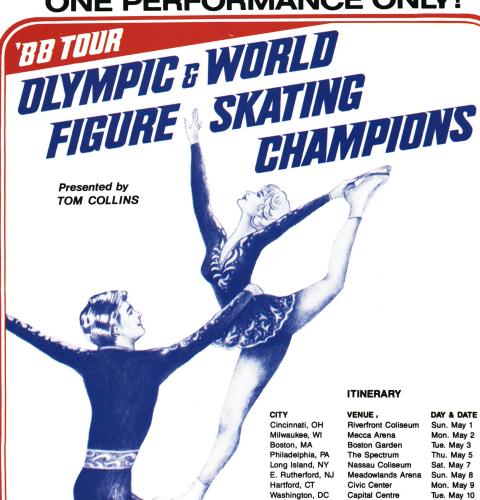
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VOL. 65 NO. 2 **Skilling** FEBRUARY 1988







page 19

page 26

page 22

Maria's Christmas	19
Scott Hamilton: Portrait of a Champion by Kristin Matta	22
1988 U.S. Championships: A Rocky Mountain High Staff Report	26
New Englands Photo Essay	44
Eastern Great Lakes by Bonnie Duval	47
Southwest Pacifics by Janis Krauthamer	51

	Depa	artment	ts .	
Official Notes Ice Abroad French National Championships European Championships Sports Medicine Ice Dancing Memorial Fund Donors	4 7 8 11 13	20 25 49 59 62 66	Calendar of Events Club Management Ricky Harris Classifieds Laurels Advertisers' Index	

Cover: Scott Hamilton visits the display of his 1984 Olympic gold medal in the World Figure Skating Museum. PHOTO BY DALE MITCH

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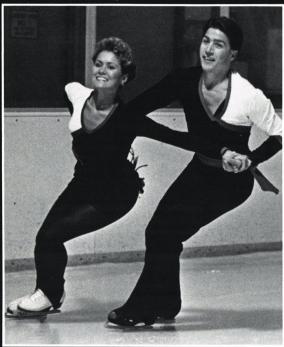
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FRENCH NATIONAL CHAMPIONSHIPS

November 7-8, 1987 – Lyon December 19-20, 1987 – Grenoble

by Jean Christophe Berlot

Two famous rinks welcomed the 1988 French Nationals. Corinne Paliard and Didier Courtois won the Ice Dance title in Lyon, where the 1971 World Championships were held. Six weeks later, in Grenoble, Frederic Lipka and Agnes Gosselin emerged victorious in the figure skating championships in the arena where Peggy Fleming won her Olympic title twenty years ago.

With Paul and Isabelle Duchesnay as the national leaders, ice dancing in France is meeting increasing success, and skating fans came from all over the country for the Dance event. Fourteen pairs were competing for the Junior title, six for the Senior title. Christele Gautier and Alberick Dalongeville won the Junior championship, ahead of Pascale Vrot and David Quinsac. The former were then to finish fourth at the World Junior Championships held in Brisbane a few weeks later.

Due to an injury, the favorite Duchesnays were not able to come to Lyon. The fight for the Senior National title was quite open, with at least four of the pairs competing already having a good international reputation. Corinne Paliard and Didier Courtois in their home rink overcame the threat from Dominique Yvon and Frederic Palluel, Sophie Moniotte and Pascal Lavanchy, and Doriane Bontemps and Amaury Dalongeville, respectively second, third, and fourth. Paliard and Courtois's first place indeed meant more than a French title; along with it, they won their selection for the Calgary Olympics.

Pair skating has given France its most brilliant skating champions, Andrée and Pierre Brunet, who were twice Olympic gold medalists in 1928 and 1932. In spite of the tradition set by the Brunets, only one pair, Valerie Binsse and Christophe M'bonyinshuti, were able to qualify in the National Championships. They won their first title in Grenoble.

Agnes Gosselin won her sixth consecutive ladies' French Championship. Her biggest threat this year came from Claude Peri, who had already challenged her in the Parisian Championships. Gosselin won figures and short program just ahead of Peri. In the free, Gosselin was not able to perform her trademark triple Lutz, but she completed an otherwise faultless program with triple loop, triple Salchow, and triple toe loop. Peri successfully landed a beautiful triple Salchow to double loop combination, and finished a deserved second. Third in the free was Surva Bonaly, a World Junior champion in gymnastics. Only thirteen years old, she completed a breathless program to finish fourth overall, right behind Sandrine Bache.

The men's competition was unexpectedly open, especially on the eve of an Olympic year. Last year's champion, Philippe Roncoli, retired from amateur competition at the end of last summer, and Frederic Harpages, last year's silver medalist, was injured. Fernand Fedronic, 1985 champion, showed his determination to regain his title by winning the figures, ahead of Axel Mederic and Frederic Lipka. The latter was, however, to win both the short and long programs to take his first national title. Fedronic has always been a fascinating free skater, but his lack of consistency with triple jumps again cost him the title. He finished third overall, behind Lipka and Mederic.

The Duchesnays will lead the French team to the Europeans, Olympics, and Worlds. The rinks of Prague and Budapest, where the 1988 European and World Championships are to be held, are also well known to the French: there some twenty-five years ago skaters from France were on most podiums!

RESULTS

MEN	PLACES
1. Frederick Lipka	3.2
2. Axel Mederic	4.8
3. Fernand Fredronic	5.4
4. Nicolas Petorin	6.6
5 Fric Millot	9.6

Continued on page 15

SPORTS



MEDICINE

OFF-ICE CONDITIONING WHERE AND HOW YOU GO ABOUT IT COUNTS Part II

by Karen J. Berger, R.N., Ed.D.

Editor's Note: Part I of this article appeared in the October 1987 issue of Skating.

Finding the experts

How can a skater who wants an effective, safe off-ice conditioning program find the right help? Is the local health club OK? Are the services good? The answer is *maybe*.

The problem with commercial fitness centers and storefront gyms is that they are virtually unregulated in most states. While some states have or are passing consumeroriented statutes regulating health club membership contracts, there are apparently no states as yet which regulate the qualifications of personnel who provide the service. This leaves the matter in the hands of club owners. The experts consulted for this article feel that too frequently club owners opt for hiring minimum wage, body building enthusiasts.

Often club "instructors" have little more than an orientation to the equipment and a brief seminar on what to teach. They lack the in-depth college preparation and experience needed to meet the individualized needs of the serious athlete, and to do a thorough evaluation of the athlete's health status before he/she begins working out. Moreover, the instructional employees in many health clubs are actually sales people who augment low salaries by commissions on every membership contract they bring in. Clubs profit by the volume of contracts sold.

As one sports doctor put it, they count on "lots of sign up and very little show up." This means that the staff may be motivated to pay more attention to selling than to program

supervision. Too frequently the result is a "menu" approach to the conditioning routines they recommend, with little or no individualization, work-out monitoring, or progress evaluation.

This is not always the case, however. Some of the better fitness chains do advertise qualified, degreed training experts on their staffs, and programs which are fairly well-rounded in terms of the components discussed above. Before signing a contract with a health club, however, the skater should determine what the qualifications of the staff are, and what kind of a program is offered.

As a minimum requirement, there should be an exercise physiologist, a certified athletic trainer, or a physical therapist with sports experience on staff and available at any time. "Hard sell" approaches should be resisted—and reluctance to discuss the qualifications of the personnel or the price of memberships over the phone should be viewed skeptically.

For those who wish to avoid the commercialism of profit-oriented health clubs, a good alternative is the YMCA which now offers completely equipped training gyms in many cities. The "Y" provides trainers and limited program supervision. The price is usually as low as or lower than commercial health clubs.

At present a new trend is developing. Fitness clubs as a component of the multidiscipline sports medicine center are opening in some parts of the country. Such centers are usually directed by sports physicians and are capable of providing all of the services the serious athlete needs to get in shape and keep in shape for his sport. While sports centers are located primarily in major metropolitan areas, their numbers are growing. McGraw-Hill Company publishes an annual national guide to sports medicine clinics—a guide which itemizes specific services clinics provide. Skaters can obtain a copy of this guide by writing McGraw-Hill at 4530 West 77th St., Minneapolis, MN 55435, and requesting the September issue of *The Physician and Sportsmedicine*. The charge is \$5 for the issue.

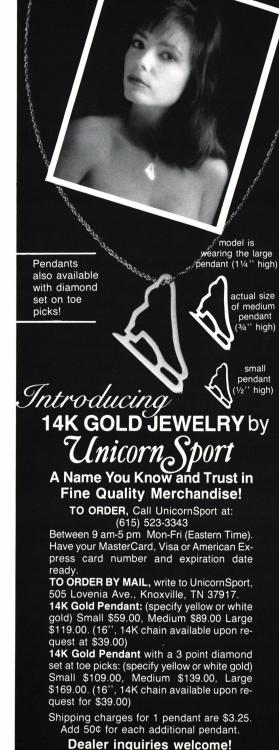
The practical approach

Recognizing that many skaters will not have regular access to sports medicine centers, Dr. Paul Hirschman, Director of Sports Medicine at the Scripps Clinic, La Jolla, California, recommends that skaters go to an experienced sports physician for initial health evaluation, and get the physician's recommendation on trainers and training facilities. Many sports physicians are associated with physical therapists or athletic trainers who can do the necessary pre-testing and set up the athlete's individualized program. They may then pursue the program at a recommended training facility which is convenient to his home or rink.

Should the trainer be familiar with skating? The answer is yes. Furthermore, the trainer should be familiar with the athletic demands of the various types of skating—singles, pairs, and ice dancing. Recent research suggests that injury patterns vary with the specific stresses of the skater's event. But, practically speaking, it is difficult to find athletic trainers who are experienced in figure skating, so it will be up to the skater to "train the trainer."

A good trainer will be open to learning. He will listen to the skater describe what he does, read literature on the training needs of the skater, and perhaps even watch a video of the skater performing. The skater, however, also has a responsibility to himself to be knowledgeable and to keep up with new information on conditioning for skating as it becomes available. This is the best way of sharpening his competitive edge.

Karen Berger is a member of the USFSA Sports Medicine Committee and the La Jolla FSC. A skater and the mother of a competitor, she has a M.S. in nursing and a doctorate in educational leadership.





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EXPRESSION IN DANCE

by Margaret Faulkner

How many times have the words "lack of expression" appeared on your dance test sheet? Having read this, you wonder, "What is expression?" and "Where can I find it?" These are not easy questions, nor are the answers easy. The fact of the matter is that a successful performance in a dance requires expression. Consequently, let's try to answer these questions.

What is *expression* in dance? It is representing a musical rhythm with appropriate body movements. Where can you find it? In your inner self by relating to music. Now let's expand these answers, because obviously, it isn't that simple.

First of all, what is rhythm? It is the musical arrangement of notes to produce a beat we recognize as the waltz, foxtrot, tango, rhumba, rock and roll, march, or any other specific rhythm. The tempo or speed, and melody or tune, and instrumental arrangements also contribute to the rhythmical quality. No matter what the rhythm is, the dancer must move in time to the beat of the music. This is the first step towards expression.

However, more is expected, and this comes from understanding the rhythm and the style of movement that makes each rhythm unique. For instance, a waltz is personified by a certain lilt; a foxtrot by a smooth, swingy softness; a tango by an elegant aloofness. Each rhythm has its own special character which is exemplified by the mood the skater creates through body language, facial expression, and quality of skating edge.

How can you relate to music so you can "find" and produce the correct expression? Mostly it is found within the soul of the skater. One must have a thorough understanding of the rhythm and all its nuances before a complete picture can be achieved. You may ask, "How can a rock and roll generation understand the waltz or tango, neither of which is a popular dance floor activity today, at least for the younger section of the population?"

Watching films of these dances performed on the ballroom floor might help. Word pictures, still pictures, moving pictures of the great ballroom dancers and videos of skaters who have mastered these dances on ice may give some insight into what is necessary to portray a dance artistically. A competition dance couple should consider this type of training as a necessary part of their program. They also can receive extra assistance from choreographers. This depth of involvement is usually reserved for the competitive team, but test dancers have access to these opportunities if they search them out.

Every dancer is expected to put considerable effort towards the production of the desired rhythmical expression, but test dancers often rely on their own intuition about specific rhythms. The coach can demonstrate and verbalize, and may say, "Do this with your arm, and that with your head." This does not necessarily create *expression* unless the visual aspect is in the skater's mind and the inward feeling for the rhythm of the music is truly there.

Although it is easier for those who have this inner feeling for music, expression can be taught and learned. Take the time to watch some films, listen to music off-ice, practice movement in front of a mirror, and incorporate this experience into the dance on ice. In addition, clubs should be encouraged to support their dancers by procuring dance videos and presenting them at a special viewing session. Judges and interested professionals should be invited to add their expert comments and advice.

To achieve better expression, cast aside your inhibitions, enjoy being on camera and giving the performance of your life, and practice your special movements every time you dance. Let your ear and your heart help put more drama into your dancing. Let the music involve you in a mental picture that will inspire your creativity. The result will be more natural, and more fun. It may take a little extra time and energy, but the levels of pleasure gained from this approach to your ice dancing will be worth the effort.

Avoid the phrase "lack of expression." Take the risk. Go for it. Have fun!



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Ice Abroad

Continued from page 7

6. Rudy Luccioni	13.2
7. Fabrice Moriceau	13.6
8. Marc Mandina	14.6
LADIES	PLACES
1. Agnes Gosselin	2.0
2. Claude Peri	4.8
3. Sandrine Bache	6.6
4. Surya Bonaly	9.6
5. Cecilia Tribolet	13.2
6. Sophie Paradis	13.8
7. Sophie Dupont	14.6
8. Juliette Lescene	14.6
9. Francoise Mithieux	16.2
10. Marie-Laure Mathieu	17.6

PAIRS

1. Valerie Binsse & Christophe M'bonyinshuti

EUROPEANS RETURN TO PRAGUE

by Howard Bass

The European Championships returned to Prague on January 12-16 for the first time since 1948, through Czechoslovakia had later played host in 1958 and 1966, each time in Bratislava.

Prague is particularly remembered for staging the 1962 World Championships, when the Canadian, Donald Jackson, collected more sixes than ever before for a memorable Men's triumph.

Twenty nations were represented by 107 skaters in Prague's 14,000-seat Sports Hall, which sadly was only filled to capacity for the exhibitions, the highest competition attendance being 12,500 for the free dance.

The most notable absentees were last season's Soviet ice dance runners-up, Marina Klimova and Sergei Ponomarenko, who were expected to be fit for the Olympics, and their pair skating compatriots, Elena Valova and Oleg Vasiliev, three times former champions, Valova's ankle injury putting their Calgary appearance in doubt.

Three of the four titles went to Russian skaters and the other to an East German, they and their compatriots gaining all but one of the twelve medals, the French getting the other.

The Pair's title was captured by the Soviet World champions, Ekaterina Gordeeva and Sergei Grinkov. The judges split 5-4 against the title-defenders, Larisa Selezneva and Oleg

Makarov. The East Germans, Peggy Schwarz and Alexander König, prevented a Soviet clean sweep.

Natalia Mishkutienok and Artur Dmitriev, the fourth-placed Russians in their international debut, made an ominous impact, but perhaps suffered from drawing first to skate in the short. They included in both appearances a unique pair spin, with the girl in upside-down pose with hands entwined round her partner's thighs.

In the long free, the champions featured a brilliant triple twist lift, but Gordeeva later fell from another. Their powerful, well varied overhead lifts and triple throws and their shadow sequences of precisely matched jumps and spins just about earned the verdict over the runners-up, whose lifts had greater artistic than athletic emphasis.

The ladies' triumph of Katarina Witt projected a charismatic personality comparable to the pre-war heydays of Sonja Henie. The World and Olympic champion captured many hearts by the manner of her sixth consecutive European success. At twenty-two, this was her tenth European appearance—her first was in 1978 at the age of twelve. She was runner-up in 1982 when sixteen, her last defeat in this event.

Following her flawless short free, which garnered four 6.0's for artistic impression and another for technical merit, she presented an immaculate portrayal of Carmen, appropriately attired in a low-cut scarlet dress edged in black. The program was rich in well centered spins and replete with four triples—two Salchows and two toe loops—getting another two 6.0's for presentation.

The two who followed were her closest challengers. Kira Ivanova, who won the figures, finished runner-up for the fourth time in a row after falling from a triple Lutz, and Anna Kondrashova was third for a fourth time in five years. After clean short programs, each had been desperately eager to become the first-ever Soviet victor, but such incentive was not enough to hold the uncatchable Witt.

The most heated controversy of the meeting concerned what constitutes authentic ice dancing within the regulations.

The French couple, Isabelle and Paul Duchesnay, who took the bronze, presented the most entertaining performance of the whole week. Many spectators and televiewers thought they deserved to win. Their dramatic rendition of a "kiss of death" war dance was a theatrical masterpiece, tailor-made for an ice revue, but was it technically approved ice dancing? The Polish judge obviously thought not, marking them ten decimal points lower than her eight colleagues, resulting in an animated discussion with the referee which considerably delayed the start of the next skaters.

The performance by the French and, to a lesser extent, that of the winners, were not wholly correct ice dancing as defined in the ISU manual. The nine technical experts might as well have been nine impresarios assessing audience reaction. Because the judges did not enforce the rules as they stand, many competitors who complied more correctly inevitably suffered.

The veteran Soviet World champions, Natalia Bestemianova, twenty-eight, and Andrei Bukin, thirty, featuring a classical balletic interpretation of Boradin music, won their fourth successive European title and their fifth in six years, having first won in 1983 when Britain's Jayne Torvill and Christopher Dean were unable to compete because Torvill had injured a shoulder.

Moscow's Natalia Annenko and Genrikh Sretenski were runners-up, unable to press the champions as closely as Klimova and Ponomarenko have done. The set pattern Tango were generally more theatrical than in the past, as were the dresses, dividing the views of avant-garde fans and the traditionalists, but undoubtedly increasing the entertainment value.

A thrill-packed Men's championship was liberally punctuated with courageous leaps, but the first quadruple jump in competition remained yet to be achieved.

Alexandr Fadeev, who had little difficulty in retaining the crown, his third win in five years, landed four triples but fell from the awesome Axel. He went bravely for a quadruple toe loop but changed his mind after the take-off.

Vladimir Kotin was runner-up for a fourth successive season after falling from one of four triples attempted. Viktor Petrenko took the bronze to complete a Soviet clean sweep for the second year in a row. He outjumped the champion, achieving five different triples, including the Axel, but fell from a second triple toe loop. Grzegorz Filipowski, the fourthplaced Pole, was the only other to land the Axel in the long among five different triples out of six achieved. He did not fall and was unlucky to be denied a medal, presumably because his spins were not quite of matching quality.

It could have been a different story had he not narrowly failed in his attempt in the short to link a failed triple Axel with the obligatory double loop. Both Fadeev and Petrenko succeeded with the triple Axel in their combinations.

1988 EUROPEAN CHAMPIONSHIPS PRAGUE, CZECHOSLOVAKIA JANUARY 12-16, 1988

MEN					
	CF	SP	FS		PLACES
1.	1	1	1	Alexandr Fadeev, USSR	2.0
2.	2	3	3	Vladimir Kotin, USSR	5.4
3.	5	2	2	Viktor Petrenko, USSR	5.8
4.	4	5	4	Grzegorz Filipowski, Poland	8.4
5.	6	4	6	Richard Zander, Federal Republic of Germany	11.2
6.	3	6	7	Heiko Fischer, Federal Republic of Germany	11.2
7.	8	7	5	Petr Barna, Czechoslovakia	12.6
8.	7	8	8	Oliver Hoener, Switzerland	15.4
9.	13	10	9	Paul Robinson, Great Britain	20.8
10.	12	9	13	Axel Mederic, France	23.8
11.	10	20	10	Frederic Lipka, France	24.0
12.	11	17	14	Alessandro Riccitelli, Italy	27.4
13.	15	19	11	Andras Szaraz, Hungary	27.6
14.	9	13	17	Ralph Burghart, Austria	27.6
15.	20	12	12	Peter Johansson, Sweden	28.8
16.	17	11	16	Oula Jääskelainen, Finland	30.6
17.	21	16	15	Michael Huth, German Democratic Republic	34.0
18.	19	14	18	Rico Krahnert, German Democratic Republic	35.0
19.	18	15	19	Henrik Walentin, Denmark	35.8

MEN

20. 21. 22.	16 14 23	21 23 18	22	Jaroslav Suchy, Czechoslovakia Tomislav Cizmesija, Yugoslavia Gheorghe Cornel, Rumania	39.0 39.6 41.0
23. 24.	22 24	22 24	23	Przemyslav Noworyta, Poland Fernando Soria, Spain	45.0 48.0
LADI					DI ACEC
1.	CF 2	SP 1	FS	Katarina Witt, German Democratic Republic	PLACES 2.6
2.	1	2		Kira Ivanova, USSR	4.4
3.	3	3		Anna Kondrashova, USSR	5.0
4.	4	6		Claudia Leistner, Federal Republic of Germany	9.8
5.	11	4		Simone Koch, German Democratic Republic	12.2
6.	6	13		Natalia Gorbenko, USSR Agnes Gosselin, France	15.8 16.6
7. 8.	8 9	7 11		Tamara Teglassy, Hungary	17.8
9.	17	5		Marina Kielmann, Federal Republic of Germany	18.2
10.	5	14		Joanne Conway, Great Britain	20.6
11.	13	18		Iveta Voralova, Czechoslovakia	26.0
12.	16	9		Stefanie Schmid, Switzerland	26.2 26.6
13. 14.	15 7	19 17		Beatrice Gelmini, Italy Katrien Pauwels, Belgium	27.0
15.	12	8		Mirela Gawlowska, Poland	28.4
16.	20	10		Claude Peri, France	30.0
17.	10	12		Zeljka Cizmesija, Yugoslavia	30.8
18.	14	15		Lotta Falkenback, Sweden	31.4
19.	23	16 22		Petra Vonmoos, Switzerland Ivonne Pokorny, Austria	35.2 38.6
20. 21.	18 22	20		Anisette Torp-Lind, Denmark	42.2
22.	19	21		Katerina Novakova, Czechoslovakia	42.8
23.	21	23	22	Elina Hänninen, Finland	43.8
24.	25	24		Eva Plaszko, Hungary	48.6
FINA		T RE			
	24 26	26 25		Marta Olozagarre, Spain Anita Thorenfeldt, Norway	
	27	27		Asia Alexieva, Bulgaria	
PAIR	SP	FS			PLACES
1.	1		Ekat	terina Gordeeva & Sergei Grinkov, USSR	1.4
2.	2			sa Selezneva & Oleg Makarov, USSR	2.8
3.	3			gy Schwarz & Alexander König,	4.2
				man Democratic Republic	5.0
4.	4			alia Mishkutienok & Artur Dmitriev, USSR	5.6 7.4
5.	6	5		dy Wötzel & Axel Rauschenbach, man Democratic Republic	7.4
6.	5	6		ka Knapova & Rene Novotny, Czechslovakia	8.0
7.	7			itte Groh & Holger Maletz, Federal Republic of Germa	ny 9.8
8.	8			ryl Peake & Andrew Naylor, Great Britain	11.2
9.	9	9		schka Gläser & Stefan Pfrengle,	12.6
10.	10	10		eral Republic of Germany Cushley & Neil Cushley, Great Britain	14.0
11.	11			mar Kovarova & Karel Kovar, Czechoslovakia	15.4
DAN					
		OSP	FD		PLACES
1. 2.	1	1		Natalia Bestemianova & Andrei Bukin, USSR Natalia Annenko & Genrikh Sretenski, USSR	2.0 4.0
3.	5	4		Isabelle Duchesnay & Paul Duchesnay, France	7.6
4.	4	3		Maia Usova & Alexander Zhulin, USSR	7.6
5.	3	4	5	Kathrin Beck & Christoff Beck, Austria	8.4
6.	6	6		Klari Engi & Attila Toth, Hungary	12.0
7.	7	7		Lia Trovati & Roberto Pelizzola, Italy Sharon Jones & Paul Askham, Great Britain	14.0 16.6
8. 9.	9 10	8 9		Vera Rehakova & Ivan Havranek, Czechoslovakia	18.6
10.	11	10		Corinne Paliard & Didier Courtois, France	20.6
11.	12	11		Stefania Calegari & Pasquale Camerlengo, Italy	22.6
					Continued on page 66

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Maria's Christmas



Two special paintings are now on display in the World Figure Skating Hall of Fame and Museum in memory of Maria Kirkland, late daughter of Dr. and Mrs. Hugh C. Graham, Jr., President of the USFSA. Entitled "Maria's Christmas 1986" and "Maria's Christmas 1987," the paintings were commissioned from Judith, of Judith Galleries in Tulsa, Oklahoma, and donated to the Museum by Dr. and Mrs. Graham. Each one depicts individual aspects of the memories and joy of Maria to be shared with viewers for years to come.

Living in Oklahoma, Maria always wanted a white Christmas, but seldom saw one, so her wish is granted in each picture. The large tree in the center of "Maria's Christmas 1986" represents the tall Christmas tree erected in the family room of the Graham home each year, perfectly shaped and decorated with treasured family ornaments. The smaller tree in the foreground recalls the smaller live tree the family bought each year and planted in the yard. Always chosen by Maria, it is recalled that she would usual-

ly select one that was skinny and lopsided, saying that it looked lonely and unloved. The children of all countries circle the main tree, and represent Maria's desire for world peace and harmony and her deep love of all living things.

"Maria's Christmas 1987," the second painting, is filled with the joy of the peaceable kingdom of animals skating on a pond in front of the Graham home. Incorporated into the painting are Christmas mice, which were always a home decoration at the Graham's, and Maria's favorite animals Bambi and Thumper. Incorporated into the painting is the spirit of Maria joining the animals and saving the beloved rabbit from falling.

Through these delightful original paintings, the memory of Maria Kirkland is honored and her spirit and loves perpetuated.

Individual artist-signed and numbered prints of the paintings have been reproduced and are available in a limited quantity from the USFSA Headquarters.



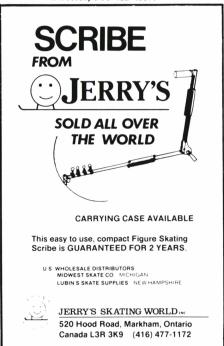


MARCH

19-20 Fictional Fantasy, ice show sponsored by the Blade and Edge FSC of Omaha, at the Hitchcock Ice Arena, 5025 So. 45th St., Omaha, NE. For information contact: Mary Jessen, 10454 Wright St., Omaha, NE 68124, 402-393-4966.

19-20 The Princeton Open Skating Competition, sponsored by the Princeton SC of Princeton, NJ. Freestyle, Solo Dance, Shadow Dance, and Interpretive Freestyle events. For information contact: Mrs. Diane Hodock, 11 Nassau Court, Skillman, NJ 08558, 609-466-2841.

19-20 Skate with Us Around the World, ice show sponsored by Portage Lake FSC, at the Student Development Center, Michigan Tech, Houghton, MI. For information contact: Cheryl De Puydt, Director, 906-482-4107.



- 20 Circus, Circus, sponsored by the Jamestown SC, at the Allen Park Ice Rink, Elizabeth Ave., Jamestown, NY 14701. For information contact: Lenel Vandenberg, 716-763-4535.
- 24-27 W.I.M. Competition, sponsored by the Greater Milwaukee FSC Juniors, at the Wilson Park Recreation Center, 4001 So. 20th St., Milwaukee, WI 53221. Figures, Freestyle, Compulsory, Pairs, and Dance events. For information contact: Ralph Dahlman, 4764 So. 39th St., Greenfield, WI 53221, 414-282-3948.
- 25-27 5th Biennial Genesee Invitational Dance Competition, sponsored by the Genesee FSC, at the Frank Ritter Memorial Arena, Rochester, NY. For information contact: Rosemary Glaser, Chairman, 716-342-7892.
- 25-27 13th Annual Heart of America Competition, sponsored by the Silver Blades FSC, at the King Louie Ice Chateau, Overland Park, KS. Figures, Freestyle, Short Program, Compulsories, Pairs, Partners Dance, Open Solo and Open Adult Draw Dance, Open Adult Figures and Freestyle, and Showcase events. For information contact: Maryann Stanek, 7133 Long, Shawanee, KS 66216, 913-268-8432 or J. Glenn Hahn, 840 West 55th St., Kansas City, MO 64113, 816-363-3320.
- 26-27 **Melody on Ice**, ice show sponsored by the Marquette FSC, at the Lakeview Arena, Marquette, MI. For information contact: Bob Hampton, 1512 Lynn, Marquette, MI 49855, 906-228-6678.
- 26-27 Musical World on Ice, sponsored by the Timberline SC, at the Marathon County Multi-Purpose Building, Wausau, WI. For information contact: Beth Polzer, Publicity Director, 304 So. 44th Ave., Wausau, WI 54401, 715-848-2089.
- 26-27 Reflections, ice show sponsored by the Greater Grand Rapids FSC, at the Kentwood Ice Arena. For information contact: Pat Howland, 616-455-4888.
- 26-27 Top Hats & Toe Picks, ice show sponsored by the Columbia FSC of Maryland, at the Columbia Ice Rink, Thunderhill Rd., Columbia, MD 21045. For information contact: Martha Camp, 301-381-5690.

APRIL

7-10 Tri-State Figure Skating Competition, sponsored by the Bowling Green SC, at the Bowling Green State University Ice Arena, Bowling Green, OH. Freestyle events. For information contact: Darlene Householder, 16620 Mitchell Rd., Bowling Green, OH 43402, 419-352-7295.

8-10 Ice Spectacular, sponsored by the North Shore SC of Massachusetts, at the Town Line Twin Rinks, Danvers, MA. For information contact: Ellie Bowker, Capeview Rd., Ispwich, MA 617-356-0350.

8-10 Spring Festival, sponsored by the Portland ISC, at the Clackamas Town Center, Portland, OR. Figures, Freestyle, Showcase, and Dance events. For information contact: Donna Morrison, Competition Chairman, 8742 S.E. Kingswood Way, Gresham, OR 97080, 503-665-8639.

9 Tina Furlong Memorial Exhibition, sponsored by the Philadelphia SC & HS, at the Philadelphia SC & HS, Ardmore, PA. Year end exhibition of club skaters with guest skaters. For information contact: Judy Altschuler, 215-649-3743.

9-10 25th Annual New Jersey Council of FSC's Championships, sponsored by the New Jersey Council of FSC's, at the William G. Mennen Sports Arena, 161 E. Hanover Ave., Morristown, NJ. Freestyle, Dance, Interpretive, Precision, and Maneuver Team events. For information contact: Nancy Noonan, Secretary, NJCFSC, 11 B Parkway Village, Cranford, NJ 07016, 201-272-5381.



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15-17 Adult Ice Dancing Weekend, sponsored by the WC of Indianapolis, at the Pan Am Plaza Rinks, Indianapolis, IN. High and Low Clinics by Sandy Lamb, and dinner dance with music by Bruce George. For information contact: Ellen Clark, 4200 W. 800 N. – Box 26 B, Edinburgh, IN 46124.

22-24 Skate Texas Invitational 1988, sponsored by the Dallas FSC and Houston FSC, at the North Texas Ice Arena, 10101 Cowboys Parkway, Irving, TX 75063. Open competition Beginner through Senior with Figure, Free, Dance, Pairs, Interpretive, and Basic Skills events. For information contact: Barbara Underwood, Chairperson, 406 Huntington, Euless, TX 76040, 817-267-0050 or Carolyn Haman, 3808 Cabeza De Vaca Cr., Irving, TX 75062, 214-255-4464.

22-24 13th Annual Ladybug Competition, sponsored by the Glenwood FSC, at the Homewood-Flossmoor Ice Arena, 777 Kedzie Ave., Homewood, IL 60430. For information contact: Linda Tanko, 312-672-4699 or Kay Larson, 815-725-4197.

22-24 Solid Gold, the fiftieth annual ice show presented by the Rochester FSC of Continued on page 56







Scott Hamilton and Pat Cataldi, Museum Curator, with the Sarajevo medal. (Inserts, clockwise: Scott being interviewed at opening of exhibit; special guest, Yvonne Sherman Tutt, former U.S. Ladies' champion; an overview of the exhibit, and Scott with his father, Ernie, at the opening.



Scott How PORTRAIT OF A CHAMPION by Kristin Matta

e is one of the most popular performers in America; he is one of the most respected by his peers. He is the performer's performer, the athlete's athlete, and loved by millions. He is one of the rare individuals recognized by only his first name—Scott.

What sets Scott apart from other "super athletes" is that he is as exceptional off the ice as he is on. There is no doubt that if he hadn't made his mark in the sport of figure skating, he would have made his mark elsewhere. Fortunately, as fate would have it, he did tag along with his sister on that illustrious skating outing in 1965, during which he took his first few steps on the ice, and the sport of figure skating will never be the same.

Four times U.S. and World Champion, and 1984 Olympic gold medalist, Scott Hamilton has received many honors over the years for his amateur and professional accomplishments. At the 1980 Olympic Winter Games he was elected by his fellow athletes to be the American flag bearer in the opening ceremonies; he has had a street named after him in his hometown of Bowling Green, Ohio; was awarded the Jacques Favart Trophy from the ISU in 1988 (only the fourth person ever to receive the award); has met the President; and has had love songs sung to him by actress Susan Anton.

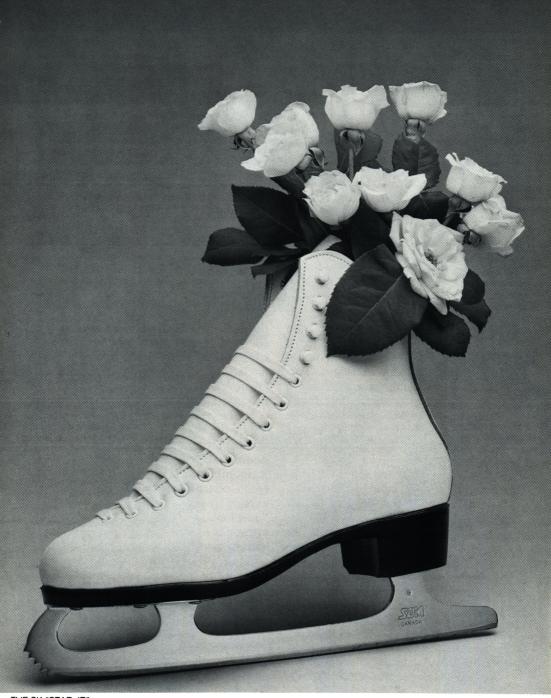
Most recently he was honored by the World Figure Skating Hall of Fame and Museum at the opening of a special exhibit, SCOTT HAMILTON, PORTRAIT OF A CHAMPION. Tracing his career from the early days in Bowling Green, Ohio, through his seventeen consecutive wins spanning from 1981 to 1984, the exhibit is made up of a collection of medals, awards, photographs, paintings, certificates, posters, costumes, and personal skating memorabilia. Highlights include the first medal ever won by Hamilton (Bowling Green State University Skating Club's 1968 Sub-Juvenile Men's silver medal), the costumes worn in the 1984 Olympics, and the jewel of the display—his 1984 Olympic gold medal.

At the ceremony celebrating the opening of the exhibit, Hamilton described the display as a huge thrill and special honor. Scanning the collection of memorabilia, his eyes focusing in tightly on certain items and then quickly passing over others, he commented, "Just looking at a medal will bring back memories of when I was nine years old and so scared to perform that I was jumping a foot higher than normal, or the Nationals when I fell five times in front of 17,000 people.

"Some of the moments are fun, some of them are kind of humiliating, and others can be somewhat painful. But overall its been a great run. I've had twenty wonderful years in figure skating and I could not have done any of it on my own."

Hamilton saw the donation of the Sarajevo medal as an ideal way of giving something back to the Association

SKATING / FEBRUARY 1988 23



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by Kathy Hastings

There was a terrific response to the Club Management article on insurance, and many calls have come in asking for more information to help prepare a club on the issues of safety practices and rules. In fact, an important part of our annual justification to the USOC regarding our insurance qualifications includes proof of safety awareness within the sport of figure skating.

Ice rules are the general safety rules within the club. It is important that club documents refer to them, and that you have a copy of the approved ice rules posted prominently on the club bulletin board.

At the beginning of the season, make sure that every member receives a copy of the rules, and that the rules are verbally reviewed with club members prior to the skating season. That will help protect you in your obligation to make sure that everyone is aware of the safety rules governing ice time in your club.

Provisions for enforcement of ice rules should also be decided, published, and discussed in advance so that the rules are the same for everyone, and the consequences of breaking them are clearly understood and are consistent for all skaters.

Listed below are general ice safety rules recommended from this office. The majority of the text is taken from the newly published *Guidebook for Member Clubs*, written by the USFSA Club Operations Committee, Tony Caputo, Chairman. Additional rules, not related to ice safety, can also be found in that publication. Your club many want to post them for its own use.

- 1. The assigned adult ice monitor has the authority to order any person from the ice for unsafe actions or for violation of the ice rules.
- 2. All skaters are expected to behave responsibly and to be considerate of all other

skaters, including younger, less experienced, and less powerful skaters.

- 3. There should be one entrance and exit spot to the ice.
- 4. No hockey sticks or pucks are allowed on figure skating ice.
- 5. No eating, drinking, smoking, or chewing gum allowed on the ice.
- 6. Skaters shall not sit on the ice for prolonged periods following falls.
- 7. Members must personally sign for and introduce their guests to the ice monitor. Members are responsible for accompanying their guests and for familiarizing them with the club's ice rules.
- 8. Free skating sessions should not exceed twenty-six (26) skaters on the ice.
- 9. Skaters whose programs are being played by the official music monitor shall have the right of way during their program. At all times, skaters are responsible for paying attention to the activity around them.
- 10. When lined up for the start, dancers should push off two measures of music after the previous couple and keep their distance on the pattern. If the dance is joined after the music is commenced, the start should be made from a glide in sufficient open space so as not to interrupt the dancers already on the ice.
- 11. The dance announced by the official monitor takes precedence. Dancers wishing to practice other patterns must yield to those skating the announced pattern.
- 12. If sessions are divided into high and low test freestyle, only skaters fitting those categories should be allowed on the ice.
- 13. It is each skater's responsibility to check his/her equipment to be sure that it is in good working order, such as checking blade screws, laces, and boot soles and eyelets.
- 14. In social skating sessions, skaters should be encouraged to all skate in the same direction around the rink.
- 15. There shall be no pushing, shoving, or other physical contact between skaters on the ice.

What great ideas for programs and activities do you have to share? What are your club's problem areas and questions? Let us hear about them at National Headquarters. Send them to "Club Management Column," c/o Skating, 20 First Street, Colorado Springs, CO 80906. Or call me directly at (719) 635-5163.

A ROCKY MOUNTAIN HIGH

Staff Report



The blustery cold weather that descended on Denver in January was in sharp contrast to the Fourth of July atmosphere and fireworks on ice at McNichols Arena. Emotions and excitement ran high throughout the week as Senior competitors eyed berths on the Olympic and World teams, and seven national titles changed hands.

Opening Ceremonies, hosted by Dick Button, began with a tribute to Peggy Fleming on the twentieth anniversary of her Olympic championship. A film retrospect of her amateur and professional careers was shown on the giant diamond vision screens at either end of the rink, followed by a special appearance by "Mr. Debonair" himself, Richard Dwyer. A final patriotic salute by two-hundred Colorado skaters and fireworks inaugurated the championship week. (Due recognition was not given to Mr. Button, marking the fortieth anniversary year of the winning of his first Olympic gold medal, and should be so noted in this Olympic year.)

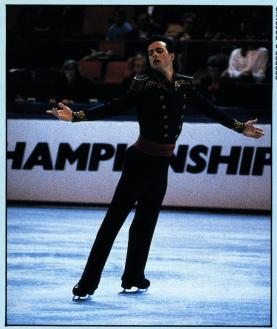
SENIOR MEN

Compulsory figures held at the dualsurface South Suburban Ice Center in-

cluded the RFO rocker, the LFO paragraph double three, and RBO change loop. Brian Boitano, Peninsula FSC, took the early lead which he maintained throughout the event. Figure standings held Christopher Bowman, Los Angeles FSC, in second, Paul Wylie, SC of Boston, in third, with Daniel Doran, Colorado SC, fourth; and Scott Williams, All Year FSC, in fifth.

Without a doubt, the highlight of the week's events was the evening of men's short programs, one of the finest to be seen in any recent National championship. Out of twenty competitors, there were seventeen clean programs, one after another, with building enthusiasm on the part of the audience, as they became aware they were seeing something special.

Boitano, skating second in the last group, performed a remarkable short program. Using music from "Les Patineurs" and dressed in an ascot and vest of the Victorian style, the choreography interwove the required elements with a stylistic interpretation of the pond skater from the nineteenth century. An intricate grapevine tracing was incorporated in the footwork, blending



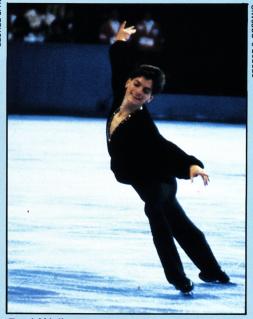
Brian Boitano Senior Men – Gold

smoothly with the exceedingly difficult triple Axel-double loop combination and a double Axel with arms crossed in front of him. He finished to a thunderous standing ovation and a string of eight 6.0's for presentation from the judges for first in the short.

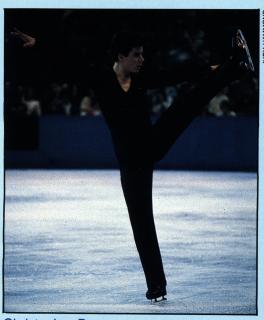
"Les Patineurs" has now come full cycle. The original ballet was based upon the motions and designs of skaters on a pond, and has now returned to the ice as a memorable program, choreographed by Sandra Bezic. Boitano has once again taken that added step of a true champion, seeking an extension of interpretation in his work, and adding characterization and narrative themes in both the short and long programs.

Bowman, showing no signs of the discomfort from a sprained ankle that plagued him throughout the week, and with his usual style and panache, performed an appealing short to Spanish music for second place.

Wylie, in a difficult position, having drawn to skate following Boitano's



Paul Wylie Senior Men – Silver



Christopher Bowman Senior Men – Bronze

ovation, unleashed a brilliant clean performance of his own that brought his hometown audience to its feet for another ovation and a firm hold on third place.

Doran finished fourth, followed by Angelo D'Agostino, Broadmoor SC, who rose to a sixth-place overall after an eighth-place start in figures, just behind James Cygan, Broadmoor SC, sixth in figures and the short, who moved into fifth place.

The long program, delayed by several factors and unfortunate scheduling was skated Friday evening into Saturday morning, far beyond the normal hours for most skaters to give peak performances. Gathering showers of flowers further added to the delay. (Flowers will not be permitted in future National competitions, beginning in Baltimore in 1989.)

Angelo D'Agostino, making a music change from Easterns to Nationals, showed the power and style that has made him a favorite of many, with excellent spin speed and high jumps, especially the Lutz. A fifth place in the long held him fifth overall, good enough for a well deserved alternate position on the Olympic and World Teams.

Skating first in the last group of the long, Wylie wowed the audience with an exuberant program showing his mastery of style and technique and his superb body line. A touchdown on a triple Axel did little to mar a program with triple flip, Salchow, Lutz, and toe loop, building to the final music of Olympic themes. Technical marks of 5.7 to 5.8 and presentation marks of 5.8 with one 5.9 gave him a majority for second in the long and second overall, assuring him a team berth. The spectators knew it and were as enthusiastic as his coaches Evy and Mary Scotvold.

Bowman followed Wylie, with his richly interpreted "Hungarian Rhapsody" program. The lateness of the hour plus the lingering effects of the injury perhaps took the edge off the overall brilliance the program has had before. Landing four triples, with a flip and double toe in combination, his marks held in 5.7 to 5.9, and gave him third in the long and third overall for the bronze medal.

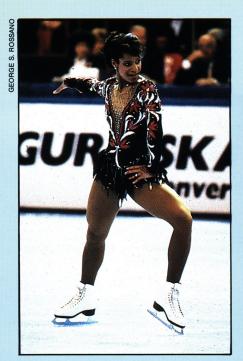
Boitano's long program was brilliantly executed to music from the film, *Napoleon*. With eight different complicated changes of music and interpretive aspects of the character of the victorious soldier, he again has taken a step forward in advancing his own horizon in the sport and brought what is hoped to be a new direction in approach to a total program.

Opening with the "tano" Lutz, and including four other triples and the triple Axel, the choreography and concept of the program is superb. A minor touchdown on a triple loop did nothing to diminish the powerful presentation and brought forth a standing ovation from the audience.

SENIOR LADIES

The Ladies' compulsories draw included the RFI counter, the LBO paragraph, and the RFO paragraph loop. Caryn Kadavy, Broadmoor SC, tied Debi Thomas, Los Angeles FSC, for the lead on the first figure, followed immediately behind by defending champion, Jill Trenary, Broadmoor SC. Tracey Damigella, also from the Broadmoor, placed fourth. Thomas overtook Kadavy on the second figure with Trenary and Damigella holding position. The final standings held Thomas in first. Kadavy second, Trenary third, with Jeri Campbell, All Year FSC, moving into fourth, over Damigella in fifth, and Cindy Bortz, Los Angeles FSC, in sixth.

The short program saw Thomas win again by only a one-judge majority, using a powerful double loop-triple toe combination and strong footwork. Kadavy placed second, with a flowing



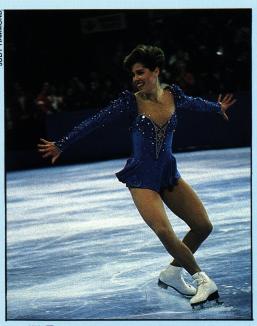
Debi Thomas Senior Ladies - Gold

triple loop-double loop combination, and Trenary was third with good speed in her spins and despite a slip on the landing of the triple flip-double loop combination.

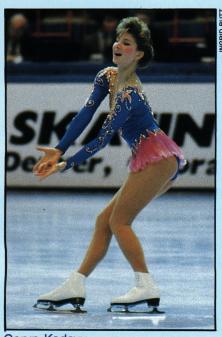
Campbell, in her first year as a Senior was not intimidated, and held fourth in the short and overall, with Bortz moving into fifth over Damigella.

The normal tensions of the long program were amplified by the Olympic and World team berths at stake, as well as the event being televised live on ABC's *Wide World of Sports* in prime time.

Tonya Harding, Portland ISC, after an eighth place in figures and a ninth in the short, came blazing back with a powerful long program filled with grace and strength. A fourth in the long moved her up to an overall fifth-place finish. Her extended Bauer and exceptional layback spin display a flexibility few can match and her excellent air speed



Jill Trenary Senior Ladies - Silver



Caryn Kadavy Senior Ladies – Bronze

and elevation in jumps promises a bright future.

Campbell, again displayed the strength and power in doubles and triples, along with an exceptional spin combination, exceptional for both positions and speed. A fifth in the long held her in a firm fourth-place final finish.

Trenary, skating first of the three leaders, ignited the audience with a stellar performance, including her trademark one-foot Axel-triple Salchow combination and solidly centered spins and three other triples. One of the most detailed choreographic programs of the evening brought marks from 5.6 to 5.9 and a second place in the long to raise her to second overall and the silver medal.

Thomas, skating next to themes from "Carmen" displayed a new maturity and compelling presentation that captivated the audience. Opening with a dynamic triple toe-triple toe, she firmly landed a triple loop, a stag split jump to a triple Salchow, and an especially strong spiral to double Axel, enough to take first place, retain her lead, and regain her National title, the first woman to do so since 1935.

With marks of all 5.8's and 5.9's for Thomas, there was little room for Kadavy to overtake her but a possibility to hold onto second. Her effortless flowing style, combining elegance and athleticism into a single element, brought her own special magic to the arena. Despite faltering on her usually secure triple loop, she took command of the ice, finishing to a thunderous ovation. A third in the long dropped her to third overall for the bronze medal.

It was an evening of stunning programs in which any of the top three skaters stood a possibility of winning, and is a testimony to the strength and depth of the entire current Senior Ladies' division.

SENIOR PAIRS

Always one of the most exciting parts of any National championships, the Senior Pair's field this year was exceptionally strong and creative. Despite illogical scheduling requiring the short program one evening and the long program late the following morning, all couples did their best to overcome the handicap. The first five placements in the short program held the same in the long and overall.

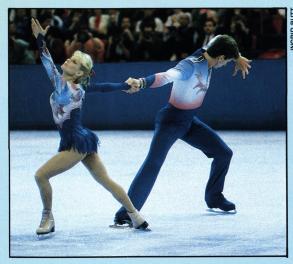
Rudi Galindo, St. Moritz ISC, was faced with double duty of skating the Men's long and the Pair's short program on the same evening, despite a pulled leg muscle. Always an audience favorite, he and partner Kristi Yamaguchi, St. Moritz ISC, gave a fast paced performance for a fifth-place finish.

Power and grace combine in Joseph Mero and Katy Keeley, San Diego FSC. With a near faultless routine, they were able to hold onto fourth and remain within medal striking distance. Natalie, University of Delaware SC, and Wayne Seybold, Fort Wayne ISC, brought the "Hoe Down" music from Aaron Copland's *Rodeo* into full western swing in a lively program, with good speed and energy to split the judges from second to fourth placements and a final third-place majority.

Gillian Wachsman, SC of Wilmington, and Todd Waggoner, DuPage FSC, seeking to regain their 1986 title, displayed the controlled assurance with a lively folk rendition for a solid second. Jill Watson and Peter Oppegard, Los Angeles FSC, handily placed first with their strength and creative choreography.

Late the following morning, the pairs were back on the ice for the long program, this time forcing Kristi Yamaguchi to skate the Pair's and Ladies' singles long program within six hours.

Ginger and Archie Tse, University of Delaware SC, started the excitement with



Jill Watson & Peter Oppegard Senior Pairs - Gold



Gillian Wachsman & Todd Waggoner Senior Pairs – Silver





Natalie Seybold & Wayne Seybold Senior Pairs – Bronze

one of the most original programs of the event. Despite a fall on their original spread eagle-death spiral, they made an impressive showing.

Of the leaders, Yamaguchi and Galindo skating first, proved their great individual strengths, accentuated by their opposite jumping, with strong double Axels and high-flying lifts. They held in fifth in the long and fifth overall.

Keeley and Mero, skating next displayed fine side-by-side double Axels, well timed camels and strength and speed on an applause-getting helicopter lift. She stepped out of a throw triple Salchow, and scores of 5.5 to 5.8 held them in fourth in the long and overall.

The Seybolds came out at full speed and had an especially exciting high twist lift and lateral and their original entrance into a death spiral. Their attempt at a triple throw Lutz was not successful, but the program was judged good enough to hold them in third for the bronze medal.

Wachsman and Waggoner with their usual flowing ease, making the difficult seem easy, executed beautiful pair spread eagles, an unusual change hand stepover death spiral and secure lifts. A touchdown on a throw double Axel was the only flaw in an otherwise clean program that garnered them 5.7's to 5.9's, and the silver medal.

Watson and Oppegard, skating last, brought the romantic tragedy of *Madame Butterfly* to life with outstanding moves, including their own original headstand lift, a "free fall" lift, the popular "swoop," and the drag death spiral. Despite a fall on a throw triple Salchow, their marks held them in first place for the gold medal and the Senior championship title for three out of the past four years.

SENIOR DANCE

The compulsory dances drawn included the Viennese Waltz, the Tango

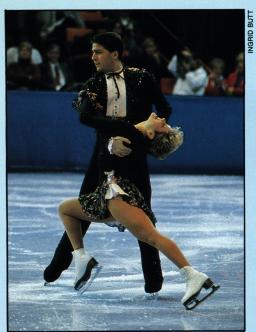
Romantica, and the popular Paso Doble. Dancers have always wanted to perform compulsories to a full house, and this year, they did. The event was unwisely scheduled in the small South Suburban Arena, site of compulsory figures. with inadequate seating to hold the overflow crowd. Many spectators were turned away. Those doubting the interest and draw of compulsory dances were sadly in error.

The question hanging over the competition was whether defending champions, Scott Gregory and Suzanne Semanick, University of Delaware SC, would be able to compete due to Scott's back injury. The question was soon answered as they skated second, winning the first dance and continuing through to win the event by only a one-judge majority.

Fast on their heels were Susan Wynne, Philadelphia SC & HS, and Joseph Druar, Seattle SC, who finished a firm second, followed in third by the new team of Renee Roca, Genesee FSC, and James Yorke, SC of Boston, in their first Nationals. A one-judge placement also made the difference between third and fourth which was awarded to April Sargent, University of Delaware SC, and Russ Witherby, Queen City FSC.

The Tango OSP, in many instances seemed to be interpreted as a caricature of the dance, rather than investigating its sensuous and romantic qualities. As a consequence, many opportunities for originality and expressiveness were lost. Semanick and Gregory again placed first, followed by Wynne and Druar, with both couples offering the strongest interpretations and presentations of the dance seen all evening. Sargent and Witherby placed third over Roca and Yorke, but positions going into the free remained the same.

The free dance event concluded the first Senior championships of the competition. The leaders, skating first,



Suzanne Semanick & Scott Gregory Senior Dance - Gold

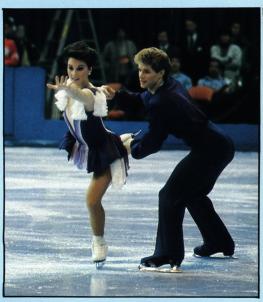
removed all actual lifts from the program and substituted smaller moves, to avoid any strain to Gregory's back. They presented a highly creative and imaginative routine to classical themes, closing with the fast paced "Hora Staccato" which was attacked with verve and speed. A one-judge majority gave them first and the 1988 Dance title for the second consecutive year.

Wynne and Druar, doing what they said they "enjoyed doing the most" captured the audience with fifties and sixties themes ranging from "It's Been A Long, Long Time," to a strutting jitterbug "Boogie Woogie Bugle Boy." They also captured a solid second place and the silver medal.

Sargent and Witherby's versatility was explored in a free program with music ranging from "Tiger Rag" and "Mexican Hat Dance" to "Jeff's Theme." Always stylish with attention to fine body line and edges, they outscored Roca and Yorke in the free to place third



Susan Wynne & Joseph Druar Senior Dance - Silver



April Sargent & Russ Witherby Senior Dance – Bronze

and finish third overall. Roca and Yorke presented the most classical of the four programs, and though only together for a short time displayed exceptional style and pairing. Jodie Balogh, Academy FSC, and Jerod Swallow, Detroit SC, rose from an initial sixth start in compulsories to finish fifth.

JUNIOR MEN

The Junior men fought a close battle from beginning to end with very few points separating the top four finishers. Shepherd Clark, Colorado SC, received unanimous first placements for a solid lead in the compulsories. Christopher Mitchell, Los Angeles FSC, captured second, followed by Cameron Birky, St. Moritz ISC, in third, and Aren Nielsen, Silver Blades FSC of Kansas City, in fourth.

An evening of consistent short programs left the top four men in place going into the long. Clark performed a dynamic short program combining high jumps, including a triple Lutz-double loop combination, with outstanding spins to earn a sweep of first-place marks. Birky executed a difficult double loop-triple toe loop combination along with a strong camel-sit-jump-sit spin combination to secure second in the short but remained in third overall. Mitchell skated to a third-place finish in the short but held onto second overall, followed by Nielsen in fourth.

Going into the long, Clark was in the lead with Mitchell, Birky, and Nielsen following close behind. Mitchell was the first of the top four men to skate, setting a difficult pace with a strong program which included high consecutive double Axels and solid triple jumps. Birky took the ice next, skating to the big band sound of Duke Ellington. Highlights of his program included an audience-pleasing spread eagle-double Axel-spread eagle and a nice triple Salchow and triple toe loop-double toe

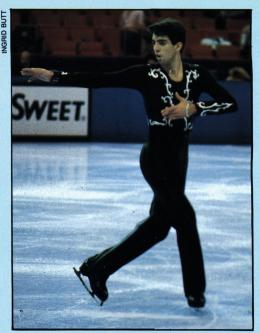
loop combination. A few popped jumps were enough to hold Birky below Mitchell, with Nielsen and Clark yet to skate.

Nielsen, with everything to gain and nothing to lose, attacked the long program with great determination, incorporating a number of well executed triples, including the toe loop, Salchow, loop, and Lutz, with one of the most expressive slow parts seen all evening. With Clark ready to take the ice, Nielsen posted scores ranging from 5.2 to 5.5. Clark, planning to skate an action packed program to music from Rocky IV and Spartacus, had an off night, missing four of his triple jumps but executing a beautiful Bauer into a double Axel and a solid triple loop-double loop combination. Despite errors, Clark kept the energy level up throughout the entire program, never allowing his presentation to falter.

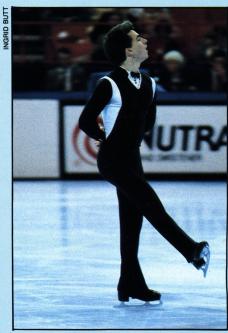
The announcement of the medalists brought Mitchell to the podium as the 1988 Junior Men's champion, Nielsen for the silver medal, and Birky for the bronze. Clark slipped to fourth overall, followed by Richard Sears of the Colonial FSC, fifth, and Colin VanderVeen, Atlanta FSC, sixth.

JUNIOR LADIES

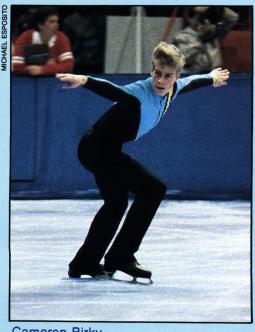
The Junior Ladies' event was one continuous seesaw battle from start to finish, with different skaters winning each of the three phases of the competition. Katie Wood, Skokie Valley SC, took the early lead winning the compulsory figures, followed closely by returning National Junior competitors Elizabeth Wright, Colorado SC, in second, and Dawn Duhamel, of the SC of Boston, third. Liane Moscato and Jennifer Leng, also representing the SC of Boston, made impressive showings in their first National Championships at the Junior level placing fourth and fifth respectively.



Christopher Mitchell Junior Men – Gold



Aren Nielsen Junior Men - Silver



Cameron Birky Junior Men – Bronze

The short programs were characterized by an array of triple combinations, some more successful than others, and unusually weak spins. Leng secured first place with an elegant program which included an outstanding triple toe loop-double loop combination. Dena Galech, Seattle SC, skated a clean, well presented program for a second-place finish in the short following a seventh-place showing in figures. Katie Wood held on to first overall after being awarded third in the short, followed by Jessica Mills, All Year FSC, placing fourth and Dawn Duhamel placing fifth.

With the title still very much up for grabs, the long program event turned into a battle of nerves. Although the talent was there the confidence was not, and nerves took their toll on many of the ladies. Dena Galech proved cool under pressure as she skated to the title with a near perfect program which included a solid triple flip and triple toe loop. One of the most mature skaters in the Junior division, Galech gave an inspired performance which delighted the audience.

The elegant Leng held on to second overall with a fifth-place finish in the long program. An astounding comeback was staged by Shenon Badre, Skokie Valley SC, who was in eighth after the short program. Not holding anything back, Badre gave a gutsy performance in the long to bound into the bronze medal position.

Mills, the youngest competitor in Junior Ladies, showed unusual maturity and great potential as she catapulted herself from eighth in figures to a fourth-place finish overall. Tisha Walker, Conejo Valley FSC, made a strong showing in the long program with a solid triple toe-double toe and two consecutive double Axels to capture third in the long program and eighth overall. Wood, leader after the short, did not fare well in the final phase of the competition, placing

eleventh in the long program and subsequently falling out of medal contention.

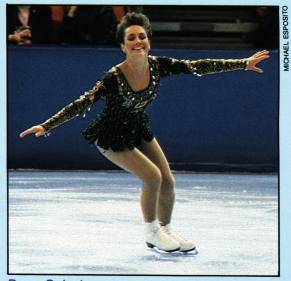
JUNIOR PAIRS

The Junior Pair's event confirmed the depth of talent of the young teams currently making their way up the ranks. Unique choreography and innovative moves (especially spins) characterized the event. Great consistency in both the short and long programs resulted in very few changes in placement between the two parts of the competition.

The short program began with a bang as Kenna Bailey, Utah FSC, and John Denton, Arctic Blades FSC, took the ice to skate first. Skating a clean, precise program the two earned marks ranging from 4.9 to 5.2, quickly establishing themselves as the team to beat. Natasha Kuchiki and Richard Alexander of the Los Angeles FSC were one of only three couples to return from the preceeding year in search of medals. The team got off to a good start earning a well deserved second in the short.

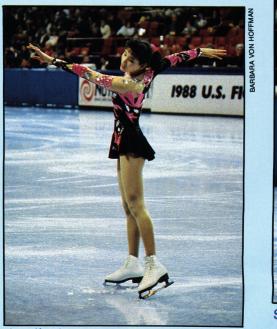
Jennifer Heurlin and John Frederiksen, Broadmoor SC, also making their second appearance at nationals, captured third place with a clean program highlighted by good individual jumps and a unique spin combination. Paula Visingardi, Detroit SC, and Jeb Rand, Atlanta FSC, skated to a fourth-place finish in the short, followed by Sara and Robert Powell of the SC of Boston in fifth, and Ann-Marie and Brian Wells of the University of Delaware SC in sixth.

Kuchiki and Alexander were the first of the top four teams to skate the long program. Showing good potential, the pair skated a well balanced program consisting of nice side-by-side moves, including double Axels, and a variety of unusual spins. The well matched couple displayed especially nice synchronization as they skated to a third-place finish in the long and the bronze medal. Next up

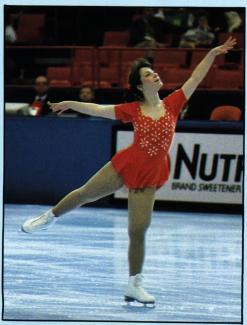




Dena Galech Junior Ladies - Gold



Jennifer Leng Junior Ladies - Silver



Shenon E. Badre Junior Ladies - Bronze

were Visingardi and Rand, a newly formed team in their first Nationals. Their solid long program included one of the best throw jumps of the evening, a high, flowing, throw triple Salchow, along with a nicely executed split double twist. Visingardi and Rand finished fourth place overall in a successful National debut.

The young, energetic team of Heurlin and Frederiksen used their great audience appeal to perform one of the most entertaining programs. Skating to the music of "Three Blind Mice," the team utilized innovative choreography to show off difficult moves, including a throw double Axel and side-by-side double Lutzes. Their animated performance earned them second place in the long program and the silver medal.

Bailey and Denton, leaders after the short, were last to skate. With the title within reach, they attacked the program with both speed and grace. Their performance showcased some of the best spins of the evening, including perfectly synchronized sit-change-sit spins, with a variety of lifts. Despite a fall at the end of their program, Bailey and Denton earned unanimous first place marks to win the long and the 1988 Junior Pair championship title.

JUNIOR DANCE

It was a tight race for the top spots in the Junior Dance division, with five teams returning from Tacoma in search of medals.

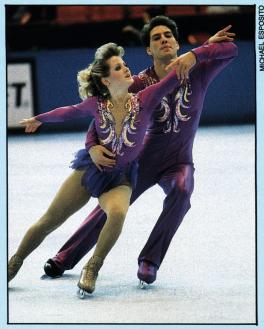
After fourteen couples Tangoed, Waltzed (Viennese), and Quickstepped their ways through the compulsory dances, it was Elizabeth Punsalan, Los Angeles FSC, and Shawn Rettstatt, Pittsfield FSC, emerging in first place. Tiffany Veltre, Arctic Blades FSC, and Duane Greenleaf, Los Angeles FSC, captured second, followed by Jennifer

Goolsbee and Peter Chupa, Detroit SC, in third, Rachel Mayer and Peter Breen, SC of Boston, fourth, and Kara Berger, Los Angeles FSC, and Jay Barton, Arctic Blades FSC, in fifth.

The original set pattern dance saw very little change in the placements of the top five teams with Punsalan and Rettstatt securing first place once again. Goolsbee and Chupa skated an expressive, well polished program to earn second, followed closely by Veltre and Greenleaf in third, with Mayer and Breen in fourth, and Berger and Barton holding in fifth.

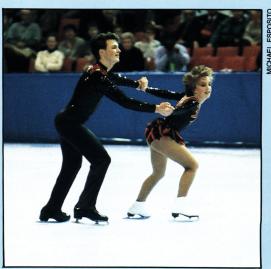
The afternoon of free dances unveiled an abundance of talent, with nearly all of the teams putting on good performances. Punsalan and Rettstatt held off all other challengers with a richly interpreted program using a Spanish theme. The pair, stunning on the ice in dramatic purple and black costumes, skated with great confidence, interacting well with each other and with the audience. With nice body lines and excellent unison the pair earned marks ranging from 5.0 to 5.3, to capture the 1988 Junior Dance title.

Veltre and Greenleaf jumped back into second in the free dance with an expressive program showcasing their mature style and fluid motion. The pair skated a well balanced program, with interesting choreography blending nicely with the music, to capture second place overall and the silver medal. Goolsbee and Chupa, skating to a medley of piano music, performed quick sharp moves in nice unison and with good energy to tie for third in the long with Mayer and Breen, who performed a stylish routine to "Boogie Woogie Bugle Boy" displaying deep edges and good flow. Goolsbee and Chupa's lead going into the free dance enabled them to hold onto third place for the bronze medal, with Mayer and Breen winning fourth.

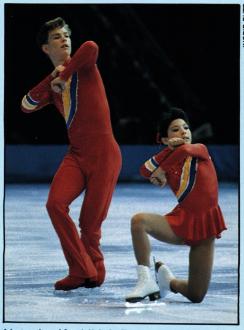




Kenna Bailey & John Denton Junior Pairs - Gold



Jennifer Heurlin & John Frederiksen Junior Pairs - Silver



Natasha Kuchiki & Richard Alexander Junior Pairs - Bronze

The charismatic team of Holly Robbins and Jonathan Stine, Broadmoor SC, showed good potential as they captivated the crowd with their expressive style and animated routine. They placed fifth in the free dance and sixth overall with a sixth-place finish in the free dance.

NOVICE MEN

Radical changes in placement between the figure and freestyle events made for some unexpected overall results in the Novice Men's category. Chris Browne, Dallas FSC, made a strong showing in compulsories, earning seven first-place marks to give him the early lead. John Reppucci, Pilgrim SC, skated three consistently good figures to take second place, followed by Michael Weiss, Washington FSC, in third; John Wright, Garden City FSC, in fourth; and Clay Sniteman, Utah FSC, in fifth.

The afternoon free skating event turned up more than its share of surprises, with the top three freestyle finishers seated ninth place or lower in the figures. Michael Chack, SC of Rockland, rallied to win the freestyle from a ninth-place finish in compulsories. Looking strong and confident, Chack performed an action-packed program which included nice Salchow, toe loop, and loop jumps, and consecutive double Axel jumps completed with great ease. The performance earned him first place from all nine judges.

Richard Alexander, Los Angeles FSC, rebounded from twelfth in figures to earn second place in the free with a well choreographed program consisting of good spins, including an unusually high flying sit spin, and a solid triple Salchow and double Axel-double toe loop combination. Keeping with the trend, John Fredericksen, Broadmoor SC, managed to stage his comeback from last in figures with a third-place finish in the

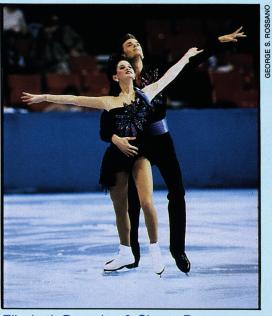
freestyle. Two well executed double Axels and consecutive triple toe loops, held Fredericksen above fourth-place finisher Chris Browne, who skated a clean, well presented program. Paul Dulebohn, Baltimore FSC, captured fifth in freestyle, followed by Sniteman in sixth.

Final standings saw figure leader Browne walk away with the gold medal and the 1988 Novice Men's title. Chack rocketed from ninth place to win the silver medal, and Dulebohn captured the bronze with sixth in figures and fifth in freestyle. Sniteman took fourth place, followed by Reppucci in fifth, Weiss in sixth, and Alexander in seventh. Fredericksen moved up four notches to ninth with third place in the freestyle.

NOVICE LADIES

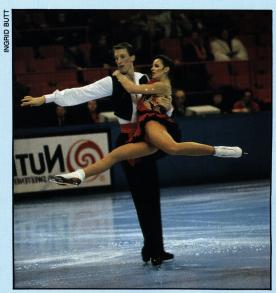
The Novice ladies were even going into the competition, with all twelve skaters competing for the first time in their event at a National Championship. After spending four long days as spectators, the ladies were eager to take the ice for the compulsories on Friday morning. Following a dozen change double threes, brackets, and back inside loops, Allyson Fenlon, Rocky Mountain FSC. emerged as the clear winner, earning eight first-place marks to claim the lead. Robyn Petroskey, St. Paul FSC, secured second place, followed by Stephanie Bush, All Year FSC, in third, Caroline Lee, DuPage FSC, in fourth, and Natasha Kuchiki, Los Angeles FSC. in fifth.

The freestyle yielded an impressive variety of skating styles, music, and costumes. Caroline Lee showcased her classical ballet style with a beautifully choreographed routine to *Swan Lake* and "Carmen." With solid double jumps and a nice variety of spins, Lee ran away with eight first-place marks to capture the 1988 Novice Ladies' title. Kuchiki, struggling to move up from a

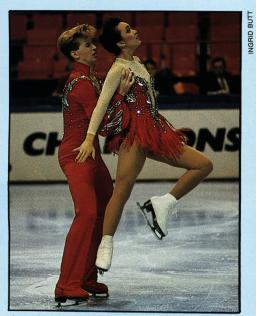




Elizabeth Punsalan & Shawn Rettstatt Junior Dance – Gold

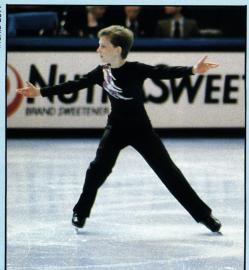


Tiffany Veltre & Duane Greenleaf Junior Dance – Silver

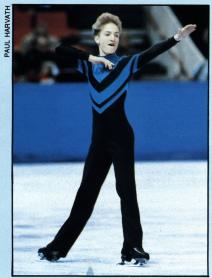


Jennifer Goolsbee & Peter Chupa Junior Dance – Bronze

SKATING / FEBRUARY 1988 41

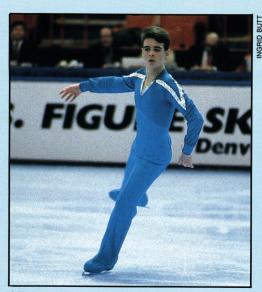


Chris Browne Novice Men - Gold



Paul Dulebohn Novice Men - Bronze

fifth place in figures, came back with a unique program performed to music by Luciano Pavarotti. Interesting interpretation and good presentation skills earned her second place in the free, moving her up one notch to fourth overall. Petroskey held on to second place overall by cap-



Michael Chack Novice Men - Silver

turing third place in the freestyle with a graceful rendition of "Carmen," followed by figure leader Fenlon, who earned fourth in the freestyle to secure third overall. A seventh-place finish in the free dropped Bush out of medal contention and into fifth overall with Heather Sniteman, Utah FSC, finishing in sixth.

DENVER FOOTNOTES

The official logo pin from the Championships was quite a disappointment to many people. In this important Olympic year, an outstanding design and product was expected. Instead, a small epoxy domed pin with little distinction was issued. The most popular pin of the event was the colorful cloisonné design created by the Denver Chamber of Commerce in limited quantities for the press. It is fine quality and is the item collectors seek.

The large diamond vision screens at either end of the rink were used the first evening at McNichols arena for live coverage of what was happening on the



Caroline Lee Novice Ladies – Gold

ice. They were immediately killed for the rest of the competition due to the distraction for both competitors and audience. Had the skaters known or had an opportunity to practice with such giant mirror images of themselves, the idea might have worked. They were used in Houston at the Olympic Festival, but the Nationals are entirely too important to allow such distractions.

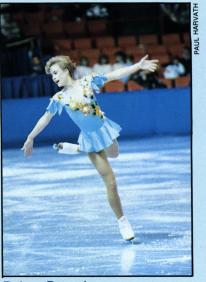
The darkening of the screens did prevent a proposal for marriage planned as a surprise by a local resident.

* * *

Never doubt Denver's power as a sports center. Anyone attending the Sunday exhibition was witness to a traffic jam of gigantic proportions. As the Bronco's playoff game ended, thousands of people tried to leave Mile High Stadium while several thousand more attempted to reach McNichols Arena—directly across the street from the stadium. The Exhibition of Champions delayed starting twenty-five minutes, but many people still arrived late due to the traffic and parking problems.

* * *

Two strange quotes win special awards for the week. Following Doug Mattis's performance dressed in black with black



Robyn Petroskey Novice Ladies – Silver



Allyson Fenion Novice Ladies - Bronze

gloves, an unidentified spectator commented, "He's too short to wear gloves."

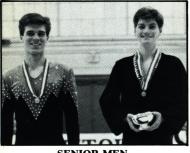
In one of the press conferences, Brian Boitano was asked, "Do you hear the music when you skate?" ('Nough said.)

☆ ☆ ☆

REPOR

NEW ENGLANDS

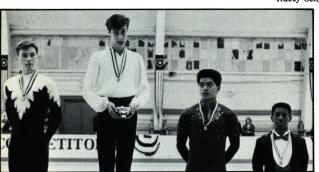




SENIOR MEN Paul Wylie, Gold; Mark Mitchell, Silver



SENIOR LADIES Nancy Kerrigan, Gold; Tracie Brown, Silver; Tracey Seliga, Bronze; Cristen Wisner, Fourth



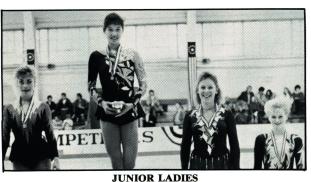
JUNIOR MEN Richard Sears, Gold; Edmund Nesti, Silver; Jon De Paz, Bronze; Johnny Joe Stephens, Jr., Fourth



SENIOR DANCE Elizabeth McLean & Ari Lieb, Gold Jacqueline Yarema & Kenton Webb, Silver



JUNIOR PAIRS Sara Jeanne Powell & Robert Powell, Gold Wendy Weston & Alexander Enzmann, Silver



Jennifer Leng, Gold; Liane Moscato, Silver; Pepi Pierce, Bronze; Dawn Duhamel, Fourth



JUNIOR DANCE

Elizabeth Punsalan & Shawn Rettstatt, Gold Rachel Mayer & Peter Breen, Silver Tina Marie Marshall & Sean G.J. Swartz, Bronze Melanie Sheehan & Gerald Miele, Fourth



NOVICE MEN

Garrett Swasey, Gold; John Reppucci, Silver; E. Stuart Golden, Bronze; Scott McCoy, Fourth



NOVICE LADIES

Jennifer Frank, Gold; Heather Callaghan, Silver; Anna Lowder, Bronze; Kristin Russell, Fourth

Scott Hamilton

Continued from page 23

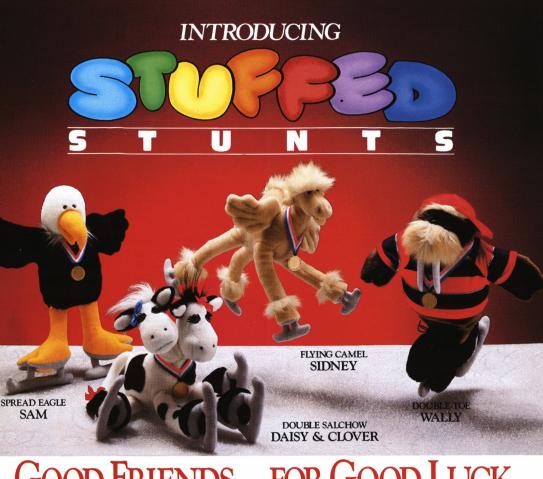
and to the sport. "I had never seen an Olympic gold medal until I was standing on the podium at Sarajevo," he said. "I wanted to give mine to the museum so that current competitors could come in and see what they're working toward. I hope that this will serve as an inspiration to many young skaters."

Highlights of the ceremony opening the exhibit included a special two-hour video tape of Hamilton's most memorable performances; Lake Placid in 1980, the U.S. Championships in '82, '83, and '84, and Sarajevo in 1984. Special guests in attendance included coach Don Laws, Scott's father, Ernest Hamilton, Mrs. Helen McLoraine, former U.S. Ladies'

champion, Mrs. Yvonne Sherman Tutt, and 1988 Olympic and World Team alternate Angelo D'Agostino.

It is only fitting that one of America's most celebrated and popular champions is honored by the World Figure Skating Hall of Fame and Museum. It is the only museum of its kind in the world, established to preserve the history of the sport of figure skating, and includes fine arts, literature, music, trophies, medals, graphics, costumes, and other memorabilia, covering over one-hundred years of the sport. Exhibits are constantly changing, with new pieces being donated from all over the world.

The Scott Hamilton exhibit will be on display throughout this Olympic year as a special tribute to the skater, the man, and the athlete.



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TOTAL

EASTERN GREAT LAKES

by Bonnie Duval

Filled with high hopes and eager anticipation, 280 competitors arrived in Indianapolis for the Eastern Great Lakes Regional Championships. Hosted by the Ice Skating Club of Indianapolis, the week-long competition was held at the Carmel Ice Skadium Oct. 24–31. Seventeen events, comprised of skaters from six of the seven states in the region, were held.

The Senior Ladies' event was won by Tonia Kwiatkowski, Winterhurst FSC, who captured firsts in both the long and short programs with her skillful skating. Michelle Millikan, WC of Indianapolis, who was first in figures, gave a crowd pleasing performance for the silver. Anne Fischer, Detroit SC, placed third in the long and short programs for the bronze. Jennifer Stavros, ISC of Indianapolis, was fourth after maintaining that position in the long and short programs with her powerful skating.

In Junior Ladies, Jenni Meno, Winterhurst FSC, won the gold with her delightful long program. Shannon Kardos, Winterhurst FSC, who was first in figures and short program, took the silver. Megan Carpenter, Academy FSC, took the bronze with some wonderful jumps in the long program. Fourth went to Marcy Reis of the Winterhurst FSC.

The Junior Men's event was won by John King of the Winterhurst FSC after he placed first in every category. Dan Hollander, Detroit SC, took the silver after giving a good performance in the long program.

Novice Ladies began with forty-three skaters and ended with twelve skaters in the final round. This was an especially interesting event for the spectators throughout the entire week. Tiffany Pichon, Winterhurst FSC, won the gold. The silver medal went to free skating winner Angela Deneweth, Garden City FSC, and the bronze was awarded to Charlotte Irwin of the Winterhurst FSC. Erin Schuler, Lincoln Center FSC, who was first in figures, took fourth place. Ten-year-old Lisa

Ervin, Winterhurst FSC, new to Novice this year, captured everyone's imagination when she placed second in freestyle.

The largest group of qualifying competitors was found in the Intermediate Ladies event, with forty-seven skaters. The gold was awarded to Regan Wagner, Nashville FSC, after she won both figures and freestyle, and the silver went to Julie Neumark of the Queen City FSC. Jennie Yi, Detroit SC, earned the bronze, and Holly Russel, Winterhurst FSC, placed fourth.

A large field of Novice Men took to the ice for some memorable performances, Michael Orr, Detroit SC, won the gold with a first-place performance in figures and freestyle. Michael, a gracious young man, was definitely a crowd favorite and skated a strong program with powerful jumps. The silver went to John Wright of the Garden City FSC after a nice freestyle program. The bronze went to Dave Tonidandel, Winterhurst FSC, while Brian Scherle, Plymouth FSC, took fourth.

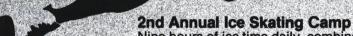
The Intermediate Men's event was won by Ryan Hunka, Winterhurst FSC, with a first in freestyle. Willie Widmeyer, ISC of Indianapolis, took the silver with an electric program full of personality. The bronze went to figure winner Mark Drouillard, Academy FSC, and Marc Campbell, Detroit SC, was fourth.

The Junior Pair's event produced three place winners. The gold went to Paula Visingardi, Detroit SC, and Jeb Rand, Atlanta FSC, after they won first place in both the long and short programs. The silver went to Catherine Baffo, Detroit SC, and John Liotta, Providence FSC. The bronze was awarded to Hilary Olney, and Jeff Myers, Detroit SC.

Novice Pairs also had three place-winning teams. The gold went to Susan Purdy, North Suburban FSC, and Scott Chiamulera, Eagle River FSC. The silver was awarded to Regan

Continued on page 55





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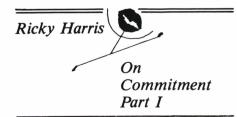
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Giving Up Some School Activities

This sometimes seems difficult as you listen to friends talking about the fun they are having doing this or that. Do not give up all school activities, only the ones that interfere with the schedule of training and competitions involved in becoming a successful skater.

Getting to Bed Early

There is always that temptation to watch just one more television show, or read one more chapter of a book. Getting enough rest and a certain amount of sleep hours is important to becoming a healthy competitor. When the body is not rested, it is difficult to put the energy required into the practice of figure skating. Accidents and injuries may occur when the body is overtired from lack of sleep.

Eating Nutritionally

I'm sure you have all heard "You are what you eat." Oh, how true that is! Having a bowl of good oatmeal, for example, or some other hot cereal in the morning, will give you long lasting energy. Eating yummy pecan rolls, or (horrors!) chocolate covered donuts, will result in an energy "low." I eat a pecan roll rarely; a donut never. Have you ever seen a donut being made? Grease! Grease! Grease! When I do eat a pecan roll, I seem to crave more of the same or similar sweet things, but when I eat a bowl of hot cereal, my body feels satisfied.

I have thought about this a great deal and finally came to my own conclusion as to why

Continued on page 66



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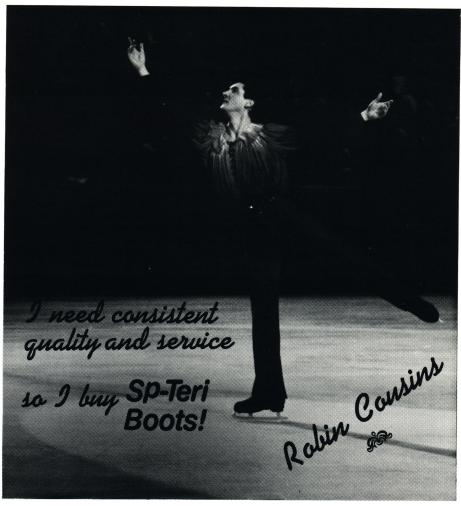
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SOUTHWEST PACIFICS

by Janis Krauthamer

The Blue Jay Ice Castle, in the mountain town of Blue Jay, California was the setting for the 1988 Southwest Pacific Regional Championships. As the city folks flocked to spend two beautiful weekends in the San Bernadino Mountains and breathe the clean mountain air, the season known as "winter" set in. Winter in Southern California differs from many parts of the U.S.; here winter means rain, and rain it did.

At Blue Jay's partially enclosed rink, the competitors had to make their way through the mist, but the conditions didn't dampen their enthusiasm. The judges had their work cut out for them, dodging rain drops from the ceiling and officiating 195 competitors, who were vying for spots in December's Pacific Coast Sectional Championships, in 18 events.

SENIOR MEN

Erik Larson, Rim of the World FSC, capped his division by sweeping figures, short, and long program to take first place. Patrick Brault, Los Angeles FSC, was able to pull up to second place with an exciting long program. John Filbig, Rim of the World FSC, was in second going into the long program but a third-place finish gave him the bronze.

SENIOR LADIES

Juli Stevens' strength in the short and long programs propelled her to win the gold medal. Stevens, of the Los Angeles FSC, was second in figures but kept first place marks for the rest of the competition. Joan Colignon, of the Arctic Blades FSC, skated strongly to win the silver. Alisa Castleberry, Los Angeles FSC, took the bronze.

JUNIOR MEN

Alex Chang, Los Angeles FSC, was in charge from the beginning by winning figures, and continued on to win the short and long programs. John Baldwin, Jr., Los An-

geles FSC, skated a good long program to squeak past Christopher Mitchell, Los Angeles FSC, who finished third.

JUNIOR LADIES

Tamara Kuchiki, Los Angeles FSC, combined style with good jumps to place first overall. Tisha Walker, Conejo Valley FSC, had a slow start in figures and the short program but gave a fine performance in the long program for an overall finish of second place. Jennifer Itoh, Los Angeles FSC, skated a winning long program, but with the placement of third after figures and the short, she had a final finish of third.

JUNIOR PAIRS

The teams of Natasha Kuchiki and Richard Alexander and Kenna Bailey and John Denton battled it out for the gold. Bailey, of the Utah FSC, and Denton, Arctic Blades FSC, won the short program while Kuchiki and Alexander, both of the Los Angeles FSC, won the long program to win overall. Christina Kopp and Eric Wylie, Arctic Blades FSC, skated well to keep a strong third place throughout the competition.

JUNIOR DANCE

In a strongly skated event with ten couples, Tiffany Veltre, Arctic Blades FSC, and Duane Greenleaf, Los Angeles FSC, danced a well-choreographed OSP and free dance to hold onto first throughout the competition. The silver went to the highly expressive team of Kara Berger, Los Angeles FSC, and Jay Barton, Arctic Blades FSC. The brother and sister team of Wendy and Peter Mirsky, Los Angeles FSC, showed their strength in the compulsory dances to take the bronze.

ADULT DANCE

First-place finishes in the initial round and in the Variation Dance gave South Bay FSC's

Ethel Field and Ryochi Kobayashi the gold. Brigit Luciani, San Diego FSC, and Robert Engle, La Jolla FSC, skated well in both rounds but had to settle for the silver. Paula Murray, Arctic Blades FSC, and Stan Kolodzi, Los Angeles FSC, gave a fine performance in the Variation Dance to get the bronze.

NOVICE MEN

With a win in figures and a second-place finish in the long, Christopher Beck, of the All Year FSC, was able to capture first overall. Richard Alexander, Los Angeles FSC, pulled up to second after being third in figures by winning the long program. Randy Scott, Palm Desert FSC, was second in figures and third in the long to finish third overall.

NOVICE LADIES

Using the advantage of a first place finish in figures, Jennifer Davidson, Conejo Valley FSC, placed second in the long to finish first overall. Natasha Kuchiki, Los Angeles FSC, gave a strong freestyle performance to win the long and take the silver. Stephanie Bush, All Year FSC, took the bronze with a second in figures and fourth in freestyle.

NOVICE PAIRS

All Year FSC's Nicole and Gregory Sciarrotta skated first-rate performances to capture the gold with ease. Also representing All Year FSC, the team of Brandee Marvin and Christopher Beck held second in both rounds. Breyan Burke, SC of Phoenix, and Jonathan Magalnick, Arizona FSC, took third.

NOVICE DANCE

The team of Jennifer Nieman, St. Moritz FSC, and Dewayne Browning, Arctic Blades FSC, were first after the initial round of compulsory dances, and after a clear cut first in the OSP, they took the gold. The silver medalist team of Caroline Menard and Karim Aityata, both of the SC of Phoenix, had some problems in their OSP but still kept the silver. San Diego FSC's Julisa Wilhem and John Hellerud took the bronze.

INTERMEDIATE MEN

Eddie Zeidler, representing the Conejo Valley FSC, won his division with firsts in both figures and freestyle as Gregory Sciarrotta, All Year FSC, gave a good freestyle performance to hold into second. Shaun Ditmar took third with a strong placement in figures.

INTERMEDIATE LADIES

Casey Link of the Las Vegas FSC held a strong first place as she won both figures and freestyle. Tristan Colell, All Year FSC, skated a solid performance to receive the silver. Cassie Nuttman, All Year FSC, skated with nice flow and jumps to take the bronze.

PRE-INTERMEDIATE DANCE

In a close competition, All Year FSC's Amie Juarez and Byron Dollarhide danced nicely in the final round to edge out Tania Englebert, All Year FSC, and Douglas Durward, South Bay FSC.

JUVENILE BOYS

Ben Wylie of the All Year FSC placed first in both rounds. B.J. Risnes, Rim of the World FSC, took second place.

JUVENILE GIRLS

With a top rate freestyle performance, Jessica Posada barely won the Gold from Christina Wu. Posada, of the Los Angeles FSC, was in third place after compulsory figures, but a strong performance pulled her past Wu, of the Palm Desert FSC, and thirdplace finisher Tricia Kawaguchi, of the Arctic Blades FSC.

JUVENILE PRECISION

San Diego FSC's Starlights gave a sparkling performance to win the Juvenile Precision division. The Arrowhead Cherokees, of the Arrowhead FSC, gave a fine performance to place second.

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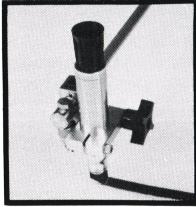
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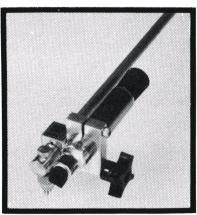
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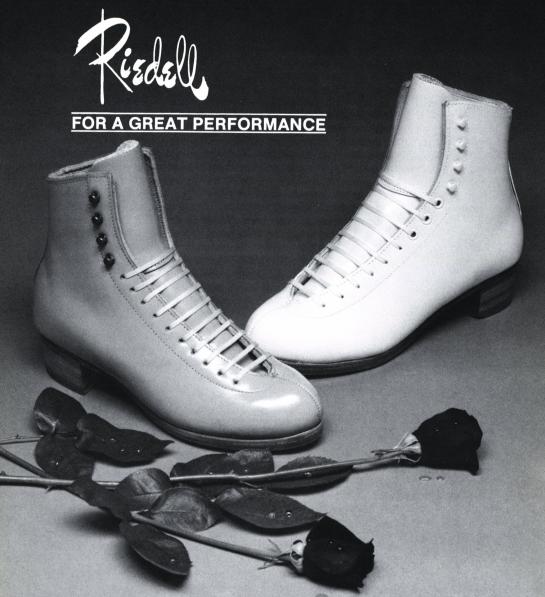
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Eastern Great Lakes

Continued from page 47

Wagner and Arthur Reid, both from the Nashville FSC. The bronze went to Katie Ryan and Mick Ryan, both from the Detroit SC.

Senior Dance was won by Jodie Balogh, Academy FSC, and Jerod Swallow, Detroit SC. The silver medal went to Jennifer Benz and Jeffrey Benz, both from the Detroit SC.

Style and potential best describe the Junior Dance event. These young people definitely deserve watching in the years to come. All of the costuming was beautiful and a real extension of the music program. Winning the gold was Jennifer Goolsbee and Peter Chupa, both from the Detroit SC. The silver went to Jeannine Jones and Michael Shroge, representing Winterhurst FSC. Taking the bronze was Katherine Williamson and Ben Williamson, from the Academy FSC. Fourth was awarded to Julie Benz, Detroit SC, and David Schilling, Grosse Point SC.

Senior Pairs skaters, Shanda and Brandon Smith, of the Detroit SC, performed in exhibition.

In Adult Dance, the gold was won by Sandy Burkons and Alan Narvy, both from the Cleveland SC. The silver went to Trudy Backus, FSC of Cincinnati, and John Dool, Oxford SC. The bronze was awarded to Ellen Clark and Harlan Brunnemer, both from the WC of Indianapolis.

Not to be outdone by the skaters, the judges staged a "show" of their own at the conclusion of the final events. Bette Todd, Chairman for EGL from the ISC of Indianapolis, was awarded a perfect set of 6.0's from each judge in appreciation for a well run competition and in recognition of her birthday. Congratulations, Bette!

A competitors' party at the Radisson culminated the week-long competition. It was a pleasure to watch the skaters relax, dance, and make new friends—even the parents took a turn on the dance floor. Satisfaction and pride were clearly present in the eyes of everyone as they recounted the memories of the week, planned for the future, and dreamed of "next year."



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Calendar of Events

Continued from page 21

Rochester, MN. Three hundred skaters will participate in the show, including Polish national champion Gzregorz Filipowski. For information contact: Rochester FSC, 507-288-7536.

- 22-24 4th Annual Sourdough Competition, sponsored by the Fairbanks FSC, Fairbanks, AK. Figures, Freestyle, Mixed Pairs, Similar Pairs, Improvised, Solo Dance, Mixed Couples, Adult Shadow, and Draw Events, as well as High Level Testing. For information contact: Joan Jones, P.O. Box 10343, Fairbanks, AK 99710, 907-488-2737.
- 22-24 Westchester Figure Skating Competition, sponsored by the SC of Westchester, at the Low Tor Ice Rink, Rte. 202, Garnerville, NY 10923. Figures, Freestyle, Dance, Basic Skills, Character Solo, and Precision Team events. For information contact: Peter Bayer, President, 914-472-2559 or Janet Shin, 914-965-2245.
- 23-24 Ann Arbor Springtime Invitational Competition, sponsored by the Ann Ar-



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- bor FSC, Ann Arbor, MI. Competition for the beginning competitor in Basic Skills and Low Test. For information contact: Publicity Coordinator, Ann Arbor FSC, P.O. Box 7386, Ann Arbor, MI 48107, 313-769-7820.
- 23-24 Ice Capers 88, forty-ninth annual ice show, sponsored by the Commonwealth FSC, at the Randolph Ice Arena, Randolph, MA. For information contact: Show Committee, 617-963-4053.
- 23-24 Mt. Lebanon Invitational, sponsored by the Ice & Blades Club of Washington, PA, at the Mt. Lebanon Recreation Center, 900 Cedar Blvd., Mt. Lebanon, PA 15228. For information contact: Betty M. Galligan, 221 Davidson Dr., Charleroi, PA 15022, 412-483-5320.
- 23-24 Snow White and the Seven Dwarfs on Ice, sponsored by the Carousel FSC, at the Valley Ice Arena, 9250 S.W. Beaverton-Hillsdale Highway, Beaverton, OR 97005. For information contact: Marsha Carlton, 3304 S.W. Stonebrook Dr., Portland, OR 97201, 503-244-9169.
- 28-30 Brandywine Blades Ice Show, sponsored by the SC of Wilmington, at the SC of Wilmington, Weldin & Carruthers Ln., Wilmington, DE 19803-0307. For information call: 302-656-5005 or 5007.
- 28-5/1 Darien Open Figure Skating Competition, sponsored by the Darien SC of Southern Connecticut, at the Darien Ice Rink, Darien, CT. Figures, Singles, Pairs, Dance, Interpretive, and Adult Figures, Free, and Dance events. For information contact: Ellie F. Kimelman, 31 Bronxville Glen Dr., Bronxville, NY 10708, 914-237-3962.
- 28-5/1 1988 Phoenix Fiesta Skate, sponsored by the SC of Phoenix, at the Oceanside Ice Arena, Tempe, AZ. Figures, Free Skating, Dance, Pairs, and Precision Team events. Initial and Final Round Juvenile through Senior levels. For information contact: Lynda Fechtig, Chairperson, 2554 W. Bentrup St., Chandler, AZ 85224, 602-820-6327 or Peggy Thompson, Assistant Chairperson, 906 Verde Lane, Tempe, AZ 85284, 602-897-1651.
- 29-5/1 Capital Cotillion, adult social ice dance weekend, sponsored by the Ice Club of Washington, Washington, D.C. For information contact: Jeanne Moorman, 301-350-0305.
- 29-5/1 Midnight Sun Dance Weekend, sponsored by the Anchorage FSC, at the 33 University of Alaska Ice Arena, An-

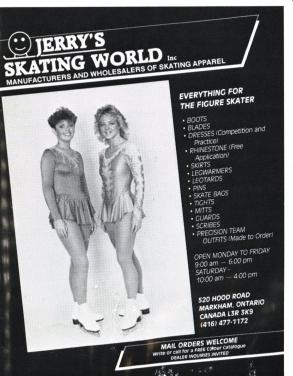
chorage, AK. All levels of ice dancing from Preliminary through Gold. For information contact: Pat Rodgers, P.O. Box 19-6577, Anchorage, AK 99519, 907-345-0927.

Bowling Green Precision Competition, sponsored by the Bowling Green SC, at the Bowling Green State University Ice Arena, Bowling Green, OH. For information contact: Darlene Householder, 16620 Mitchell Rd., Bowling Green, OH 43402, 419-352-7295.

MAY

6-8

Sports Medicine and Science Symposium on Physically Disabled Athletes, sponsored by the Department of Physical Medicine, Baylor College of Medicine, at the Houstonian Hotel and Conference Center, Houston, TX. This symposium for physicians, therapists, trainers, researchers, educators, coaches, and athletes on sports medicine and sports science for athletes with physical disabilities will feature nationally recognized experts in the areas of sports medicine, athletic training, and research for disabled athletes. For information contact: Marjorie Gordon, Division of Education, The Institute for Rehabilita-



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- 8, Love & Happiness, ice show sponsored by the Babson SC, at the Babson Skating Rink, Wellesley, MA. For information contact: Joan Allen, Babson Skating Center, 150 Great Plain Ave. Wellesley, MA 02181.
- 12-14 Just Imagine Ice Show '88, sponsored by the Cleveland SC, at the Cleveland SC, 2500 Kemper Road, Shaker Heights, OH 44120. For information contact: Lynn Rimmer, 216-791-2800 or Sue Luria, 216-464-3827.
- 13-15 5th Annual Lakewood WC Open Championships, sponsored by the Lakewood WC, at the Sprinker Recreation Center, 14824 South "C" St., Tacoma, WA. Figures, Short Program, Free Skating, Pairs, Compulsory Dance, Free Dance, Solo Dance, Precision, and Showcase events. For information contact: Sandi Gendreau, Chairperson, 206-848-8403, Karen Woods, Co-Chairperson, 206-537-9781, or Joann Calhoun, Registrar, 206-752-8184.
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New Test Abbreviations are as follows: PRE = Preliminary Figure; 1 = First Figure; 2 = Second Figure; 3 = Third Figure; 4 = Fourth Figure; 5 = Fifth Figure; 6 = Sixth Figure; 7 = Seventh Figure; 8 = Eighth Figure; PF = Preliminary Free; JF = Juvenile Free; IF = Intermediate Free; NF = Novice Free; JRF = Junior Free; SRF = Senior Free; PPR = Preliminary Pair; BPR = Bronze Pair; SPR = Silver Pair; GPR = Gold Pair; P DT = Preliminary Dance Test; BR DT = Bronze Dance Test; PS DT = Pre Silver Dance Test; S DT = Silver Dance Test; SFD = Silver Free Dance; PG DT = Pre Gold Dance Test; G DT = Gold Dance Test; GFD = Gold Free Dance; I DT = International Dance Test; B ADT = Bronze Adult Dance Test; PS ADT = Pre Silver Adult Dance Test; S ADT = Silver Adult Dance Test; PG ADT = Pre Gold Adult Dance Test; G ADT = Gold Adult Dance Test.

GOLD FIGURES

Jennifer Helfrich, Penguin FSC; Shannon Hunter, Seattle SC; Susi Wehrli, Skokie Valley SC.

GOLD FREE

Michelle Vagedes, DuPage FSC; Shannon Hunter, Seattle SC; Tara Taylor, Hayden Recreation Centre FSC; Tara Lynn Hillstrand, DuPage FSC: Wylie Jane Smith, SC of Lake Placid.

GOLD DANCE

Heidi Enzmann, SC of Lake Placid; Lesle Lane, ISC of Indianapolis.

ALL YEAR FSC: 1-Michelle Jones. 2-Arlene Rodriguez. JF-Arlene Rodriguez. PS DT-Timothy Bookwalter. S DT-Sue Park.

ALPINE SC: PRE-Rae Sandler. 1-Gretel Reich, Kristina Szalach, Tracy Froid. 3-Laura Gregg. PF-Rae Sandler

ANCHORAGE FSC: PRE-Darlene Dalsfoist, Jennifer Carle, Jens Noet, Nicole Nieto. 1-Kristina Hunsaker. 3-Michelle McPheters. PF-Darlene Dalsfoist, Jennifer Carle, Jens Noet, Nicole Nieto. JF-Holly Matthews.

ANN ARBOR FSC: PG DT-Julie Hood. AUSTIN FSC: 1-Andrea Van Houtan, Bea Tran.

ICE CLUB OF BALTIMORE: JF-Martin Romanik. BERKLEY ROYAL BLADES FSC: PRE-Susan Hartwig, Tami Tarnow, Theresa Thimm. PF-Susan Hartwig.

P DT-Karen Wasielewski. PS DT-Jennifer Wesley. SC OF BOSTON: PS DT-Christine Thurber Ervin.

BRAEMAR-CITY OF LAKES FSC: 2-Enid Dahlstrom. 6-Jenni Goggin. JF-Sheila Chapman, Sonia Hovev.

BRIDGEPORT SC: PF-Margaret Szadeczky.

BURNSVILLE-MINNESOTA VALLEY FSC: P DT-Jill Chrz. PS DT-Davina Young.

CANTIAGUE FSC: 1-Kerry Lenahan.

CAPITAL CITY FSC: PRE-Beth Zumalt. PF-Beth Zumalt.

CAROUSEL FSC: 2-Jennifer Parker.

CHAMPLAIN VALLEY SC: 1-Abigail Allen. 3-Jennifer Houghton. IF-Jennifer Houghton.

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COLUMBINE FSC: PRE-Amy King.

DARIEN SC OF SOUTHERN CT: 3-Trina Graham.

UNIVERSITY OF DELAWARE SC: SPR-Stacie Collender.

DENVER FSC: PRE-Amy Haberkorn, Cheryl Hartman, Kristy Lovejoy. PF-Amy Haberkorn, Dianna Ricci,

Kristy Lovejoy, Lia Matarrese. JF-Jennifer Fletcher.

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EDEN PRAIRIE FSC: IF-Nadine Patterson.

ISC OF FRESNO: PRE-Allison McGann, Megan Brown, Megan Seaton. PF-Allison McGann, Megan Seaton, Megan Brown.

GREAT BAY FSC: JF-Heidi Milne.

HAMDEN FSA: PRE-Amy Salinger, Heather Farrell, Julie Ann Maresca, Lydia De Wick, Shelley Mascola, Sue Ann Maresca. 3-Kirsten Schmidt. PF-Amy Salinger, Heather Farrell, Julie Ann Maresca, Kristin De Podesta, Lydia De Wick, Sue Ann Maresca. P DT-Amanda Palmieri, Jessica Manzi, Lydia De Wick, Shelley Mascola.

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HICKORY HILL FSC: JRF-Ann Desperito.

JANESVILLE FSC: 1-Lloyd Sarbacker. 2-Kristin Link.

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LAUREL RIDGE SC: PF-Ellen Derrick, Emily Derrick.

LILAC CITY FSC: PRE-Phoebe Pederson. PF-Jade Ashley, Phoebe Pederson. JF-Solveia Gillund.

LONE STAR FSC: P DT-Stephanie Sinclair. LOS ANGELES FSC: P DT-David Miller.

MASSENA FSC: PRE-Kelley Simpson.
MENTOR FSC: 1-Melissa Ferenac. JF-Tia Nicole Tasca.

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Ricky Harris

Continued from page 49

this happens. I have the theory that when you eat lots of sugary things, your cells inside your body are not satisfied, because they want something nourishing that will keep them healthy. So they send messages to the brain that they are still hungry. You then think you would like to have another donut or sweet thing. However, eating this kind of food not only takes away some energy, but also puts on those horrible extra pounds that keeps you from jumping well.

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—Frederick C. LeFevre

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Ice Abroad

Continued from page 17

12.	13	12	12	Honorata Gorna & Andrzej Dostatni, Poland	24.6
13.	14	13	13	Andrea Juklova & Martin Simecek, Czechoslovakia	26.6
14.	15	15	14	Andrea Weppelmann & Hendryk Schamberger,	29.0
				Federal Republic of Germany	
15.	16	14	15	Susanna Rahkamo & Petri Kokko, Finland	30.2
16.	17	16	16	Desiree Schlegel & Patrik Brecht, Switzerland	32.6
17.	18	17	17	Annalisa Meyers & Justin Green, Great Britain	34.6
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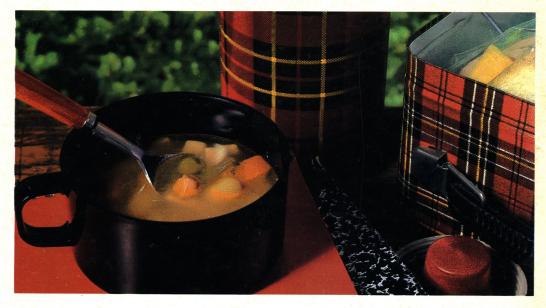
ICE SKATER, HOUSING IS AVAILABLE AT OUR NEW "ICE CAMP", INCLUDING A FULLY STAFFED KITCHEN AND DINING HALL, OUTDOOR POOL AND SPA.

> P.O. Box 2109 Blue Jay, CA 92317



TRAINING CENTER

(714) 336-2111



CARE PACKAGE

When you pack a thermos of piping-hot Campbell's® Soup alongside that sandwich, you're packing your child's lunch box with a lot more than you think.

Take Campbell's Chicken Vegetable Soup, for instance. You probably make it because it's a good way to get your child to eat vegetables, but it's also a good source of vitamin A. So is our Beef Soup, by the way. And Campbell's four tomato soups aren't just delicious, they're a good source of vitamin C, too.

You might pack one of our cream soups because it's so warm and soothing, but when it's made with an equal amount of milk, it's a good source of calcium.

There are a lot of reasons to send Campbell's Soup along. In fact, there are a lot of Campbell's Soups. Which means you can pack a different one every day and make that same old sandwich seem a lot more interesting.

But the best reason is that these Campbell's Soups show you care. Not just about giving your child something that tastes good and is good for them, but something that makes your child feel good.

And when you can pack all that into one lunch box, that makes it a very special package.

CAMPBELL'S SOUP IS GOOD FOOD



Campbell's has a full line of low sodium soups for those people who are on a salt-restricted diet or have a concern about sodium.