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January 4 through January 10, 1988 Denver, Colorado

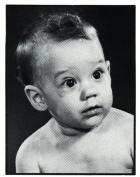


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DALE MITCH

Art Director
PAMELA S. GUIRE

Managing Editor
IAN A. ANDERSON

Advertising/Production
MARY ANN PURPURA

#### Contributors

T. Sundae Bafo Howard Bass – U.K. Jean C. Berlot – France Dennis L. Bird – Germany Nigel Brown – Switzerland Per Cock-Clausen – Denmark Mary L. Clarke Eva Gyorgy – Hungary Ricky Harris Junko Hiramatsu – Japan Vivi-Anne Hulten Frank Loeser Nowosad – Canada Libby Slate Benjamin T. Wright

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Group A Member

### NEWS BRIEFS

The only ice skating Olympic fund raiser in the U.S. will be held Friday and Saturday, October 16 and 17, at the University of Delaware. "Olympic Preview on Ice" will feature World Team members, dancers Suzanne Semanick and Scott Gregory and pairs Gillian Wachsman and Todd Waggoner, along with World team alternates, pairs Natalie and Wayne Seybold and dancers April Sargent

and Russ Witherby. Internationally acclaimed blind ice skater, Stash Serafin, will be joined by other top American skaters, and The Delaware Skaters (formerly The Wilmington Skaters) in the event to benefit all U.S. Olympic Teams.

In cooperation with the University of Delaware, "Olympic Preview on Ice" will be sponsored by Blue Cross and Blue Shield of Delaware, Inc. Chairman for the event is Delaware State Olympic Chairman, Dorothy Baker, who is also a member of the USOC Executive Board.

A special gala reception to meet the skaters will be held prior to the Friday performance. For ticket information, contact "Olympic Preview on Ice," Box 1988, Rockland, Delaware 19732. Seating for both performances is limited.

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At the International Skating Union (ISU) Council Meeting in Toronto, the Council decided unanimously to award the Jacques Favarat Trophy to Scott Hamilton for achievement in the sport. He will be

only the fourth recipient of the high honor, which was presented last year to Jayne Torvill and Christopher Dean at the World Championships in Cincinnati. The exact date and place of the presentation to Scott will be announced later.

\* \* \*

Speaking of Torvill and Dean, Ice Capades has announced that the distinguished ice dancers will join the company for exclusive limited appearances throughout the States and Canada. The "Royal Couple of Ice Dancing" will debut in Los Angeles October 22 through November 1. Other cities where they will appear include San Diego, Oakland, and San Francisco, California: Hartford, Pittsburgh, Detroit, Chicago, Toronto, Montreal, and New York/ New Jersey. Additional cities will be announced.

**& & &** 

The United States Olympic Committee has announced the selection of Minneapolis/St. Paul, Minnesota to host the 1990 Olympic Festival. The news comes as a welcome relief after the mid-summer temperatures of Louisiana, Texas, and North Carolina, The 1991 Festival will then move on to Los Angeles. There will be no Festival, of course, in 1988 due to the Summer Olympiad in Korea. and as previously announced, the 1989 Festival will be hosted by Oklahoma City.

With the constant growth of the Olympic Festival (originally called the National Sports Festival) since its inception in Colorado Springs in 1978, it has now become the largest single sporting event in the country with over 3,000 athletes and 35 sports represented. In figure skating, it has become the largest single gathering of top competitors next to the National Championships.

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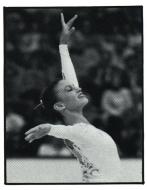
The eighteenth annual production of "An Evening With Champions" presented to benefit the Jimmy Fund and the Dana-Farber Cancer Institute, will be presented at Harvard University's Bright Arena on November 6, 7, and 8. Complete details were not available at press time but may be obtained at the Eliot House 617-498-8172 or at the Harvard Ticket Office 617-495-2211.

☆ ☆ ☆

"Golden Figures" a special skating spectacular originally planned for New York City in November has been canceled this year due to the withdrawal of Madison Square Garden from the project. Hopefully, the production will be able to be rescheduled next fall.

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Tracey Damigella traveled "Down Under" to Australia in September to participate in the



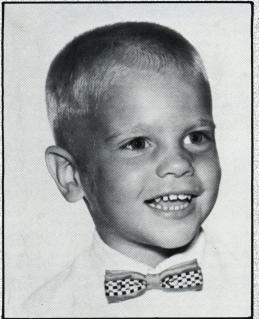
Australian National Championships as an invited competitor, along with other quest skaters from New Zealand. Tracey won the figures, short and long programs but cannot claim the title, since she was a guest of the National Ice Skating Association of Australia. She speaks enthusiastically about the facilities (the same ones to be used for the World Junior Championships in December), the organizational management of the championships, the hospitality shown to the skaters, and the high interest in figure skating evident in Australia.

☆ ☆ ☆

Jacqie Turner wins the concentration award of the year. As she was performing in the Golden West Championships the recent California earthquake hit. People began scrambling for the doors, but undaunted, Jacqie continued to skate and finish her routine. The event was captured on tape by William Udell and shown on local TV.

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# YOU MUST HAVE BEEN

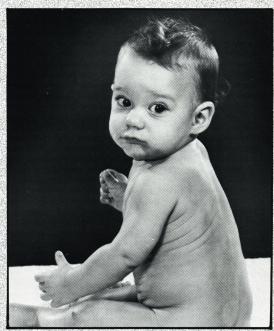


 "All real jocks wear crew cuts and bow ties...don't they?"



"I told them I wanted a Dorothy Hamill wedge, but I don't think I got it . . . ."

## A BEAUTIFUL BABY



"I wonder who that good looking chick in the corner is."

Although unaware of it then, the babies pictured here shared more then their good looks. All shared bright futures in the sport of figure skating. Test your skill in recognizing fledgling talent by matching photos and clues to the names on page 78.



4. "As soon as practice is over, we'll meet and go shopping."



5. "Look, ma. No hands!"



6. "I started on the piano, but gave it up. Music has to be interpreted, you know."



7. ''Ready...smile...Anytime now...Come on, just a little smile...."

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Scott Hamilton and Dorothy Hamill will headline "Stars On Ice" which opened in Denver, September 25, for a thirty-four city tour. The show is sponsored by Discover Card and presented by Plymouth.

Appearing with Scott and Dorothy will be Rosalynn Sumners, Toller Cranston, Barbara Underhill and Paul Martini, Judy Blumberg and Michael Seibert, Lea Ann Miller and Bill Fauver, Brian Pockar, and Kathleen Schmelz.

The cast is perhaps the most accomplished company of skaters ever assembled for a single touring ice show. All will appear in both solo and group production numbers. The group number will be choreographed by Karen Kresge and Sandra Bezic.

Scott describes "Stars On Ice" as a "dream come true. We have carefully selected a cast of world champions who are now skating at their prime and have given them total artistic freedom. The cast doesn't have to fit into a story line or theme. The result is a tremendous variety of skating."

He stated that people will be skating together who have never done so before, such as Dorothy and Michael Seibert, and that audiences will see a totally different type of show with an elaborate lighting and sound system. The Denver premier of the show will be taped and broadcast on ESPN as a twohour entertainment special on November 1. from 9:00 to 11:00 P.M. EST.

#### Following is the schedule for the tour:

Oct. 1	Butte, MT	Nov. 17	Binghamton, NY
Oct. 2	Spokane, WA	Nov. 18	Syracuse, NY
Oct. 3	Seattle, WA	Nov. 20	Portland, ME
Oct. 4	Portland, OR	Nov. 21	Boston, MA
Oct. 6	Great Falls, MT	Nov. 22	Troy, NY
Oct. 7	Billings, MT	Nov. 24	Springfield, MA
Oct. 9	Bismarck, ND	Dec. 1	Cincinnati, OH
Oct. 10	Grand Forks, ND	Dec. 2	Dayton, OH
Oct. 22	Peoria, IL	Dec. 4	Erie, PA
Oct. 23	Chicago, IL	Dec. 5	Toledo, OH
Oct. 24	Chicago, IL	Dec. 6	Ann Arbor, MI
Oct. 25	East Lansing, MI	Dec. 8	Battle Creek, MI
Oct. 31	St. Petersburg, FL	Dec. 9	Muskegon, MI
Nov. 3	Jacksonville, FL	Jan. 5	Hampton, VA
Nov. 4	Savannah, GA	Jan. 7	Roanoke, VA
Nov. 6	Lakeland, FL	Jan. 8	Richmond, VA
Nov. 7	West Palm Beach, FL	Jan. 9	Greensboro, NC



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#### by Kathy Hastings

This month, Skating begins a new regular column devoted to club problems and program ideas. The purpose of the column is to offer assistance to Member Clubs who need solutions to specific problems, and to share successes on a grand scale—nationwide. Some of you will have questions, and others will have the answers.

In previous *Skating* articles on club management, Homer Hagedorn helped members to organize their clubs more efficiently. This column picks up where Homer ended, addressing specific topics that can help clubs of all sizes, everywhere in the USFSA.

This month highlights an idea that offers a positive solution to the problem of gaining support from skaters' schools for time missed during qualifying competitions. The idea is the brainchild of Lynn Morse from the Centennial Figure Skating Club of Colorado Springs.

CFSC scheduled a "Teachers' Appreciation Day" in early October. Teachers of all Regional-bound skaters were invited to an "early bird" session of demonstrations for a glimpse of what all that training really means. The club treated the teachers to breakfast (à la what judges would be served at an early morning test session) and a question-and-answer period followed involving skaters, parents, and coaches.

The project offered a terrific boost in understanding and support for the local figure skating program in that it was informative and fun for the teachers. Experience shows that given the chance to understand what figure skating programs are all about, there is support and encouragement for them. Teacher Appreciation Day is a soft-sell approach to replace the hard-sell we all know about: the bargaining and cajoling that it usually takes to convice school officials and teachers that figure skating really is important and worthwhile.

Printed materials handed out included a basic figure skating glossary from National Headquarters. This kind of program can be embellished may ways, made larger or smaller, done annually, or done in a variety of ways to meet the needs of more than one kind of audience (parents, teachers, city officials, etc.)

In addition to Teachers' Appreciation Day, several clubs have scheduled September and October "Critiques" for their skaters who are going to Regionals. The format looks similar in each instance. Local or regional judges are invited by a club to spend time on a Saturday with the competitors, telling them what to expect and giving them constructive criticism on their skating. Many clubs are also arranging for special exhibitions to give their competitors more experience in skating before an audience prior to Regionals.

What ideas for programs and activities do you have to share? What are your club's problem areas or questions? Let us hear about them at National Headquarters. We want to share your ideas and try to answer your questions. Send them to: Club Column, c/o Skating Magazine, 20 First Street, Colorado Springs, CO 80906.



Ice Dancing

# WHY DANCE?

by John LeFevre

Indeed, why not?

So often we must listen to the standard litany of reasons for avoiding this part of our sport. It is boring. It is uptight. It's unathletic. It's a hybrid and not really what figure skating is all about. The list goes on and on—all negative, all foreboding. Some seem to go out of their way to "put down" dance in general and dancers in particular. Why does dance receive such poor reviews?

Read the following poem which has been printed widely in dancing publications for many years. As you read, try to get in touch with how the words and phrases make you feel. Do you feel joy or dread? Does it make you want to dance?

#### THE DUFFER'S LAY

by Cecil Hunt, R.W.S.

When I go dancing on the ice I illustrate each single vice, I prance, I kick, I turn my knee Inward, when outward it should be, And scrape and mutilate the three. My word I pledge, I'm on no edge; I'm well aware I'm on the flat, But what of that, Sir, what of that? My free leg, too, I never fail To whirl it around me like a flail, And oftentimes you may descry, My free leg pointing to the sky. Further, with questionable taste, I limply grasp my lady's waist With shifting grip—oh hand of mine. Why play the banjo on her spine? My left arm—here's another scandal Moves up and down like a pump handle. Last horrid thought, I know that I'm Invariably ahead of time! And so I lurch and skid and sway And double-track upon my way, Wholly oblivious that the rest Regard me as a perfect pest.

Now read the following variation. Only a few words are different. Do your feelings change? How?

When I go dancing on the ice and seek to lay those patterns thrice,

I prance, I stretch, I bend my knee As low and deep as it should be, Glide so gracefully through the three. My word I pledge, I'm on an edge; I know enough to avoid those flats. And how, Dear Sir, do you like that? My free leg, too, I never fail To extend it, tho with travail, And oftentimes you may remark, About its beauty—Ah! What a lark! Further, and with impeccable taste, I firmly hold my lady's waist With solid grasp—O hand of mine. Ne'er plays the banjo on her spine. My left arm-what a brawny thing As steady as an airplane wing. Best of all-a noble feat I know that I'm right on the beat. And so I move and bend and sway And track so accurately on my way. Wholly aware that all the rest Gladly acknowledge that I'm the best.

To be sure, the original poem is a classic and was meant to be humorous. Everyone knows, however, that in humor, there is often a certain amount of truth. That is what might make this poem a little scary. I dare say—is this the reason you don't dance? If it is, fear not. I am here to tell you about what you are missing. I am here to answer the question: WHY DANCE?

First, it is fun. It is a social activity. It's also a team effort. It feels good to move over the ice without having to worry about the next double flip, especially if you can talk with someone else at the same time. If you falter, you always have a partner to lean on.

Second, it is relatively easy to look reasonably good at the lower levels. If you can skate an edge on one foot for five seconds or more, you are well on your way to dancing heaven. If you have passed your preliminary figure or free skating test, you are eminently qualified. Who would ignore the opportunity to look good with so little preparation?

Third, dances are not difficult to learn. You do not have to pore over dance patterns hour after hour laboriously memorizing each step. Watching a dance being done is an excellent way to start. Following more experienced dancers on the ice and imitating their steps will give you a feel of how the steps are done. After that, you are on your way.

Fourth, dancing and music go together. If you like music of any kind, you are bound to love to dance. There is a rhythm for every preference. But, you do not have to be a musician or music lover to enjoy dancing. It does not take much to feel the beat.

Fifth, dancing will help your free skating. Dr. Joseph Dedic, author of and eminent authority on Single Figure Skating comments in his book that:

Not only can (the skater) improve his steps and learn new steps from the dance but above all he will improve his sense of rhythm so important in free skating.

Note also SSR 1.311 which, in describing the elements of free skating, states emphatically that:

Special attention must be given to choreography, expression, interpretation of the music and intricate foot work.

Look further at the marking criteria for composition and style in free skating programs in SSR 1.323. Note such criteria as (1) conformity of the program with the music chosen; (2) easy movement and sureness in time to the music; (3) carriage and (4) expression of the character of the music.

How do you learn these things? Dance! Sixth, dancers are ageless. Dancing is not only for the young; indeed, adult dancers are a large and ever-growing group. How many adults do you know that still free skate (other than a few cross-overs and a spin or two)? Not many, I imagine. Do you want to stay on the ice for the rest of your life and have fun doing it? If so, learn to dance now! Don't wait until you're too old to change.

Seventh, dancing is creative. Compulsory dances are only one part of danc-

ing. Variation dances (variations on compulsory dances), original set pattern dances (totally new compulsory dances designed by you) and free dances (choreographed like free skating programs but with dance moves) are always available. You can make up and perform your new dance steps at any time.

Eighth, dancing is not "wimpy." Established "non-wimpy" athletic activities associated with competitive sports, such as soccer, cross country, or basketball, require strength, agility, or endurance. Try four minutes of a reasonably difficult free dance or three patterns each of two or three of the advanced dances in a competitive setting. Then, tell me again about dancing being "wimpy." The only difference is when you are exhausted in dancing, you still have to look like you just stepped on the ice. In advanced competitions, you can't even look like you are out of breath.

Ninth, dancing has a strong psychological benefit, but you don't have to be psychotic to realize it. Have you never wanted simply to express your own emotions through skating without having to worry about falling or looking foolish? If you have, then dancing is the solution to your problems. Most of the time you will simply feel better after you dance. Call it being "mentally refreshed."

Tenth, dancing needs you and you need it. Strangely enough, there are currently relatively few in skating who have taken advantage of this valuable part of our sport.

The perception that once you choose to dance, you cannot do anything else is false. Dancing can round out your skating experience—either part time or full time—and you will be a better skater (and person) as a result. Above all, think of the increased exposure you will get and the opportunities for new skating relationships that you will have. Many dancers have skated together for years and enjoyed every minute of it. And, if you end up marrying your partner (which I am not suggesting), the challenges are just beginning!

Go ahead! Take a dance lesson! You won't be sorry you did!

<sup>&#</sup>x27;Joseph Dedic, Single Figure Skating for Beginners and Champions (Prague: ISU Publication, 1973), p. 65.

### **SPORTS**



### MEDICINE

# OFF-ICE CONDITIONING WHERE AND HOW YOU GO ABOUT IT COUNTS Part I

by Karen J. Berger, R.N., Ed.D.

#### Importance of Fitness

Eight years ago, an article appeared in the American Journal of Sports Medicine. The article, written by McMaster, et al., established off-ice conditioning as an important part of the competitive skater's training program. Since then, several sports medicine experts have acknowledged that off-ice conditioning for increased strength, flexibility, and endurance can result in improved on-ice performance and injury prevention. Scientific understanding of the injury patterns of skaters and the specific needs of skaters for conditioning is gradually accumulating. Yet, there is an agreement among researchers that much more study is necessary to fully understand the stresses of training programs which figure skaters undergo-off-ice as well as onice. Recent trends in off-ice training routines can add hours to skaters' already intense regimens. It seems reasonable, then, to question whether there are risks associated with office conditioning and what guidelines might be used to insure safety in fitness training.

#### What are the risks?

While the benefits of off-ice conditioning are described in the growing body of literature on skating, risks of conditioning procedures are not. In fact, the research for this article produced *no* studies on the incidence of injury resulting from such activities as aerobic routines, working with weights, or doing resistence exercises.

Does this mean there are no risks—that the incidence of injury is so low researchers have not bothered to study the problem? Apparently not. To shed light on the question

of safety in conditioning routines, five top sports physicians in the San Diego area were interviewed—four of them team physicians for major professional or college teams, and one of them the sports medicine director for a prestigious medical clinic.

All of these doctors have extensive experience with the theoretical and practical aspects of athletic conditioning programs. All of them agreed that there is a risk in conditioning procedures and that injuries can and do occur, even among highly developed athletes. While these experts estimated that the rate of injury from conditioning procedures is not high, they emphasized that the competitive edge can certainly be lost as well as gained if proper care isn't taken to set up a safe program.

The five sports doctors agreed that, frequently, injuries occur when some aspect of a conditioning program is overdone. Here, the psychology of winning plays a role in the tendency of athletes to exceed their limits in the quest for fast results. The female skater gains weight and then injures her knees by the fast start-up of an intense jogging routine. The male skater decides he needs to increase his upper body strength and injures his shoulders or back by prolonged bench pressing.

Sometimes injury results when some aspect of a conditioning program is not done. Thus, injury occurs when flexibility exercises that should be part of the warm-up and cooldown periods of a conditioning routine are ignored. Sometimes injury occurs when apparatus is improperly used.

Brad Matthews, a certified athletic trainer and a skater himself, was consulted for this article. Matthews sets up training programs for pairs, dancers, and singles skaters in the San Diego area. He emphasizes that injury can result when proper body alignment is not maintained while using weight training and other apparatus.

#### Setting up a safe program

The key to setting up a safe conditioning program is finding your way to training experts. All of the sports doctors interviewed stressed the importance of having knowledgeable people—sports physicians, exercise physiologists, and experienced athletic trainers involved in setting up and supervising a training program.

What are the components of a safe program? What services should the skater expect? A good program begins with pre-testing the athlete's strength, flexibility, and cardiovascular fitness level to get an idea of what his needs are and how rigorous a routine he can tolerate at the start. An evaluation by a sports physician or physical therapist of preexisting health problems should also be done for the same reasons, and this would include screening for any symptoms indicating the presence of "wear and tear" or stress injuries, so common among skaters. Such injuries, if ignored, could be aggravated by a conditioning program. The sports medicine expert will inquire about the athlete's sport and his immediate and long-term performance goals.

With this baseline information to work from, a training expert working in collaboration with the physician, sets up an individualized program—one that is not shared by others using the training facility. If it seems appropriate, referral to a nutritionist may be suggested.

Before the athlete begins his first workout, the trainer will teach him the warm-up and cool-down routine, orient him to proper use of the apparatus, and inform him of how many sets and repetitions he can safely do. During the first visit and thereafter, the trainer will go over the training plan with the athlete, emphasizing the proper scheduling and duration of training exercises, and the symptoms of "overdoing" training routines.

During workouts, a qualified person should be in attendance at all times. Matthews stresses that the trainer should be out on the floor and not back in the office, if he

Continued on page 51

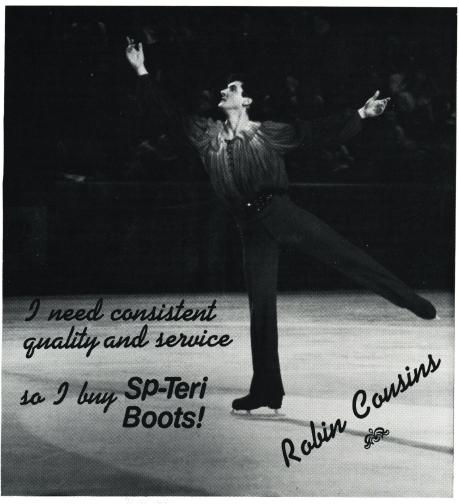
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# NutraSweet National Ice Skating Awareness Week

Figure skating will be in the spotlight across the country early in November in conjunction with a special new promotion program now being developed.

The NutraSweet National Ice Skating Awareness Week will be observed November 8 to 15. The special event will be inaugurated November 5, by official spokesperson Dorothy Hamill, in a special appearance at the opening of the Wollman Memorial Rink in New York City.

Sponsored by NutraSweet and the USFSA, the program also has the strong support of and will be operated in conjunction with the Ice Skating Institute of America (ISIA) and the Professional Skaters Guild of America (PSGA) who will be actively involved in its national operation.

The campaign is designed to generate national interest and enthusiasm in figure skating and to make the general public aware of the opportunities available in their local areas in ice skating instruction, clubs, and in both the competitive and recreational aspects of the sport.

In addition to television, radio, and print media announcements starring Dorothy Hamill, she will appear on major talkshows via a satellite system. Members of the U.S. World Team will also make appearances in major cities promoting the week-long activities.

Posters and counter displays will be distributed to and displayed in rinks throughout the country. Each rink and club is being asked to sponsor its own individual Ice Skating Day, either during that week or sometime in





November, in which free admission, skate rental, and basic instruction is offered by club members and professionals. Skating Day should be a fun event for family members of all ages, to introduce or reintroduce them to the many healthful and lifelong enjoyable aspects of figure skating.

"We are delighted that Dorothy Hamill is supporting NutraSweet Ice Skating Awareness Week," states Robert Shapiro, chairman and chief executive officer of The NutraSweet Company. "Her exuberance, vitality, and dedication to the sport are an inspiration for everyone."

In October, clubs and skating rinks throughout the country will receive promotional kits for the event providing ideas and support materials for their participation at the local level. A national government proclamation of the week is also expected to be forthcoming to draw added attention and exposure to this first national promotion for the sport.

"NutraSweet views the week as an opportunity to spread the word about this exciting sport nationwide. Ice skating is not only an exhilarating, beautiful sport, but it promotes physical

Continued on page 43



#### NATIONAL CONCERNS

Competitors who qualify for the 1988 U.S. Figure Skating Championships will be expected to complete their entry packets *prior* to the end of the Sectional Competitions, due to the short period of time between Sectionals and Nationals. Skaters who are receiving "byes" to Nationals will be mailed an entry packet before November 15.

All skaters should have a black-and-white photo  $(5 \times 7)$ , head and shoulders preferred, for use in the national program to be submitted with the Nationals entry form. No photos will be printed in the program unless received by December 5.

Housing forms must be filled out and given to the '88 Nationals representative because all reservations must be made by December 7. Later applications cannot be guaranteed space in the official hotel. This form requires a credit card number or a deposit for one night's lodging. *All* reservations at the official hotel must come through the Nationals Committee.

The top four Senior competitors in Singles, Pairs, and Dance, plus one other skater selected randomly, will undergo USOC doping procedures. Information on banned drugs will be included in each skater's entry packet.

It is recommended that all skaters, coaches, and chaperones use official bus transportation due to the expense of parking at the hotel and main arena.

Oxygen will be available to competitors during practice and competition.

Due to the large volume of holiday travel and heavy ski vacation traffic into the Denver area in January, it is suggested that skaters make travel arrangements as soon as possible.

For additional information contact Lea Miller, Co-Chairman 1988 U.S. Figure Skating Championships, 303-628-8053, 9:30 A.M. to 2:30 P.M. MST.

#### HONORARY APPOINTMENTS

HONORARY JUDGES Fred W. Amery Mrs. Lyman M. Drake, Jr. Mrs. Ferne McEntire

HONORARY REFEREES Fred W. Amery Spencer E. Cram J. Bert Drew

HONORARY DANCE REFEREE Mrs. Lyman M. Drake, Jr.

HONORARY ACCOUNTANTS Fred W. Amery J. Bert Drew

#### **JUDGES' APPOINTMENTS**

LOW FIGURE TEST Carol Adler, Philadelphia SC & HS Charles Ewers, SC of Phoenix Scott Wendland, All Year FSC

INTERMEDIATE FIGURE TEST Steve Austin, Seattle SC Geraldine Armbruster, Detroit SC Kristin Legatski, Ann Arbor FSC Janice Ann Thielman, South Bay FSC

HIGH FIGURE TEST Anne E. Shuman, SC of Northern Virginia Virginia M. Wood, SC of Wilmington

SILVER DANCE TEST Lois Brosio, Seattle SC

NOVICE COMPETITION Margaret Heslin, Pittsburgh FSC Virginia M. Wood, SC of Wilmington

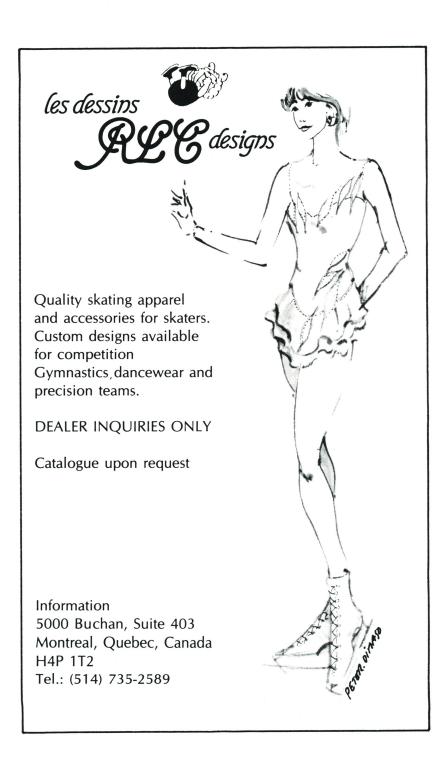
NOVICE DANCE COMPETITION Reiko Seger, Portland ISC

JUNIOR COMPETITION Kevin Rosenstein, St. Moritz ISC

JUNIOR DANCE COMPETITION Dr. Sharon Rogers, Philadelphia SC & HS Hazel Wecal, Denver FSC

#### CORRECTION

In the July 1987 issue of *Skating*, World Junior Championships alternate Richard Alexander was inadvertently identified as Robert Alexander. We regret the error.





# U.S. OLYMPIC FESTIVAL

nothing could be finer . . .

The excitement of any competition comes in the unexpected. The U.S. Olympic Festival – '87 in North Carolina offered more of the unexpected than the expected.

The audience had come to see the best in the country begin the Olympic season, and they were not disappointed. Attendance records for previous festivals were shattered as over 42,000 people filled the Greensboro Coliseum to witness the first major figure skating event ever staged in North Carolina. On hand were members of the 1987 World team, reigning U.S. champions, medalists, and the majority of the country's top competitors.

The skaters were warmly received by capacity audiences. Standing ovations rewarded many throughout the two day competition, which at times took on a true Festival atmosphere. It was Southern hospitality at its finest.

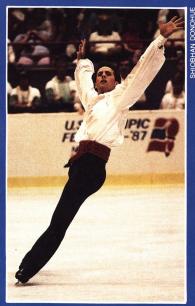
A team format, rather than individual competitions, was used for the first time since the beginning of the Olympic (formerly National Sports) Festival in 1978. Competitors were divided into four teams—North, South, East, and West—with each seeded according to individual competitor's standings at the 1987 National championships, for an equal balance. Each team consisted of three men's and three ladies' singles, two pairs, and two dance couples.

Along with the team concept, a different system of scoring was used. The total points of each competitor on each team were added together and averaged in each event. These were then added together to obtain final, overall scores for each team.

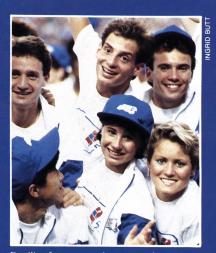
In singles events, the skating of compulsory figures was eliminated. Dancers skated only two compulsories: the Viennese Waltz and the Quickstep and no OSP. Freestyle rules allowed for either competition programs, programs in development, or experimental numbers within time limits of long programs.



The entire stadium became a card section at opening ceremonies.



Brian Boitano achieved new heights in style in his long program.



Familiar faces at opening ceremonies.



As the teams gathered, the award ceremony filled the ice.

SHIOBHAN DONOR

The result was a unique competition that was given high marks by the competitors and spectators alike, and in turn, perhaps, offered the audiences a more expanded range of performances and types of programs than may be seen in a standard competition. The enthusiasm ran high among the skaters, mounting as the competition progressed. A unity became evident as each team gathered at the sideboards to cheer fellow members. Hastily prepared signs and a variety of mascots appeared.

High Fives. Chants, banners, and mascots. Teams clustered at the boards—men, ladies, pairs, and dance—all cheering together. A unison and a camaraderie joined competitors as the team spirit captured the skaters, adding additional enthusiasm and excitement to the happenings on ice. The Greensboro Coliseum took on a true Festival atmosphere unlike any other competition.

The competition began Saturday afternoon with the pair's short program. Gillian Wachsman and Todd Waggoner, along with Sharon Carz and Doug Williams, gave the South Team an initial thin lead over Lori Blasko and Todd Sand, and Katy Keeley and Joseph Mero of North. They were followed by East and West.

The lead quickly changed in the ladies' short program, with Caryn Kadavy, Kelly Szmurlo, and Nancy Kerrigan of the East Team winning the event. However, the second placement of North's E. Rory Flack, Jill Trenary, and Kristi Yamaguchi gave their team enough overall points to move into the lead, followed by East, with South dropping to third, and West remaining in fourth.

The lead changed once again following the compulsory dances Saturday evening. East's Suzanne Semanick and

Scott Gregory, joined by Dorothi Rodek and Robert Nardozza, won the event moving East into the lead, dropping North to second, South to third, and West in fourth place.

East maintained its lead through the men's short program, with strong performances by Rudy Galindo, Mark Mitchell, and Angelo D'Agostino, who won the event. West followed closely behind with enough points to move from last into third place. North held in second, while South fell to fourth.

Sunday brought forth capacity crowds for the final events and top-flight skating in all competitions. Once again, South narrowly edged out North (by two-tenths of a point) for the win in the pair's long program. But combined scores were not enough to dislodge East from its grip on first place, maintained by brother-sister performances by Natalie and Wayne Seybold, and Ginger and Archie Tse. North held in second, while South edged out West for third.

North took over the lead again by winning the ladies' long program. East placed second, West third, and South fourth. The overall standings going into the final evening events placed North in the lead, followed by East, South, and then West.

The North dance teams, after placing last in the compulsories, came back with highly polished and original free dances to win the event. Jill Heiser and Michael Verlich, along with Karen Knieriem and Leif Erickson assured North's lead going into the final men's long program event. East placed second in the free dance, South third, and West fourth, resulting in the overall standings remaining the same.

Brian Boitano, James Cygan, and David Liu, representing West, handily won the freestyle event over East's men who had won the short. North placed third, and South fourth. The total points were enough to raise West into the bronze medal position. North barely maintained its lead for the gold medal, and East was awarded the silver. The South Team, in fourth place, was awarded a plaque.

Unlike the usual competitions, triplewidth podiums were used as all fifty-six skaters took to the ice in the awards ceremony to be heartily thanked by the audience.



Highlights of the competition were numerous: Gillian Wachsman and Todd Waggoner's extraordinary interpretation of "The First Time Ever I Saw Your Face" with creative lifts and moves, including an exceptional back exit from a platter lift, and a final lift with Gillian in a spiral position standing on Todd's right shoulder brought the audience to its feet.



Brian Boitano unveiled his new short program for the season, skating to the music of "Les Patineurs," with a completely new characterization and interpretive style. Many called it by far his best. A double flip with one hand on hip and the other overhead, a double Axel with arms crossed, and a brilliant triple Axel-double loop combination caused one skater to comment, "I think I just saw the best short program I've ever seen . . . or hope to see."

No matter what attempt was made to play-down Boitano's anticipated quadruple jump, the media hovered, waiting to see if it would be included—completely ignoring the other brilliant elements of his short and long. Once again, the jump was completed in practice and warmup but remained elusive in competition. Brian, nonetheless, was satisfied, saying that each time it is executed, he learns something about the jump and was especially satisfied with the new approach he has going into it.

\* \* \*

Standing ovations almost became the rule rather than the exception in the long programs, with Paul Wylie, Angelo D'Agostino, Tom Zakrajsek, Jill Trenary, Caryn Kadavy, Suzanne Semanick and Scott Gregory, Susan Wynne and Joseph Druar, all being warmly received by the audience.



Prior to the competition, a special "pig-pull" dinner was given for the skaters by BB & T Bank, official Festival sponsors of figure skating, at a local partv house in a converted rustic barn. (The bank soon learned what hearty appetites these lithe skaters have.) An evening of "real" southern square dancing followed complete with a live band and instruction in the art of "clogging," with everyone participating. Later, one of the band members commented with apparent surprise, "Gee, this group caught on faster than anybody we have ever had." No wonder, give skaters music, any music, and away they go.

\* \* \*

For Rory Flack it was a special Festival in more ways than one. Prior to the elaborate Opening Ceremonies and the lighting of the Festival flame, Rory met Roberta Flack, her second cousin, for the first time. The two had a long private conversation in the dressing room, exchanged addresses and schedules, and planned future meetings as their paths cross in their two careers. They quickly posed for a picture before Roberta went on as a star performer. Two nights later, Rory proved her own star-quality in a stunning long program performance, ending with a Biellmann spin, that had the audience on its feet before she had finished.

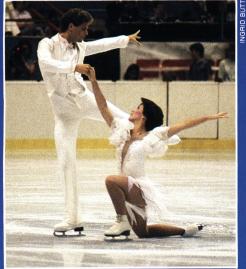
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Revenue figures from ticket sales at the U.S. Olympic Festival – '87 showed that figure skating accounted for 12% of the total income of \$2,365,943. Gym-

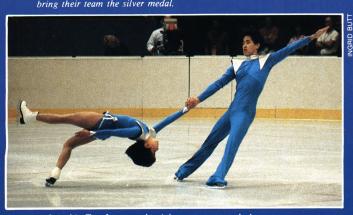




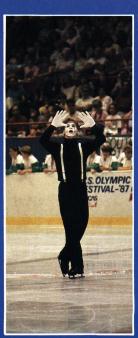
Doug Mattis's cantilever wowed the audience.



The elegance of April Sargent and Russ Witherby helped bring their team the silver medal.



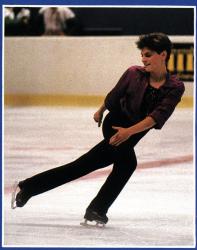
Ginger and Archie Tse, from nearby Atlanta, were crowd pleasers.



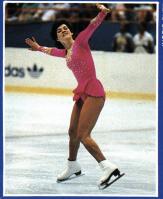
Tom Zakrajsek "brings in the clowns" for a silver medal.



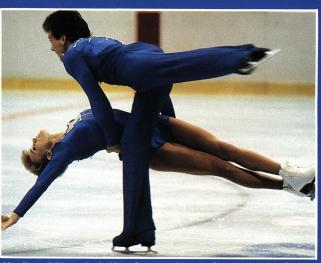
Artist and champion: Roberta and Rory Flack meet at the Festival.



Paul Wylie received a standing ovation.



Nancy Kerrigan was an exciting newcomer to this year's Festival.



Natalie and Wayne Seybold perform a unique combination spin.



The "big red" West Team cheers its members on to the bronze medal.

#### **UNITED STATES OLYMPIC FESTIVAL - '87**

#### GREENSBORO, NORTH CAROLINA JULY 18-19, 1987

#### NORTH TEAM (Gold Medal)

MEN – Paul Wylie, Steven Rice, Tom Zakrajsek; LADIES – Jill Trenary, E. Rory Flack, Kristi Yamaguchi; PAIRS – Katy Keeley & Joseph Mero, Lori Blasco & Todd Sand; DANCE – Karen Knieriem & Leif Erickson, Jill Heiser & Michael Verlich.

#### SOUTH TEAM

MEN – Scott Williams, Doug Mattis, Todd Reynolds; LADIES – Kathryn Adams, Julie Wasserman, Tonia Kwiatkowski; PAIRS – Gillian Wachsman & Todd Waggoner, Sharon Carz & Douglas Williams; DANCE – April Sargent & Russ Witherby, Jennifer Benz & Jeffrey Benz.

#### **EAST TEAM** (Silver Medal)

MEN – Angelo D' Agostino, Rudy Galindo, Mark Mitchell; LADIES – Caryn Kadavy, Kelly Szmurlo, Nancy Kerrigan; PAIRS – Natalie Seybold & Wayne Seybold, Ginger Tse & Archie Tse; DANCE – Susan Semanick & Scott Gregory, Dorothi Rodek & Robert Nardozza.

#### WEST TEAM (Bronze Medal)

MEN – Brian Boitano, James Cygan, David Liu; LADIES – Tracey Damigella, Carrie Weber, Jeri Campbell; PAIRS – Kristi Yamaguchi & Rudy Galindo, Calla Urbanski & Michael Blicharski; DANCE – Susan Wynne & Joseph Druar, Jodie Balogh & Jerod Swallow.

#### **OFFICIALS**

REFEREE – Maribel Leiter, Wichita, KS. ASSISTANT REFEREE – Josephine Lawless, Canoga Park, CA. ACCOUNTANT – Jo Anne Bryan, Sylvania, OH. ASSISTANT ACCOUNTANT – Merton R. Gundry, Pinehurst, NC. JUDGES – Anne Gerli, New York, NY; John F. LeFevre, McLean, VA; Nancy Archie-Meyer, Lake Placid, NY; Nancy C. Steffen, Southampton, NY; Paula Ziegler, Wellesley, MA; Margaret Faulkner, Ann Arbor, MI; Joyce Komperda, Milwaukee, WI; Shirley Sherman, Wilmette, IL; William T. Suggs, Ada, MI; Matthew H. Zats, St. Paul, MN; Jack Curtis, Granada Hills, CA; Margery L. Schleh, Sacramento, CA: Virginia Vale, Los Angeles, CA; Christine Pozanac, Glendale, CA.

#### **COMPETITION RESULTS**

INITIAL ROUND	NORTH	SOUTH	EAST	WEST
Pair's Short Program	53.90	54.00	52.15	50.52
	2	1	3	4
Ladies' Short Program	52.10	48.17	52.37	50.90
	2	4	1	3
Compulsory Dances	49.15	50.95	52.50	51.00
	4	3	1	2
Men's Short Program	49.67	50.30	53.33	52.00
	4	3	1	2
FINAL ROUND				
Pair's Free Skating	54.60	54.70	52.65	50.40
	2	1	3	4
Ladies' Free Skating	54.93	49.53	53.17	50.63
	1	4	2	3
Free Dance	53.35	52.70	53.15	52.50
	1	3	2	4
Men's Free Skating	53.80	50.27	54.20	54.63
	3	4	2	1
COMBINED RESULTS				
Total Factored Points	638.18	617.82	636.69	620.47
Place	1	4	2	3

26

nastics was the only other single sport to top skating's draw with 21% of the total sales.



Following the awards ceremony, the USFSA sponsored a special Press Reception for all skaters and media in attendance. This highly successful event offered one of the few opportunities for the press and athletes to meet and talk in an informal social gathering and produced highly favorable results and compliments.



There is no doubt as to the success of the competition from either a competitor or audience point of view. With the Festival coming, as it does, at the very beginning of the new season, it is sometimes difficult for skaters to participate when preparing for the international season, and when new programs are still in development. In an Olympic year the situation is somewhat magnified as all competitors are seeking maximum training time. The team concept removed some of the pressures usually associated with early season individual competitions and offered the opportunity for some new programs to be premiered and additional freedom of performances. But team performance or individual, there was no let-up in the quality of performance nor the intensity of the competition.

It is expected that the 1989 Olympic Festival in Oklahoma will probably return to the standard competition format, and that the team concept will be studied further for possible use in other Festivals in other years.

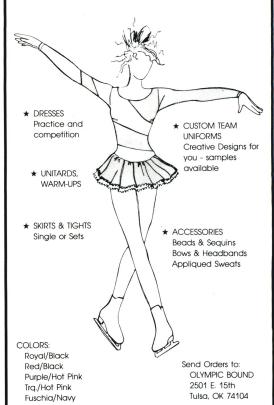


A hearty thank you goes to the North Carolina Amateur Sports Corporation and to the U.S. Olympic Committee for the presentation of this popular event.





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# "Queen City of the Plains" Denver Gears Up for the 1988 Nationals

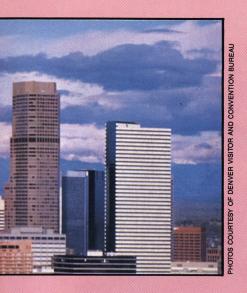
by Sonia Weiss

Denver, Colorado, the site for the 1988 United States Figure Skating Championships, is aptly named "Queen City of the Plains." The city's majestic skyline, backed by the splendor of the Rocky Mountains, emphasizes its reputation as a regional economic, cultural, and transportation center of the Rocky Mountain Region.

However, this is a city that hasn't forgotten its western heritage, born during the great "Pikes Peak or Bust" gold rush of 1859. Denver is big and sophisticated, yet a strong western flair is evident in the many parks, historical districts, shops, and certain restaurants that still feature items such as "Rocky Mountain Oysters" on their menus. (Don't ask what Rocky Mountain Oysters are, just give them a try if you get treated to a night at The Buckhorn Exchange, Denver's oldest restaurant. You'll like them.)

Although western in character, Denver is actually located in the center of the country, just 340 miles west of the exact center of the continental United States. The city nestles at the foothills of the Rocky Mountains, which serves as a "precipitation shield" that makes Denver almost a desert. It snows a great deal in the mountains—nightly snowfall is to be expected in ski areas such as Vail or Aspen. Denver, however, receives about fifteen inches of precipitation a year, about the same as Los Angeles.

Travelers to Denver for the U.S. Nationals in January should expect temperatures ranging from about 42 degrees during the day to 17 degrees at night. However, the warm sunshine—Denver clocks more annual hours of sunshine per year than Miami Beach or San Diego—makes the days feel more temperate. Actual temperatures during this period could reach as high as 60 or



65 degrees, but this is somewhat unusual and may only last a day or so.

Be sure to bring winter clothes, a pair of warm boots, and dress in layers. It's much easier to shed layers as the day warms up or add layers if a sudden cold front moves in. For the most part, Denver is a casual city, and as long as you look put together, you'll be welcome in any restaurant or shop. In the evening, a casual dress or skirt and sweater is all that is necessary. Men will probably feel

comfortable with a sport coat and tie in some of Denver's fancier restaurants; a sweater and casual slacks are all that are needed at most establishments.

The 1988 Nationals will be held at two separate facilities—the South Suburban Ice Arena in Littleton and McNichols Arena near downtown Denver. The location of both facilities affords visitors the chance to experience not only the metropolitan aspects of downtown, but also the opportunity to see some of the city's parks, fountains, and elaborate mansions that lie on the outskirts.

Denver is a clean, young city with more than 200 parks, many of them downtown, and tree-lined boulevards. Unlike some western cities, it has a definite downtown area, featuring the city's largest department stores, hundreds of specialty shops and a number of museums, numerous attractions and restaurants.

The 16th Street Mall is a mile-long pedestrian mall in the heart of downtown. Free shuttle bus transportation operates on a regular basis to shopping and sightseeing circuits up and down the mall. Beginning near May D & F department store on its south end, you will find the U.S. Mint, the State Capitol



McNichols Arena, site of the championship events at the 1988 U.S. Figure Skating Championships.

Building, the City and County Building (which will still be wearing traditional holiday lights) and the Denver Art Museum well within walking distance. Each of these attractions merits a tour if time is available.

On the thirteenth step of the State Capitol, you will have a majestic view both of Denver and the mountains and you will also be standing *exactly* one mile above sea level. From there, you can see Denver's City and County Building, whose courtly exterior has served as a backdrop for several Perry Mason television movies shot in Denver in the last several years. This building is also brightly decorated during the holiday season and at night, it is spectacular.

The interior of the State Capitol has beautiful furnishings and appointments, including a priceless wainscoting made out of rose onyx. It's said that the entire world's supply of this unusual stone was used in the interior of the Capitol.

Not far from the Capitol is the Colorado History Museum, which houses an unusual collection honoring the various people who have made Colorado their home. The collection features Indian pottery taken from the cliff dwellings at Mesa Verde, as well as dioramas depicting old forts, Indian buffalo hunts, and early gold mining techniques. The Museum's gift shop offers books on the Old West and carries an excellently priced collection of silver jewelry bought directly from the artisans.

Just two blocks away is the Denver Art Museum, a twenty-eight-sided, tenstory structure that is itself a piece of sculpture. It offers 35,000 art objects in seven departments, including the famed American Indian Hall, considered by many to contain the world's finest examples of Indian artwork.

Nearby is the U.S. Mint, the nation's second largest storehouse of gold bullion. Free twenty-minute tours during the

week offer sights of dull metal blanks being stamped into shiny quarters, dimes, and nickels. Over five billion coins are made there each year.

The 16th Street Mall ends near three large shopping areas. The Shops at Tabor Center, the newest of the three, is a two-block enclosed galleria, showcasing sixty-five specialty shops and restaurants and the Bridge Market, featuring an ever-changing array of gifts and collectibles. Writer Square, directly across the street, offers three restaurants and twenty-five shops offering the finest women's and men's fashions, accessories, housewares, and more.

Directly west is Larimer Square, a fully restored section of Denver's oldest street, featuring arcades, courtyards, gas lamps, and carriage rides in a uniquely Victorian setting that houses restaurants, art galleries, and some of the city's most distinctive shops. Just a trolley car ride away is Tivoli Denver, offering specialty fashion stores, casual and elegant dining, a twelve-screen cinema and more, in a restored turn-of-the-century brewery.

Countless more things to do and places to see await visitors to Denver for the 1988 U.S. Figure Skating Championships including a side trip to Colorado Springs, seventy miles south, to view the USFSA Headquarters, the World Figure Skating Hall of Fame and Museum, Pikes Peak, the Air Force Academy, or the U.S. Olympic Training Center. Additional information may be obtained by contacting the Denver Metro Convention and Visitors Bureau, 225 West Colfax Ave., Denver, CO 80202, (303) 892-1112.

One final word! Since this is an Olympic year competition, the hosts of the event—the Mile High Figure Skating Association and the Junior League of Denver—expect a record turnout. Booking hotel and travel reservations as far in advance as possible is recommended.

See you in Denver!

#### 1988 United States Figure Skating Championships

(Tentative Schedule of Events) McNichols 1:30 P.M. Junior Pairs' Short Program Junior Men's Short Program Monday, January 4 7:00 P.M. Championship Men's South Suburban Short Program 8:00 A.M. Junior Ladies' Figures Championship Dance Novice Men's Figures Free Dance Junior Dance CD 7:00 P.M. Championship Dance CD Friday, January 8 South Suburban Tuesday, January 5 7:00 A.M. Novice Ladies' Figures South Suburban McNichols 8:00 A.M. Junior Men's Figures 12:00 M. Junior Pairs' Freestyle McNichols Championship Ladies' 7:00 P.M. Opening Ceremonies Short Program Junior Ladies' 7:00 P.M. Championship Pairs' Short Program Short Program Junior Dance OSP Championship Men's Freestyle Wednesday, January 6 South Suburban Saturday, January 9 7:30 A.M. Championship Men's Figures McNichols McNichols 9:00 A.M. Novice Ladies' Freestyle 1:00 P.M. Novice Men's Freestyle Championship Pairs Junior Dance Free Dance Freestyle 3:30 P.M. Championship Ladies' 6:30 P.M. Championship Dance OSP Junior Ladies' Freestyle Freestyle Junior Men's Freestyle Thursday, Januray 7 South Suburban Sunday, January 10 7:30 A.M. Championship Ladies' **McNichols** 7:00 P.M. Exhibition of Champions **Figures** On the Go . . . with Imagination **BRYAN SPORTS EVENTS** All-Inclusive Packages to the 1988 NATIONALS **1988 WORLDS** Denver, Colorado Budapest, Hungary January 3-11, 1988 March 19-28, 1988 from \$399 per person from \$759 per person Plus, Special Discount Airfares on United Airlines to all Skating Events: 5% of all Supersaver Fares or 40% of any unrestricted coach fare at any time for all skating-related travel Please send me more information on packages for: ( ) Nationals 88 ( ) Worlds 88 Address City/State/Zip \_\_\_\_\_ Please return to: BRYAN SPORTS EVENTS Telephones:

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Skating mother Virginia Fratianne and daughter Linda.

# Skating Mother

by Virginia Fratianne

So often people approach me and ask, "What does it take to be a good skating mother, to bring up a successful athlete?" I respond with a pause and smile, and suddenly feel like a funny rare bird. "A good skating mother," I begin, certain that I am sprouting a feathered tail . . . "A good skating mother," I repeat with confidence and a wiggle to shake all imaginary plumes to the floor.

A good skating mother? I would say she's knowledgeable about what she knows and doesn't know, and she's responsible enough to be consistent and demanding. She balances on the fine line between friend and disciplinarian, and in the end, always tries to be fair. Although she must admit she is a perfectionist, she easily forgives her mistakes mination, self-control, and competence. as well as her son's or daughter's. She's

not really a rare bird at all, but a concerned and devoted parent, tempered with a drive for quality and excellence.

To understand the philosophy of the good skating mother, one must emphasize the importance of timing. Timing during training and during competition—timing, the ability to do the correct thing at the correct time—separates the good skating mother from all others.

During training, the skating mother sets a strict schedule and rules by which the skater must abide. For example, socializing in the rink is forbidden as well as showing up late for a lesson. Schedule and rules are made for the skater's benefit, to promote in the skater strength of character, confidence, deter-

Although there are times of resistence

from the skater, the mother knows when to comfort and when to tighten the rein. Understanding that this training is not play, the skater learns to respect the demands placed upon him or her and begins to accept the tremendous responsibility that comes with being a truly professional athlete. In reality, both mother and skater must be ready to assume this responsibility and give one-hundred percent to the sport.

Differing from training, at competitions the skating mother drops her role as critic and becomes completely supportive of the skater. At competitions the skater is prepared technically to perform a routine. No one can be prepared. however, for the stress of the moment. Therefore, the skating mother relinquishes technical advice to an accepting smile. Although the skating mother may be as nervous as the skater, the good skating mother appears calm and relaxed to further help relieve the stress on the skater. At this time the skating mother should expect the skater to do his or her best, that is all, that is everything.

As a skating mother you have had moments to influence your son or daughter during training, competition is a time to be quiet, to let things happen, to trust as well as to empathize with the skater and to keep everything in perspective. To help me in this role, I have always tried to brighten up my environment during competition time. I bring flowers into my room and try to find amusement for myself and my daughter. After a competition, if your skater says, "I did the best I could and you made it fun," then it has all happened.

Along with timing, there are other key factors that contribute to the overall making of a good skating mother. Some of the highlights include the following daily do's and don'ts:

• In the training period, do keep a low profile. Do give your skater

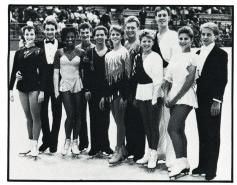
- time without you, be at the rink on occasion to observe and evaluate, but avoid being overbearing.
- Do respect other skaters' right to train without distraction, that is again keep a low profile in the skating rink, not everyone is interested in what you have to say to your skater.
- Do communicate with your skater privately and with honesty.
- Do choose your coach wisely and do respect his or her knowledge of skating and your lack of it. Do trust the coach's expertise.
- Don't lose your identity in your skater's work. Do keep a life of your own, keep up your own interests and realize that you have a life to lead after skating.
- Gossip is a big don't.
- Do accept each trauma as it occurs and learn to turn it into a positive experience. Do let adversity work for your skater.

Well, this is all the advice I can offer. It is a difficult task, to demand without being too demanding, to be involved without being too involved, to expect a lot without being personally disappointed. As parents we learn to love and give unconditionally, but so much more seems at stake when you are such an integral part of your child's actions, decisions, life.

Keep in mind, that skaters who love the sport will easily assume all hardships and sacrifices associated with the work. Skaters who are not devoted to the sport should neither pursue the work nor be punished for lacking the attachment. As a good skating mother, you will be able to understand this in your son or daughter and then act accordingly.

I wish you the best, and remember keep everything in perspective—your skater's career, your life.





#### **COUPE DES ALPES 1987**

The international season got off to a rousing start for the U.S. at the 21st Coupes des Alpes. The two-part competition began in St. Gervais, France. In the men's division, Todd Eldredge took an early first-place lead in figures followed by another first place in the short program, in which he performed a flawless triple Axel-double loop for the required combination. (The figures and short were skated on the same day, and the double wins were significant, in that it happened to be Todd's sixteenth birthday.) A clear first-place win in the long gave him the gold, with an overall count of fourteen out of fifteen first-place ordinals for the total competition.

Teammate Patrick Brault started from a fourth in figures, and rose steadily with powerful freestyle to second in the short, second in the long, and a final second placement for the silver medal.

E. Rory Flack, substituting for the injured Nancy Kerrigan, was in good position from the opening third placement in figures. She continued with a third in the short program, and came back with a second in the long, and the final silver medal.

Adding to the medal count, the pair team of Michelle Laughlin and Mark Naylor held a steady third in the short and long for the bronze medal. Julianne Thompson and Brian Geddeis placed fifth.

Dorothi Rodek and Robert Nardozza began by winning the compulsory dances over nine other couples. They went on to place second in the OSP and hold a firm second in a well executed free dance for another U.S. silver medal. Jennifer and Jeffrey Benz placed a strong fifth.

At Obertsdorf, Federal Republic of Germany, and the Nebelhorn Trophy, Eldredge again began strongly by taking the lead in the figures. He placed third in the short, after singling the loop following the triple Axel on the combination. He remained in first place going into the long, which he won handily for the gold. In doing so, he became the first man since 1981 to win both parts of the men's Coupes des Alpes, and only the sixth to do so since 1969. (The others were Federal Republic of Germany's Heiko Fischer and Americans Robert Bradshaw, David Santee, Robert Wagenhoffer, and Allen Schramm.)

Brault continued the momentum begun in St. Gervais by placing fourth in figures and following with the top short program in which he placed first. He kept the pressure on teammate Eldredge and placed second in the long for final silver medal.

E. Rory Flack had a low start in figures but came back to place third in the short program and third in the long for an overall fifth finish.

In the pairs, Laughlin and Naylor finished fourth, with Thompson and Geddeis in sixth. Rodek and Nardozza placed third in the compulsory dances, fourth in the OSP, and came back with a strong free dance, in which they placed third, for the bronze medal.

The final tally gave the U.S. skaters eight medals: two golds, four silvers, and two bronzes and the 1987 Coupes des Alpes Trophy for the fifth consecutive year.

#### **GRAND PRIX INTERNATIONAL**

#### ST. GERVAIS, FRANCE AUGUST 26-30, 1987

#### MEN

- 1. Todd Eldredge, USA
- 2. Patrick Brault, USA
- 3. Michael Slipchuk, Canada
- 4. Markus Vogt, Federal Republic of Germany
- 5. Axel Mederic, France
- 6. Frederic Lipka, France
- 7. Eric Millot, France
- 8. Charles Wildridge, Great Britain

#### LADIES

- 1. Shannon Allison, Canada
- 2. E. Rory Flack, USA
- 3. Claude Peri, France
- 4. Ingrid Karl, Federal Republic of Germany
- 5. Survia Bonaly, France
- 6. Lindsay Fedosoff, Canada
- 7. Michele Claret, Switzerland

Jayne Taylor, Great Britain, withdrew

#### PAIRS

- 1. Michelle Menzies & Kevin Wheeler, Canada
- 2. Twana Rose & Colin Epp, Canada
- 3. Michelle Laughlin & Mark Naylor, USA
- 4. Julianne Thompson & Brian Geddels, USA

#### DANCE

- 1. Anna Croci & Luca Mantovani, Italy
- 2. Dorothi Rodek & Robert Nardozza, USA
- 3. Catherine Pal & Donald Godfrey, Canada
- 4. Doriane Bontemps & A. Dalongeville, France
- 5. Jennifer Benz & Jeffrey Benz, USA
- 6. Nadine Le Saout & Emmanuel Huet, France
- 7. Tania Capiello & G. Tiranzoni, Italy
- 8. Vera Zietemann & Andreas Ullmann, Federal Republic of Germany
- 9. Desiree Schlegel & Patrick Brecht, Switzerland
- 10. Lisa Bradby & Alan Towers, Great Britain

# NEBELHORN TROPHY OBERSTDORF, FEDERAL REPUBLIC OF GERMANY SEPTEMBER 1-5, 1987

#### MEN

- 1. Todd Eldredge, USA
- 2. Patrick Brault, USA
- 3. Lars Dresler, Denmark
- 4. Vitalij Egorov, USSR
- 5. Frederic Lipka, France
- 6. Markus Vogt, Federal Republic of Germany
- 7. Michael Slipchuk, Canada
- 8. Shubin Zhang, China
- 9. Henrik Walentin, Denmark
- 10. Charles Wildridge, Great Britain

Iwo Svec, Federal Republic of Germany, withdrew Axel Mederic, France, withdrew

#### LADIES

- 1. Shannon Allison, Canada
- 2. Carola Wolff, Federal Republic of Germany
- 3. Lindsay Fedosoff, Canada
- 4. Paola Tosi, Italy
- 5. E. Rory Flack, USA
- 6. Claude Peri, France
- 7. Marina Tweritinova, USSR
- 8. Ingrid Karl, Federal Republic of Germany
- 9. Patricia Wirth, Federal Republic of Germany
- 10. Yibing Jiang, China
- 11. Anisette Torp-Lind, Denmark
- 12. Petra Vonmoos, Switzerland
- 13. Sandra Escoda, Spain
- 14. Petra Heyrman, Belgium
- Pauline Lee, Chinese Taipei
   Kristina Jannerdal, Denmark
- io. Kiistilia ballileidal, Delli

#### **PAIRS**

- 1. Michelle Menzies & Kevin Wheeler, Canada
- 2. Elena Kwitschenko & Raschid Kadyrkaev, USSR
- 3. Twana Rose & Colin Epp, Canada
- Michelle Laughlin & Mark Naylor, USA
   Zhibin Mei & Wei Li, China
- 6. Julianne Thompson & Brian Geddels, USA

#### DANCE

- 1. Illona Melnitschenko & Gennadi Kaskov, USSR
- 2. Stefania Calegari & P. Camerlengo, Italy

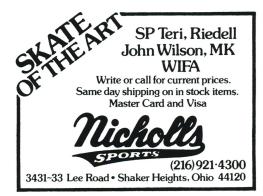
- 3. Dorothi Rodek & Robert Nardozza, USA
- 4. Michela Malingambi & Andrea Gilardi, Italy
- 5. Doriane Bontemps & A. Dalongeville, France
- 6. Catherine Pal & Donald Godfrey, Canada
- 7. Jennifer Benz & Jeffrey Benz, USA
- Luyang Liu & Xiaolei Zhao, China
   Petra Zietemann & Frank Ladd-Oshiro, Federal Republic of Germany
- 10. Lisa Bradby & Alan Towers, Great Britain
- 11. Danielle Maerk & Markus Merz, Switzerland

#### COUPE DES ALPES 1987 (Team Trophy)

1. USA. 2. Canada. 3. Italy. 4. France. 5. Federal Republic of Germany. 6. Switzerland. 7. Great Britain.

#### FRITZ GEIGER MEMORIAL TROPHY 1987 (Team Trophy)

- Canada. 2. USSR. 3. USA. 4. Italy. 5. Federal
  Republic of Germany. 6. France. 7. Denmark. 8. China.
   Switzerland. 10. Great Britain. 11. Spain. 12. Belgium.
- 13. Chinese Taipei.



### INTERNATIONAL TEAM SELECTIONS



#### **COUPE DES ALPES**

GRAND PRIX, ST. GERVAIS, FRANCE — AUGUST 26-30, 1987 NEBELHORN TROPHY, OBERSTDORF, GERMANY — SEPTEMBER 1-5, 1987

Todd Eldredge Patrick Brault E. Rory Flack

Michelle Laughlin & Mark Naylor Julianne Thompson & Brian Geddeis Dorothi Rodek & Robert Nardozza Jennifer Benz & Jeffrey Benz

### ST. IVEL ICE INTERNATIONAL LONDON, ENGLAND — OCTOBER 6-8, 1987

Paul Wylie

Carvn Kadavv

Gillian Wachsman & Todd Waggoner

April Sargent & Russ Witherby

# KARL SCHÄFER GEDÄCHTNISLAUFEN (Formerly Asko Cup)

VIENNA, AUSTRIA - OCTOBER 22-26, 1987

Rudi Galindo Craig Heath Holly Cook

Karen Knieriem & Leif Erickson

#### SKATE CANADA

CALGARY, ALBERTA, CANADA — OCTOBER 29-NOVEMBER 1, 1987

Brian Boitano

Debi Thomas

Katy Keeley & Joseph Mero

Susan Wynne & Joseph Druar

#### **PRAGUE SKATE**

PRAGUE, CZECHOSLOVAKIA — NOVEMBER 4-8, 1987

James Cygan

Julie Wasserman

Sharon Carz & Doug Williams

Renee Roca & James Yorke

#### GOLDEN SPIN OF ZAGREB

ZAGREB, YUGOSLAVIA — NOVEMBER 10-15, 1987

Scott Kurttila

Daniel Doran

Jeri Campbell

Jodie Balogh & Jerod Swallow

### PRIZE OF MOSCOW NEWS (Sr.) MOSCOW USSR — NOVEMBER 11-15, 1987

Cindy Bortz

Calla Urbanski & Michael Blicharski

Karen Knieriem & Leif Erickson

#### **GRAND PRIX INTERNATIONAL DE PARIS**

PARIS, FRANCE - NOVEMBER 11-15, 1987

Angelo D'Agostino

Jill Trenary

Natalie Seybold & Wayne Seybold

Susan Wynne & Joseph Druar

#### **FUJI FILM TROPHY**

FRANKFURT, GERMANY — NOVEMBER 18-22, 1987

Christopher Bowman

Jill Trenary

Jill Watson & Peter Oppegard

Susanne Semanick & Scott Gregory

### NOVARAT TROPHY BUDAPEST. HUNGARY — NOVEMBER 19-22, 1987

Brian Boitano Scott Williams Caryn Kadavy Tracey Damigella April Sargent & Russ Witherby

#### NHK TROPHY KUSHIRO, JAPAN — NOVEMBER 26-29, 1987

Paul Wylie Christopher Bowman Tonya Harding Nancy Kerrigan Gillian Wachsman & Todd Waggoner Katy Keeley & Joseph Mero Suzanne Semanick & Scott Gregory Jill Aleisa Heiser & Michael Verlich

#### WORLD JUNIOR CHAMPIONSHIPS

BRISBANE, AUSTRALIA — DECEMBER 8-12, 1987

Todd Eldredge Cameron Birky Shepard Clark Kristi Yamaguchi Elizabeth Wright Kristi Yamaguchi & Rudy Galindo Jennifer Huerlin & John Frederiksen Anne-Marie Wells & Brian Wells Jeannine Jones & Michael Shroge Rachael Heyer & Peter Breen

John Baldwin, Jr. Christopher Mitchell

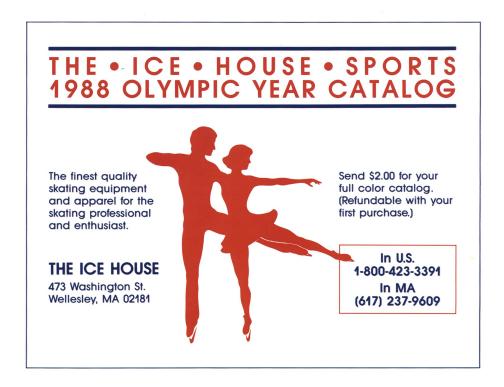
Caryn Yap Dawn Duhamel ALTERNATES Natasha Kuchicki & Richard Alexander

Katie Williamson & Ben Williamson Tina Marshall & Sean Schwartz

SUBJECT TO CHANGE

Revised September 25, 1987

Coming next month: Part Two of our "Beautiful Babies" pictures, a special feature on Australia prior to the World Junior Championships, Suzanne Semanick and Scott Gregory, NutraSweet's National Ice Skating Awareness Week, Museum Visitors, and departments on Sports Medicine, Ice Dancing, Club Management, and much more.



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**Jerry Ross:** Hickory Hill FSC, Mr. & Mrs. Benjamin T. Wright

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Hagenauer, Phyllis Howard, Louise Knoke,
Shirley Kreppel, Nancy McClenathan, Lois

Continued on page 78



#### FOSTER NAMED TO OLYMPIC POST

Charles U. Foster has been elected by the United States Olympic Committee as Assistant Cheif de Mission for the fifteenth Olympic Winter Games in Calgary in February.

In such capacity, Foster will be responsible for the organization and management of the entire 1988 U.S. Olympic Team at the Games. He will serve as contact and liaison between the International Olympic Committee, the Canadian Olympic Committee, and the athletes, coaches, and officials representing our country.

Foster has been active with the USOC for the past fifteen years and has served three terms on the Board of Directors. He also is the official representative of the USFSA to the USOC. In past Olympics, he served as a judge in the 1980 Games in Lake Placid and as Team Leader for the 1972 Games in Sapporo, Japan.

The recognition of Foster by the USOC, and his appointment to the distinguished post of Assistant Chief de Mission, caps a long career in amateur sports and is a singularly distinguished honor for his contributions to both amateur sports and to the Olympic movement.

#### DR. KUBICKA

Terry Kubicka, 1976 National Men's champion, World and Olympic competitor, received his Doctorate of Veterinary Medicine from the University of California, Davis, this summer. After a demanding eight years of study, Dr. Kubicka will be serving a one-year internship with the Sacramento Animal Medical Group, specializing in small animal medicine and surgery. He will live in the Sacramento area with his wife and two children.

#### **DORIS BLASCO RECOGNIZED**

In late spring, Mrs. Doris M. Blasco was honored by the Hershey Figure Skating Club

for having completed fifty years as a continuous skating member. She was awarded a plaque in honor of the recognition, and a trophy was presented in her name to the winners of a newly created annual club dance event. Congratulations to Mrs. Blasco.

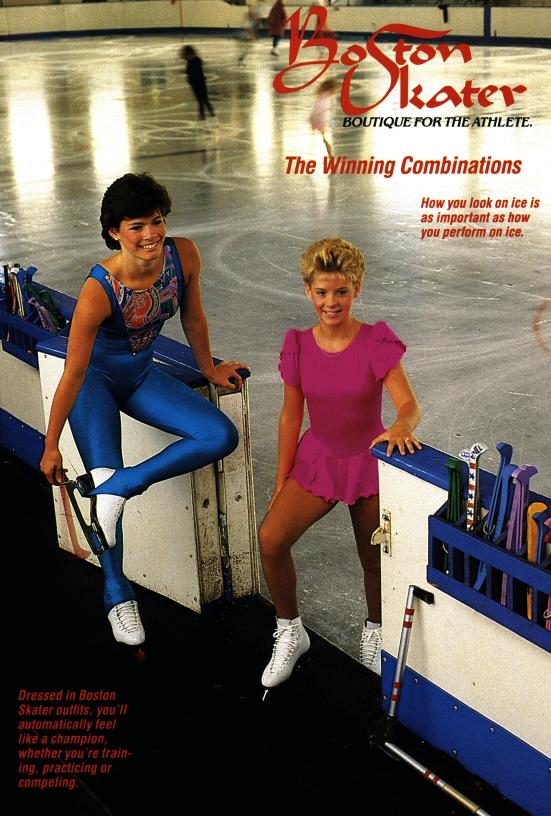


#### KRISTIN MATTA JOINS HEADQUARTERS STAFF

Kristin Matta joined the USFSA Headquarters Staff in early October as Public Relations and Media Manager in the Information Department. Kristin is a former skater, having studied with Barbara Roles Williams, and also taught basic instruction for a period in Palo Alto. She is a graduate of Santa Clara University in California, and also studied at Durham University in England.

Her background includes work as publicity director for the De Saisset Museum in Santa Clara, as well as consumer product promotion and special events management with Neale-May & Partners Public Relations.

In her new position, she will work in conjunction with the Public Relations Director and coordinate national promotional campaigns for the Association and World Museum and develop media and public relations programs for new and on-going projects, competitions, and special events. A





#### Boston Skater competition outfits dazzle audiences and iudges.

Add extra points with (1A.) trim, fleshnetting, tiny shoulder pads; (1B.) shirred sleeve with rhinestone trim; (1C.) two color dress with shirred bustline and 3/4 length sleeve. Many colors. 1A. Child's: S,M,L; \$88.95 Lady's: S,M,L; \$92.95 **1B.** Child's: S,M,L; \$66.95 Lady's: S,M,L; \$70.95 1C. Child's: S,M,L; \$55.95 Lady's: S,M,L; \$59.95

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2. Stun them with our spangles of black, white, silver, or gold on our darling double skirt dress or choose vour color combination: yellow/black, hot pink/ black.

With spangles Child's: S,M,L; \$58.95 Lady's: S,M,L; \$62.95 Without spangles Child's: S,M,L; \$43.95 Lady's: S,M,L; \$48.95

3. Blossom to your fullest, in this tulip-sleeve dress with an unlimited choice of sleeve, neckline and skirt design options. Many colors.

Child's: S,M,L; \$44.95 Lady's: S,M,L; \$48.95

4. Three-quarter length sleeve on this children's print nylon outfit takes you all the way to the top.

Black, pink, yellow. Child's: S,M,L Leotard: \$25.95; Legs: \$19.95; Skirt: \$14.95

5. The stars will come out to watch you as you shine day and night in this Vneck-back cotton sweater, also available in angora. Sweater, other colors. please ask. Lady's: S,M,L; \$135.00

Skirts and legs, many colors.

Child's: 3, 4–5, 6–7, 8–10, 12-14; Lady's: S,M,L Skirts, Child's: \$19; Lady's: \$21.95; *Legs*, Child's: \$17.95; Lady's: \$19.95

### Our outfits are unique because we know you are.



6. You're off to a smart start with all eyes on you in this children's cotton black suspender bodysuit. Child's: S,M,L Bodysuit: \$15.95 White T-shirt with star: \$14.95

7. Training is much more than black and white when you're wearing our colorful blouson unitard with stirrups. Lilac/Pearl Gray; Deep Charcoal/Salmon Pink; Navy/Carnation Pink; Black/Turquoise. Lady's: S.M.L; \$42



Make training really pay off in this (8A) children's long-sleeved heavy weight lycra leotard with matching tights, available in red, cobalt blue, sky blue, yellow, pink, plum, blue-green and black; and this (8B) nylon racer-back leotard featuring a mardi-gras print and fuschia legs.

8A. Child's: S,M,L; Leo-

and fuschia legs. **8A.** Child's: S,M,L; Leotard: \$20.95; Matching tights: \$18.95; Cotton tie with silver nailheads: \$9 **8B.** Lady's: S,M,L; Mardigras print leotard: \$32.95; Fuschia legs: \$28; Cotton

over-sized T-shirt: \$17.95

9. No sweat when you warm-up in cool-looking sweat shirts decorated with paint, applique and beads. Washable cotton/acrylic in black, white, pink, aqua, coral, yellow, and lavender. Child's: S,M,L; \$55 Lady's: S,M,L; \$65



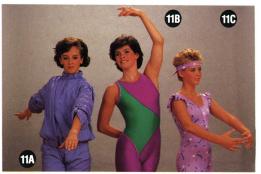
10A. Sparkle is the only word for it, and for you, in our nylon sparkle dot leotard. In purple, red and black, match it with our sparkle dot nylon legs. Lady's: S,M,L; Leotard: \$22.95; Legs: \$19.95; Black metallic belt: \$8; Black metallic leg warmers: \$8

**10B.** Striking lady's red cotton unitard (\$27.50) with black crop top (\$12) and brief (\$17.95). Also nylon, many colors.

10C. Double your dazzle in our dual stripe top and matching pants in cotton. Turquoise/Black and white stripes; Raspberry/Gray and white stripes; Purple/Green and white stripes; Black/Red and white stripes.

Lady's: S,M,L; Top: \$54.50; Pants: \$32

**10D.** Spectacular star sweat shirt decorated with applique, paint and rhinestones. Many colors and designs. Lady's: S,M,L; \$65



Training styles are as individual as our training wear is unique. Because you make it that way. 11A. Glide in wearing jacket and pants with the "wrinkled silk look." Both are nylon and washable, but should not be ironed. Jacket is fully equipped with zips, inside pockets, elasticized bottom, pull-up sleeve with elbow tab; pants have inside pockets, elasticized waist, 100% nylon shell lining. Black only. Lady's: S: 8-10; M: 12-14;

L: 16: \$90

11B. Watch the "ice" turn hot in this diamond, nylon leotard with matching legs. Black/Carnation Pink; Hot Pink/Bright Blue; Aqua/Purple; Canary/Sapphire. Lady's: S, M, L, XL; Leotard: \$33; Legs: \$26 11C. Write your own reviews in this children's nylon print unitard, featuring cap 3/4 length sleeve with belt.

Lavender, black. Child's: S,M,L; \$34.95



Because we set trends, not follow them, ask us "what's new" when you call. We'll tell you how to turn a "basic" dress into a "bravo" dress with our world-class options, including stretch glitter in snakeskin, zebra or leopard, and leotards and legs to match: nylon/lycra or cotton/lycra, solids, patterns, or prints. Combine and coordinate our unique designs and fabrics, beads, appliques, stones, spangles with everything from barretts and bows to blade and boot covers. We also carry fitted skate bags, scribes, gloves and mittens, headbands, leg warmers, belts, crash pads, crop tops, briefs, turtlenecks, T-shirts and over-sized T-shirts.

#### We spotlight men, too.

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Remember the event, the excitement, the place with souvenir mugs, key chains, handmade lamps, plates, stationery, Christmas cards, figurines, journals, pens and pencils, and jewelry.

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native Californian, Kristin has relocated to Colorado Springs and is bracing herself for her first encounters with snow.

#### ARDELLE SANDERSON HONORED

The Skating Club of Lake Placid honored one of its most distinguished members, Ardelle Sanderson, during its annual "Sinfonietta & Ice." The occasion marked Mrs. Sanderson's service for over fifty years as a National, International, and World judge.

She began skating at the age of twelve and her love and dedication to the sport has never diminished. She won the 1935 National Fours Championship (an event no longer in U.S. competitions) and competed in singles, pairs, and dance. From 1933 to 1938, Mrs. Sanderson held a national ranking in one or two of the events she entered every year.

She officially began judging in 1936 and became a National judge in 1940, an International judge in 1946, a World judge in 1961, and most recently, a National Precision judge in 1985. (She was originally scheduled to judge the 1961 Worlds in Prague, and it was only at her husband's insistence that she refused the assignment and missed the ill-fated flight carrying the U.S. World Team and officials.)

Among the many events which she has officiated are included 26 Easterns, 10 North Atlantics, Olympics, National Sports Festival, National Collegiates, Midwesterns, New Englands, Middle Atlantics, South Atlantics, Eastern Precision, and National Precision. She was executive secretary for the 1980 Olympics, and has served on numerous USFSA committees.

Her devotion and dedication to the sport have gained the respect and admiration of both competitors and officials internationally, and she is saluted for her years of service to the Association.

#### **DEBI (AND WANDA) RELOCATE**

Debi Thomas has taken a nine-month leave of absence from her pre-med program at Stanford University and moved to Boulder, Colorado. There she will train with coach Alex McGowan and has enrolled in courses in the Sports Medicine Department at the University of Colorado at Boulder. The decision to relocate was prompted by the closing of Debi's home rink in Redwood City, Cali-

fornia. She plans to remain in Boulder through the spring of 1988 and then return to Stanford for the fall semester to complete her education, where she says she plans to graduate in the spring of 1990.

#### **BEREAVEMENTS**

Mrs. T.D. Richardson, 93, passed away in June. Affectionately known as "Wag," she had been an Elector of the Hall of Fame and in 1973 had generously donated to the World Figure Skating Museum the substantial collection of memorabilia and literary materials put together by her and her late husband, Cpt. T.D. Richardson, OBE.

An excellent skater and gold medalist in her own right and a competitor in pairs with her husband in the 1924 Olympics, Mrs. Richardson served many years as a World judge and member of the Ice Skating Committee of the National Skating Association of Great Britain, of which both she and her husband were elected honorary members in

Continued on page 78

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- 3 Movements
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Skating Awareness Continued from page 17

fitness and good health as well," Shapiro added.

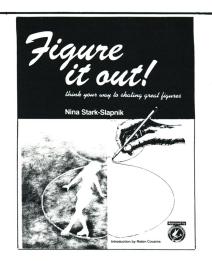
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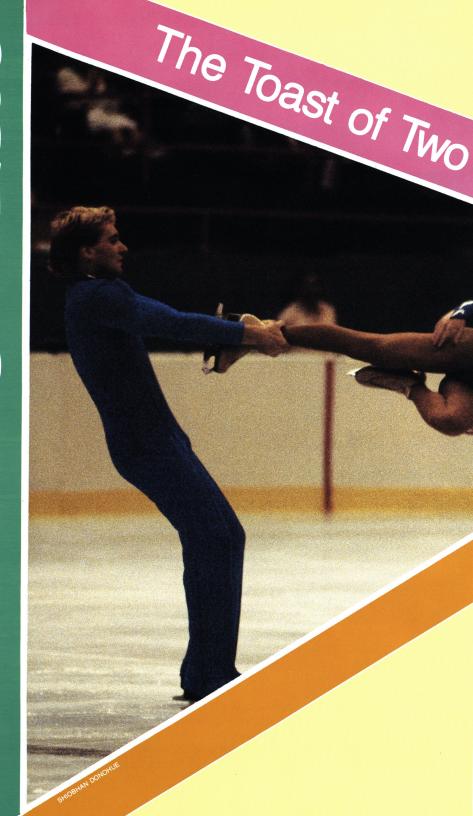
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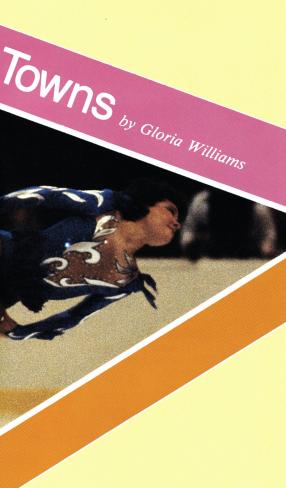
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Katy Keeley and Joseph Mero, the 1987 U.S. Pairs bronze medalists, have a favorite inside joke. They enjoy puzzled looks when, with straight faces, they state that the toughest thing to get through since their teaming up in March 1984 has been the 1984 World Series.

The World Series? In an interesting coincidence, the 1984 Series was between the San Diego Padres—Katy's hometown—and the Detroit Tigers—Joe's hometown. The new couple survived Katy and Joe rooting for opposite teams that fall, and figure skating fans in both San Diego and Detroit are now cheering the pair's success story.

Katy and Joe brought very similar histories to their pairing that has proven effective. Katy, twenty-two, is the much-cherished on-

ly daughter, after two sons, of
Jane and Joe Keeley, both of
whom have become USFSA
judges during Katy's skating
career.

At age nine, she started skating because "it was there" at a new rink in her neighborhood. She grew up competing along with three other neighborhood kids who have become National and World competitors and champions—Tiffany Chin, Erik Larson, and dancer Jill Heiser.

Katy, the San Diego Figure Skating Club's only double gold medalist, was a very successful ladies' single competitor. She advanced to Pacific Coast sectional competition in Novice, Junior, and Senior levels: no small feat in the highly competitive Southwest Pacific region. However, in 1982 she realized that she had to set a new goal for herself in skating.

"I faced the fact that I hadn't trained, worked hard enough, or done the right things to be a top singles skater," Katy said, "so I just decided I'd find a new skating dream for myself."

Katy's tiny frame and exuberant personality seemed perfectly suited for pair skating, and has proven right from the start. She was matched with experienced pair skater Gary Kemp of Dallas by San Diego coach John Baldwin in the spring of 1982. In less than three months she had passed the Junior Pair test and placed sixth with Gary in the U.S. Sports Festival. Katy and Gary passed the Gold Pair test that summer and the two made

a promising sixth-place debut in the 1983 Pittsburgh Nationals under coach John Nicks, who had accepted them for training in Costa Mesa, California in the fall of 1982.

Persistent injuries and lack of funds prompted Gary to call it quits after the two dropped to seventh place in the 1984 Nationals at Salt Lake City. Enter: Joseph Francis Mero of Detroit.

Joe, who will be twenty-three in November, is also a much-cherished child, the long-awaited only child of Bernie and Joseph Robert Mero.

While Katy was paying her dues in the skating circles of sunny California, Joe was learning the skating basics on both wheels and blades in far-less-sunny southern Michigan. He started on roller skates at the age of five, switched to blades five years later, and actually competed on both for a few years.

Once the commitment to figure skating was made, he advanced to Nationals as both a Novice and Junior single competitor, finishing sixth and fourth in 1978 and 1982, respectively.

"I was going through the same thing that Katy was in 1982," said Joe, "trying to decide whether or not to continue in singles. Even though the percentages of a man making it in singles are better, the top seven men in the country were competing in my section. I decided to try pairs."

Under coach Johnny Johns of Detroit, Joe placed fifth in U.S. Junior Pairs with Maria Lako in 1983. After moving to Colorado to train with coach Jack Courtney in 1984, he won the National Junior Pairs bronze medal with Tammy Crowson.

Even so, Katy and Joe agree it was "in the air" at the 1984 Nationals in Salt Lake City that both were in the market for a new partner. They had met and liked each other at the 1984 Sports Festival, and before the U.S. Championship trappings had been removed from the Salt Palace, Joe had proposed the possibility of a new match to Katy. She hustled him off to meet coach Nicks who gave his approval for a "check-it-out period" back in Costa Mesa.

Everything clicked, and with the specifically mutual goal of aiming for the 1988 Olympics in Canada, the trio of Keeley, Mero, and Nicks went to work.



Katy Keeley and Joe Mero with their mascot, Huit Huit.

Katy and Joe made their debut together in April 1984 at a show in Detroit that he had starred in for many years. Knowledgeable observers joined Joe's lifelong fans and Katy's on-hand boosters in declaring the two-month-old match one to watch. They skated to "Memories" from *Cats* in white outfits, and shortly after that memorable experience, Katy acquired a white cat that has become their mascot.

The registered name of the purebred shaded silver Persian Chinchilla is "Katy's Olympic Dream Huit Huit," but she is called "Huit Huit" for short. (That is pronounced "wheat wheat" and means "eight eight" in French, Canada's second language.)

From this inspiring beginning, the pair went on to make an impressive showing at their first competition together, winning the silver medal at St. Ivels in September 1984—before they had ever been to Nationals together. Making it at Nationals proved to be a bigger challenge. Katy and Joe—and their fans—took roller coaster rides in both 1985 and 1986 as the pair placed third in the short program both times but slipped out of medal territory following the long.

The U.S. Olympic Festival of 1986 proved to be a turning point.

"We were so angry at ourselves for finishing behind again that it really built a fire under us," said Katy. "I knew that not facing up to the fear connected with competition was getting in the way of us doing our best, and I made up my mind to come to terms with it." she added. "I just decided to admit that I'm nervous, and so is everyone else, so why should I let it ruin our performance."

"I gained confidence from that approach, too," said Joe, "and just competing a lot helped."

That "competing a lot" Joe talked about started with a decisive victory in the 1986 Skate America in Portland, Maine.

"I could see the difference in them the very next day in the exhibitions," said Jane Keeley. "Suddenly they looked and skated like champions."

The Skate America triumph was followed with a convincing fourth-place finish at Skate Moscow in December and a Pacific Coast title outing in the sectional championships, right off the plane from Russia.

"By the time we got to Tacoma, we didn't have any nerves left," they agreed with a laugh.

Their new-found confidence certainly showed in Tacoma. They reversed the sad endings of their two previous U.S. Championships by pulling up from fourth in the short program to the bronze medal with a flawless long program. It was an experience to savor and build on.

Keeley and Mero do all of their on-ice training under the direction of coach Nicks, who even fills the role of psychologist so popular in all sports today.

"Katy and Joe are completely different from any other pairs I've worked with," said Nicks, whose alumni include World champions Tai Babilonia and Randy Gardner and World medalists JoJo Starbuck and Ken Shellev.

"They came together when they were older and had a very clear idea of what they wanted to achieve. This has certainly given them a lot of strength and unity," Nicks said.

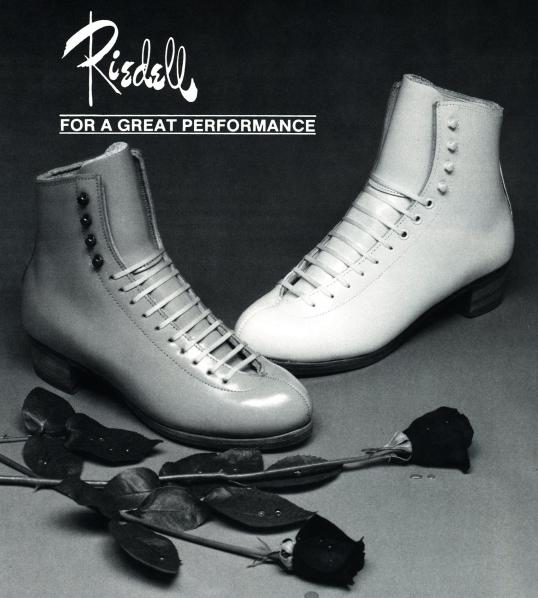
"In addition to their great difference in body size, which makes it possible for them to do far more technically difficult things than my previous pairs, they have completely opposite personalities.

"She's very outgoing, and he's very laidback, so they complement each other and are

Continued on page 55



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#### **OCTOBER**

- 2 Judges' School Level B, sponsored by the Central California Inter-Club Association, at the Belmont Iceland, 815 Old County Rd., Belmont, CA 94002. For information contact: Joan McDonnell, 1018 Los Robles, Palo Alto, CA 94306, 415-493-1756 or 415-324-1800.
- 2-4 Golden West Championships, sponsored by All Year FSC, at the Culver Ice Arena, 4545 Sepulveda Blvd., Culver City, CA 90230. Figures and Freestyle, Pre-Preliminary through Senior (initial and final rounds). For information contact: Ron Nichols, President, All Year FSC, 7842 1/2 Flight Ave., Los Angeles, CA 90045, work, 213-648-1507 or home, 213-216-0797.

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- 3-4 Judges' School Level A, sponsored by the Central California Inter-Club Association, at Belmont Iceland, 815 Old County Rd., Belmont, CA 94002. For information contact: Joan McDonnell, 1018 Los Robles, Palo Alto, CA 94306, 415-493-1756 or 415-324-1800.
- 3-4 5th Annual Open Figure Skating Competition, sponsored by the Suncoast FSC, at the Sun Blades Ice Rink, 13970 Icot Blvd., Clearwater, FL 33520. For information contact: Sun Blades 536-5843.
  - 6 Meet the Celebrities, sponsored by the FSC of Billings, at the Centennial Ice Arena, 427 Bench Blvd., Billings, MT 59101. A March of Dimes fund-raising event featuring public skating and a raffle for tickets and a backstage pass to "Stars On Ice." For information contact: Sherry Eliasen, 406-252-9138.
- 9-11 6th Annual Challenge Cup Competition, sponsored by the Philadelphia SC & HS, Holland Ave. & County Line Rd., Ardmore, PA. For information call: Liz Munder or Judy Altschuler, Co-Chairmen, at the Philadelphia SC & HS, 215-642-8700.
- 9-11 1987 Conejo Valley Open Skating Championships, sponsored by the Conejo Valley FSC, at the Conejo Valley Ice Skating Center, 510 Ventu Pk. Rd., Newbury Pk., CA 91320. Figures and Freestyle events. For information contact: Gayle Bondio, 207 Venado Ave., Thousand Oaks, CA 91320, 805-499-4735
- 9-11 14th Gateway Invitational Competition, sponsored by the Brentwood FSC, at the South County Recreation Complex, 6050 Wells Rd., St. Louis, MO 63128. Championship events (singles, pairs, dance, adult dance); Non-Championship figures; freestyle and compulsory moves; similar pairs; interpretive with a theme; adult figures; adult freestyle and solo dance. For information contact: Cynthia Allen, 22 Log Cabin Dr., St. Louis, MO 63124, 314-994-1336.
- 15-18 Eighth Annual Open Competition, sponsored by the FSC of Madison, at the Madison Ice Arena, 725 Forward Dr., Madison, WI 53715. Freestyle, Figures, Dance (solo & pair), Pair Freestyle and Compulsory Moves events. For information contact: Loretta Zinkel, 608-238-4420 or Alice Appen 608-238-9832.
- 16-18 Ice Dance Weekend and Clinic, sponsored by the Fairbanks FSC, at the Big

Dipper Ice Arena, Fairbanks, AK. Featuring Nesta Davies and Glenn Patterson. Clinic will cover "Expression" and will include Variation Dance. Friday night dance theme is the 50's. For information contact: Randi Wagner, 178 Crest Dr., Fairbanks, AK 99712, 907-457-3717.

#### **NOVEMBER**

21-22 Amherst Invitational Competition, sponsored by the Amherst SC, at the Amherst Audubon Recreation Center, 1516 Amherst Manor Dr., Williamsville, NY 14221. Freestyle, Music Interpretation, Solo Dance, Similar Pairs, and Compulsory Moves events. For information contact: Mrs. Carol Aquilina, 206 Conant Dr., Kenmore, NY 14223, 716-834-5723.

#### **DECEMBER**

- 1-5 Pacific Coast Figure Skating Championships, sponsored by the Stockton FSC, at the Oak Park Ice Arena, Stockton, CA. Qualifying competition for 1988 Sectionals. For information contact: Mae Eley, 209-823-1813 or Marilyn Flock, 209-477-2487.
  - 5 Holiday Season Competition, sponsored by the Columbus FSC, at the Ohio University Ice Rink. Freestyle competition, Juvenile and below. For information contact: Marcia Ouellette, 614-486-1305.
- 30 25th Birthday Party for the FSC of Madison, sponsored by the FSC of Madison, at the Madison Ice Arena, 725 Forward Dr., Madison, WI 53715. Refreshments, exhibitions, display of FSC of Madison memorabilia, old movies and videos, and media coverage. For information contact: Kathy Page 608-233-4927, Pat Puccio 608-833-1526, or Joyce Rosevear 608-231-2333.

#### **Sports Medicine**

Continued from page 15

is to respond effectively to the athlete's needs during workouts. While the trainer observes workouts, he will record the athlete's performance on flow sheets, and make a summary after each workout of the progress toward the goals that have been set.

Karen Berger is a member of the USFSA Sports Medicine Committee and the La Jolla FSC. A skater and the mother of a competitor, she has a M.S. in nursing and a doctorate in educational leadership.



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# Carol Fox and Richard Dalley:



or Carol Fox and Richard Dalley, winning the ice dancing title at the World Professional Figure Skating Championships last December was particularly meaningful. As amateurs, despite their considerable skill and artistry, they had never been National Senior Dance Champions. At various times throughout those competitive years, the skating world had been more than ready to count them out, have them hang up their skates. Becoming World Pro Champions, then—in the process receiving perfect 10's for one number and besting longtime rivals Judy Blumberg and Michael Seibert—was the ultimate comeback, a tribute to their fourteen years together through ups and downs that would have defeated a less determined team.

"When Dick Button invited us to do the event, with Mike and Judy being the other couple, we really didn't anticipate winning; you have to face history," Richard recalls a few months later referring to the fact that he and Carol had always been second or third to the five-time U.S. Senior Dance titlists. "But once we were there, we felt very confident in our material and because we'd been performing almost daily for three years with Ice Capades. Especially after winning the first number—then we really became unified and believed not only that we could win, but that we would win. Mike and Judy took it very well. It had to have been a tough defeat, but they were very good about it."

"It felt wonderful to win, and it still feels wonderful," Carol adds. "I was really sick for the competition—I'd had a cold two months earlier that became a throat infection and hit some serious points after that, and I was taking medication that made me dizzy. I'd been training for this event, performing with Ice Capades, and making a costume for an amateur skater. But I feel if you want something badly enough and it's worth going after then you can find the time and energy, and thank goodness I did."

It is just that kind of tenacity which has characterized the team throughout their sometimes turbulent amateur career—their "always the bridesmaid" medal status, just missing Olympic and World Teams, various injuries—as well as their more placid professional undertakings—Ice Capades stardom,

winning a pro competition in South Africa, and guesting with Scott Hamilton's show.

Says Richard, "One of the biggest compliments coaches give us, when we travel around now, is that they use us as an example for their students, for not quitting too soon. We're a team that's been through it all... fighting to the finish."

Carol picks up, "You can't be blind to what's going on around you, but you have to be smart enough not to quit before your time, or before you feel you've reached your peak." She cites, for instance, the 1983 National Championships, where the team finished third, having lost months of ice time due to Richard's broken leg, and did not make the World Team. "What do you do? You brood, you cry, you kick, you get really good and mad, and you try to get things back into perspective. Perspective for us was our goal of competing in the Olympics, being part of the '84 spirit. We came back, we worked very hard in spite of the big disappointment and we were there."

Both maintain that they view such disappointments not as depressing "downs," but as character-building learning experiences. "And," Richard points out, "what goes round comes round. We're now one of the few dance teams that are contracted with a professional show. We are working and making a good living. It all works as part of the same package."

The two joined Ice Capades after the 1984 competitive season, in which they finished second nationally, fifth at Olympics, and eighth at Worlds. The transition to the professional world was fairly smooth, due to their previous ISU touring experience and the fact that they were older than most brandnew pros. Carol will be thirty-one in November; Richard just turned thirty.

Among the biggest adjustments, they say, have been learning to pace themselves through up to thirteen shows a week, performing with illnesses and injuries, and skating under less than ideal ice conditions. "I remember as amateurs, we wouldn't do our free dance run-throughs if the Zamboni had broken down or the ice was bad," Carol chuckles. "We'd say, 'Well, it's our day off,' or we'd just work on little bits and pieces, nothing over thirty seconds. Now we're skat-

ing over feathers and sequins and beads."

Just as their amateur exhibition number to "Some Enchanted Evening" became their trademark, in Ice Capades the duo has become identified with the hauntingly beautiful theme from Sophie's Choice, which they performed for the last two years with their characteristic flowing elegance.

"We tried making changes in the number—a lift here, a sequence there—to keep it stimulating for us, but we were never successful," according to Carol, "because it's one of those numbers that was choreographed perfectly to the music, to tell a story. That's something we really watch for in our programs: when we hear a highlight in the music we don't ignore it because we're setting up for a lift or something else several measures of music later. I think today's competitors are getting too interested in tricks and stunts and are kind of shying away from what music is telling them choreographically. You just can't ignore that."

This season, their numbers range from a razzle-dazzle opening fanfare to the more classical, intricate "Night Waltz" from A Little Night Music to a splashy, energetic Fred Astaire-Ginger Rogers medley, pointing up the versatility which has always been one of the team's strongest assets. "We have a classical line, but we can do things that are dramatic and sharp," Carol notes. "As amateurs, our skating was of a more dramatic style, one that was a little different from the rest of the crowd. It was good for us, though it may not have been as conducive to the competitive structure. But you have to please yourself as a skater."

"That's so hard to appreciate," Richard adds. "Because as amateurs, we'd have respected pro skaters telling us, 'Be yourself, do what you feel is rewarding,' and then you'd have judges and coaches telling you, 'You have to do this.' But I'd tell competitors now the same thing: Be yourself, do what makes you happy.'"

The two maintain contact with that amateur world, returning to their former coach, Ron Ludington, in Wilmington, Delaware two months each year to teamteach his students. Carol, who made the twosome's amateur costumes, has also done costume design and choreography for Luddy's competitors, and Richard serves on the

USFSA Dance and Athletes Advisory Committees. "And," says Carol, "traveling with the show, it's just great to come into a city and have someone—a skater, judge, or official—come backstage. You really miss that world, and in a way you see how much you're missed, too."

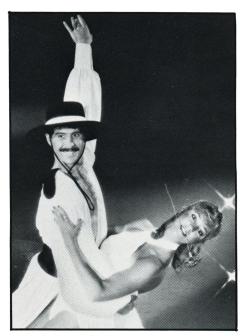
During their years in the professional world, both feel that they have become more refined artistically, more comfortable with their skating, and more personally mature; among the Capades company, Richard's longtime nickname "Beanie" has even been changed to the more sophisticated "Monsieur Le Bean." Of necessity, the team has become more of a business proposition, but the twosome's personal relationship remains warm and mutually supportive.

"I think part of our success is due to the fact that people can sense that Carol and I are very important to each other," Richard conjectures. "We've been friends for years and years, we've grown together, have the same goals and desires. There is a bond, a unity there on the ice that presents a very comfortable picture to the audience."

"We're very special people to each other," Carol continues. "I don't know how better to express it. We don't date, but we love each other and have a certain intimacy."

"We did date each other for four years and the families may still think we're going to be married!" Richard goes on. "So we've been through that and are still together. We've gone through starting out on roller skates and making the transition to ice, moving from our homes in Michigan to Wilmington, making World and Olympic Teams, not making Teams, handling the change to becoming professionals, and we're still together after fourteen years. I think that speaks highly of the relationship."

The two plan to be together for some time to come. They look forward to defending their World Professional title this winter and, when the time comes to leave Ice Capades, to exploring other performing venues. Carol hopes to build her skating costume design business—she attended classes at the Fashion Institute in New York last summer—and do more teaching and choreography. Richard would like to use his influence to help unify the amateur and professional skating worlds, creating a competitive circuit similar to those



in skiing and tennis. His non-skating career, he says, may lie with his family's carpeting business in Michigan or in real estate; he recently took his real estate license exams. On the personal side, both are beginning to feel a desire to put down roots, establish a home base and at some point find, as Carol puts it, "your one and only."

"The skating world has taught us to be patient and want the very best," she says. "Richard and I have so much experience with personal relationships in getting along with each other, going through the drastic highs and lows, that now we're really picky as to whom we're involved with. Most married couples don't have the faintest idea of what they're getting into. We already know."

They have learned and gained much from the skating world—international recognition, travel, friends, the opportunity to make a living in the field they love. What do they feel, in turn, will be their greatest contribution to the sport?

For her answer, Carol cites the example set by the pair of JoJo Starbuck, whom she herself resembles, and Ken Shelley, still going strong after twenty-eight years together. "They always come back and are better every time you see them, always have new work, which now is maybe more theatrical than technical. They still bring happy faces to many people and so much joy to everyone's hearts. I think our contribution has been, and will be, very much the same."

#### Keeley & Mero

Continued from page 47

effectively bringing out the opposite traits in each other. They're so together they sometimes gang up and outvote me when problems come up," Nicks laughed.

Besides their skating training, Katy and Joe take off-ice jazz and ballet lessons. They both also manage to enjoy some social life in separate circles and hold part-time jobs at local restaurants in addition to going to school. Joe is studying financial planning, and Katy is taking acting lessons.

"It's a pretty busy life, but we can rest when we get older," shrugs Katy with the trademark freckled impish grin, that makes it easy to believe she is a cousin to cartoonist Bill Watterson, creator of "Calvin and Hobbes."

Preparation for the new season has been focused on refining and polishing, aimed at

not only achieving their major goals but "making it a joy to watch us skate," Katy and Joe agreed.

They got off to a good start in the new season this year by presenting a technically sharp and crowd-pleasing performance at the U.S. Olympic Festival in July. Now they are primed to challenge the All Hallows Eve black cat superstition by delivering some Huit Huit-inspired "treats" later this month at Skate Canada. The pairs long program, by chance, will be skated on Halloween afternoon at the Saddledome, one of the Olympic skating venues in Calgary.

Katy and Joe are also scheduled to compete at NHK in December, and then it will be on to the 1988 National Championships in Denver. There the plan is plain: to present two super loving and supportive sets of parents and a lot of fans in San Diego and Detroit with a top caliber performance and to make a feline dream a reality.

#### Skaters and Scholars:

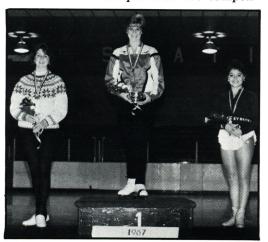
#### 1987 NATIONAL COLLEGIATE CHAMPIONSHIPS

COLORADO SPRINGS, COLORADO, AUGUST 20-22, 1987



Colorado Springs was the site for the third annual National Collegiate Figure Skating Championships, hosted by the Centennial Skating Club. The event, sponsored by the USFSA and inaugurated in 1985, has shown continued growth in size and stature, and this year included the addition of Senior Pairs and Junior Dance divisions.

The opening Draw Party was held at the World Figure Skating Hall of Fame and Museum, adjacent to the USFSA National Headquarters. The competi-



FIGURES — SENIOR LADIES
Kathaleen Kelly, Gold; Becky Dever, Silver
Noreen Kelly, Bronze

tion got underway at the Mark Sertich Ice Center in Memorial Park with the Senior compulsory figures, which in the Collegiate Championships are skated as a separate medal event. Not all competitors entered both figures and freestyle.

Kathaleen Kelly, of Harvard University, took the gold medal in the Senior

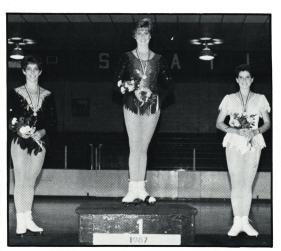


FIGURES — SENIOR MEN Steven Rice, Gold; Kelby Riley, Silver

Ladies' figures, improving her silver medal showing of last year. Becky Dever, of Phoenix College, placed second, and Noreen Kelly (the second of three Kelly sisters) of Wheaton College, received the bronze.

In the Senior Men's compulsory figures, Steven Rice, Pierce College, took an early lead which he held for first place, followed by Kelby Riley, State University of New York, Plattsburgh, in second.

In the Ladies' freestyle, Becky Dever, skated a clean short program to take the lead, followed by Cristen Wisner, Mid-



FREE SKATING — SENIOR LADIES
Kathaleen Kelly, Gold; Cristen Wisner, Silver;
Carla Schultz, Bronze

dlesex Community College, in second, and Maria Zarko, St. Mary's College, in third, with Kathaleen Kelly in fourth.

The Ladies' freestyle was a head-on battle for the title. Dever surrendered her lead with a less than expected performance, following her strong short. She placed fifth in the long and fourth overall. Wisner showing strength and style placed third, for a final silver medal finish.

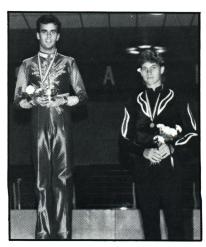
Carla Schultz, Pikes Peak Community College, came back from a sixth-place start in figures to do a dynamic and dramatically interpreted long program that gave her second place from the judges and a final bronze medal. It was the veteran, Kathaleen Kelly, who skated flawlessly with assurance and determination to take first in the long and the gold medal, regaining her 1985 National Collegiate Freestyle Champion title.

In the Senior Men's freestyle competition, Steven Rice placed first in the short program over Darin Hosier, George Mason University, who finished second, and Kelby Riley in third. A fall on the combination aggravated an injury, and Riley later was forced to withdraw.

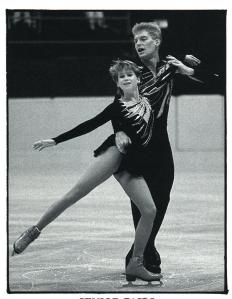
The long program was dominated by Rice, who shows a new assuredness and strength in his skating than seen in past years, and completed a finely executed triple flip-double loop and a stylish double flip with hand overhead, to become a double gold medal winner. Hosier's program was one of contrast between highly athletic content and a slow interpretive guitar section. Good height on jumps is his trademark and an especially showy death drop brought a well-deserved reception from the audience and the silver medal.

The Senior Pair division began strongly with Lori Blasko and Todd Sand, California State University at Northridge, taking the lead in the short program. Two brother and sister teams followed: Shanda and Brandon Smith, Oakland University, in second; and Sara and Robert Powell, University of Delaware, in third. (The Powells, originally entered as a Junior Pair, skated up a division, due to a lack of Junior entries, and remarkably added time to their already established long program with successful results.)

Positions changed in the long program affecting the final medal results. Blasko



FREE SKATING — SENIOR MEN Steven Rice, Gold; Darin Hosier, Silver



SENIOR PAIRS Lori Blasko & Todd Sand, Gold

and Sand maintained their lead with unanimous first placements by the judges with a strong and innovative program to music from *Oklahoma Crude* that included a seldom-seen double Axel twist lift and fine positions in lateral press and star lifts.

The Powells placed second, incorporating a pair Bauer to a back camel spin, and an unusual pull-through into a death spiral. The Smiths finished third with well executed throw double Salchow and throw Axel jumps.

Blasko and Sand received the gold medal, the Powells the silver, and the Smiths the bronze.

The Junior Dance division began with Holly Robbins and Jonathan Stine, Pikes Peak Community College, taking an early lead over Regina Woodward and James Curtis, St. Joseph's University, in second. Elisa Curtis, St. Joseph's University, and Neale Smull, University of Delaware, were in third.

The free dance results gave the same standings, with Robbins and Stine holding firmly to their lead through a



JUNIOR DANCE
Holly Robbins & Jonathan Stine, Gold

delightful rendition of popular melodies of the thirties and forties for the gold medal and the National Collegiate Junior Dance Championship title. Woodward and Curtis earned the silver medal, and Curtis and Smull were awarded the bronze.

The Championships ended with a competitors' party at the Olympic Training Center. With continued growth of interest by both competitors and spectators, the National Collegiate Championships look to have a bright future with everyone looking forward to the 1988 event.



Certificates were awarded to participants by Patricia Hagedorn, President Hugh C. Graham, Jr., and NCC Chairman Carol Alldis.

#### **FIGURES**

#### SENIOR MEN

JUDGES: A-Lester M. Cramer, M.D., Colorado Springs, CO; B-Barbara D. Holland, Columbus, OH; C-Taffy Holiday, Hartsdale, NY; D-Oscar T. lobst, Jr., Churchville, PA; E-A. Jim Larkin III, Salt Lake City, UT; F-Nancy Meiss, Cincinnati, OH; G-Patricia J. Smart, Seattle, WA. REFEREE: Walter H. Lupke, Jr., Fort Wayne, IN. ACCOUNTANT: John Chrien, Shaker Heights, OH.

	Α	В	С	D	Е	F	G	М
1.	Steven	Rice						
	Pierce	e Colle	ge					
	1	1	1	1	1	. 1	1	7/1
2.	Kelby F	Riley						
	State	Unive	rsity of	New	York,	Platts	burgh	
	2	2	2	2	2	2	2	7/2

#### SENIOR LADIES

JUDGES: A-L.M. Cramer, M.D.; B-B.D. Holland; C-T. Holliday; D-O.T. lobst, Jr.; E-A.J. Larkin III; F-N. Meiss; G-P.J. Smart. REFEREE: W.H. Lupke, Jr. ACCOUNTANT: Janet H. Fry, Portland, OR.

	Α	В	С	D	E	F	G	M
1. I		een K						
	Han	ard U	nivers	ity				
	1	4	1	1	1	1	1	6/1

2.	Becky	Dever						
	Pho	enix C	ollege					
	2	1	2	2	2	4	3	5/2
3.	Noree	n Kelly	,					
	Whe	aton C	College	•				
	4	5	4	7	5	2	2	4/4
								TO 29
4.	Eileen	Groth						
	Univ	ersity	of Birr	mingh	am, Er	ngland		
	6	2	6	4	4	2	7	4/4
								TO 3
5.	Kathy							
	Univ	ersity	of Col	orado,	Color	ado S	prings	
	3	5	3	5	7	5	4	6/5
6.	Maria							
	St. I	Mary's	Colle					
	5	3	6	3	6	7	8	5/6
							Т	OM 23
7	Criste	n Wisn	er					

#### 8 6 5 **TOM 26** 8. Mindy Flynn

Middlesex Community College

#### Mesa Community College 4/7

3

5/6

#### FREE SKATING

#### SENIOR MEN

JUDGES: A-L.M. Cramer, M.D.; B-B.D. Holland; C-T. Holliday; D-O.T. lobst, Jr.; E-A.J. Larkin III; F-N.Meiss; G-P.J. Smart. REFEREE: W.H. Lupke, Jr. ACCOUNTANT: J.H. Fry.

	SP	FS	PLACES
1.	1	1 Steven Rice, Pierce College	1.4
2.	2	2 Darin Hosier, George Mason University	2.8
Kelby	/ Riley	y, State University of New York, Plattsburgh, withdrew	

#### SENIOR LADIES

JUDGES: A-L.M. Cramer, M.D.; B-B.D. Holland; C-T. Holliday; D-O.T. lobst, Jr.; E-A.J. Larkin III; F-N. Meiss; G-P.J. Smart. REFEREE: W.H. Lupke, Jr. ACCOUNTANT: J.H. Fry.

	SP	FS		PLACES
1.	4	1	Kathaleen Kelly, Harvard University	2.6
2.	2	3	Cristen Wisner, Middlesex Community College	3.8
3.	6	2	Carla Schulz, Pikes Peak Community College	4.4
4.	1	5	Becky Dever, Phoenix College	5.4
5.	7	4	Mindy Flynn, Mesa Community College	6.8
6.	3	6	Maria Zarko, St. Mary's College	7.2
7.	10	7	Kathy Binkowski, University of Colorado, Colorado Springs	11.0
8.	8	8	Lisette Kelly, Skidmore College	11.2
9.	9	9	Alanna Gornish, George Washington University	12.6
Jan	Mary	Bomb	passei, University of Connecticut, withdrew	

#### SENIOR PAIRS

JUDGES: A-L.M. Cramer, M.D.; B-B.D. Holland; C-T. Holliday; D-O.T. lobst, Jr.; E-A.J. Larkin III: F-N. Meiss: G-P.J. Smart. REFEREE: W.H. Lupke, Jr. ACCOUNTANT: J.H. Frv.

1.	SP	FS	Lori Blasko & Todd Sand, California State University,	PLACES
	1	1	Northridge	1.4
2. 3.	3 2		Sara Powell & Robert Powell, University of Delaware Shanda Smith & Brandon Smith, Oakland University	3.2 3.8

#### JUNIOR DANCE

JUDGES: A-L.M. Cramer, M.D.; B-O.T. lobst, Jr.; C-A.J. Larkin III; D-N. Meiss; E-P.J. Smart. REFEREE: W.H. Lupke, Jr. ACCOUNTANT: J.H. Frv.

	CD	FD		PLACES
1.	1	1	Holly Robbins & Jonathan Stine, Pikes Peak Community	1.6
			College	
2.	2	2	Regina Woodward & James Curtis, St. Joseph's University	3.2
3.	3	3	Elisa Curtis, St. Joseph's University & Neale Smull	4.8

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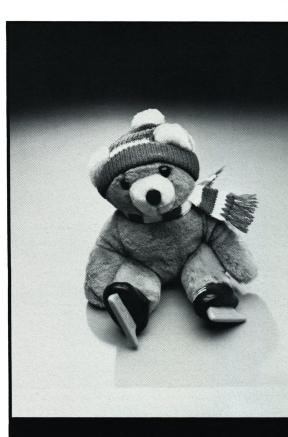
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SC OF AMHERST: PF-April Zenisky.

AMHERST SC: PRE-Julie Spanos, Kerri Page. PF-Julie Spanos, Kerri Page.

ANCHORAGE FSC: PRE-Aleta McEwen, Anne Ramos, Elyse Saugstad, Melanie Faber. 1-Holly Matthews, Rachel Pearce, Tam Morino. 3-Michelle Zarkovich. PF-Aleta McEwen, Anne Ramos, Elyse Saugstad, Melanie

Faber. JF-Donna Garner. P DT-Anne Ramos. BR DT-Donna Garner.

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article. Matthews sets up training programs for pairs, dancers, and singles skaters in the San Diego area. He emphasizes that injury can result when proper body alignment is not maintained while using weight training and other apparatus.

#### Setting up a safe program

The key to setting up a safe conditioning program is finding your way to training experts. All of the sports doctors interviewed stressed the importance of having knowledgeable people—sports physicians, exercise physiologists, and experienced athletic trainers involved in setting up and supervising a training program.

What are the components of a safe program? What services should the skater expect? A good program begins with pre-testing the athlete's strength, flexibility, and cardiovascular fitness level to get an idea of what his needs are and how rigorous a routine he can tolerate at the start. An evaluation by a sports physician or physical therapist of preexisting health problems should also be done for the same reasons, and this would include screening for any symptoms indicating the presence of "wear and tear" or stress injuries. so common among skaters. Such injuries, if ignored, could be aggravated by a conditioning program. The sports medicine expert will inquire about the athlete's sport and his immediate and long-term performance goals.

With this baseline information to work from, a training expert working in collaboration with the physician, sets up an individualized program—one that is not shared by others using the training facility. If it seems appropriate, referral to a nutritionist may be suggested.

Before the athlete begins his first workout, the trainer will teach him the warm-up and cool-down routine, orient him to proper use of the apparatus, and inform him of how many sets and repetitions he can safely do. During the first visit and thereafter, the trainer will go over the training plan with the athlete, emphasizing the proper scheduling and duration of training exercises, and the symptoms of "overdoing" training routines.

During workouts, a qualified person should be in attendance at all times. Matthews stresses that the trainer should be out on the floor and not back in the office, if he

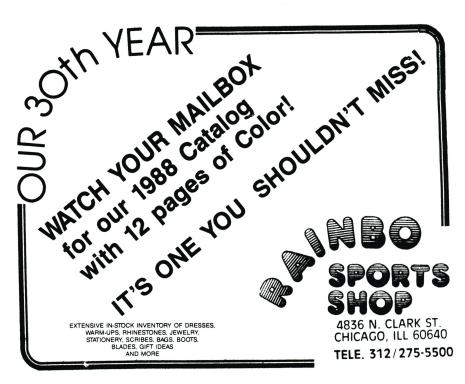
Continued on page 51

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CHARTER OAK FSC: PRE-John Lewis III. 1-Diana Oparowski. 2-Julie Zihal. 4-Jennifer Marsh. PF-Anne Dixon. JF-Diane Hernandez. P DT-Melissa Metzler. BR DT-Hannah Pask. PS DT-Shannon Bayreuther. S DT-Laurie Steinberg. PG DT-Anders Wisnewski.

CHESHIRE FSC: PRE-Leigh Garner. PF-Leigh Garner, Sarah Foskett. P DT-Jennifer Johnson, Leigh Garner.

CHICAGO FSC: JF-Erin Moorad, Gia Battaglia. IF-Victoria Pietrasik.

CHRISTMAS BROOK FSC: P DT-Brock Whalen. BR DT-Michelle M Moon.

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CLINTON FSC: PRE-Bridget Bohn, Meghan Deery. 6-Kelly Hardy. JF-Julie Garrabrant.

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COLUMBIA FSC: PRE-Angela Maiwurm, Erica Vickers. PF-Angela Maiwurm, Erica Vickers. JF-Anna Erickson. JRF-Jeannen Selger.

COLUMBIA FSC OF MD: PRE-Katherine Yeiser. PF-Katherine Yeiser. IF-Laura Novak. BR DT-Julie Peacock.

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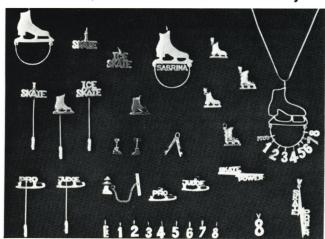
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ENCHANTED MOUNTAIN FSC: JF-Christin Forney.

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FLAGG POND SC: PRE-Darlene Pesta. 1-Heather Morang. 3-Jennifer Hunt. 4-Erin Payton, Jennifer Howard. PF-Cynthia Cucinotti, Darlene Pesta, IF-Heather Fulcher, NF-Heather Callaghan,

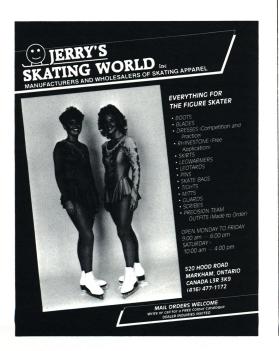
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Continued from page 63

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#### People, Places & Faces

Continued from page 41

1967. She had been a member of the NSA for eighty years. Her wit and challenging mind will be greatly missed by all who were privileged to know her.

Bob Van Wesemael, professional ice dance coach passed away this summer from Lou Gehrig's disease in Baltimore, where he had been teaching in recent years. He was a pioneer of "dancing in the desert," having successfully coached Skating Club of Phoenix teams Ford and Parriott, Ford and Patterson, Oxford and Bond, and Shepard and Witt to medals in regional, sectional, national, and international competitions. Burial services were held in Detroit.

The skating world was greatly saddened to learn of the death of David Leonardi. October 4. David was a longtime friend of skaters and skating, and was one of its most prominent and well known photographers. He passed away after a relatively short illness, having been stricken with cancer following the World Championships in Cincinnati, where he was official protocol photographer. The works of Leonardi have appeared in Skating magazine and all other major publications for over twenty years. Hundreds of skaters relied on his skill and artistry for their publicity pictures, and he was a master of black-and-white photography. In a future issue, a tribute to the man and his work will be presented in *Skating*.

# ANSWERS TO "YOU MUST HAVE BEEN A BEAUTIFUL BABY" pages 6 and 7.

Peter Oppegard.
 Christopher Bowman.
 April Sargent.
 Jill Watson.
 Daniel Doran.
 Caryn Kadavy.
 Russ Witherby.

#### **Memorial Fund Donors**

Continued from page 39

Miskoe, Dorothy Nyman, Mary Lou Olmo, Roberta Parkinson, Florence Sifferd, Carolyn Tonidandel, Mary Jane Underwood, Mark Yates: Ice & Blades Club of Washington, PA Judges Herman Birmbaum, Wilfred Burgart, Charles W. Dillie, JoAnne Harvey, Marge Heslin, Mary Lou Olmo, Bobbie Parkinson, Esther Petrick, Mary Jane Underwood:



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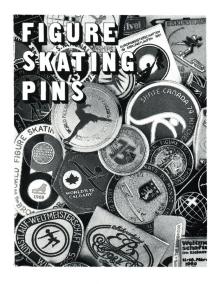
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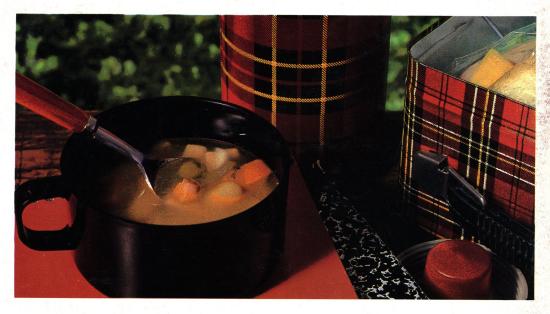
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