

NOVEMBER 1988

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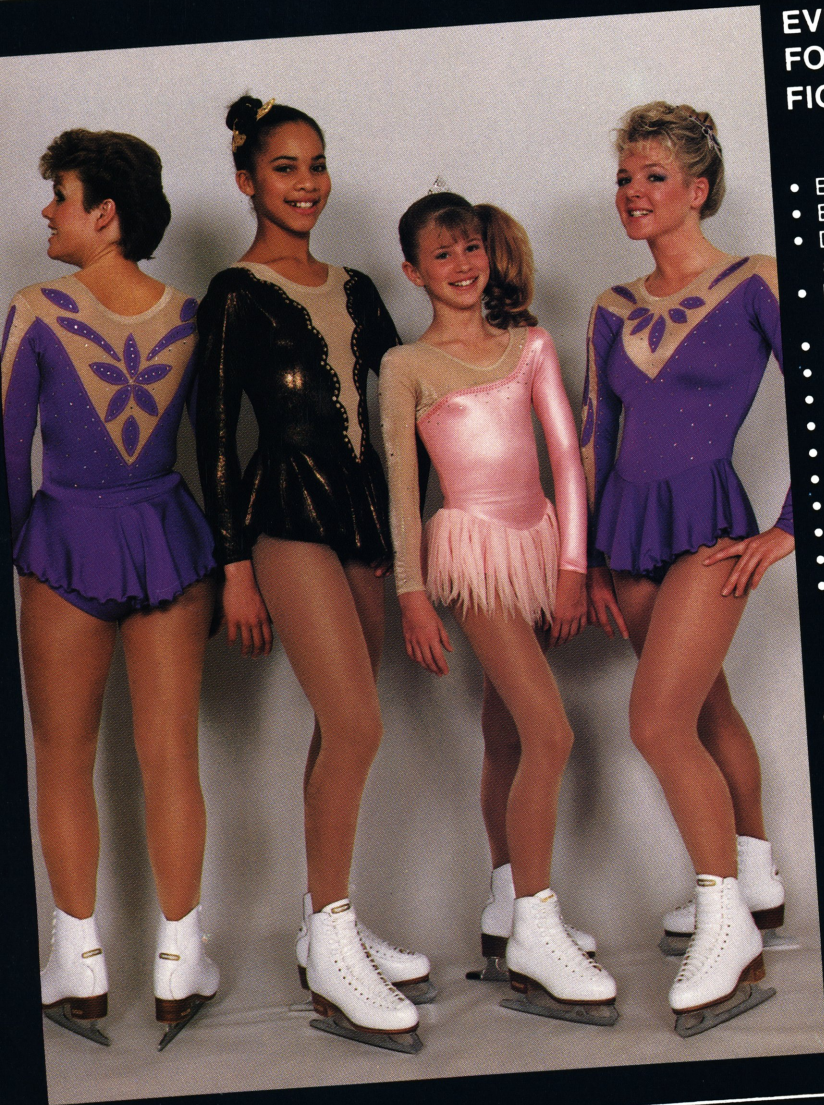


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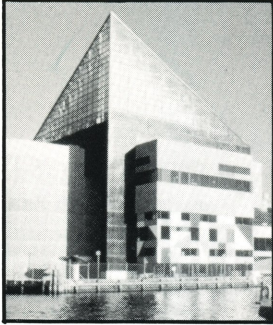
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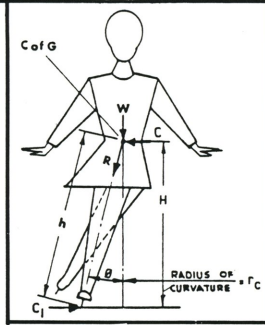
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Cover: Exterior of the Baltimore Arena. See feature, page 20. PHOTO COURTESY OF THE BALTIMORE OFFICE OF PROMOTION & TOURISM

# Skating

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## NEWS BRIEFS

Mark your calendar and set your VCR's: ESPN will be broadcasting five hours of primetime coverage of the 1988 Skate America from Portland, Maine. The broadcasts will be on a delayed basis as follows: Pairs and Dance, November 7, 9:00 to 11:00 P.M.; Men, November 14, 9:00 to 10:00 P.M.; Ladies, November 21, 9:00 to 10:00 P.M.; with the Exhibition December 19, 9:00 to 10:00 P.M. All times are Eastern. Please check your local listings for times in your area.

Commentators for the event will include former U.S. Champions Judy Sladky and John Misha Petkevich, with Jim Kelly acting as anchorman.

☆ ☆ ☆

Jeri Campbell, unfortunately, was forced to withdraw from the 1988 Skate Electric (formerly St. Ivel) competition when she came down with a case of chicken pox. Kelly Szmurlo replaced Jeri on short notice, only four days before the team was due to depart.

☆ ☆ ☆

In response to inquiries: The address for tickets or information on the 1989 World Championships is Champion-

nats du Monde de Patinage Artistique, P.O.B., 8 boulevard de Bercy, 75012 Paris, France. The dates are March 14 to 19. For information on the 1989 European Championships, write EFS Box Office, National Exhibition Centre, Birmingham B40 1NT, England. The dates are January 17 to 22.

☆ ☆ ☆

Many TV viewers were delighted recently to see Debi Thomas and Scott Hamilton on the *Win, Loose or Draw* game show. The two were special guests during a California stop of the Benson & Hedges Command Performance tour in which they are starring.

Scott, with his usual good humor, when asked about future plans, stated that he was preparing for a career as a sports commentator by developing a receding hairline.

☆ ☆ ☆

It is expected that both Katarina Witt and Brian Boitano will be skating at the Exhibition of Champions at the Lalique Trophy, Grand Prix International, in Paris the second week of November.

☆ ☆ ☆

The USFSA has announced the selection of San Francisco as the United States' bid city for the 1992 World Figure Skating Championships. The Peninsula Figure Skating Club and the San Francisco Bay Area Sports Organizing Committee developed the winning bid selected over two other finalists, Los Angeles and St. Louis. The decision was made by the 1992 Worlds Committee following presentations at the USFSA's October Board of Director's Meeting in Indianapolis.

The San Francisco bid will be forwarded to the International Skating Union (ISU) on behalf of the United States. In May of 1989 the ISU Council will review all proposed bids and make the final decision on the site for the Championships.

If selected, San Francisco will utilize the Oakland-Alameda County

Coliseum Arena as the site for all events. The Oakland Convention Center would serve as the main practice rink.

☆ ☆ ☆

Indianapolis, Indiana, will host the 1989 Skate America competition. The selection was announced at the October Board of Directors Meeting, replacing the previous provisional consideration of Lake Placid as the site for the event. The exact dates and schedule of events will be announced as soon as they are known.

☆ ☆ ☆



**Family Ties:** There was special joy in the skating community when Phoebe Mills won her bronze gymnastics medal at the Olympic Games in Seoul. Phoebe is the sister of USFSA Junior ladies competitor Jessica Mills who will be competing in the 1989 World Junior Championships. Brother Nathaniel is also a speed skating competitor.

☆ ☆ ☆

A new book on Katarina Witt has just been published in Germany titled suitably *Katarina, Eine Traum-karriere auf dem Eis (Katarina, A Dream Career on Ice)* with 200 photos and 160 pages of text. The dates of Katarina's appearances with Holiday on Ice Europe are November 2 to 6, Zurich, Switzerland; November 21 to 23, Munich; and November 24 to December 4, Dortmund, Germany.

☆ ☆ ☆

The Foundation for International Skating Advancement in Palm Desert, California, has published the first international sports directory for all winter sports.

The 300-page directory lists over 14,000 facilities in the United States, Canada, Europe, and Asia. The facilities are listed alphabetically by country, state or province, and city in the following categories: skating rinks, downhill and cross country skiing, snowboarding, and snowmobiling.

This reference guide also provides useful travel tips, and maps as well as lodging and sports equipment information. In addition, a special editorial section includes historical and competition information on all winter sports. The cost is \$12.95 and can be ordered by calling 1-800-826-8999.

☆ ☆ ☆

# ICESTRAVAGANZA 88

by Gerri Walbert

Talent, talent, talent. That's what Icestravaganza 88 had in abundance. Sponsored by the Los Angeles Figure Skating Club for the benefit of the United Cerebral Palsy Foundation, this exhibition was held September 18. Jill Trenary, Christopher Bowman, Susan Wynne and Joseph Druar, and Katy Keeley and Joseph Mero headlined the event, supported by nationally ranked members of the Los Angeles Figure Skating Club plus the 1988 Adult Precision Team Champions, the Fabulous Forties.



Susan Wynne and Joseph Druar

Mr. Debonair, the perennially young, Richard Dwyer hosted and directed the show, performing himself to Huey Lewis' "It's Hip to Be Square." Dwyer also lent a hand to the show's choreographers Carol Fortini, Dee Goldstein, and Linda Stroh in a group number "We Go Together," performed by the junior national club members Kara Berger and Jay Barton, Dawn and Troy Goldstein, Alex Chang, and Jessica Mills.

Ice dancers Tiffany Veltre and Duane Greenleaf, junior national silver medalists, skated a lovely number to a selection from *Phantom of the Opera*, while pretty Jeanne Miley and her partner Michael Verlich danced to a romantic Barbra Streisand solo.

The 1988 junior pairs bronze medalists, Natasha Kuchiki and Richard Alexander

and senior pairs Kellie Creel and Bob Pellaton and Lori Blasko and Todd Sand, along with Christopher Mitchell, the 1988 junior men's champion, showed off their new original programs for the new season.

The funniest number of the evening was the Jamaican pairs team with Todd Sand and Patrick Brault. Wearing a delicate wrist hankerchief, Brault's impersonation of the overly endowed feminine half of the pairs team was a howl from start to finish. Brault also performed his "Day-O" routine with the only triple Axel of the evening.

A trim Jeri Campbell showed off her considerable spinning talents in Janet Jackson's "The Pleasure Principle," and no one would be too upset if Todd Sand and Christopher Bowman's "blues brothers" comic routine remained history.

Bowman, a communicator extraordinaire draws applause like a magnet. He skated exceptionally well to his very popular "Maria," followed by the audience-pleasing "Woolly Bully" and ending with Louie Armstrong's "What a Wonderful World."

Also looking competition ready, Katy Keeley and Joe Mero performed their new "Hungarian Rhapsody" original program and a selection from "Starlight Express" where the very flexible Keeley does an



Richard Dwyer

PHOTOS BY GERRI WALBERT

amazing handstand from an overhead lift on Mero's arm.

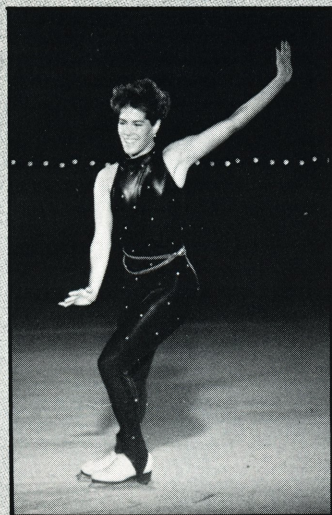
Extremely polished with one Olympic and two world competitions behind them were the very entertaining Susan Wynne and Joseph Druar. They performed a portion of their Olympic free dance, followed by an encore to "Neutron Dance" then dazzled the crowd with a tantalizing preview of their new free dance—a Cha-Cha.

Jill Trenary's "One Rock and Roll Too Many" was very well received along with admiring whistles, and she returned to Whitney Houston's "One Moment in Time" wearing a stunning flowing red dress and capturing the audience's heart.


Debi Thomas made a surprise appearance to the audience's delight and skated two exhibition numbers from her World Tour presentation.

The dessert reception on the grounds of the Pickwick Ice Arena was hosted by United Cerebral Palsy Foundation President David Levinson and his wife, Joan. Skaters mingled with the guests accepting congratulations and signing autographs.

The show was a tremendous success due to the special assistance of chairmen, Karen Farrell and Ruth Burge and committee members Eleanor Schultz, Elda Stillwell, Mary Roof, and Harland Burge and all the wonderfully talented skaters that appeared for this charitable cause. The success of Icestravaganza 88 will hopefully provide another spectacular show next year.



Jill Trenary

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# THE CHARLESTON

## A Spectator's Guide to the OSP

by Daniel F. Hold

### History

While the exact origins of the Charleston are unclear, this uniquely American folk dance is named after Charleston, South Carolina, where it was first observed being performed by black dockworkers. The dance found its way to New York City where it was presented as a chorus number in the "Ziegfeld Follies" in October of 1923, and also appeared in "Runnin' Wild," a black touring musical show which displayed the dance around the country.

These vaudeville versions of the Charleston were either group numbers or solo dances. Ballroom dance instructors recognized its popularity potential and began fashioning the basic step pattern by borrowing from the foxtrot walk and the two step. Jazz bands began turning out Charleston tunes which were soon picked up by the dance hall bands, and by 1925 the Charleston craze was in full swing. The Charleston underwent a metamorphosis from the original stage solo form to the wild ballroom style of the popular dance halls to a more refined version adopted by the "smart" society set.

London society was introduced to the Charleston when a pair of British ballroom dancers, upon returning from New York, held a special "Charleston Tea" to which teachers of ballroom dancing were invited. Doing the Charleston was soon the rage on both sides of the Atlantic. Many people, however, did not bother with dance lessons, preferring to mimic the solo examples from cabaret shows. Thus, a wild element of dangerous kicking was introduced into the ballrooms. To counter this unruly dance style, some of the better hotels attempted to ban the dance altogether, or, more frequently, displayed the letters, "P.C.Q.," (please Charleston quietly). Ballroom teachers at this time began developing a tamer version lacking the dangerous side kicks and bouncy knee action. This was known as the "flat" Charleston.

Charleston popularity peaked in 1926, the year of the Charleston Ball at the Royal

ICE

Dancing

Albert Hall, where ten-thousand people danced and enjoyed the ballroom competitions and cabaret shows. Revelers were known to Charleston in the streets at this time, much to the consternation of the local constabulary. Concerned by such outrageous behavior, the press attacked the dance as "immoral and degenerate," yet its appeal extended even to the Prince of Wales who became an avid Charleston dancer.

The popularity of the Charleston was intertwined with the general euphoria of the boom years of the twenties. Prohibition, which began in 1918 with the Eighteenth Amendment to the Constitution, made social drinking illegal, exciting, and widespread. The modern phenomenon of the "coctail party" first appeared along with the bootlegging operations of the big-time racketeers. Fashions were revolutionized, and Victorian morality swept away as, for the first time in memorable history, a woman could bare her legs and show her knees in public! This new focus was quite evident in Charleston maneuvers, which were designed to enticingly expose the female knee as often as possible.

As the Charleston's popularity was intimately associated with the intoxicated exuberance of the speakeasies, its decline reflected the national hangover following the Stockmarket Crash of 1929. When the new sobriety of the Great Depression took hold, and the Twenty-Second Amendment to the Constitution repealed the Eighteenth, it was 1933, and nobody was doing the Charleston anymore.

### Dance Style

As a social dance, the Charleston can be performed individually, as a couple, or in a

*Continued on page 66*

group. When two people dance the Charleston they usually face each other and use opposite footwork, moving back and forth, as in the Cha-Cha. The arms are swung in opposition to the legs. As the man steps forward with his left, his right arm swings forward and the left swings back. At the same time the woman steps back with her right while swinging her left arm back and the right forward. This is the basic Charleston walk and is done with a down-up knee action. This step can be done without touching, or in a closed dance hold, with the partners bending forwards at the waist, so as to be cheek to cheek.

Charleston music is written in 4/4 time, and the rhythm is syncopated, with every count followed by an "&," so that a bar could be counted: / 1 & 2 & 3 & 4 & /. The peculiar rhythmic pattern of the Charleston is such that, by dividing each measure into eight sections, / 1 2 3 4 5 6 7 8 /, the accent falls on the first, fourth, and seventh counts. Relating this musical rhythm to the dance movement, every step of the Charleston is preceded by a knee-bend, which occurs on the "&" count. The steps of the dance, which occur on the numbered counts, thus have a rising action.

#### **The Charleston as OSPD**

The Charleston is this year's selection for the Original Set Pattern Dance in both junior and senior dance events. It is an unusual dance in that it does not conform to the rules of the standard ballroom dances. The ISU has therefore allowed a number of exceptions to accommodate the character of a dance that can be done alone as well as a pair.

Small hops and toe steps (if not excessive), separations and stops, within certain limits (two per circuit of the rink, two arms length distance, five seconds duration) are allowed. The skaters are also allowed to dance side by side, whether or not holding hands, in additions to the separations.

The OSP event promises to be a lively and exuberant competition with lots of bounces and kicks, adorned by sequins, beads, and feathered circlets. The challenge for the ice dance competitors and their choreographers will be to re-create the Charleston in a way that is authentic yet original; original enough to stand out in a field of "beaded flapper/gun-toting gangster" duos.

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*PRESENTS*

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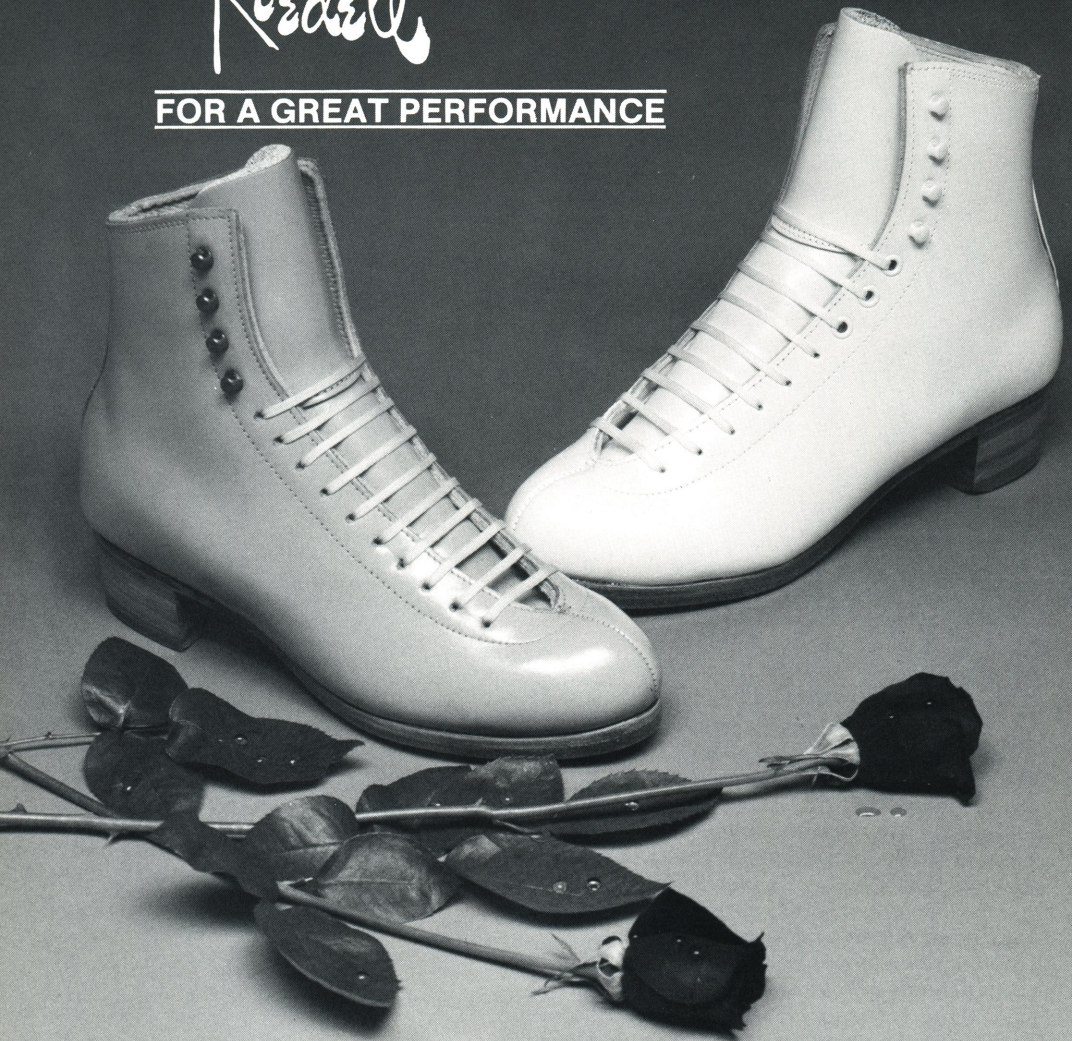
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# DRUG TESTING: A Violation of Rights?

by Robert O. Voy, M.D.

Invasion of privacy has been the hue and cry of the opponents of drug testing since its inception. The question of whose rights are being abused has been raised, and the question of whether or not the courts will support organizations' rights to conduct drug testing remains to be answered.

The first question, "Whose rights are being abused?", is easily answered by examining the effects of drug use by those responsible for public transportation. Death and injury ride the rails and airways, according to a recent Senate report which found that 41 accidents in the past 13 months have been linked to drug and/or alcohol abuse. The toll of these accidents? 29 deaths, 341 injuries, and \$28 million worth of property damage.

The most serious mishap occurred when an Amtrak train plowed into a Conrail locomotive that had run a stop signal. Sixteen passengers were killed. The Conrail engineer who was driving the train admitted that he was using drugs and alcohol while driving. In another accident, another Amtrak train hit a maintenance vehicle and injured twenty-five people. The switch operator admitted to using marijuana, cocaine, and amphetamines while on the job. In yet another accident, a commuter plane crashed near Durango, Colorado, killing nine people. Testing revealed that the pilot had a small amount of cocaine in his bloodstream and urine, indicating recent use and intoxication at the time of the accident.

Whose rights were violated in these incidents? Drug testing could have resulted in detection of the presence of intoxicating substances, and the deaths, injuries, and destruction might have been prevented. Drug use is *not* a victimless crime—the victims are us! Our right to life is threatened by drug users. Drug testing is one tool that can be used to protect this right.

Sport is a focal point of society. The public worships sports champions as heroes. What better example can be set by these heroes than to live a clean, drug-free life? What better

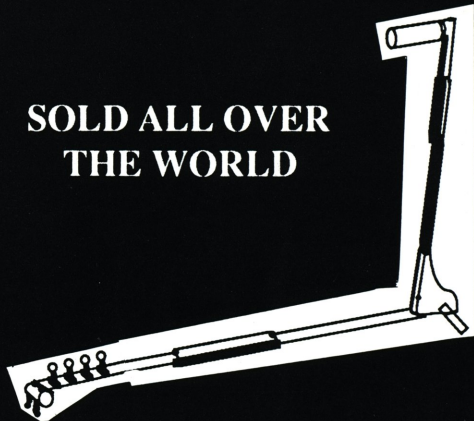
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Los Angeles FSC  
Morry Stillwell,  
Los Angeles FSC  
Howard G. Taylor,  
St. Moritz ISC

*Continued on page 46*

## In Review

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# BRIAN ORSER

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by Karen Sinkule & Catherine Rod

Famous people make wonderful subjects for children's books. They can immediately capture a child's attention and, by serving as role models, they can be used to teach important values. With this in mind, the Canadian publishers, Fitzhenry & Whiteside, have introduced a reading series based on the lives of notable Canadians intended for children between the ages of eight and twelve. Figure skater Brian Orser, the eight-time Canadian champion, has been chosen as the newest subject in this series.

*Brian Orser* follows the Canadian champion's career from the first time he stepped on the ice as a five-year-old through his performance at the Olympics in Calgary. The book is written by Stephanie Papp Geddes and Bruce Geddes in an engagingly direct style. The authors make generously use of quotations from Brian, his coaches, and his parents, skillfully interweaving them with personal anecdotes and behind-the-scenes details.

In a children's book, illustrations are as important as the narrative. Here, photographs appear on every page and have been well chosen to complement the text. Especially delightful are the early pictures of Brian taken from the Orser family's personal albums.

Unfortunately, the book's soft binding presents two problems. It does not lie flat when opened so that some pictures

are lost in the center margin, and it may not hold up to the heavy use it will get by school children.

One minor error appears. A photo from the 1984 World Championships with bronze-medalist Alexandr Fadeev is incorrectly identified as being from the 1984 Olympics, where in fact Josef Sabovcik won the bronze. Otherwise the book seems carefully researched.

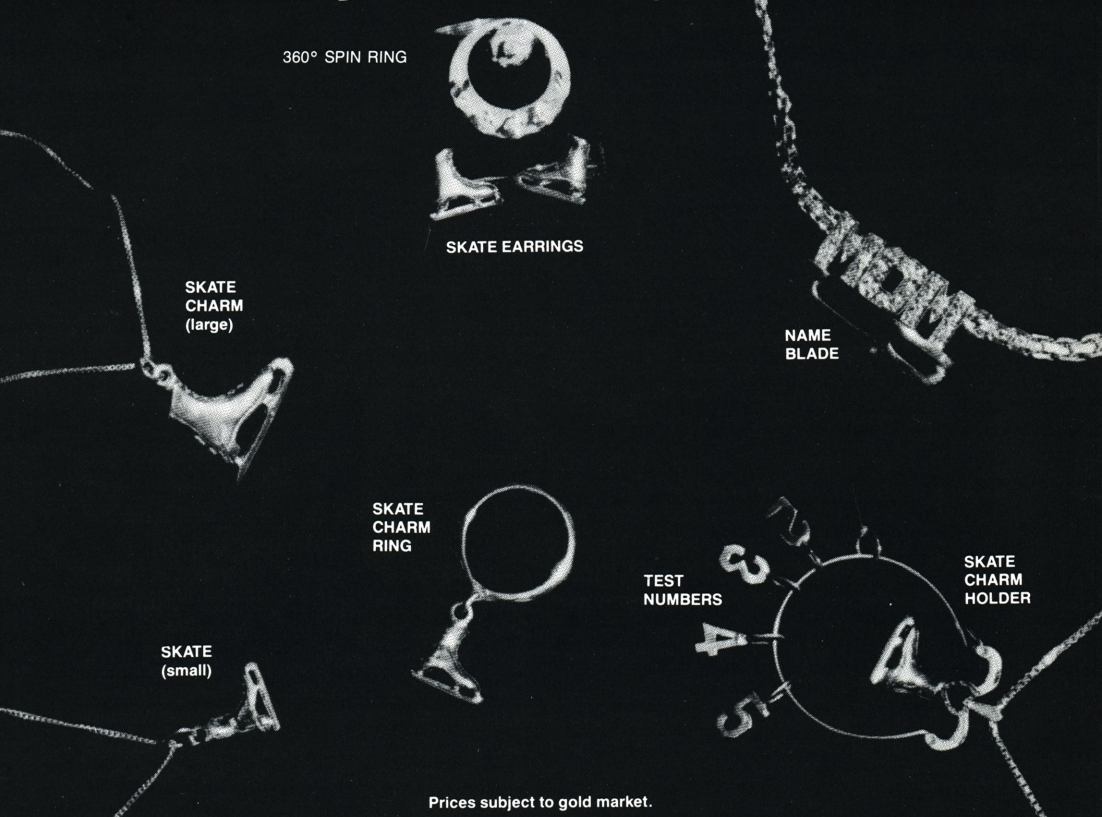
Many biographies of popular athletes have been written to inspire children. What sets *Brian Orser* apart is that it does not tell a typical success story with the fairy-tale ending. Although Brian had great success, he suffered great disappointment as well. The authors do not downplay his disappointments but make them an integral part of the story. Through Brian's experiences, the authors are able to convey the idea that the inability to achieve a particular goal, no matter how important, does not mean ultimate failure. On the contrary. Learning the values of hard work, discipline, and self-sacrifice will enable one to move through disappointments to other successes.

*Brian Orser* is a charming account of a skater's life. It presents complicated concepts in ways which are easily understood but never condescending. This book would make a nice gift for young skaters or Brian Orser fans of any age.

---

Stephanie Papp Geddes and Bruce Geddes. *Brian Orser*. Markham, Ont.: Fitzhenry & Whiteside, 1988. 48 p. \$6.95. To order, send a check for \$6.95 (U.S. dollars) to: Order Dept., Fitzhenry & Whiteside, 195 Allstate Parkway, Markham, Ontario L3R 4T8, Canada. Price includes shipping and handling.

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# Sports

## MEDICINE

### LITTLE PAINS, BIG PROBLEMS

by James G. Garrick, M.D.

Most skaters experience discomfort. Muscles get sore with stroking on the third consecutive run-through of a program. Feet and ankles are constricted or rubbed by new boots. Knees and hips suffer through the agonies of learning new jumps. Most of these day-to-day aches and pains are ignored—as they should be. But how do you tell when something should not be ignored? How do you tell when you are really injured?

Two kinds of injuries occur in skating. Those that happen suddenly (acute injuries), like an ankle sprain, are obvious and usually treated immediately and appropriately. The other kind of injuries—overuse injuries—are not so obvious. They come on gradually and are not very painful (at first). If ignored they go on to worsen and ultimately result in more lost ice time than the more dramatic, acute injuries.

Overuse injuries are usually the result of change. They are common early in the summer because of increased skating when school is out. They are also common in the fall during the increasingly intense workouts necessary to prepare for the competitive season. These injuries often coincide with the purchase of new boots—stiff boots not only hurt your feet but also temporarily change the way you skate. Repetitively practicing a new jump is another common cause of overuse injuries.

Overuse injuries take many forms. They can occur to bone in the form of a stress fracture—bone that has started to crack

because it was stressed too much before it had an opportunity to become stronger; to tendon in the form of tendinitis—usually because the muscle attached to that tendon was not strong or flexible enough; to the tissues underlying skin as bursitis—the result of rubbing or pressure, usually from the boot. All of these conditions start as minor, easily managed problems. However, if ignored, all can result in long periods of interrupted training.

#### What to Watch for

The first sign of an overuse injury is pain with a specific activity or maneuver: back pain with a spiral, leg pain with landing a particular jump, or knee pain with a sit spin. The difference between these pains and the daily aches most skaters encounter is that the pain of an overuse injury begins to hurt every time you do that maneuver.

The pain of an overuse injury does not disappear in a day or two. It not only continues (to hurt) but starts to worsen and involve other moves or activities. (For example, the knee pain that began just with sit spins now hurts with stroking.) If ignored long enough, the pain actually prevents you from even trying the maneuvers and finally becomes apparent with non-skating activities.

After a while, the painful area also becomes tender. It hurts when you push on it. Occasionally the painful area will be swollen which is easy to see when you compare to the opposite knee or leg. Tenderness and swelling usually mean the injury is worsening and should not be ignored.

#### What to Do

At the first sign of an overuse injury, usually specific, activity-related pain that has not disappeared in three days, stop doing what hurts. This does not mean stop skating or even stop jumping. Just stop doing that particular jump or maneuver that causes the pain. One of the nice things about skating is that there is always a lot to learn, so work on something else for a day or two. Then, gradually resume the previously painful activity. If it still hurts, wait another day or two. If it does not hurt, then do it a little more each day.

Most skaters are frightened by the thought of not practicing a particular maneuver, usually because that is the move or jump that

*Continued on page 66*

# Baltimore®

## the All-American City

by Jane White,

Baltimore Office of Promotion and Tourism



Baltimore, Maryland is a city that is proud of its past and enthusiastic about its present. Known as the City by the Bay, it actually is situated on the Patapsco River, a tributary of the Chesapeake Bay. It is the nation's twelfth largest city, thirty-three miles north of Washington and ninety-five miles south of Philadelphia.

Baltimore has been called "Charm City" because of its citizens' concern with the quality of life. The city has changed dramatically in the past fifteen years. An ambitious effort by municipal, business, and volunteer partnerships, along with federal programs for urban renewal, have drastically changed the landscape of the downtown area and many neighborhoods.

Nationally touted as an extraordinary revitalized waterfront, Baltimore's Inner Harbor is a unique blend of urban renewal and historic preservation. A six-block brick promenade, pedestrian bridges, and overhead walkways place a myriad of cultural activities and historical attractions within easy walking distance of one another.

For a commanding view of the city and beyond, you can go to the Top of the World, the observation level on the twenty-seventh floor of the World Trade Center, or hike up Federal Hill, one of the city's oldest landmarks. At the National Aquarium the wonders of the deep await you: more than 5,000 marine and freshwater animals in more than 12 major theme exhibits, plus a tropical rain

forest, an Atlantic coral reef and a 220,000-gallon shark ring. At the Baltimore Maritime Museum you can board the submarine *Torsk*, which sank the last warship in World War II, or the Chesapeake, a floating lighthouse from 1930. The U.S. frigate *Constellation*, the first commissioned ship of the United States Navy, is another vessel docked for your inspection.

The two glittering glass pavilions of Harborplace and The Gallery at Harborplace offer a vast assortment of dining, shopping, and browsing pleasures. Nearby, at the Maryland Science Center, the wonders of space and time are revealed through scores of displays, films, and "hands-on" learning experiences. The Science Center also houses the Davis Planetarium and the IMAX Theater, a five-story screen that will overwhelm your senses and make you feel a part of the action. The Peale Museum, where paintings by Rembrandt Peale and his family line the walls, is the oldest original museum building in the nation and one of the oldest in the world. The Baltimore Museum of Industry features recreations of old-time machine and print shops. The B&O Railroad Museum houses the most extensive collection of railroad memorabilia in the United States and the second largest train exhibit in the world. And you can walk the ramparts of Fort McHenry, site of the battle that inspired the composing of our national anthem.

Baltimore is a city of many ethnic neighborhoods. The quality of life has long been enhanced by the character of its neighborhoods. There are 250 in all, 23 of them are historic districts. Little Italy is one of the city's most colorful and historic neighborhoods. The streets are lined with charming rowhouses and fabulous restaurants. Fell's Point is

unique in the nation as a surviving colonial workingman's community and is also one of the few remaining downtown waterfront residential communities on the East Coast.

The Mount Vernon area is dominated by a 178-foot monument dedicated to George Washington. Laid out in 1827, it was once the city's most fashionable residential district, and is still a delight with its elegant town houses and four park-like squares. This is also the location of many of the city's oldest churches and cultural institutions, including Walters Art Gallery and the Peabody Conservatory of Music, one of the leading music schools in the world.

Within the city are the birthplaces and homes of many famous Baltimoreans, many of whom touch the world through their writings, creations, sporting feats, and philanthropic deeds. The houses, most furnished with original appointments, provide a rare glimpse into the lives and traditions of another era. Among them: the Babe Ruth Birthplace and Maryland Baseball Hall of Fame, the Edgar Allan Poe House, the H.L. Mencken House, and the Star Spangled Banner Flag House and War of 1812 Museum where Mary Pickersgill lived who made the flag flown over Fort McHenry during the War of 1812.





PHOTOS COURTESY OF THE BALTIMORE OFFICE OF PROMOTION & TOURISM

Baltimore boasts the world-class Meyerhoff Symphony Hall, the Baltimore Symphony Orchestra, and the Baltimore Opera Company. For theatre buffs, there are Broadway shows at both the Morris Mechanic and Lyric Theatres, repertory theatre at Center Stage, experimental drama at The Theatre Project, and innovative productions of The Arena Players. The Baltimore Museum of Art's Matisse collection is unsurpassed in America, and the Walters Art Gallery is one of the finest small museums in America. Its collections span the history of art, from Egyptian artifacts to Art Nouveau.

For nightlife there is Baltimore's Fishmarket which houses six night clubs, offering a broad spectrum of food and drink, two full-service restaurants, Blues Alley jazz club which attracts some of the top names in jazz, P.T. Flaggs Nightclub, and the Charm City Comedy Club.

Baltimore is well known for its excellent seafood restaurants. There are many seafood eateries in the Inner Harbor area. In addition to the waterfront you will find clusters of restaurants downtown along Charles Street (known

locally as "restaurant row") and in Little Italy and Fells Point. Baltimore also has a unique collection of old-fashioned city markets which comprise the only operating public-market system left in the country. One of them, the 204-year-old Lexington Market, is the oldest continuously operated one in the United States.

This is also a sport-conscious city. It is home to the 1983 World Champion Orioles, the Baltimore Blast, the major indoor soccer league, the American Hockey League Baltimore Skipjacks, the Baltimore Thunder box lacrosse team, the Johns Hopkins University lacrosse team, and Pimlico Race Course where the middle jewel of horse racing's Triple Crown, the Preakness, is run every May. Right now planning is underway to build a new twin stadium complex downtown.

The Baltimore Arena where the figure skating competitions will be held is the home of shows, concerts, the Blast and Skipjacks, boxing, wrestling, and other entertainment and sporting events.

Good luck as you prepare for the '89 Nationals. We look forward to seeing you in February and showing you around our exciting city.

## NATIONAL PRECISION CHAMPIONSHIPS

The Warwick Figure Skaters, hosts of the 1989 National Precision Championships have announced the schedule of events for the competition. Three different rinks will be used.

The draw party will take place on Thursday evening, March 30. Practice for the Midwestern Sectional will take place on Wednesday, March 29 at Thayer Rink, Warwick, R.I., while practice for the Eastern Sectional will take place at the Lynch Rink in Pawtucket. On Thursday, March 30, the Midwestern Sectional will take place at the Thayer Rink and the Eastern Sectional competition will be held at the Lynch Arena, followed by national practice at the Civic Center in Providence.

The preliminary round for the National Championships will be held in the Civic Center, followed by the Challenge Cup Competition at the Thayer Rink on Friday, March 31. The National Championships will be held in the Civic Center on Saturday, April 1.

Wednesday, March 29, 1989

Midwestern Practice, Thayer Rink  
Eastern Practice, Lynch Arena

Thursday, March 30, 1989

Midwestern Sectional, Thayer Rink  
Eastern Sectional, Lynch Arena  
National Practice, Civic Center

Friday, March 31, 1989

National Preliminary, Civic Center  
Challenge Cup Comp., Thayer Rink

Saturday, April 1, 1989

National Championship, Civic Center

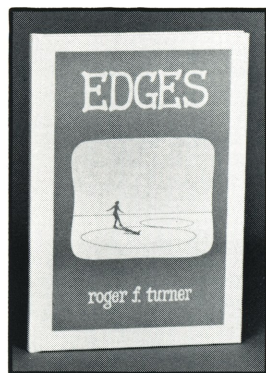
## JUDGES' APPOINTMENTS

### LOW FIGURE TEST

Kathleen Dunn, New Haven SC

*Continued on page 65*

## BOOKS FROM USFSA



### EDGES

by Roger F. Turner

One of the most comprehensive looks at the basic figures as well as the total figure skater. Analyzes the influence brought to bear on the competitive figure skater by the coach, parents, judges, and the skaters themselves. 116 pages, fully illustrated.

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by Carlo Fassi

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### DONALD JACKSON - KING OF BLADES

by George Gross

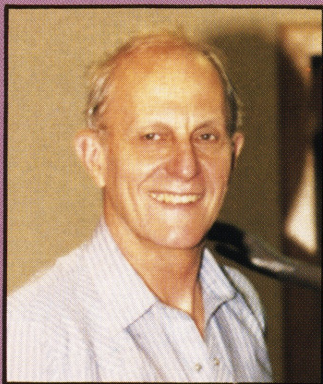
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# Blessed Spirit



*Dr. Stanley Taub, sculptor*



PHOTOS BY DALE MITCH

*Detail of "Blessed Spirit"*

An outstanding addition has been made to the the World Figure Skating Hall of Fame and Museum display with the recent unveiling of a life-size bronze statue. Located at the main entrance to the Museum, visitors are now greeted by "Blessed Spirit," by Dr. Stanley Taub.

The statue is a life-size likeness of acclaimed figure skater Patricia Dodd, who was three-times British national champion before joining the John Curry Skating Company as a professional performer. Dodd is well known internationally as one of the foremost interpreters of classical works and is recognized for her richly artistic performances.

Dr. Taub is a noted New York City plastic surgeon who is also a gifted and highly recognized sculpture in the realist tradition. He describes

himself as "a plastic surgeon whose goal is to become a full-time artist and sculpture." Over the past twenty years he has built an outstanding reputation, with his art works being shown in such prestigious galleries as The Metropolitan Museum of Art, the National Academy Gallery, Thompson Gallery, Soufer Gallery, and the Bayard Gallery.

In creating the figure, the artist began with a very lengthy series of sketches, planning the body, arm, and head positions. Several friends doubted that the work could be done and internally supported as planned in the final drawings. The original form was first meticulously sculpted in clay in Dr. Taub's New York loft studio. The piece was then cast in bonded bronze layered on an epoxy core, with controlled patina applied.

The skates on the figurine are the actual blades which Miss Dodd wore in performance. The work took the artist over two years to actually complete and is a tribute to Dodd whom Taub considers to be "the world's greatest living ballerina on ice." The statue is named after a section of music from the ballet *Orpheus Descending* by Christoph Gluck, a number to which Dodd skated one of her more memorable performances.

In deciding to place the figure in a spread eagle position, Taub explained that to him, he believed that this position was most exemplary of the fluidity, movement and art distinctly associated with figure skating. The move is one which is singularly done on ice, as opposed to other art forms such as ballet. It is also a position with great freedom and flow and one in which the sculptor was able to express the beauty of skating and the skater. It was also a move for which Miss Dodd was well known.

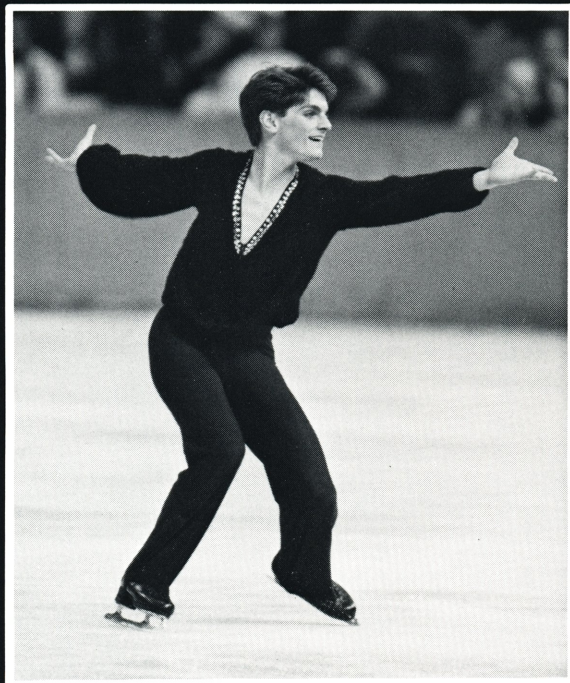
"Blessed Spirit" is on special loan to the World Figure Skating Hall of Fame and Museum in Colorado Springs and will be on display through July 1990.

## A Sculpture Unveiled



'89 U.S. Figure Skating Championships in Baltimore

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# Ricky

## HARRIS

### On *A Blindspot in Skating*

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	Average 12 mos.	Single Issue
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B. Paid Circulation		
1. Sales through dealers and carriers, street vendors and counter sales	NONE	NONE
2. Mail Subscriptions	27,750	26,838
C. Total paid circulation	27,750	26,838
D. Free distribution by mail, carrier, or other means, samples, complimentary, and other free copies	263	270
E. Total Distribution	28,013	27,108
F. Copies not distributed		
1. Office use, left over, unaccounted, spoiled after printing	2,234	3,697
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I certify that the statements made by me above are correct and complete.

(signed)

Dale Mitch  
Editor

There is a neglect in one aspect of skating that needs to be recognized. In many cases, nothing of the personality or emotions of the skater comes across during his or her performance. Even though the choreography may be good, the expression is lacking.

The eyes play an important part in performing, as we express our emotions through our eyes. We remain in control of our bodies by keeping our sense of direction with our eyes. If either of these areas are neglected, the progress of a skater is affected both technically and artistically.

In the learning of figures, skaters must keep their eyes down watching the pattern constantly. Some skaters never make the adjustment between figures and freestyle with their eyes, and continue to keep their eyes cast down in the learning of freestyle. It is difficult for the choreographer or artistic coach to correct this habit when it has been going on for years. There should be more attention given from early on to training the eyes to move in the direction of space with the body at the same time that the technique of jumps, spins, and other skating moves are being taught.

In expression, the eyes reveal an individual's personality. They establish contact with the audience. No audience can be fooled. Sincerity must shine out through the eyes. The eyes cannot perform if "the shades are down."

When I work with skaters, I choreograph a lot of head movements into the work, whether they come to me with existing programs, or I start from scratch. I find that movements of the head will make the eyes change constantly. The ability to keep the eyes alive while learning to skate movements that are precise, enables the skater to project personality into their work.

Motivating thoughts added to an existing program can help the skater feel certain emotions, which then shine out through their

*Continued on page 65*

# LET'S SKATE

## Celebrities Open NutraSweet National Ice Skating Month



PHOTOS COURTESY OF THE NUTRASWEET CO.

Speakers for the opening of NutraSweet National Ice Skating Month included USFSA President, Dr. Hugh C. Graham, Jr.; Greg Collins, Dorothy Hamill, and Larry Williams, The NutraSweet Company President.

The Los Angeles Forum was the site of a gala celebration and press conference on September 29 opening the National NutraSweet Ice Skating Month.

Headlining the all-star event were national co-spokespersons for the month, Dorothy Hamill and Christopher Bowman, who encouraged everyone, from beginners to advanced skaters, to join in the fun in October. Joining them were USFSA President Hugh C. Graham, Jr., M.D.; Larry Williams, President of The NutraSweet Company; Murray Sandler, President of the Ice Skating Institute of America (ISIA); Sandy Lamb, President of the Professional Skaters Guild of America (PSGA); and Michael Booker, Vice President of Ice Capades. Wayne McDean and Mike Allison, popular players of the Los Angeles Kings joined in showing their support for this national awareness event.

A surprise guest at the opening ceremonies was hockey's superstar Wayne Gretzky, newest member of the Los Angeles Kings. Master of ceremonies for the event was Greg Collins.

A highlight of the event was a special performance by Christopher Bowman, who presented his popular exhibition routine to "Maria" from *West Side Story*. Also performing were the Palos Verde Country and Western Skaters and the Sunvalley Precision Team from Concord, California, ISIA national senior champions.

Proud parents Dorothy Hamill and husband, Dr. Kenneth Forsythe introduced ten-day-old daughter Alexandra to friends and spectators. Larry Williams presented the infant with her first pair of Harlick boots and Wilson blades. "May she find as much joy in ice skating as you have brought us through the years," he said to Dorothy.



*(Top) Christopher Bowman with Dorothy Hamill, husband, Dr. Kenneth Forsythe, and daughter Alexandra. (Center) Dr. Hugh C. Graham, Jr., USFSA President, addresses the press; (Bottom) Wayne Gretzky admires Alexandra, the newest addition to the Forsythe family.*

The month's activities include media tours to five major cities by U.S. team members. Natalie and Wayne Seybold will appear in Indianapolis, Jill Trenary in Chicago, Katy Keeley and Joseph Mero in San Francisco, Suzanne Semanick and Ron Kravette in Baltimore, and Tracey Damigella in St. Louis.

It is anticipated that the majority of rinks and clubs throughout the country will participate in the month by offering special NutraSweet Skate Days. Skating lessons, skate rentals, and admissions will be made available to the public at no charge on these special days.

Dr. Graham, in his remarks in Los Angeles, expressed special appreciation to The NutraSweet Corporation for the sponsorship of the awareness project and to the ISIA and the PSGA for their cooperative participation. "We hope to make all Americans aware of the benefits and pleasures of ice skating."



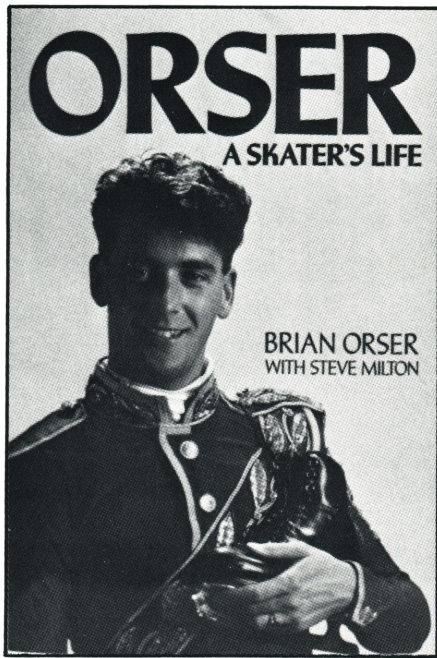
"Ice skating is a sport that offers so much: fitness, fun, precision, discipline, strength, and beauty. We don't have a corner on the beauty of athletic movement," Graham said. "Just witness the graceful winners of the Olympics in Seoul. But we do believe that figure skating demonstrates the majestic grace of the human body in motion.

"We feel that this ice skating awareness month will give people around the country the opportunity to take to the ice and enjoy a clean, healthful, lifetime sport that the entire family can enjoy. It is indeed significant that NutraSweet, the USFSA, the ISIA, and the PSGA have come together to make this possible. We look forward to a very successful month."



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## To Be or Not To Be . . . A Judge

by Patricia French

How does one start to describe or promote that aspect of our sport which has literally become a way of life for me and many other judges? What was it that kindled the spark and still does? Why do we spend countless hours standing in cold rinks, driving long hours, flying miles upon miles (rarely arriving as planned) and studying as if we were still in school? Certainly with air conditioning as it is now we don't have to go into rinks just to cool off and cruise control has taken the thrill out of seeing how far one can drive without a foot falling asleep.

All kidding aside, the reasons for becoming a judge are as infinite and as varied as the judges who judge. A judge's reward is seeing the face of a skater who has just passed a test or reached a personal goal through skating, making friendships with fellow judges and skaters, and contributing to the advancement of our sport by participation at any level. Without the support and enthusiasm of our judges, our sport would stagnate and no standards would be set. How does one become a judge and is judging really for you?

The first step to becoming a judge is to seek help from your club and/or from any judges in your area. They will give or direct you to the necessary information or forms. Potential judges begin by trial judging tests or competitions and comparing their results with the official panel. As knowledge and confidence improves and basic recommended guidelines are met one applies for appointment through the Regional Vice Chairman of the Judges Committee (found in the current *Rulebook*.)

The USFSA is constantly looking for interested individuals and will do everything possible to help their develop-

# Judges

FORUM

ment. There is an abundance of written material and many video tapes available from National Headquarters. The Judges Education and Training Committee (JETS) sponsors judges schools throughout the country. Your club receives announcements of those in your area. The Judges Committee rules in the *USFSA Rulebook* are an excellent source of information.

A potential judge must be willing to begin by serving the "grass roots" of our sport. There are several levels of judging, and it is each judge's goal to find a level at which he or she is comfortable and to find volunteer time rewarding. Not everyone will want the stress and responsibility of judging the National Championships or the Olympics, spending long hours studying and practicing.

Having the proper temperament is very important with the subjectivity used to evaluate this sport. Being able to accept decisions based on firm knowledge is mandatory. One does not become a successful judge overnight. The desire must be sincere and with total commitment.

There are now three disciplines of skating: Singles and Pairs, Ice Dancing, and Precision Skating. If you are a Seventh Test skater or Pre-Gold dancer you can become an accelerated judging candidate. You must apply through your Regional Vice Chairman of the Judges

*Continued on page 58*

## FOURTH GENERATION



Kelsey Parker won't be two until next February, but already she is a member of the Indianapolis FSC and a fourth generation USFSA family. Her great-grandparents were Dr. and Mrs. Hugh C. Graham, Sr. who were both High Test Figure Judges and Silver Dance Judges. Her grandmother is ISU Judge Margaret Anne Wier, Sectional Vice Chairman for Judges, Pacific Coast, and was a member of three World teams. Her mother is Lorie Parker, Indianapolis FSC Board of Directors and Novice Competition and Intermediate Judge. Her grand uncle is Dr. Hugh C. Graham, Jr., USFSA President and ISU Judge and Referee who was a member of two World teams. And the tradition continues . . .

## BUNDLES OF JOY

Two Olympic and World Champions had babies on consecutive days in September. Peggy Fleming and husband Dr. Greg Jenkins are the proud parents of a baby boy, Todd, born in San Jose on September 18, their second son, whom the mother describes in one word, "Perfect."

Alexandra Hamill Forsythe greeted the world in Palm Springs on September 19, to the joy of parents Dorothy Hamill and

# People

## AND PLACES

Dr. Kenneth Forsythe. Weighing in at six pounds, fourteen ounces, this is the couple's first child.

We should know in a few years if either Alexandra or Todd will follow in their mothers' footsteps.



## SKATE-A-THON

Skaters of all ages from the Figure Skating Club of Madison recently raised \$1,386.90 during an hour-long Skate-A-Thon to help support Special Olympics.

Mary Uhler, Club President, presented a check to Kathy Paige, Area Director of the South Central Wisconsin Special Olympics. The money will be used for the Special Olympics Winter Games. The Club was given a special certificate of recognition and will be recognized at the opening ceremonies of the Special Olympics Winter Games.



Olympic Team member, Jill Trenary, joined Colorado Springs Mayor Robert Isaac in inaugurating the sale of the new U.S. Olympic coins. Sale of the congressionally authorized gold and silver coins are expected to generate more than \$40 million for the U.S. Olympic Committee.

## SKATERS WED

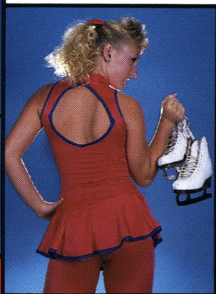
Katarina Lindgren and Thomas Dickson were married in July at Pitea Stadskyrka in Pitea, Sweden. The bride is the former Swedish National Champion and the groom is a previous U.S. National and International competitor. Both currently appear as soloists with Ice Capades. Following a honeymoon on the French Riviera, the couple now make their home in Colorado Springs.

## GOODWILL GAMES

Cynthia (C.J.) Taylor has been named to the position of commissioner of figure skating for the 1990 Goodwill Games. Taylor began competitive skating at age nine as a member of the Wissahickon Skating Club in Philadelphia and competed at both the local and regional levels. As figure skating commissioner, she will be part of the venue management team that will oversee the staging of the event. The Goodwill Games are scheduled for Seattle, Washington, July 20 to August 5, 1990, with skating events to be held in the Tacoma Dome, site of the 1987 National Championships.



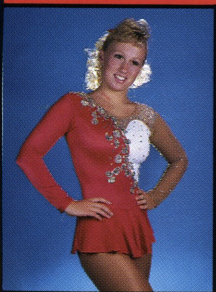
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# INTERNATIONAL COMPETITIONS

## OCTOBER 1988 – APRIL 1989

### SUBJECT TO CHANGE

MEN                                      LADIES                                      PAIRS                                      DANCE

#### SKATE ELECTRIC INVITATION (formerly St. Ivel) – London, England, October 4-6, 1988

JUDGES: Elaine DeMore, Monty Hoyt, and Paula Naughton

TEAM LEADER: Elaine DeMore

COMPETITORS:

Christopher Bowman                      Kelly Szmurlo                      Katy Keeley & Joseph Mero                      Suzanne Semanick & Ron Kravette

#### SKATE CANADA – Thunder Bay, Ontario, Canada, October 27-29, 1988

JUDGES: Patricia French, Jean Robinson, and Gale Tanger

TEAM LEADER: Roberta Parkinson

COMPETITORS:

Angelo D'Agostino                      Jill Trenary                      Natalie Seybold & Wayne Seybold                      April Sargent & Russ Witherby  
James Cygan                      Tracey Damigella                      Jodie Balogh & Jerod Swallow

#### PRIZE OF MOSCOW NEWS – Leningrad, USSR, November 1-6, 1988

JUDGES: Eleanor Curtis, Claire Ferguson, and J. Barlow Nelson

TEAM LEADER: J. Barlow Nelson

COMPETITORS:

Doug Mattis                      Tonya Harding                      Sharon Carz & Douglas Williams                      Tracy Sniadach & Leif Erickson

#### POKAL DER BLAUEN SCHWERTER – Berlin, German Democratic Republic, November 9-13, 1988

JUDGE/TEAM LEADER: Susan Johnson

COMPETITORS:

Scott Davis                      Tisha Walker

#### GRAND PRIX INTERNATIONAL DE PARIS – Paris, France, November 10-13, 1988

JUDGES: Janet Allen and Elaine DeMore

TEAM LEADER: Janet Allen

COMPETITORS:

Paul Wylie                      Jeri Campbell                      Katy Keeley & Joseph Mero                      Susan Wynne & Joseph Druar

#### WORLD JUNIOR CHAMPIONSHIPS – Sarajevo, Yugoslavia, Nov. 29-Dec. 4, 1988

JUDGES: Lucy Brennan, Margaret Freepartner, and Margaret Anne Wier

ALTERNATES: Franklin S. Nelson, M.D. and Nancy Meiss

TEAM LEADER: Morry Stillwell

ASSISTANT TEAM LEADER: Diana Squibb

TEAM DOCTOR: Angela Smith

COMPETITORS:

Shepherd Clark                      Jennifer Leng                      Jennifer Huerlin & John Frederiksen                      Katherine Williamson & Ben Williamson  
Alex Chang                      Jessica Mills                      Ann-Marie Wells & Brian Wells                      Holly Robbins & Kyle Schnebe

ALTERNATES:

Scott Davis                      Tisha Walker

Revised October 17, 1988

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# SKATEOLOGY

## THE SCIENCE & TECHNOLOGY OF THE EDGE/ICE INTERFACE

Part I by S. Broadbent

Skateology is a branch of Tribology—the science and technology of interfacing surfaces in motion. Tribological research has achieved enormous improvements in all types of bearing design for machinery, engines, household appliances, and wherever movement occurs between contactual surfaces, seemingly with the exception of skating. Many millions of dollars are spent on this research, and whether we know it or not we have all benefited. Maybe skating could benefit too.

The importance of that tiny portion of blade in engagement with the ice cannot be over emphasized: its geometry, edge keenness (sharpness) and surface finish, its location with respect to the physique of the skater and the effect of ice temperature on its performance. That is what Skateology is about.

### Analysis of Skating Forces

Figure 1 shows how gravity and centrifugal force act at the centroid of the body/body mass centre (BMC) or center of gravity (CG) are alternate terms/ with a resultant force acting through the hip, knee, and ankle joints, then into the blade and reacted by the ice. It is interesting to note from the equations provided, that since skater's weight ( $W$ ) is a determinate of centrifugal force, the tangent of the angle of lean simply becomes proportional to (Velocity of the CG of the body)<sup>2</sup> and inversely proportional to the Radius of the Path of the CG.

When the blade is aligned with the resultant force, it produces a free-running edge as indicated in Figure 1. Friction between blade and the ice will be minimized for a given blade geometry. The big question is: how does blade geometry, edge keenness, and surface finish influence friction?

It is friction force that determines the extent of the energy we expend in maintaining skating momentum and a major cause of exhaustion. We should be particularly interested in learning how the above mentioned blade/edge/ice characteristics influence the coefficient of friction. To do this scientifically

the skater has to be removed and there must be means to control all variables which include applied forces, blade and edge geometry, velocity, radius of the tracing, angle of lean, ice temperature, and preferably ice chemistry. The writer, working as a principal investigator with the USFSA under a grant from the U.S. Olympic Foundation, has designed and manufactured test apparatus which will use a dedicated temperature controlled ice surface at the Alpine Ice Arena,

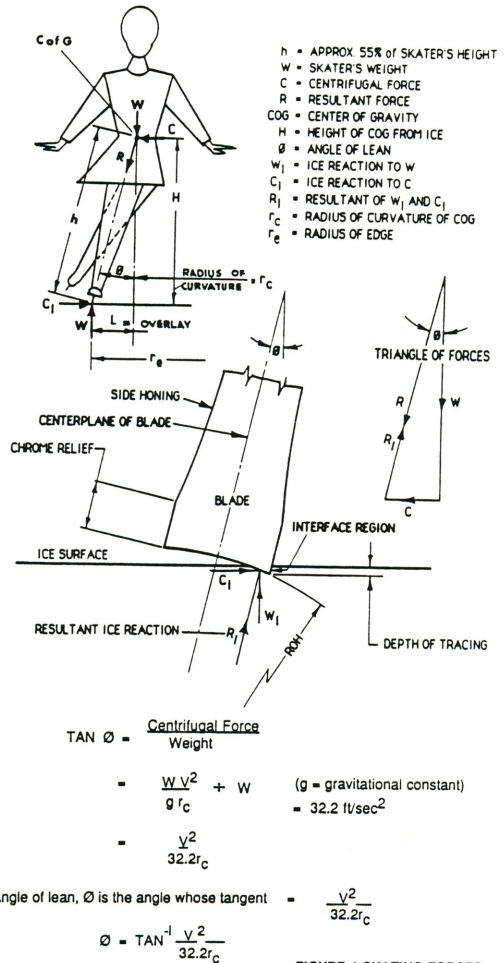


FIGURE 1 SKATING FORCES

Denver, Colorado. The actual test program awaits completion of computerized data reduction facilities.

### Review of Current Blade Problems

You may ask why anyone needs to investigate the design of skates when those already available facilitate wonderful performances. Well, we would not be where we are now if it had not been for a lot of enterprising skaters who pioneered many skate innovations (with the obvious cooperation of skate manufacturers). Unfortunately, this also led to many novel and peculiar concepts which either proved impractical or inefficient or were marketing gimmicks. We are still suffering residual effects of some of these. For instance, concave side honing provided on the more expensive blades dates from the early 1800's. Skate manufacturers continue to provide this feature apparently to satisfy those who like the attractive appearance. It enhances the sales of these very expensive skates.

We must not blame manufacturers for the problems we have inherited. They have always bent over backwards to accommodate ideas of skating professionals. Unfortunately, professionals are neither engineers or physicists. The current situation can be summed up as follows: While the modern blade when very new, accurately manufactured, properly mounted and sharpened, is indeed a very effective product, it still leaves much to be desired.

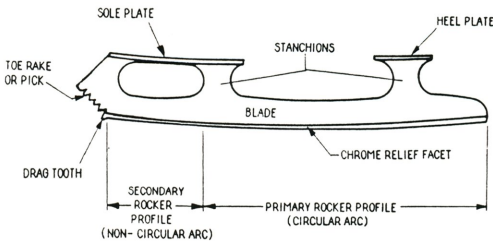


FIGURE 2 SKATE COMPONENT PARTS AND FEATURES

Let us review numerous problems we have inherited as a result of the complicated, uncoordinated design evolution of our skating equipment. (The fantastic World Figure Skating Museum collection at USFSA Headquarters is certainly proof of this.) The terminology of Figure 2 will be used in which

the term 'skate' refers only to the intermediate component between boot and ice and the 'blade' a part of the skate.

### Blade/Boot Mounting Problems

The intricacies of mounting remain a black art. The compound curved sole plate in combination with a planar heel plate cannot be regarded as a well engineered interface between boot and skate.

It seems that the curved sole and planar heel interfaces of our present day boots and skates is a carry-over from the earliest days when a special pair of boots would be ordered from the neighborhood bootmaker specifically for permanent attachment of skates. These skating boots were made on walking boot lasts with typical curved soles. The skate manufacturers simply accommodated the situation by making sole and heel attachment plates an approximate fit. It did not need to be exact because the boot was sufficiently supple in those days.

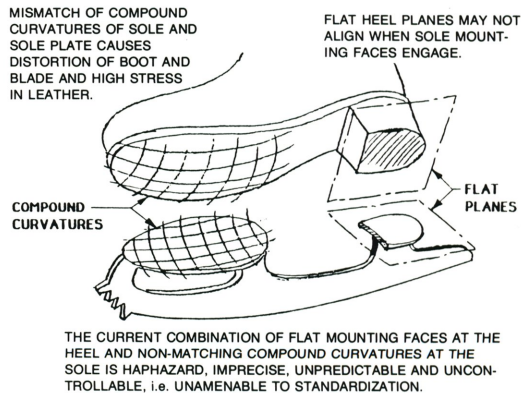


FIGURE 3 BOOT/BLADE INTERFACE PROBLEMS

We are still living with this situation (see Figure 3). Boots and skates seldom mate precisely, often very poorly. Both distort somewhat on being screwed together and it takes only a small deflection of the blade to prevent an accurate sharpening. Theoretically, there will be only one location where sole and soleplate properly mate. Since there is small probability that this will be the correct location for skating balance, any ensuing adjustment to blade position to achieve balance will mismatch the contours causing the type of situation shown in Figure 4. An even worse mismatch will be realized when the sole and

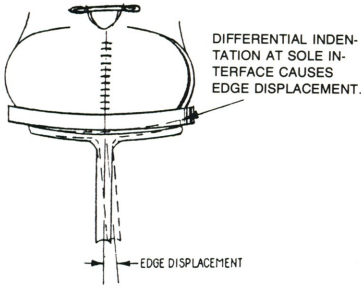


FIGURE 4  
EDGE DISPLACEMENT DUE TO SOLE PLATE INDENTATION

soleplate are of different contours. Leather indents differentially, causing a change in the position of edges.

This can all be remedied by using co-planar interfaces, the same principle as used on ski boots. Stresses and distortion will be minimized and adjustments to blade position will be easy. The scheme is illustrated in Figure 5. Unfortunately, the cost to change tooling for both skates and boots would be enormous. Perhaps the idea can be gradually introduced on a prototype basis.

There need be no change in the posture of the foot, and heel height would be maintained or optimized. The toe rise (needed for walking) could be flattened as it is in ski boots, presumably to some advantage or at least without detriment.

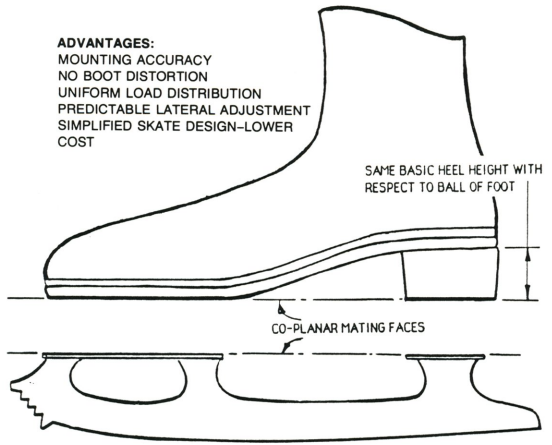


FIGURE 5 PLANAR MOUNT BOOT AND SKATE

### Chrome Relief— Negative or Positive Rake?

On some side honed blades the chrome relief surfaces conform to the contour of the side honing and thus have a positive rake angle. On other models of side honed blades it may have zero rake angle (parallel with centerplane of blade) or even a negative rake angle—eliminating any possible benefit from the side honing. Flat sided blades in some

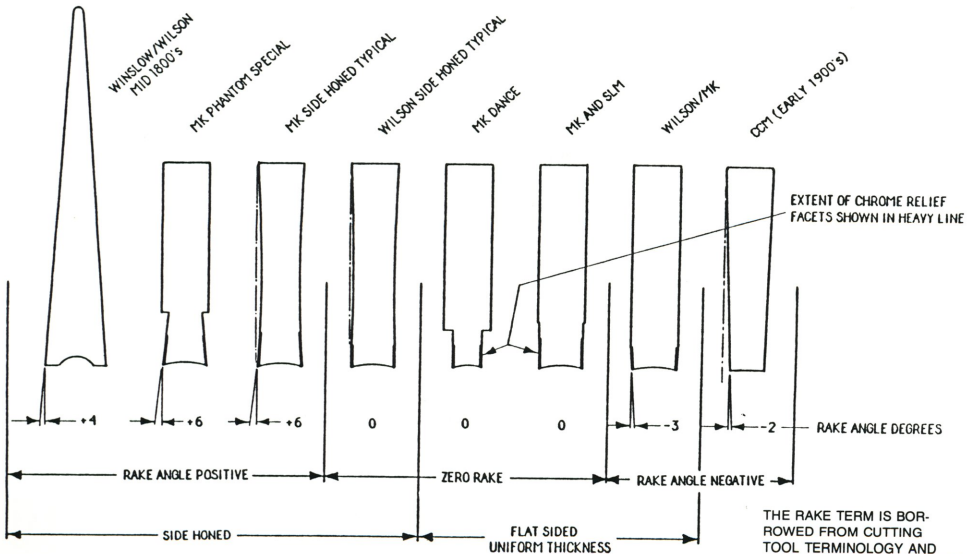


FIGURE 6  
EDGE GEOMETRY PERTURBATIONS WITH AND WITHOUT SIDE HONING AND, VARIATIONS OF CHROME RELIEF (RAKE ANGLE DEFINED)

THE RAKE TERM IS BORROWED FROM CUTTING TOOL TERMINOLOGY AND SINCE THE BLADE DOES CUT INTO THE ICE, IT IS APPROPRIATE.

models have a negative rake. Others have zero rake. What is in fact ideal?

Figure 6 illustrates (to scale) blade sections of the popular models of figure skates in use compared to a couple of ancient blades, demonstrating the vagaries of rake angle used over the past 160 years.

The positive rake of blade section 'a' was in use well into this century on the open toe skate—the immediate forerunner of our present day skate. Negative rake was also in use during the same period, for example the CCM model shown in blade section 'h.' Was either one advantageous? Referring back to Figure 1 it would appear that positive rake would be of no disadvantage frictionwise, whereas negative rake could cause higher friction. We anticipate that our test program will resolve this question.

### Side Honing—Benefit or Detriment?

The claimed advantages of the side honed blade is almost pure imagination. Unfortunately, the feature is a prime cause of blade manufacturing inaccuracy, consequent sharpening inaccuracies, and greatly increased cost. If side honing does provide a better bite as sometimes claimed, why is it not provided on hockey blades? Hockey skaters certainly need all the bite possible.

From Figure 7, drawn to scale, it will be seen that of the two major manufacturers, MK and Wilson, only the side honing effect of the MK blade reaches the edge. One has to conclude that the side honing of Wilson blades is purely decorative, unless the basic intent is to provide a tapered blade. (To assist in visualizing this situation, it should be realized that the blade penetrates into the ice

only a small proportion of the depth of the chrome relief, as shown).

Now, if championship successes are a measure of the technical integrity of a blade design, we can conclude that the many champions who used Wilson Gold Seals, skated without any benefit from the side honing of their blades. It then seems questionable that the many champions who used Gold Stars and Phantoms gained benefit from the style of side honing that MK provides, especially since many championships are also won on flat sided blades—which includes the dance blades of both manufacturers. Some have a negative 'rake' angle as compared to the positive rake angle of the MK style of side honing. Figure 6 compares the blade geometries of the above mentioned skates.

Hence, if side honing is only of decorative value let us discontinue its use and avoid the additional expense it incurs and far more importantly, avoid the sharpening difficulties and inaccuracies that the side honing causes!

Adding to the sharpening difficulties is the fact that the side honing removes the flat surface of the blade that is normally used as a datum face for checking edge levelness. A highly commendable feature of the new Phantom Special (see Figure 6) is that its 'dovetail configuration (which simulates the rake angle of side honing), leaves sufficient flat surface to facilitate the checking of edge levelness. Finally, one manufacturer has realized that the performance and reputation of their blades lie largely in the hands of the sharpener! But is this latest approach to side honing perpetuating a feature that really is of no functional benefit?

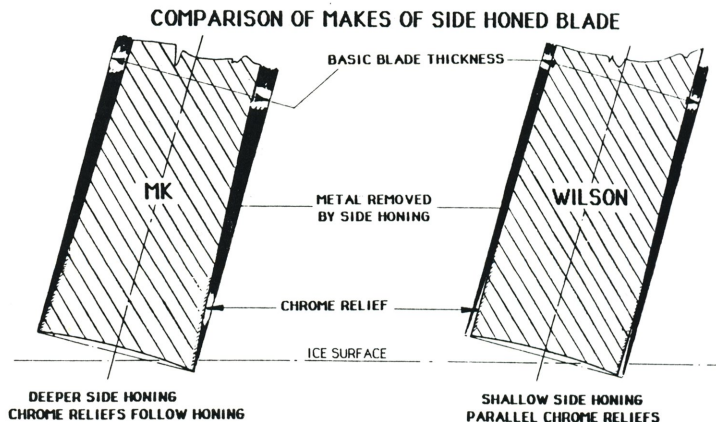
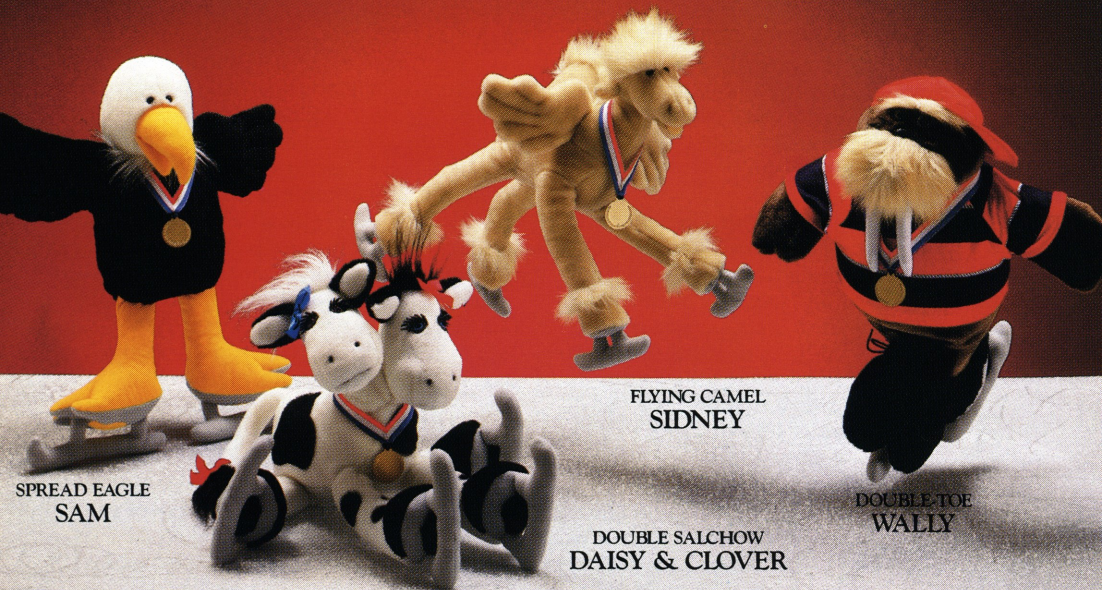


FIGURE 7

INTRODUCING

# STUFFED

S T U N T S



SPREAD EAGLE  
SAM

FLYING CAMEL  
SIDNEY

DOUBLE TOE  
WALLY

DOUBLE SALCHOW  
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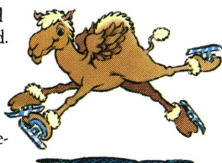
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_____	16" FLYING CAMEL SIDNEY @ \$29 <sup>95</sup>	=	_____
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Ice

ABROAD

## GRAND PRIX INTERNATIONAL

by Jean-Christophe Berlot

For twenty-two years, the Grand Prix of Saint Gervais has given the first taste of international fame to numerous hopefuls from many countries. The tradition was indeed kept alive this year, with true champions emerging from the four events. This year's Grand Prix was also the object of a particular attention from the skating community. Traditionally the first competition of the skating season, the Grand Prix was also the first test for the new ISU competition rules. This year, skaters, coaches, officials, and fans discovered the newly established "original program" and got a first feeling for the consequences of the 1988 ISU Congress changes on skating competitions.

In spite of poor weather over the last part of the week, the spirits were high again this year in Saint Gervais. The Alpine resort has always managed to create a relaxed and enjoyable atmosphere, yet without distracting anyone from the dedication and commitment required by the event. After the initial draws were completed, most competitors gathered for a march through the steep streets of the village. Since they were all wearing their formal attire, national teams and individual skaters took official pictures of themselves in front of the scenic church and fountain of Saint Gervais, as a remembrance of this special encounter with the Alps. An enthusiastic crowd of vacationers formed rapidly to watch and give early support to the participants. After the excitement of the trip, competition was soon to begin.

The Russian team was once more absent from Saint Gervais, preferring to concentrate on the twin competition of Oberstdorf, one week later. In the Pairs and Dance events, the Russians' absence was most noticed, but the



J. KARL BROLICH

skaters from Canada and the U.S. managed to keep the competition at a high level. In Pairs, Lyndon Johnston and new partner Cindy Landry, from Canada, won both the Original and the Free Programs. Marie Josée Fortin and Jean Bombardier, also from Canada, took second place. The two pairs from the U.S., Kenna Bailey and John Denton and Ginger and Archie Tse, finished third and fourth. In the Dance event, the Canadian pair of Jacqueline Petr and Mark Janoschak won the Compulsory Dances, and Elizabeth McLean and Ari Lieb, from the U.S., won the Original Program. The Canadians emerged victorious from the Free, the Americans keeping their lead over teammates Elizabeth Punsalan and Shawn Rettstatt.

With the Compulsory Figures now amounting to twenty percent of the overall total, the Free Programs allowed noticeable changes in the rankings. In the Ladies' competition, Surya Bonaly, from France, came from fifteenth (and last) place after the Figures to take a fourth finish, thanks to her amazing Free Program. Bonaly, who is the current French Junior Champion, displayed her "specialty," a triple toe loop to triple toe loop combination, which brought the audience to its feet. Tonia Kwiatkowski, from the U.S., finished first overall. She did not win any section of the competition, but she skated a solid Free Program with a clean triple flip and was the most consistent. Teammate Dena Galech finished sixth.

The Men's competition emphasized what could already be felt. Most competitors consider the Original Program as a newer and longer Short Program with compulsory elements to be secured. Originality and crea-

tion still seem to be reserved for the Free Program. Aren Nielsen from the U.S. and Jeffrey Partrick from Canada won respectively the Original Program and the Compulsory Figures, finishing third and fourth overall. Marcus Christensen, from Canada, won the Free section of the event, ahead of Christopher Mitchell, from the U.S. French Nicolas Petorin took a good third place in the Free, and finished fifth overall.

Norbert Schramm from Germany and Denise Biellmann from Switzerland both skated in the final gala. They both know Saint Gervais quite well. Schramm was second to Brian Orser in the 1980 Grand Prix, and Biellmann won the event in 1979. It may not be long until this year's winners return as world-acclaimed champions. The enthusiasm they gathered in Saint Gervais was already quite promising.

## SKATEELECTRIC IS SEASON CURTIN RAISER

*by Howard Bass*

Each season's international curtain raiser among world contenders is staged on London's Thames-side rink at Richmond. This year competitors met under the new ISU rules with two compulsory figures instead of three and extended short programs misleadingly called "original."

This is a gross misnomer, because the long free is, of course, far more original. In fact, the only original feature at all about the short free—still much the better description—is which triple one selects for the jump combination.

This, the eighth annual meeting in a series hitherto carrying the St. Ivel banner, is now known as the Skate Electric UK International, in deference to its new sponsor. Forty-six skaters from thirteen nations took part in the four events.

The men's contest drew the strongest entries, suggesting a likely three-sided battle royal between the trio who finished fourth, fifth, and sixth in the Budapest World Championships.

Greg Filipowski, the first of those three in Budapest, has been on the international circuit longer than most. He is still only twenty-two, having represented Poland since 1979, and is now based in Rochester, Minnesota. He led after the figures, with Christopher Bowman of Los Angeles second, and the Canadian, Kurt Browning, third. The stage was set for an appropriate electric showdown, awaited in gleeful anticipation. But it did not work out as expected because Filipowski had to withdraw

halfway through his short program when his blade incredibly broke away from the heel of its stanchion, causing him to fall from a triple Axel before realizing what had happened. Though entitled to a re-skate, there was no way to magically substitute a blade in time. While the luckless Pole watched wistfully from the barrier, the final free skating at least produced a worthy duel between the tall, powerful Californian and his sturdy Albetan adversary.

Browning, the only skater ever to have correctly landed a quadruple in international competition, elected not to try one this time, but his great triple Axel swung the balance, splitting the judges 5-4 in his favor, to snatch a victory with the same ordinal points as Bowman.

The American's highlights were a triple toe Salchow and a superb combination of triple Lutz with triple toe loop. Browning augmented his triple Axel with three triple toe loops—two of them linked together. Their grandstand finish was a crowd pleaser. Understandably, neither was near his peak so early in the season, but they completely overshadowed the third-placed East German, Ronny Winkler.

The host country produced a late entry with a famous name which he certainly did not let down. Steven Cousins, no relation to Robin, had a quite remarkable international debut which was also his very first senior competition. With nothing to lose, he decided to "go for broke" and the gamble came off. The sixteen-year-old Welsh boy landed three perfect triples—two Salchows and a Lutz—but fell from a triple toe loop. Clearly, he is Britain's best male prospect since his celebrated namesake won Olympic gold at Lake Placid in 1980.

Robin Cousins was again much in mind during the ladies' event because he has taken over as coach of the British champion, Joanne Conway, in Arrowhead, California. He said: "Picking her up from the doldrums of last season's injury-ridden form lapse was my first priority. Her mental approach is now much better, and we shall both enjoy working harder on her jumps in readiness for the first European Championships to be staged in Britain for fifty years."

Conway led after the first figure but was overtaken in the second by Kelly Szmurlo from Minnesota, a last-minute substitute for the indisposed Jeri Campbell.

It soon became apparent that Szmurlo's free was not yet strong enough to make the top three. Canada's Charlene Wong moved up from third in the figures to take the lead after the original program, followed by Italian Beatrice Gelmini and Conway, in that order.

Conway outpointed everyone in the long, but could not make up the deficit behind winner Wong. Gelmini finished third behind Conway in a contest of timid jumping. It was a psychological boost for the Canadian, but a disaster for Natalia Gorbenko, an undistinguished eighth for the Soviet girl who ranked sixth in the last European Championships.

The pairs were generally disappointing, with an early season lack of polish prevalent, but the East Germans, Peggy Schwarz and Alexandr Koenig, were clear-cut winners, with Russians Elena Bechka and Denis Petrov runners-up, followed by the two host nation duos, Cheryl Peake with Andrew Naylor and the rising brother and sister team, Lisa and Neil Cushley.

Katy Keeley and Joseph Mero from Costa Mesa, California, U.S. Olympic Team alternates, are obviously much better than their fifth place may suggest. Things did not run right for the pair who were runners-up in the same event four years previously. Everyone has an off day and, happily, theirs was not in a championship.

A refreshing aspect of the ice dance event was the first showing of the Charleston OSP. Offering entertaining scope for widely differing interpretations, the Canadians, Melanie Gaylord and Lee

Barkell, were particularly impressive and their costumes, to my mind, were by far the most appropriate.

The dominant couple throughout, however, were the Soviets, Maya Ussova and Aleksandr Zhulin, with a free dance described by Betty Callaway, famed as Torvill and Dean's coach, as "stylish, but controversial." Other dance experts were tipping them as future world champions.

The exciting new American partnership, Suzanne Semanick and Ron Kravette, from the Ron Ludington "stable" at Wilmington, Delaware, showed great promise, thriving from the charismatic Suzy's previous experience gained with Scott Gregory. They seasawed throughout for second spot with the home entrants, Sharon Jones and Paul Askham, who narrowly overcame them in the free dance, dropping Semanick and Kravette to third.

## SKATE ELECTRIC UK INTERNATIONAL LONDON, ENGLAND OCTOBER 4-6, 1988

MEN	PLACES
1. Kurt Browning, Canada	3.4
2. <b>Christopher Bowman, USA</b>	<b>3.4</b>
3. Ronny Winkler, German Democratic Republic	7.6
4. Lars Dresler, Denmark	8.4
5. Dmitri Gromov, USSR	11.0
6. Axel Mederic, France	11.6
7. Steven Cousins, Great Britain	13.4
8. Ashley Moore, Great Britain	16.4
Grzegorz Filipowski, Poland, withdrew	

LADIES	PLACES
1. Charlene Wong, Canada	3.8
2. Joanne Conway, Great Britain	4.2
3. Beatrice Gelmini, Italy	6.8
4. <b>Kelly Szmurlo, USA</b>	<b>9.0</b>
5. Iveta Voralova, Czechoslovakia	11.4
6. Stephanie Schmid, Switzerland	11.6
7. Carola Wolff, Federal Republic of Germany	12.0
8. Natalia Gorbenko, USSR	15.2
9. Gina Fulton, Great Britain	16.0

PAIRS	PLACES
1. Peggy Schwarz & Alexandr Koenig, German Democratic Republic	1.5
2. Elena Bechka & Denis Petrov, USSR	3.0
3. Cheryl Peake & Andrew Naylor, Great Britain	4.5
4. Lisa Cushley & Neil Cushley, Great Britain	7.0
5. <b>Katy Keeley &amp; Joseph Mero, USA</b>	<b>7.0</b>
6. Melanie Gaylor & Lee Barkell, Canada	8.5

DANCE	PLACES
1. Maya Ussova & Aleksandr Zhulin, USSR	2.0
2. Sharon Jones & Paul Askham, Great Britain	5.2
3. <b>Suzanne Semanick &amp; Ron Kravette, USA</b>	<b>6.0</b>
4. Michelle McDonald & Mark Mitchell, Canada	7.6
5. Andrea Juklova & Martin Simecek, Czechoslovakia	10.6
6. Michela Malingambi & Andrea Gilardi, Italy	10.6
7. Lisa Bradby & Alan Towers, Great Britain	14.0
8. Kaoru Takino & Kenji Takino, Japan	16.0

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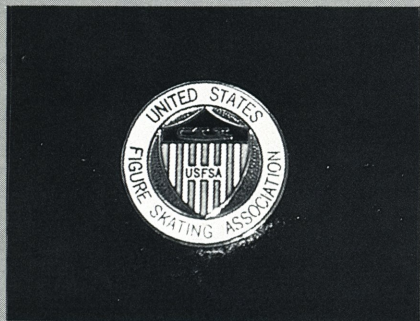
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*Continued from page 16*

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# Calendar

## OF EVENTS

### NOVEMBER

- 4-6 **An Evening with Champions**, nineteenth annual benefit for the Jimmy Fund of the Dana Farber Cancer Research Institute at the Bright Arena, Boston, MA. For information contact: Eliot House of Harvard University, Cambridge, MA 02138.
- 4-6 **Shores Autumn Classic**, sponsored by the St. Clair Shores FSC, 2000 Stephens, St. Clair Shores, MI 48080. Second annual all-event competition including figures, freestyle, short programs, compulsory moves, solo dance, pairs, and team dance. Club team trophy will be awarded. For information contact: Karen F. Wolanchuk, Secretary, 18531 Empire, East Detroit, MI 48021, 313-771-3511.
- 11-13 **1988 Indiana Figure Skating Championships**, sponsored by the Sycamore ISC, at the Perry Park Ice Rink, 415 East Stop 11 Road, Indianapolis, IN 46227. For information contact: Gail Nelson, Chairman, 8130 South Talbot, Indianapolis, IN 46227, 317-882-0108 or Barbara Rector, Co-Chairman, 8302 Forward Pass Road, Indianapolis, IN 46317.
- 18-20 **14th Annual Ice Dance Weekend**, sponsored by the Plymouth FSC, at the Plymouth Cultural Center, 525 Farmer, Plymouth, MI 48170. Adult Social Ice Dance Weekend. For information contact: Albert Goldstein, 21115 Virginia Dr., Southfield, MI 48076, 1-313-755-7500, ext. 374, days or 1-313-356-2653, evenings.
- 18-20 **Pre-Juvenile and Intermediate Eastern Great Lakes Competition**, sponsored by the Wyandotte FSC, at the Yack Arena, Wyandotte, MI. For information contact: Mary Chapman, 313-675-5874.

- 26-12/3 **1989 Eastern Great Lakes Regionals**, sponsored by the Wyandotte FSC, at the Yack Arena, Wyandotte, MI. For information contact: Mary Chapman, 313-675-5874.
- 27-12/3 **1989 Upper Great Lakes Regional Championships**, sponsored by the FSC of Madison, at the Madison Ice Arena and Hartmeyer Ice Arena, Madison, WI. For information contact: Loretta Zinkel, Applications, 608-238-4420, Pat Puccio, Competition Chairman, 608-836-6645, or Shirley Drouin, Competition Co-Chairman, 608-244-7951.

### DECEMBER

- 2-4 **Annual Invitational Competition**, sponsored by the Amherst SC, at the Audubon Recreation Center, Williamsville, NY. Figure, Freestyle, Dance, Compulsory Moves, and Interpretive events. For information contact: Carol Aquilina, 716-834-5723.

### JANUARY 1989

- 9-14 **Eastern Sectional Championships**, sponsored by the Darien SC of So. Ct., at the Darien Ice Rink, Darien, CT. For information contact: Ms. Ellie F. Kimelman, 31 Bronxville Glen Dr., Bronxville, NY 10708, 914-237-3962.
- 27-28 **The Magic Carpet - Fantasy on Ice**, ice show sponsored by the Pittsfield FSC, at the Pittsfield Boys' Club, 16 Melville St., Pittsfield, MA 01201. For information contact: Mary Rentz, 107 Northumberland Rd., Pittsfield, MA 01201, 413-443-6732.
- 28 **Fraser Mid America Precision Team Championships**, sponsored by the Fraser FSC, Fraser, MI. Juvenile, Intermediate, Novice, Junior, Senior, and Adult events. For information contact: Russ Brown, 43310 Ulman, Sterling Heights, MI 48078, 313-247-5915.
- 28-29 **Santa Rosa Winter Precision Classic/1st Pacific-Western International Precision Team Skating Competition**, will be held at the Redwood Empire Ice Arena, 1667 West Steele Lane, Santa Rosa, CA 95403. For information contact: Terrie Gershman, 707-523-4523, Lois Benson, 707-528-1924, or Nola Joy Carello, 916-362-6477.

### FEBRUARY

- 4 **The Seventh Annual Calgary Rose Bowl Precision Skating Competition**, hosted by the Calalta Community FSC, at the Father David Bauer Arena, Calgary, Alberta, Canada. All categories welcome. For information contact: Mrs. Donna Cardwell, Chairman, 71 Mid-

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- 4-5 **Winterfest III International Precision Competition**, sponsored by the Buffalo SC, at the Buffalo Memorial Auditorium, Buffalo, NY. For information contact: Beth Ruddy, 1141 Delaware Ave., Buffalo, NY 14209, 716-886-0729.
- 10-12 **Marquette International Open**, competition sponsored by the Marquette FSC, at the Lakeview Arena, Marquette, MI 49855. For information contact: Robert Hampton, 1512 Lynn Avenue, Marquette, MI 49855, 906-228-6678.
- 10-12 **North Country Figure Skating Competition**, sponsored by the St. Cloud FSC, at the St. Cloud Municipal Sports Center, St. Cloud, MN 56301. For information contact: Janet Wheeler, 612-252-9554.

### MARCH

- 4 **1989 Skate at the Park**, sponsored by the Spokane FSC, at the Riverfront Park Ice Palace, Spokane, WA. Sanctioned non-qualifying freestyle competition featuring Pre-Preliminary through Novice events. For information contact: Kay Gill, 1-800-456-3AAA.

- 3-5 **14th Annual Creve Coeur Figure Skating Competition**, sponsored by the Creve Coeur FSC, at the Creve Coeur and Queeny Park Ice Arenas, MO. Freestyle, Compulsory Moves, Pairs, Figures, Interpretive, and Dance events. For information contact: Shirley Sisson, 106 Morewood Dr., Manchester, MO 63011, 314-394-4947.
- 3-5 **That's Entertainment**, ice show sponsored by the New Ulm FSC. 150 skaters in comedy, group, and special numbers. Guest appearance by Olympic skater Grzegorz Filipowski. For information contact: Kaye Green, R.R. 5, New Ulm, MN 56073, 507-354-5708.
- 10-12 **Niagara International Competition**, sponsored by the Buffalo SC, at the Dann Memorial Rink, Buffalo, NY. Singles, Dance, and Precision events. For information contact: Beth Ruddy, 1141 Delaware Ave., Buffalo, NY 14209, 716-886-0729.
- 11 **Pittsfield Invitational Competition**, sponsored by the Pittsfield FSC, at the Pittsfield Boys' Club Rink, 16 Melville St., Pittsfield, MA 01201. Freestyle, Dance Solo, and Showcase events. For

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16-19 **17th Annual Ice Travaganza**, ice show sponsored by the Wyandotte FSC, at the Yack Arena, Wyandotte, MI. For information contact: Mary Chapman, 313-675-5874.

18-19 **Test Session**, sponsored by the FSC of Watertown, at the Watertown Ice Arena, William T. Field Drive, Watertown, NY 13601. For information contact: Kathy Lupia, Test Chairman, 315-782-0581.

30-4/2 **WIM Competition**, sponsored by the Greater Milwaukee FSC Juniors. Freestyle, Figures, Compulsory, Pairs, and Dance events. For information contact: Ralph Dahlman, 4764 So. 39th St., Greenfield, WI 53221, 414-282-3948.

31-4/2 **1989 Worcester Open**, sponsored by the SC of Worcester, at the Worcester Skating Rink, 284 Lake Ave., Worcester, MA. Figures, Freestyle, Compulsory

Moves, and Showcase events; Beginner through Senior levels. For information contact: Cynthia A. Bernier, 33 Sycamore St., Millbury, MA 01527, 508-865-5349.

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1-2 **Annual Ice Show**, sponsored by the FSC of Watertown, at the Watertown Ice Arena, William T. Field Dr., Watertown, NY 13601. For information contact Linda Sherman, 315-788-5912.

15 **Tina Furlong Memorial Exhibition**, sponsored by the Philadelphia SC & HS, Ardmore, PA 19003. Benefit for the Philadelphia SC & HS Competitors' Fund. For information contact: Judy Altschuler, 215-642-8700.

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# Laurels

*Skating congratulates the following skaters who have passed USFSA tests in figures, pair, and dance. Only completed dance tests, rather than individual dances, are recorded below.*

New Test Abbreviations are as follows: PRE = Preliminary Figure; 1 = First Figure; 2 = Second Figure; 3 = Third Figure; 4 = Fourth Figure; 5 = Fifth Figure; 6 = Sixth Figure; 7 = Seventh Figure; 8 = Eighth Figure; PF = Preliminary Free; JF = Juvenile Free; IF = Intermediate Free; NF = Novice Free; JRF = Junior Free; SRF = Senior Free; PPR = Preliminary Pair; BPR = Bronze Pair; SPR = Silver Pair; GPR = Gold Pair; P DT = Preliminary Dance Test; BR DT = Bronze Dance Test; PS DT = Pre Silver Dance Test; S DT = Silver Dance Test; SFD = Silver Free Dance; PG DT = Pre Gold Dance Test; G DT = Gold Dance Test; GFD = Gold Free Dance; I DT = International Dance Test; B ADT = Bronze Adult Dance Test; PS ADT = Pre Silver Adult Dance Test; S ADT = Silver Adult Dance Test; PG ADT = Pre Gold Adult Dance Test; G ADT = Gold Adult Dance Test.

## **GOLD FIGURES**

Allison Dubin, Queen City FSC; Amy Jaramillo, Rocky Mountain FSC; Amy Parkes, Silver Blades SC of Rockland; David Warnke, Wissahickon SC; Hilary Olney, Detroit SC; Jennifer Leng, SC of Boston; Kimberly Neuman, FSC of Minneapolis; Kristin Van Loon, Skokie Valley SC; Lauren Levin, SC of Van Nuys; Lisa Demus, Warwick Figure Skaters; Lynette Lagmay, Lakewood WC; Lynn Mooney, Wissahickon SC; Mary Anne Morgan, Atlanta FSC; Michelle Pelzel, Fraser FSC; Nicole Rae Wolf, Shaker FSC; Samantha Baiman, Hershey FSC; Sara Mulholland, St. Moritz ISC; Sarah Bowen, SC of Hartford; Tamara Kuchiki, Los Angeles FSC; Tracey Lissner, FSC of Rockford; Victoria Gibson, Seattle SC.

## **GOLD FREE**

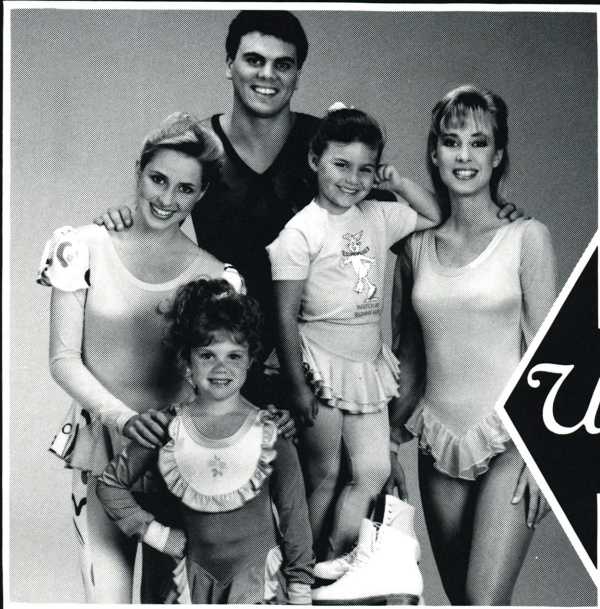
Amy Jaramillo, Rocky Mountain FSC; Bidisha Mukherjee, Pittsburgh FSC; Byron Darden, Professional, Christopher Mitchell, Los Angeles FSC; Dawn Gardunia, Lakewood WC; Hilary Olney, Detroit SC; Jane Wick, Philadelphia SC & HS; Jill Kombeitz, Broadmoor SC; Karen Terry, Los Angeles FSC; Kathleen Loversky, DuPage FSC; Kathleen Weiner, Professional; Lori Ann Wells, FSC of Rockford; Melia Heimbuck, Rocky Mountain FSC; Samantha Baiman, Hershey FSC; Sara Mulholland, St. Moritz ISC; Tamara Kuchiki, Los Angeles FSC; Tammie Rizzo, Skokie Valley SC.

## **GOLD PAIR**

Alexander Enzmann, La Jolla FSC; Elizabeth Chabot-de Lorme, Magic City FSC; James Webb, Los Angeles FSC; John Denton, Arctic Blades FSC; Kenna Bailey, Utah FSC; Wendy Lee Weston, Yarmouth IC.

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**ALPINE SC:** PRE-Felicia Garcia. 1-Anita Schiller, Chloe Ruggles. 4-Jillian Schillaci. PF-Felicia Garcia. JF-Leslie Brewer. IF-Jaimee Dworkin. NF-Lisa Bryson. PS DT-Jillian Schillaci.

**SC OF AMHERST:** 7-Michelle Hendrick. PF-Jennifer Schott, Kristin Barstow. IF-Brietta Del Manzo. JRF-Holly Kent.

**AMHERST SC:** P DT-Christine O'Brien, Maëve Holenski, Martha Buyer.

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**ANN ARBOR FSC:** PRE-Anna Wall, Maia Fisher, Phyllis Ward. 4-Amilynn Maki, Deanna Kremkow. PF-Anna Wall, Donna Bitleris, Maia Fisher. JF-Kristina Schreck.

**ARCTIC BLADES FSC:** 3-Tricia Kawaguchi. 4-Golnaz Movafaghi, Jennifer Cho. 7-Bridgette Flaherty. NF-Golnaz Movafaghi, Jennifer Cho. P DT-Jennifer Walters. PS DT-Lisa Neville.

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**ARROWHEAD FSC:** PRE—Miki Gallagher, Monique Hughes, Robyn Ann Risch. 1—Melissa Stinson. PF—Miki Gallagher, Monique Hughes, Robyn Ann Risch.

**ASPEN SC:** PRE—Erin Connolly, Talitha Schiller. 2—Tara Beth High. PF—Alexandra Davies, Sabrina Burnett. JF—Eliza Flug, Tara Beth High. P DT—Georgia Smith. BR DT—Tara Beth High.

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**ATLANTIC CITY FSC:** P DT—Ma Gee Lindinger.

**AUSTIN FSC:** PRE—Kristen Heaney, Leigh-Ann Winborn. 1—Kathryn Smith. 2—Kjirsten Diltz. 4—Alicia Berens. 7—Blyth Weber. PF—Kristen Heaney, Leigh-Ann Winborn. JF—Bea Tran, Kjirsten Diltz, Lorena Loera. NF—Anna Waddell. JRF—Blyth Weber. BR DT—Dawn Whalen, Lorena Loera. PS ADT—Beverly O'Malley.

**BABSON SC:** JF—Rachel Ann Kell. IF—Kelly Boudreau. PS DT—Kimberly Johnson.

**BALTIMORE FSC:** 4—Jennifer Alpine. 5—Michele Shannon. IF—Kiersten Sistik. P DT—Jeannine Franz, Timothy Parker. BR DT—Timothy Parker.

**ICE CLUB OF BALTIMORE:** PRE—Julie Samuel. PF—Julie Samuel. JF—Alice Martin.

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**BEAVER COUNTY FSC:** 3—Mary Daquila. JF—Amy Lynn Carothers. BR DT—Jill Infield. PS DT—Jennifer Gray.

**BEMIDJI FSC:** 4—Lori Jean Haluptzok. NF—Laurie Miller, Lori Jean Haluptzok. PG DT—Jennifer Diffley.

**BERKLEY ROYAL BLADES FSC:** 2—Ericka Jackson, Julie Woelke, Rachel Cope. PF—Kari Goldman. BR DT—Jaimi Tarnow, Janna Grossmann.

**BINGHAMTON FSC:** BR DT—Shira Katz.

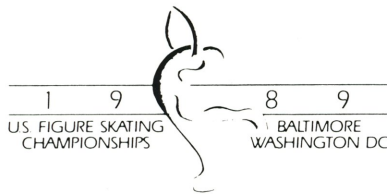
**BIRMINGHAM FSC:** PRE—Janice Rock. 1—Cathy Morrow, Rosemary Strouss. 2—John Zimmerman IV. PF—Christy Downs. JF—Cathy Morrow, John Zimmerman IV. IF—John Zimmerman IV. P DT—Janice Rock.

**BLADE AND EDGE FSC OF OMAHA:** PRE—Diane Davis. 1—Bernadette Fiscaro, Kristy Siedlik. 2—Kjirsten Jessen. 5—Brenda Eby. PF—Diane Davis, Janet Bell, Rachel Suarez. PS DT—Brenda Eby.

**FSC OF BLOOMINGTON:** IF—Jacquelyn Simchuck.

**BORDER BLADES FSC:** 1—Elizabeth Haskell. PF—Jennifer Demaine. JF—Janel Anderson. IF—Kristine Collette, Paula Woutat, Pene Gjerswold. P DT—Elizabeth Haskell. PPR—Angela Davidson.

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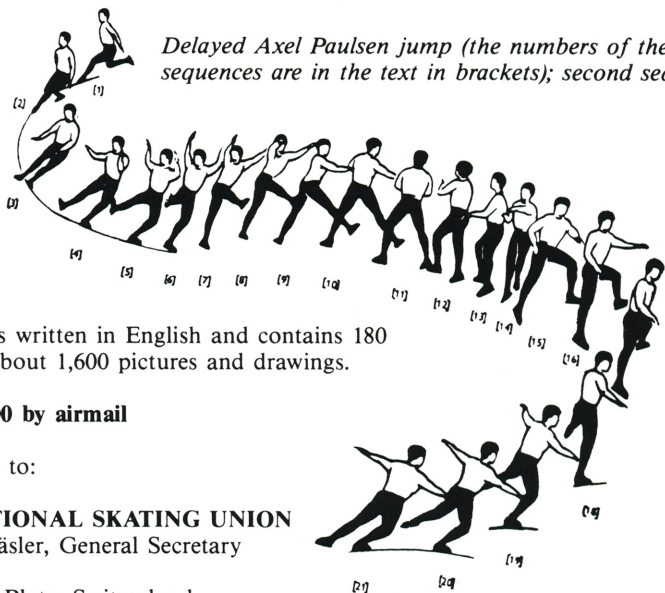
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**BRIDGEPORT SC:** 1—Elizabeth Morgan. P DT—Elizabeth Morgan.

**BROADMOOR SC:** PRE—Andrea Weber, Sallie Padgett, Sarah McClenahan. 1—Christine Kollen. 3—Linda Wang, Megan Austin, Nichole Belford. 4—Jennifer Heurlin, Jennifer Malman, Melissa Getrost. 6—Katherin Williamson. PF—Erica Ryan Bianco, Rebecca Blackburn, Sallie Padgett. IF—Megan Austin, Nichole Belford. NF—Karri Ann Cass, Melissa Getrost. P DT—Christiana Kelly. BR DT—Karri Ann Cass. S DT—Pamela Wells.

**BUFFALO SC:** 1—Meagan Ball. 4—Megan Huler. NF—Megan Huler.

**BURNSVILLE-MINNESOTA VALLEY FSC:** PRE—Andrea Pelletier, Bridget Murphy, Jaime Engelbrecht. 1—Kristel Scheer. 3—Christina Waters, Curtis Socha. 4—Gretchen Stump. 5—Gwen Koolmo. 7—Davina Young, Seven Lueder-Powers. PF—Andrea Pelletier, Bridget Murphy, Jaime Engelbrecht. IF—Krista Heide. JRF—Davina Grindstaff. P DT—Dacia Lyons. BR DT—Gwen Koolmo, Ross Lyons. S DT—Davina Young.

**CAMILLUS FSC:** PS DT—Brook McFadden.

**CANTIAGUE FSC:** PRE—Theerathav Srithavaj. 1—Linda Lester. 3—Pamela Erlanger. JF—Michelle Gerdin. IF—Pamela Erlanger. NF—Melissa Monti.

**CAPE COD SC:** P DT—Kathleen Britton.

**CAPITAL CITY FSC:** PRE—Brenda Erwin. PF—Brenda Erwin.

**CAROUSEL FSC:** PRE—Christine Sugiyama. PF—Christine Sugiyama. JF—Chisato Terakura.

**CASPER FSC:** 2—Rojan Woodley.

**CENTENNIAL SC:** PRE—Heather Dunn, Jaime Lynn Cozzolino, Kathleen Conway. 1—Abigail Lester, Amy Rodas, Scott Boese. 2—Melissa Goss. 3—Deborah Dominy, Samantha Morse. 5—Krista Lee Warner. PF—

Heather Dunn, Janet Allen, Lynsey Long, Sharran Welty. JF—Chantel Wipprecht, Marjorie Boese. NF—Audra De Vries. P DT—Amy Rodas, Janet Allen, Sharran Welty. PPR—Scott Boese. BPR—Scott Boese.

**CENTRAL FLORIDA FSA:** 1—Kimberly Calhoun. 2—Samantha Tulino. JF—Debra Clark, Samantha Tulino. **CHAMPLAIN VALLEY SC:** JF—Mary Bouffard, Mary Bouffard. P DT—Mary Bouffard. PPR—Mary Bouffard. **CHARLOTTE FSC:** 1—Thida Chokloikaew. 6—Melinda Walls. JF—Gina Deleon, Maggie Chokloikaew. IF—Lorelei Deleon. PS DT—Melinda Walls.

**CHARTER OAK FSC:** 2—Diana Oparowski.

**CHICAGO FSC:** PRE—Courtney Bagge, Dana Meyerson, Lydia Heenan. 3—Courtney Brickman. 5—Victoria Pietrasik. 6—Julie Roche. 7—Mary Lou Bauer. PF—Courtney Bagge, Dana Meyerson, Lydia Heenan. JF—Kimberly Peckler. IF—Erin Moorad. NF—Victoria Pietrasik.

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**CHRISTMAS BROOK FSC:** PRE—Danielle Steele, Shauna Quinn. 2—Alison Behr. PF—Danielle Steele, Shauna Quinn.

**CLEVELAND SC:** JF—Heather Nowak, Sarah Blackford. P DT—Heather Nowak, Molly Nook. BR DT—Rebecca Horst.

**CLINTON FSC:** PRE—Abraham Bosch, Elizabeth Hartman, Nicole Austin. 3—Megan Knoeller. 7—Kim Knoeller. JF—Christy Griffin. P DT—Bridget Bohn.

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**COLONIAL FSC OF MA:** PRE—Joan Labrosse, Kimberlie Thibeault. 3—Hannah Shallice, Nancy Velez. PF—Christina Bethke, Joan Labrosse. JF—Karen Gunther. NF—Christine Janas. PPR—Jim Staley, Jr., Lena Wilensky.

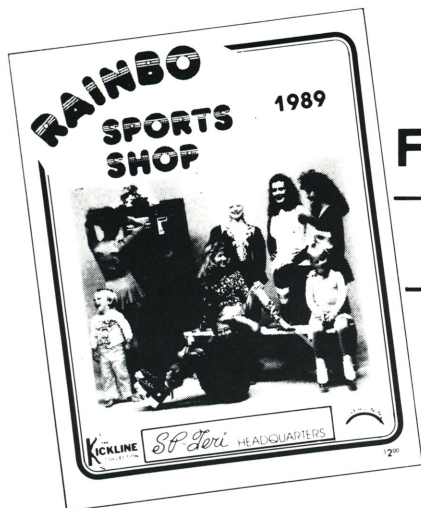
**COLONIAL SC OF NJ:** PRE—Tiffany McFadden. 3—Ana Maria Krebs. 4—Jennifer Farruggio. 6—Shirl Cattani. IF—Ana Maria Krebs. NF—Heather Castor. P DT—Angela Edwards. S DT—Heather Castor. PS ADT—Margret Simonovich.

**COLORADO SC:** PRE—Katy Traeger, Stephanie Agler. 1—Jill Ahlbrecht. 2—Kristen Agler, Melissa Schetter. 3—Leah Hardy. 6—Angela Walchuk. 7—Grant Rorvick. PF—Katy Traeger, Stephanie Agler. IF—Maureena Ollendorf.

**COLUMBIA FSC OF MD:** 2—Courtney Gentile. 4—Laura Novak.

**COLUMBINE FSC:** 1—Emily Stevinson. PF—Kristin Van Scoyk.

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**COTTONWOOD HEIGHTS FSC:** PRE–Lucas Turner, Mackenzie Baltz, Paula Gully. 1–Brad Smith. 2–Alicia Christians, Crista Lym, Darcie Poulsen, Debbie Zahniser. 3–Eddie Gornik. 4–Danielle Richards, Sara Lisa Rosevear. 6–Darcy Hunt. PF–Lucas Turner, Mackenzie Baltz, Paula Gully. JF–Alicia Christians, Crista Lym, Darcie Poulsen, Debbie Zahniser, Emily Boyd. IF–Melanie Messinger. NF–Danielle Richards, Sara Lisa Rosevear.

**COUNTRYSIDE FSC:** PRE–Erin Ritchie, Jennifer Tew, Shannon Edens. PF–Elizabeth Leroux, Erin Ritchie. **CREVE COEUR FSC:** PRE–Kelly Lynn Jones. 1–Heather Ehre, Matthew Buttrey, Stephanie Flaten. 4–Tara Fuchs. 5–Emily Baer, Mary Jo Freeman. PF–Kelly Lynn Jones. S DT–Joy Edelbrock.

**DALLAS FSC:** PRE–Christina Bemrich, Matthew Guggenheim, Melissa Carroll, Victor Guggenheim. 1–Mary Turk. 5–Diana Velasco. 6–Chris Browne. 7–Lisa Dierschke. PF–Christina Bemrich, Matthew Guggenheim, Melissa Carroll. P DT–Matthew Guggenheim. BR DT–Diana Velasco.

**DARIEN SC OF SOUTHERN CT:** 1–Jennifer Bradbury, Lisa Giannattasio. 2–Jill Erica Geter, Laurie Bankowski. 4–Wendy Semsel. PF–Catherine Henningsen. JF–Jill Erica Geter. IF–Wendy Semsel. BR DT–Jill Erica Geter. **SC AT DARTMOUTH:** P DT–Alison Japikse.

**UNIVERSITY OF DELAWARE SC:** PRE–Doris Juhnden, Kimberly Makowiak, Lora Prange, Natalie Tentor. 1–Maria Whalen. PF–Deborah Koegel, Heather Sparks, Jaime Lyn Rosser, Jessie Bass. JF–Rachel Gamza. P DT–Colleen Mullins, Jonathan Nichols, Michele Wample. BR DT–Eileen Dobbins, Stephanie Crawford. PS DT–Cindy Bobish, Leslee Davis. S DT–Dana Murphy.

**DENVER FSC:** PRE–Alyson Blomquist, David White, Heidi Von Tongeln, Kathryn Webb, Molly Kinne. 1–Amy Haberkorn, Heather Koyama, Jasmine Koyama, Jillaine Hutchings, Kelly Koyama. 3–Shara Jones, Susan Curtis. 4–Alyson Bailey. 7–Beth Ann Hendricks. PF–Heidi Von Tongeln, Kathryn Webb, Kimberly Oberhamer, Shannon Garrett. JF–Ashley Douglas, Betsy Baxa, Christine Dumas, Sarah Nelson. NF–Alyson Bailey, Leslie Salbenblatt, Rachel Cochran, Valerie Hardaway. PS DT–David White. PPR–James Becker, Rachel Cochran.

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## Judges' Forum

Continued from page 31

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Remember, judging is not for everyone, but for those who wish to become involved, I can guarantee you that the benefits, though not monetary, are valuable and rewarding. Come try and you may just discover a whole new dimension to our sport.

*Patricia French is a USFSA National Figures and Dance Test Judge and a National Figure, Dance, and Precision Judge, and an International Judge for figures and dance. She is Eastern Sectional Vice Chairman for Dance Judges.*

**DIAMOND EDGE FSC:** PRE—Mary Brooks, Melanie Welch. 1—Jennifer Beard, Monica Jackson, Timothy Harthcock. PF—Mary Brooks.

**DULUTH FSC:** 3—Bridgit Ryan. IF—Bridgit Ryan. NF—Kendra Anderson.

**DUPAGE FSC:** PRE—Angela Mui, Brandon Prosansky, Cherie Strzelecki, Geraldine Majait, Irma Majait, Jessica Scanlan, Karin O'Donnell, Katie Kovacevich, Sandy Klein, Sheleen De Lockery. 1—Amy Summers, Amy Gayle Rappaport, Chanel Paulsen, Jamie Zawislak, Kathy Froeberg. 2—Alison Gabor, Christopher Calayag, Elizabeth Du Sold, Inna Smirnova, Jaime Kalnicky, Jennifer Caligiuri, Kim Quitter, Sherie Ballantine. 3—Amy Pomerich, Amy Duitsman, Kathryn Moser, Kim Lusenhop. 4—Jay-R Cochon, Nicole Di Paolo. 5—Cindy Ira Caraos, Kristi Ventura, Michelle Krofel. 6—Courtney Fleisher, Julie Ellison, Kristin Clark. PF—Alexander Paterakos, Amy Leafman, Angela Mui, Brandon Prosansky, Cherie Strzelecki, Geraldine Majait, Irma Majait, Karin O'Donnell, Katie Kovacevich, Sandy Klein, Sheleen De Lockery. JF—Jaime Kalnicky, Jennifer Caligiuri, Kathy Froeberg, Michelle Kliman, Nicole Bunge, Sarah Nedrow. IF—Amy Pomerich, Kathryn Moser, Kim Lusenhop, Marybeth Brady. NF—Jay-R Cochon. JRF—Courtney Fleisher, Julie Ellison. P DT—Amber Wiener. PPR—Kimberly Callahan.

**DUTCHESS FSC:** PRE—Karina Pavlov, Leigh Du Moulin. PF—Karina Pavlov, Leigh Du Moulin, Tia Thomsen.

**EAGLE RIVER FSC:** PRE—Cariann Lindberg, Jessica Niemi, Kelly Dreger, Kurt Dreger, Stacey Joki. 1—Amanada Matkke. PF—Samantha Barrick, Stephanie Savel. JF—Stephanie Savel, Susan Nackers. P DT—Cariann Lindberg, Jennifer Otte, Jessica Niemi, Kari Leveille, Kelly Dreger, Kim Leveille, Kurt Dreger, Lisa Lindberg. BR DT—Susan Nackers. S DT—Nicole Boyer. PPR—Kurt Dreger, Stacey Joki. SPR—Scott Chiamulera.

**EAU CLAIRE FSC:** PRE—Emma Atkinson, Heather Fitting, Nicole Soper, Stacy Sparks. 1—Amy Kirchner, Heather Kolve, Melissa Pritchett, Stephanie De Cesare. 2—Annmarie Anderson, Ginny Kolve, Kara Sutphen, Stacey Anderson. PF—Emma Atkinson, Heather Fitting, Nicole Soper, Stacy Sparks. JF—Annmarie Anderson, Ginny Kolve, Stacey Anderson, Stefanie Hahn.

**EDEN PRAIRIE FSC:** 1—Lindsay Brown, Su-Lyn Lye. 3—Jenny Rand. BR DT—Nadine Patterson.

**ENCHANTED MOUNTAIN FSC:** 1—Kelly Stranburg, Kim De Puy. JF—Stacey Hlasnick.

**ESCANABA AREA FSC:** PRE—Dana Boucher. PF—Dana Boucher, Kristi Darnogray. P DT—Dana Boucher.

**ESSEX SC OF NEW JERSEY:** PRE—Marylynn Murphy, Sharon Cohan. 3—Pauline Miller, Stephanie Humbert. 4—Lisa Anne Kempf. 7—Deana Crisso. PF—Marylynn Murphy. P DT—Glen Roberson, Janice Roberson, Stephanie Humbert, Tanya Silva. PS DT—Amy Ingrid Olsen.

**EUCLID BLADE & EDGE CLUB:** PRE—Ashlie Rodriguez. JF—Patricia Cerutti.

**EVANSTON FSC:** PRE—Colin Loughlin, Scott Keohane. PF—Colin Loughlin, Scott Keohane.

**FAIRBANKS FSC:** IF—Michelle Jones.

**FALMOUTH FSC:** PRE—Ashley Dratch. PF—Ashley Dratch, Ellen Donohoe, Jillian Warner, Melissa Walsh, Mikki De Palma, Sarah Brooks. JF—Kelly Geary. IF—Martha Briana.

**FERGUS FALLS SC:** P DT–Stacy Stigen.

**FLAGG POND SC:** 1–Melissa Pierce. 2–Kara Sellars. 4–Darcy Jones. PF–Mary Gallagher.

**SC OF FLORIDA:** 7–Dalilah Medel. IF–Karen Rodriquez.

**ISC FORT COLLINS:** PRE–Brandi Asido, Jennifer Visocky, Judy Bateman, Katie Jones, Laura Bowen, Stephanie Ward, Tara Smith. 1–Benjamin Andersen, Deborah Barisas. PF–Brandi Asido, Courtney Martin, Deborah Kessler, Jennifer Visocky, Judy Bateman, Katie Jones, Marilyn Sherwin, Mary Ellen Yates, Stephanie Ward, Tara Smith. P DT–Colleen McNaney, Heather Reichert, Jack Knight, Karen Roubal, Martin Roubal.

**FORT WAYNE ISC:** 2–Laura Doty. JF–Laura Doty. P DT–Sheri Stapleton.

**FRASER FSC:** PRE–Allison Sieg, Elizabeth Johnson, Jamie Steiber, Jennifer Stan, Kristen Evagelista, Renee Wilson. 1–Christine Gorsline, Kathleen Trovato, Melissa Cirillo, Merrie Krueger, Sybil Olmstead. 2–Barbara Lyon, Miki Marciniak, Nicole Grand, Stephanie Koller. 3–Mary Anne Pouutu. 4–Jennifer Jungwirth. 5–Elizabeth Daly, Kristen Desmith. 7–Michelle Dewinter. PF–Jamie Steiber. JF–Norah Guequierre. JRF–Amy Orlando. P DT–Jennifer Jozefiak. BR DT–Danielle Elliott, Michelle Dewinter, Shawn Vitale. PS DT–Michelle Pelzel, Molly Green, Norah Guequierre. S DT–Elizabeth Daly, Mary Beth Perri.

**ISC OF FRESNO:** PRE–Thomas Dias. 1–Allison McGann. PF–Thomas Dias.

**FULTON FSC:** PRE–Jeffery Eichmann. JF–Pamela Rusho. P DT–Erin Avrich. BR DT–Pamela Rusho.

**GALLERIA-HOUSTON ISC:** PRE–Diane Lai, Lesley Bujko. 1–Julie Harms, Susan Kubiak. 3–Holly Davidson. PF–Aileen Simborio, Diane Lai, Jill Wappler, Lauren Calderara, Victoria Lai, Zachary Fix. P DT–Jennifer Ehrhardt, Jill Wappler.

**GARDEN CITY FSC:** PRE–Lori Yuergens, Rachel Chambers, Sarah Niemiec. 1–Michelle Becklehamer. 2–Karen Tapper. 3–Brenda Blackmer, Jeanine Gilhool, Kasi Patterson, Lisa Medley. 4–Shelly Bialo. PF–Sarah Niemiec, Stacie Aben. IF–Kasi Patterson. NF–Shelly Bialo. JRF–Mary Chapman. PS DT–Kasi Patterson, Shelly Bialo, Stephanie Carr. SPR–Mel Chapman.

**GARDEN STATE SC:** 2–Amy Sorrentino.

**GARFIELD HEIGHTS FSC:** PRE–Kim Swallow.

**GENESEE FSC:** PRE–Janet Forward. 1–Suzanne Scoff. 3–Jennifer Markham, Katie Brown, Renee Hiltz. PF–Leigh Dessauer. IF–Susan Melville. PS DT–Margaret Asbury.

**FSC OF GEORGIA:** PRE–Catherine Taylor. 1–Anna Lina Olsen, Christian Olsen. PF–Catherine Taylor.

**GLENS FALLS FSC:** PRE–Kelly Johnston, Sarah Smith. 3–Krista Gore. 5–Maria Casals. PF–Dallas Kiyomura, Kelly Johnston, Sarah Smith. JF–Jessica Clark. BR DT–Jessica Clark.

**GLENWOOD FSC:** PRE–Kristen Johnson, Leslie Slomka, Natalie Wolenter, Rebecca McNicholas, Sherri Knapp. 1–Beatrice Paris, Erin O’Nail, Jennifer Longawa, Koren Wierzbinski, Rhiannon Tennant. 2–Bridget Beddigs, Kari Downey. 3–Jennifer Peterson. 7–Stephen Kawalko. PF–Kristen Johnson, Leslie Slomka, Natalie Wolenter, Rebecca McNicholas, Sherri Knapp. JF–Bridget Beddigs, Jennifer Skoczelas, Kari Downey, Michelle Chlopecki. IF–Rebecca Boehner. P DT–Erika White.

**GOLDEN STATE FSC:** 3–Kyle Madzoub. P DT–Sarah Lynn Conger.

**GREAT FALLS FSC:** PRE–Ginny Shema, Melina Lee, Shannon Gilligan. 1–Wendy Volkland. 7–Nicole Welsh. PF–Ginny Shema, Melina Lee, Shannon Gilligan. JF–Stephan Foley. JRF–Nicole Welsh. S DT–Michael Moog. PG DT–Nicole Welsh.

**GREAT LAKES FSC:** PRE–Allen Cauchon, Audra Cauchon, Christine Ray, Stephanie Olive. 1–Victoria Lucas. PF–Audra Cauchon, Shannon Olive, Victoria Lucas. JF–Kim Miles.

**GREATER GRAND RAPIDS FSC:** 1–Crystal Harris. 2–Sara Howland. JF–Sara Howland.

**GREATER MILWAUKEE FSC:** P DT–Kelly Ervin, Natasha Hinmon.

**GREENBRIER FSC:** PF–Jennifer Young.

**GREENSBORO ISC:** 1–Rebecca Newman. 2–Jennifer Carolan, Rebekah Gaines. 3–Jamy McDaniel, Susan Mounce. 4–Lee Boren. JF–Rebekah Gaines. IF–Jamy McDaniel, Jennifer Carolan. NF–Lee Boren. BR DT–Tiffany Hill. PS DT–Christy Wade.

**GREENWICH SC:** PRE–Jane Resor. 1–Evelyn Sprigg, Lindsay Picard, Marianne Gimon. PF–Jane Resor.

**HAMDEN FSA:** BR DT–Kristin De Podesta. PG DT–Jessica Dolven.

**SC OF HARTFORD:** PRE–Jocelyn Picone. 1–Marika Toman, Patricia Russo. 3–Nicholas Sileo, Jr. 7–Letha Ritchie. PF–Jocelyn Picone. NF–Keri Sheridan. JRF–Letha Ritchie.

**HAYDEN RECREATION CENTRE FSC:** PRE–Sarah Palombo. 1–Elizabeth Drake, Lori Hintlian. 2–Bonnie Sherman. 3–Jennifer Stone. 7–Wendy Lochridge. PF–Johanna Stoeckler, Sarah Palombo. JF–Bonnie Sherman. NF–Margaret Michaels.

**HERSHEY FSC:** 1–Michelle Nipple, Nicole Devlin. 3–Keena Wels. 5–Jennifer Young. PF–Erica Haupt, Jenifer Gephart. P DT–Emily Hooper. S ADT–Ruthanna Doerstler. PS DT–Pamela Erisman. S DT–Amy Solter. PPR–Jodi Weindel.

**HIAWATHA SC:** PRE–Amy Jo Laaksonen. SFD–Jean Marchant.

**HIBBING FSC:** PRE–Danae Pusateri. 1–Amy Holman, Erica Miliander. 4–Gretchen Kasner. PF–Jennifer Fena, Jessica Fena, Rebecca Eggert.

**HICKORY HILL FSC:** PRE–Lauren Federgreen, Rebecca McNeill. 5–Ann Marie Neto. PF–Lauren Federgreen, Rebecca McNeill. JF–Teresa Aiello. BR DT–Martha Galehouse, Megan Sandy. PS DT–Claudia Halko. S DT–Sandra Dechard. PG ADT–Sharon Daniello.

**HIGHLAND SC:** 1–Heather Fleming, Jennifer De Long. 2–Anika Ryan. 3–Lisa Rane Webster. 4–Ellen Kenny, Kristin Ellis. 5–Cinnamon Jinotti, Shelby Reinholdtsen. 6–Charles Rasmussen. IF–Tawnya Smith. NF–Kristin Ellis, Sandy Sandstrom. P DT–Carissa Green, Heather Fleming, Jenny Thompson, O. Curtis Tucker. BR DT–Kyle Wintermute. PS DT–Cary Loughlin. PS ADT–Randa Wintermute.

**SC OF HINGHAM:** PRE—Amber Wigmore. 1—Kerry Wehter. 2—Marisol Perry. JF—Michele O'Brien. IF—Kelly-Ann Carr.

**HOUSTON FSC:** 1—Stephanie Hall. 2—Mary Pat Scheltz. PF—Stephanie Hall. JF—Karen Kincade.

**HUDSON-MOHAWK FSC:** 1—Jo Ann Potrzuski. 3—Jessica Randall. 7—Christine Alexander. PG DT—Elisa Garvey.

**HUNTSVILLE FSC:** PRE—Keith Schonrock III. 2—Danny Tate, Dutchie Wine. 3—Mia Rodgers, Teresa Love. 4—Julie Boyleston, Mia Rodgers, Sarah Beth Simpson. 5—Sarah Beth Simpson. PF—Keith Schonrock III. IF—Danny Tate. NF—Julie Boyleston, Sarah Beth Simpson.

**I & B CLUB OF WASHINGTON:** PRE—Jenna Smith, Jennifer Cobert, Kimberly Miller, Leslie Hwang, Lynne Hoak, Rachel Friede. 1—Rojan Quarles. 2—Betsy Templin, Jamie Markovich. 5—Lisa Gefsky, Rachel Srinivasagam. 6—Carrie Ann Bacasa, Robin Pilossoph. PF—Carrie Nolan, Jennifer Cobert, Katie Goetz, Kimberly Miller, Leslie Hwang, Rachel Friede, Tracy Ohm. JF—Ann Searfoss, Benjamin Hwang, Jennifer Flaggs, Meredith Shuster, Tara Tafi. IF—Jamie Mulder, Rachel Srinivasagam. NF—Alvin Steffey, Jr. P DT—Benjamin Hwang, Jamie Markovich, Jamie Mulder, Keri Holton, Molly Castille, Rojan Quarles. BR DT—Sally Menzel. PS DT—Rachel Srinivasagam. S DT—Araan Goldstein.

**ICELAND FSC OF HOUSTON:** P DT—Julia Suchman, Paul Smith, Jr. BR DT—Carol Kilgore, Julia Suchman.

**ISC OF INDIANAPOLIS:** PRE—Abigail Dean, Debbie Poole, Heather Dean, Jeff Ryan Burke, Suzanne Seaman. 1—Carolyn McDonald, Natalie Dawe. 2—Christine Seaman, Laura Morrison, Lisa Duval, Megan Elliott, Melis Ecer, Michelle Poley. 4—Andrea Johnson, Eric Meier, Mary Ann Bender, William Widmeyer. 5—Eric Meier, Holly Thomsen, Melissa Morris. PF—Ann Gisler. JF—Kristin Carlton. IF—Katy Sparks, Laura Morrison. NF—Eric Meier, Mark Patterson. P DT—Natalie Dawe. I DT—Sigrid Haesloop. BR DT—Megan Elliott.

**INTERNATIONAL FALLS FSC:** P DT—Rebecca Lindgren.

**JAMESRIVER FSC:** PRE—Corinne Watson, Michelle Watson, Michelle Fox, Monique Sanders. 1—Dana Dwyer, Jennifer Keller. JF—Jennifer Keller. IF—Dana Adams. P DT—Jackie Ulrich, Jonathan Herseht, Melissa Karnik, Michelle Fox. BR DT—Andrea Duleh, Gina Bianco, Michelle Watson. S DT—Misti Schlager.

**JAMESTOWN SC:** JF—Melissa Moore. NF—Jody Propheter.

**JANESVILLE FSC:** 1—Brandi Nicholson, Scott Sarbacker. 2—Lloyd Sarbacker, Taryn Collins. 3—Tanya Noel Street. 5—Tisha May Lacuesta. JF—Lloyd Sarbacker. IF—Michelle Voracka, Tanya Noel Street. NF—Tisha May Lacuesta.

**KALAMAZOO FSC:** 2—Samantha Berger, Tracy Leverage.

**KANSAS CITY FSC:** PRE—Kimberly Firestone. 4—Bridget McMeel. PF—Kimberly Firestone. JF—Deborah York. NF—Bridget McMeel.

**KENT SC:** 4—Scott Sheets. BR DT—Heather Newmark.

**LA JOLLA FSC:** 1—Jill Lewis, Natalie Cruz. 4—Joanna Gibbs, Wendy Merry. 6—Lisa Szytel. NF—Joanna Gibbs, Wendy Merry.

**LAKE MINNETONKA FSC:** PRE—Rachelle Muehlberg. 1—Kate McCall. 7—Michelle Forner. PF—Rachelle Muehlberg.

**SC OF LAKE PLACID:** 3—Miriam Gelfand. 5—Kelly Herrington. 7—Allyson Fish, Victoria Mohr. IF—Miriam Gelfand. JRF—Sian Matthews. PS DT—Amy Agnew, Julie-Anne Frank. PG DT—Aileen Kelly. PPR—James Paul Binnebose II.

**LAKE REGION SC:** PRE—Sheyna Henry, Wendy Senger.

**LAKEWOOD WINTER CLUB:** PRE—Michele Taylor. 1—Heidi Pelander, Megan Wendt, Patricia Haines. 2—Michelle Kurtz. 3—Sonya Rieger. 5—Stephanie Rose. 6—Jessica Markham. PF—Michele Taylor. IF—Sonya Rieger. NF—Stephanie Rose. P DT—Tamsen Woods. BR DT—Heather Benedict. PS DT—Kelly May Moller. S DT—Kaia Halvorson, Leanne Highsmith.

**LANSING SC:** 1—Sheryl Elliott.

**LAS VEGAS FSC:** 1—Claire Di Pinto. IF—Ellen Sheld. P DT—Ellen Sheld.

**LAUREL RIDGE SC:** BR DT—Rachel Wilmot.

**LILAC CITY FSC:** PRE—Meegan McDonald. 1—Randee Brewer. 2—Amber Horrocks, Nicole Holland. 3—Heather Miller. 5—Stacie Bowerman. PF—Meegan McDonald. JF—Nicole Holland.

**LINCOLN CENTER FSC:** 1—Jennifer Woodruff, Judith Gaskins, Matthew Kessinger. 4—Brittany Michael. 5—Jennie Ann Pitman. IF—Rebecca Coleman, Stephanie Neal. NF—Brittany Michael. JRF—Janel Geary.

**LITTLE SUN VALLEY SC:** 2—Elizabeth Monast. 4—Heidi White, Sharon Wissel. PF—Alanna Terhune. JF—Amelia Bourdeau. IF—Amy Ross, Sarah Parker. NF—Lisa Gramada, Sharon Wissel. BR DT—Heidi White.

**LONE STAR FSC:** PRE—Arin Dorris, Ebonie Hughey, Elizabeth Larson, Jocelyn Sandoval, Katherine Mathes, Kathryn Larson, Mariko Tanaka, Monica Sandoval, Susan Wong. 1—Brandon Frank, Clarissa Reid, Hillary Rabun, Lindsey Mathes, Michelle Silver, Nora Tomlinson, Rosalyn Griffin. 3—Bryan McCarthy, Kristen Sabo, Lisa Ayoub, Mary Ann Howard, Tabitha Moore. 4—Amy Evans, Kelly Donnelly, Krissa Neathery, Kristen Brodie. 5—Rachelle Hast, Robyn Hurt. PF—Arin Dorris, Elizabeth Larson, Kathryn Larson, Mariko Tanaka, Susan Wong. JF—Bobbie Stroud, Jennifer Hung. IF—Bobbie Stroud. NF—Robyn Hurt. P DT—Alice Saatsaz, Jimmy Caskey, Stephanie Patterson. PS DT—Kelly Rypkema.

**LONG ISLAND FSC:** PRE—Dana Ferreri. PF—Dana Ferreri.

**LOS ANGELES FSC:** PRE—Chantel Le Boff, Chrisanna Lowry. 1—Amy Buccellato, Becky Herbst. 2—Amy Ritter, Amy Buccellato, Becky Herbst, Darlene Wanger, Diane Halber, Kristina Vera. 3—Azumi Sagara, Robyn Brown, Stephanie Smith. 4—Jennifer Vega, Ligaya Kinderman. 5—Akemi Kawaguchi, Ligaya Kinderman, Natasha Kuchiki, Richard Alexander, Zoe Poledouris. 6—Brandy Valencia, Natasha Kuchiki. PF—Chantel Le Boff, Chrisanna Lowry, Chrisanna Lowry. JF—Amy Ritter, Amy Buccellato, Becky Herbst, Danielle Weintraub.

Diane Halber, Kristina Vera. IF–Kimberly Bershin, Robyn Brown, Stephanie Smith. NF–Brenda Cyr, Jennifer Vega, Ligaya Kinderman. JRF–Brandy Valencia, Lauree Saba, Natasha Kuchiki. BR DT–Eric Olafson, Mary Flannery. PS DT–Jessica Posada, Jessica Mills, Karen Terry. BPR–Don Baldwin, Kathryn Vaughn.

**LOUISVILLE FSC:** PRE–Carrie Lafoe. 3–Rebecca Rice. PF–Carrie Lafoe. NF–Rebecca Rice.

**FSC OF MADISON:** PRE–Kathleen Manske, Kristin Donkle. PF–Jamie Semple, Kristin Donkle, Sarah Rounds, Thomas Mutschler.

**MAGIC CITY FSC:** JF–Dawn Feist. S DT–Kasha Wolsky.

**SC MAINE:** 3–Amy Dufour. IF–Amy Dufour. BR DT–Jerome Michael.

**MANKATO FSC:** 2–Amy Strobel, Ann Green.

**MARQUETTE FSC:** PRE–Angela Vandermissen. 1–Amanda Smith, Carey Weiss, Kelly Turnbull. 3–Christine Vandermissen. PF–Angela Vandermissen, Michelle Beaudry. IF–Christine Vandermissen. P DT–Jamie Starrett. PS DT–Carey Weiss.

**MARTHA'S VINEYARD FSC:** PRE–April Governo. 1–Beth Blankenship, Elizabeth Vail. PF–April Governo.

**MASS BAY SC:** PRE–Carrie Baird. 1–Amy Maranhas.

**FSC OF MEMPHIS:** PRE–Caia Watridge, Carrie Grays, Julie Black. 1–Caia Watridge, Candice Old, Gretchen Boerup, Mary Faith Neenan. 2–Jamie Sharpe, Kerry Hill. 3–Leah Sutton. 6–Shelby Hester. PF–Caia Watridge, Carrie Grays, Julie Black. JF–Jamie Sharpe, Kerry Hill. PPR–Jamie Sharpe.

**MENTOR FSC:** PRE–Kristen Locastro. 1–Allison Fox, Helen Kilfoyle, Julie Limon. 2–Heidi Vollstadt, Hilary Smith, Meredith Whitlock. 3–Tina Jenuleson. 4–Katie MacKinnon. 5–Dawn Thomas. PF–Anna Cadwell, Katy Powell. IF–Deborah Bradley.

**MESA VERDE FSC:** 3–Shannon Birk. 5–Joan-Ying Chang. 6–Anne Lieber, Kristine Bingham. BPR–Nancy Goodridge.

**METROPOLITAN FSC:** NF–Claudia Mirante. S DT–Claudia Sersanti.

**FSC OF MINNEAPOLIS:** PRE–Amanda Wenz, Beth Swanson, Kari Kloster, MacKenzie Wheeler, Sarah Beth Brewer. 1–Angie Kleinschrodt, Christina Zarate, Jamie Swanson, Tina Beckerleg. 2–Kelly Wald, Lara Kuepers, Lorelei Denny. 3–Naomi Anne Zuk. 4–Ann Whalen, Robin Korkki. 5–Kyia Gordon. 7–Tei Lea Kano. PF–Amanda Wenz, Beth Swanson, Darren Bray, Kari Kloster, MacKenzie Wheeler, Sarah Beth Brewer. JF–Kelly Wald. IF–Dina Katz, Naomi Anne Zuk. P DT–Menka Sethi, Rajni Sethi. BR DT–Christina Zarate, Julie Gustafson. S DT–Tei Lea Kano.

**MISSION VALLEY ISC:** PRE–Amanda Hendricks, Brandee Malto, Dalea Fong. 1–Sheri Varrelmann. 5–Sarah Smith.

**SC OF MORRIS NJ:** PRE–Kelly Evans. 1–Allison Necco, Amy Gerecke. 3–Patricia Warhol, Rebecca Cutler. PF–Kelly Evans, Kimberly Wick. JF–Kelly Murray. IF–Erica Lea Piekarski. P DT–Beverly Diering, Kelly Evans. PS DT–Nicole Piekarski, Stephanie Portnoy.

**NASHVILLE FSC:** 3–Ruth Williams. P DT–John Harrison, Regan Ann Wagner.

**SC OF NATICK:** PRE–Amy Kaufmann. PF–Amy Kaufmann. JF–Jennifer Adreani.

**NEW CANAAN WINTER CLUB:** PS DT–Victor Cocchia, Jr.

**SC OF NEW HARTFORD:** JF–Kimberly Dzialo, Matthew Breslow. IF–Jennifer Breslow. P DT–Heather Monohan. B ADT–Janet Hedel.

**NEW ULM FSC:** PF–Corrine Slood.

**SC OF NEW YORK:** 2–Savina Breslin. 6–Marianne Diliberti. 7–Alicia Raggio, Denise Williams. JF–Becky Elin, Jessica Rubin, Savina Breslin. IF–Ursula Alexander, Woomy Hahn. P DT–Jon Cantor. BR DT–Gerry Kaplan, Jennifer Grega, Joanna Tucker. S DT–Steven Rice.

**NEWBURYPORT FSC:** PRE–Kate Harrington. 2–Beth Talbot. 4–Erica Doughty. PF–Jessica Leonard. IF–Erica Doughty. P DT–Erica Doughty.

**NORTH JERSEY FSC:** PRE–Lara Sortomme, Rachel Morrillcarpenter. 1–Natalie Campaniolo, Susan Vescey. 2–Kimberly Caruso. PF–Lara Sortomme, Rachel Morrillcarpenter. JF–Annie Cortes, Danielle Messina, Susan Vescey.

**NORTH SHORE SC:** PRE–Allyn Munroe, Erin Bansfield. 1–Megan Foster, Shannon Bansfield. 4–Christine McNiff, Stephanie Solano. 5–Jennifer Redding. IF–Bonnie Good, Jennifer Perkinson, Stephanie Solano. NF–Alisa Wallis.

**NORTH SUBURBAN FSC:** 1–Angela Pratt. 2–Stacey Shepler. 4–Elizabeth Swanson. PF–Lindsey Franks. IF–Lisa Mackey. P DT–Kristin Lukezich. BR DT–Lisa Mackey.

**NORTHERN LIGHTS FSC:** PRE–Breezie Brault. PF–Amy Bang, April Johnson, Breezie Brault, Miranda Johnson. P DT–April Johnson, Breezie Brault, Miranda Johnson.

**SC OF NORTHERN VIRGINIA:** PRE–David Carpenter, Deborah Pevenstein, Nicole Andrejko. 1–Alison Thompson, Jennifer Freese, Jennifer Hall, Kimberly Lauer, Kristen Masslofsky, M. Victoria Ballard, Sarah Tushin. 2–Carey Tushin, Kyle Miller, Lori Servidea, Rebecca Hood, Shannon Weidman, Tabitha Lawrence. 3–Jennifer Nauta, Jodie Horton, Kathleen Ryan, Kristina Osten. 4–Laurel Reinhart. 5–Caitlin Mahar, Jessica Waldner, Stephanie Horn, Storey Ellis. PF–David Carpenter, Deborah Pevenstein, Nicole Andrejko. JF–Carey Tushin, Mara Buzzell, Melissa Pettus, Rebecca Hood, Shannon Weidman, Tabitha Lawrence. IF–Jennifer Nauta, Kristina Osten, Rebecca Hood. NF–Jessica Lieberman, Stephanie Horn, Tracy James. P DT–David Carpenter, Lisa Vetter, Tabitha Lawrence. BR DT–Rebecca Hood.

**OAK PARK FSC:** BR DT–Heather Kapas.

**OKLAHOMA CITY FSC:** PRE–Rachele Thompson. PF–Rachele Thompson. P DT–Jeanna Richmond.

**OLD YORK ROAD SC:** 7–Stephanie Petrich.

**OLDE MONMOUTH SC:** SFD–Eric Meier.

**FSC OF OMAHA:** PRE—Bridget O'Malley, Julie Circo. 3—Carolyn Dow. 5—Alisa Morales. PF—Bridget O'Malley, Julie Circo. IF—Jeremiah Jackson. PG DT—R. Sean Gales.

**OXFORD SC:** PF—Krista Hodson.

**PALACE FSC:** PRE—Angie Owens, James White. 2—Jamie Dominguez. PF—Angie Owens, James White. JF—Jamie Dominguez.

**PALOMARES FSC:** PRE—Cindy Rueda. 1—Charyl Dalapit. 3—Ronald Dalapit, Shirley Pang. PF—Cindy Rueda. JF—Jennifer Nathan, Michelle Nathan. IF—Ronald Dalapit.

**PASADENA FSC:** 5—Roula Tsianos.

**PAVILION SC OF CLEVELAND HGTS:** PRE—Corey Janes, Gina Tadiello, Katie Pollock, Laura Ann Oremland, Nicole Robinson, William Powell. 1—Dana Podmore, Julia Onder. 2—Carla Ticconi. 4—Lisa Hauptman. PF—Cheryl MacKay, Corey Janes, Lyn McLaughlin, Tawanda McMillion. JF—Jennifer Rodman, Lavita Hamlett, Melissa Hrabak, Renee Wilson. IF—Carla Ticconi. P DT—Corrine Miller.

**PENGUIN FSC:** PRE—Aillie McKeever. 3—Erik Nelson. PF—Aillie McKeever, Erica Checkeye. IF—Erik Nelson. NF—Heather Wagner. BR DT—Alene Maiz. S DT—Deborah Spence. PPR—Deborah Spence.

**PENINSULA FSC:** PRE—Lizzie Weisberg. 3—Andrea Massarelli. 4—Alison Choppelas. 5—Denise Myoraku. PF—Lizzie Weisberg. IF—Janelle Nelson. NF—Alison Choppelas, Christine Nubla, Deborah Jessee.

**PHILADELPHIA SC & HS:** 3—Heather Young, Lydia Morris. 7—Kathleen McBride. JF—Heather Higgins. PPR—Monica Holroyde, Rebecca Bevan.

**SC OF PHOENIX:** PRE—Brooke Reeves. 1—Amaal Islam. 4—Amy Beart, Breyan Burke, Kristi Beart, Leanne Mezey. PF—Brooke Reeves. NF—Amy Beart, Breyan Burke, Kristi Beart. P DT—Allison Ewers, Leanne Mezey, Lee Burk. PS DT—Kristen Beebe. PPR—Wendy Zoucha.

**PILGRIM SC:** PRE—Robin Fogg, Shannon McCarthy. 1—Jennifer Rich, Melissa Berube, Tina Dow. 2—Catherine Campbell. 3—Peter Abraham. PF—Shannon McCarthy. JF—Jessica Uva, Kristen Hallahan. JRF—Allison Hatch.

**PITTSBURGH FSC:** PRE—Andreaarena, Elizabeth Krajc, Kristin Moore, Philip Wolbert. 2—Alexis Menten, Bettina Jerome. 3—Michele Subbot, Nilam Sanghvi. 4—Melissa Subbot, Susan Neff. 5—Rachel Lane, Samantha Fisher. 6—Amy Neff. 7—Alyssa Miller. PF—Amy Anthony, Andreaarena, Cathy Riefer, Kristin Moore, Philip Wolbert. JF—Bettina Jerome, Heather Stubbs. IF—Linda Miller, Michele Subbot, Nilam Sanghvi. NF—Melissa Subbot, Susan Neff. P DT—Cathy Riefer. BR DT—Melissa Subbot, Michele Subbot. PS DT—Bidisha Mukherjee. S DT—Susan Neff. SFD—Rachel Lane.

**PITTSFIELD FSC:** 1—Bridget Riskey, Maat Van Uiter. 2—Julia Savacool, Karen Regan, Robert Van Uiter. 4—Shannon Hunt. 5—Kristen Decorie. 7—Nicole Laurin. PF—Susanna Douglas. JF—Julia Savacool, Robert Van Uiter. IF—Shannon Hunt. NF—Kristen Decorie. BR DT—Robert Van Uiter. PS DT—Kristen Gleason, Melisa Krzysztof. PG DT—Melinda Gomes.

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## Drug Education

*Continued from page 11*

protection of rights than to help ensure that all have the right to live? So far, the courts have upheld the rights of sports organizations to conduct drug testing programs. We must continue these programs, and continue our efforts to gain stricter standards for all of society, through the example that we as sportspersons can set.

*Dr. Voy is the USOC Director of Sports Medicine and Science and Chief Medical Officer.*

Reprinted from the *U.S. Olympic Committee Drug Education News*.

## Ricky Harris

*Continued from page 27*

eyes. However, this only works if the skater continues to practice this way. That is, every time that particular part of the program is performed, whether in warm-up, a lesson, or skating the entire program, they are thinking of that special, specific motivation.

The most ideal way, of course, is to build an entire program around a story, or an idea, or even a series of motivating thoughts, so that the expression is built into the movement, and the skater is thinking and communicating the story while skating. This will not divert concentration from technique if it is practiced this way all the time. Expression can be a learned skill and one that can turn an adequate performance into a superior one.

## Official Notes

*Continued from page 23*

Linda Fox, SC of New York  
 Heather Harris, SC of Northern Virginia

## INTERMEDIATE FIGURE TEST

Diane Conrad, Lone Star FSC  
 Dr. Sharon Rogers, Philadelphia SC & HS

## BRONZE DANCE TEST

Lynn Oros, Los Angeles FSC

## Sports Medicine

Continued from page 19

really needs the work. Try to remember, if you could not do the maneuver properly when you were healthy, it is unlikely you will be able to do it injured.

As with the more dramatic, acute injuries, the use of ice is always appropriate. Placing an ice bag on the painful area for twenty minutes after skating is completed for the day and again just before going to bed will often decrease the discomfort.

At least half of the overuse injuries that become bad enough to require medical care and result in lost skating time could have been effectively treated in the first few days if the skater had just backed off for a day or two. However, once the injury is bad enough to require medical care, then its treatment will usually involve much more than merely decreasing skating time. A program of stretching and re-strengthening the involved muscles will usually be necessary before returning to full workouts.

Most overuse injuries can be prevented by avoiding abrupt changes. Do not suddenly increase your skating time. If you are going to increase your ice time from three to five hours per day, do it over a period of a few weeks. Do not suddenly start spending all of your time on a single jump. If you are accustomed to practicing a jump twenty times a day, work up to forty times per day over the course of a week. Be careful about off-ice practicing. Your body absorbs more force when jumping on the floor than when doing the same jump on the ice. Start by doing just a few jumps and gradually increasing the number by two or three per day. Break in new boots gradually and never wait until just before competitions.

Finally, pay attention to your body. Overuse injuries nearly always give some kind of warning. If you do not listen, you will never hear it.

*Dr. James G. Garrick is a member of the USFSA Sports Medicine Committee, an orthopedic surgeon, and co-author of the book, Peak Condition — Strategies to Prevent, Treat, and Rehabilitate Sports Injuries. He is the Director of the Center for Sports Medicine, Saint Francis Memorial Hospital, San Francisco, CA 94109.*

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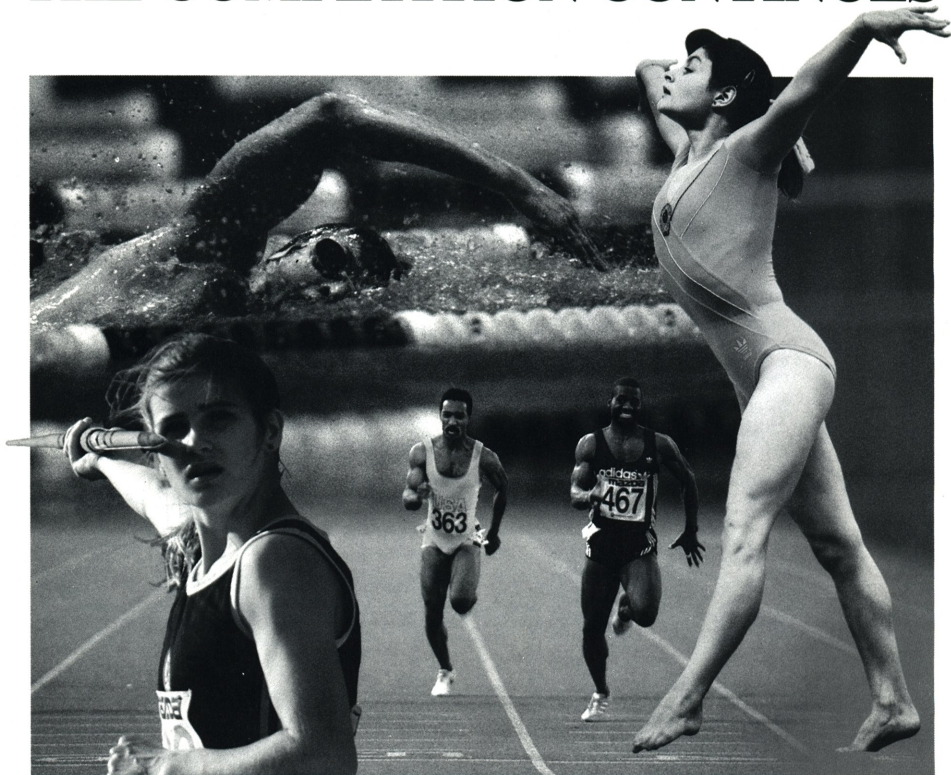
## Ice Dancing *Continued from page 8*

### For Further Information

Those interested in learning more about the Charleston can look to a number of sources of information. The public libraries in major cities have audio/visual collections, in addition to books and magazines, on ballroom dancing. For example, *The Great American Dance Machine* (1978) produced for television, contains a well choreographed Charleston from the 1950's musical, *The Boyfriend*. That and *The Spirit Moves* are currently available on film or video at the Lincoln Center branch of the New York Public Library. Those far from a major metropolis can find many popular movies of the "Roaring Twenties" genre, such as *The Great Gatsby*, *Mame*, *Thoroughly Modern Millie*, and *Funny Girl* at their local video rental store. Finally, while the Charleston is not in the international ballroom competitive repertoire, many teachers of social dancing will be acquainted with this dance.

# SEATTLE '90

## THE COMPETITION CONTINUES



The Goodwill Games. Seattle 1990. The competition continues. Over 2500 athletes from more than 50 countries will compete in the next major international multi-sport athletic event. The Goodwill Games... launched as an extraordinary vision of international goodwill through athletic

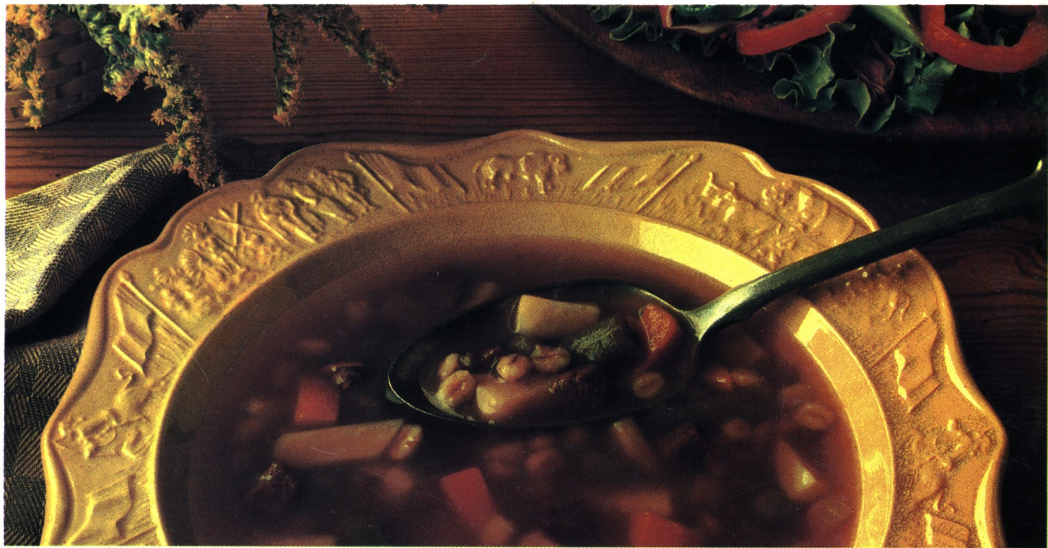
competition... unites the world's best athletes for 17 days of summer competition. The victors of Seoul. And the world's athletic elite. Going head-to-head. No trials. No heats. Every event is a final. The Goodwill Games, July 20-August 5, 1990. The countdown to triumph has begun!



# GOODWILL GAMES



*Uniting The World's Best*



# NATURAL RESOURCES

When you sit down to enjoy a bowl of Campbell's® Vegetable Beef Soup, you get much more than delicious taste. You see, we've been very resourceful about nutrition, too.

Many of Campbell's Soups are a great way to get some of the important natural resources you've been hearing about today. Like vitamin A or fiber.

In fact, more and more is being learned every day about the important role vitamin A plays in helping to build up your body's resistance, as well as its role in maintaining healthy skin and good vision. Campbell's Vegetable Beef Soup

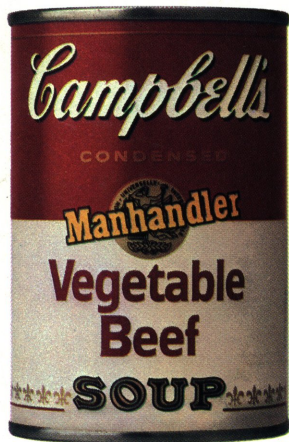
has an abundance of vegetables that are a good source of vitamin A. Just one serving will give you 40% of your daily need for vitamin A.

Campbell's Split Pea with Ham and Bacon, Green Pea and Low Sodium Split Pea Soups are all a good source of dietary fiber, which so many people are giving high priority.

It's always been true that a balanced diet including such things as a bowl of warm, delicious Campbell's Soup and fresh salad does a body good.

Now you know why.

**CAMPBELL'S  
SOUP IS GOOD FOOD**



*Fiber in a suggested serving: Split Pea with Ham and Bacon—6g; Green Pea—5g; Low Sodium Split Pea—7g. Campbell's has a full line of low sodium soups for those people who are on a salt-restricted diet or have a concern about sodium.*