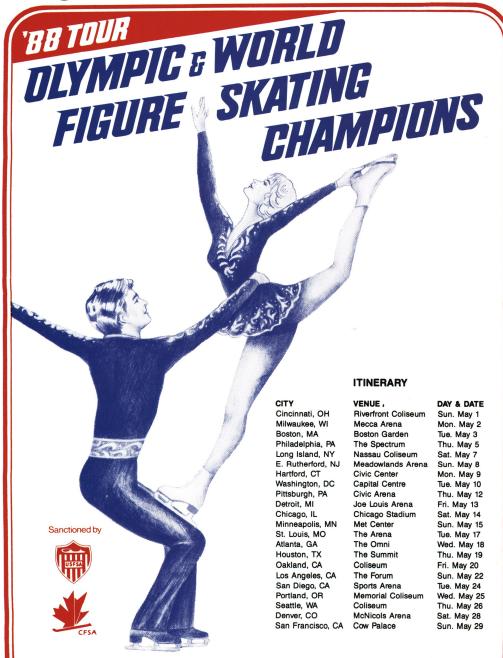
Skaling



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The World's Top Ice Skating Champions



MARCH 1988







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Cover: Hidy and Howdy, Olympic Mascots, in front of the Calgary Saddledome. PHOTO BY OCO.



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SKATING (ISSN: 0037-6132) is published by the United States Figure Skating Association, 20 First Street, Colorado Springs, CO 80906. Phone (719) 635-5200. Subscription rate: United States and Canada, one year \$12.00. Foreign, one year \$27.00. Allow 6-8 weeks delivery of the first issue. Second Class postage paid at Colorado Springa and at additional mailing offices. SKATING is published monthly October through July (10 issues per year). Copyright 1988 by The United States Figure Skating Association (USFSA). Postmaster: Please aend FORM 3579 to SKATING, 20 First Street, Colorado Springa, CO 80906.

USFSA President - Hugh C. Graham, Jr., M.D.

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SKATING is the official publication of The United States Figure Skating Association (USFSA).



Group A Membe

NEWS BRIEFS

The USFSA International Committee has announced the following appointments:

April Sargent and Russ Witherby, will replace Suzanne Semanick and Scott Gregory on the 1988 World Team. Semanick and Gregory have withdrawn due to Scott's back injury. Sargent and Witherby were first alternates to the World Team and 1988 National bronze medalists.

Lisa Cornelius and Shenon Badre will participate in the Merano Spring Trophy in Italy, March 25-27.

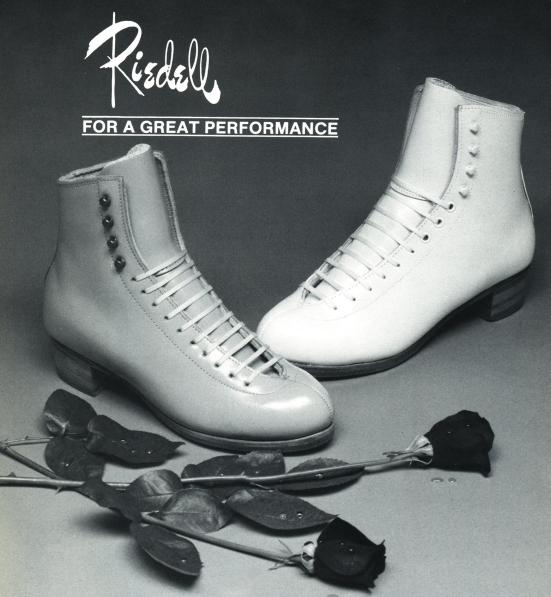
Representing the U.S. at Skate Electric International Challenge, May 3 & 4, in Berkshire, England, will be Jeri Campbell, Daniel Doran, Kristi Yamaguchi and Rudi Galindo, and April Sargent and Russ Witherby. Alternates for the competition are Tonya Harding, Angelo D'Agostino, Sharon Carz and Douglas Williams, and Renee Roca and James Yorke.

Roca and Yorke will also compete in the 1st Grand Prix International de Danse sur Glace in Grenoble, France, April 6 to 9, which is replacing the former Morzine Trophy.

\$ \$ \$

The USFSA Executive Committee has announced that the 1988 October Board of Directors meeting will be held in Indianapolis, as guests of the Indiana Sports Council, October 7 and 8.

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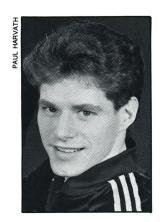


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Novarat Notebook

by Russ Witherby

Americans Go Chinese in Hungary . . .

As the first full day together came to a close, the U.S. figure skating team gathered around an extended table at Vosos Sarkany, a Chinese restaurant in the heart of downtown Budapest. There was much anticipation in the air for the next day was the first official practice session. Our spirits were high as conversation jumped from subject to subject. Coaches Fassi and Ludington kept us in stitches with descriptions of past experiences. It was an enjoyable dinner and a pleasant start to the long week of competition just ahead.

Soccer Mania . . .

In the match between Germany and Hungary on the evening of November 18, the two teams failed to score despite all the spirited support of three great soccer fans, Ludington, Leaver, and Fassi. As Americans love football, Europeans love soccer.

The time neared 8:00 P.M. and the scoreless game sent disappointed fans into the streets. Because of the location of the stadium just across from our hotel, we had a great view of much of the area. Eight-thirty marked the time for all the senior ladies' practice which included American Tracey Damigella. Earlier warnings from coach Carlo Fassi gave us reason to meet Tracey in the lobby at 8:15. Little did we know what was about to happen.

As many groups of fans were crossing the road towards our hotel, one group began shouting and chanting at another fairly large

group. Brian Boitano had just arrived in my room, since we were to meet the girls in the lobby soon. I called him to the window to direct his attention to what was going on. By this time the groups had begun throwing rocks and bottles toward one another. The shouting became louder, the groups more set apart, just six stories below.

People began to fill the balconies. Windows flew open as the turmoil grew increasingly evident. The projectiles ceased as one wave of people charged the other. Brian and I could not believe our eyes. Minutes later we were in the crowded, smoke-filled lobby. Trucks full of troops had appeared from all sides. Police filled the entranceway as Brian and I escorted Tracey and April Sargent through the crowd. German shepherd dogs led police up the walkway to the hotel as we crossed the parking lot to the ice arena. Once safe inside we were met by Tracey's mother and the others who had just missed the episode by ten minutes.

6.0's . . .

In his quest for Olympic gold, Brian Boitano skated to perfection in the short program, with 6.0's from two judges for technical merit and another two for presentation. This was the case again in the long program Friday evening.

On Sunday afternoon the Champions of the Novarat Trophy '87 presented exhibition programs. A warm reception was given to Brian as he gave an outstanding performance, skating to Luciano Pavarotti's "Parla Mi d'Amor Mariu." As strong, bold, and alive as Pavarotti's voice, was Brian's skating. His maturity and athleticism go unmatched. He is the Pavarotti of skating.

Great Hungarian Hospitality . . .

From the time we arrived in Hungary until we departed, the organizers, skaters, and all involved with Novarat Trophy '87 were as nice and helpful as could be. Every concern was for a smooth running competition. As was stated at the closing dinner, the success of this event was a warm-up for the 1988 World Championships to be held in Budapest in March.

All who took part in the competition were treated to a full city tour prior to the Exhibition of Champions. There is much to be said for the amount of beauty and culture to be found in this, the capital city of Hungary. My favorite view is from the "Castle District" on Buda's hills overlooking the Danube River and the industrial region of Pest. Looking southward one sees the Parliament capitol building, islands, and many bridges connecting Buda and Pest, creating an panoramic view.

Quotes & Headlines . . .

"Let's move! Let's move! I want to see better. Me Hungarian? No, I'm Italian!" Carlo Fassi was heard to say to coaches Linda Leaver and Ron Ludington while viewing a soccer match surrounded by enthusiastic Hungarian fans.

Sunday Night Fever . . .

Sunday night found a very large group of ready-to-boogie competitors at hand. After a very nice closing reception, off to a Hungarian nightclub went seven taxis full of skaters. As more and more arrived, Michael Jackson was more than enough to make the evening everything but "Bad."

Sargent April — April Sargent . . .

On arrival to the Novarat Trophy '87, April was greeted with two competitors' bags. It

seems they were not too sure which name came first!

"Grapevine" Proves Good Warm-Up . . .

Sunday morning came faster to some than others this Novarat Trophy. With coaches Linda Leaver and Ron Ludington on hand, Brian Boitano again dazzled the audience with his keen execution of the footwork sequence "The Grapevine." Later, after numerous passes and much discussion, coach Linda now wondered, "Is there anything else now before we go?"

Vents versus Phones . . .

It was said that phones ring, but don't answer, because it could be coming from another room. The vents near the ceiling could have been Sony speaker hookups to the rest of the hotel for all we knew. If we understood Hungarian, or any other number of languages spoken by the international group of guests, I guess we could have gone without the phone in the room anyway!

Heading Home . . .

On route to Frankfurt via Malev Hungarian airlines, the cabin crew of the Boeing DC-10 was greeted by the smiling (weighed down) group of American skaters. Besides the usual carry-on items such as skates, outfits, and musical needs, the American team found itself with the task of carefully stowing away 12-inch boxes storing many beautiful gifts and prizes. The mother-daughter duo of Damigella-Damigella, took a strong lead in the "who can carry on the most luggage competition." Their secret weapon . . . an automatic pop "cawn" popper!

Many thanks to all the American team who made this trip memorable and fun. A special thanks goes to Mrs. DeMore our team leader, who did a memorable job to make this a smooth-running week as well as enjoyable for all.

Special Note: The writing of this article took place from four different airlines, in four countries, and four different cities.



VITAMIN SUPPLEMENTS: GOOD OR BAD?

by
Arnold E. Denton, Ph.D.,
Member USFSA
Sports Medicine Committee
Senior Vice President
Campbell Soup Company
and
Chor-San Khoo, Ph.D.,
Director — Nutrition Science
Campbell Soup Company

Skaters often have such busy schedules they end up not taking enough time to eat. Many who practice in the early morning go on to a busy day, and their meal profile invariably shows they are not always eating the right things. Many people take vitamin and mineral supplements to help them get what they miss. Young and old people can benefit from taking just a multi-vitamin and mineral supplement. However, before you consider taking any vitamins or minerals, there are some things you should know about high levels of vitamin intake.

What you take into your system is important, especially during youth and adolescence when your body is changing. Because you are still growing, your cells are rapidly duplicating. If you impair the cells by flooding them with more vitamins or minerals than they need for optimal function, the damage can be extensive. Some of the damage can be irreversible. With the drug orientation of our culture, the belief exists that if we do not feel as well as we would like, we can get the solution ourselves at the local drug store. Yet, even the seemingly common vitamin or mineral pills you can freely find can be harmful at high doses.

Many people prescribe massive doses of vitamins for themselves—doses that can easily exceed ten times the Recommended Daily Allowance. This can lead to nutrient im-

balance and toxicity. The reason is simple at overdose levels, vitamins no longer act as vitamins, they can act as drugs with adverse effects.

Fat soluble vitamins, such as E, A, D, and K are usually associated with fatty foods such as butter, cream, vegetable oils, and meat and fish fats. At high doses these vitamins present more of a problem than water soluble vitamins. Fat soluble vitamins are usually stored in your liver and fatty tissues and are not excreted, or take a longer time to do so. Most water soluble vitamins, on the other hand, are excreted.

Vitamin E has been purported to help prevent skin wrinkling and increase fertility. Yet well-controlled studies have not proved it to be valuable in the long run. In fact, many experts caution against high doses of Vitamin E taken over prolonged periods without a physician's advice.

Vitamin A is another vitamin that can cause serious damage at high dosages. Vitamin A, especially the type derived from animal sources, can accumulate in the liver, and at high levels can lead to irritability, swellings over the long bones, dry, itching skin in children, and decalcification of the bones leading to bone fragility in adults.

The National Academy of Sciences reports that Vitamin A is toxic at levels above 10,000 IU a day (about ten times over daily needs) for children, and at 50,000 IU (about fifteen times over daily needs) for adults taking these levels over prolonged periods. Carotene (most common is beta-carotene), another form of Vitamin A from plant sources, does not have the same detrimental effect. However, excessive intake of even beta-carotene can lead to yellow discoloration of the skin, as has been reported by people who eat high amounts of carrots or red palm oil.

Vitamin D at high doses of 75,000 to 100,000 IU a day (350 times over the daily need) can be toxic for both children and adults. Vitamin D toxicity can lead to vomiting, diarrhea, weakness, loss of weight, and kidney damage. (Some people believe that high Vitamin D can help with their arthritis. We advise they see a physician before embarking on this treatment.)

Among the water soluble vitamins, B and C have long been perceived as harmless no matter what the dosage is, because all water

Continued on page 23

COMMENTARY

Since the flame was extinguished in Calgary, controversy has been rampant in editorial pages across the country on the U.S.'s poor showing, the money involved in training and preparing for the Games, and outrage that Eastern block countries took home most of the precious medals.

America, or American journalists, are enamored of gold, and it would appear that anything less is unacceptable, unpatriotic, and unworthy of our attention. With over 3,000 journalists covering the Games in a manner befitting the Super Bowl, and with most having little or no knowledge of the actual sports involved, perhaps such response is not surprising. It is, however, totally out of keeping with the spirit or intent of the Games. When individual achievement is measured only in "wins," and when the years of sacrifice, training, and personal achievement are ignored in favor of medal tally, something is drastically wrong. In this instance, the media is totally out of line.

U.S. figure skaters, of course, have nothing to be ashamed of, being responsible for fifty percent of the medals won. Yet it is usually the sport most frequently criticized as not being a sport.

"Come Together in Calgary" was the motto for the Games, and the athletes seem to be the only ones who did that. The total U.S. Team—biathletes, skiers, lugers, skaters—all deserve praise and gratitude for their honorable representation of our country. Being an Olympian has nothing to do with the color of a medal. America has never been a power in winter sports, and most people knew the country's medal prospects before the Games began.

However, if there is any good to come out of the harangues that continue to appear on our doorstep each morning, then perhaps it will be a little more attention paid to the needs of our athletes. A quadrennial spark of interest by corporations and individuals trying to get on the bandwagon is not enough. So please don't judge our athletes by medal count. At least pay them the respect due their accomplishments.

-The Editor





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SOUTHWESTERNS

by Southwesterns Committee

The 1988 Southwesterns Championships were held November 2-6, 1987 at the Ak-Sar-Ben Coliseum in Omaha, Nebraska. Members of the FSC of Omaha greeted skaters, parents, coaches, and officials as the championships returned to Omaha after only two years. Chief Referee, Mrs. Barbara Bradley, and Chief Accountant, Arlene Sibrell, saw that the competition ran smoothly and remained on schedule.

Eight Senior ladies took to the ice for the compulsory figures: RFI-LBI Counter, LBO-RBI Paragraph Bracket, and RFO-LFI Paragraph Loop. Tracey Damigella, Broadmoor SC, took the early lead in the figures and never looked back. Tracey received all seven first-place votes in the figures and went on to dominate the short and long programs. Jodi Friedman, Rocky Mountain FSC, showed consistency placing third in figures, third in short, and a strong second in the long to earn the silver medal. Carrie Weber, Broadmoor SC, placed third and Shantell Zarb-Cousin, Broadmoor SC, was fourth.

The Senior Men's event was a race between Todd Eldredge and R. Todd Reynolds. Eldredge, Broadmoor SC, dominated the figures: RFO-LBO Rocker, LFO-RFI Paragraph Double Three and RBOI-LBIO Change Loop, and the short program receiving all first-place votes. Reynolds, Houston FSC, regrouped after faltering slightly in the short, to electrify the crowd with his mastery of the triple jump, including the triple Axel, to win the long. When the scores were tallied, Reynolds won the title, followed by Eldredge. Eddie Shipstad, Broadmoor SC, was third with Tom Zakrajsek, Denver FSC, fourth.

The three Senior Pairs put on an exciting show. The team of Elaine Asanakis, University of Delaware SC, and Joel McKeever, Dallas FSC, captured both the short and long programs to win the title. Jill Kombeitz and Craig Maurizi, Broadmoor SC, placed second; Julianne Thompson, Broadmoor SC,

and Brian Geddeis, FSC of Rockford, placed third.

The Junior ladies had a long, strenuous week, skating elimination rounds on Monday and Tuesday and the Final Round on Thursday and Friday. Initial Round medalists were: Group A, Elizabeth Wright, Colorado SC, first; Amy Holmberg, Rocky Mountain FSC, second; Stephanie Golsner, Broadmoor SC, third; and Katie Carlos, Broadmoor SC, fourth; Group B, Melia Heimbuck, Rocky Mountain FSC, first; Meredith Vaughan, Houston FSC, second; Ann Tuma, Rocky Mountain FSC, third; and Amy Jaramillo, Rocky Mountain FSC, fourth.

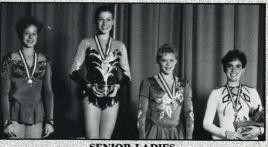
The Final Round was an exciting contest between four skaters: Melia Heimbuck, Amy Holmberg, Elizabeth Wright, and Meredith Vaughan. Holmberg took the early lead winning the figure competition by tracing the best inside counter, outside change bracket, and back inside loop, followed by Heimbuck, Wright, and Vaughan. Meredith Vaughan moved into contention for the title by winning the short program followed by Wright, Holmberg, and Heimbuck. The long program was very close with each skater receiving at least one first-place vote. Melia Heimbuck skated a strong, consistant program to capture the long and win the Junior Ladies' title with 3.8 factored places. Wright was second in the long and second overall with 4.6 places. Although tied with 5.8 places, Vaughan, third in the long, and Holmberg, fourth in the long, finished third and fourth respectively.

The Junior Men's event was a tight race between Aren Nielsen and Shepherd Clark. Shepherd Clark, Colorado SC, and World Juniors representative, won the figures (LFO-RBO Rocker, RBOI-LBIO Change Double Three and RBOI-LBIO Change Loop) and unanimously won the short program. However, the long program belonged to Aren Nielsen, Silver Blades FSC of Kansas City,



SENIOR MEN

R. Todd Reynolds, Gold; Todd Eldredge, Silver;
Eddie Shipstad, Bronze



SENIOR LADIES
Tracey Damigella, Gold; Jodi Friedman, Silver;
Carrie Weber, Bronze; Shantell Zarb-Cousin, Fourth



SENIOR PAIRS

Elaine Asanakis & Joel McKeever, Gold

Jill Kombeitz & Craig Maurizi, Silver

Julianne Thompson & Brian Geddeis, Bronze



JUNIOR MEN
Shepherd Clark, Gold; Aren Nielsen, Silver;
Rick Ziebarth, Bronze; Grant Rorvick, Fourth



JUNIOR LADIES

Melia Heimbuck, Gold; Elizabeth Wright, Silver;
Meredith Vaughan, Bronze; Amy Holmberg, Fourth



JUNIOR PAIRS

Jennifer Heurlin & John Fredericksen, Gold
Cathy Jo McKee & Dennis Sample, Silver
Paula Losinger & Ken Benson, Bronze
Kristina Swansen & Scott Messmore, Fourth



ADULT DANCE
Sandra Smith & Fritz Schreyer, Gold
Sissel Svanoe & Robert Rhyme, Silver
Connie Harpole & James Harpole, Bronze
Betty Rae Hegler & Gregg Hartman, Fourth



NOVICE MEN
Chris Browne, Gold; Eric Bohnstedt, Silver;
John Fredericksen, Bronze; Mike Gricus, Fourth

with his strong, smooth style. The final standings saw Shepherd Clark (3.0) first, Nielsen (3.4) second, Rick Ziebarth, Denver FSC, (7.6) third, and Grant Rorvick, Colorado SC, (8.4) fourth.

World Juniors representatives Jennifer Heurlin and John Frederiksen, Broadmoor SC, dominated the Junior Pairs, unanimously winning the long and short programs. Their long program featured an opening lateral twist, a high split double twist lift and other difficult items all connected with fast, clean footwork. The team of Cathy Jo McKee, Broadmoor SC, and Dennis Sample, Ft. Wayne ISC, showed lots of promise placing second in both the short and long programs. Paula Losinger and Ken Benson, Dallas FSC, were third and Kristina Swansen, SC of Boston, and Scott Messmore, Dallas FSC, were fourth.

The medalists in the initial rounds for the Novice Ladies' event were: Group A, Kirsten Stoll, Rocky Mountain FSC, first; Jennifer King, Houston FSC, second; Renee Daughetee, Houston FSC, third; and Andrea-Marie Kunz, FSC of Omaha, fourth; Group B, Allyson Fenlon, Rocky Mountain FSC, first; Alison Oneacre, Dallas FSC, second; Mischa Farmer, Broadmoor SC, third; and J.J. Beck, Pueblo SC, fourth.

Kirsten Stoll won the majority of firstplace votes for the figures. She then used a content packed program, highlighted by strong tight double Axels to win the free skating and the Novice Ladies' title. Jennifer King combined a second place in the free skating with a third in the figures to win the silver medal. Allyson Fenlon, second in figures and third in the free skating, placed third. Local talent Andrea-Marie Kunz ex-



NOVICE LADIES

Kristin Stoll, Gold; Jennifer King, Silver;

Allyson Fenlon, Bronze; Andrea-Marie Kunz, Fourth

cited the hometown fans by placing fourth and earning a trip to Midwesterns.

Chris Browne, Dallas FSC, battling a leg injury, won the Novice Men's title, placing first in figures and third in the free skating. Eric Bohnstedt, Broadmoor SC, placed consistently in both figure and free skating portions and won the silver medal. John Frederiksen, Broadmoor SC, used his powerful freestyle to win the free skating and move from sixth place in the figures to third overall. Mike Gricus, Rocky Mountain FSC, was fourth.

Novice Pairs was a contrast in size and experience. Tracy Watson, FSC of Memphis, and David Hilliard, Diamond Edge FSC, used strong overhead lifts including hip-Axel to win the majority of first-place votes. The brother-sister team of Cory Jo and Chad Richert, Centennial SC, were a close second. Although smaller than some of the other teams, Ilyssa Lerner, Houston FSC, and Eric Bohnstedt, Broadmoor SC, used unison and their solo skating ability to win the bronze medal. Kecia Coffman and Sean Gales, FSC of Omaha, placed fourth.

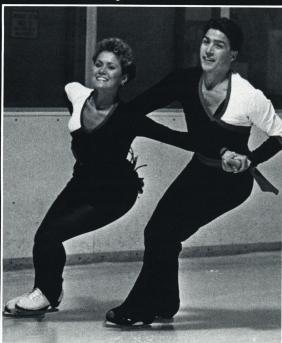
The twenty-nine Intermediate ladies faced the largest elimination groups. The initial round medalists were: Group A, Tiffany Cunningham, Dallas FSC, first; Leslie Salbenblatt, Denver FSC, second; Jill Decoursey, Kansas City FSC, third; Alyssa Walters, Galleria-Houston ISC, fourth; Group B, Natalie Thomas, Rocky Mountain FSC, first; Marina Wetmore, Galleria-Houston ISC, second; Anna Waddell, Austin FSC, third; and Krissa Neathery, Lone Star FSC, fourth.

Tiffany Cunningham, Dallas FSC, took the lead after the figures followed by Krissa

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'89 U.S. Figure Skating Championships in Baltimore

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USFSA UNVEILS NEW CLUB MANUAL

by Kathy Hastings

Since last May's Governing Council Workshops, the Club Operations Committee has been diligently working on a master manual to assist Member Clubs with Club Management issues. Chairman Tony Caputo has made good his promise that at the 1988 Governing Council Workshops, his committee would present a completed manual—all 240 pages of it!

The attractive new Guidebook for Member Clubs contains twenty-five sections in a three-ring binder and is specifically devoted to topics that affect Club Operations. The text is a hefty "living document" that is intended to be updated on a regular basis. In all, the book took over three-hundred hours of clerical time to compile, and is the result of the work of sixteen dedicated individuals who wrote the manual.

The completed manual will be introduced during the Club Operations Workshop at Governing Council. Following that meeting, each Member Club will receive one free copy in the mail. Others wishing personal copies or duplicates will need to purchase it at a cost of \$15.00 per text, which covers production and mailing costs only.

The Guidebook for Member Clubs is a beginning manual that attempts to encompass the major topics of interest for Club leadership. There are sections not now addressed which will be added in the future, such as Precision Skating and how to write proposals to host Qualifying and National Competitions. The goal of the Club Operations Committee was to make a start, and to produce a text that would be basic enough to help Clubs immediately. Changes, updates,

revisions, and additions, etc. will all be implemented, probably starting immediately.

Our hats are off to the authors: Karen Berger, Joane Bondar, Barbara Bradley, Tony Caputo, Lynne Chapman, Chuck Ewers, Kristina Isakovich, Nancy Keener, Judy Long, Bill Mein, Ritter Shumway, Ed Sieminski, Jeff Simon, Bob Watson, Cheryl Wood, and Alan Zell. Together they wrote the Guidebook for Member Clubs which includes the following index:

- 1. The U.S. Figure Skating Association Guide to National Headquarters
- Club Formation The Legal Entity Not For Profit Incorporation, Internal Revenue Service 501 (c)(7) Tax Free Status
- Joining the U.S. Figure Skating Association; Qualifications for Club Membership
- 4. A Skating Club A Business Organizational Features of a Skating Club, Philosophy and Functions of Management, Concepts and Techniques of Management, Organizing Concepts and Techniques, Staffing Concepts and Techniques, Controlling Concepts and Techniques, Leadership Concepts and Techniques
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NORTHWEST PACIFICS

by Lois Brosio

The "Seattle Drought" was highlighting the local area news until the 1988 Northwest Pacific Regional Championships arrived, hosted by the Seattle Skating Club and held at the Sno King Ice Arena, in Lynnwood, Washington. Over 180 competitors took to the ice November 4–7, sights focused at the top spots in their respective divisions.

The absence of men in the Senior category focused all attention to the Ladies' division. Tonya Harding, Portland ISC, captured the gold medal after commanding the lead in both initial and final rounds. Tonya's dynamic presentation of her long program opened with a high double Axel, and included five triple jumps; flip, loop, Lutz, Salchow and toe. Her electric power brought loud cheers from the crowd. Shannon Hunter, Seattle SC, captured the silver medal with a beautiful Egyptianthemed short program and an expressive, graceful long program. Cynthia Warner, Seattle SC, took the bronze medal with a long program showing some crowd-pleasing spin combinations.

Dena Galech, Seattle SC, captured the Junior Ladies' gold medal leading the group from the start. Dena's short program was a jazzy display which included a triple toedouble loop combination jump. Her long program included a double Axel, triple flip, splittriple toe combination, and reverse direction spins which are always a surprise to the audience. Elisabeth Morse, Seattle SC, captured the silver medal with a light and airy short program to classical harp music. Her long program included a section of "On Golden Pond," displaying graceful elegance. Tracy Vopnford, also of the Seattle SC, earned the bronze medal with an energetic jazzy performance. Diane Sexton, Seattle SC, pulled up from an eighth-place start in figures with a creative long program showing crowd pleasing character to place fourth.

Scott Davis, Great Falls FSC, captured the gold medal in the Junior Men's division with a long program skated to the theme from *Ameri*-

can Anthem. Scott's energetic program included four different triple jumps, showing much variety and content. Andre McGaughey, Seattle SC, earned the silver medal while captivating his audience with a creative long program including a high double Axel and two triple jumps, showing versatile interpretation of his music. Rick Wise, Seattle SC, received the bronze medal after a long program performance to selections from "The Planets," Chariots of Fire, and Close Encounters.

In the absence of Junior Pair competition, an exhibition from Tonya Zuehlke, Silver Skate FSC, and Rick Verberg, Portland ISC, was given. Tonya and Rick thrilled the crowd with a split double twist lift and a throw double Salchow.

Kimberly Kartic, Lakewood WC, emerged as the Novice Ladies' champion after a two group initial round. Kimberly's freestyle included an expressive slow section and intricate serpentine footwork into a double toe loop. Heather Waller, Anchorage FSC, battled back from a fifth-place showing in figures to win the freestyle portion with solid jumps, ending with the silver medal. Dawn Finley, Overlake SC, gave a consistent long program including a double flip-double toe-double loop combination to capture the bronze medal. Jessica Markham, Lakewood WC, ended fourth after a third-place start in figures.

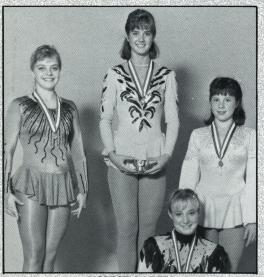
Tony Darnell, Seattle SC, gave a pleasant exhibition as there was no competition in the Novice Men's category.

Christy and Elton Reid, Portland ISC, captured the Novice Pair's gold medal with a program strong in pair unison and lifts. Joli Pesek and William Haag, Highland SC, gave an exciting performance showing much promise in the years to come. Michelle and Tim Jones, Fairbanks, FSC, earned the bronze medal with interesting choreography.

Amy Smith, Great Falls FSC, emerged from a field of seventeen Intermediate Ladies

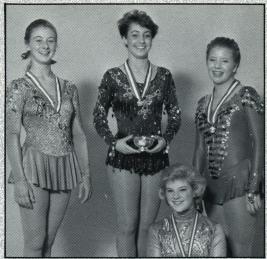


JUNIOR MEN Scott Davis, Gold; Andre McGaughey, Silver; Rick Wise, Bronze



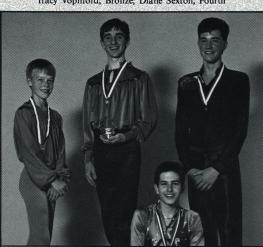
NOVICE LADIES

Kimberly Kartic, Gold; Heather Waller, Silver;
Dawn Finley, Bronze; Jessica Markham, Fourth



JUNIOR LADIES

Dena Galech, Gold; Elisabeth Morse, Silver;
Tracy Vopnford, Bronze; Diane Sexton, Fourth



INTERMEDIATE MEN
Glenn Armstrong, Gold; John Bevan, Silver;
James Peterson, Bronze; Jeff Black, Fourth



INTERMEDIATE LADIES

Amy Smith, Gold; Stacey Lynn Madche, Silver; Stacie Bowerman, Bronze; Ellen Kenny, Fourth

with the gold medal. Stacy Lynn Madche, Highland SC, captured the silver medal with a good start in figures. The bronze medal was awarded to Stacie Bowerman, Lilac City FSC. Ellen Kenny, Highland SC, gave an impressive freestyle program to end fourth overall by winning the freestyle portion after an eighth-place start in figures.

Glenn Armstrong, Seattle SC, became the Intermediate Men's champion with a first-place start in figures and an expressive free-style program. John Bevan, Lilac City FSC, captured the silver medal by winning the freestyle portion after a third-place showing in figures. James Peterson, Lakewood WC, received the bronze medal with a solid free-style program. Jeff Black, Portland ISC, ended in fourth.

Pre-Intermediate Ladies was a scramble of fourteen competitors, with Larisa Copeland, Highland SC, emerging as the winner in both categories to capture the gold medal. Carol Marie Boyle, Highland SC, gave a strong freestyle performance for the silver medal. Rachel Humphrey, Sun Valley FSC, became the bronze medalist with a solid performance in both figures and freestyle.

The Pre-Intermediate Dance title was won by Diana Brown and Timothy Nightingale, Highland SC. Their fellow competitors Judy Burchett and Dale John Farrell, also of Highland SC, captured the silver.

The Juvenile Girls' division required two groups to accommodate all entries. Perri Sue Sutton, Seattle SC, emerged with the Group A title, with Stacy Zimmerman, Lakewoood WC, and Pamela Brown, Portland ISC, in second and third respectively. Katie Pishue, Lilac FSC, captured the Group B title followed closely by Heidi Green, Lakewood WC, in second, and Lomi Suttenberg, Portland ISC, in third.

Sub-Juvenile Girls had a total of twentyeight competitors, indicating much activity in the lower divisions. Group A ended with Kelly Kristene Clark, Lakewood WC, in first; Amy Beeson, Seattle SC, in second; and Sheri Pitschka, Lilac City FSC, in third. Group B finalists were Karin Morrison, Portland ISC, in first; Michelle Kurtz, Lakewood WC, in second; and Angela Alzner, Portland ISC, in third. Group C found Jennifer Weir, Portland ISC, in first; Mona Smith, Portland ISC, in second; and Caroline Phan, Seattle SC, third.

Preliminary Girls 11 And Over Group A finalists were Heather Benedict, Lakewood WC, first; Amy Magnuson, Anchorage FSC, second; and Amy Johnson, Lakewood WC, third. Group B finalists were Megan Elizabeth Halstad, Portland ISC, first; Brienna Dyberg, Lakewood WC, second; and Kristina Hunsaker, Anchorage FSC, third.

Prelimianry Boys 11 And Over was a clear finish with Jens Noet, Anchorage FSC, in first; Aaron Gray, Wenatchee FSC, second; and Jake Thompson, Lakewood WC, third.

Preliminary Girls 10 And Under found a total of thirty-six competitors. Group A finalists were Erin Covington, Portland ISC, first; Heather Slenkamp, Anchorage FSC, second; and Heidi Pelander, Lakewood WC, third. Group B ended with Lindsey Marie Itami, Portland ISC, first; Natasha Davidson, Anchorage FSC, second; and Tara Lee Clasen, Portland ISC, third. Group C finalists were Reichen Woods, Lakewood WC, first; Anika Ryan, Highland SC, second; and Heidi Anderson, Anchorage FSC, third.

With the final event skated, the final mark counted, the competition ended, but the fun began as the Competitors Party, hosted by the Sno King Arena Management, got underway. Spirits were high with the pressures of competition removed. The officials, the skaters, the coaches, the parents, and the workers behind the scenes all deserved a round of applause for a competition well run.

The results for the Northwest Pacific Championships were published in the January 1988 issue, page 39.





CANADIANS '88

by Peter K. Robertson

The 1988 Canadian Figure Skating Championships, held in Victoria, were marked by considerable warmth: inside the arena, from the enthusiastic crowds, as well as outside the arena from the mild winter weather. The Olympic torch, winding its way across the country en route to Calgary was carried into Victoria on the final day of the competition and with medal hopes high, the coincidence was an appropriate one.

The first of the four senior events to be decided was the Pairs. With recognized Olympic medal contenders in each of the three other disciplines, this was the only contest that could conceivably have turned into a cliff-hanger. And so it proved, with the outcome in doubt right up until the last set of marks was posted. Advance speculation had suggested that, with the retirement of last year's winners Cynthia Coull and Mark Rowsom, the race was between Denise Benning and Lyndon Johnston, and Christine Hough and Doug Ladret. Both of these couples had significant wins earlier in the international season, there was, however, an unknown factor in the equation, in the form of the new pair of Isabelle Brasseur and Lloyd Eisler.

The first of the three pairs to skate the short program was Brasseur and Eisler. They opened with an awesome split double Lutz twist, very high and solid. Admittedly, the difference in size—she is 4'

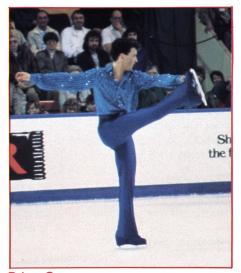
10" and 84 lbs. to his 5' 10" and 187 lbs.—facilitates this move, but they are surprisingly well matched as individual skaters. The double flips were done with good unison, and the synchronization of the side-by-side change sit spins was superb, the best of the evening. They finished with a very original combination spin and received marks ranging from 5.6 to 5.8.

Hough and Ladret, dressed in costumes somewhat reminiscent of those worn by Jayne Torvill and Christopher Dean in "Bolero," skated a clean and very artistic program to be rewarded with scores of 5.4 to 5.9. Benning and Johnston, formally attired, skated a beautiful program similar to last season's "Top Hat, White Tie, and Tails" routine. Their marks were 5.4 to 5.8, and the short program finished with Brasseur and Eisler in first, Benning and Johnston second, and Hough and Ladret third.

Benning and Johnston were the first of the top three to skate the long. A beautifully choreographed program, set to excerpts from Bizet's *Carmen* (a popular choice this year), held them in good stead despite problems with the throw double Axel and what was presumably meant to be a throw triple toe loop. Denise has greatly improved her individual skating since last year, and their lifts and death spirals were excellent.

Next up were Hough and Ladret, who brought the house down with a crowdpleasing program to "Slaughter on Tenth Avenue." This couple's rapport with the music, the audience, and each other was truly outstanding, making the technical feats of secondary notice. They were present, all the same, with the high point perhaps being a stunning moment when Ladret dropped Hough from an overhead lift, caught her under the arms and immediately launched her into a throw triple Salchow, perfectly landed.

Last of the eleven pairs to skate, Brasseur and Eisler again opened with



Brian Orser Senior Men – Gold

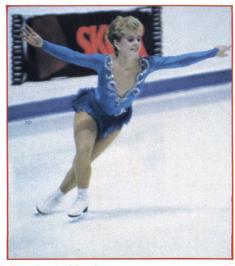
a magnificent split twist lift, this time a triple. Using instrumental arrangements of classic Beatles' music, they performed unquestionably the most technically difficult program of the competition. Among its highlights were several lifts with either one-handed entries or dismounts, throw triple Salchow, throw double Axel, throw triple toe loop, and a wonderful hydrant lift. They more than proved that their short program performance was no fluke, and the question for the judges now was to choose between the more artistically mature program of Hough and Ladret, and the greater technical difficulty of Brasseur and Eisler. In the end, they split 4-3 in favor of Hough and Ladret, but it's worth noting that the judges who preferred Brasseur and Eisler were most emphatic, all three of them awarding 5.9 for both marks. Benning and Johnston finished third.

The Senior Ladies' event which followed held fewer surprises. Elizabeth Manley, ranked fourth in the world, was a strong favorite, with Patricia Schmidt, Dianne Takeuchi, Charlene Wong, and Shannon Allison, ready to fight for the remaining medals. Last year's bronze medalist, Linda Florkevich, was sidelined with an injury.

Manley emerged from the compulsories a unanimous and convincing winner. As expected, Schmidt and Wong followed in that order, ahead of these two, in second place, was fifteen-year-old Shannon Allison.

The short program belonged to Manley. Cleverly choreographed to, of all things, the theme from Murder on the Orient Express, this was a cheery waltz program reminiscent of her "Graduation Waltz" routine of two seasons ago. The triple Salchow/double loop combination was superbly done, with both jumps smoothly landed and not a second's hesitation between them. A delightful step sequence utilized several waltz steps and all of the other elements were very solid. It was the best short program she had ever skated, and appropriately enough it brought her first ever 6.0.

Unfortunately, few of the other ladies were as successful. Only two skated clean programs, Marie Trembley and Tracey Robertson. Takeuchi featured beautiful spins that brought back memories of Kay Thomson, but she singled her double Axel and fell from her triple Salchow, omitting the double loop altogether.



Elizabeth Manley Senior Ladies – Gold

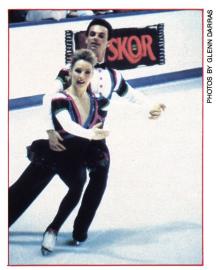
Schmidt did only a double toe loop/double loop combination and also singled her double Axel. Wong did manage a beautiful double Axel, but she too fell on the jump combination. The most ambitious combination attempted was Allison's triple Lutz/double loop, but she also fell on the triple. As a result, there was virtually a three-way tie for second between Schmidt, Allison, and Wong.

Unfortunately, the free skating was no improvement over the short. Even Manley had an off night, over-rotating a triple Lutz, falling on a triple loop and touching both hands down on a triple Salchow. She had no problems with the triple toe loop, several double Axels, or any of the other moves. Marks in the 5.5 to 5.8 range easily kept her in first place.

The triple jumps took their toll on most of the other ladies as well. Schmidt, in what she has already said would be her last season, skated sensitively to excerpts from Swan Lake, but fell on her first triple toe loop and looked increasingly uncertain. Both Allison and Takeuchi experienced difficulty with their triple jumps also, although Allison's marks kept her in contention. Last to skate was Wong. Her performance was not without its minor problems.



Christine Hough & Doug Ladret Senior Pairs – Gold



Tracy Wilson & Rob McCall Senior Dance - Gold

With marks of 5.2 to 5.5, she edged past Shannon Allison by a 4-3 judges' decision to take second place in the free skating and a very popular second place overall.

The one event that did run true to expectations was Senior Dance. World bronze medalists, Tracy Wilson and Rob McCall, were expected to lead from the first dance to the last, and that is precisely what they did. It was left for the other couples to scramble for the two remaining medals.

The three compulsory dances were the Tango Romantica, Ravensburger Waltz, and Quickstep. Wilson and McCall put on an exhibition of compulsory dancing that was in a class by itself and won all three dances. Narrowly in second place after a stumble on the first dance were world team veterans Karyn and Rod Garossino. Third through sixth were four much less experienced couples prepared to fight for the bronze medal.

The Original Set Pattern Dance brought several very entertaining Tangos, but no change to the overall standings. The Garossinos skated very well and solidified their hold on second. The free dance saw some movement among the four couples jockeying for the bronze: downward movement, as three of the couples suffered falls. The Garossinos skated a lively, technically difficult program that is quite a departure from what they have been doing for the last two years. It may well have been their best performance and brought them a well-deserved silver medal for the fourth straight year.

Wilson and McCall showed their amazing new free dance set to several ragtime pieces, most of them by Scott Joplin. They created a marvelous program that ran the gamut from some energetic and intricate footwork to an exquisite slow section that managed to be poignant and wistful without ever violating the ragtime theme. They were awarded five 6.0's for artistic impression and 5.9's for every other mark. Karyn and Rod Garossino placed second and Melanie Cole and Michael Farrington were third.

The last event, of course, was the one that everyone had been waiting for: Senior Men. Brian Orser was hard pressed by Neil Paterson in the figures. However, he came up with an excellent loop change loop and emerged from the compulsories in first place. Paterson followed in second, with Kurt Browning third, and Michael Slipchuk and Matthew Hall tied for fourth.

The short program sorted things out somewhat. Many errors were made, mostly in the jump combination. (Curiously, the most common choice here was the triple toe loop in combination with the double loop. Not one of the men attempted a triple Lutz.) Two who made no errors in the combination or elsewhere were Orser and Browning, both of whom accomplished triple Axel-double loop. Indeed, Orser was superb, both technically and artistically. For required elements, he received straight 5.9's and for presentation, an unbroken row of

6.0's, something that had never before been seen at a Canadian championship. Browning was a strong second, and Jaimee Eggleton, who had begun the competition with a tenth place in figures, bounced back with a third in the short. Paterson had an unfortunate fall on his step sequence to place fourth, followed by Slipchuk and Hall.

The stage was set for an exciting men's final, but it was not to be. Whether due to the pressure of the Olympic team selection or the apparently poor condition of the ice (which had large areas of water visible on it), the evening was replete with errors. It seemed that the Olympic team would simply be made up of the survivors of the event, as one man after another skated less than his best. Eggleton fell on his triple Axel and never really regained his composure. Browning also fell from the triple Axel, but still managed five other triples, two of them flawed. His lively program, with a western theme, gave him second place in the free, as well as overall. Unexpectedly, it was Paterson who managed to come through with a personal best. Although he fell from a triple Lutz attempt, he was successful with six other triples to hold for third place.

All that remained was to crown Orser king of Canadian skating for an unprecedented eighth time in a row. But unfortunately his progress through the men's event resembled Manley's through the ladies'. After the brilliance of the short program, the long was an undeniable letdown. He fell on a triple Axel, two subsequent triples were turned into doubles, and he missed a second triple Axel and was clearly below his best form, but he was a clear winner of the free and the overall title.

It is impossible to conclude coverage of the Canadian Championships without mentioning the Fours event. It is at present unique to Canada, and it is the rest of the world's loss. The endless

Continued on page 41

Food for Thought

Continued from page 8

soluble vitamins are rapidly excreted. Recent studies have shown, however, that Vitamin C at high levels (1 gram or more a day may induce uricosuria and absorption of excessive amounts of food iron. The B vitamin family includes thiamine (B1), riboflavin (B2), niacin, Pyrodoxine (B6), B12, biotin, and pantothenic acid. Recent studies have shown that some B vitamins have been cited for their tendency to create symptoms of dizziness and bad vision and have also implicated some B vitamins for certain taste abnormalities that damage the ability to taste foods.

For most athletes, the warning signs of poor nutrition are important, and you should pay attention to them. If you are feeling poorly, the first thing to do is look at your diet. Are you eating enough? If you cannot manage three meals, how about six small ones? Perhaps you feel you are eating a lot, but are you eating the wrong things? Are you consuming too much fat or too much sugar?

Keep in mind that food high in fat or sugar may not be rich in nutrients. It may fill you up momentarily, but ultimately how you eat shows in the way you feel and in the way you perform. So when you have the chance to eat, eat something you know will give you the nutrients you need—a piece of fruit, a glass of milk, a bowl of soup, a handful of vegetable sticks, cheeses, lean meats, or legumes are all fine sources of protein, vitamins, and minerals. Use the Basic Four Food Groups idea as a way to guide you to a balanced meal.

As in all areas of health, if you feel poorly, see a physician. Let your doctor prescribe any changes in your vitamin intake. A welltrained nutritionist or a dietician can also help you set up balanced meals.

If you have any questions concerning vitamins, nutrition, or any other aspects of skating and health, we would like to hear from you. Send your questions to: Chor-San Khoo, Ph.D., Director of Nutrition Science, Box 57-D, Campbell Institute for Research and Technology, Campbell Place, Camden, New Jersey 08101.



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Robbie Kaine Asst. World & Olympic Coach

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Robert Young Asst. International Coach

For complete details write: Ron Ludington, Skating Director University of Delaware Ice Arena, Newark, DE 19716 (302) 451-8629



XV OLYMPIC WINTER GAMES CALGARY, ALBERTA, CANADA FEBRUARY 13-28, 1988

MEN

JUDGES: 1-Elfriede Beyer, Federal Republic of Germany; 2-Janet G. Allen, USA; 3-Linda Peterson, Denmark; 4-Alexander Vedenin, USSR; 5-Jacqueline Itschner, Switzerland; 6-Junko Hiramatsu, Japan; 7-Guenther Teichman, German Democratic Republic; 8-Jean Matthews, Canada; 9-Gerhardt Bubnik, Czechoslovakia. SUBSTITUTE JUDGE: Maria Bialous-Zuchowicz, Poland. REFEREE: Sonia Bianchetti-Garbato, ISU. ASSISTANT REFEREE: Benjamin T. Wright, ISU.

	CF	SP	FS		PLACES
1.	2	2	1	Brian Boitano, USA	3.0
2.	3	1	2	Brian Orser, Canada	4.2
3.	6	3	3	Victor Petrenko, USSR	7.8
4.	1	9	4	Alexandr Fadeev, USSR	8.2
5.	7	4	5	Grzegorz Filipowski, Poland	10.8
6.	5	6	8	Vladimir Kotin, USSR	13.4
7.	8	5	7	Christopher Bowman, USA	13.8
8.	11	7	6	Kurt Browning, Canada	15.4
9.	4	11	10	Heiko Fischer, Federal Republic of Germany	16.8
10.	12	8	9	Paul Wylie, USA	19.4
11.	9	17	11	Richard Zander, Federal Republic of Germany	23.2
12.	10	10	14	Oliver Hoener, Switzerland	24.0
13.	15	15	12	Petr Barna, Czechoslovakia	27.0
14.	14	12	15	Lars Dresler, Denmark	28.2
15.	13	14	17	Axel Mederic, France	30.4
16.	17	13	16	Neil Paterson, Canada	31.4
17.	19	19	13	Makoto Kano, Japan	32.0
18.	16	21	18	Paul Robinson, Great Britain	36.0
19.	18	16	20	Cameron Medhurst, Australia	37.2
20.	22	18	19	Shubin Zhang, China	39.4
21.	20	20	22	Alessandro Riccitelli, Italy	42.0
22.	24	24	21	Sung II Jung, Republic of Korea	45.0
23.	21	25	23	Michael Huth, German Democratic Republic	45.6
24.	23	22	24	Peter Johansson, Sweden	46.6
	25	23		David Liu, Chinese Taipei	
	26	27		Boyko Alexiev, Bulgaria	
	28	26		Walberto Olavarrieta Navarro, Mexico	
	27	28		Gang Ho, Democratic People's Republic of Korea	

LADIES

JUDGES: 1-Peter Moser, Switzerland; 2-Lucy Curley-Brennan, USA; 3-Sally Stapleford, Great Britain; 4-Kazuo Ohashi, Japan; 5-Reinhard Mirmseker, German Democratic Republic; 6-Willi Wernz, Federal Republic of Germany; 7-Sergei Kononykhin, USSR; 8-Dennis McFarlane, Canada; 9-Vera Spurna, Czechoslovakia. SUBSTITUTE JUDGE: Monique Georgelin, France. REFEREE: Donald Gilchrist, ISU. ASSISTANT REFEREE: Jurg Wilhelm, ISU.

	CF	SP	FS		PLACES
1.	3	1	2	Katarina Witt, German Democratic Republic	4.2
2.	4	3	1	Elizabeth Manley, Canada	4.6
3.	2	2	4	Debi Thomas, USA	6.0
4.	5	6	5	Jill Trenary, USA	10.4
5.	10	4	3	Midori Ito, Japan	10.6
6.	6	9	6	Claudia Leistner, Federal Republic of Germany	13.2
7.	1	10	9	Kira Ivanova, USSR	13.6
8.	9	7	7	Anna Kondrashova, USSR	15.2
9.	14	8	8	Simone Koch, German Democratic Republic	19.6
10.	12	11	10	Marina Kielmann, Federal Republic of Germany	21.6
11.	15	17	11	Beatrice Gelmini, Italy	26.8
12.	8	18	16	Joanne Conway, Great Britain	28.0
13.	18	14	13	Charlene Wong, Canada	29.4
14.	16	15	14	Junko Yaginuma, Japan	29.6
15.	21	16	12	Stefanie Schmid, Switzerland	31.0
16.	13	21	18	Agnes Gosselin, France	34.2
17.	11	20	20	Katrien Pauwels, Belgium	34.6
18.	17	19	17	Yvonne Gomez Munoz, Spain	34.8
19.	19	22	15	Tamara Teglassy, Hungary	35.2

20.	22	12	19 Iveta Voralova, Czechoslovakia	37.0
21.	25	13	21 Lotta Falkenback, Sweden	41.2
22.	20	25	22 Zeljka Cizmesija, Yugoslavia	44.0
23.	24	24	23 Gina Fulton, Great Britain	47.0
	7	5	Caryn Kadavy, USA, withdrew	
	26	23	Tracy Brook, Australia	
	23	28	Yibing Jiang, China	
	27	30	Sung Jin Byun, Republic of Korea	
	30	26	Petya Gavazova, Bulgaria	
	29	29	Pauline Chen Lee, Chinese Taipei	
	28	31	Diana Encinas Evans, Mexico	
	31	27	Song Kim, Democratic People's Republic of Korea	

PAIRS

JUDGES: 1-Mikhail Drei, USSR; 2-Elfriede Beyer, Federal Republic of Germany; 3-Claire W. Ferguson, USA; 4-Sally Stapleford, Great Britain; 5-Suzanne Francis, Canada; 6-Shirley Taylor, Australia; 7-Gerhardt Bubnik, Czechoslovakia; 8-Guenther Teichman, German Democratic Republic; 9-Maria Bialous-Zuchowicz, Poland. SUBSTITUTE JUDGE: Junko Hiramatsu, Japan. REFEREE: Elemer Tertak, ISU. ASSISTANT REFEREE: Walburga Grimm, ISU.

	SP	FS		PLACES
1.	1	1	Ekaterina Gordeeva & Sergei Grinkov, USSR	1.4
2.	2	2	Elena Valova & Oleg Vasiliev, USSR	2.8
3.	3	3	Jill Watson & Peter Oppegard, USA	4.2
4.	6			6.4
5.	4		Gillian Wachsman & Todd Waggoner, USA	6.6
6.	5	7	Denise Benning & Lyndon Johnston, Canada	9.0
7.	11	6	Peggy Schwarz & Alexander Koenig.	10.4
			German Democratic Republic	
8.	8	8	Christine Hough & Doug Ladret, Canada	11.2
9.	7	9	Isabelle Brasseur & Lloyd Eisler, Canada	11.8
10.	10	10	Natalie Seybold & Wayne Seybold, USA	14.0
11.	13	11	Brigitte Groh & Holger Maletz, Federal Republic of Germany	16.2
12.	12	12	Cheryl Peake & Andrew Naylor, Great Britain	16.8
13.	14	13	Lisa Cushley & Neil Cushley, Great Britain	18.6
14.	15	14	Zhibin Mei & Wei Li, China	20.0
	9		Lenka Knapova & Rene Novotny, Czechoslovakia, withdrew	

DANCE

JUDGES: 1-Irina Absaliamova, USSR; 2-Ann Shaw, Canada; 3-Nancy Meiss, USA; 4-Willi Wernz, Federal Republic of Germany; 5-Cia Bordogna, Italy; 6-Heide Maritczak, Austria; 7-Roy Mason, Great Britain; 8-Dr. Istvan Sugar, Hungary; 9-Daniel De Paix De Coeur, France. SUBSTITUTE JUDGE: Maria Blazek-Miller, Poland. REFEREE: Hans Kutschera, ISU. ASSIST-ANT REFEREE: Alexander Gorshkov, ISU.

1. 2. 3. 4. 5. 6. 7.	CD 1 2 3 4 5 6 7 8	OSP 1 2 3 4 5 6 7 8	FD 1 2 3 4 5 6 7 8	Tracy Wilson & Robert McCall, Canada Natalia Annenko & Genrikh Sretenski, USSR Kathrin Beck & Christoff Beck, Austria Suzanne Semanick & Scott Gregory, USA Klara Engi & Attila Toth, Hungary	PLACES 2.0 4.0 6.0 8.0 10.0 12.0
9.	9	9	8	Isabelle Duchesnay & Paul Duchesnay, France Antonia Becherer & Ferdinand Becherer,	16.0
3.	3	3	9	Federal Republic of Germany	18.0
10.	10	10	10	Lia Trovati & Roberto Pelizzola, Italy	20.0
11.	11	11	11	Susan Wynne & Joseph Druar, USA	22.0
12.	12	12	12	Karyn Garossino & Rod Garossino, Canada	24.0
13.	13	13	13	Sharon Jones & Paul Askham, Great Britain	26.0
14.	15	14	14	The second of th	28.6
15.	14	15	15	Vera Rehakova & Ivan Havranek, Czechoslovakia	29.4
16.	16	16	16	Melanie Cole & Michael Farrington, Canada	32.0
17.	17	17	17	Honorata Gorna & Andrzej Dostatni, Poland	34.0
18.	18	18	18	Tomoko Tanaka & Hiroyuki Suzuki, Japan	36.0
19.	19	19	19	Luyang Liu & Xiaolei Zhao, China	38.0
20.	20	20	20	Monica MacDonald & Rodney Clarke, Australia	40.0

ICE DANCING: A Professional Overview

by Richard J. Dalley

Another quadrennium has passed by, and if history holds it's course, today's dancers will have greater opportunities than ever before.

To fully appreciate where we are today, let's take a look through our past. The commercial ice shows as we know them began in the late 1930's. In the following years, producers would create lavish productions with glamorous costumes and grandiose sets to present their interpretation of ice dancing in what was called the Swing Waltz. During this time the image of ice dancers was indelibly etched in the minds of the public and producers alike. Then a new way was discovered to commercialize Ice Dancing-a novelty act! "The Old Smoothies" were to become living legends; an act in which a balding, slightly rotund man would glide around the rink with his wife. Of course, they would have to pause for awhile so she could lovingly blot the perspiration from his brow creating their trademark. A second novelty act, "The Incomparable Beattys," would survive over thirty years of calamity and catastrophe, performing an otherwise lovely dance.



The Incomparable Beattys

1951-1952 would have to be identified as our time of approbation. It was then that Ice Dancing was officially recognized by the ISU and integrated into the World Championships. Coincidentally, Ice Follies hired Walter

and Irene Muehlbronner the first noncomedic dancers in a show. They would go on to razzle-dazzle audiences with various medleys of compulsory dances for eight years. There were many great teams to follow including the Jacobys, the Ormsbys, and the Sladkys to name a few.

Then we made a quantum leap, no longer an art form, recreational activity, or social pastime but a fully endorsed Olympic sport. The equation looks something like this: Olympic recognition + public acceptance = jobs. After the 1976 Olympics three North American teams joined the professional ranks, Colleen O'Connor and Jim Millns, Barbara Berezowski and David Porter, and Michelle Ford and Glenn Patterson. No longer a rare occurrence, ice dancers were in showbiz to stay. This trend continued through the 1980 Olympics with Ice Capades hiring their first ice dance team, Lorna Wighton and John Dowding and the combined shows of Ice Follies and Holiday on Ice introduced the 1980 World champions, Kristina Rogezcy and Andras Sallay as their headliners. By this time, the producers of every professional show, competition, exhibition, theater production, or television special throughout the world realized the value of a quality dance team.

Then came a phenomenon—Jayne Torvill and Christopher Dean. They have made unprecedented contributions to both the amateur and professional world of skating. Never before had ice dancers had their own books, records, videos, T.V. specials, and most notably ice shows (comprised primarily of ice dancers).

Today, ice dancers enjoy a high level of respect. Ice Capades has Torvill and Dean guest starring while Carol Fox and Richard Dalley headline its East Company and Kristan Lowery and Chip Rossbach are featured in the Continental unit. Owner Tom Scallen feels ice dancers are absolutely necessary to his show and has a dance team in each of company. This feeling is predominent throughout the business, but let's

Continued on page 44





AMERICA DOESN'T SEND OUR TEAM 1 THE OLYMPICS...AMERICANS DO.

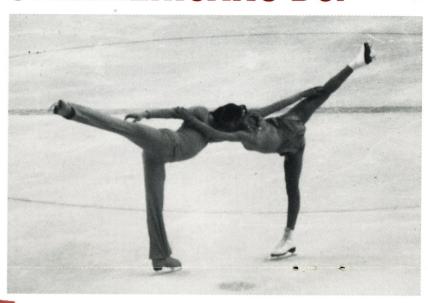
nd the athletes we send do pretty well. In fact, U.S. athletes have brought home a total of 1445 Gold Medals since the start of the Modern Olympic Games in 1896, far more than any other nation.

But the other distinction we have from other nations is that ours is the only one whose government doesn't pay for its team.

> We the people do that. And it's that time again.

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Proceeds Go to Support the U.S. Olympic Team and the U.S. Figure Skating Association

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contribution plus \$1 postage and handling each



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(Please allow 4-6 weeks for delivery.)

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FS



1988 SPRING MEETING

The 1988 Spring Meeting of the USFSA Board of Directors will be held Tuesday, Wednesday, and Thursday, May 3-5, 1988, at the Hyatt Regency Bethesda, One Bethesda Metro Center, Bethesda, MD 20814, (301) 657-1234. The first session is scheduled for Tuesday, May 3 at 8:00 P.M. Additional sessions are scheduled for Wednesday, May 4 at 8:00 A.M. and Thursday, May 5 at 1:30 P.M. All Board of Directors meetings will be closed.

The 1988 Annual Meeting of the USFSA Governing Council will be held Friday and Saturday, May 6 and 7, 1988, at the Hyatt Regency Bethesda, One Bethesda Metro Center, Bethesda, MD 20814, (301) 657-1234. The opening session of the Governing Council will begin Friday at 3:00 P.M., preceded by a USFSA Government Seminar and various workshops. The Governing Council meeting will be continued on Saturday, May 7 at 9:00 A.M.

A copy of the written notice of the meeting is available to USFSA Associate and Individual members (Club members should obtain further information from their club officers) upon request to the USFSA National Headquarters, 20 First Street, Colorado Springs, CO 80906, (719) 635-5200.

JUDGES' APPOINTMENTS

LOW FIGURE TEST Mark A. Benjamin, Stockton FSC

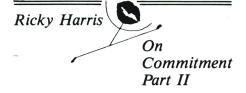
INTERMEDIATE FIGURE TEST Lois Brosio, Seattle SC Patricia C. Smith, Detroit SC

HIGH FIGURE TEST Barbara Stuns, Lakewood WC

BRONZE DANCE TEST Suzanne Izatt, SC of Wilmington Tara Jean Kerr, Providence FSC

SILVER DANCE TEST Avonia Dondero, St. Moritz ISC Jean Carlsen, Utah FSC

Continued on page 50



In Part I, we discussed some of the things involved in a total commitment to competitive skating such as: 1. Giving up some extra curricular school activities. 2. Getting to bed early. 3. Eating nutritionally. There are some other categories important to the totally committed skater:

Attending Off-Ice Classes

It is very important to attend off-ice classes for the purpose of developing the correct body placement and gaining more strength, coordination, and stretch. These classes could be in the form of ballet, weight training, yoga, or gymnastics according to your particular needs, and with the approval of your pro.

If you are truly committed, you will be consistent in your attendance. You will not get the best results if you are on a "stop and go road." It is the consistency that pays off.

Packaging Yourself

By this I mean developing a way of looking and behaving that makes you more attractive to others and creates a positive impression. This involves wearing clean and attractive clothes (not necessarily expensive) that suit your age, body, and personality. Your hair can be stylish, yet neat, and suitable for skating. Makeup for girls at the proper age, should be used to put color and interest in the face. It also adds expression.

Proper Language

Take care to cultivate proper language so as not to risk being overheard speaking in uncomplimentary ways by those who may be influential in your future; such as the press and officials. Be pleasant and courteous, not only to your friends, but other coaches and competitors as well. Remember, it takes more muscles to frown than to smile, and smiling makes everything more fun.

Don't Waste Time or Space

Be committed to every minute of your practice session. You will earn the reputation of being a hard worker, and gain everyone's respect and support.

Continued on page 48

EASTERNS

by Nancy Cohen

Tensions were high and excitement mounted all week at the 1988 Eastern Sectional Championships hosted by the Skating Club of Morris at the well managed twin rink facility, the William G. Mennen Sports Arena, Morris Township, New Jersey.

In the Senior Men's division, two nationally ranked competitors, Doug Mattis, Philadelphia SC and HS, and Mark Mitchell, SC of Hartford, battled it out for the gold which was won by Doug Mattis. Mattis' figures turned out to be the best he's ever done, giving him the lead early on. However, Brian Grant's exciting first-place short program chipped away at Mattis' solid lead, and Mark Mitchell, with a second overall, won first place in the long program after landing two triple Lutzes, a triple flip, and a double Axeltriple toe combination. Mitchell's difficult program, part of which was from "King of the Road," had the audience on the edge of its seat. Mattis, who skated last with wonderful showmanship, had the excited crowd with him all the way. Brian Grant, SC of Lake Placid, finished third and Jon Robinson, Stone Mountain FSC, was fourth after a fine performance.

With few of the Senior ladies completing triples, Julie Wasserman, Atlanta FSC, swept the division with her solid triple toe and triple Salchow jumps and a beautiful delayed Axel. A first-place lead after the figures and short helped to cement her gold medal. Kathaleen Kelly, SC of Lake Placid, also skated a lovely and well executed long program which included a triple toe jump. Her performance was good enough to bring her up from sixth place to a silver medal. Tracie Brown, SC of Boston, was third after an exciting first-place short program with wonderful spin combinations. Elisa Scheuermann, Philadelphia SC & HS, was a strong fourth.

During the Senior Dance events, attention was focused on the team of Renee Roca, Genesee FSC, and James Yorke, SC of Boston, to determine how the former na-

tional Dance champion would look with her new partner. In all three events, Roca and Yorke left no doubt in anyone's mind that they have formed a successful team. Their dramatic, and at times awe-inspiring presence on the ice was felt throughout their performances including the free dance with a Middle-Eastern theme. Elizabeth McLean, SC of Boston, and Ari Lieb, Babson SC, finished second with a sizzling interpretation of a roaring twenties nightclub scene. Anne Hensel, Philadelphia SC & HS, and Ron Kravette, Los Angeles FSC, skating to a medley from Porgy and Bess were third, and Lisa Grove, Pittsburgh FSC, and Scott Myers, University of Delaware SC, were fourth.

A dynamic program with good speed and flow characterized the first-place Senior Pair team of Calla Urbanski, University of Delaware SC, and Michael Blicharski, Academy FSC. Their superb lifts and throw double Axel were well received by the audience. An outstanding musical program by Ginger Tse and Archie Tse, University of Delaware SC, moved the team up from fourth place in the short program to capture the silver medal. Their humorous portrayal of a gangster and his moll was well choreographed with costumes supporting their theme. Maria Lako, University of Delaware SC, and Rocky Marvel, SC of New York, placed third, followed by Karen Courtland, Essex SC of New Jersey, and David Goodman, University of Delaware SC, in fourth place.

The winning long program and first-place overall in the Junior Men's division went to Richard Sears, Colonial FSC, who skated superbly to Spanish music while landing several triples. Stylish Colin VanderVeen, Atlanta FSC, skated a solid short program with high jumps, an exciting death drop, and inspired combination spins to take the silver medal. Phillip DiGuglielmo, Essex SC of New Jersey, also skated a strong long program which moved him up from fourth place



SENIOR MEN
Doug Mattis, Gold; Mark Mitchell, Silver;
Brian Grant, Bronze; Jon Robinson, Fourth



SENIOR LADIES

Julie Wasserman, Gold; Kathaleen Kelly, Silver;
Tracie Brown, Bronze; Elisa Scheuermann, Fourth



SENIOR PAIRS

Calla Urbanski & Michael Blicharski, Gold
Ginger Tse & Archie Tse, Silver
Maria Lako & Rocky Marval, Bronze
Karen Courtland & David Goodman, Fourth



SENIOR DANCE Renee Roca & James Yorke, Gold Elizabeth McLean & Ari Lieb, Silver Ann Hensel & Ron Kravette, Bronze Lisa Grove & Scott Myers, Fourth



JUNIOR MEN
Richard Sears, Gold; Colin VanderVeen, Silver;
Phillip DiGuglielmo, Bronze; Lance Travis, Fourth



JUNIOR LADIES
Jennifer Leng, Gold; Dawn Duhamel, Silver;
Liane Moscato, Bronze; Tina McPherson, Fourth



JUNIOR PAIRS
Sara Powell & Robert Powell, Gold
Wendy Weston & Alexander Enzmann, Silver
Aimee Offner & Brian Helgenberg, Bronze
Tiffany Bailey & Richard Gillam, Fourth



JUNIOR DANCE
Elizabeth Punsalan & Shawn Rettstatt, Gold
Andrea Chow & Martin Chow, Silver
Elizabeth Davidson & Collin Sullivan, Bronze
Regina Woodward & James Curtis, Fourth

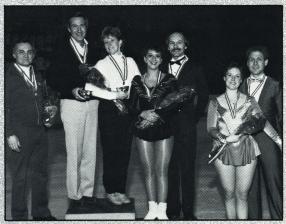


NOVICE MEN
Michael Chack, Gold; John Reppucci, Silver;
Michael Weiss, Bronze; Paul Dulebohn, Fourth



NOVICE LADIES

Karen Gooley, Gold; Marianne Diliberti, Silver;
Janet Hoschek, Bronze; Robin Pilossoph, Fourth



ADULT DANCE
Judy Reiner & Jim Maltby, Gold
Harlene Lee (not shown) & E. Richie VanVliet, Silver
Lynn Hayes & J. Wixson Smith, Bronze
Rita Riess & Joseph Riess, Fourth

to third in the final standings. Lance Travis, SC of Rockland, surprised himself by skating such a well received long program that he moved up from a tenth-place standing after the compulsories and the short to fourth place and a trip to Nationals.

Skaters representing the SC of Boston held on to the top three positions in all Junior Ladies' events. Jennifer Leng skated a nearperfect program characterized by extreme fluidity and strong, confident jumps, giving her first place in both the short and long programs. Dawn Duhamel had an excellent showing in the compulsory figures, and finished second overall. An enjoyable program by Liane Moscato resulted in a bronze medal, and Tina McPherson, Washington FSC, who skated an artistic program with beautiful combination spins, finished fourth.

An unanimous first in all three categories of Junior Dance was given to the team of Elizabeth Punsalan, Los Angeles FSC, and Shawn Rettstatt, Pittsfield FSC. Their free dance had much impact with its Spanish theme, each section dramatically and beautifully executed. Local fans of Andrea

and Martin Chow, SC of Morris, were delighted by their exciting lifts and their light, airy rendition of "Me and My Gal." The Chows' entertaining free dance won them second place. The bronze medal team, Elizabeth Davidson, SC of Maine, and Collin Sullivan, SC of Lake Placid, skated to forties' "big band" music. Their creative costuming and intricate choreography carried out the theme of a soldier on leave with his girlfriend throughout their performance. Fourth place was won by Regina Woodward, Philadelphia SC & HS, and James Curtis, Wissahickon SC. A promising young team, Wendy Millette of the SC of Boston, and Kyle Schneble, University of Delaware SC, finished fifth.

A brother-sister Junior Pair team from the SC of Boston, Sara and Robert Powell, won their event with solid first-place performances in both the short and the long programs. Wendy Weston, Yarmouth IC, and Alexander Enzmann, La Jolla FSC, finished second ahead of the exciting young team of Aimee Offner and Brian Helgenberg, University of Delaware SC. In fourth place was Tiffany Bailey and Richard Gillam, also of the University of Delaware SC.

With a powerful long program that won him first place by all nine judges, Michael Chack, SC of Rockland, won the gold medal in the Novice Men division. Twelve-year-old John Reppucci, Pilgrim SC, retained the second place he had won in figures and firstplace figures winner, Michael Weiss, Washington FSC, won the bronze medal. Paul Dulebohn, Baltimore FSC, performed steadily in both events for a fourth-place finish. Clifford Retamar, University of Delaware SC, in fifth place, showed potential with a second-place finish in the free skating event. His well executed jumps delighted the audience as much as his winning smile.

Rachel Lane, Pittsburgh FSC, and Eric Meier, Olde Monmouth SC, skated strong compulsories in Novice Dance for a first-place finish. After smooth, flowing presentation on their variation dance, second place went to Sarah Walsh, Warwick Figure Skaters, and Brad Walsh, SC of Lake Placid. Amy Neff, Pittsburgh FSC, and Kirk Strotman, Ice & Blades Club of Washington, Pennsylvania, were third.

In Novice Pairs, the top four places went to brother-sister teams. Hollis Perkins, University of Delaware SC, and Jason Perkins, Charter Oak FSC, skated a strong program for the gold medal. Holly and Troy West, both of the Atlanta FSC, were second, while Christina and Mark Fitzgerald, Princeton FSC, skated with good synchronization to finish third. Michelle and Jeffrey Tilley, Triangle FSC, were fourth.

In Intermediate Men, Kelly Herrington, SC of Lake Placid, captured the gold medal with a strong first-place showing in both figures and freestyle. Laurent Masse, North Shore SC, was second, Jamie Loper, SC of Wilmington, was third, and Jeffrey Adler, Rye FSC, was fourth.

Kara Ullom, Atlanta FSC, was first overall in the Intermediate Ladies' division and Teresa Bidon, Washington FSC, placed second. Carlee Wells, Atlanta FSC, who had a strong first place after the compulsory figures, fell in her freestyle and ended up in third place overall. Carlee's graceful style and beautiful combination spin enhanced her program. Danielle Colacicco, SC of Lake Placid, skated a solid program which brought her standing to fourth place. Laura Novak, Columbia FSC, finished fifth and should be commended for a very balletic program with lovely interpretation of her music.

Intermediate Dance was important to hometown fans because of the new and young team of Beth Allen and Christopher Fullagar, SC of Morris, who finished third and delighted both audience and judges with their variation dance. Isabelle Rigaud and Jovanny Durango, SC of New York, made an outstanding showing in this division. Their lovely dance expressions and good edges contributed to their gold medal. Laura Danielson and Thomas Danielson, SC of Amherst, won the silver, and Dawn Ponte and Dean Yeater, Smithfield FSC, finished fourth.

A fun-filled competitors' party sponsored by several of the competitors' home clubs along with host club, the Skating Club of Morris, was the culmination of a highly successful Easterns Championship.

The results for the Eastern Championships were published in the January 1988 issue, page 43.

PACIFIC COASTS

by Ted Mullins

"This event is going so smoothly, it's almost eerie." That comment was made by Chief Referee Roy Cofer midway thru the 1988 Pacific Coast Championships held December 1–5 at the municipally owned Oak Park Ice Arena in Stockton, California. The event, hosted by the Stockton FSC, was smooth from start to finish. While the weather outside did indeed prove to be frightful (for Stockton), the skating inside was of championship caliber and as you might expect, certainly delightful.

Two-hundred-five skaters representing twenty-nine figure skating clubs came to Stockton hoping to find the right combinations that would send them on to the National Championships in Denver.

The Senior Men drew their share of attention. A standing room only crowd looked on to see if Scott Kurttila of the Seattle SC could improve on last year's second-place finish and earn his fifth straight trip to Nationals. He did not disappoint. His program included five triple jumps; a triple loop, and four other triples including intricate footwork into a triple Salchow-double toe combination. Kurttila earned firsts from the first figure to final triple jump. John Filbig, of the Rim of the World FSC, claimed second with five triple jumps in his strong free skating exhibition. Patrick Brault, Los Angeles FSC, took third, and fourth place went to Craig Heath of the St. Moritz ISC.

The 1987 Junior Ladies' champion, Jeri Campbell, of the All Year FSC couldn't find the timing for her triple jumps but turned her unique spins and a series of beautiful doubles and combinations into a third-place finish in the Senior Ladies' competition. But this was Holly Cook's year at Coast. She was first after figures and that's where the Utah FSC competitor remained for the rest of the week. She had the cleanest program among the Senior ladies and included strong triple and double jumps. Intricate footwork which included bar-

rel rolls, and a double flip-half-loop-double toe-butterfly combination.

Cindy Bortz of the Los Angeles FSC will be headed back to Nationals following her second-place finish at Pacific Coast. Bortz was the 1986 Junior Ladies' champion and took sixth place in the 1987 Senior Ladies' competition at Nationals. Her program included two triple toe jumps, double Axels and strong spin combinations. Rory Flack of the San Diego FSC took fourth place. Big double Axels, Russian split jumps and a death drop earned her qualification for the '88 Nationals.

Everyone came away agreeing they had seen excellent skating in the Junior Ladies' category. Dena Galech of the Seattle SC will be making her fourth trip to Nationals. She earned the trip by combining her strong skating with powerful music from Bladerunner ... her triple flip, double Axel and split jump-triple toe all blended well with the music. Overall, Dena finished third in freestyle but took the gold in figure and short. Tisha Walker of the Conejo Valley FSC made a steady climb through the week to nail down the silver, finishing with a freestyle program that included two gutsy triple jumps. Jennifer Flock of the Stockton FSC earned the silver in freestyle and combined that with second in the short to take third overall. Jessica Mills of the All Year FSC earned fourth place.

Alex Chang of the Los Angeles FSC let his strong freestyle skating carry him to first place in the long program and to the gold medal in Junior Men. Christopher Mitchell, of the Los Angeles FSC, was steady all week and took the silver while Scott Davis, Great Falls FSC, earned the bronze and Tim Dever, Arizona FSC, qualified in fourth place.

Senior Pair's competition was beautiful to watch. Lori Blasko, Conejo Valley FSC and Todd Sand, Los Angeles FSC, combined grace, beauty, and solid skating to take the gold. Sharon Carz and Doug Williams, All Year FSC, finished with the silver. Kellie



SENIOR MEN Scott Kurttila, Gold; John Filbig, Silver; Patrick Brault, Bronze; Craig Heath, Fourth



SENIOR LADIES Holly Cook, Gold; Cindy Bortz, Silver; Jeri Campbell, Bronze; E. Rory Flack, Fourth



SENIOR PAIRS Lori Blasko & Todd Sand, Gold Sharon Carz & Doug Williams, Silver Kellie Creel & Bob Pellaton, Bronze Shelly Propson & Scott Wendland, Fourth



Heidi Hahn & Bill Aquilino, Bronze



JUNIOR MAN Alex Chang, Gold; Christopher Mitchell, Silver; Scott Davis, Bronze; Tim Dever, Fourth



JUNIOR LADIES Dena Galech, Gold; Tisha Walker, Silver; Jennifer Flock, Bronze; Jessica Mills, Fourth



JUNIOR PAIRS

Natasha Kuchiki & Richard Alexander, Gold
Kenna Bailey & John Denton, Silver
Dawn Piepenbrink & Tim Dever, Bronze
Dawn Goldstein & Troy Goldstein, Fourth



JUNIOR DANCE
Tiffany Veltre & Duane Greenleaf, Gold
Kara Berger & Jay Barton, Silver
Dana Schneider & Stephen Laumann, Bronze
Wendy Mirsky & Peter Mirsky, Fourth



NOVICE MEN
Christopher Beck, Gold; Clay Sniteman, Silver;
Richard Alexander, Bronze; Randy Scott, Fourth



NOVICE LADIES
Natasha Kuchiki, Gold; Jennifer Davidson, Silver;
Stephanie Bush, Bronze; Heather Sniteman, Fourth



ADULT DANCE
Ethel Field & Ryoichi Kobayashi, Gold
Brigit Luciani & Robert Engle, III, Silver
Michele Silak & Howard Whelan, Bronze
Lael Kovtun & Quintin Foster, Fourth

Creel, Los Angeles FSC, and Bob Pellaton, La Jolla FSC, earned the bronze with Shelly Propson and Scott Wendland, All Year FSC, teaming for the final qualifying spot.

A unique interpretation of "Chopsticks" carried Karen Knieriem, Broadmoor SC, and Leif Erickson, Los Angeles FSC, to the gold in the Senior Dance. Several tempo changes throughout the musical piece kept the audience eagerly anticipating the next phase. Jeanne Miley and Michael Verlich, Los Angeles FSC, earned the silver, Heidi Hahn, Peninsula FSC, and William Aquilino Jr., University of Delaware SC, took the bronze medal.

Natasha Kuchiki and Richard Alexander, Los Angeles FSC, were first in Junior Pairs; Kenna Bailey, Utah FSC, and John Denton, Arctic Blades FSC, took home the silver, while Dawn Piepenbrink, All Year FSC, joined with Tim Dever, Arizona FSC, for the bronze. Dawn and Troy Goldstein of the Los Angeles FSC earned fourth place.

Tiffany Veltre, Arctic Blades FSC, and Duane Greenleaf, Los Angeles FSC, led all the way to earn the gold in Junior Dance. Kara Berger, Los Angeles FSC, and Jay Barton, Arctic Blades FSC, were also steady, holding second after each event including finals. Dana Schneider, Arctic Blades FSC, joined Stephen Laumann, Los Angeles FSC, for third, while fourth went to Wendy and Peter Mirsky of the Los Angeles FSC.

In Adult Dance, Ethel Field and Ryoichi Kobayasha, South Bay FSC, claimed the gold while Brigit Luciani, San Diego FSC, and Robert Engle, III, La Jolla FSC, took the silver; Michele Silak and Howard Whelan, St. Moritz ISC, placed third; and Lael Kovtun, La Jolla FSC, and Quinton Foster, South Bay FSC, placed fourth.

A glance at the Novice competition shows the West Coast will continue to be represented by strong skaters in the future. Natasha Kuchiki, Los Angeles FSC, earned the gold with a strong performance after placing third in figures and second in freestyle. Jennifer Davidson, Conejo FSC overcame a fall to take third in freestyle and earn the silver, while Stephanie Bush, All Year FSC, secured third place with fourth going to Heather Sniteman of the Utah FSC.

Christopher Beck, All Year FSC, headed up an unusually large field of Novice Men to take the gold. Clay Sniteman, Utah FSC, combined a first place finish in figures with third in freestyle to claim the silver. Richard Alexander, Los Angeles FSC, earned the bronze while Randy Scott, Palm Desert FSC, was fourth.

Overall, the 1988 Pacific Coast Championships featured excellent skating and superb competition. Congratulations to all who earned the right to take part and to those who earned the right to move ahead to Nationals. The Stockton Figure Skating Club is very proud of the small part it played in hosting this event.

The results for the Pacific Coast Championships were published in the January 1988 issue, page 51.



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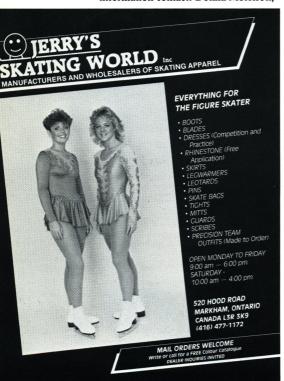


APRIL

7-10 **Tri-State Figure Skating Competition**, sponsored by the Bowling Green SC, at the Bowling Green State University Ice Arena, Bowling Green, OH. Freestyle events. For information contact: Darlene Householder, 16620 Mitchell Rd., Bowling Green, OH 43402, 419-352-7295

8-10 Ice Spectacular, sponsored by the North Shore SC of Massachusetts, at the Town Line Twin Rinks, Danvers, MA. For information contact: Ellie Bowker, Capeview Rd., Ispwich, MA 617-356-0350.

8-10 **Spring Festival,** sponsored by the Portland ISC, at the Clackamas Town Center, Portland, OR. Figures, Freestyle, Showcase, and Dance events. For information contact: Donna Morrison.



Competition Chairman, 8742 S.E. Kingswood Way, Gresham, OR 97080, 503-665-8639.

9 Tina Furlong Memorial Exhibition, sponsored by the Philadelphia SC & HS, at the Philadelphia SC & HS, Ardmore, PA. Year end exhibition of club skaters with guest skaters. For information contact: Judy Altschuler, 215-649-3743.

9-10 25th Annual New Jersey Council of FSC's Championships, sponsored by the New Jersey Council of FSC's, at the William G. Mennen Sports Arena, 161 E. Hanover Ave., Morristown, NJ. Freestyle, Dance, Interpretive, Precision, and Maneuver Team events. For information contact: Nancy Noonan, Secretary, NJCFSC, 11 B Parkway Village, Cranford, NJ 07016, 201-272-5381.

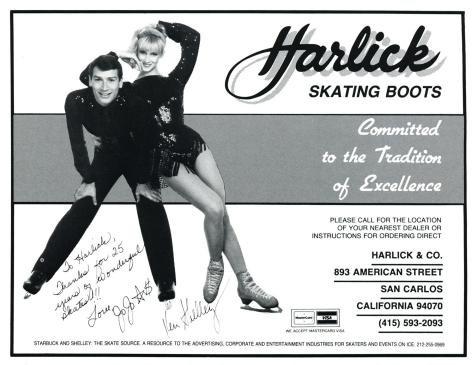
15-17 Adult Ice Dancing Weekend, sponsored by the WC of Indianapolis, at the Pan Am Plaza Rinks, Indianapolis, IN. High and Low Clinics by Sandy Lamb, and dinner dance with music by Bruce George. For information contact: Ellen Clark, 4200 W. 800 N. – Box 26 B, Edinburgh, IN 46124.

22-24 Skate Texas Invitational 1988, sponsored by the Dallas FSC and Houston FSC, at the North Texas Ice Arena, 10101 Cowboys Parkway, Irving, TX 75063. Open competition Beginner through Senior with Figure, Free, Dance, Pairs, Interpretive, and Basic Skills events. For information contact: Barbara Underwood, Chairperson, 406 Huntington, Euless, TX 76040, 817-267-0050 or Carolyn Haman, 3808 Cabeza De Vaca Cr., Irving, TX 75062, 214-255-4464.

22-24 **13th Annual Ladybug Competition**, sponsored by the Glenwood FSC, at the Homewood-Flossmoor Ice Arena, 777 Kedzie Ave., Homewood, IL 60430. For information contact: Linda Tanko, 312-672-4699 or Kay Larson, 815-725-4197.

22-24 Solid Gold, the fiftieth annual ice show presented by the Rochester FSC of Rochester, MN. Three hundred skaters will participate in the show, including Polish national champion Gzregorz Filipowski. For information contact: Rochester FSC, 507-288-7536.

22-24 4th Annual Sourdough Competition, sponsored by the Fairbanks FSC, Fairbanks, AK. Figures, Freestyle, Mixed Pairs, Similar Pairs, Improvised, Solo Dance, Mixed Couples, Adult Shadow, and Draw Events, as well as High Level Testing. For information contact: Joan Jones, P.O. Box 10343, Fairbanks, AK 99710, 907-488-2737.



- 22-24 Westchester Figure Skating Competition, sponsored by the SC of Westchester, at the Low Tor Ice Rink, Rte. 202, Garnerville, NY 10923. Figures, Freestyle, Dance, Basic Skills, Character Solo, and Precision Team events. For information contact: Peter Bayer, President, 914-472-2559 or Janet Shin, 914-965-2245.
- 23-24 Ann Arbor Springtime Invitational Competition, sponsored by the Ann Arbor FSC, Ann Arbor, MI. Competition for the beginning competitor in Basic Skills and Low Test. For information contact: Publicity Coordinator, Ann Arbor FSC, P.O. Box 7386, Ann Arbor, MI 48107, 313-769-7820.
- 23-24 Ice Capers 88, forty-ninth annual ice show, sponsored by the Commonwealth FSC, at the Randolph Ice Arena, Randolph, MA. For information contact: Show Committee, 617-963-4053.
- 23-24 Mt. Lebanon Invitational, sponsored by the Ice & Blades Club of Washington, PA, at the Mt. Lebanon Recreation Center, 900 Cedar Blvd., Mt. Lebanon, PA 15228. For information contact: Betty M. Galligan, 221 Davidson Dr., Charleroi, PA 15022, 412-483-5320.
- 23-24 Snow White and the Seven Dwarfs on

- Ice, sponsored by the Carousel FSC, at the Valley Ice Arena, 9250 S.W. Beaverton-Hillsdale Highway, Beaverton, OR 97005. For information contact: Marsha Carlton, 3304 S.W. Stonebrook Dr., Portland, OR 97201, 503-244-9169.
- 28-30 Brandywine Blades Ice Show, sponsored by the SC of Wilmington, at the SC of Wilmington, Weldin & Carruthers Ln., Wilmington, DE 19803-0307. For information call: 302-656-5005 or 5007.
- 28-5/1 Darien Open Figure Skating Competition, sponsored by the Darien SC of Southern Connecticut, at the Darien Ice Rink, Darien, CT. Figures, Singles, Pairs, Dance, Interpretive, and Adult Figures, Free, and Dance events. For information contact: Ellie F. Kimelman, 31 Bronxville Glen Dr., Bronxville, NY 10708, 914-237-3962.
- 28-5/1 1988 Phoenix Flesta Skate, sponsored by the SC of Phoenix, at the Oceanside Ice Arena, Tempe, AZ. Figures, Free Skating, Dance, Pairs, and Precision Team events. Initial and Final Round Juvenile through Senior levels. For information contact: Lynda Fechtig, Chairperson, 2554 W. Bentrup St., Chandler, AZ 85224, 602-820-6327 or

Peggy Thompson, Assistant Chairperson, 906 Verde Lane, Tempe, AZ 85284, 602-897-1651.

- 29-5/1 Capital Cotillion, adult social ice dance weekend, sponsored by the Ice Club of Washington, Washington, D.C. For information contact: Jeanne Moorman, 301-350-0305.
- 29-5/1 Midnight Sun Dance Weekend, sponsored by the Anchorage FSC, at the University of Alaska Ice Arena, Anchorage, AK. All levels of ice dancing from Preliminary through Gold. For information contact: Pat Rodgers, P.O. Box 19-6577, Anchorage, AK 99519, 907-345-0927.
 - 30 Bowling Green Precision Competition, sponsored by the Bowling Green SC, at the Bowling Green State University Ice Arena, Bowling Green, OH. For information contact: Darlene Householder, 16620 Mitchell Rd., Bowling Green, OH 43402, 419-352-7295.

MAY

6-8 Sports Medicine and Science Symposium on Physically Disabled Athletes, sponsored by the Department of Physical Medicine, Baylor College of Medicine, at the Houstonian Hotel and Conference Center, Houston, TX. This symp

- posium for physicians, therapists, trainers, researchers, educators, coaches, and athletes on sports medicine and sports science for athletes with physical disabilities will feature nationally recognized experts in the areas of sports medicine, athletic training, and research for disabled athletes. For information contact: Marjorie Gordon, Division of Education, The Institute for Rehabilitation and Research, P.O. Box 20095, Houston, TX 77225, 713-797-5944.
- 8 CERC Competition, sponsored by the Bridgeport SC, Wonderland of Ice, Bridgeport, CT. Freestyle events Pre-Preliminary through Junior levels. For information contact: Mrs. Dorothy Fedick, 203-372-4166.
- Love & Happiness, ice show sponsored by the Babson SC, at the Babson Skating Rink, Wellesley, MA. For information contact: Joan Allen, Babson Skating Center, 150 Great Plain Ave., Wellesley, MA 02181.
- 12-14 Just Imagine Ice Show '88, sponsored by the Cleveland SC, at the Cleveland SC, 2500 Kemper Road, Shaker Heights, OH 44120. For information contact: Lynn Rimmer, 216-791-2800 or Sue Luria, 216-464-3827.



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- 12-15 Seasons to Remember, club show sponsored by the Santa Rosa FSC, at the Redwood Empire Ice Arena, 1667 W. Steele Lane, Santa Rosa, CA 95401. For information contact: Terrie Gershman, 3716 Sacramento Ave., Santa Rosa, CA 95405. 707-523-4523.
- 13-15 5th Annual Lakewood WC Open Championships, sponsored by the Lakewood WC, at the Sprinker Recreation Center, 14824 South "C" St., Tacoma, WA. Figures, Short Program, Free Skating, Pairs, Compulsory Dance, Free Dance, Solo Dance, Precision, and Showcase events. For information contact: Sandi Gendreau, Chairperson, 206-848-8403, Karen Woods, Co-Chairperson, 206-537-9781, or Joann Calhoun, Registrar, 206-752-8184.
- 14-15 The Eleventh Annual West Covina Open Championships, sponsored by the West Covina FSC, at the West Covina Ice Arena, 2235 E. Garvey Ave. North, West Covina, CA 91790. Snow Cubs through Novice levels, For information contact: Jeanne Turner, President, 818-336-6336.
- 20-22 The Great Adventure, ice show sponsored by the Shaker FSC, at the Thornton Park Ice Rink, 20701 Farnsleigh Rd.,

Shaker Heights, OH 44122. For information contact: Caroline Conrad, 216-491-1290.

20-22 Los Angeles FSC Championships, sponsored by the Los Angeles FSC, at the Los Angeles FSC, 1001 Riverside Dr., Burbank, CA 91506. Figures, Freestyle, Pairs, and Dance events. For information contact: Karen Ferrell, 973 E. Villa #4, Pasadena, CA 91106, 818-440-1426 or Mrs. Marge Heslin, 3405 Paseo Del Campo, Palos Verdes Estates, CA 90274, 213-373-5990.

JUNE

- Summer Recital, sponsored by the Mesa Verde FSC, at the Ice Capades Chalet, 2701 Harbor Blvd., Costa Mesa, CA 92626. For information contact: Barbara Hoyt, President, 11660 Tarawa St., Cypress, CA 90630, 714-894-6795.
- 4-5 David Spalding Ice Classic, (formerly called Rose Festival Championships), sponsored by the Carousel FSC, at the Valley Ice Arena, 9250 S.W. Beaverton-Hillsdale Highway, Beaverton, OR 97005. Figures, Freestyle, Showcase, Dance, and Precision Skating events. For information contact: Marsha Carlton, 3304 S.W. Stonebrook Dr., Portland, OR 97201, 503-244-9169.

Club Management

Continued from page 15

- Program, Planning a Basic Skills Program
- 15. Conducting USFSA Test Sessions
 Preliminary Planning, Intermediate
 Planning, The Test Session, Filing the
 Results, Processing by National Headquarters, Suggestions and Miscellaneous Information
- 16. Hosting a Competition Types of Competitions, Planning a Competition, The Competition Officials, Facilities at the Arena, During the Competition
- Carnivals, Exhibitions and Shows Sanctions, Carnivals, Exhibitions, Ice Shows
- 18. Fundraising for Figure Skating Clubs
- USFSA Memorial Fund
 Principal Sources of Unrestricted Contributions to the Memorial Fund,
 Memorial Fund Programs, The
 Skaters' Sponsorship Program.

- 20. The Qualified Amateur Sports Organization
- 21. Judges, Referees, and Accountants Judging Categories, How to Become a Judge, Evaluation, Qualities Needed to Become a Judge, Being Fair to Judges, Referees, Accountants
- 22. Professional Figure Skaters The Professional Skaters Guild of America, The Selection of Professional Figure Skaters
- 23. The Relationship of Arena and Club Management; Establishing Communication, Peaceful Co-existence, The Contract, Ongoing Relationships
- 24. Using the USFSA Rulebook Understanding the Rulebook, USFSA Rulebook Caption Designations, The USFSA Organization, Skating Standards, Tests, Competitions, Carnivals and Exhibitions
- 25. Problem Resolution Administrative and Operational Problems, Technical Problems, Conflicts, Problem Solving Techniques, Rights and Responsibilities, Problem Solvers.

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Canadians '88

Continued from page 22

OFFICE MEN

variations on pair moves that the teams come up with are fascinating: maneuvers that probably do not even have names, like four person death spirals and incredibly complex combination spins. This year's championship was deservedly won by Denise Benning, Lyndon Johnston, Christine Hough and Doug Ladret, who skated the finest Fours' program with excellent unison throughout.

While not all of the individual performances at the championships may have measured up to expectations, it was nonetheless an exciting championship.

1987 CANADIAN CHAMPIONSHIPS

VICTORIA, B.C., CANADA JANUARY 20-23, 1988

SENIOR MEN						
	CF	SP	FS		PLACEŞ	
1.	1	1	1 [Brian Orser, Mariposa WC	2.0	
2.	3	2	2	Kurt Browning, Royal Glenora	4.6	
3.	2	4	3 1	Neil Paterson, North Shore WC	5.8	
4.	4	5		Michael Slipchuk, Royal Glenora	8.4	
5.	4	6		Matthew Hall, Minto SC	9.8	
6.	10	3		Jaimee Eggleton, St. Bruno FSC	13.2	
7.	8	8		Brad MacLean, North Shore WC	15.0	
8.	6	11		Jeff Partrick, Brandon FSC	18.0	
9.	9	13		Martin Marceau, Lames Argent Lv	18.6	
10.	7	7		Mark MacVean, Gloucester SC	19.0	
11.	12	10		Norm Proft, Langley FSC	20.2	
12.	11	9		Rob Lenarduzzi, Sudbury FSC	21.2	
	13	12		Christopher Nolan, CPA Pierrefonds	25.6	
13. 14.	15	14		Guy Scott, Chateauguay FSC	28.6	
		15			29.4	
15.	14	15	15	Mark Moore, Wingham FSC	29.4	
051		A DIE				
SEN	IOR L				DI ACEC	
	CF	SP	FS	Filest at Maniau Olamantan 00	PLACES	
1.	1	1		Elizabeth Manley, Gloucester SC	2.0	
2.	4	4		Charlene Wong, CPA Pierrefonds	6.0	
3.	2	6		Shannon Allison, Hollyburn CC	6.6	
4.	3	3	4	Patricia Schmidt, Royal Glenora	7.0	
5.	6	9	6	Dianne Takeuchi, Toronto CS & CC	13.2	
6.	13	2		Marie Trembley, CPA Beauport	13.6	
7.	9	5		Tracey Robertson, Moore FSC	14.4	
8.	5	11		Joelle Tustin, Royal Glenora	17.4	
9.	12	7		Josee Arseneault, CPA Stellaire	18.0	
10.	8	10		Pamela Giangualano, Lake Superior	19.8	
11.	7	8		Lindsay Fedosoff, Granite Club	20.4	
12.	11	13	9	Leslie White, Granite Club	20.8	
13.	10	12	14	Nansy Gruzling, North Shore WC	24.8	
14.	14	14	12	Lisa Raaflaub, Tricenturena	26.0	
SEN	IIOR P	AIRS				
	SP	FS			PLACES	
1.	3		Chris	tine Hough, Preston FSC & Doug Ladret,	2.2	
			Vanc	ouver SC		
2.	1	2	Isabe	elle Brasseur, St. Jean FSC & Lloyd Eisler,	2.4	
			Seafo	orth FSC		
3.	2	3	Denis	se Benning, South Windsor & Lyndon Johnston,	3.8	
٠.	_	-		iota FSC		
4.	4	4		ene Collin, Preston FSC & John Penticost,	5.6	
				eauguay FSC		
5.	5	5		elle Menzies, Preston FSC & Kevin Wheeler,	7.0	
٥.	•	•		sels FSC		

6.	6	6		nie Gaylor, Stratford FSC & Lee Barkell,	8.4	
_	-	-	Kirkland & Dist.			
7.	7	/		Rissling, Preston FSC & Alan Kerslake, ames ASSNBA	9.8	
8.	8	8	Kath	erine Kates & Rob Kates, North Shore WC	11.2	
9.	9			a Ivanich & James Ivanich, North Shore WC	12.6	
10.	11			la Ivanich & John Ivanich, North Shore WC	14.4	
11.	10	11		alie Rodrigue, CPA Sherbrooke & Jim Blackburn,	15.0	
11.	10			nto CS & CC	10.0	
			1010	1110 C3 & CC		
SENI	OP F	ANC	F			
SEI		OSP			PLACES	
1.	1	1	1	Tracy Wilson, Inlet SC & Rob McCall, Halifax SC	2.0	
2.	2	2		Karyn Garossino & Rod Garossino, Calalta FSC	4.0	
3.	3	3		Melanie Cole & Michael Farrington, Up. Can/N. York	6.0	
3. 4.	4	4	5	Jo-Anne Borlase, Up. Can/N. York & Martin Smith,	9.0	
4.	4	4	5	Kit/Waterloo SC	0.0	
-	6	6	4	Michelle MacDonald, M.S.A. FSC & Mark Mitchell,	10.0	
5.	О	0	4	Sackville FSC	10.0	
•	_	_	6	Penny Mann & Richard Perkins, Minto SC	11.0	
6.	5 7	5 7		Kimberley Weeks, Up. Can/N. York & Curtis Moore,	14.0	
7.	/	/	/	Wingham FSC	14.0	
8.	8	8	8	Catherine Pal & Don Godfrey, Up. Can/N. York	16.0	
9.	9	9	9	Nathalie Lessard, Lames Argent Lv & Darcy Pleckham,	18.0	
٥.	٠	·	•	Weyburn FSC		
10.	10	10	10	Carla Maillard, Winnipeg WC & Julien Lalonde,	20.0	
10.	10		10	Granite Club		
11.	11	12	11	Pamela Watson, CPA Pt. Claire & Aime LeBlanc,	22.4	
		12		CPA St. Leonard		
12.	12	11	12	Gayle Coughtry, Toronto CS & CC & Jeff Fish,	23.6	
12.	12	- 11	12	Guelph FSC	20.0	
13.	13	14	13	Melodee Clysdale, Royal Glenora & Kris McCleery,	26.4	
13.	13	14	13	Gloucester SC		
14.	14	13	1.1	Jacqueline Willems, Maple Ridge FSC & Jody Miller,	27.6	
14.	14	13	14	Whitehorse FSC	27.0	
				WINDER 1 00		

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Ice Dancing

Continued from page 26

remember it is a business. In many professional productions it is essential that the skaters perform a wide variety of skills. Dancers are often capable performers only as a team; this limited versatility can make for an expensive business decision. Pair or single skaters, on the other hand, can be more interchangeable thus giving the choreographer greater flexibility while providing a more valuable commodity to the owner/pro-

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ducer. Another predominant belief throughout the business is that performing is a job, but it is not a career. Skating professionally is a wonderful way to travel and earn some money, but the majority could not retire on what they have earned as performers. You have been warned! Have something else to fall back on.

Where does this leave our amateur dancers of today? The trails have been blazed, the casts have been broken, and the public has received us with open arms. The opportunities are endless and the future is yours!



Skating congratulates the following skaters who have passed USFSA sanctioned tests in figures, pair, and dance. Only completed dance tests, rather than the individual dances passed, are recorded below. Any errors should be reported to the USFSA, 20 First Street, Colorado Springs, CO 80906.

New Test Abbreviations are as follows: PRE = Preliminary Figure; 1 = First Figure; 2 = Second Figure; 3 = Third Figure; 4 = Fourth Figure; 5 = Fifth Figure; 6 = Sixth Figure; 7 = Seventh Figure; 8 = Eighth Figure; PF = Preliminary Free; JF = Juvenile Free; IF = Intermediate Free; NF = Novice Free; JFF = Junior Free; SRF = Senior Free; PPR = Preliminary Pair; BPR = Bronze Pair; SPR = Silver Pair; GPR = Gold Pair; P DT = Preliminary Dance Test; BR DT = Bronze Dance Test; PS DT = Pre Silver Dance Test; S DT = Gold Dance Test; SFD = Silver Free Dance; PG DT = Pre Gold Dance Test; BR DT = Bronze Dance; PG DT = Gold Dance Test; BR DT = Bronze Dance; PG DT = Gold Dance Test; BR DT = Bronze Dance; PG DT = Silver Pre Silver Dance Test; PG DT = Gold Dance Test; PG DT = Pre Gold Dance Test; PG DT = Gold Adult Dance Test; PG DT = Pre Gold Dance Test; PG DT = Gold Adult Dance Test; PG DT = Pre Gold Dance Test; PG DT = Gold Dance Test; PG DT = Pre Gold Dance Test; PG DT = Gold Dance Test; PG DT = Pre Gold Dance Test; PG DT = Gold Dance Test; PG DT = Pre Gold Dance Test; PG DT = Gold Dance Test; PG DT = Pre Gold Dance Test; PG DT = Gold Dance Test; PG DT = Pre Gold Dance Test; PG DT = Fre Gold Dance T

GOLD FIGURES

Kimberly Peck, Utah FSC; Susan Blaisdell, St. Moritz ISC.

GOLD FREE

Allison Cattani, Colonial SC of NJ; Kimberly Peck, Utah FSC.

GOLD DANCE

Deborah Coonley, Philadelphia SC & HS; Kimberly Smith, Portland ISC.

ALBUQUERQUE FSC: PRE-Sharon Walston. 1-Courtney Ingram. PF-Kerry Herman, Rhonda-Jo Pearlman, Stephanie Morelli. JF-Sharon Walston.

ALL YEAR FSC: 1-Amanda Glazebrook, Edmund Hollis, Julie Ewing.

SC OF AMHERST: PF-Alexi Grenadier, Alisha Wilbur.

AMHERST SC: PRE-Lee Ann Majewski, Mindy Miranda, Nicole Monaco, Pamela Savage. 1-Kathryn Cavanaugh. 4-Janet Joy. PF-Lee Ann Majewski, Mindy Miranda, Nicole Monaco. JF-Suzanne Ott. NF-Suzanne Colburn.

ANCHORAGE FSC: PRE-Paula Swangket. 1-Heather Slenkamp. PF-Paula Swangket, Sydne Vogel. JF-Heather Martin. IF-Michelle McPheters.

ANN ARBOR FSC: PRE-Courtney McBean. JF-Kristen Pembroke. NF-Deanna Kremkow, Heidi Spaly. P DT-Aimee Grisdale, Erica Kempter, Harry Maurer, Priya Bery. BR DT-Heather Wilkins, Kristina Schreck. S DT-Laurie Bartels.

ARCTIC BLADES FSC: 5-Natalie Brooks. PS DT-Lindy Nomura.

ARIZONA FSC: PRE-Heather Frankel. 2-Bridget Berhorst. 4-Lucinda Day. PF-Heather Frankel.

ARROWHEAD FSC: PRE-April Smith, Carrie Kinne, Sarah Johnson. 1-Sunny Dory. PF-April Smith, Carrie Kinne, Sarah Johnson.

ATLANTA FSC: PRE-Shannon Darrow. 1-Amanda Isenberg, Julie Mickle, Michelle Gustavson. 2-Eryn Joy Nelson. PF-Shannon Darrow. JF-Amanda Isenberg. P DT-Amanda Isenberg. PS DT-Russ Scott. BPR-Christi Ussery.

AUSTIN FSC: PRE-Kathryn Smith. PF-Kathryn Smith.

BABSON SC: PRE-June Kehoe. 1-Amy Mihaich, Melissa Scammon, Suzanne Ronkin. PF-Suzanne Ronkin, June Kehoe, Lindsay Rose.

BALTIMORE FSC: P DT-Dave Katsanis, Stephanie Crawford.
BAY PATH FSC: 1-Britt Olander, Caroline Carlson, Kathleen Walsh.





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BEAVER COUNTY FSC: PRE-Lynnette Stevens, Natalie DiBenedetto, Rebecca Ortenzio. 1-Karolyn Davis. 2-Molly Patrick. 4-Jennifer Gray. P DT-Karolyn Davis, Kathy Lyons, Marie Werme, Tricia Beglin. **BERKLEY ROYAL BLADES FSC:** PRE-Lindsay Heffron. PF-Brandy Jakey, Lindsay Heffron.

BORDER BLADES FSC: S DT-Heidi Meyer, Tara Hoerner. PG DT-Kari Jerstad.

SC OF BOSTON: PRE-Alexandra Stumm. 1-Alexis Scott. PF-Alexandra Stumm. JF-Mary McIntire.

BROADMOOR SC: 3-Melissa Getrost. P DT-Shannon Ponder. BURNSVILLE-MINNESOTA VALLEY FSC: NF-Maureen Jordan.

CANTIAGUE FSC: PRE-Kristie Lombardi, Tracey Marx. 3-Caroline Coneys. PF-Kristie Lombardi.

CHESHIRE FSC: PF-Beth Ann Doherty.

CHICAGO FSC: 1-Aimee Martin, Jamie Scher. 2-David Banks. BR DT-Karen Kos.

CHRISTMAS BROOK FSC: PRE-Tara Dudek. 3-Jennifer Zabek. PF-Alison Behr, Tara Dudek. P DT-Alison Behr, Andrea Davis, Elizabeth Davis, Laura Cece, Tara Dudek.

COLONIAL SC OF NJ: 1-Kirsten English. 3-Heather Castor. IF-Angela Edwards, Tracy Halter. JRF-Shirl Cattani. B ADT-Lynn Landes.

COLORADO SC: 2-Stephanie Harbick.

COLUMBINE FSC: PRE-Amanda Hagman, Denise Bullard, Katrina Dimitroff. 1-Dara Lyn Tribelhorn, Kimberly Palladino. JF-Dara Lyn Tribelhorn.

COMMONWEALTH FSC: 1-Lori An Haddad. 2-Rachelle Dibona. 5-Aimee Barron. PF-Marisa Federico. NF-Denise Powers.

CORTLAND FSC: PRE-Kelly Deasy. PF-Patrick Stich. NF-Kori Newkirk.

DALLAS FSC: PRE-Mary Turk. PF-Mary Turk. JRF-Lisa Dierschke. P DT-Lisa Dierschke.

UNIVERSITY OF DELAWARE SC: PRE-Mary Yang. PF-Jill Hickman, Korynn Schooley, Mary Yang. P DT-Kellie O'Neill, Patricia Gardner. BR DT-Leslee Davis. PS DT-Kristen Pedroso. PPR-Diana Welch.

DENVER FSC: PRE-Betsie Sunde, Ilana Goldfogel, Kelleigh Temple. 1-Margaret Roberts. 7-Jenny Ward. PF-Kelleigh Temple.

DETROIT SC: PRE-Lindy Paterson. 1-Susan Keuffel. 3-Elizabeth Parker. PF-Sarah Pekarek. JF-Danielle Dahm. Liana Firestone. P DT-Sandra Pociecha. BR DT-Wendy Brundirks.

DULUTH FSC: PRE-Mardy Young. 1-Dana Dunsmoor. 7-Angela Wall. JF-Bridgit Ryan. IF-Ann Fellman. **DUPAGE FSC:** PRE-Chanel Paulsen, Kristy Lyn Caligiuri. 1-Amber Wiener, Inna Smirnova, Sharon Comitor. 2-Amy Pomerich, Julia Flynn. PF-Chanel Paulsen, Kristy Lyn Caligiuri. JF-Inna Smirnova, Sharon Comitor. BR DT-Alison Gabor.

FAIRBANKS FSC: 3-Anthea Bertelson. IF-Anthea Bertelson.

FLAGG POND SC: 1-Joy Pires. JF-Catherine Campbell. NF-Jennifer Howard.

FRASER FSC: PRE-Errin Porter, Michelle Sharer. 1-Kristen Montgomery, Marisa Cybulski, Michele Lenard, Renee Johnson, Shawn Vitale. 2-Jill Sadler, Melissa Pouttu, Norah Guequierre. 3-Heather Plati, Leslie Urbano, Molly Green. 4-Lisa Ann Barnett. 5-Shannon Livingston. 6-Amy Orlando, Karen Leonard, Kimberly Gibbs. 7-Cynthia Oldenburg, Lori MacDonald, Mary Beth Perri. PF-Errin Porter, Kristen Montgomery, Kristy Long, Michele Lenard, Michelle Sharer, Renee Johnson, Sybil Olmstead, Tiffany Penn. JF-Jenifer Czapp, Dill Sadler, Leslie Walker. IF-Carolyn Crabtree, Carrie Brown, Jennifer Jungwirth, Molly Green, Wendy Pytlak. NF-Karen Leonard, Lisa Ann Barnett. JRF-Mary Beth Perri. P DT-Kristen Montgomery, Laura Hart. BR DT-Jenifer Czapp, Nicole Grand.

ISC OF FRESNO: PRE-Justin Muratore, Megan Brown. 1-Jennifer Dedmon, Jill Mattinson, Laura Allen. 2-Erin Mae Doane. 6-Andrea Schellack, JF-Erin Mae Doane.

FULTON FSC: P DT-Tricia Nettles.

GARFIELD HEIGHTS FSC: PS DT-Pamela Makowski. S DT-Rae Ann Nesky.

GOLDEN STATE FSC: 1-Rebecca Long, Rishi Dholakia. 2-Erina Madjzoub. IF-Michelle Hughes.

GREAT FALLS FSC: PRE-Michelle Hughes. PF-Michelle Hughes, Sarah Blevins.

HAWAII FSC: PRE-Sarah Blevins, Elaina Delventhal, Lokelani Aipa, Melode Reinker, Patty Howett. PF-Patty Howett, Laura Keomalu.

HAYDEN RECREATION CENTRE FSC: PRE-Carolyn Wengler. 5-Siff Enzmann. PF-Caitrin MacDonald, Carolyn Wengler, Karla Zinnell, Kathryn Scott, Ruth Mason, Sarah Clark, Stephanie Coplon. JF-Heather Lannquist. JRF-Siff Enzmann. P DT-Christine Murphy, Deanna Barnes.

HICKORY HILL FSC: P DT-Alexis O'Connor, Gavin Milinar, Joan Mulvey. BR DT-Ann Desperito, Claudia Halko. S ADT-H. Theodore Graves, Sharon Daniello, Stephanie Filauro. G ADT-Wendy Milinar.

HIGHLAND SC: PRE-Diana Brown, Geana Maier. 1-Anika Ryan, Karen Raines. 2-Tawnya Smith. 3-Melissa Kruh. 5-Kristi Robinson. PF-Geana Maier. S DT-Roger Pomeroy.

SC OF HINGHAM: PRE-Erin Cleggett, Kerry Wehter, Rena Rochleau, Ryan Donnelly. 3-Stephanie Wiltshire. 5-Brett Ann Costello. PF-Kerry Wehter. IF-Laura Haley.

I & B CLUB OF WASHINGTON: PRE-Allison Nega, Andrew MacDonald, Rojan Quarles. JF-Caroline Fogarty. ISC OF INDIANAPOLIS: PRE-Kimberly Gollinger, Natalie Dawe. 2-Danielle Seaman. 3-Kristin Gardner. PF-Kimberly Gollinger, Natalie Dawe. JF-Laura Morrison. P DT-Phillip Davis. BR DT-Kristin Carlton. JAMESRIVER FSC: P DT-Corinne Watson, Michelle Watson.

KANSAS CITY FSC: PRE-Amy Brown, Kelly Martin, Lindsay Solomon, Lisa Crowder. PF-Amy Brown, Kelly Martin, Lindsay Solomon, Lisa Crowder.

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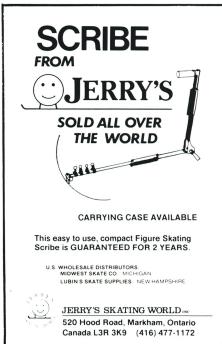
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Ricky Harris

Continued from page 27

Become a Sponge

Soak in all the information you can get and practice it all the time. Do not form definite likes and dislikes immediately about ways of doing things. Listen to the suggestions and corrections of your coaches and be willing to experiment with them. You may be surprised when a new you develops. You are never through learning. It is good to find new ways of moving and become more versatile in your skating. You will climb to a higher level of performance through experimentation. It may feel uncomfortable at first, until you become well versed in what you are doing, which comes from diligent practice.

Lastly, if you are truly committed, you will stop making excuses and blaming others for the things you fail to accomplish. Instead, commit yourself to daily goals to be accomplished and delight in the satisfaction of that accomplishment.

SC OF LAKE PLACID: 2-Miriam Gelfand. 4-Melissa Cheyne. 6-Victoria Mohr.

LAS VEGAS FSC: PRE-Diane Wieland. 1-Danielle Darland. 2-Ellen Sheld. 6-Stacy Larsgaard. PF-Diane Wieland. JF-Ellen Sheld.

LAUREL RIDGE SC: P DT-Rachel Wilmot.

LONE STAR FSC: PRE-Alicia Surratt, Carri Reid, Lindsey Mathes, Samantha Rogers, Shanna Osborn. 1-Naomi Hill, Sarah Florer. PF-Alicia Surratt, Carri Reid, Lindsey Mathes, Samantha Rogers, Shanna Osborn. BR DT-Kelly Rypkema.

LOS ANGELES FSC: 5-Tristen Vega. NF-Patricia Loomis. P DT-Lee Brink. S ADT-Eugene Thielman. PS DT-Dana Goulston, Martha Allen.

MAPLEWOOD FSC: 3-Michelle Larson.

METROPOLITAN FSC: PRE-Madalena Cadet, Marilyn Dantes. PF-Kristina Wolfert. JF-Devera Stoff. FSC OF MINNEAPOLIS: PRE-Jessica Kaye, Julie Gutman. PF-Jessica Kaye, Julie Gutman. JF-Celeste Borowiak, Naomi Anne Zuk, Sarah Meuhlhausen.

SC OF NATICK: 2-Amy-Lynn Collyer.

FSC OF NEW ORLEANS: SPR-Barbara Stafford.

SC OF NEW YORK: P DT-Isabella Novielli. S DT-Barbara Kaufman.

NEWBURYPORT FSC: 1-Darcey Leonard. 3-Juliette Power, Kelly Ann Tedford. JF-Elise Roberts. NORTH SHORE SC: 2-Tricia Mansfield. 3-Elizabeth Tick, Kristen Ward, Sarah Dew, Stephanie Solano. JF-

Tricia Mansfield. IF-Maryellen Gorton. NF-Elizabeth Tick. JRF-Kathleen Schlegel. NORTH SUBURBAN FSC: PRE-Angela Pratt, Betsy Dieter, Laurie Pachucki, Leslie Miesch, Marsha Butkovich, Lisa Marie Pedlow, Molly Yarbrough, Nancy Page. 1-Rachel Van Brandeghen. PF-Angela Pratt, Christina Scarmeas, Leslie Miesch, Lisa Marie Pedlow, Marsha Butkovich, Molly Yarbrough, Nancy Page. SC OF NORTHERN VIRGINIA: PRE-Anne Roberts, Bettina Weber, Elizabeth Rinaldi, Malini Hoezoo, Ruth Anne Robertson. 1-Christine Sloan, Lisa Vetter, Lorien Pruett. PF-Anne Roberts, Bettina Weber, Elizabeth Rinaldi, Malini Hoezoo, Ruth Anne Robertson. P DT-Amanda Makay, Elizabeth Jones, Marianne Turner. OLD YORK ROAD SC: PRE-Allison Solish, Beth Rothstein, Melanie Schatz, Stephanie Wilcher. 1-Alissa

Kelly, Rebekah Breen. 2-Kristin Stanley. PF-Beth Rothstein, Lisa Greenberg, Melanie Schatz, Stephanie Wilcher.

FSC OF OMAHA: 1-Kimberly Kopiasz. OSWEGO FSC: PF-Kimberly McPherson.

PALACE FSC: P DT-Julie Calabrese. BR DT-Julie Calabrese.

PENINSULA FSC: 1-Joanne Pasternack.

PHILADELPHIA SC & HS: PRE-Anne Lois Casey, Julia Metcalf, Lynn Martin. 1-Anne Drury, Coryell McIlvain. BR DT-Coryell McIlvain, Emily Novak. PS DT-Lynn Stafford. B ADT-Barbara Holland. PPR-Lynn Stafford. **PILGRIM SC:** 1-Cheralyn Hallahan, Kristen Hallahan, Kristen Works, Nicolette Silvestri. 2-Diana Bergman. PF-Kristen Works. JF-Diana Bergman.

PITTSBURGH FSC: 3-Karlyn Kleindienst. P DT-Gretchen Storm. PS DT-Emily Smith, Sara Neiman.

PITTSFIELD FSC: 1-Robert Van Uitert.

PORTLAND ISC: PRE-Laurel Gill, Nicole Whitehead. 2-Sonya Bedient. 4-Danielle Ogee. 5-Shane Smith. PF-Laurel Gill, Nicole Whitehead. P DT-Sarah Hoover.

POTSDAM FSC: BR DT-Kristin Gravander.

PRINCETON SC: P DT-Helen Chena.

PROVIDENCE FSC: JF-Sandy Ann Shepard. P DT-Sandy Ann Shepard.

PUEBLO FSC: 1-Charlene Cornwell. PF-Melissa Trevithick. JF-Amy Bothwell. P DT-Fred Heglar, Janelle Kirby.

RARITAN VALLEY FSC: PRE-Andrew Muldoon, Brooke Barnett, Melanie Yaro. 1-Kelly Gibbons, Sumie Maldonado.

RED RIVER VALLEY FSC: PRE-Amber Wang. IF-Jennifer Jamison. NF-Hope Burchill. BR DT-Elizabeth Giedt, Leah Nygaard. PG DT-Dawn Frisch.

ROCHESTER FSC: PRE-Jaime Lea Lund. PF-Allison Thorson, Erika Voss, Natalie Haack, Nick Voss. JF-Kelly McPhee. IF-Kelly McPhee. NF-Crissy Giles, Seelye Stanger.

RYE FSC: PRE-Dina Koss. PF-Kerry Lenahan.

SC OF SACRAMENTO: PRE-Tanya Hahn, Toby Tyler Johnson. 1-Janelle Loberg, Kristin Johnson. PF-Tanya Hahn, Toby Tyler Johnson. JF-Amy Davis.

SALT CITY FIGURE SKATERS: PRE-Kristin McCarthy. PF-Kristin McCarthy. P DT-Kristin McCarthy.

SAN DIEGO FSC: P DT-Kerrin Moot. PS DT-Christina Corbaci. S DT-John David Hellerud. PG DT-Angela Leslie, Jason Leslie.

SANTA ROSA FSC: PRE-Alana Jackson, Janet Neary. 2-Shannon Anderson. PF-Alana Jackson. JF-Cindy Oroszi, Erin Lee.

SEATTLE SC: PRE-Brienne Gustafson, Kirsten Thomson, Larisa Krievens, Margaret Evich, Shannon Evans. PF-Brienne Gustafson, Kirsten Thomson, Larisa Krievens, Margaret Evich, Shannon Evans.

SHAKER FSC: PS DT-Sametra Wallace. SIERRA NEVADA FSC: 6-Claire Smith.

SILVER SKATE FSC: PRE-Gretchen Weinberg. PF-Gretchen Weinberg.

SKOKIE VALLEY SC: 6-Annette Mosco, Sara Silverton.

SMITHFIELD FSC: PRE-Suzanne Miller. 1-Amy Furia, Jill Phillips, Kimberly Hopkins. 2-Daniel Zaluski, Pamela Danielson. JF-Daniel Zaluski, Diana Passaretta.

SOUTH BAY FSC: 1-Garry Mallett.

SOUTH MOUNTAIN FSC: P DT-Xenia Uy.

SC OF SPRINGFIELD: 2-Liana Varosky, 5-Rhonda St. Marie.

ST. CLAIR SHORES FSC: 1-Jennifer Cornwith.

ST. JOSEPH FSC: 2-Amy Watkins. 4-Angela Kulak. PF-Alice Schultz. P DT-Amy Nadolski. BR DT-Jill Roasa, Natalie Granger.

ST. MORITZ ISC: PRE-Rachel Jamawatr, Shannon Smith. 1-Kaho Koinuma, Melanie Phung. 3-Carrianne Coffey. PF-Rachel Jamawatr, Shannon Smith.

ST. PAUL FSC: PRE-Susanna Styve. 1-Jacqueline Tanberg. 5-Jennifer Marker. PF-Susanna Styve. JF-Alicia Flores, Angela Rothmund. IF-Rose Calubayan. NF-Ted Petroskey.

STOCKTON FSC: 5-Claire Centabar.

STONE MOUNTAIN FSC: PRE-April Waters. PF-April Waters. P DT-Karen Lynn Silverman. PS ADT-Honey Burton.

STONEHAM FSC: 2-Brenda DiPietro. IF-Erika DiPaolo.

SYMMETRIC FSC: JF-Aline MacInnes.

TRENTON COMMUNITY SC: PRE-Denise De Angelis. 3-Ellison Oboza. PF-Ellison Oboza. JF-Erin Oboza. IF-Ellison Oboza.

TROY SC: PRE-Jane Ward, Kate Black. 1-Heather Howland.

UTAH FSC: PRE-Yvonne Howe. 1-Macy Pew. 3-Melissa Grevstad. PF-Yvonne Howe. IF-Melissa Grevstad. VALLCO SC: PRE-Cindy Benton, Julie Ohara. 1-Nicole Lippert. PF-Cindy Benton, Julie Ohara. JRF-Donna Fountain. P DT-Deirdre McMahon, Elizabeth Rafuse, Ross McMahon.

WAGON WHEEL FSC: PS DT-Angela Viviano.

WARWICK FIGURE SKATERS: PRE-Dora Harrison, Michaela Loughran, Stacy Simons. 1-Elana Rothberg. 2-Bethany Carnevale, Heather Jones, Kristine McKenzie, Robyn Hay. PF-Lyndsey Read. JF-Heather Jones, Holly De Angelis, Lisa Augenstein. P DT-Debra Colapietro, Dora Harrison, Lyndsey Read, Tara Marsella. BR DT-Kristine McKenzie, Shellee Morehead. PS DT-Julie Robinson.

WASHINGTON FSC: 1-Adrienne Klein, Camille Costanzo. 2-Susan Reynolds. PF-Michael Johnson. JF-Lea Potts, Susan Reynolds. PG DT-Jeannette Wiedmann.

WEST COVINA FSC: PRE-Sandra Frazier. 1-Stacy Trimboli. PF-Sandra Frazier.

SC OF WESTERN NEW YORK: PRE-Alicia Mitrey, Amanda Mangione, Barb Yale, Jennifer Visco. 3-Stacy Adler. PF-Barb Yale, Jennifer Visco. IF-Sharon Cercone, Stacy Adler.

SC OF WILMINGTON: B ADT-Jane Koehler.

WINCHESTER FSC: 2-Stacy Crocker. JF-Melissa Marion, Stacy Crocker.

WINTER CLUB OF INDIANAPOLIS: PRE-Ellen Clark.

WINTERHURST FSC: NF-Kristen Frazzini. P DT-Stacey Shipkosky. BR DT-Janine Salloum, Patricia Kendra, Valerie Votypka.

Southwesterns

Continued from page 13

Neathery, Lone Star FSC. The free skating belonged to Natalie Thomas, Rocky Mountain FSC, placing first by six of the seven judges, followed by Alyssa Walters, Galleria-Houston ISC, in second. The final standings saw Thomas in first, Walters in second, Cunningham in third, and Neathery in fourth.

Only three Intermediate men entered. The title was captured by Andrew Rapp, Broadmoor SC, winning both figure and free skating portions. Steven Allen, Lone Star FSC, placed second and Brian Anello, Rocky Mountain FSC, was third.

Sandra Smith, Denver FSC, and Fritz Schreyer, Individual Member, won the Adult Dance title after winning the compulsory dances, Fiesta Tango and Rocker Foxtrot, and the variation dance, Blues. Sissel Svanoe and Robert Rhyme, Denver FSC, were second; Connie and James Harpole, FSC of Omaha, were third and Betty Rae Hegler and Gregg Hartman, Pueblo SC, placed fourth.

The winners in the non-qualifying portion of the competition were: Pre-Intermediate Ladies, Anne-Michelle Hilbert, Centennial SC; Juvenile Girls Group A, Lindsay Fenlon, Rocky Mountain FSC; Juvenile Girls Group B. Maureena Ollendorf, Colorado SC: Juvenile Boys, Bryan McCarthy, Lone Star FSC: Pre-Juvenile Girls Group A. Cynthia Foulke, Rocky Mountain FSC; Pre-Juvenile Girls Group B, Eliza Flug, Aspen SC; Pre-Juvenile Girls Group C, Lindsay Krall, Broadmoor SC; Pre-Juvenile Girls Group D. Robyn Sudkamp, Rocky Mountain FSC: Pre-Juvenile Girls Group E, Lindsay Leivo, Houston FSC; Pre-Juvenile Girls Group F, Jenna Pittman, Silver Blades FSC of Kansas City; and Pre-Juvenile Boys, Kelby Renfro, Lone Star FSC.

The results for the Southwestern Championships were published in the January 1988 issue, page 35.

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Official Notes

Continued from page 27

NOVICE COMPETITION Lois Brosio, Seattle SC Lynne Robertson, Detroit SC Jean Solberg, Fairbanks FSC Barbara Stuns, Lakewood WC

NOVICE DANCE COMPETITION Avonia Dondero, St. Moritz ISC

REGIONAL PRECISION Patricia Hyde, Genesee FSC

EMERITUS

Margaret Ann Sells, Creve Coeur SC

WISSAHICKON SC: 5-Doreen Raudenbush.

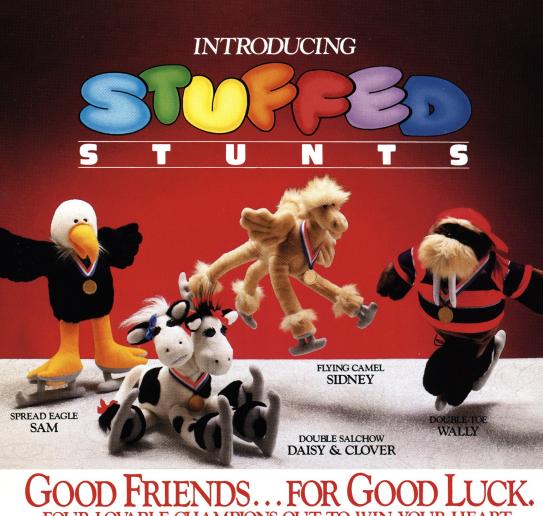
SC OF WORCESTER: PRE-Loretta Carter. 1-Tara Tufts. 3-Audra Creamer. PF-Julie Morano, Loretta Carter. JF-Aimee Rubin, Tiffany Crosbie. IF-Christine Frink.

WYOMING VALLEY ISC: P DT-Donna Defrancesco.

INDIVIDUAL MEMBERS: PRE-Amanda Beitmann, Lynda Beth Mobbs, Melissa Miele, Suzanne Moon, Tara Ellen Walpert. 3-Erika Meyer. PF-Cathy Zura, Lynda Beth Mobbs, Melissa Miele, Tara Ellen Walpert. P DT-Cathy Zura, Gay Andrews, Robert Ferendo, Rocco Lorito. BR DT-Robert Ferendo, Steven Lu. PS DT-Robert Ferendo. PG ADT-Dai-Rei Sun.

PROFESSIONALS: PRE-Michelle Vincent. S DT-Cheryl Ann Brown. PS ADT-Maria Koman. PG DT-Jody

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16" FLYING CAMEL SIDNEY @ \$2995	=	
	16" DOUBLE SALCHOW DAISY & CLOVER @ \$2995	16" DOUBLE SALCHOW DAISY & CLOVER @ \$29°5 =

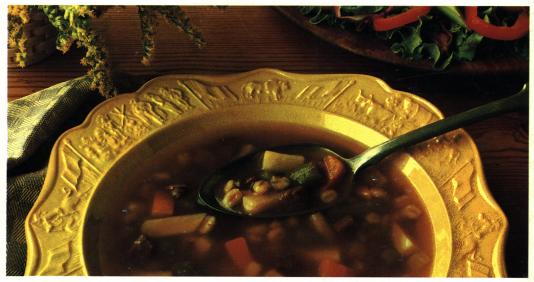
16" FLYING CAMEL SIDNEY @ \$2995	=	
16" SPREAD EAGLE SAM @ \$2995	=	
PLEASE BILL:	Sub Total	

□ VISA	☐ MASTER CARD	Shipping and Handling	
☐ ACCT. #.		— in the USA add \$250 ea.	
		in CANADA add \$350 ea.	
Exp. Date _		Sales Tax (GA Res. only)	



1245 Old Alpharetta Road, Dept. A Alpharetta, Georgia 30201

TOTAL .



NATURAL RESOURCES

When you sit down to enjoy a bowl of Campbell's® Vegetable Beef Soup, you get much more than delicious taste. You see, we've been very resourceful about nutrition, too.

Many of Campbell's Soups are a great way to get some of the important natural resources you've been hearing about today. Like vitamin A or fiber.

In fact, more and more is being learned every day about the important role vitamin A plays in helping to build up your body's resistance, as well as its role in maintaining healthy skin and good vision. Campbell's Vegetable Beef Soup

has an abundance of vegetables that are a good source of vitamin A. Just one serving will give you 40% of your daily need for vitamin A.

Campbell's Split Pea with Ham and Bacon, Green Pea and Low Sodium Split Pea Soups are all a good source of dietary fiber, which so many people are giving high priority.

It's always been true that a balanced diet including such things as a bowl of warm, delicious Campbell's Soup and fresh salad does a body good.

Now you know why.

CAMPBELL'S SOUP IS GOOD FOOD



Fiber in a suggested serving: Split Pea with Ham and Bacon—6g; Green Pea—5g; Low Sodium Split Pea—7g. Campbell's has a full line of low sodium soups for those people who are on a salt-restricted diet or have a concern about sodium.