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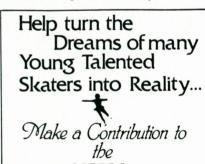
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In the June issue of *Skating*, I asked a question of you: "Why do you skate?" Letters poured in from all over. I had planned to thank everyone who wrote only from this column, but the letters were so astounding I wrote personal thank-you notes instead. If you wrote, thank you again. Whether you wrote or not, I felt you would be interested in what others had to say about ice skating.

But I should qualify why I asked the question. Frankly, I asked for a personal, and perhaps selfish, reason. For many months I had tried to query magazines (query: ask if the magazine would be interested in publishing an article based on the writer's idea for an article—in my case, an article on skating for older people.) The rejects were polite but definite. No reason given. Perhaps the query was badly written, perhaps the seasonal timing was off, perhaps the magazine was the wrong goal, perhaps . . . anything. But I began to doubt that skating was it; that maybe my feeling—and the feeling of others I'd talked to-was too prejudiced regarding our sport; that magazine editors consider figure skating as something slightly below field hockey and somewhat above pocket billiards.

So, doubting, I asked. And thank heaven, I did. For what I read in the letters has not only revived my concern for skating in all its aspects, but renewed my belief that figure skating is one of the great all-round, any-age activities. Sport it may be, but according to the letters received it is not only both mentally and physically therapeutic, it restores hope and youth, provides relief from boredom, housework, children, helps diets, builds appetites (or the other way round), demands the concentration of a brain surgeon and the patience of a searcher for sunken treasure. It also creates new friendships, strengthens old ones, and develops better egos—in the best sense of the word.

Above all, it offers a CHALLENGE. This word was echoed in letter after letter, as if it was the password to a better life. It came from young and old alike, in all sizes and shapes. I was strangely surprised to have not expected it. Yet my dictionary defines the word as "An invitation to engage in a contest," so when I add "with oneself" it becomes clear enough. The challenges were so varied



as to provide a veritable cross-section of life itself. There was the challenge of disability, of muscular effort, of fear, of accomplishment, of concentration, of aging, and even of the derision of others not a part of the sport. And, in fact, the latter challenge was centered on the adult skater. Letter after letter began by the writer thanking *me* for asking "why," and listening to "why." "I didn't think that anyone cared!" wrote Mary Alice Williams, of Olmsted Falls, Ohio. "At last," cried Barbara Hillier, of Lakewood, Colorado, "someone is asking *me* why I skate."

I read a universal lament that adults were considered some weird but necessary segment of skating society, to be let out at times when needed but to be hidden or ignored as something to be ashamed of; that skating seemed to be for children only ("Are you still skating!?" people would ask 68-year-old Abby Niss, of Portland, Maine—to which she'd reply, "Of course!") But once freed, the adults didn't care. "I could be 9 or 19 and headed for the Olympics;" says Elizabeth MacCormack (60-70-year-old) of Beverly. New Jersey. And Mort Coley, of Bronxville, New York, exults, "We fly but have no wings!" Jill McGahey (Kansas City, Missouri) puts it this way: "The skating world has put the widest grin on my face . . . "

I chose one letter that expressed most of what all the letters tried to say. In its own way, it describes how we all feel. Billie Moore, of Santa Rosa, California, writes:

I am overjoyed! Somebody really wants to know why I skate. After 17 years of making



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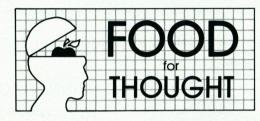


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Nutritional Guide for the Skater.

QUESTIONS SKATERS ASK

by
Arnold E. Denton, Ph.D.,
Member USFSA
Sports Medicine Committee
Senior Vice President
Campbell Soup Company
and
Chor-San Khoo, Ph.D.,
Director — Nutrition Science
Campbell Soup Company

Over the last couple of months, we have interviewed a number of skaters of different ages to see what questions you would like answered concerning nutrition. We have chosen a few to answer here this month. Others will be answered in greater depth this year. As always, if you have a question that you would like answered about nutrition, health, and skating, please write to us: Dr. Chor San Khoo, Director of Nutrition Science, Campbell Soup Company, Campbell Place, Camden, NJ 08101.

Question: What kinds of foods will give me the most energy?

No food or product alone will give the magic quantity. The secret to energy and athletic performance is to follow the five golden guidelines:

- 1. A well-balanced diet
- 2. Adequate sleep and rest
- 3. Good physical health
- 4. Proper training and preparation
- 5. Good mental health

This combination creates the recipe for top athletic performance. One single food or even a drug will never give more than a good wellbalanced diet. Moreover, relying on a single cure may have disastrous results.

Just for the record, let's review what a well-balanced diet is. Nutritionally speaking, your job is to be sure you get adequate vitamins,

minerals, and other nutrients, and moderate amounts of fat, sodium, and fiber from proper servings of each of the four basic food groups: dairy; meat, fish, poultry, and legumes; grains, breads, and cereals; fruits and vegetables.

Some people claim that they get a boost from a particular food. This, as far as we know, is only psychological.

Question: What is the proper ratio of protein to carbohydrates to fats for a skater?

Many athletes ask this question because they are thinking of carbohydrate loading eating a lot of carbohydrates before an important athletic event. Carbohydrate loading is only helpful for endurance events. Even then, endurance athletes such as long distance runners find that the body does not need carbohydrate loading for very short runs. So you see, to load carbohydrates for a skating event may not be very helpful and may even hinder you on the ice. In general, the dietary guidelines to follow are those recommended by the National Academy of Sciences: Protein should make up 12-15% of a day's total Calories: Fats should make up 30-35% of a day's total Calories; and Carbohydrates should be 50-58% of a day's total Calories.

This means that in a normal day of consuming 2000 Calories, about 240-300 Calories of those can be from protein, 600-700 Calories can be from fats, and 800-1160 Calories can be carbohydrates. To figure these in grams, all you have to do is divide the total Calories (240-300 Calories for example) by 4 (gram/Calorie) for protein, 4 (gram/Calorie) for carbohydrate (so the gram quantity would be—protein: 60-75 grams, carbohydrates: 200-290 grams) and by 9 (gram/Calorie) for fat (so the grams of fat are 67-78 grams).

This ratio does not change with age or normal physical activity. The only thing that may

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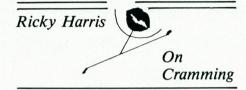
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When I was at the University of California, Irvine, getting my MFA in Choreography, each quarter we had dance exams. Although generally dancers work very hard and love critical attention, there was something emotional about having to dance both barre and dance combinations in front of a panel of professors who were grading you on that particular performance.

It didn't seem to matter that I loved performing and was quite comfortable acting and dancing in front of audiences. All of a sudden there was this long table in front of full-length mirrors covering one wall of a huge dance studio, with five to seven solemn-faced individuals sitting there ready to pounce upon that miniscule error that you hurriedly tried to cover up with a big smile, and even bigger "grand jete"!

It didn't work however, because even if the others missed it, "old eagle eye" Eugene Loring, then head of the Dance Department, would certainly catch it. There goes my "A," I would think, as I caught his eyes glaring at the naughty foot that was slightly out of place.

Final exams became traumatic to a lot of dance students, and for a week or two before exams, some would spend many furious extra hours in the studio, busily going through the work that they had been given all quarter. This too did not escape the eyes of Eugene Loring, and one day a large sign appeared in the dance studio, just above the mirrors, so that no one could possibly miss it. It read: You Cannot Cram For A Dance Exam.

These words come back to me whenever I observe skaters putting in many extra hours and working furiously one week before a test or competition. I believe if skaters (as most dancers do) would work every day in their sessions to their utmost capacity, they would not feel the need to "cram." Practicing the way you want to perform is taking advantage of every minute.

The human body is not a machine! It needs time to stretch and develop the muscles and

Continued on page 47

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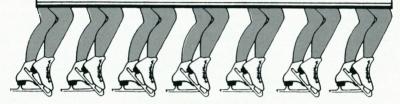
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Sundae's Review

by T. Sundae Bafo



TEAM TRAVEL - PART I

If you have never experienced a team preparing to board a bus or a plane embarking on a competition weekend, you are in for an overwhelming feeling of team spirit, togetherness, and a warmth of friendship. Anticipation, excitement, and enthusiasm are at an all-time high for what lies ahead.

In order to enjoy such an experience much preparation is required. Without proper organization and preparation such an event could be a nightmare.

When committee and chairman are picked for the following year, at the end of the winter season, the travel committee has a major job to do. The chairman of this committee must be organized and willing to spend a great deal of time working with travel agencies, hotels, airlines, or bus companies.

The chairman must also be patient and willing to work closely with parents who may have special needs. The chairman must be able to handle these situations with tact and diplomacy yet stand firmly behind the rules set by the committee.

It would be beneficial to this committee, if the coach plans the various competitions the teams will attend as soon as possible. However, the coach can plan *only* as quickly as the dates of competitions are made available. Some competitions may have conflicting dates. Mailing out flyers with dates well in advance for clubs hosting a precision competition is advised. A coach may then choose the competition most beneficial for his team.

Because of the many factors to decide, the coach must have time to make his decision. The travel chairman and team parents must

not pressure or question the decisions made by the coach. If they knew what was best for the team, *they would be coaching it*.

If competitions are under one-hundred miles, teams may wish to use cars for travel. A sign-up sheet should be posted. Parents volunteering as drivers should have vehicles available with plenty of room for two or three skaters with skates and luggage. In case of an emergency, all volunteers should make arrangements for backup drivers. The travel chairman should be notified of backups.

A meeting place and time is assigned. (Rink Parking lot—7:00 A.M. sharp.) The travel chairman and team managers should have a phone call chain system so no one oversleeps. A roll call should be given when team members and drivers arrive. When all skaters are present and accounted for, a skate and equipment check made, and skaters and equipment placed with the designated car pool, the team should "head out" in caravan style. In case of car trouble help is at hand. Team cars arrive together. Stragglers will not be a problem. Often teams have practice ice scheduled close to the designated arrival time. All team members must be present for practice to familiarize themselves with the new surroundings. A straggler missing the practice could have difficulty adjusting on the day of the competition. A complete and specific set of instructions must be given to parents and skaters to avoid unnecessary confusion.

If a team has to travel two-hundred to fourhundred miles bus travel generally is the most economical. The travel chairman should check various bus companies far in advance. They may vary greatly in price. If a club has more than one team and they are large in size, two buses may have to be rented. The chairman should check the type of bus offered by the company. It is important to know how many seats are available; is there a lavatory? Having arrived at the team's destination is it available to take the group out to dinner or a shopping area? Are there extra charges for these services?

After the decision has been made on the bus company, the skaters, coach, and team managers are the first to be assigned to the bus. If there are seats available, they are sold to parents, relatives, and spectators who may wish to accompany the team and cheer them on. This helps defray the cost for the team. If two clubs from the same area have a good rapport, they may wish to share the expense of the rental of the bus. The advantage is the expense is less per club team. It also serves to bring two teams together. There are also disadvantages to this. Teams may have conflicting schedules for competitions and practices. Bus situations do pose some problems. Unless a team needs the financial aid of another team in renting a bus, it is the recommendation of this writer to avoid this situation.

Depending on the company, terms of payment may differ. Some ask for payment in advance, some will bill. In order to be prepared, team members must prepay their bus trip fee.

If the distance is five-hundred to sixhundred miles or more, bus travel becomes lengthy and in the long run more costly. A bus may take ten hours or longer to reach its destination. The skaters become extremely weary and would probably need to leave earlier than usual. If the competition is on Saturday and a practice time is set for Friday, the team would have to leave Thursday. To get off a bus after long hours of sitting, ready to perform well at a practice is asking a great deal. The skaters need time to pull themselves together. An additional hotel expense for one day, if not two, is added as well as additional meal expenses.

Generally, a two-day competition concludes about three or four in the afternoon. To face a ten-hour bus ride at that time is grueling. A one-day competition may not end until eight or nine at night. To board a bus at this time is a hardship for most young children.

There is one major advantage to the use of buses on long trips. There is no additional transportation cost or inconvenience to and from the airport to the hotel and hotel to the rink.

If a plane is used, a bus must be rented to accommodate the team's transportation. The bus should be waiting at the airport for the team's arrival. Have the telephone number and name of the contact person in case the bus is not at the airport.

In order to find the best "deal" possible for your team, start early and shop around. If the chairman has a travel agency they have used and feel they are reputable, contact them. Check newspapers and commercials for "special rates". We have available through the USFSA the USAmateur Athletic Travel Card which has special rates for airfares. hotels, and car rentals. Some airlines have a policy of one free ticket for every fifteen or twenty people in the group. Check in advance the number of parents who wish to accompany the team. The more in the group the more the number of free tickets may increase. Parents who do not wish to accompany the team, but plan on attending the competition, will make their own reservations.

No matter what form of travel your team decides to use—collect in advance.

T. Sundae Bafo is the coach of the Buffalo Skating Club's precision skating team, Hot Fudge Sundaes, and a member of the USFSA Board of Directors.

The 1984-85 Season in Figure Skating

"Very Exciting with a High Ouality of Skating"

by Benjamin T. Wright (USA). Member of the ISU Figure Skating Technical Committee

The competitive season immediately following the Olympic Winter Games is always a time of change and the start of a new cycle of growth in figure skating. Many of the leading champions and competitors leave the competitive ranks after the Olympics. New and promising skaters quickly appear on the scene to challenge the established ones remaining in competition, which heightens the interest in and drama of the major championships.

Such was the case of the 1984-85 season in figure skating, as the "race" to Calgary in 1988 began. Departing from the scene were 1984 World Champions Scott Hamilton (USA), Barbara Underhill and Paul Martini (CAN), and Jayne Torvill and Christopher Dean (GRB). Electing to continue their competitive careers in 1985 were Katarina Witt (GDR), the 1984 World Ladies Champion and Elena Valova and Oleg Vasiliev (URS). the 1984 Olympic Pair Champions.

Despite the fact that the World Championships, both Senior and Junior, have been held outside of Europe for two years, in Asia and North America respectively, there was no significant drop in the number of entries from 1984 to 1985, except in pair skating, the low level of participation in which by the Members continues to be a cause for concern to the ISU. Actually, the number of entries in singles modestly increased overall.

The entries can be compared as follows: World Junior 1984 (Sapporo): Men—18 (13), Ladies-25 (18), Pairs-11 (8), Dance-15 (12); World Junior 1985 (Colorado): Men-17 (12), Ladies-24 (19), Pairs-8 (4), Dance—14 (8); Europeans 1984 (Budapest): Men—22 (13), Ladies—22 (14), Pairs—11 (7), Dance-21 (12); Europeans 1985 (Gothenburg): Men-21 (16), Ladies-26 (18), Pairs-8 (4), Dance-16 (10); Worlds 1984 (Ottawa): Men-26 (18), Ladies-23 (18), Pairs-12 (5), Dance-21 (13); Worlds 1985 (Tokyo): Men-27 (20), Ladies-26 (19), Pairs-13 (8), Dance-19 (12).

The numbers in parentheses represent the number of participating ISU Members in each event.

Disappointing with respect to the Championships in general was the significant decline in the number of spectators attending. which at least with respect to the European and World Championships could be attributed in part to local live television coverage.

Despite the departure of many of the leading competitors from 1984, the standards of competition remained high in 1985, particularly among the men. The skaters continue to explore the ultimate limits of their athletic ability with the triple Axel Paulsen jump now being seen more than once and with triple jumps otherwise becoming almost "common place".

The outstanding success of the representatives of the Soviet Union in the Championships was well deserved and they are to be congratulated upon their achievements.

At the World Junior Championships in Colorado Springs, Tatiana Andreeva won the first Ladies title ever for the Soviet Union, while the other winners were Erik Larson (USA) in the Men, Ekaterina Gordeeva and Sergei Grinkov (URS) in Pairs and Elena Krykanova and Evgeni Platov (URS) in Dance for the second year in a row.

At the European Championships in Gothenburg, defending champion Alexandr Fadeev (URS) was unable to participate due to injury, with the title going to Josef Sabovcik (CSR), the first title-holder from Czechoslovakia since Ondrej Nepela in 1973. Katarina Witt (GDR) won her third straight Ladies' title with an outstanding "come from behind" performance in free skating, to edge her perennial rival Kira Ivanova (URS). Elena Valova and Oleg Vasiliev (URS) successfully defended their pairs title in a disappointingly small event, while Natalia Bestemianova and Andrei Bukin (URS) took the vacant dance title, their second, with a very strong

Food for Thought

Continued from page 9

change is the total Calories consumed per day. If you are less active (example, when off training) you may have to cut down on your total Calories, but make sure the nutritional ratio for fat, protein, and carbohydrate remains the same.

If you are on a weight control diet, below 1000 Calories, you may have to reduce the fat ratio and increase the protein ratio to accommodate for muscle loss during weight reduction. This kind of dieting, of course, should be done under the strict supervision of a physician.

Remember to pay attention to the ratio requirements within the carbohydrate and fat groups. The National Academy of Sciences recommends that about 10% of your carbohydrate intake should be simple sugars, the other 90% should be complex carbohydrates and fiber, and these are found in bread, potatoes, pasta, vegetables, and fruits. As for fats, you want to be sure you get saturated fats, polyunsaturated, and monounsaturated fats in a ratio of 1 to 1 to 1.

Question: Is there any real difference between processed foods and natural or health foods?

The only real difference is price. Natural and health foods tend to be over-rated as far as nutrition goes. As you cook them, your are basically processing them at home and the same nutrients are broken down in your kitchen as in the factory. Many canned and processed foods are vacuum packed which has the advantage of protecting further nutrient breakdown by oxygen. Also, processed foods are strictly regulated by the Food and Drug Administration and the U.S. Department of Agriculture regulations so there is less problem with bacterial contamination than even with foods processed at home. It is interesting to note that the majority of botulinum food poisoning cases occur with home-cooked food that was improperly prepared or was left to sit and not reheated properly than with commercially prepared food.

Fresh food, when stored over time even on a shelf, can lose vitamins such as vitamin C very easily. With food processing in general, nutrients such as vitamins and minerals may be added back into foods (enrichment, restoration, or fortification) in the process so that you get back what you lost in the processing. This is something that cannot be done with natural or health foods.

It is also worthwhile to note that at least 50% of all American food is processed, from the chicken you buy which has been vacuum packed to preserve it longer in the package, to the milk you get which has Vitamin D added to it. To say that you do not want to eat any processed food is to radically alter your lifestyle. It can also become fairly expensive. As in all aspects of nutrition, balance is the best road to take. You can enjoy the benefits of processed foods as long as you are getting all the nutrients your body needs.

Question: How many Calories a day should I consume if I want to lose or gain weight?

The guideline here is: to lose a pound of fat, you must decrease your intake by 3500 Calories, or about 500 Calories each day. The limit for a safe weight loss program is not to lose more than 2 pounds per week. This keeps your body in good functioning order and paces the process of weight loss properly. The slower the loss, the slower the return gain.

So if you want to lose 2 pounds in a week, you must reduce your intake from a normal 2000 Calories a day to 1000 a day for a week. If your want to gain 2 pounds per week, you must increase your Calorie intake by 1000 Calories a day.

In any case, you must be under the guidance of a physician if you decide to make any changes in your present weight.

Remember to write to us so we can answer your questions.



MEDICINE

B R F

These monthly columns will be written by members of the USFSA Sports Medicine Committee, and will include a variety of topics we hope are of interest and help to you. Included will be columns on the practical treatment of common medical ailments of international travel; the skater's foot; the role of the parent in the child's development as a competitor and human being; what to do if you are the first to respond to a sudden skating injury where no physician is present; and so on. While we cannot answer specific questions or give

direct personal advice, we do encourage you to write in your comments and suggestions (both on improvements we might make and medical issues you would like to see discussed).

The Sports Medicine Committee emphasizes strongly the need to consult your personal physician or medical professional for advice about any specific problems you may be experiencing.

-Howard M. Silby, M.D.

Chairman Sports Medicine Committee

IS THERE A DOCTOR IN THE HOUSE? (Or How to Find a Good Practitioner When You Need One!) Part I

by Karen J. Berger, R.N., EdD

"Jock doc shock." That's how some writers refer to the bewildering process of finding a good sports doctor when you need one. The fitness boom has influenced not only a phenomenal growth of sports medicine as a medical sub-specialty, but also an impressive new array of professionals who have added "sports" to their official titles. Listings for a wide variety of sports specialists are readily found in the Yellow Pages. Yet there is currently no credentialing system for certifying the qualifications of those who identify themselves as sports medicine experts.

What does this mean for the skater and his parents who don't have a sports doctor and who may not consider the issues involved in finding one until a problem (and sometimes an emergency) occurs? All too often it is the young skater's first experience with "camelspin chin" or "figure skater's foot" that raises the perplexing questions about how to find competent and appropriate care. Are sports specialists only for the elite athlete? Do they have a role in the care of any athlete? Should you have a sports doctor only for a specific problem such as a sports injury, or does an

athlete need a sports doctor for health supervision? Which types of sports specialists are important to the skater? How can you assure that the care you receive from a sports specialist will be competent care? What sources of information and advice on finding a sports specialist are reliable? Does the doctor caring for a skater need to "know skating?" These are just a few of the issues that surface, frequently bringing more than a little anxiety with them.

While it would take too much space to cover the ins and outs of all these questions, some highlights are discussed here. Practical suggestions are based on the comments of recognized regional and national experts, on the current literature, and on insights gained as the author took the role of "naive consumer" and went through the process of finding a sports physician.

WHO'S WHO ON THE SKATER'S **HEALTH CARE TEAM**

Dr. Gary Losse, orthopedist to the San Diego Chargers, feels strongly that the sports physician is not just for the elite athlete, but for any athlete who, when injured, is not satisfied with the advice, "If it hurts, don't do it?"

Many experts agree that such advice is given all too commonly by health professionals who are not confident in their ability to supervise the active rehabilitation of athletic injuries. The role of the sports physician thus goes considerably beyond a casual prescription for pain medication and rest. It includes understanding the athlete's goals in his sport, and forming a diagnostic, treatment, and rehabilitation plan to help him return to his sport and his training program in the shortest period of time, and at the highest performance level possible.

There is another important aspect of the sports physician's role, however. Dr. Lee Rice, Losse's colleague with the Chargers and a family physician by training, states that the sports physician has an especially important contribution to make in the overall health supervision of the athlete. Understanding the range of problems to which the athlete is vulnerable (psychological as well as physical) and appreciating the potential impact of these problems on the athlete as an individual are both vital. Health promotion through periodic fitness evaluation by a primary care physician with an interest in sports medicine can be good insurance for limiting the risk and consequences of athletic injury and assuring that appropriate care is obtained when injury occurs.

Thus, there is a growing trend among sports physicians to define their health promotional role in the care of the athletes. Such supervision is important for all athletes, and is critical for the young athlete who is still growing and developing or who has a chronic health problem such as diabetes or asthma conditions which no longer preclude athletic involvement. The health supervision of a skater should include regular physical examinations and health consultations by a sports doctor who understands the demands and dangers of the sport, but who also knows the health problems that can occur as a result of fashions and fads in training practices. Moreover, in a sport such as skating, in which the participants are primarily female, the physician must also appreciate the implications of anatomical and physiological differences to the scope of health problems the athlete may experience.

While a sports physician with a generalist perspective is central to the health care of a skater, a team approach is important for comprehensive evaluation and treatment when problems occur. The team caring for the skating athlete will generally include, in addition to the family physician or pediatrician, an orthopedist and a podiatrist who provide the specialist viewpoint for approaching problems of the leg and foot so common in the sport of skating. When a rehabilitation plan is necessary, the physical therapist will also participate. A generalist who is well qualified in sports medicine will be able to make competent referrals to equally well-qualified sports specialists when the need arises. (Occasionally, in the care of the female skater, a gynecologist may also join the team. Less frequently a general surgeon or a plastic surgeon may be required to treat soft tissue injuries, but these professionals need not be sports specialists.)

As recognition has increased of psychologically based, sport-related performance problems, the sports psychologist has become a particularly valuable professional resource. Here specific knowledge of the peculiar demands of the sport is especially important. Dr. Bruce Ogilvie, sports psychologist on the USFSA Sports Medicine Committee, stresses that in order to effectively counsel the skater, the psychologist simply must understand the unique psychological stresses of the sport.

Other non-medical sports professionals who more and more frequently participate on the skater's health care team are the exercise physiologist and the nutritionist. Generally, their role is limited to providing initial and occasional follow-up evaluations. The exercise physiologist offers complete athletic fitness testing, including muscle strength and flexibility evaluations as well as skin fold measurements and underwater weighing for body fat assessment. The nutritionist provides counseling on nutrition needs and diet plans. When a special problem exists, such as with weight control, the athlete may benefit by more regular consultations with these professionals.



NOVEMBER

- Ice Time, a benefit for Hospicare, sponsored by the Cornell FSC, at the Lynah Rink, Cornell University, Ithaca, NY. Guest skaters JoJo Starbuck & Ken Shelley, Buffalo Precision Team, and the Cornell hockey team. For information contact: Ellen McCollister, 607-272-5936.
- 3-9 Southwestern Regional Figure Skating Championships, sponsored by the FSC of Omaha, at Ak-Sar-Ben Ice Arena. For information contact: Robert & Anne Marshall, 13625 Arbor St., Omaha, NE 68144, 402-333-8364.
- 6-9 Pacific Northwest Regional Championships, sponsored by the Overlake SC, at the Sno-King Ice Arena, Lynnwood, WA. For information contact: Colleen Parke, 8435 40th Ave. S.W., Seattle, WA 98136, 206-935-5540.
- New England Regional Championships, sponsored by the North Shore SC, at the Town Line Twin Rinks Arena, Route 114, Danvers, MA 01923. For information contact: Mr. Charles Spear, 617-774-5676.
- 15-17 Indiana Figure Skating Championships, sponsored by the WC of Indianapolis, at the Indiana State Fairgrounds Coliseum, 1202 E. 38th Street, Indianapolis, IN. For information contact: Mrs. Nancy Tyner, 6250 Dean Road, Indianapolis, IN 46220, 317-259-4151.
- 23 "Fall" on Ice: Evening of Champions, sponsored by the Binghamton FSC, at the Chenango Bridge Ice Rink, Chenango Bridge, NY 13745. Carnival featuring Judy Blumberg and Michael Seibert among others. For information contact: Joel Boyd, Pres., 72 Grand Blvd., Binghamton, NY 13905, 607-797-4211 (home) or 607-722-7244 (work).

DECEMBER

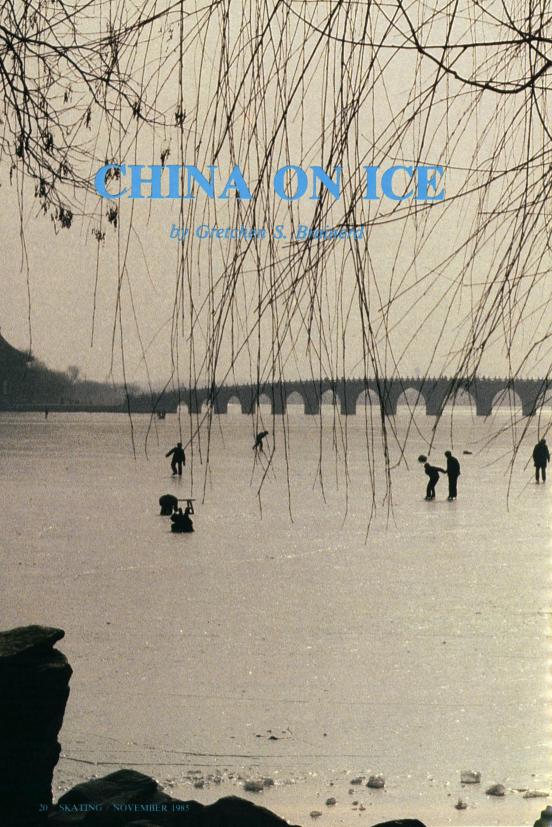
6-8 Holly-Days On Ice, sponsored by the Sierra Nevada FSC, at the Meadowood Ice Arena, Reno, NV. Christmas show

- featuring Olympic star Brian Boitano and sixty local skaters ages six to seventy-seven. For information contact: Jan Admirand, 702-826-7128 or Meadowood Ice Arena 702-826-8991.
- Dance Day—Chicago-Land, sponsored by the Oak Park FSC, P.O. Box 843, Skokie, IL 60076, at the McFetridge Sports Arena, 3845 N. California, Chicago, IL 60618. Dance Program & Seminar. For information contact: Ileane Sundberg, President, 6545 S. Main St., Downers Grove, IL 60516, 312-963-7679.
- 14-15 Christmas Around the World, sponsored by the Greater Evansville FSC, at the Swonder Ice Rink, Evansville, IN. For information contact: Phyllis Hite, 1810 Allens Lane, Evansville, IN 47712, 812-423-8246.
- 15 "Winter Wonderland" Ice Exhibition, sponsored by the Skating Club of New Hartford, at the New Hartford Recreation Center, Mill Street, New Hartford, NY 13413. For information contact: Donna Williams, 2627 Edgewood Road, Utica, NY, 315-733-8554.

JANUARY

- 11-12 Snow Flake Competition & Test Session, sponsored by the Potsdam FSC, at the Clarkson University Arena. For information contact: Shari Wilcox, Rt. 3 Hatch Road, Potsdam, NY 13676, 315-265-7022.
- 17-18 America On Ice, sponsored by the Pittsfield FSC, at the Pittsfield Boys' Club Rink, 16 Melville St., Pittsfield, MA 01201. Ice show featuring the Spirit of Massachusetts. For information contact:

 Mary Rentz, 107 Northumberland St., Pittsfield, MA 01201, 413-442-6732.
- 24-26 5th Annual Omaha Winterfestival Invitational Competition, sponsored by the FSC of Omaha and Blade & Edge FSC, at the Hitchcock Ice Arena, Omaha, NE. Figures, Freestyle, Com-





ice festivals, ice sculptures, ice skaters.

Traveling in northern China in a bedraggled fox fur, long johns, and padded ski pants just after New Year's, I was a "foreign guest" playing the tourist and visiting skater. I sought out those places where the cold climate could be fun.

First stop was Beijing. When winter winds blow across the northern plain, the manmade lakes in the parks dotting the city fill with skaters day and night. During the day a few workers may be taking a break, or tourists from other provinces may rent some blades to say they skated on the lake at the Summer Palace. In the evening, Chinese popular songs fill the air, and Beihei Lake next to the "Forbidden City" becomes the center of social life for the young set.

An American woman with red hair in figure skates stood out. My Chinese companion took me on a tour of the interlocking circles of skaters across the lake, cutting through tight conversation groups, or beginning skaters who kept to the fringes, to enter the outer fast lanes or to take a spin "on exhibit" in the center before moving on to the next circle.

Words can hardly describe the lively night scene. In a city with few streetlights, the ice was lit up like a festival, and the bitter cold was made bearable by the warmth and exhuberance of the crowd and the motion of skating. Long blades predominated, and speedskaters in their skin tight suits were the showmen. Less serious skaters showed off new Western-style jeans and brightly colored down jackets, both now made in China. I saw a few hockey players, but I was the only dance or figure skater.

Where were the figure skaters? My second stop was a visit with the Chinese Figure Skating Association. Zhang Shu Ying, Secretary of the Association, picked us up at the hotel and took us to the Beijing Central Gymnasium, where an Olympic-size indoor ice rink is open three months out of the year. Lu Minghong, Secretary General of the Sports Association, joined us there.

"China is very far behind in figure skating," Ms. Zhang told us. "Until we start winning, there's very little money allocated to the sport. Speedskating is bigger. Skaters trained in the Soviet Union in the past."

We had been warned in advance that a number of the top singles skaters, as well as Jing Bo Wen, President of the Figure Skating Association, were in the north at Harbin. They had been spending the New Year's holiday at the "Ice Lantern Festival" and training at the Harbin ice arena, the only other indoor rink in China. Several pair and dance

skaters, however, were on the ice when we arrived at the Beijing arena.

Chinese figure skaters competed for the first time in Worlds and the Olympics in 1980. "We came in last, but skaters are now going abroad for summer training," I was told. Over the summer and in the fall of 1984, singles skaters competed in the Coupe des Alpes, the Nebelhorn Trophy, the Golden Spin of Zagreb, and the NHK Trophy competition in Tokyo. No longer in last place, the men, Zhang Shubin and Xu Chin Zhaxiao, and the women, Fu Caishu and Jiang Hibing, gave respectable showings in the middle or second half of the competitors.

The pair and dance skaters I saw on the ice were training for the University Winter Games, scheduled for February 16-24, 1985. There would be one Chinese entry in each category.

Eighteen-year-old Sun Dan and her twentyone-year-old partner Shan Zhen Yuan will be competing in Senior Pairs. This will be the first trip abroad for the pair who started their skating on the lakes and frozen rivers of Changchun, northeast China. The couple came in first in Senior Pairs in the Chinese national competition in March 1984. They are only able to practice one or two hours a day after school, coming to Beijing for training during school vacations. Zhen Yuan is studying physical culture and Dan has just finished high school.

Zhao Liaolei, a tall and slim eighteen year old from Harbin, went to the Sarajevo Olympics with his partner last year as the first Chinese entry in Olympic ice dancing competition. The couple came in last, but Liaolei hopes for better at the University Winter Games this year with his new partner, Lui Luyang, a seventeen year old also from Harbin. Perfectly matched in height and style, the young people performed a spirited Yankee Polka for their American guests, as well as part of their free dance.

Liaolei also stepped out with me to try an American Waltz, which he followed from the USFSA Rulebook—the dance is unknown in Beijing. The Chinese skaters expressed surprise and interest when I described the social ice dance skating clubs in the U.S.

Dance and pair skaters receive their coaching from Li Hong, a dancer, and San Jiaqi and his wife, Huang Yushi, who first



U.S. OLYMPIC COMMITTEE INKS HISTORIC AGREEMENT WITH NATIONAL OLYMPIC COMMITTEE OF THE USSR

The United States Olympic Committee and the National Olympic Committee of the Soviet Union have forged an historic agreement which will bind the two sports organizations to a relationship in support of amateur sports and the Olympic effort.

The signing of the Memorandum of Mutual Understanding and Cooperation in Sports took place in Indianapolis on September 15 and hopefully will open new doors in the relations between the two Olym-

pic Committees.

Signing the agreement for the National Olympic Committee of the USSR were Marat Gramov, President, and Deputy Chairman Vjacheslav M. Gavrilin, while USOC President Robert H. Helmick and Secretary General George D. Miller placed their names on the documents.

The President of the International Olympic Committee, Juan Antonio Samaranch, was present as a special guest and witness to the signing, placing ever more emphasis on the agreement and its significance to the Olympic movement.

"This memorandum is highly important for the Olympic movement," said the IOC President. "The agreement between the Soviet Union and the United States shows to all the world that cooperation, understanding, mutual respect, and also friendship is possible between sportswomen, sportsmen, and sports officials of both countries."

"This will be a great help for the next Olympic Games in 1988," Samaranch added. "We hope that this will create an atmosphere that will bring all the countries together again"

The agreement covers a multitude of exchanges between the two National Olympic Committees, starting in 1986, which cover athletes, teams, coaches, officials, referees, researchers, and other sports experts, along with vast amounts of information related to sports medicine and science, plus training centers and methods, among many subjects included.

SPECIAL OLYMPICS DIRECTORY BEING COMPILED

A directory of names is being compiled for those people who are interested in working with the Special Olympics Committee.

Presently, the national organization is finding it difficult to get information and materials to interested people throughout the United States. It is the hope of the committee to have at least one name from every state in the U.S.

If you are interested in being a contact person for the Special Olympics Committee, please fill out the form below and mail it to: Sandy Lamb, 9456 Compton Road, Indianapolis, IN 46240.

	AL OLYMPICS DIRECTORY
NAME	
PHONE ()
ADDRESS	1 1 30 30 31 31 31 31 31 31 31

MARRIAGES . . .

Diana Romanowsky to Anthony Barela on April 21, 1985 in Los Altos, CA. Diana was a former Midwestern and Pacific Coast Dance Competitor. She was a member of the cast of "The Nutcracker, a Fantasy on Ice," with Dorothy Hamill. She is currently teaching in San Jose, CA.

BIRTHS . . .

To **Bill** and **Jean Suggs**, a son, Michael Terry, on July 20, 1985. Bill is a member of the Lansing FSC and is a National Figure and Dance Judge.

To **Dawn Glab Ochoa**, a son, Preston Joseph Ochoa, in Houston, on July 30, 1985. Dawn was a 1970 and 71 World and North American Team member, and five-time Pacific Coast Champion. Dawn is the daughter of Cdr. Joseph T. Glab, U.S.N., a USFSA National Judge.

To Linda and Bob Crowley, a son, Robert Foster Crowley, on August 7, 1985. Linda and Bob are professional coaches with the Great Falls FSC. Bob also serves on the USFSA Amateur Status Committee, as well as being active in the PSGA as Treasurer and Board member.

TURNED PROFESSIONAL...

Kelly Witt, SC of Phoenix, at Harbor City/Culver City and Paramount Rinks in Los Angeles, CA. Kelly and partner Robi

Shepard were the 1979 U.S. National Silver Dance Bronze medalists.

BEREAVEMENTS...

Roberta Hustead Nelson, on June 30, 1985. Roberta was a member of the St. Moritz ISC for thirty years, a former figure test chairman, Senior Competition and Gold Figure Test Judge.

Mrs. Irene K. Foster, mother of Charles U. Foster, who is the USFSA Olympic Representative, a World and National Referee, and a National Judge, on July 24, 1985. He was also recently elected to the USOC Administrative Council, the first time a Winter Sport has been represented on the Council.

Libby Goldstein, President of the Interboro FSC, Brooklyn, NY, on July 26, 1985.

Jane Driano, on August 4, 1985. Jane was the wife of Joseph Driano, USFSA National Figure Judge and National Figure Referee, and a former member of the Board of Directors. Jane was a teaching professional, and former 1951 Canadian Ladies' Bronze medalist, and with Donald Tobin, Pairs Champion.

Mrs. Patricia A. Guarrera, on August 4, 1985. Patricia was a board member and Treasurer of the Fulton FSC.

Calendar of Events

Continued from page 19

pulsories, Interpretive, Solo and Partner Dance and Precision. All levels Beginner through Junior. For information contact: Daniel McNamara, P.O. Box 6592, Omaha, NE 68106, 402-342-2902 or Mrs. Enid Larson, 402-391-0946.

FEBRUARY

- 1 Greenbrier Precision Invitational, sponsored by the Greenbrier FSC, at the Greenbrier Ice Rink, 6200 Pearl Rd., Parma Heights, OH. For information contact: Bill Broestl, 6491 Beverly Dr., Parma Heights, OH 44130, 216-842-7999.
- Annual Bowie FSC Show, sponsored by the Bowie FSC, at the Bowie Ice Arena, Northview Dr., Bowie, MD. For information contact: Mrs. Diane Riffee, Chairperson, 508 Moonflower Court, Millersville, MD 21108, 301-987-8390.
- 15 **Tri-State Internation Precision Team**Competition, sponsored by the Tri-State
 Council of Figure Skating Clubs and

hosted by the Midland FSC, at the Civic Arena, Midland, MI. For information contact: Sue Jarvella, 1208 Timber Dr., Midland, MI 48640, 517-631-0345.

- 21-23 Southport Winter Invitational, sponsored by the Southport SC, at the Kenosha County Ice Arena 7727 60th Ave. Kenosha, WI 53142. Competition including freestyle, compulsories, interpretive, dance, solo dance, pairs, and similar pair events. For information contact: Rose Waddell, Secretary, 21 Ohio St., Racine, WI 53405, 414-633-4607.
- 22 Ice Celebration 86, sponsored by the Cheshire FSC, at the Cheshire Fair Ice Arena, Tray Rd., Keene, NH. For information contact: Connie Hamel, 603-352-7511.
- 22-23 Fantasy on Ice, 19th annual ice show sponsored by the Bemidji FSC, at the Bemidji State University Arena, Bemidji, MN. For information contact: Gordon McClellan, 218-751-2695.
- 28-3/2 11th Annual Creve Coeur Ice Skating Competition, sponsored by the Creve Coeur FSC and the St. Louis County Dept. of Parks & Recreation. Beginners



1985 COUPE DES ALPES

by Doug Mattis

The 1985 Coupe Des Alpes international competition was run with precision and class. The European organizers made every effort to insure a pleasant experience for all; to the extent of graving the ice for the first time to aid the skaters and judges in compulsory figures.

The American contingent was a particularly strong one, with most of the skaters having previous international experience. They were: Pairs-Maria Lako and Michael Blicharski (seventh, 1985 Nationals), Shelly Propson and Jerod Swallow (second, 1985) National Juniors); Dance—April Sargent and John D'Amelio (tenth, 1985 Nationals), Jodie Balogh and Jerod Swallow (1985 National Junior Champions); Ladies—Jana Sjodin (seventh, 1985 Nationals), Tracey Damigella (second, 1985 National Juniors); and Men-Doug Mattis (1985 National Junior Champion), and Erik Larson (1985 World Junior Champion and second, 1985 National Juniors).

A good time was had by all in the almost storybook-like surroundings of St. Gervais, France, and Oberstdorf, Federal Republic of Germany. The team formed a tightly knit camaraderie during the two-week trip that was refreshing to see. Much credit must be given to Team Leaders "Chip" and Carol Ludlow for their constant support and attentive diligence. It was greatly appreciated.

PAIRS

The Pairs' event was marred by a rather unfortunate accident that prevented Jerod Swallow from competing in St. Gervais with

his respective Pairs and Dance partners; Shelly Propson and Jody Balogh, Following the compulsory dance event (in which Jerod and Jodie had placed an impressive fifth), Jerod and Shelly crashed into the team of Christine Hough and Doug Ladret (Canada) while warming up on the ice for the short. Both girls escaped injury, but Jerod had banged up his hand and shoulder, and Ladret had a bloody nose and had taken a shot to the solar plexus. It seemed, at the time, that the injuries were minor, and both teams went on to skate the short.

However, the next morning it became apparent that Jerod's hand injury was more serious than first thought. He and coach Pat Lalor sought out medical advice, and the diagnosis was a sprained hand requiring three days rest. This forced Jerod and his partners to withdraw from Pairs and Dance, with hopes of recovering in time to compete late the next week in Oberstdorf.

This left the American team of Maria Lako and Michael Blicharski to compete in St. Gervais with some strong teams from Russia, Canada, and Great Britain. In the short program, Maria fell on her double flip, but her infectious presentation and the team's strong other elements held them in third.

The long program did not go well for Maria and Mike. They seemed unnerved at the outset, singling a planned throw triple Salchow, then Maria fell on a double flip, and they both opened up on double Lutzes. They then pulled themselves together to perform an excellent throw double Axel, nice pull Arabians, and a great lateral twist. The early

mistakes, however, hurt their marks, and this allowed a perfect performance by the Cushlevs (Great Britain), including a throw double Axel and triple Salchow, to pass them for third place, dropping them to fourth overall. The short program winners, Koblowa and Kalitin (USSR), had a disastrous long program in which they had several major mistakes: underrotating a split-triple twist, she singled a double Lutz, they came out of a lift early, she fell quite hard on both throws, and he fell out of a double toe and took several seconds before picking the program up. Their exemplary line and stretch was an aid in only dropping them one place to second. This left Hough and Ladret to emerge the obvious winners. Although they also had their mistakes, they performed solidly overall, and Christine has a wonderfully spunky ice presence. They included a nice throw triple Salchow to garner marks of 5.0 to 5.5 and win the event.

In Oberstdorf, Propson and Swallow joined the other teams as hoped, and although Jerod missed his flying camel in the short, it was nice to see the team complete the event healthy! This placed them sixth going into the long. Maria fell on the double flip again, and she and Mike found themselves in third again.

Jerod and Shelly skated well in the long, including a throw double Axel and a good helicopter. They are very pleasing to watch, and Shelly is amazingly reminiscent of Barbara Underhill. Their marks of 4.5 to 4.9 were enough to pull them into fifth overall.

Maria and Mike presented perhaps the most exciting performance of the evening. They included an excellent throw triple Salchow, nice side-by-side jump combinations, and a great original overhead lift. This team moves well over the ice and some of their elements are of a very high quality. Their marks ranged from 4.9 to 5.4, and this enabled them to surpass a lacklustre performance by the Cushleys, and it seemed they might win the event considering the performance of Koblowa and Kalitin; she fell on a double Lutz, they underrotated their split triple twist and came out of a lift early again, and she slipped off an inside death spiral. They did, however, a nice throw double Axel, and the program was interesting. Their marks ranged from 4.9 to 5.5, and they won the long and the event with Maria and Mike behind them in second and the Cushleys third.

DANCE

Due to Swallow's injury, the only American team to compete in the St. Gervais dance event was April Sargent and John D'Amelio, and they skated through their first international competition with confidence and determination. They placed third solidly in every event, and their delight was obvious during the awards ceremony. They were topped by a spunky French team, Bontemps and Paliard, who placed second, and an expressive and sensual Russian team, Ussova and Zhulin, who won the event.

In Oberstdorf, April and John were joined by Jodie Balogh and Jerod Swallow, and the latter placed a very respectable sixth in compulsories, with a particularly good Rhumba. April and John were a disappointing fifth; they not only had another top team added to the group of competitors—the Bucherers (Federal Republic of Germany)—but the Canadian team of Hanford and Lalonde were above them, and they were fourth behind April and John the week before in St. Gervais.

Both American teams skated well in the OSP, with Jerod and Jodie placing seventh, and April and John overcoming the Canadians in this section and placing fourth. This applied some pressure for the free dance as the marks were very tight.

Jodie and Jerod's free dance to music from "Starland Express" was very well skated. This team skates with an intrinsically American style, and the choice of modern, upbeat music for them is a wise one. Their slow section has a particularly wonderful ethereal quality to it. Their marks from 4.5 to 4.7 placed them sixth in the free dance and overall.

April and John continued to improve their standings to fourth overall with a wonderful free dance performance. The program demonstrates their versatility within three types of Spanish music. They are gallant, romantic, carefree—and altogether entertaining! April's expression is always wonderfully passionate, no matter what the tone, and John is a strong skater and shows her off well. Bontemps and Paliard finished above

them in third, with the Bucherers second and Ussova and Zhulin once again winning.

LADIES

The Americans demonstrated great figure depth in the St. Gervais figure event when Tracey Damigella and Jana Sjodin placed first and fourth respectively. They had their problems in the short program (both girls missing the combination and double Axel), and wound up with Tracey in third after and Jana in seventh. Both girls then turned in solid free skating performances. Jana nailed three nice double Axels, and her only mistake was a fall on a triple toe early in the program. She placed eighth in the long, seventh overall. Tracey seemed a bit hesitant at the outset of the program, and this was possibly due to an extended period off the ice after warm up. She included two triple Salchows, and two double Axels to place second in freestyle, and win overall.

Both free skating sections in St. Gervais were won by Masako Kawai (Japan), who is an energetic and gutsy skater. She seems to enjoy every second, and her content of two triple toe loops and one triple Salchow was formidable. Her fourteenth-place figures, however, were much to the detriment of an otherwise overall sparkling performance. She ended up pulling nine places to fifth overall.

Tracev and Jana once again skated very well in the figure portion in Oberstdorf, placing second and third respectively. Both managed slightly better short programs than in St. Gervais, each only missing the combination. Tracey placed sixth in short, third after, and Jana placed seventh in the short, fourth after. The short was once again won by Masako, who did a marvelous triple toe/double loop combination, and improved her sixteen-place figure standing to tenth overall. She edged out Joanne Conway (Great Britain), who did the same combination. Joanne pulled to second after the short. The figure leader, Cornelia Tesch (Federal Republic of Germany), opted for the less difficult double Axel/double loop combination in the short, and was rewarded with third place, first going into the long.

Jana skated predictably strong in the long program. She landed four double Axels and only fell from the triple toe. She presents herself well and has excellent carriage, and the ease with which she does all the double jumps (especially the Axel) is marvelous. She placed seventh in the long and sixth overall.

Tracey was well up to her reputation for strong free skating in this performance. She included two triple Salchows and a triple toe, and three great double Axels. She has a very particular grace on the ice; she cares about every movement, and it shows. Her marks from 5.1 to 5.6 gave her first place in the long. but to pull ahead of the leader, she had to be more than one place ahead of her in the long. It appeared that this might happen when Tesch's performance was less than perfect. She included a triple Salchow and toe, but the former was two footed and there was amazingly only seven jumps in the entire program. Joanne Conway skated well, including a triple Salchow and toe and two lovely double Axels, but fell from another triple toe, so the panel split in favor of Tesch for second in free skating, enabling her to stay ahead of Tracey point-wise. It must have been frustrating for Tracey to see her one fall in the short program cost her the title, but she appeared just as proud of her fine international performance duing the awards in Obertsdorf as she had when she heard her own anthem the week before.

It was nice to see both girls looking so fit and trained this early on in the season.

MEN

The St. Gervais Men's figure event was off to a good start when Doug Mattis won by a full ten points over second place. Erik Larson was a disappointing ninth, but this may have been attributed to trouble with the first figure, the counter. Erik skated a clean short with an excellent double loop/triple toe combination, and placed fourth in that event, raising him to seventh after. Doug met with trouble in the short, singling the double Axel and stepping off the combination a bit soon. He placed ninth in the short, third after, with Shubin Zhang (China) and Philippe Roncoli (France) tied for first ahead of him.

In the long program, Erik demonstrated the same kind of dominance that Doug had in figures. He completed five good triples, including two Lutzes, and had marks ranging from 5.4 to 5.7 to give him first in freestyle, and fourth overall.

Both Zhang and Roncoli completed technically advanced long programs, but they lacked enthusiasm and artistic quality. Zhang placed sixth in the long, fourth overall, and Roncoli placed fourth in the long and third overall. Their performances allowed Kurt Browning (Canada), who was the winner of the short, to pass them third place in the long, and second overall. He did four triples, including a loop, and had marks from 5.2 to 5.7. Doug skated last in the event and looked a bit unsteady at the beginning with a fall and doubling a planned triple Lutz. He recovered and skated the rest well, including a fine triple loop. His marks—5.3 to 5.7—were enough for second in the freestyle and first overall.

In Oberstdorf, the battle for first in figures couldn't have been closer. Richard Zander (Federal Republic of Germany), 1984 Nebelhorn Men's Champion, won the counter with Doug in second. Doug then won both the double three and the loop, and when the marks were all in Zander and Mattis were tied for first after figures. Erik once again placed ninth in figures, and skated well again in the short; moving up to eighth after.

Both Mattis and Zander skated very well in the short; Zander completing a triple flip/double loop combination, and Mattis a double loop/triple toe combination. Laurent Depouilly (France), after a horrendous warmup, skated well, and completed a triple Lutz/double loop combination. The panel was split between the three of them, and the computer juggled the results to be Depouilly first, third after; Zander second, first after; and Mattis third, second after.

Erik skated well in the long, including a triple Lutz, but he fell once and did not look as strong as the week before. His performance was good enough to edge Depouilly for third in the long and fourth overall. Depouilly skated an interesting program choreographically, but it lacked solid content, as he fell hard on a triple Lutz, and flipped out of a triple toe and Salchow. His fourth place in the long was enough for third overall. Zander skated a consistent and secure program including a nice triple flip. Mattis also skated well, and did five triples, including a good triple toe/triple toe combination. The panel split between the two in favor of Zander for first in freestyle and overall, and Mattis second.

It was inspiring to see two such strong firstyear Senior Men give a seasoned group of competitors a run for their money.

It was a nice moment when the American team accepted the award for winning the team trophy. They were many fine performances, and these will probably be held more dearly in memory than placements. It was icing on the cake then that the team's efforts had so well represented their country in this special event.

We were greatly aided in our continuing efforts to bring our readers international competition coverage by Doug Mattis, who kindly volunteered to write the report on the Coupe Des Alpes competitions for us.

-Editor

TWO VICTORIES AT ST. IVEL

by Howard Bass

Two victories, a second, and a third gave the United States the best national result in the St. Ivel Ice International, at London's Thames-side Richmond rink on September 24-26, when a generally high standard was provided by forty-one skaters from twelve nations.

The major attraction had to be Brian Orser, the Canadian Olympic Silver medalist, whose second place in figures to the improving Pole, Greg Filipowski, spiced the interest.

Brian gave no chance in the short, achieving a good triple Lutz with the obligatory double loop in the jump combination. He got a 5.9 in each set of marks.

Greg was also clean with a triple toe loop while Christopher Bowman, fourth in figures, continued to be outscored by the Frenchman, Laurent Depouilly.

Bowman, coached by Frank Carroll throughout his career, showed what he was made of in the long, landing the five major

triples, apart from the Axel, in a program well put together and shrewdly interpreted. With evident assurance, the 1982 World Junior Champion showed that he could soon be challenging Brian Boitano in the free, if not in the compulsories.

Filipowski's highlight was a brilliant combination of triple toe Salchow and triple toe loop. He also accomplished a triple Lutz, but faultily landed a triple loop in a lively rendition with good presentation, except for a constantly studious expression more suited to figures. He did well enough to stay above Bowman, who overhauled Depouilly for third spot.

Orser, last to skate and not really under pressure, this time combined his celebrated triple Axel with a double toe loop, but omitted the additional triple Axel originally intended. His other best jumps were triple Lutz and triple toe Salchow and his spins were exemplary in a mainly fast-moving routine which clinched a record third St. Ivel victory, having also succeeded in 1981 and 1982.

The Ladies' event was full of surprises. Debi Thomas, who began the hot favorite, dutifully led in the tracings, followed by the West German, Carola Wolff.

A quite remarkable Senior debut by fourteen-year-old Joanne Conway raised all eyebrows when she defied the pundits to hold third place, incredibly ahead of the Canadian, Cynthia Coull, who ranks tenth in the world.

Yet to skate in a Senior British Championship, Joanne was only third in last season's national Juniors, but has made astonishing progress after spending the summer with Carlo Fassi in Colorado Springs.

Coull was fourth in the figures, with Susan Jackson, the host nation's champion, humbled in fifth after two bad errors.

Jackson redeemed herself by winning the short, when Debi missed her combination, colliding with the barrier as she failed a triple toe loop. The tall, powerfully built Californian also two footed her double Lutz, but, having won the figures, remained in the lead with Coull moving up to second.

The unexpected continued when, in the long, Debi correctly landed only one of four triples attempted. Jackson, with no serious errors, won the long and thus the free, but her triple toe loop combined with a double

loop was the only major jumping effort she cared to attempt in her anxiety to stay above Joanne, who is six years her Junior.

The Conway youngster, who certainly set tongues wagging, amazingly took overall third place behind Jackson and ahead of Coull. Joanne included a fine triple toe loop and an extra high double Axel before two footing a double loop in combination.

Thanks really to Jackson's earlier lapse in figures, Debi thus became the first black skater to win a St. Ivel event. Obviously well below her best, the world's fifth-ranking girl suffered, like many others, from the hazards of this very early test in a new season.

Her very presence was the more appreciated and, with two British girls flanking her on the podium, the host nation's sense of achievement was completed by the knowledge that she is trained by a Briton, Alex McGowan, on his own rink at Redwood City.

The Pairs developed into a keen North American duel, from which Wayne Seybold triumphed with his sister, Natalie, whose English mother became a wartime GI bride and thus increased their local popularity.

These bright hopes, trained by Ron Ludington at Wilmington, Delaware, certainly looked great prospects. Their split double Lutz twist lift, solo double toe Salchows, and flying jump camel spin stayed etched in one's memory.

The Canadian runners-up, Christine Hough and Doug Ladret, did well to resist the third-placed Soviets, Julia Bystrova and Aleksandr Tarasov, who had outpaced them in the short.

The other Russians, Natalia Annenko and Genrikh Sretensky, proved just too good in the dance for Suzanne Semanick and Scott Gregory.

After an uncertain start, the elegant U.S. couple began to look a more cohesive unit in the compulsory Kilian and the set pattern Polka.

Gregory, twenty-six, is much more experienced, having previously skated with Elisa Spitz in three world championships and the Sarajevo Olympics before teaming with Suzanne, eighteen, to take twelfth position in Tokyo last March. A few more months together should lead to a battle royal with

Renee Roca and Donald Adair to determine who will be national successors to Judy Blumberg and Michael Seibert.

The Canadian brother and sister, Karyn and Rod Garossino, narrowly conceded the Bronze after a seesawing tussle with the Hungarians, Klara Engi and Attila Toth.

RESULTS

MEN	PLACES
Brian Orser, Canada	2.6
Grzegorz Filipowski, Poland	4.4
3. Christopher Bowman, USA	6.0
4. Laurent Depouilly, France	8.0
Falko Kirsten, German Democratic Republic	10.0
Vladimir Petrenko, USSR	13.4
Stephen Pickavance, Great Britain	13.8
8. Lars Aakesson, Sweden	14.8
9. Daniel Weiss, Federal Republic of Germany	17.0
LADIES	PLACES
1. Debi Thomas, USA	3.8
2. Susan Jackson, Great Britain	4.4
3. Joanne Conway, Great Britain	6.4
4. Cynthia Coull, Canada	7.2
5. Carola Wolff, Federal Republic of Germany	9.6
6. Claudia Villiger, Switzerland	10.0
PAIRS	PLACES
1. Natalie Seybold & Wayne Seybold, USA	1.4
2. Christine Hough & Doug Ladret, Canada	3.2
3. Julia Bystrova & Aleksandr Tarasov, USSR	3.8
4. Lisa Cushley & Neil Cushley, Great Britain	5.6
5. Sylvie Vaquero & Didier Manaud, France	7.0
6. Cheryl Peake & Andrew Naylor, Great Britain	8.4
DANCE	PLACES
1. Natalia Annenko & Genrikh Sretenski, USSR	2.0
2. Suzanne Semanick & Scott Gregory, USA	4.0
3. Klara Engi & Attila Toth, Hungary	6.6
4. Karyn Garossino & Rod Garossino, Canada	7.4
Antonia Becherer & Ferdinand Becherer, Federa Republic of Germany	al 10.0
6. Sharon Jones & Paul Askham, Great Britain	12.0
7. Tomoko Tanaka & Hiroyuki Suzuki, Japan	14.0

ASKO CUP VIENNA, AUSTRIA SEPTEMBER 16-20, 1985

LADIES	PLACES
Marina Tweretinowa, USSR	4.4
2. Sara MacInnes, USA	4.4
3. Simone Lang, German Democratic Republic	7.2
4. Diana Takeuchi, Canada	8.8
5. Parthena Sarafidis, Austria	10.8
6. Tamara Teglassy, Hungary	12.4
7. Kathrin Schroeter, Switzerland	12.4
8. Christine Dekitsch, Austria	13.6
9. Susanne Gschwend, Austria	17.0
10. Jana Petruskova, Czechoslovakia	19.0
MEN	PLACES

1. Daniel Doran, USA 2.0 2. Andrej Torosian, USSR 5.0 3. Thomas Wieser, Federal Republic of Germany 5.0 4. Thomas Hlawik, Austria 8.0 5. Andras Szaraz, Hungary 11.2 6. Craig Burns, Canada 11.4 7. Karel Kovar, Czechoslovakia 14.6 8. Ralph Burghardt, Austria 14.8

The 1984-85 Season

Continued from page 15

performance in free dance, for which they received 8 perfect marks!

At the World Championships in Tokyo, Alexandr Fadeev (URS) won the vacant Men's title decisively over the two Brians, Orser (CAN) and Boitano (USA) and Josef Sabovcik (CSR), displaying no apparent ill effects of his prior injury. The standard of the Men's event was very high. In the Ladies event, Katarina Witt (GDR) won her second straight title with another outstanding free skating performance, followed by Kira Ivanova (URS) and Tiffany Chin (USA). Elena Valova and Oleg Vasiliev (URS) regained the pair title they had lost in Ottawa, while Natalia Bestemianova and Andrei Bukin (URS) won their first title in Dance.

The Soviet athletes gained three of the four titles for the third time, having previously done so in 1975 and 1977, with the only other Member ever having achieved that level being Austria in 1925!

The continuing decline in participation by the Members in pair skating is a matter of grave concern to the ISU. The athletic ability required and the physical risks involved have gradually reduced the number of participants. In an effort to stimulate interest in the discipline and to educate the Members with respect to it technically, the Figure Skating Technical Committee will conduct a special Pair Judges Seminar in September 1985 in Switzerland, to which it is hoped that all Members interested will send their representatives, even if they do not presently have pairs.

All in all, the 1984-85 season in figure skating can be described as a very exciting one with a high quality of skating, which augurs well for the coming seasons culminating in the Olympic Winter Games in Calgary in 1988.

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More To See During '86 Nationals—

"NEW YORK, NEW YORK— A WONDERFUL TOWN"

by Gordon Lattey & Bern Rotman

Perhaps no city in the world has earned as many superlatives as New York City. New York has the "biggest," the "best," the "most!" Natives and out-of-towners alike agree that what lies behind that fabulous Manhattan skyline is an exciting world of people and places.

For years, in movies, songs, and literature, the "city that never sleeps" has been praised for its unparalleled recreational opportunities. From just roaming through one of the city's many fascinating ethnic neighborhoods, to dancing the night away at a trendy new club, New York offers countless activities that accommodate anyone's budget or personal taste.

The Great White Way alone is a primary reason that theater lovers the world over say "I Love New York". Nowhere else are such a glittering array of stars and first-rate plays and musicals so accessible. Every night and on Wednesday, Saturday, and Sunday afternoons, there are up to thirty-five choices available on Broadway in midtown Manhattan, from serious drama to song-and-dance revues, musical revivals to contemporary comedy. While tickets can be obtained through advance reservations, travel agents, or at the individual theater box offices, the more spontaneous theater-goer can get seats at the TCKTS lines in Times Square or the Wall Street area for any on- or off-Broadway show the same day of the performance for half price plus a small service charge.

For a more intimate theatrical experience, all over town off- and off-off Broadway productions can be very satisfying, often for a pittance. Some of the finest entertainment by new playwrights can be found in a loft in downtown Manhattan, or in a tiny studio on the lower east side.

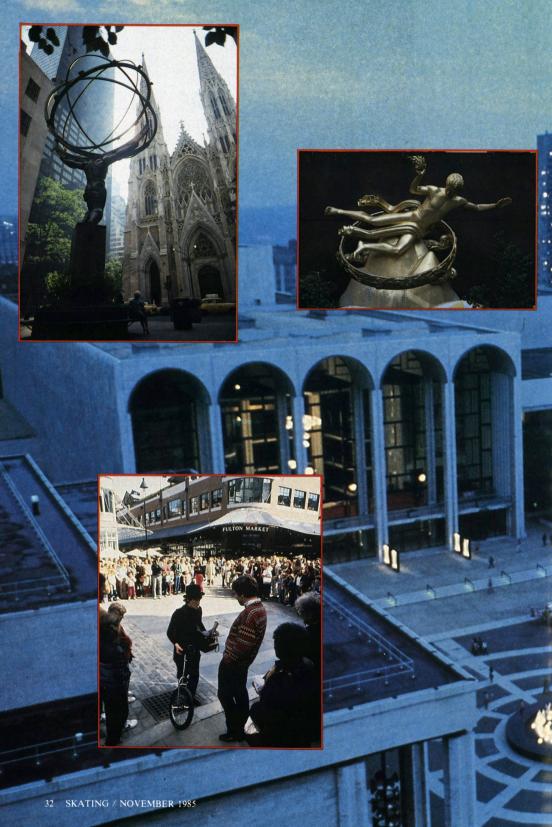
Fans of ballet, opera, and symphony will find internationally acclaimed companies at

the Lincoln Center complex on Manhattan's upper West Side and at the Brooklyn Academy of Music. For pure spectacle, nothing beats Radio City Music Hall featuring the renowned Rockettes, at Rockefeller Center.

The evening has just begun when you emerge from the theater between 10:00 and 11:00 P.M. Nightlife in New York is so exciting, it generally lasts well into the following day. Nightclubs, discos, cabarets, and piano bars abound in New York, and most stay open well past midnight. It's said that Woody Allen sometimes plays his clarinet in Michael's Pub on Monday nights, and Bobby Short is at the keyboard Tuesday through Saturday at the Carlyle. The Lone Star Cafe has emerged as the leading country and western music spot, and there's always jazz or rock at the many posh upper east side clubs. For comic relief, aspiring comedians perform nightly at Catch a Rising Star or the Comic Strip, both on the upper east side, or if you're feeling romantic, a drink at the Plaza's Palm Court or dancing at the Rainbow Room might be your choice.

So whether it's stargazing at Elaine's, mingling in Maxwell's Plum or stomping at the Savoy, New York has an endless shopping list of amusements for the night owl.

The ethnic amalgam that comprises New York City is reflected in the 25,000 restaurants scattered throughout its five boroughs. It's been said that you can live in New York for a lifetime and never dine at the same place twice. From Szechuan to Czechoslovakian, vegetarian to nouvelle cuisine, Creole to Tex Mex, New York has it all and deciding where to go is half the fun. Whether you choose a small Greenwich Village bistro, luxurious penthouse restaurant, sidewalk cafe, or Old World delicatessen, delicious cuisine and the right ambience can be found with very little effort. And you can be hungry at four in the



morning and still find a number of all-night eateries from which to choose.

New York City is a haven for culture lovers. On upper Fifth Avenue alone are ten cultural institutions including the Guggenheim, Metropolitan Museum of Art, and International Center of Photography. The Museum of Natural History, Museum of Modern Art, and Frick collection are major attractions, not to mention the many small galleries in SoHo and the museums in Brooklyn, The Bronx, and Queens.

But walking through the city's famous neighborhoods is like exploring the biggest museum in the world. From the charming narrow streets of Chinatown to the quiet graciousness of Sutton Place, sightseers will find the streets alive with busy New Yorkers who seem oblivious to the thriving metropolis they call home.

New York is a legendary sports city—the comic, the classic exist side by side on the playing field and in the stands. The "wait till next year" cry and the Bronx cheer were both born here. At Madison Square Garden spectators can watch college and professional basketball, hockey, soccer, boxing, wrestling, and track and field. Shea Stadium is the home of the Jets and Mets, while the Yankees, America's most loved and hated baseball team, are still very much alive in the "House that Ruth Built." And for those who prefer participatory sports, jogging in Central Park is one of the most affordable ways to combine exercise with sightseeing. There's also bicycling and horseback riding, and you can swim at one of the city's many beaches.

But where can a weary traveler just relax in this bustling hub? New York has parks a plenty, most of which are carefully tended and attractively laid out. The biggest and most populated is Central Park, which extends from 59th to 100th Street. On a lovely warm day, sun worshippers can be found basking on the lush green carpet of the Sheep Meadow, a beautiful grassy stretch on the west side of the park. Here the leisure lover is completely sealed off from the clamor and din of the city, free to toss a frisbee, enjoy a picnic, or just lie back and soak up the sun. And on many summer evenings free pop and classical concerts are held elsewhere in the park, attracting thousands of music lovers. Though there are many parks located throughout Manhattan, travelers shouldn't forget the arboretums in the outlying boroughs, such as Flushing Meadow in Queens, Prospect Park in Brooklyn, and Van Cortlandt in The Bronx. All three boroughs also have splendid botanical gardens and all can be easily reached by public transportation.

No one can visit New York without doing some shopping, because the city is a bargain hunter's paradise as well as a honeypot of haute couture. The nature of your shopping changes depending on where it's done. If you don't mind a little frenzy, the flea markets at Orchard Street on Manhattan's lower east side carry low-priced items from wardrobe accessories to household appliances, and it's all set up to resemble a big outdoor bargain basement.

The latest in women's and men's fashion can be found at any of New York's department stores; notably Macy's, Gimbels, B. Altman's, Bloomingdale's, Lord & Taylor, and Saks Fifth Avenue. Prices range from inexpensive to high, sometimes depending on whose name is on the label. The Cellar at Macy's is an innovative emporium stocked with gourmet delicacies and jazzy household items.

For a completely different shopping experience, some of the exclusive Village and SoHo shops carry intriguing if aggressive clothing and have a definite accent on atmosphere. Mano Mano in SoHo nurtures its customers as they browse; a tuxedoed waiter serves cocktails, a vivid tropical bird squawks, a handsome young man plays a sweet piano, and the salespeople all look like actors between gigs. At the Emotional Outlet in Greenwich Village, customers can help themselves to free wine as they shop.

And if you're looking more for flair than funk, a plethora of plush specialty shops, such as Gucci, Tiffany's, Cartier, Steuben, and Fortunoff line Fifth Avenue.

Epicureans should definitely check out New York's wonderful food emporiums before leaving the city. At Balducci's in the Village it's a treat just to breathe the air, so packed is it with exquisitely fresh rare fruits, herbs, and spices, meat and fish and mouthwatering pastries. At Zabar's on the upper

China on Ice Continued from page 22

skated in Changchun in the 1950's. The coaches have been relying on books and video tapes to keep up with overseas developments in the sport.

Skaters and coaches alike looked forward to the first visit to China of the "Exhibition of Champions" that visited China during its Asian tour after the World competition in Tokyo. There is no professional performance skating in China. Thus far, Chinese competitive skaters see their futures in teaching or research in physical education.

As we left the Beijing Gymnasium, our guide Ms. Zhang pointed out construction next door for the new sports complex to be opened early in 1986. A year-round indoor ice rink will occupy the ground floor, with gymnastics upstairs. Two other rinks are also being constructed, in Changchun and Harbin, to bring the total of indoor rinks in China to five in a few years.

It was clear that we had to see the ice festival in Harbin, but, as it turned out, we managed to miss the skaters there, who were traveling back to Beijing just as we arrived. There was no lack of ice in the Manchurian capital. The annual ice festival lights up the sub-zero winters in this industrial city of two million with ice sculptures, ice castles, even bridges built from ice, with colored bulbs shining inside them at night. Ice slides take the daring down steep slopes to the frozen Songhua River, and "polar bear" swimmers dive into a pool cut in the ice not far from ice sailboats and the regular winter truck route across the river.

The only disappointment was not seeing the figure skaters in Harbin, although we did see ice sculptures of ice skaters. Strangely enough, across from our hotel was an outdoor roller rink, and we saw other roller skaters in the center of the "Ice Lantern Festival" park.

A real tour of Chinese skating would have taken us to Changchun from Harbin, but the cold was beginning to take its toll. We headed south, out of skating country, with head colds and flu, to Shanghai, Guilin, and finally Hong Kong, where one of the many new shopping malls is now graced with a patch of ice, Galleria-style. But that's another story.

My visit to the Peoples' Republic of China showed me that the Chinese have a real enthusiasm for skating and the human resources ready to be channeled into the sport. The tour of the "Exhibition of Champions," new indoor facilities, and growing participation of Chinese skaters in international competitions should increase the interest and encourage the allocation of financial resources to build a figure skating team competitive with any in the world.

The author of this article, Gretchen S. Brainerd, is an adult ice dancer from the Ice Club of Washington (D.C.). She had the opportunity to spend the first two weeks of 1985 in China, traveling with her brother and his wife, who are China experts. "Their interpreting skills and knowledge of the country were indispensible in helping me meet Chinese skaters," she says.



An attractive young lady with a pair of ice skates slung over her arm entered a local bus, and a gentleman rose to give her his seat. "Thank you, but I'd rather not," she said. "I've been skating all afternoon and I'm tired of sitting down."

-Mr. John B. Klein

We are anxious to mail out the 1985-86 Rulebook as quickly as possible so all users of the Rulebook are aware of the important revisions and additions to the rules and regulations on a timely basis. So . . .

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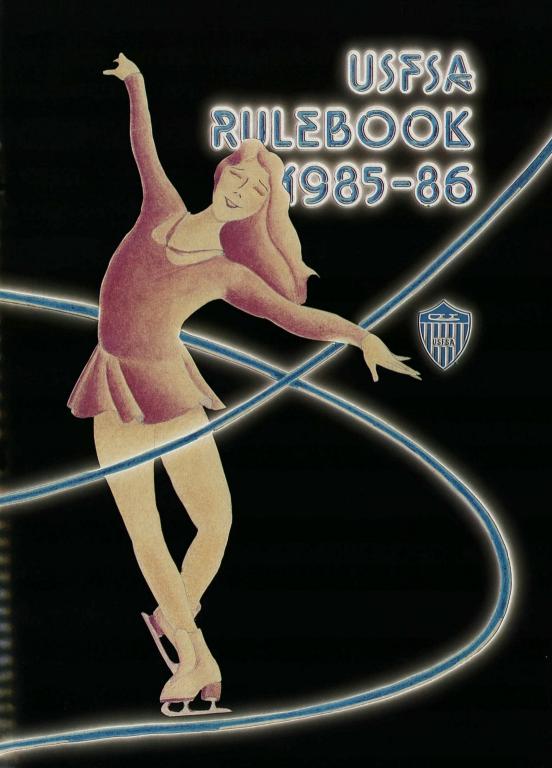
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Turner's Turn

Continued from page 7

futile efforts to justify this love of mine to two husbands, two children, and various adults of both sexes in my "grown-up" age bracket, somebody really wants to know why.

I will turn 52 this year. At 35 years of age I walked into the Redwood Empire Ice Arena. This took a great deal of courage. You see, after 35 years of belonging to, doing for, and living the life expected by everyone else, very little selfesteem was left. But I knew I wanted to skate.

Group lessons led to private lessons, then to testing in dance and figures. The day I passed my 1st figure test was the first time I had ever received a medal in anything (40 years old.) Skating sessions brought me friends. These I will have the rest of my life and the enrichment to my life from them has no measure. Joining the figure skating club and being involved—from member, board member, chairman in various capacities, teaching basic testing, and involvement in ice shows showed me I have talents that are appreciated and needed.

Skating has taught me perseverance (figures), self-awareness (dance), patience (recovery from injury), and the greatest lesson of all—faith in myself and my abilities, and not to be afraid to try—anything.

Most people are fortunate to learn these things from their mother and father. But I feel luckier than they. Skating taught me as an adult that it is never too late to go on to new things in life. That the most important thing for any of us has no price, cannot be bought, and brings no financial reward; and without which life is lived in a haze of fear, self-consciousness, and insecurity. Self-esteem! I learned to like myself.

Of course, as we "skaters" all know, skating is the most frustrating, infuriating sport in the world. Just trying for a clean three turn has tempted me to head for the bottle. But the feel of the cool air on my face, the exhilaration of being physically tired, and a new perspective on problems after an hour on the ice all make the frustrations disappear. I may be a klutz, but in my head, while thinking and dreaming of the next hour on the ice, I have the grace of Tenley Albright, the emotion of Toller Cranston, and the athleticism of Scott Hamilton. So being a clumsy old fool on the ice doesn't matter a bit.

I no longer try to justify my love of skating. If those close to me don't understand and want to criticize and ridicule—well, let them! Nothing can spoil the richness and joy I now know because of this beautiful sport.

Let me close with a portion from a child's letter to show skating touches all ages. Her mother wrote first, saying, "I read your column to my daughter. She asked if she could write to you about how she felt about her own skating. The attached letter is hers, in her own words. I helped her with some of the spelling. You see, Kristen has a learning disability."

... I am 8 years old ... skating makes me feel special in my heart. I feel good about myself. Skating helped me find the courage in myself to do the things I was afraid of. I am very proud of myself ...



Continued from page 18

Karen Berger, is a member of the USFSA Sports Medicine Committee and President of the La Jolla Figure Skating Club. A skater and the mother of a competitor, she has a M.S. in nursing and a doctorate in educational leadership.

Editor's Note: The Sports Medicine Committee is in the process of compiling a list of medical and paramedical professionals with an interest and expertise in figure skating. If you have personal knowledge of a physician, physical therapist, podiatrist, athletic trainer, nutritionist, or sports psychologist with special expertise or interest in figure skating, please send the name, address, and phone number of this person to: Howard Silby, M.D., Chairman, Sports Medicine Committee, 10812 Pleasant Hill Drive, Potomac, MD 20854.

1986 WORLD FIGURE SKATING HALL OF FAME NOMINATION FORM

All nominees for the World Figure Skating Hall of Fame are selected by the general public. Nominees are not limited to living persons nor to U.S. citizens and need not be members of the USFSA. Any person meeting the qualifications below is eligible.

Use this form to nominate those persons that are worthy of election to membership in the Hall of Fame and who meet the qualifications in any one of the categories listed below. Only one nomination form per person each year will be accepted and no more than ten nominees in total may be included on each form.

- Skaters from throughout the world who have compiled an outstanding competitive record and who have made
 a noteworthy contribution in style or technique and have been retired from competitive skating for at least
 ten years.
- 2. Persons who have made a noteworthy contribution to figure skating in a non-skating capacity through service to an amateur figure skating association and have not been active in such capacity for at least five years.
- 3. Persons who have made a noteworthy contribution to figure skating in a non-amateur capacity. Non-teaching professionals must have been retired at least five years, while teaching professionals must have at least twenty-five years of experience as such.

Following compilation of all nominations received by the closing date of February 1, 1986, the 27 Hall of Fame Electors will vote for the eligible nominees in each category. The announcement of the nominees elected will be made at the Annual Meeting of the USFSA Governing Council in May 1986:

My nominees to the Hall of Fame are:	
Name	
Address (City, State, Zip Code)	

Clip or reproduce the form and mail to: Mr. Theodore G. Clarke, Chairman, Hall of Fame Electors, c/o USFSA, 20 First Street, Colorado Springs, CO 80906.

Deadline for receipt of this form is February 1, 1986.

New York, New York Continued from page 34

west side, you can sample the moist tangy cheeses or have exotic coffee beans ground on the spot, and Dean & DeLuca in SoHo carries several homemade pastas and unusual kitchen utensils.

And what about all those famous city landmarks that many New Yorkers never get to see? For both the tourist and the native. a visit to the Statue of Liberty, now approaching her 150th birthday, is a must. A ride on the Staten Island Ferry is still one of the cheapest trips around (25¢) and before making the return trip, a visit to Richmondtown Restoration, an authenic refurbished village, might be in order. The whole family is sure to enjoy the Circle Line tour, which circumnavigates the island of Manhattan. If you want to take in the breathtaking, panoramic sweep of the city, helicopter rides are available taking passengers over the harbor, Brooklyn Bridge, Empire State Building, World Trade Center, and other well-known sights. By land, the luxury of a hansom cab ride through the Park or down Fifth Avenue recalls the placid old New York of Edith

Wharton and Henry James. And during offpeak hours, even a bus ride up Columbus Avenue or through Gramercy Park area is an excellent way to sightsee.

It's surprising how much fun it is just to give yourself a self-guided walking tour. Pick a neighborhood, any neighborhood. In one afternoon you can wander from Chinatown to Little Italy, sampling a Szechuan tidbit here and a lemon ice there. The garment and diamond districts are dense with industrial buying and selling, as is the area down by Wall Street. Across the East River in Brooklyn are the magnificent old brownstones of Brooklyn Heights and Park Slope where wellgroomed cobblestone streets and gaily colored flower boxes are a common sight.

Travelers in town for a protracted visit will find hotels of all price ranges available, from the sumptuous new Grand Hyatt and Hilton Vista to the more modest hotels scattered conveniently throughout the city.

For additional information on great vacations in New York, write for a free copy of the I LOVE NEW YORK Travel Guide addressed to: Travel Guide, Box 992, Latham, NY 12110.



1985 SKATE AMERICA ST. PAUL/MINNEAPOLIS. MINNESOTA OCTOBER 14-20, 1985

JUDGES: 1-Elizabeth Clark, Canada; 2-Heinz Mullenbach, Federal Republic of Germany; 3-Joan Burns, USA; 4-Franco Benini, Italy; 5-Merja Hertz, Finland; 6-Vera Spurna, Czechoslovakia; 7-Britta Lindgren, Sweden; 8-Jacqueline Itschner, Switzerland; 9-Alexandr Vedenin, USSR. SUBSTITUTE: Kristina Potocki-Ranilovic, Yugoslavia. REFEREE: Donald H. Gilchrist, ISU. ASSISTANT REFEREE: Charles U. Foster, ISU.

	CF	SP	FS		PLACES
1.	1	1	1	Jozef Sabovcik, Czechoslovakia	2.0
2.	3	2	2	Brian Boitano, USA	4.6
3.	4	3	4	Victor Petrenko, USSR	7.6
4.	6	4	3	Christopher Bowman, USA	8.2
5.	5	7	5	Masaru Ogawa, Japan	10.8
6.	2	5	8	Fernand Fedronic, France	11.2
7.	8	9	6	Paul Wylie, USA	14.4
8.	14	6	7	Kurt Browning, Canada	17.8
9.	9	11	10	Marc Ferland, Canada	19.8
10.	10	8	11	Oliver Hoener, Switzerland	20.2
11.	13	10	9	Alessandro Riccitelli, Italy	20.8
12.	7	12	13	Lars Aakesson, Sweden	22.0
13.	12	14	12	Ralph Burghart, Austria	24.8
14.	11	13	14	Oula Jaaskelainen, Finland	25.8

LADIES

JUDGES: 1-Mary Pearson, Canada; 2-Marie Therese Lamarque, France; 3-Claude Carlens, Belgium; 4-Junko Hiramatsu, Japan; 5-Walter Huttner, Austria; 6-Eva Berg Rismoen, Norway; 7-Joan Gruber, USA; 8-Ferenc Kertesz, Hungary; 9-Kristina Potocki-Ranilovic, Yugoslovia. SUBSTITUTE: Alexandr Vedenin, USSR. REFEREE: Dr. Joseph Dedic, ISU. ASSISTANT REFEREE: Raymond C. Alperth, ISU.

	CF	SP	FS		PLACES
1.	1	1	1	Debi Thomas, USA	2.0
2.	2	2	2	Tracey Wainman, Canada	4.0
3.	3	3	3	Katrien Pauwels, Belgium	6.0
4.	4	4	4	Kathryn Adams, USA	8.0
5.	5	6	5	Agnes Gosselin, France	10.4
6.	6	5	6	Lotta Falkenbaeck, Sweden	11.6
7.	7	7	7	Elise Ahonen, Finland	14.0
8.	11	8	8	Masako Kato, Japan	17.8
9.	9	14	9	Elizabeth Howatson, Canada	20.0
10.	12	9	10	Tamara Teglassy, Hungary	20.8
11.	10	11	11	Manuela Tschupp, Switzerland	21.4

12.	8	12	13	Christine Dekitsch, Austria	22.6
13.	15	10	12	Pauline Lee, Chinese Taipei	25.0
14.	13	15	14	Zeljka Cizmesija, Yugoslavia	27.8
15.	14	13	15	Vibecke Sorensen, Norway	28.6

PAIRS

JUDGES: 1-Maira Abasova, USSR; 2-Jacqueline Itschner, Switzerland; 3-Junko Hiramatsu, Japan; 4-Britta Lindgren, Sweden; 5-Marie Therese Lamarque, France; 6-Elizabeth Clark, Canada; 7-Mary Louise Wright, USA; 8-Claude Carlens, Belgium; 9-Merja Hertz, Finland. SUBSTITUTE: Franco Benini, Italy. REFEREE: E. Newbold Black, IV, ISU. ASSISTANT REFEREE: Hugh C. Graham, Jr., M.D., ISU.

	SP	FS		PLACES
1.	1	1	Jill Watson & Peter Oppegard, USA	1.4
2.	2	2	Elena Bechke & Valery Kornienko, USSR	2.8
3.	3	3	Gillian Wachsman & Todd Waggoner, USA	4.2
4.	4	4	Christine Hough & Douglas Ladret, Canada	5.6
5.	5	5	Isabelle Brasseur & Pascal Courchesne, Canada	7.0
6.	6	6	Deveny Deck & Luke Hohmann, USA	8.4
7.	7	7	Sylvie Vacquero & Didier Manaud, France	9.8

DANCE

JUDGES: 1–Jane Garden, Canada; 2–Walter Huttner, Austria; 3–Heinz Mullenbach, Federal Republic of Germany; 4–Jean Robinson, USA; 5–Ferenc Kertesz, Hungary; 6–Maira Abasova, USSR; 7–Armelle Vaneybergen-Flichy, France; 8–Olga Gilardini, Italy; 9–Catherine Robinson. SUBSTITUTE: Vera Spurna, Czechoslovakia. REFEREE: Dr. Wolfgang Kunz, ISU. ASSISTANT REFEREE: Benjamin T. Wright, ISU.

	CD	OSP	FD		PLACES
1.	1	1	1	Renee Roca & Donald Adair, USA	2.0
2.	2	5	2	Irina Zhuk & Oleg Petrov, USSR	5.2
3.	4	2	3	Antonia Becherer & Ferdinand Becherer,	6.2
				Federal Republic of Germany	
4.	3	4	4	Klara Engi & Attila Toth, Hungary	7.4
5.	5	3	5	Kathrin Beck & Christoff Beck, Austria	9.2
6.	6	8	6	Isabella Micheli & Roberto Pelizzola, Italy	12.8
7.	7	7	7	Lois Luciani & Russ Witherby, USA	14.0
8.	8	6	8	Sharon Jones & Paul Askham, Great Britain	15.2
9.	10	9	9	Kristin Lowery & Chip Rossbach, USA	18.6
10.	11	11	10	Isabelle Cousin & Martial Mette, France	21.0
11.	9	10	12	Penny Mann & Richard Perkins, Canada	21.4
12.	12	12	11	Tomoko Tanaka & Hiroyuki Suzuki, Japan	23.0

2

7-8

8-9

Calendar of Events

Continued from page 24

through Seniors, Figures, Compulsory Moves, Freestyle, Interpretive, Dance, and Pairs events. New event: Novice Short Program. For information contact: Cindi Dugger, 856 Mission Hills, Creve Coeur, MO 63141, 314-993-8269 or Shirley Sisson, 106 Morewood Dr., Manchester, MO 63011, 314-394-4947.

MARCH

Fraser Mid-America Precision Team Championships, sponsored by the Fraser FSC, Fraser, MI. Juvenile, Novice, Junior, Senior, and Adult events. For information contact: Roger Geary, 33043 Stoner, Sterling Heights, MI 48077, 313-977-0789.

1-2 Alpena FSC Ice Show, sponsored by the Alpena FSC, at the Mich-E-Kewis Park, Alpena, MI. For information contact: Cecelia Buller, President, 517-356-1032.

3 Hoods and A Wolf, ice show sponsored by the Watertown SC, at the Mays Rink, Taft School, Watertown, CT. This year's show will be dedicated to the deaf and hard of hearing. For the first time ice skaters will skate and sign the words of the music. For information contact: Carolyn R. Falk, 121 Tyler Crossing, Middlebury, CT 06762, 203-758-1092. Wisscapades, ice show sponsored by the Wissahickon SC, at the Wissahickon SC, Philadelphia, PA. For information contact: Mrs. S. Gittleman, 909 Laburnum Rd., Wyncote, PA 19095, 215-885-6641.

New England Juveniles Competition, sponsored by the North Shore SC, at the Town Line Twin Rinks Arena, Route 114, 58 Andover St., Danvers, MA 01923. Figures and Freestyle combined competition. For information contact: Mr. Robert Pinch, 10 Kenmore Dr., Danvers, MA 01923, 617-774-2430.

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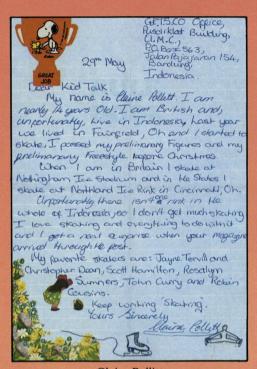


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Continued on page 46





Claire Pollitt age 14 Bandung, Indonesia



Heather Schneider age 8 Ballwin, MO

THESE KIDS ARE TALKING!

Janice Dyke Brasher Falls, NY

> Jae Junkunc Durham, NH

Tammy Marazzo Circle Pines, MN

> Heidi Ligouri Clayton, CA

Jennifer Butenschden Portland, OR

Matisha Clayton Colorado Springs, CO

SKATE YOUR HEART OUT

Dear Kid Jalk,

years old and now I live in Santa Te New years old and new I live in Santor de Mew Mexico. I heally hat it here because there only obating in the worter active in 500 (Bamoodin allamosting in the worter active in to filmoodin allamost and okate at a work live in the filmood and okate at great from the filmood and okate at govern which is in the filmood at Robert Crown who did a whole were year. The nateracter Crown who did a whole were year. The nateracter of count who did a whole were year. The nateracter of count who did a whole word who the first friend and I should the last time and the day I left I should the last time and the day I left I should the last time and the day I left I should the last time and will may be suffered a good. Now may a batting like to over and I know to tey how may a known like over and I know to tey to mee on to new things, it wont to easy believe to move on to new things, it wont to say, believe and to usually the lough and someday it all link out.

a loving fan You ade Santa Fe, New Mexico

Kori Ade age 11 Santa Fe, NM





My name is Simone Kerrick and I skate at Penn State FS.C. Im working on my doubles. I am an OK Skater but I skate hard, My Coach is Dena ready and Mark Toardo. They are exellent! Im working on a program for December 15. My mose is to the Jackson 5. The sones are also and Ill Bethere. My program. Is neat! I love kid talk! I read it all the time. I get jelous when kids are so much better than me! But I try to live with it.

KEEP ON "SKATING AMERICA"



Simone Kerrick age 11 State College, PA



Yvette Gattineri age 10 Stoneham, MA

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Continued from page 4

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Ricky Harris

Continued from page 11

build muscle memory for the many necessary movements needed to perform the technical as well as the artistic requirements. It cannot be done in a week.

It is best to go into competitions and tests with the confidence that comes from daily. consistent work. This will help you do everything you need to do, because you have done it daily in practice. This confidence will carry you through the slight butterflies that are natural before you compete or test.



Skating congratulates the following skaters who have passed USFSA sanctioned tests in figures, pair, and dance. Only completed dance tests, rather than the individual dances passed, are recorded below. Any errors should be reported to the USFSA, 20 First Street, Colorado Springs, CO 80906.

New Test Abbreviations are as follows: PRE = Preliminary Figure; 1 = First Figure; 2 = Second Figure; 3 = Third Figure; 4 = Fourth Figure; 5 = Fifth Figure; 6 = Sixth Figure; 7 = Seventh Figure; 8 = Eighth Figure; PF = Preliminary Free; JF = Juvenile Free; IF = Intermediate Free; NF = Novice Free; JRF = Junior Free; SRF = Senior Free; PPR = Preliminary Pair; BPR = Bronze Pair; SPR = Silver Pair; GPR = Gold Pair; P DT = Preliminary Dance Test; BR DT = Bronze Dance Test; PS DT = Pre Silver Dance Test; SPT = Silver Pair Capter Dance Test; GPD = Gold Dance Test; GPD = Gold Dance Test; GPD = Gold Dance Test; BR DT = Bronze Adult Dance Test; BR DT = Bronze Adult Dance Test; BR DT = Bronze Adult Dance Test; GPD = Gold Dance Test; GRD = Group Free Dance; GRD = Free

GOLD FIGURES

Adrianna Swarts, Rocky Mountain FSC; Allyson Eddy, Philadelphia SC & HS; Beverly Schilke, Glenwood FSC; Brett Drury, Broadmoor SC; Colleen Boman, Arctic Blades FSC; Holly Hash, Hickory Hill FSC; John Kanicka, FSC of New Orleans; Kristina Swanson, SC of Boston; Laura Erle, St. Moritz ISC; Lori Knoll, Lakewood WC; Melissa Sessions, Las Vegas FSC; Nora Heitmeier, Creve Coeur FSC; Sharon Kopman, Los Angeles FSC; Steven Rice, SC of Lake Placid; Terry Banghart, DuPage FSC; Todd Reynolds, Galleria ISC; Vanessa Pezzi, Broadmoor SC; Wendy Weston, SC of Boston.

GOLD FREE

Adrianna Swarts, Rocky Mountain FSC; Carol Utter, Colorado SC; Charlene Keck, Denver FSC; Charlotte Fischer, Northcross FSC; Chris Micklege, I & B Club of Washington; Christopher Bartlett, Denver FSC; Dulcey Barr, Cleveland SC; Glen Booth, Jr., Tulsa FSC; Holly Hash, Hickory Hill FSC; Jared Hoadley, Professional; Jodie Balogh, Academy FSC; John Saitta, St. Moritz ISC; John Kanicka, FSC of New Orleans; Kathy May Searle, Utah FSC; Kim Freedman, Denver FSC; Kris Thompson, St. Paul FSC; Krist Kirkbride, ISC of Fresno; Kristin Smith, Janesville FSC; Kristina Swanson, SC of Boston; Lara Talbot, Wisconsin FSC; Lynn Lindborg, San Diego FSC; Margaret MacDiarmid, SC of Boston; Margo McCaulley, Professional; Maria Zarko, Skokie Valley SC; Michelle Nolan, Lakewood WC; Milissa Burdette, St. Paul FSC; Nancy Wood, Professional; Paula Ruppel, St. Paul FSC; Robert Nardozza, Arizona FSC; Sandra Hout, Lake Minnetonka FSC; Steven Rice, SC of Lake Placid; Terry Banghart, DuPage FSC; Tracey Damigella, SC of Lake Placid; Wendy McNally, Hickory Hill FSC; Wendy Weston, SC of Boston.

GOLD PAIR

Jeff Warters, Eastland Mall ISC; Jerod Swallow, Detroit SC; Kevin Poit, Professional; Laurie Johnson, Professional; Lori Blasko, Conejo Valley FSC; Pam Warters, Eastland Mall ISC; Shelly Propson, Detroit SC; Todd Sand, Los Angeles FSC.

GOLD DANCE

Beazie Zenzie, Princeton SC; Bridgette Flaherty, Arctic Blades FSC; Colleen Boman, Arctic Blades FSC; Darren Fitzpatrick, Essex SC of New Jersey; Donna Mannarelli, Smithfield FSC; Jill Heiser, San Diego FSC; Margo McCaulley, Professional; Mary Sue Kronschnabel, Professional; Melissa Stockwell, Smithfield FSC; Pat Stokowski, Individual Member; Robert Escudero, Los Angeles FSC; Shari Heywood, Genesee FSC.



GOLD FREE DANCE

Dan Stahl, Broadmoor SC; Tonia Kleinsasser, Broadmoor SC.

ACADEMY FSC: 2-Hillary Hart. 3-Jennifer Jaroslawski. 4-Megan Carpenter. 5-Kim Muir. 6-Jill Weisenstein. IF-Jennifer Jaroslawski, Laurie Clinard. NF-Kim Muir. JRF-Jeffrey Olszewski, Jill Weisenstein. P DT-Jennifer Jaroslawski. PS DT-Jill Weisenstein, Michelle Whitman. PPR-Jennifer Farrell. BPR-Jennifer Farrell. ACHILLES FSC: PRE-Denise Gaudet. 1-Karie Hoskinson, Louise Leone, Mary Homer, Michael Healy, Stacey Lavish. 3-Stephanie Patnode. PF-Brandy Bryden, Cheryl Guiton, Karen Renie, Stephanie Doehne. JF-Corina Kelly. IF-Stephanie Patnode, Vikki June Parker. P DT-Michael Healy. BR DT-Eric Marshall, Megan Kenney. SC OF THE ADIRONDACKS: PRE-James Binnebose, II, Karen Binnebose. 3-Maribeth McLane. 4-Julia McLane. 5-Laura Knef. 7-Janene Meyer. JF-Nina Santora. IF-Keri-Ane Dandrow, Maribeth McLane. PS DT-Michelle Foster. S DT-Maribeth McLane.

ALEXANDRIA BAY FSC: P DT-Christine Lingenfelter, Cindy Fahsel.

ALL YEAR FSC: PRE-Jo Anne Mastin, Megan Lucas, Tania Englebert. 1-Jeffrey Stone, Jonathan Stone, Lee Barber, Lillian Muncan, Melody Soltani. 2-Jennifer Gold, Laureece Saba, Mary Thompson, Shelise Brown, Tristan Colell. 3-Tanya Kuligowski. 4-Sara Gordon. 7-Angela Carazo. PF-Jo Anne Mastin, Megan Lucas. Tania Englebert, JF-Jennifer Gold, Shelise Brown, Tristan Colell, IF-Tanya Kuligowski, PPR-Christina Kopp. ALPENA FSC: 1-Missy Neumann.

ALPINE SC: PRE-Debbie Allyn. 1-L. Kari Olson, Linda Sue Bolander, Lisa Stolper. 3-Jennifer Houchens. 4-Rebecca Houchens, 5-Rebecca Houchens, PF-Anita Schiller, Athina Maas, Lindsay Broughton, JF-Elizabeth Schichtel, Jennifer Doyle, Jennifer Sanders, L. Kari Olson, Tonja Fragiacomo. NF-Rebecca Houchens. P DT-Jillian Schillaci.

SC OF AMHERST: PRE-Rachel Manning, Sara Lerner. 1-Jessa Eisenwinter-Lak, Laura Danielson, 2-Andrew Starr. 4-Tara Warner, Wendy Wasil. 6-Diane Olevsky. JRF-Nicole Mantovani. PS DT-Tara Warner.

AMHERST SC: 1-Suzanne Ott. 2-Suzanne Colburn. JF-Boni Ann Brounshidle, Judith Fletcher, Mary Jo

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ANN ARBOR FSC: PRE-Cheryl Evans, Laurie Bartels. 2-Amilynn Maki, Heidi Spaly. PF-Cheryl Evans. BPR-

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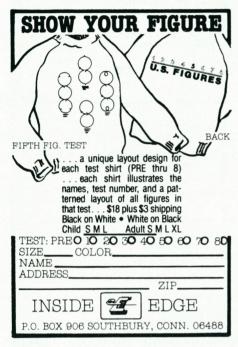
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HERSHEY FSC: 1-Amanda Ramsay, Jodi Weindel. 4-Samantha Baiman. P DT-Amanda Ramsay.

HIAWATHA SC: PRE-Leanna Bourque. PF-Leanna Bourque. JF-Janelle Vizina. NF-Jean Marchant. P DT-Janet Vizina. PS DT-Lisa Schwiderson.

HICKORY HILL FSC: PRE-Allison Osterly, Heather McClure, Lisa Bustamante, Mary Rice. 1-Ann Marie Neto, Elizabeth Flynn, Ruth Kaufmann. 2-Lisa Schapiro. 4-Elizabeth Beattie, Melinda Meinke. 5-Ann Desperito, Sandra Dechard. 6-Heidi Kaplan, Laurie Jo May. PF-Audrey Klebanow, Jennifer Klein, Lisa Bustamante. JF-Elizabeth Flynn, Jennifer Weinman, Lisa Schapiro. NF-Elizabeth Beattie, Maria Fordyce. JRF-Laurie Jo May.

HIGHLAND SC: PRE-Christopher Rossiter, Heidi Hammer, Jennifer Woods, Kaarin Munson, Lisa Ranee Webster, Monique Ramirez, Sean Howson. 1-Lisa Hyde, Marya Fischer, Staci Gibb, Stephanie Bronson, Stephanie Woods, William Haag, 2-Cinnamon Jinotti, 4-Andre McGaughey, Danielle Guerrette, PF-Christopher Rossiter, Heidi Hammer, Jennifer Woods, Kaarin Munson, Lisa Ranee Webster, Monique Ramirez, Sean Howson. JF-Brenda Coplen, Cinnamon Jinotti, Colleen Moffat.

SC OF HINGHAM: PRE-Danielle Noiles. 1-Andrea Lecain, Lesley Leibowitz. 4-Melinda Sweezey. PF-Danielle Noiles, Destiny O'Brien. NF-Melinda Sweezey.

HOUSTON FSC: PRE-Alicia Cease, Amy Elise Heatherly, Erin Williams, Heather Benedict, Ilyssa Lerner, Kelly Malik, Mary Pat Cillo, Jamila Williams. 1-Jennifer Kelley. 2-Angela Williams. PF-Alicia Cease, Erin Williams, Heather Benedict, Kelly Malik, Mary Pat Cillo, Michael Lerner, Jamila Williams. JRF-Stacie

HUDSON-MOHAWK FSC: NF-Christine Alexander. PG DT-Christine Alexander.

I & B CLUB OF WASHINGTON: PRE-Dionne Moschel, Janine Brunette. 1-Araan Goldstein, Darcie Shields. Pilita Peto. 2-Carlina Leonette. 3-Robin Pilossoph. 7-Stacy Swiantek. PF-Janine Brunette, Robin Moser, Sarah Zajko, Tamra Bouch, Tracy Jackson, Tracy Boone. JF-Natalie Lutka. IF-Robin Pilossoph. P DT-Araan Goldstein, Dionne Moschel, Heather Christ, Noel Peto, Pilita Peto. PS DT-Robin Pilossoph.

IC OF WASHINGTON: PS DT-Richard Critz, Jr.

ICE WORLD FSC: PRE-Indra Klavins, Kimberly Fusaro, Patricia Cavanna, Patty Carey. 1-Erika Silverman. Megan Bozios. PF-Indra Klavins, Jill Appleang, Kimberly Fusaro, Patricia Cavanna, Patty Carey. JF-Jill Appleang, Megan Bozios, Pamela Sedlar. IF-Elena Franklin. P DT-Eileen Niebisch.

ILLINI FSC: PRE-Beth Spoonamore. 4-Stacie Smith. PF-Beth Spoonamore. JF-Jessica Burns. BR DT-Martin Orisek.

ILLINOIS VALLEY FSC: PS DT-Kimbra Baurer.

ISC OF INDIANAPOLIS: PRE-Heather Driscol, Kimberly Scherer, Kristen Souweine, Tanya Kane. 1-Eric Herman, William Widmeyer. 2-Erin O'Brien, Holly Thomsen, Melissa Morris. PF-Kimberly Scherer. JF-Holly Thomsen. P DT-Katy Sparks, Kimberly Scherer, Sarah Gonser. BR DT-Alexis Steinrauf, Valerie Tzucker. S DT-Melissa Morris. PG DT-Lesle Lane.

JAMESTOWN SC: PRE-Angela Mastrosimone, Britta Svenson, PF-Angela Mastrosimone, Britta Svenson, Chris Card.

JANESVILLE FSC: 7-Mazal Farhi, Shenon Badre. JRF-Shenon Badre.

KALAMAZOO FSC: PRE-Samantha Berger, Tracy Leversee. PF-Amy Middlemas, Samantha Berger. JRF-Cary Wilson.

KANSAS CITY FSC: PRE-Dyna Jobe, Ouida Robins, Stephanie Burk. 1-Bridget McMeel, Dana Harris, Krista Drumond. 3-Emilie Elmore. 4-Beth Ann Baranczuk. PF-Dyna Jobe, Ouida Robins, Stephanie Burk, IF-Molly Jane McEachen.

KENNEBEC SC: 1-Sarah Lockwood, Susan Clair. 2-Jennifer Malvesta. PF-Sheryl Manship. JF-Elizabeth Paine, Maggie Judd, IF-Sara Cheney, P DT-Heather Friedman, BR DT-Jennifer Malvesta, PG DT-Elizabeth Davidson. PS ADT-Mary Davidson.

KENT SC: 1-Bridgett Grecco, Jill Maynor, JRF-Joy Arisman, BR DT-Robert Rowsey, PG DT-Nicole

LA JOLLA FSC: 3-Lisa Szytel. IF-Lisa Szytel. S DT-Kara Berger.

LAKE MINNETONKA FSC: PRE-Katie Rohde, Nicole Hunsley. 3-Molly Fayfield. 5-Gig Siruno. JF-Karla Voneschen. IF-Heather Branson. NF-Marci Hall. JRF-Lisa Veitch.

SC OF LAKE PLACID: PRE-Megan Nason. 6-Wylie Jane Smith. 7-Bonnie Bourke. IF-Kristen Painter. P DT-Tricia Sabataso. BR DT-Rachael Harrison. PG DT-Hilary Olney, Tracey Damigella.

LAKEWOOD WINTER CLUB: PRE-Beth Buhl, Donita Roal, Muffin Kurtz, Sonya Rieger. 1-Celeste Stacy, James Peterson, Nancy Peterson, Stephanie Rose. 2-Christina Walters. 3-Leanne Highsmith, Sarah Gendreau. 4-Mercedes Greene. 5-Andrea Moss, Dawn Gardunia, Julie Elledge, Lynette Lagmay, PF-Beth Buhl. Donita Roal, Muffin Kurtz, Sara Salamonsen, Sonya Rieger. JF-Christina Walters, Corky Kurtz, James Peterson. IF-Leanne Highsmith, Sarah Gendreau. NF-Dawn Gardunia, Kaia Halvorson, Mercedes Greene, P.DT-Kristine Calhohn.

LANSING SC: 1-Dayna Phillips.

LAS VEGAS FSC: PRE-Larry Alarid, S. Amy Ong, Tanya Huisenfeldt. 2-Alyssa Bowie, Summer Milburn. 3-Kimberly Morski, Kristi Hendrix, Stacy Larsgaard. 4-Emily Aebischer. 5-Jennifer McKenna. 7-Nicole Bounds. IF-Kimberly Morski, Kristi Hendrix. NF-Jennifer McKenna.

LAUREL RIDGE SC: PRE-Karen Tuozzolo, Sandra Larkin. 3-Allison Cohen. PF-Cara Cabler. JF-June Stathis, Lori Balfanz, Megan Sandy, Vicki Francis.

LILAC CITY FSC: PRE-Catherine Hill, Lori Young. 1-Suzanne Bassett. 2-Julie Blake. PF-Catherine Hill, Lori Young. JF-Julie Blake, Shawn Farrell. IF-Diane Waryas.

LINCOLN CENTER FSC: PRE-Jennifer Woodruff, Kari Titus. 1-Christopher Cash, Nicole Champine. 2-Jennie Ann Pitman. 3-Janel Geary. 5-Michelle Gray. PF-Jennifer Woodruff, Kari Titus. JF-Jennie Ann Pitman. IF-Becky Francisco, Janel Geary. JRF-Beth Francisco. P DT-Amy Woodruff, Nicole Champine, Tom Byers. BR DT-Erin Schuler, Jennie Ann Pitman.

LITTLE SUN VALLEY SC: 5-Michelle Hendrick, JF-Maria Benson, IF-Rhonda St. Marie, P DT-Elizabeth Monast.

LONG ISLAND FSC: 3-Eve Roth, Kerry Bartlett, Stephanie Ross. 5-Stacey Waurishuk. 6-Grace Garcia. JF-Mark Gettman, Sammy Kaver, Steven Gettman. IF-Stephanie Ross. NF-Allisyn Paino. PPR-Mark Gettman. Steven Gettman.

LOS ANGELES FSC: PRE-Erin Lewis, Peter Galbreath. 1-Jennifer Ritter, Katie Polsky. 2-Casper Young, Christina Bottger, Corina Crawford, Zoe Poledouris. 3-Alexandra Stams, Brandy Valencia, Donna Kugler, Karen Sylvester. 4-Kellie Creel. 6-Andrea Jost, Roy Steinheider, Wendy Pomerantz. PF-Peter Galbreath. JF-Christina Bottger, Corina Crawford, Zoe Poledouris. IF-Alexandra Stams, Anna Ricioppi, Brandy Valencia, Donna Kugler, Karen Sylvester. BR DT-Martha Nelson, Nozomi Watanabe. PS DT-Cherry Waugh, James Bradford. S DT-D.J. Dyer.

LOUISVILLE FSC: PRE-Kim Thomas. 1-Stephanie Neal. PF-Karen Kaestner, Kim Thomas.

FSC OF MADISON: 1-Cathy Zinkel. 5-Krista Perkins. IF-Sarah Appen. JRF-Kim Schebig. SPR-Gary Strangman, Jenny Saari.

MANKATO FSC: 7-Christina Radichel.

MAPLEWOOD FSC: PRE-Angela Rothmund. 1-Shannon Ryan. PF-Angela Rothmund.

MARQUETTE FSC: PRE-Julie Clark. 1-Becky Thomas, Michelle Payment, Willa Fornetti. 4-Deanna Johnson. PF-Jamie Thomas, Julie Clark, Susan White. IF-Nicole Vassar. NF-Sara White. P DT-Jamie Thomas, Julie Clark, Susan White. BR DT-Carrie Cassidy. PS DT-Barbara Anderson, Christine Vandermissen, Jaime Betts. Mary Vandermissen, Michelle Payment, Michelle Lehtomaki, Willa Fornetti. S DT-Melanie Gerrish. BPR-Roy Hamm.

MASON-DIXON FSC: PF-Moriah Metheney.

FSC OF MEMPHIS: 1-Shelby Hester. 3-Anitra Petrollini. JF-Anitra Petrollini, Heather Wright, Shelby Hester. IF-Anitra Petrollini.

MESA VERDE FSC: 1-Amy Sommo, SFD-Ronald Bender.

METROPOLITAN FSC: PRE-Jeanne Burdette, Leslie Madden, Nancy Folks, Suzanne Gerdin. 4-Donna Giunta. 5-Carol Wittschieben. PF-Lee Zawol, Leslie Madden, Nancy Folks. PS DT-Claudia Sersanti.

MIDLAND FSC: 5-Jennifer Olson. NF-Lu Ann Henry. S DT-Johanna Gannon.

FSC OF MINNEAPOLIS: 1-Katherine Archer. JF-Shelley Morningstar. IF-Jennifer Kelly, Michelle Wenz, Tracy Stark. NF-Robyn Abear. P DT-Danielle Olthoff. BR DT-Tei Lea Kano. S DT-Scott Johnson.

MISSION VALLEY ISC: PRE-Gretchen Schmidt, Theresa Nguyen. 1-Lisa Ann Hahn, Sahar Tali, Sarah Smith. 2-Andrea French, Wendi Frey. 3-Robin White. 4-Tisha St. John. PF-Bridget Neu, Felicia Gutierrez, Gretchen Schmidt, Theresa Nguyen. NF-Michelle Gentry. P DT-Mia Barron.

SC OF MONTCLAIR: PRE-Rachel Gingold. 1-Elizabeth Donaldson. 3-Melissa Rivera. PF-Angela Ferraro. JF-Steven Partyka. IF-Melissa Rivera. PS ADT-Ruth Caley.

SC OF MORRIS NJ: PRE-Kimberly Terry, Kimberly Fleming, Rebecca Cutler. 1-Beth Allen, Danielle Raiman, Julie Anne Maguire. 2-Ashley Hunt, Nicole Piekarski. 3-Laura Cimmino, Susie Feldstein, 4-Karen Sulewsky, Michelle Dennis, Pamela Santamaria. 5-Jennifer Schaefer, Tracy Rauchberg. 6-Kristin Harper, Michael Dennis, Jr. PF-Kimberly Fleming, Kristina Doyle, Rebecca Cutler. JF-Nicole Piekarski. IF-Ashley Hunt, Olivia Pennock, Susie Feldstein. P DT-Celia Amy Cohen.

NEW BEDFORD SC: PRE-Julie Murray. PF-Jason Sylvia, Julie Murray.

SC OF NEW HARTFORD: PRE-Jennifer Breslow.

NEW HAVEN SC: 6-Sharon Dunn.

SC OF NEW YORK: 1-Emily Sterner, Larissa Wilson, Naomi Bledstein, Sharon Toback. 2-Thomas Incantalupo. 4-Dayna Madwatkins, Isabella Novielli, Nanako Yuasa. 5-Jennifer Grega, Maryl Frank. 6-Christine Khoury, Julia Simkin. 7-Catherine Martini. PF-Isabella Novielli. JF-Larissa Wilson. JRF-David Liu, Julia Simkin. PS DT-Marcos Alberti.

NEWBURYPORT FSC: PRE-Elise Roberts, Stephanie Solano. 1–Juliette Power, Karen Blomquist. PF-Elise Roberts, Jeff Tardie, Kimberly Clarkson.

NORTH COUNTRY SC: PRE-Catherine Cornut, Kristina Chenevert. 2-Erin Labombard, Michelle Tetreault. NORTH JERSEY FSC: PRE-Natasha Lipszyc. 2-Debbie Gill. 3-Alyssa Joy Stith. 4-Elizabeth Truppi. 5-Lara Pelle. NF-Lara Pelle. PS DT-Alyssa Joy Stith.

NORTH SHORE SC: PRE-Jennifer Macchi. 1-Christine McNiff, Sarah Dew. 2-Lois Getty. 3-Jennifer Redding. 4-Amy Hanson. 5-Lisa D'Angelo. IF-Stacy Crowley.

NORTH SUBURBAN FSC: PRE-Julie Haselden. 1-Denise Darling, Gwyneth Van Brandeghen. 2-Beth Mankowski. 4-Elizabeth Libtow, Sandy Ham. PF-Julie Haselden. IF-Kristine Kim. PS DT-Kristine Kim. NORTHCROSS FSC: 1-Alicia Berens, Tracy Friesland. 3-Martha Krause. 4-Natalie Coffey, Tammy Haley. JF-Christie McDaniel. NF-Natalie Coffey, Tammy Haley.

NORTHERN LIGHTS FSC: PF-Denise Kreibich, Jami Moe, Kim Larson, Krestin Olson, Melissa Neppel, Patty Conati, Stephanie Wallace. P DT-Cindy Tiedeman, Deanna Neuhalfen, Denise Kreibich, Jodi Stauss, Kaylen Gregoire, Kelly Stauss, Krista Gregoire, Melissa Hutton, Patty Conati, Raeann Watt, Stephanie Wallace. BR DT-Denae Blue, Krestin Olson, Lori Jo Vold.

SC OF NORTHERN VIRGINIA: PRE-Arazeu Mianegaz, Carey Tushin, Mara Buzzell, Tracy James. 1-Judith Stein, Stephanie Horn. 2-Delia Lynn Wiesen. 3-Amy Rice, Stacey Turcotte, Vicki Staples. 4-Victoria Chinn. 5-Heather Katzen. 6-Lori Montague. 7-Darin Hosier. PF-Arazeu Mianegaz, Carey Tushin, Tracy James. JF-Jessica Lieberman. IF-Caitlin Mahar, Vicki Staples. BR DT-Prince Dunn II. PS DT-Elizabeth Miller, Susanne Seagrave.

OAK PARK FSC: 1-Debbie Benjamin. IF-Lesa Ellison. BR DT-Linda Kawano. PG DT-Amber Preston. OKLAHOMA CITY FSC: PRE-Tara Beth High. 2-Kathy Anne Brown, Theresa Rodriquez.

OLD CAPITOL FSC: PRE-Hilary Juretic, Kristin Knotts. 2-Patrice Flynn. PF-Hilary Juretic, Kristin Knotts. JF-Leslie Buchanan.

OLD YORK ROAD SC: PRE-Karintha Haberstroh. 1-Jennifer Newbrough, Sabrina Feve. 2-Kathleen Saverino. 3-Jennifer Rose, Julia Minkovsky, Kathleen McBride, Melissa Taggart. JF-Wendy Lee Hollahan. P DT-Donna Lewandowski. BR DT-Jennifer Rose.

OLDE MONMOUTH SC: 3-Michael Chack. IF-Heather Dunay.

FSC OF OMAHA: 3-Laura Marshall. 5-Kecia Coffman. JF-Courtney Mangus. P DT-Kerry Barrett.

OVERLAKE SC: PRE-Stephanie Miller. 2-Dawn Marie Finley. 3-Andrea Yamagiwa, Carese Busby. 5-Wendy Wimer. 7-Siegfried Lind. PF-Stephanie Miller. JF-Dawn Marie Finley. BR DT-Susan Lyn Torgerson.

OXFORD SC: PRE-Kristy Hofmann. 1-Shelly Study. PS ADT-Paige Powell.

PALACE FSC: PRE-Molly Creasey, Rosie Pate. 2–Jodi Kaplan. 5–Kristin Laminack. PF-Molly Creasey, Rosie Pate. IF-Robyn Hurt. NF-Cambria Goodman.

PALOMARES FSC: PRE-Alexander Jacoby, Ingrid O'Brien, Melissa Nelson. PF-Alexander Jacoby, Ingrid O'Brien, Melissa Nelson. JF-Brad Simmons, Jennifer Verili, Julie Weiss, Shanel Mayeshiro.

PARK FSC: 1-Kathryn Robinson. 2-Elesia Birnbaum.

PASADENA FSC: PRE-Dorianne Robinson, Jennifer Jones. 1-Sotiria Tsianos. PF-Dorianne Robinson, Jennifer Jones.

PAVILION SC OF CLEVELAND HGTS: PRE-Monica Woodward, Rebecca Dugan, Sarah Soloman. 1-Alla Agronina, Andrea Isom, Carla Ticconi, Megan Baker. 2-Lisa Hauptman. PF-Renee Wilson. IF-Susan Quandt. PENGUIN FSC: PRE-Alene Maitz, Colleen Ma Gaither, Emily Root, Maribel Diaz. 1-Lori Rhoades. 2-Jolene Vitalos. 3-David Loncar. 7-Crislyn Penske. PF-Carolina Blatt, Emily Root, Maribel Diaz. P DT-Daisy Wlazelek, Marsha Krier. BR DT-Lori Rhoades. S DT-Lyla Fanger.

PENINSULA FSC: PRE-Andrea Massarelli, Christine Hackworth, Heather Hardy, Janelle Nelson, Kathleen Wallingford. 1-Gretchen Dix, Helena Birecki. 2-Annemieke Dodd, Christina Garcia, Laura Caramella, Noel Robbins, Tiffany Couch, Tiffany Mark. 4-Alison Takamoto, Ellicia Shephard, Jennifer Su, Steven Smith. 5-Elizabeth Koepf, Suzanne Coulter, Tanya Kalpakjian. 6-Alison Hershberger, Sharon Parker. 7-Michelle Ray. PF-Andrea Massarelli, Christine Hackworth, Heather Hardy, Janelle Nelson, Kathleen Wallingford. JF-Annemieke Dodd, Irena Matijas, Jessica Berry, Laura Caramella, Tiffany Mark, Tiffany Couch. NF-Alison Takamoto, Ellicia Shephard, Steven Smith. JRF-Alison Hershberger, Sharon Parker. BR DT-Kanako Koinuma. SFD-Jimmy Sun. SPR-Ellicia Shephard.

PENN STATE FSC: PRE-Charity Ketz, Sharon Sargent, Shelly Rayback. 1-Amy Corneal, Sharon Sargent. PF-Charity Ketz, Sharon Sargent, Shelly Rayback. JF-Amy Corneal. P DT-Charity Ketz. BR DT-Amy Corneal. PHILADELPHIA SC & HS: 2-Allison Walsh. 6-Linda Gordon. 7-Dawn Latona. JRF-Dawn Latona. BR DT-Holly Sando. S DT-Linda Gordon. PG DT-Adrianna Ernst.

SC OF PHOENIX: PRE-Becky Dille, Carrie Comer, Colleen Whelan, Danielle Chinavare, Elaine Klinger, Jennifer Pettigrew, Sherry Grant. 1-Carrie Comer, Sherry Grant. 2-Audra De Vries, Jessica Waldner. 3-Audra

De Vries. 4-Joanna Klinger. PF-Becky Dille, Carrie Comer, Colleen Whelan, Danielle Chinavare, Elaine Klinger, Jennifer Pettigrew, Sherry Grant. JF-Audra De Vries, Jessica Waldner. IF-Joanna Klinger. NF-Vearle Klinger, JRF-Juliana Fisher, BR DT-Amber Buntin, PS DT-Deann Asborno, PG DT-Steve Eichenberger.

PILGRIM SC: 2-Allison Hatch. JF-Allison Hatch.

PITTSBURGH FSC: PRE-Bettina Jerome, Jennifer Demetrius, Michele Subbot, Nilam Sanghui, Sara Neiman, Shelly Stofan. 1-Amy Britt, Monica Bouch. 2-Elizabeth Entress. 3-Amy Neff, Becky Gilbert, Rachel Lane. 4-Beth Sutton, Jennifer Yarchever, PF-Bettina Jerome, Emily Smith, Heather Stubbs, Jennifer Demetrius, Nilam Sanghui. JF-Kristie Wicker, Marcia Walkney, Monica Bouch, Wendy Reese. IF-Carrie Bacasa, Dawna Thomas, Rachel Lane. NF-Beth Sutton. JRF-Carrie Dillon, Joanna Dolish. BR DT-Becky Gilbert, Susan Neff, PS DT-Amy Neff, Elizabeth Entress, Rachel Lane. PG DT-Julie Evans.

PLYMOUTH FSC: PRE-Anne Nalepa, Elizabeth Sorokac. 1-Amy Zanetti, Dawn Harrigan, Gina Tonriste, Jennifer Deiohn, Kristen Pembroke, Raquel Tonriste, Sandra Hejka, 2-Jennifer Branton, Jenny Patero, Kathy Cotey, 3-Barbara Bentley, Cathleen Bentley, Dawn Lapshan, Melissa Davis, 4-Michelle Contini, 5-Melissa Noel, Patricia Behen, 6-Jennifer Hirschauer, Michelle Noel, PF-Anne Nalepa, Dawn Rice, JF-Jenny Patero. IF-Barbara Bentley, Carrie Hughes, Cathleen Bentley, Dawn Lapshan. NF-Melissa Noel. JRF-Jennifer

PORTAGE LAKE FSC: 2-Jenny Depuydt. 4-Kim Moyle. S DT-Michele Fisher.

PORTLAND ISC: 1-Tamara Boni. 2-Cynthia Payne, Shane Smith. 3-Gina Brinkman. 7-Kacey Lynn Yoresen. JF-Monica Hemmingsen, BPR-Christine Reid, Elton Reid.

PRINCETON SC: PRE-Cynthia Josephson.

QUEEN CITY FSC: PRE-Jill Meurer, Kelley Harris. 1-Sarah Weinstein. 2-Vickie Johnson. 4-Theresa Weber. PF-Amanda Schneider, Andrea Eckstein, Jill Meurer. NF-Theresa Weber. P DT-Vickie Johnson. I DT-Russ Witherby. BR DT-Cathy Warrenburg, Mary Ann Bender. S DT-Heather Phenicie, Jodi Shaw.

SC OF RADNOR: PRE-Carol Garcia, Heather Higgins. 3-Kristin Reist. PF-Carol Garcia. IF-Kristin Reist.

NF-Michele Neary. JRF-Nancy Tashjian.

RARITAN VALLEY FSC: PRE-Becky Bagatelle, Cara Smith. 1-Erin McGovern, Margret Simonovich. 3-Lou Anne Petersen, 4-Justine Ordner, PF-Cara Smith, Nichole Scarano, JF-Erin McGovern, Lisa Zuppa, Margret Simonovich. P DT-Cara Smith.

RED RIVER VALLEY FSC: PRE-Cori Minge, Elizabeth Giedt, Lanita Sexton, Patti Aman, Rebecca Simons, Stephanie Mathre. 1-Erica Lawler, Julie Jamison. 2-Heidi Chial, Vikki Hoops. 3-Brenda Postovit, Kelly Kolars. PF-Cori Minge, Jenny White, Jodi Theis, Lanita Sexton, Lynnae Buxke, Rachel Nilles, Steven Jacobson, Teresa Greenhaw. JF-Kari Anderson. IF-Brenda Sexton, Kelly Kolars. P DT-Gail Dexter, Kristin Coauette, Stephanie Mathre. BR DT-Amie Swanson, Carrie Anderson, Janis Kelley, Marni Parsons. PS DT-Christine Nelson, Vikki Hoops. S DT-Kelly Kolars.

RIM OF THE WORLD FSC: PRE-Jennifer Swenson. 1-Candice Sullivan. 2-Beth Lynn Peterson, Jennifer Castle, Kristina Dastrup, Michelle Grimsley. PF-Jennifer Swenson. JF-Beth Lynn Peterson, Jennifer Castle, Kristina Dastrup, Randy Scott. P DT-Brandy Castanzo, Jeremy Dastrup, Kasey Castanzo.

ROCHESTER FSC: PRE-Joanne Alert, Kristen Long. 1-Ann Schirger. 2-Brynn Schaff. 3-Susan Knox. PF-

Christine Patterson, E. Dawn Sutcliffe, Kristine McCorkle, Shannon Picht. JF-Rickie Glaspey.

FSC OF ROCKFORD: 1-Amber Nardiello. 2-Carrie Matty, Julie Wilson. 3-Brei Johnson, Kandy Riles, Karissa Gedko, Marianne Matty, Melissa Ouellette. 4-Carrie Essig, Heather Caler-Smith, Sheila Hrasky. 6-Diana Goolsbey, Susan Catanese. PF-Heather White, Rebecca Shaw. JF-Evalina Harms, Kimberly Overbey. IF-Carrie Essig. NF-Heather Caler-Smith. JRF-Diana Goolsbey, Maureen Pearlman, Susan Catanese. BR DT-Brei Johnson, Tanya Noel Street. PS DT-Jane Panzer, Sarah Falconer. S DT-Carrie Essig, Lori Ann Wells. SPR-Jane Panzer.

SC OF ROCKLAND NEW YORK: PRE-Ginat Halfi, Janet Gordon, Meghan Sherlock. 3-Alissa Asch, Janet Hoschek. 4-Elizabeth Curtiss, Glen Ziehnert. 5-Michelle Longo. PF-Christina Bellini, Ginat Halfi, Lisa Marie Resto, Meghan Sherlock, Susan Rotmistrovsky. IF-Elena Quathrone. NF-Glen Ziehnert. BR DT-Galit Chait,

ROCKY MOUNTAIN FSC: PRE-Cynthia Foulke, Dawn Renee Jensen, Jennifer Bicknell, Melissa Boes, Melissa Dobson, Mindy Eshima, Susan Klos, Tanya Sue Hastings, Terry Boes. 1-Shelly Schreiter. 3-Marte Barnacle. 5-Laura Lekowicz, Shelley Meyers. 7-Jodi Friedman, Mary Jayne Pedersen. PF-Anna Aguero, Jennifer Nicholes, Jennifer Bicknell, Mary Ludlow, Melissa Boes, Melynda Marler, Mindy Eshima, Shari Schneider, Susan Klos, Terry Boes, Trisha Gibson. IF-Joseph Rogers, Jr. NF-Kelly Petterson.

ROSEVILLE FSC: PRE-Jane Ann Rodkewich, Samidha Junghare, Wendy Budzynski. 1-Michelle Pryor. 5-Mary Jean Welch. PF-Holly Wheaton. JF-Claudette Hillstrom. IF-Katherine Moriarty.

RYE FSC: 1-Sheryl Mozur. 2-Andrea Zeisler, Heather Stabell. 3-Lori Frohlich. 5-Rayna Beth Schwarzwald. 6-Laurie Sofferman, JF-Heather Stabell, Michelle Mosley, IF-Lori Frohlich, JRF-Rebecca King, P DT-Jeffrey Adler. PG ADT-Laura Garvey.

SALT CITY FIGURE SKATERS: PRE-Jennifer De Francisco. 4-Lauren Nesci. P DT-Allison Geiss, Jennifer De Francisco.

SAN DIEGO FSC: 1-Amy Nicole Deweese. 2-Anne Croulet, Kevin Hebner. 3-Kristine Cendreda, Sandy Variacic, Shannon Race, 4-John Baldwin, Jr., Tina Allan Shaffer, JF-Angela Smith, Anne Croulet, Kevin Hebner, IF-Kristine Cendreda, Sandy Varjacic, Shannon Race. NF-John Baldwin, Jr., Tina Allan Shaffer. BR DT-John Baldwin, Jr.

SAN FERNANDO VALLEY FSC: PRE-Jessica Hogan, Linda Chun. 1-Raquel Molina. PF-Jessica Hogan, Linda Chun. IF-Jacqueline Haak. PPR-Brandi Holzer.

SANGAMON VALLEY FSC: 3-Kelly Werner, Shavonne Malany. 5-Tracie Matsko. 6-Janet McDonald. JF-Amy Entwistle, Susan Morescki. IF-Katy McMahon, Kelly Werner. JRF-Janet McDonald.

SANTA BARBARA FSC: 1-Steven Goldberg. 2-Kimberlee Hyp.

SANTA ROSA FSC: 1-Lelynn Skinner, Lelynn Skinner. BR DT-Kaarin Michaelsen. S DT-Edward Sherman. PS ADT-Terry McMahon.

SEATTLE SC: PRE-Jennifer Frankiewicz, Michelle Brill. 1-Donna Fadden. 2-Audra Carpenter, Kimberly Mayfield, PF-Jennifer Frankiewicz, Michelle Brill, JF-Audra Carpenter, Julie Coughlan, Kimberly Mayfield. JRF-Lori Nelson.

SHAKER FSC: PRE-Beth Udisky, Chris Di Martino, Faye Ruth Fisher, Miriam Holmes. 1-Amy Buidos. Christopher Trotter, Lisa Etoy Howell. 2-Elizabeth Riling, Érika Friedman. 3-Bridget Herring. 4-Ernily Nishi, Susan Metzger, JF-Elizabeth Riling, IF-Kathryn Webster, NF-Susan Conrad, JRF-Linda Keyes, Susan Metzger. P DT-Amy Bujdos.

SHELBY VALLEY FSC: PRE-Jennifer Urban, Kristen Sabo, Renee Burgess, Sandra Mattson. 1-Autumn Childs, Catherine Baffo, Jeri Lynn Kelley, Jonell Cruickshank, Karen Shamine, Lisa Cantu, Sallie Baldwin. PF-Jeri Lynn Kelley, Jonell Cruickshank, Kristen Sabo. PS DT-Sallie Baldwin.

SIERRA NEVADA FSC: 3-Claire Smith. IF-Claire Smith.

SILVER BLADES SC: 2-Julie Rizzotto. IF-Julie Rizzotto.

SILVER BLADES FSC OF KC: PRE-Alisa Kasle, Heather Schweninger, Rita Welander, Suzanna Hawkins. 4-Jeana Bailey, PF-Heather Schweninger, Rita Welander, Suzanna Hawkins, JF-Alisa Kasle, JRF-Michele Matthias, BR DT-Michael Dryton.

SILVER SKATE FSC: 1-Destiny Eismann. 2-Shannon Terry. PG DT-Trista Lankow.

SKOKIE VALLEY SC: PRE-Alisa Sajadi, Aviva Fisher, Heather Ballard, Jason Kane, Karen Pintz, Kimberly Newberry, Kristin Javaras, Libby Kroner, Lilea Cigan, Mindy Bretts, Nicole Martorano, Sooa Choi, Stephanie Coolidge. 1-Deborah Wagner, Erika Kriezelman, Wendy Levy. 2-Laurie Drueck. 3-Amy Sowka, Laura Gordon, 4-Diane Hakimi, Jana Reynolds, Jillian Jackson, Latonya Lowry, Stacy Rutkowski, Tommy Jasper. 5-Abby Karasick, Anastasia Wehrenberg, Bonnie Rothschild, Hillary Weiss, Jamie Revord, John Weinstein, Michelle Lipschultz, Susi Wehrli, Tammie Rizzo, 6-Jennifer Arnston, 7-Ellen Clark, Julie Pokorny, Kristen Kurz. PF-Alisa Sajadi, Aviva Fisher, Heather Ballard, Jason Kane, Jennifer Powers, Karen Pintz, Kimberly Newberry, Kristin Javaras, Libby Kroner, Lilea Cigan, Mindy Bretts, Nicole Martorano, Sooa Choi, Stephanie Coolidge. JF-Dawn Clesen. IF-Amy Sowka, Annette Mosco, Kendra Pohn, Marcy Gordon, Renee Wieczorek, Vasya Houpis. NF-Diane Hakimi, Jamie Revord, Jana Reynolds, John Weinstein, Latonya Lowry. Shannon Amann, Tommy Jasper, P DT-Renee Wieczorek, PG DT-Alexis Weil, B ADT-Larry Welsh,

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SOUTH BAY FSC: PRE-Christine Bogosian, Danielle Umpierre, George Rossano, Shawna Peacock, Terri Milner. 2-Lucile Ream. 3-Amie Juarez, Byron Dollarhide, Tammy Cook. PF-Christine Bogosian, Danielle Umpierre, George Rossano, Shawna Peacock, Terri Milner. JF-Lucile Ream. IF-Eleni Metros. PS DT-Ryoichi Kobayashi.

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SOUTHERN CONNECTICUT FSC: PRE-Katina Senecal, Trina Graham. 1-Charlene Von Saher, Danielle Colacicco, Deborah Tauber. 4-Karla Delio. 5-Andrea Lee, Craig Malkin. JF-Deborah Tauber. IF-Meg

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SOUTHERN NEW HAMPSHIRE SC: 2-Jane Olivier. JF-Jane Olivier.

SOUTHPORT SC: 1-Kris Averill. 2-Jennifer Apfel, Lana Thorn.

SPOKANE FSC: 7-Adel McDonald.

SC OF SPRINGFIELD: PRE-Brenda Fitzgerald. 4-Mirae MacDonald. IF-Jennifer Helmes. P DT-Cheryl Lyncosky.

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STONE MOUNTAIN FSC: PRE-Julia Chamberlin, Laura Patch, P. Keryn Key, Regan Ann Wagner, Valerie White. 5-Tonya Almond. PF-Alison Wright, Julia Chamberlin, Regan Ann Wagner. JF-Regan Ann Wagner. NF-Tonya Almond. P DT-Danielle Dudley. PPR-Kevin Fairris, Tracy Ann Fairris.

STONEHAM FSC: PRE-Allison Sarno, Noel Licata, 1-Christine Magee, Elisa Russell, 5-Sara Cassidy, Stephanie Jackson. PF-Allison Sarno, Noel Licata. NF-Amy Gamache, Sara Cassidy.

STOWE SC: PRE-Nina Hamilton.

SUN VALLEY FSC: PRE-Audrey McClure, Christopher Dunn, Kylie Higdon, O'Brien Cox, Rio Glenn. 2-Rebecca Ruhle, 7-Krista Ruwaldt, PF-Audrey McClure, Christopher Dunn, Kylie Higdon, JF-Rebecca Ruhle. P DT-Amanda Farlee, Anne Doubek, Christopher Dunn, Jennifer Dattilio, Kharn Sharp. B ADT-Roberta

SUNCOAST FSC OF FLORIDA: 3-Nicole Wasilewski, 4-Diana McCarthy, IF-Nicole Wasilewski, NF-Diana McCarthy. P DT-Brandi Brogdon. BR DT-Julie-Anne Frank.

SUPERIOR FSC: PRE-Hollie Ackerson, Shannon Homich, 4-Stacy Bloomquist, PF-Hollie Ackerson,

SYMMETRIC FSC: PRE-Deborah Berman. PF-Deborah Berman. JF-Erin Hayes.

TAUNTON AREA FSC: PRE-Derek Youlden, Kerstein Audette. 1-Jennifer Hewitson. PF-Beth Powers, Lisa Risso. BR DT-Susan Furness. PPR-Derek Youlden, Kristen Youlden.

TIDEWATER FSC: JF-Meg Sagi.

TIMBERLINE SC: PF-Gretchen Schultz, Julie Lorence, Nancy Schibline.

TRENTON COMMUNITY SC: IF-Erin Vaughn, Kimberlee Cope.

TRI-CITIES FSC: PRE-Amanda Kear, Cori Duncan, Cristi Neathery, Delta Dinoff, Nancy Fallen, Vincent Clervi, Wendy Kraemer, Yvonne Bourne. 1-Amy Evans, Amy Marshall, Annette Clervi, Ashley Ramage, Christy Tast, Donielle Krug, Krissa Neathery, Rebecca Wood, Steven Allen, Tiffany Thornton. 2-Kelli Hooker, Inga Hopkins. 3-Elesha Runion, Jennifer Perry, Krista Edenfield. 5-Wendy Oller. 7-Gregory Cannon. PF-Amanda Kear, Cori Duncan, Cristi Neathery, Nancy Fallen, Vincent Clervi, Wendy Kraemer, Yvonne Bourne, JF-Denise Dana, Inga Hopkins, Melinda Daggett, Nicole Moses. IF-Elesha Runion, Jennifer Perry, Krista Edenfield, Kristie Lanmon. NF-Kristie Lanmon. P DT-Kelly Donnelly. BR DT-Andrea Stewart, Kristie Lanmon. PPR-Heather Melton, Keith Thompson.

TRIANGLE FSC: S DT-Tina Speagle.

TROY SC: 7-Dedie Richards. SPR-Scott Messmore.

TUCSON FSC: JF-Jamie Furr, Shari Rohde. PS DT-Trisha Watkins. S DT-Amanda Marley.

TULSA FSC: PRE-Alexis Gonzales, Amy Branstetter, Angela Ramsey, Lindsey Ormiston, 1-Jane Drach, Michelle Emslie. 2-Jennifer Hicks, Liza Vest. 5-Maria Gales. 7-Glen Booth, Jr. PF-Alexis Gonzales, Amy Branstetter, Angela Ramsey, Lindsey Ormiston. JF-Jennifer Harper, Jennifer Hicks, Joy King, Liza Vest. P DT-Jane Drach. BR DT-Shannon Houtz. PS DT-Glen Booth, Jr., Lisa Gold.

TWIN STATE FSC: PRE-Darcy Olari, Elise Baudot, Jennifer Stone, Laurie Farr. 2-Christine Janas, Pamela Darrigo, 3-Robert Cornwell, Wendy Foote, PF-Darcy Olari, Elise Baudot, Heather Mobley, Jennifer Stone,

UNION COUNTY FSC: P DT-Amy Ingrid Olsen. S DT-Karin Olsen.

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VACATIONLAND FSC: PRE-Anita Wobschall. PF-Anita Wobschall.

SC OF VAIL: PRE-Alexis Goettsch, Amanda Perry, Kristen Bermudez, Melissa Mendelson, Nicole Forloine, Simone Deift, Tracy Lyon Glass. 1-Brittny Baldwin, Meghan Doyle, Simone Deift. 3-Susan Nott. PF-Alexis Goettsch, Amanda Perry, Jennifer Rasmussen, Kristen Bermudez, Melissa Mendelson, Nicole Forloine, Simone Deift, Tracy Lyon Glass, JF-Simone Deift, IF-Simone Deift,

VALLCO SC: PRE-Colleen McCarthy, Michelle Aberham. 1-Jeannette Diaz, Jennifer Kretschmer, 5-Heather MacDonald. PF-Colleen McCarthy, Michelle Aberham. IF-Laurel Richards. PPR-Michael Smoke, Sylvia Douglas.

VALLEY FSC: JF-Kristin Kornely.

SC OF VAN NUYS: PRE-Jackie Shapiro, NF-Suzanne Ybarra.

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WARWICK FIGURE SKATERS: 1-Melanie Sheehan. 2-Pamela Cunningham. JF-Melanie Sheehan, Pamela Cunningham, Sarah Walsh. NF-Beth Rooney. P DT-Audra Bradshaw, Margaret Viveiros, Tara Bradshaw. WASHINGTON FSC: PRE-Marilyn Huang. 1-Jennifer Silverberg, Katherine Cilinski, Lena Tregubov, Susan Minson. 2-Amy Kirtland, Kimberly Loucks, Lizzy Scully, Stefanie Garofalo. 3-Cathleen Reynolds, Philip Dulebohn. 4-Dina Wolff, Margaret Reynolds. 5-Amy Schneider, Katie Marsh. 6-Jennifer Johnston. 7-Caryn

Quinn. PF-Cagri Urungu, Marilyn Huang, Susan Sing. JF-Amy Kirtland, Kimberly Loucks, Lizzy Scully. Stefanie Garofalo, IF-Philip Dulebohn, NF-Katie Marsh, JRF-Amy McPartland, BR DT-Kelly Gough,

WATERTOWN SC: 3-Patricia Lawlor.

WAUPUN FSC: BR DT-Karla Johnston.

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SC OF WESTCHESTER: PRE-Jennifer Bayer, Lisa Ann Rockefeller, Stephanie Reday, Stephanie Reday, 1-Caryn Levine, Deirdre Boland, Derek Zasky, Derek Zasky, Lisa Zimmerman, Suzanne Reiter, Suzanne Reiter. 3-Jeanette Mattera, Kari Bayer, Nicole Tavano, Nicole Tavano. 4-Amy Gamsen. 5-Stephanie Hawkins. 6-Stacey Richmond. 7-Jo Ann Killeen. PF-Ilisa Bauer, Lisa Ann Rockefeller, Stephanie Reday, Stephanie Reday. JF-Maria Kistner. IF-Jeanette Mattera.

SC OF WESTERN NEW YORK: 1-Lisa Marie Rolls, JF-Laura Browning, BR DT-Katie St. Clair, Stacy Adler, S ADT-Nancy Carr. PS DT-Sandra Fischer.

WESTMINSTER FSC OF ERIE: 1-Jim Sherred. 2-Lori Wingerter. 5-Jessica Smith. 6-Renna Jana. PS DT-Melissa Roesch.

WHEELING FSC: 1-Carolyn Baker. JF-Laurie Baker.

WHITE PLAINS FSC: PRÉ-Mindy Moyer.

SC OF WILMINGTON: PRE-Carolee Anderson, Joanne Stauffer, Lara Cooper. 3-Brian Helgenberg. PF-Carolee Anderson, Debbie Fausnaugh, Jamie Loper, Jason Hannisick, Lara Cooper. S DT-Mara Tucker. PPR-Michelle Laughlin. BPR-Hollis Perkins.

WILMINGTON FSC: 2-Julie Palmquist, PF-Kelly Martin, JF-Amanda Farkas, IF-Julie Palmquist, NF-Lindsay McCracken

WINCHESTER FSC: 1-Alison Bolton, Lisa Guarnieri. JF-Christopher Lee. IF-Amanda Petersen.

WINDY HILL FSC: PRE-Stephanie Schwartz. PF-Jane Casey, Stephanie Schwartz.

WINTER CLUB OF INDIANAPOLIS: 4-Jennifer Griffy, 7-Michelle Millikan, JF-Julie Weintraut, IF-Diane Bauchle, P DT-Linda Perry, BR DT-Jennifer Griffy, PPR-Jennifer Griffy, BPR-Jennifer Griffy,

WINTERHURST FSC: PRÉ-Nikki Locker. 1-Kelly Durst. 2-Michelle Meeks, Tina Marie Kriss, 3-Charlotte Irwin. 5-Cindy Stetler, Kristine Esper. 6-Heidi Franks. 7-Denise Szelesta, Michelle Rooks. PF-Alyssa Miller. JF-Kristen Szakacs. IF-Charlotte Irwin, Jennifer Helon.

WISCONSIN FSC: PRE-Amy Behrendt, Lisa Talbot, Nikki Johnson. 5-Shannon Prochaska. 7-Mary Gorgen. PF-Amy Behrendt. JF-Amy Vanscoyk, Michelle Young. IF-Krista Czapla. NF-Shannon Prochaska.

WISSAHICKON SC: 1-Anita Zalewski, Hadley Longstreth, Jessica Vogelson, Shannon Quill, Stefanie White. 2-Karen Payonk, JF-Karen Payonk, NF-Denise Warburton, BR DT-Catherine Di Massimo, Karen Payonk, SC OF WORCESTER: PRE-Amy Bielski, Pamela Hogan. 1-Audra Creamer, Joanne Cutting, Nancy Whitman. 2-Christine Frink. 5-Jennifer Ormondroyd. PF-Audra Creamer, Sandy Day. NF-Beth Anne Munger. WYANDOTTE FSC: PRE-Barbara Alent. 1-Stacie Andrus. 3-Deanna Ulanski. 4-Sandra Renaud. 6-Michelle Chapman, PF-Angela Suchy, Annemarie Mondro, IF-Lisa Iwasko, NF-Sandra Renaud, BR DT-Lisa Iwasko, YALE FSC: S DT-Therese Kosten.

YARMOUTH ICE CLUB: PRE-Heather Hurteau. 1-Chloe Plaunte. 5-Dawn Feest. NF-Gabrielle Fitchett. P DT-Chloe Plaunte.

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