rucinski, Lynn Ryan, Mark Gaylo. S ADT-Edith Swoboda. PS DT-Elizabeth Thorne, Wendy Jean Fisher. S DT-Lynne Freeman. PG DT-Wendy Riggs.

WILMINGTON FSC: 2—Allison Newton. PF-Lori Ann Armstrong, Robin Andrews. JF-Andrea Marino. IF-Gretchen Ede. JRF-Jennifer Armstrong.

WINCHESTER FSC: PRE-Gina Reiff, Michelle Butler. 1-Colleen Morrison, Ewuniki Sanders, Liliana Donadio. 2-Jodi Benedetto, Pamela Mericantante, PF-Gina Reiff.

THE WINTER CLUB: PRE-Sarah Calabrese.

WINTER CLUB OF INDIANAPOLIS: 1—Julie Weintraut, Kathy Indelicato, 3—Jennifer Griffy, BR DT—Erin O'Brien.

WINTERHURST FSC: PRE-Melanie Miller. 1-Kristen Szakacs, Maura Mansour, Megan Mealy, Valerie Voltypka. 2—Charlotte Irwin. 3—Todd Cunningham. 4—Amy Carol Suhart. 5—Jeff Antolini. 6—Jennifer Meno, Tonia Sue Kwiatkowski. 7—Roberta Santora. PF—Veronica Votypka. JF—Jennifer Helon. NF—Amy Carol Suhart. BR DT-Jeannine Jones, Laura Murdock. PG DT-Roberta Santora, Tonia Sue Kwiatkowski. WISCONSIN FSC: 7-Lara Talbot, PG DT-Lara Talbot,

WISSAHICKON SC: PRE—Amanda Rappaport, Anita Zalewski, Hadley Longstreth, Pepper Johnson, Shannon Quill, Stefanie White. 1—Alexandra Urban, Krista Wojdak. 2—Brian Helgenberg, Eileen McCusker, Louisa Bartle. 6—Lori Gittleman. 7—Elisa Curtis. PF—Pepper Johnson, Stefanie White, JF—Brian Helgenberg, Eileen McCusker. IF—Denise Warburton. NF—Bill Brennan, Melana Walker. JRF—Clare Raasch, Elisa Curtis, Lori Gittleman. P DT-David Buchanan, Francis McIlhenny, James Curtis, Lauren Sokel. BR DT-Amanda Harberg, Christine Walker. PS DT-Joanna D'Alessandro. S DT-Elisa Curtis, Kathryn Alverson, Ethan Rogers, Jr. B ADT-Agnese Wojdak, Joanne McIlhenny. PS ADT-Joan Torello.

SC OF WORCESTER: 1—Bebhina Early, Jenna Knight, Julie Day. 4—Jennifer Ormondroyd. JF—Kimberly

WYANDOTTE FSC: PRE-Robin Sawicki. 1-Amy McQuiston, Beth McQuiston, Maureen Murzyn. 3-Vivian Osemlak. 5—Michelle Chapman. IF—Lawrence Ulanski. NF—Cathrine Walsh. P DT—Caroline Jordan. WYOMING VALLEY ISC: PRE-Susan Porzucek.

YALE FSC: 6—Lisa Clark. JF—Kristina Isakovich.

YARMOUTH IC: PRE—Kathryn Kayajan. 4—Dawn Feest. 6—Phoebe Pierce, Richard Sears. PF—Kathryn Kayajan. JRF-Phoebe Pierce.

INDIVIDUAL MEMBERS: PRE—Christine Chambers, Daisy Johnson, Ellen Coletto, Gay Andrews, Heather Russel, Heidi Russel, Marcia Thomas, Randi Rosenblatt, Samantha Love, Sarah Bjornberg, Suzanne Guiffre. 1-Wendy Hollahan, Wendy Donahue. 2-Renee Porterfield. 3-Heather Chauvin. 4-Andrew Foland. PF—Christine Chambers, Daisy Johnson, Donna Lewandowski, Ellen Coletto, Gay Andrews, Heather Russel, Heidi Russel, Holly Russel, Marcia Thomas, Melissa Goss, Randi Rosenblatt, Samantha Love, Sarah Bjornberg, Suzanne Guiffre. JF-Jamie Revord. IF-Heather Chauvin. NF-Andrew Foland. P DT-Alice Fecher. Christine Hosken, Debbie Bagnull, Elizabeth McLean, Elizabeth Massaro, Eva-Beth Daroff, Meghan Wright, Susan Keehn, Wendy Hollahan. S ADT-Norma Ware.

PROFESSIONALS: 1—Dawn Palmer. 2—Janee Meyers. 3—Betsie Pruvn-Spisak, Jill James. 4—Betty Cellini, 6—Cheryl Graham, 7—Sandy Donegan, PF—Joan O'Brennan, Lise Woolrich, P DT—Carol Lenggel, Jane Hagerman, Jenny Bond, Mary Openshaw. BR DT-Mindy Steiner. S ADT-Jean Kiddo. PS DT-Lisa Ellis, Kevin Williams. S DT-Anne Marie Filosa, Cheryl Graham, Sue Karrish. SFD-Kevin Poit. PG DT-Michael

Olsen, PPR-Alan Beckwith, Frances Malone.

Classifieds

Continued from page 39

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JoJo & Ken

Continued from page 37

JoJo: We missed only by a few hundredths of a point.

Libby: You stopped performing together full time after leaving Ice Capades in 1976. What have each of you been doing since then?

Ken: I studied arts administration and got a B.A. in theatre management from Pratt Institute in New York; during that time I did an internship at the Mark Taper Forum in Los Angeles. Then I went back to Ice Capades for a year as principal coach, doing choreography and coaching. After that, I started pounding the pavement in New York, trying to begin a whole new career. It was frightening at first. I was twenty-eight years old and going out on my first job interviews. I did a few things here and there and also taught a little, with Peter Burrows. I worked with Elaine Zayak just before she won the 1981 Nationals. Then I went on tour with the show, Annie, for two years, as assistant company manager, and after that assisted the general manager of the Broadway show, Zorba. This past summer I started working as a company manager for Joseph Harris & Associates, which are the general

managers for the Broadway shows, Glen Garry, Glen Ross, My One and Only, and Noises Off.

JoJo: I've done skating commentary and commercials and acting, and I've been working with John Curry's company. The current show is The John Curry Skating Company Presents "Symphony on Ice." It's basically ensemble work. He's brought in all these wonderful dance choreographers: Peter Martins, Twyla Tharp, Laura Dean. We toured Canada, and went to Tokyo and London, and this summer the Metropolitan Opera House in New York.

Libby: What non-skating interests and hobbies do you have?

JoJo: I love theatre and ballet, and I love puttering around my house, messing around with my plants and my dachshunds, Sugar and Spice. I also love to go to dance class.

Ken: I keep my life very full and do a lot of different things. The new house I bought has been keeping me busy. I love living in New York—I go to the theatre a lot, see a lot of dance, go to concerts and sporting events. I'm also involved with my church and its activities.

Continued on page 54

JoJo & Ken

Continued from page 53

Libby: JoJo, to get more personal, it's no secret that you had an up-and-down marriage to recently-retired Pittsburgh Steelers quarter-back Terry Bradshaw. Would you mind talking about that?

JoJo: Terry was a very important part of my life. I was a little girl when I got married. We were together five years, married legally more like seven. He's a wonderful person—very funny, warm, amazingly talented in many areas, always good to me in a lot of ways. The bad areas I don't really want to get into. But I'm grateful for how he touched my life and for the good times we had together. There was pain, too, but it was a magical time.

Libby: With the first twenty-five years under your belt, what are your future skating goals?

Ken: I think we'll always be involved in skating. JoJo and I have talked about doing an evening more or less by ourselves, because we're singles skaters as well as pair performers, which is pretty rare. We'd like to do all the things we've always wanted to, in one evening. Maybe a benefit evening, or a television show.

Another thing I've talked to Jo about is eventually having a skating company. Something that's commercial in nature, but offers pure skating rather than just the entertainment of beautiful costumes. Skaters have a lot of different styles, and what Dick Dwyer does is just as valid as Peggy skating to "Ave Maria" or the Russians doing a very fast, tear up, throw-her-around pair number. It would be broad enough to include all of that.

Libby: On that note, JoJo and Ken, I think I speak for your fans from here to China: the best of luck on your future endeavors, and thank you for twenty-five years of wonderful skating.



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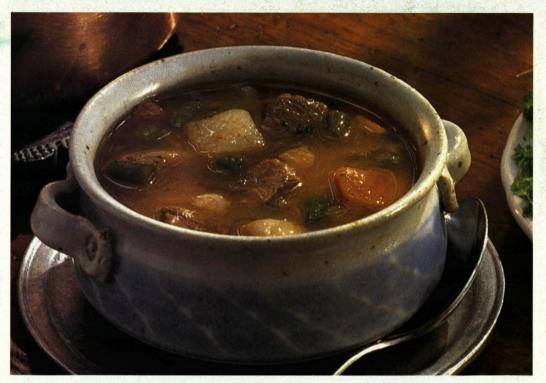




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