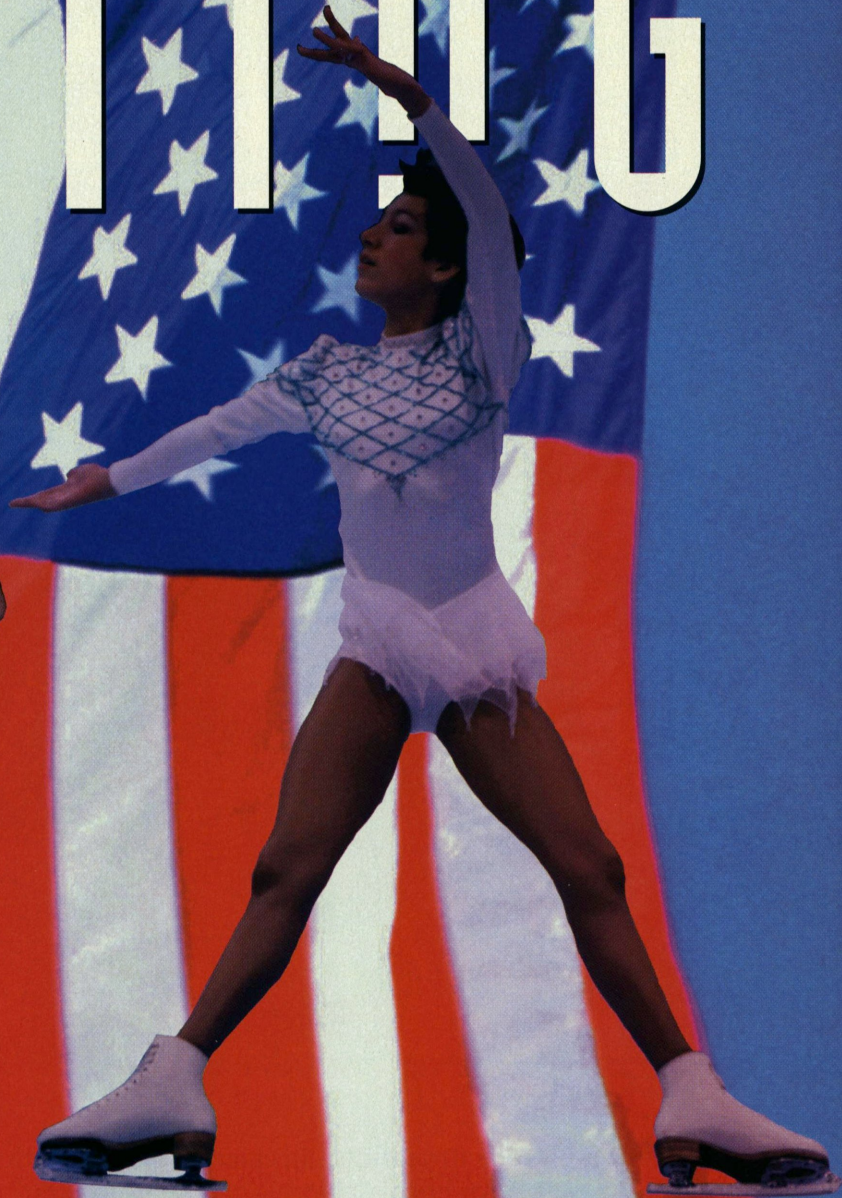
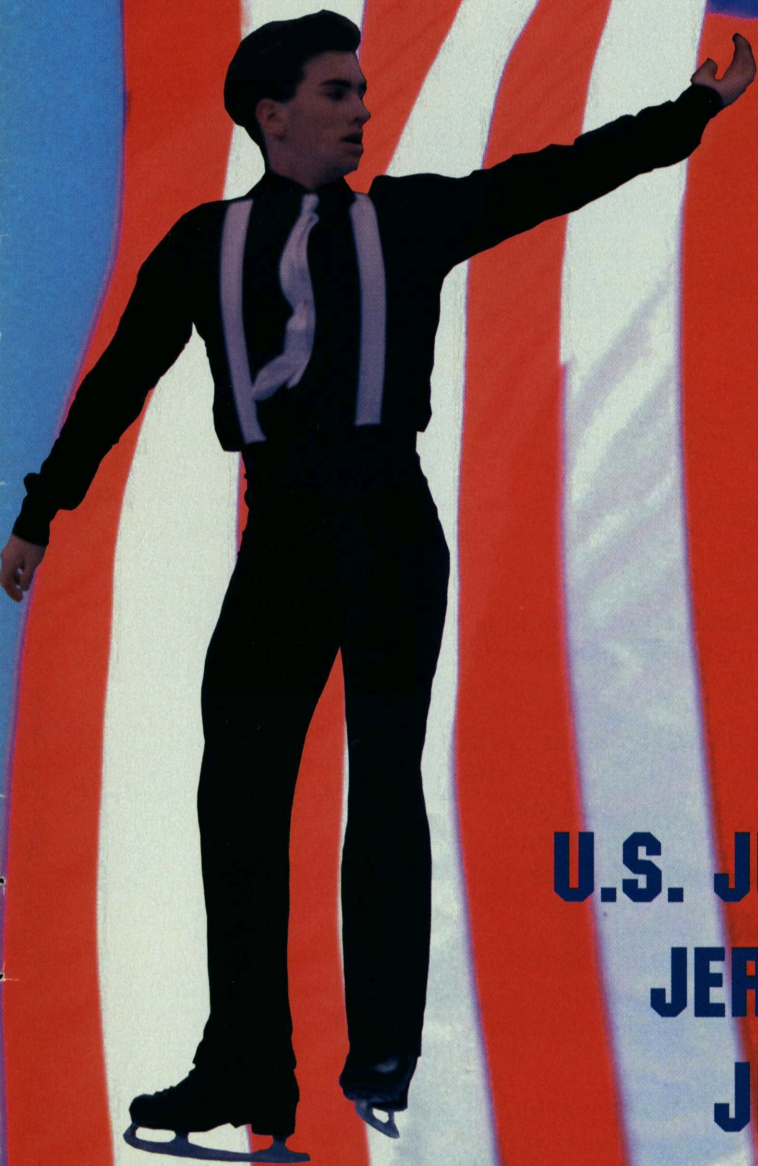


SKATING

AUGUST 1994



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U.S. OLYMPIC FESTIVAL-'94 • 45TH I.S.U. CONGRESS

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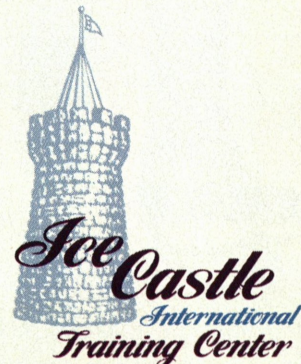
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LU CHEN OR CHEN LU?

Dear Editor:

I would like to say that I am a big fan of your magazine, first of all, but I have a rather large complaint as to content in your June 1994 issue.

Repeatedly in this issue (June 1994) you referred to China's champion (and one of my personal favorites) Chen Lu as Lu Chen. This frequent error made your magazine look unprofessional, unreliable, and uninformed. I found it disrespectful to China and Chen Lu, and ignorant; almost partial to the U.S. Pages that included this error included 18, 24 (results) and 32, however, an Ice Castle International Training Center ad, and all television telecasts in which Lu is competing refer to her as "China's Chen Lu." Please get it straight out of respect to China, Chen Lu, and your readers.

Catherine Wagner
Traverse City, Michigan

You are correct in noting that there appears to be some confusion over the ordering of Chinese skating champion Lu Chen's name in various American media. We, at Skating magazine, will defend the continued use of Lu Chen, however, as she has personally confirmed with us that it is her preference. Thanks for being a faithful reader of the magazine and please understand that we'll be glad to admit when we are wrong. In the case of Lu Chen, however, we're not.

GREAT

MALE CALL

Dear Editor:

In response to Brett Warden's letter in your June 1994 issue, here is my advice to him. He needs to get many more males interested in the sport. My daughter has been skating since she was 4 years of age, and it is pathetic how few male skaters you find throughout the years, throughout meets, etc. There are probably a thousand girls who start the sport to one male (just like in ballet). So if you want to blame somebody for the disparity look around your male friends and brothers.

I agree with you, we need many more males to join the sport!!

Ines Flax
Davie, Florida

Dear Editor:

First, I want to tell you guys you are doing a great job on the magazine. Second, I agree with Brett Warden's article "Male Skaters Deserve Equal Attention" (June's issue). Mostly all competitions on TV are girls. I too would like to know more about the guys. I skate myself, but sometimes I want to know how others are doing. One more thing, thank you for keeping us in touch with the 1994 Olympics.

Heather Werner
Derry, New Hampshire

FLIPPED FOR PHILIPPE

Dear Editor:

I am writing in response to Josephine Mahon's letter in the June 1994 edition of "Skating." I would also like to see you feature Philippe Candeloro of France. I also think he is very talented and sexy. I would like you to use a lot of pictures. I would greatly appreciate it.

I would also like to see you publish the addresses where we (skating fans) can write to our favorite skaters, both American and foreign. I am aware that the price of postage to a foreign [country] is more than in the U.S., but I don't mind. I would really appreciate it.

Thanks and keep up the great work.

Sarah Anderson
Tulsa, Oklahoma

You and other Candeloro fans will be happy to hear that a feature article on Philippe is currently in the works. You can write to him in care of the Federation Française Des Sports De Glace, 42, rue du Louve, F-75001 Paris. Fans of foreign skaters should write the USFSA Headquarters and request a list of the addresses of all the foreign federations. Letters to American skaters should be mailed in care of the USFSA. ■

SKATING

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SKATING

VOLUME 71 NUMBER 8



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COVER

1994 Junior Champions Jere Michael and Jennifer Karl hope to lead U.S. figure skating back to happy times.

MICHAEL AND KARL PHOTOGRAPHS BY MICHELLE HARVATH

Elections, eligibility top I.S.U. Congress agenda

By John F. LeFevre, I.S.U. Representative

The following highlights some of the more important legislative proposals that were enacted at the 45th Ordinary Congress of the International Skating Union, June 14-17, in Boston, Mass. Please note that rule changes, where applicable, will be incorporated into the USFSA's Competition Rules and Skating Standards Regulations and will be effective for the 1994-95 skating season.

ELIGIBILITY

1. If a skater has participated in any capacity in a competition *not sanctioned by a Member and not approved by the I.S.U.*, that skater becomes ineligible to take part in I.S.U. Championships or International Competitions.
2. If an ineligible skater wants to reinstate as an eligible skater, a request for reinstatement must be applied for through the skater's Member Federation by April 1, 1995.
3. Fixed payments may now be made either by the Member federation or the I.S.U. to competitors, officials and others in connection with preparation for or participation in I.S.U. activities. Such payments will not cause loss of eligibility.
4. Open international competitions between eligible and ineligible skaters are now permitted so long as entries are controlled by the Member federation and conducted in accordance with I.S.U. rules.

SINGLES - TECHNICAL (SHORT) PROGRAM

1. The word "technical" has been changed to "short."
2. Senior Men
 - a) Jump combinations may be double/triple or triple/triple. They may *not* be double/double.
 - b) The flying spin with change of foot and position has been deleted in favor of a *camel or sit* spin with *only one change of foot*. (5-5)
3. Senior Ladies
 - a) Triple jumps preceded by footwork are now permitted although double jumps may still be done.
4. Junior Men
 - a) Same spin change as Senior Men.
5. Junior Ladies
 - a) No change.
6. Deductions for failures in the jump combination, solo jumps and *all spins* are now the same:

Failure:	0.1 - 0.4
Omission:	0.5

 Other deductions remain as they were.

SINGLES - FREE SKATE

1. Junior Men
 - a) *Two* step sequences are now required for a well balanced program.
2. Junior Ladies
 - a) One step sequence and one spiral sequence are now required for a well balanced program.
3. New deductions: 0.1 - 0.2 both marks
 - a) lying and kneeling on the ice
 - b) Excessive turning on the knees or boots and other comparable movements.

PAIRS - TECHNICAL (SHORT) PROGRAM

SENIOR

1. The solo jump for the senior level may be a double or a *triple*.
2. In twist lifts, the lady must be caught in the air *around the waist* by the man. If a twist lutz lift is executed, a split position by the lady *must be obtained* in the air prior to landing.
3. The revolutions in the concluding upright position at the end of the solo spin (if not chosen as one of the two positions) are not to be counted.

JUNIOR

1. *The technical (short) program for junior pairs shall consist of the following required elements, divided into three groups. The groups that are effective on July 1st of each year are:*

Group A	1994 - 1995
Group B	1995 - 1996
Group C	1996 - 1997

Group A 1994 - 1995

- a) *Hand to hand loop lift take-off*
- b) Twist lift (double)
- c) *Double flip (solo jump)*
- d) Solo spin with only one change of foot and at least one change of position
- e) Pair spin combination with at least one change of position and only one change of foot (sit, camel, upright or any variation thereof)
- f) *Death spiral backward outside*
- g) Spiral step sequence
- h) Step sequence (straight line, circular or serpentine)

Group B 1995 - 1996

- a) *Toe Lasso lift take-off*
- b) Twist lift (double)
- c) *Double loop (solo jump)*
- d) Solo spin with only one change of foot and at least one change of position
- e) Pair spin combination with at least one change of position and only one change of foot (sit, camel, upright or any variation thereof)
- f) *Death spiral backward inside*
- g) Spiral step sequence
- h) Step sequence (straight line, circular or serpentine)

Group C 1996 - 1997

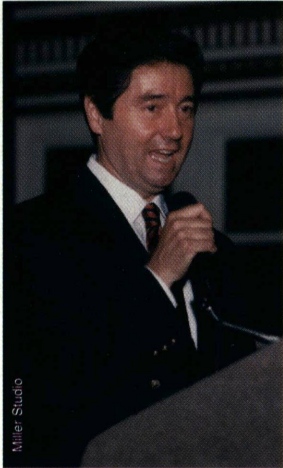
- a) *Toe loop hip lift take-off*
- b) Twist lift (double)
- c) *Double lutz (solo jump)*
- d) Solo spin with only one change of foot and at least one change of position
- e) Pair spin combination with at least one change of position and only one change of foot (sit, camel, upright or any variation thereof)
- f) *Death spiral forward inside*
- g) Spiral step sequence
- h) Step sequence (straight line, circular or serpentine)

Remarks:

Lifts:

Only the prescribed overhead lift take-off is permitted. Minimum of two revolutions for the lady. Maximum of three revolutions for the man. Changes of hold or of the lady's position during the lift are permitted.

- a) Hand to hand loop lift take-off
Partners skate one behind the other, backward outside, in



Newly elected ISU President Ottavio Cinquanta addresses the delegates.



USFSA President Claire Ferguson, who was elected as an I.S.U. Council Member, is joined by Ron Pfenning, new member of the Figure Skating Technical Committee and Pat French, the new chair of the Precision Team Skating Technical Committee.



Upper right: A gathering of Olympic champions – Terry McDermott (speed skating), Carol Heiss Jenkins, Lidia Skoblikova (speed skating), and Aleksandr Gorshkov.



Lower right: Members of the U.S. delegation.

hand to hand position. Lady is lifted from the backward outside edge.

b) Toe Lasso lift take-off

Partners skate in Lasso position with the lady skating backward and the man forward. The lady is lifted in the air from a backward toe take-off.

c) Toe loop hip lift take-off

Partners skate backward with the hip grip. The lady picks as in a toe loop jump. The man turns together with the lady.

Twist lifts:

b) Same remarks as for seniors.

Solo jumps:

c) Only the prescribed double jump is permitted

Spins:

d) Solo spin

e) Pair spin combination

Same remarks as for Seniors.

Death spirals:

Only the prescribed death spiral is permitted. See remarks under Senior.

Step sequence and Spiral step sequence:

g), h) Same remarks as for Seniors.

2. Deductions for failures in lifts, double jumps and all spins are now the same:

Failure: 0.1 - 0.4

Omission: 0.5

The other deductions remain as they were.

PAIRS - FREE SKATE

1. A Senior program must now contain a pair spin or second death spiral that is different from the first.

2. The death spiral in the Junior free program must be different than that prescribed for the technical (short) program of that

year.

- 3.** Same restrictions and deductions as in singles for lying and kneeling on the ice and excessive turning on the knees or boots.
- 4.** Well balanced Senior and Junior programs *must* now include a twist lift.

ICE DANCING

- 1.** All international ice dancing competitions must still have at least one compulsory dance, an original dance and a free dance.
- 2.** Standing, sitting, leaning or lying on a partner's boots and/or legs *without having at least one foot on the ice* is prohibited in free dances.
- 3.** The maximum number of lifts permitted in junior free dance programs was lowered from five to *three* (3).
- 4.** Four new dances are being introduced into the international dance lists and will be included in I.S.U. Championships and international competitions according to the following schedule:

1995/96
Senior - Silver Samba
Junior - Austrian Waltz

1996/97
Senior - Golden Waltz
Junior - Cha Cha Congelado

- 5.** Original dance is a free draw. Draw will follow the order of the result of the compulsory dances in each part if parts are necessary (over 10 couples) with the highest placed couple drawing first. In each part there is a free draw.
- 6.** The second compulsory dance is skated first by couples in the second group of those who skated the first compulsory dance, the first group. If not evenly divisible, the last group takes the extra couple.

Continued on page 12

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Hearing panel strips Harding of title; bans skater from USFSA for life



Paul Hervath

The final chapter in the epic saga of Tonya Harding and her role in the Jan. 6 assault on Nancy Kerrigan was penned by a five-member USFSA hearing panel in Colorado Springs on June 30.

The panel's ruling, which stripped Harding of her 1994 U.S. ladies' title and banned her from membership in the USFSA for life, is believed to have effectively closed the most bizarre case in figure skating and Olympic history.

Ironically, Harding's legal actions were responsible for delaying the hearing for a total of 92 days, but another of her legal maneuverings — a felony plea of guilty entered in the Multnomah County (Ore.) Circuit Court on March 16 — proved to be the most damning piece of evidence against her during the panel's nine hours of deliberations over two days.

"The hearing panel concluded that Ms. Harding's felony plea to the crime of conspiracy to hinder the prosecution and other evidence, including her actions prior to the attack demonstrated a clear violation of the (USFSA's) Code of Ethics," hearing panel chairman Bill Hybl said in a prepared statement. "Such conduct intentionally undermines the concept of sportsmanship and fairplay embodied in the USFSA Bylaws and Rules and amateur sportsmanship in general."

Hybl said the panel further concluded "by a preponderance of the evidence" that Harding had prior knowledge of the assault. Harding has not been tried for any crime stemming from involvement prior to the assault.

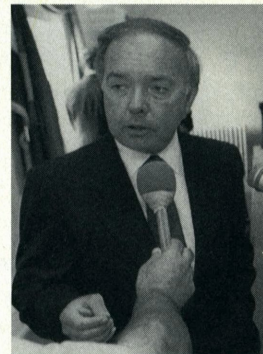
"That (conclusion) was based on a variety of the evidence that was submitted — most of which is in the public sphere," Hybl said.

Harding declined the invitation to appear at the proceedings and did not send representation. Hybl said the panel heard testimony from two witnesses — one via telephone — and reviewed one video deposition, as well as various bank and phone records compiled by USFSA special counsel John Bennett.

"I think there are always times when you would like to hear what someone has to say because secondary sources are not nearly as good as being able to sit there with someone," Hybl said. "We went to special efforts, I believe, to make sure that the athlete in this case had everything in evidence that we had at our disposal that would be exonerating in any way and continued to ask special counsel from Oregon what other evidence there might be that would look favorably upon what Tonya

"Such conduct intentionally undermines the concept of sportsmanship and fairplay embodied in the USFSA Bylaws and Rules and amateur sportsmanship in general."

**Wm. J. Hybl
Chair, Hearing Panel**



Tom Kimmell/Colo. Spgs. Gazette-Telegraph

Harding has had to say."

The removal of Harding's tainted title and the ban on membership for life are unprecedented in the history of USFSA disciplinary action. But, panel member Dr. Sharon Watson echoed the sentiments of all of the panel members by saying the steps were appropriate in this case.

"The decisions we have reached today are the correct and necessary ones given the volume of evidence before us," Watson, chair of the USFSA's Sanctions and Eligibility Committee, said of the panel's unanimous ruling. "I hope that the tens of thousands of figure skaters and their families and fans can now hold their heads up and that our skaters can skate proud and get on with their very enthusiastic participation in our sport."

Each of the appointed members of the panel — Hybl, Watson, Col. Ken Schweitzer of Colorado Spring, Colo., Dr. Nancy Piro of Danville, Calif., and James Cygan of Chicago, Ill. — were involved in the deliberations. During a post-hearing news conference that attracted about 30 members of the media, each expressed hope that the ruling would be a clear indication of the importance placed on the USFSA's Code of Ethics.

"I think I'm like many parents that when we encourage our children to enter a sport, we hope that they'll learn more than just winning and losing," said Piro, chair of the USFSA Ethics Committee. "We hope that they'll learn what ethical behavior is — what fairplay is all about. It comes down to doing what's right (in this case)."

As a result of the panel's ruling, the 1994 U.S. ladies' title remains vacant. Further action regarding that title would be under the purview of the USFSA Executive Committee, Hybl said.

Harding, who was notified of the panel's ruling prior to its disclosure, was given 30 days to appeal the panel's actions to the USFSA Executive Committee.

As of press time, no appeal had been received. ■

SLUG + BOLD???

Bobek bolts; Courtland & Reynolds to split

For the 11th time in her 12-year skating career, Nicole Bobek has made a coaching change.

The 16-year-old's latest move came in mid-June when she departed Evy and Mary Scotvold's stable in Cape Cod, Mass., for Detroit. Bobek's bolt from Massachusetts came only six weeks after departing Colorado Springs, Colo., and coach Kathy Casey in early May.

Nicole Bobek



In the Motor City, the '94 U.S. Championships bronze medalist will train under Richard Callaghan, coach of two-time men's champion Todd Eldredge.

In other ladies' news, Charlene von Saher of Greenwich, Conn., has been reinstated as a U.S. competitor after skating for the past three years for Great Britain. The 20-year-old Von Saher, who placed 15th at the 1994 Olympic Winter Games in Lillehammer, Norway, was Great Britain's national champion in 1992.

On the international front, three-time Canadian national champion and two-time Olympian Josée Chouinard and two-time national Canadian champion Karen Preston have turned professional.

Chouinard, 24, plans to skate in a series of pro skating challenges later this season. Preston, 22, has signed with Walt Disney's World On Ice.

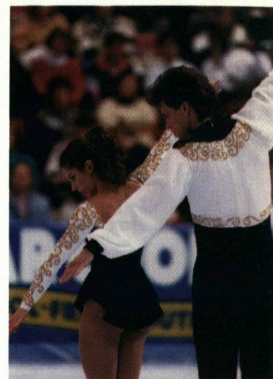
Chouinard finished ninth at both the 1992 and 1994 Olympic Games and competed at four World Championships (1991-1994), finishing fifth at both the '92 and '94 Worlds. Preston had been a Canadian national team member since 1987, competing at eight Canadian

national championships, the 1992 Olympics and three World Championships (1989, 1992, and 1993).

Chouinard will continue to tour Canada in the spring of 1995 with the "SunLife Stars On Ice" and "Eatons Skate The Nation" tours.

In pairs news, '94 Olympians Karen Courtland and Todd Reynolds have announced they will not skate together during the upcoming competitive season. Neither has announced that they will skate with a new partner.

Jennifer Perez and John Frederiksen, who finished eighth at the 1994 U.S. Championships after a sixth place finish in 1993, will not skate together during the 1994-'95 season. The sixth-place pairs team at the '94 U.S. Championships, Tristen Vega and Joel McKeever, also have announced their intention to split up. ■



Karen Courtland & Todd Reynolds

"ROUND UP" ~~OTZ~~ SOMETHING

Sur cancels homecoming trip for Goodwill Games

U.S. ice dancer Gorsha Sur will forgo his homecoming opportunity to compete in his native Russia at the 1994 Goodwill Games on the advice of the U.S. State Department.

The Moscow-born Sur, who defected from the former Soviet Union in 1990, and dance partner Renee Roca had been selected by the USFSA to represent the United States at the Games, Aug. 3-7, in St. Petersburg, Russia.

Sur, who is a resident alien of the United States, said State Department officials advised him against returning to Russia for the competition, adding that they "told us that they could not guarantee my full security and protection."

While Sur and Roca will not be making the trip, 12 U.S. skaters will take to the ice for the five-day competition at St. Petersburg's Yubileiny Palace of Sports.

Topping the list of U.S. skaters will be 1994 U.S. silver medalist and reigning

World Junior champion Michelle Kwan. Joining Kwan in the ladies' event will be '94 U.S. bronze medalist Nicole Bobek and 1982 World Champion Elaine Zayak. France's Surya Bonaly, the 1994 Worlds silver medalist, will be among the international competitors rounding out the field.

The U.S. men's field will include '94 U.S. bronze medalist Aren Nielsen, two-time U.S. champion Todd Eldredge and reigning World Junior champion Michael Weiss. Reigning Olympic champion Aleksei Urmanov of Russia and France's Philippe Candeloro, a bronze medalist at the '94 Olympics and silver medalist at the '94 Worlds, are among the international skaters that will be vying for the Goodwill Games title.

The United States will be represented in the pairs competition by '94 U.S. silver medalists Kyoko Ina and Jason Dungjen, as well as Stephanie Stiegler and Lance

Travis, fifth-place finishers at the '94 U.S. Championships. The U.S. pairs will face a tough challenge from a field that will include '94 Olympic silver medalists Natalya Mishkutenok and Artur Dmitriev of Russia and fourth-place Olympic finishers Radka Kovarikova and Rene Novotny of the Czech Republic.

With the withdrawal of Roca and Sur, the '94 U.S. bronze medalist dance team of Amy Webster and Ron Kravette will compete in a field that includes the '94 World silver medalists Sophie Moniotte and Pascal Lavanchy of France, as well as '94 World silver medalists Irina Romanova and Igor Yaroshenko of Ukraine.

Goodwill Games figure skating action will be televised by TBS Sports. Please check your local listing for the air times in your area and look for a complete report of the competition in the October issue of *Skating*. ■

SLUG: "66 PREVIEW" ?

Lipinski wins first-ever Mary Lou Retton Award

When gymnast Mary Lou Retton was tumbling for Olympic gold in 1984, figure skater-to-be Tara Lipinski was tumbling around in her crib.

Despite the age gap, the two diminutive athletes had the opportunity to share the awards podium when Lipinski was named the first female recipient of the Mary Lou Retton Award at the conclusion of the 1994 U.S. Olympic Festival in St. Louis.

The award, which includes \$5,000 to assist with training expenses, is awarded annually to one male and one female U.S. athlete who shows the greatest promise of becoming an Olympic star.

The 12-year-old Lipinski of Sugar Land, Texas, rewrote the

U.S. Olympic Festival record books with her win in the 1994 U.S. Olympic Festival ladies' figure skating competition. She replaces gymnast Shannon Miller as the youngest gold medalist in the Festival's 16-year history.

In presenting the award to the 4-3, 66-pound Lipinski, U.S. Olympic Committee President Leroy T. Walker quipped, "I've got things in my refrigerator that are older than you!"

Diver Mark Ruiz, who captured a bronze medal in the Festival diving competition, was named the male recipient of the award for 1994.

See Page 14 for the complete Festival report. ■

Free skating test seminars slated

Seminars to update judges and coaches on the new free skating test elements adopted at the 1994 USFSA Governing Council Meeting are being scheduled by both the USFSA and the Professional Skaters' Guild of America during the balance of 1994 in all regions, according to USFSA Judges' Committee Chair Eleanor Curtis.

Judges will not be certified to officiate at these test elements until they have attended an official seminar. The elements also will be taught at regular judges' schools in 1995 and beyond, so judges not certified may be qualified later, Curtis said.

Both the USFSA and PSGA seminars are funded by the USFSA and are open to all coaches and judges at no charge whether or not they are USFSA members. Notices of USFSA seminars will be sent to all singles' and pairs' judges by the USFSA, while the PSGA will notify its members and rinks in each region. ■

USFSA regular membership tops 50,000

Regular membership in USFSA has topped the 50,000 mark for the first time in the organization's 73-year history, according to June 30 membership totals.

Combined with the more than 70,000 Basic Skills athletes and instructors registered with the Association, total membership now stands at more than 120,000 nationwide. ■

Ferguson honored by Alpha Phi International



USFSA File

Claire Ferguson

USFSA President Claire Ferguson was recognized as one of three outstanding alumnae by the Alpha Phi International Fraternity at the group's 1994 Convention, June 21-26, in Palm Springs, Calif.

Ferguson, who was elected the first female president of the USFSA in 1992, was presented Alpha Phi's Frances E. Willard Award of Achievement on June 25. The award is presented to

Alpha Phi alumnae who have achieved success in their chosen field and gained recognition on a national or international level.

Nominations are provided by alumnae chapters and individual alumnae, and final selection of the recipient is made by the Alpha Phi International Executive Board.

Ferguson is an alumna of the Beta Beta chapter of Alpha Phi at Michigan State University. ■

Robertson ices deal for Hamill's Ice Capades

International Family Entertainment, a Virginia-based entertainment conglomerate founded by televangelist and former presidential candidate Pat Robertson, has reached an agreement to purchase the assets of Dorothy Hamill's Ice Capades and other assets of Dorothy Hamill International, IFE announced recently.

Although terms of the agreement were not disclosed, the '76 Olympics gold medalist Hamill and her husband, Dr. Kenneth Forsythe, will continue as producers of the Ice Capades theatrical presentations. Forsythe will serve as president and chief executive officer of a new IFE subsidiary that will be created to acquire the assets.

IFE, in conjunction with Dorothy Hamill International, will produce a number of television specials which will run on IFE's

core cable network, The Family Channel. Also, recognizing the intense viewer interest in figure skating, IFE's program distribution arm, MTM Entertainment, will sell these specials to the broadcast networks, domestic syndication, international distribution, home video and pay-per-view markets.

"Our association with International Family Entertainment is a perfect match," Hamill said. "We share the same fundamental goal: to offer high quality entertainment that can be enjoyed by the entire family. I am very excited that this agreement with IFE will give us the ability to expand our presentations both in the United States and abroad and to reach out into new areas of merchandising and media."

The 55-year-old Ice Capades was purchased last year by Dorothy Hamill International. ■

PRECISION

1. Entry fees may be charged for international competitions.
2. All international senior and junior competitions must include a short and a long program.
3. Rules for clothing are the same as for singles, pairs and ice dancing. Make-up must not be theatrical.
4. Rules regarding the timing of programs are the same as for singles, pairs and ice dancing.
5. Short Program: SSR 5.4 Change "Intersecting maneuver" to "Intersection". Remarks: All references should be to "hold" not "handhold".
Line: ..."The line must extend across...ice surface". Add "The line must progress and no retrogression is permitted."
Block: Add "The block must be a closed block." Delete "There shall be no separation except to change the hold."
Wheel: Change "variation of the wheel..." to "combinations of the wheel..."
Intersection: Change "An intersection is any type of maneuver that incorporates movement of one part of the team through *the other part of the team.*"
6. The deduction range for precision team short programs for "falls" is changed from 0.3 - 0.5 to 0.2 - 0.5.
7. Free skating: There shall be at least three (3) distinct music rhythms/styles in the music....Change all "style" references to "rhythms/styles."
8. "Artistic impression is now "presentation."
9. Judges: Championship (6) - 1995 I.S.U. Council
International: 48 months to meet Championship requirements.
10. Referees: Championship (4) - 1995 I.S.U. Council
International: 48 months to meet Championship requirements.
11. Assistant Referee at ice level now required.
12. For both short and long, it is now recommended that the ice be resurfaced after a maximum of 6 teams have skated.
13. Only eligible official representatives of a Member or the LOC may draw for starting order.
14. The "median," not the average, mark will be given to judges after the first team skates.
15. Warm-up time for the long is now 1 1/2 minutes.
16. The starting order of teams in precision team free skating is determined from the results of the short program (like singles).

INTERPRETIVE

1. The interpretive program may be included as a second part with free skating in international senior competitions or as a third part with free skating and the technical (short) program in international senior and junior competitions.
2. It may also be included as a second part with the technical (short) program in international senior competitions.
3. *Lying on the barrier* is now prohibited in interpretive programs.

CLOTHING

1. For singles, pairs and ice dancing, clothing must be modest, dignified and appropriate for athletic competition - *not garish or theatrical in design. It may, however, reflect the character of the music chosen.*
 - a) Ladies must wear a skirt.
 - b) Men must wear full-length trousers.
 - c) No tights.
 - d) Clothing for men must have sleeves.

ELECTIONS

Following is a summary of election results from the 45th Ordinary Congress of the International Skating Union, June 14-17, 1994, in Boston, Mass. Elected representatives from the United States are listed in bold.

President	Ottavio Cinquanta (ITA)
1st Vice President(Figure)	Lawrence Demmy (GBR)
2nd Vice President(Speed)	Gerhard Zimmermann (GER)

Members:

<u>Speed:</u>	Lars-Olof Eklund	(SWE)
	German Panov	(RUS)
	Jan Dijkema	(NED)
	Myong-Hi Chang	(KOR)

<u>Figure:</u>	Jürg Wilhelm	(SWI)
	Joyce Hisey	(CAN)
	Katsuichiro Hisanaga	(JPN)
	CLAIRE FERGUSON	(USA)

In this connection, **CHARLES (CHUCK) DEMORE (USA)**, retired from the Council after 14 years of service and was made an Honorary Member.

Figure Skating Technical Committee

Sally-Anne Stapleford	(GBR), Chair
-----------------------	--------------

Members:

Britta Lindgren	(SWE)
Walburga Grimm	(GER)
Alexander Lakernik	(RUS)
RONALD PFENNING	(USA)

Ice Dancing Technical Committee

Hans Kutschera	(AUS), Chair
----------------	--------------

Members:

Wolfgang Kunz	(GER)
Alexandr Gorshkov	(RUS)
Ann Shaw	(CAN)
Liudmila Mikhailovskaya	(UKR)

Precision Team Skating Technical Committee

PATRICIA FRENCH	(USA), Chair
------------------------	---------------------

Members:

Marie Lundmark	(FIN)
James Douglas Steele	(CAN)
Monique Georgelin	(FRA)
Ulrich Linder	(SWI)


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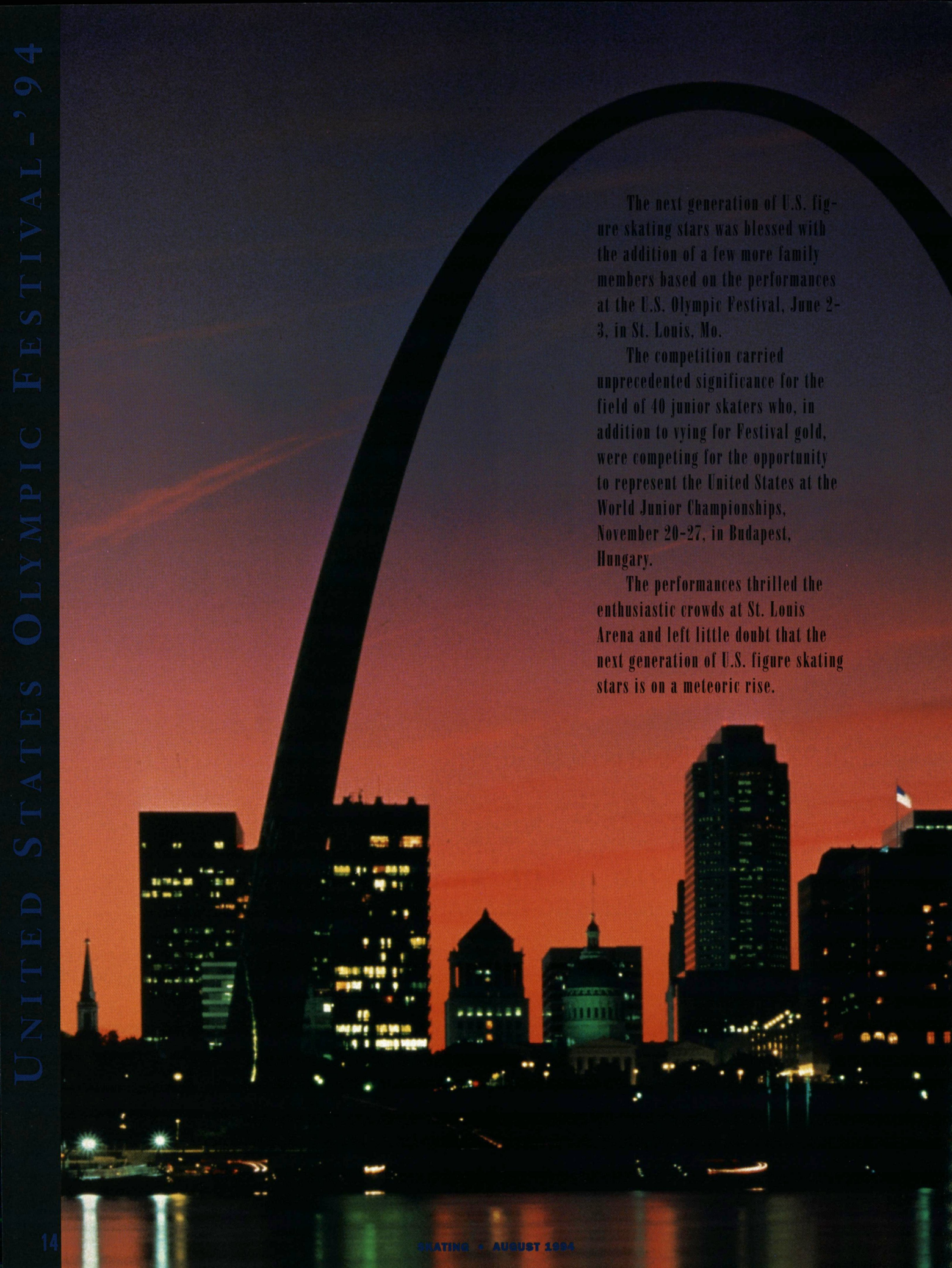
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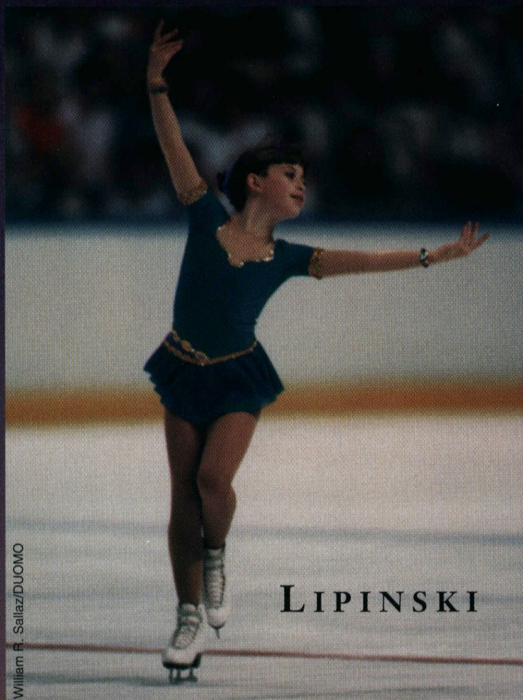


The next generation of U.S. figure skating stars was blessed with the addition of a few more family members based on the performances at the U.S. Olympic Festival, June 2-3, in St. Louis, Mo.

The competition carried unprecedented significance for the field of 40 junior skaters who, in addition to vying for Festival gold, were competing for the opportunity to represent the United States at the World Junior Championships, November 20-27, in Budapest, Hungary.

The performances thrilled the enthusiastic crowds at St. Louis Arena and left little doubt that the next generation of U.S. figure skating stars is on a meteoric rise.

HEADLINE?



It's not fair to ask Tara Lipinski of Sugar Land, Texas, to divulge her June 10 wish as she blew out the candles on her birthday cake.

It's safe to say, however, that her three weeks that followed exceeded those fleeting hopes.

Days after her 12th birthday, Lipinski found out she would be a last minute addition to the United States Olympic Festival - '94.

When she took the St. Louis Arena ice, the 4-3, 66-pound Lipinski was the instant crowd favorite because of her size. She quickly proved, however, she was as formidable as she was adorable by winning the ladies' technical program with a performance that included a well-executed triple loop-double loop combination.

The next day, Lipinski's clean triple-laden long program to the music of "Samson and Delilah" earned all seven judges' first-place ordinals and secured her gold and a place in Festival history. With the win, Lipinski dethroned gymnast Shannon Miller as the youngest gold medalist ever in the 16-year history of the Festival.

"I'm really excited about winning here," said the diminutive Lipinski, who received a prolonged standing ovation for her efforts. "I only learned two weeks ago that I would be coming here and I just wanted to go out and do the best I could."

Lipinski, who turned to figure skating at age 6 after three years of competitive roller skating, now returns to her training ice in Newark, Del., to begin preparations for the 1995 World Junior Championships. It will be her international competitive debut.

Joining Lipinski on the medal stand was pre-Festival favorite Teresa Aiello of Stamford, Conn., training in Katonah, N.Y. Aiello, 17, earned her second consecutive Festival medal with a second-place finish in the free skate.

Lipinski and Aiello were joined by Lipinski's close personal friend and fellow training camp skater Chrisha Gossard of Newark, Del., who struggled through the free skate and fell from second to third place.

In the men's competition, 15-year-old Derrick Delmore of Fort Washington, Md., unleashed an impressive arsenal of well-executed triple jumps in the free skate to complement his first-place finish in the technical program and win the gold.

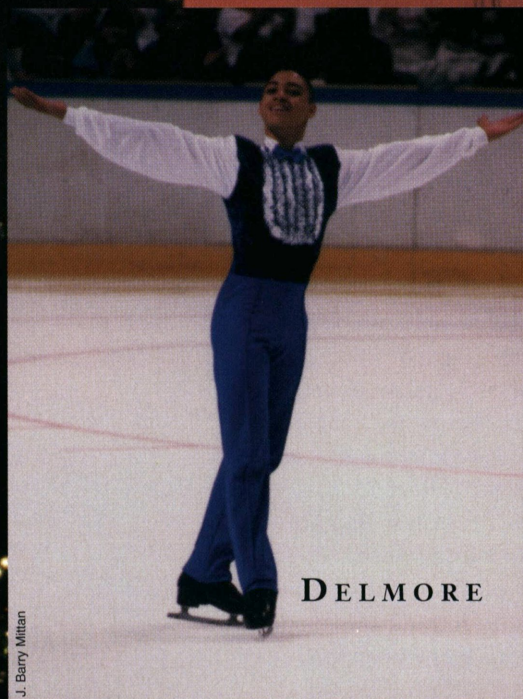
"I didn't know how I would do coming into this Festival. The competition was tough, but I knew if I skated my program the way I could, I'd be fine," said Delmore, a classical pianist off the ice, "I was relieved after I hit my first triple Lutz and that relaxed me for the rest of my program."

"It all depends on how well you skate when you need to," Delmore said. "Tonight, I came out and did it."

Joining Delmore on the medal platform was reigning novice national champion Timothy Goebel of Rolling Meadows, Ill., training in Lakewood, Ohio. Goebel's sound free skate boosted him from third place after the technical program in his first-ever junior-level competition.

"This was the best that I've ever done," Goebel said.

"This wasn't my cleanest program technically, but I did more





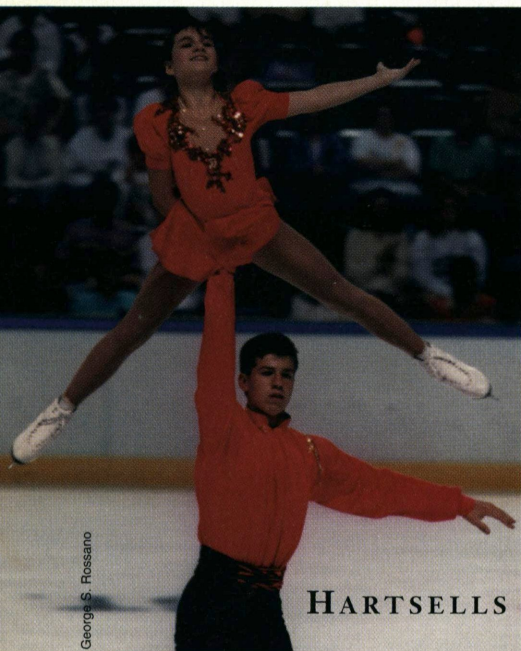
than I ever thought I could in that routine.”

John Bevan of Spokane, Wash., the pre-Festival favorite saw his gold medal hopes dashed by two falls in his free skating program. The 17-year-old held on to win the bronze medal.

In the pairs competition, skating siblings Danielle and Steve Hartsell of Westland, Mich., captured the title with first-place finishes in both the technical and free skating programs.

“I’m very happy and excited that we won,” Steve, 16, said. “We had thought about what it would be like to win this, but we knew it was equally important for us to qualify for the Junior Worlds.

“It’s kind of exciting . . . winning. I’ve never won a competition that has been televised



George S. Rossano

HARTSELLS

before,” said 13-year-old Danielle.

The pair team of Erin Elbe and Jeffrey Weiss, training in Redwood City, Calif., turned in a technically sound free skating program to vault from fourth place to the silver medal.

The medal-winning performance was particularly significant for the 12-year-old Elbe, who one year to the day earlier had a cast removed following surgery that spared her leg from a rare bone infection.

“I didn’t really know where I’d be and definitely didn’t think I’d be here competing this year,” Elbe said. “When my doctor said, ‘You may never skate again,’ I

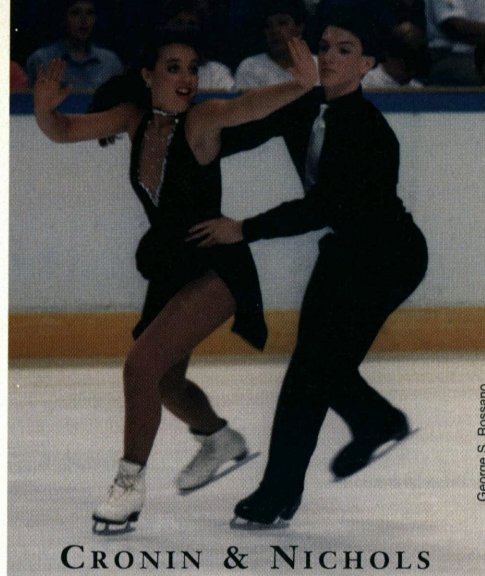


George S. Rossano

AIELLO

looked at him and said, ‘You don’t mean me?’”

The pair team of Jacki Davison and J. Paul Binnebose, training in Culver City, Calif., managed the bronze medal in their first major competition together.



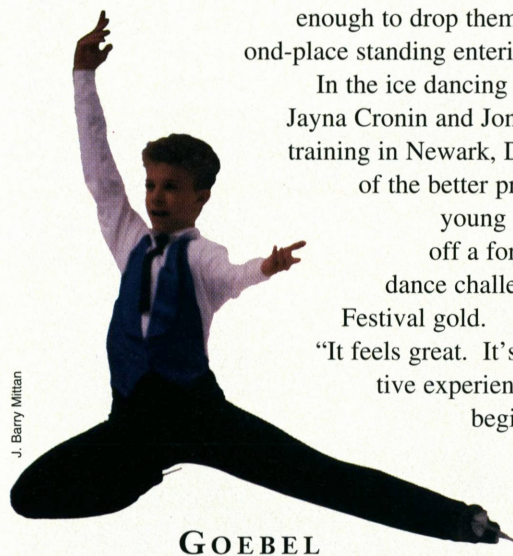
George S. Rossano

CRONIN & NICHOLS

Their free skating marks were extremely close to those of Elbe and Weiss, but the differential was enough to drop them from their second-place standing entering the free skate.

In the ice dancing competition, Jayna Cronin and Jonathan Nichols, training in Newark, Del., needed one of the better programs of their young careers to hold off a formidable free dance challenge and win the Festival gold.

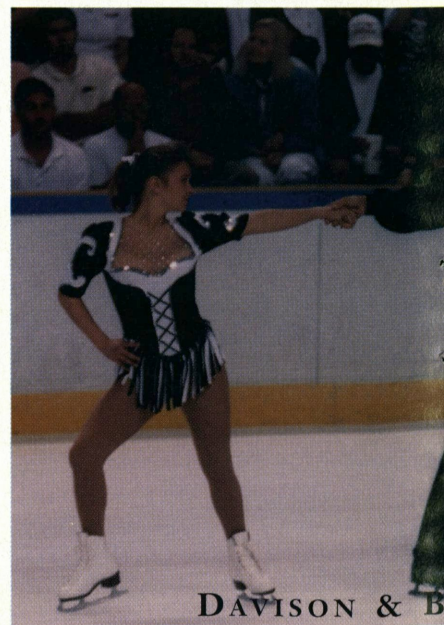
“It feels great. It’s been a real positive experience from the beginning,” Nichols said. “Tonight, we skated the best program we’ve ever done.”



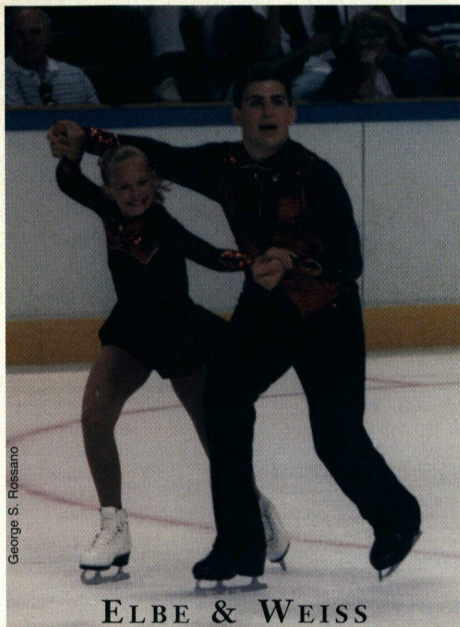
J. Berry Mittan

GOEBEL

Cronin, 15, and Nichols, 17, were considered the pre-Festival favorites to take the title. Their compulsory dances to the Tango and European Waltz, coupled with their original dance set to the Quickstep put the couple in first place after the first two phases of competition. Their free dance program, set to music from the movies, *Cool World*, *Who Framed Roger Rabbit?* and *A League of Their Own*, earned them four of the seven judges’ first-place ordinals.



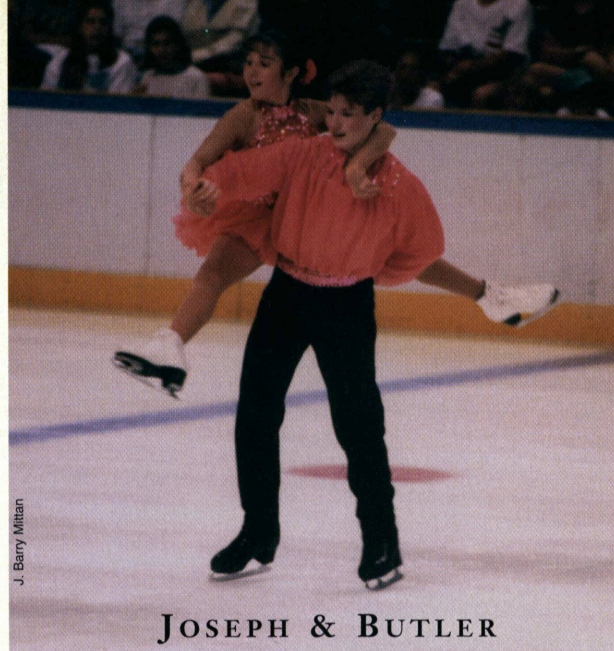
DAVISON & B



George S. Rossano

ELBE & WEISS

Cronin and Nichols said they planned to return to the ice shortly after the Festival to modify their free dance in hopes of improving on their 17th place finish at the 1993 World Junior Championships. "We need to go back home and change a few



J. Barry Mittan

JOSEPH & BUTLER

steps in our program. We need to make it a little more difficult," Cronin said. "As it is now, it's become just a little too easy for us."

The free dance was anything but easy, as second-place finishers Jessica Joseph and Charles Butler, training in Bloomfield, Mich., turned in a solid free dance that garnered two of the judges' first-place marks.

"I think this was one of our better performances since we've been at the junior level," Butler said. "This (junior) level is much more intense and there is a lot we still have to learn."

The ice dance duo of Kristina Feliciano and Alex Jacoby, training in Redwood City, Calif., warmed up the St. Louis Arena crowd of 13,750 with a rock-and-roll number set to the music "Rock Around The Clock" and "Johnny Be Good."

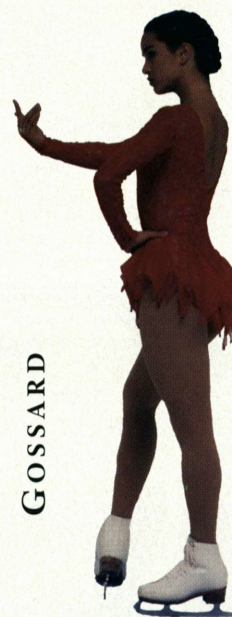
Feliciano and Jacoby won the bronze. ■

BEVAN

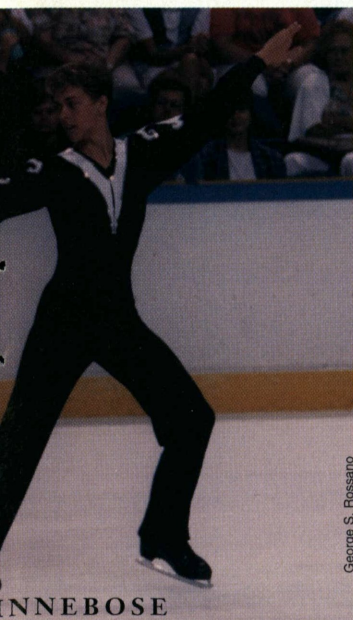


J. Barry Mittan

GOSSARD

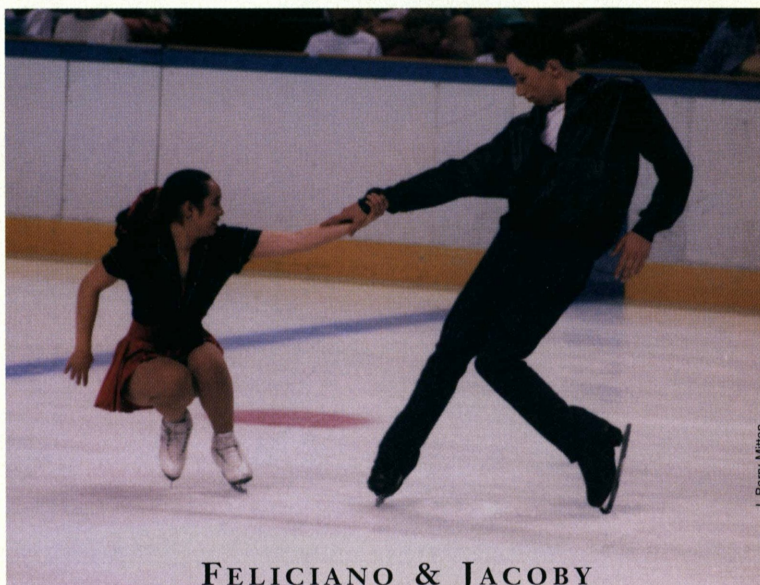
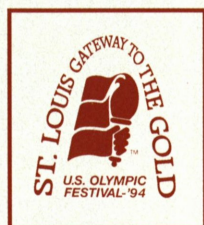


George S. Rossano



George S. Rossano

ANNEBOSE



J. Barry Mittan

FELICIANO & JACOBY

RESULTS

**U.S. OLYMPIC FESTIVAL
ST. LOUIS, MISSOURI
JULY 1-3, 1994**

MEN

JUDGES: 1 Chuck Foster, Duxbury, MA; 2 Barbara Price, Jamestown, NY; 3 Dr. Paula Ziegler, Cherry Hill, NJ; 4 Todd Bromley, Arlington, TX; 5 Brett Drury, Tucson, AZ; 6 Jan Serafine, Lake Forest, IL; 7 Jessica Gaynor, San Francisco, CA. REFEREE: Virginia Mount, Boulder, CO. ASSISTANT REFEREE: Robert Horen, New Hope, PA. ACCOUNTANT: Robb Steinheider*, Riverside, CA.

NAME, CLUB NAME, TP-FS-PLACES

1. Derrick Delmore, Ft. Washington, MD, 1-1-1.5
2. Timothy Goebel, Lakewood, OH, 3-2-3.5
3. Johnnie Bevan, Spokane, WA, 2-3-4.0
4. Pete St. Germaine, Indianapolis, IN, 4-4-6.0
5. Peter Kongkasem, Lynnwood, CA, 6-5-8.0
6. Bobby Kaping, Burnsville, MN, 7-6-9.5
7. Michael Edgren, Rockford, IL, 5-7-9.5
8. Bert Cording, Nashville, TN, 8-8-12.0

LADIES

JUDGES: 1 Theodore Clarke, No. Weymouth, MA; 2 George Ludlow, Kent, CT; 3 Glennace Cohen, Castle Rock, CO; 4 Shirley Sherman, Glenview, IL; 5 Bill Munns, Concord, CA; 6 Jessica Gaynor, San Francisco, CA; 7 Marilyn Whelan, Castro Valley, CA. REFEREE: Robert Horen*, New Hope, PA. ASSISTANT REFEREE: Virginia

Mount, Boulder, CO. ACCOUNTANT: Miriam Hillier, San Mateo, CA.

NAME, CLUB NAME, TP-FS-PLACES

1. Tara Lipinski, Sugar Land, TX, 1-1-1.5
2. Teresa Aiello, Pound Ridge, NY, 4-2-4.0
3. Chrisha Gossard, Bear, DE, 2-3-4.0
4. Lisa Bell, Marengo, IL, 5-4-6.5
5. Jennifer Karl, North St. Paul, MN, 3-6-7.5
6. Amy D'Entremont, Stoneham, MA, 6-5-8.0
7. Amanda Ward, So. Fallsburg, NY, 7-7-10.5
8. Cohen Duncan, Los Angeles, CA, 8-8-12.0

PAIRS

JUDGES: 1 Chuck Foster, Duxbury, MA; 2 Barbara Price, Jamestown, NY; 3 Dr. Paula Ziegler, Cherry Hill, NJ; 4 Todd Bromley, Arlington, TX; 5 Brett Drury, Tucson, AZ; 6 Jan Serafine, Lake Forest, IL; 7 Sherie Grimson, Santa Ana, CA. REFEREE: Virginia Mount, Boulder, CO. ASSISTANT REFEREE: Robert Horen*, New Hope, PA. ACCOUNTANT: Robb Steinheider*, Riverside, CA.

NAME, CLUB NAME, TP-FS-PLACES

1. Danielle Hartsell, Westland, MI & Steve Hartsell, Westland, MI, 1-1-1.5
2. Erin Elbe, Castro Valley, CA & Jeffrey Weiss, Foster City, CA, 4-2-4.0
3. Jacki Davison, Torrance, CA & J. Paul Binnebose, Lomita, CA, 2-3-4.0
4. Natalie Vlandis, Blue Jay, CA & Jered Guzman, Blue

Jay, CA, 3-4-5.5

5. Sara Booth, Marble Hill, MO & Matthew Buttrey, Scott City, MO, 5-5-7.5
6. Lisa Weitzman, Lake Placid, NY & Marc Weitzman, Lake Placid, NY, 6-6-9.0
7. Lara Malpass, Everett, WA & Jeff Malpass, Everett, WA, 7-7-10.5

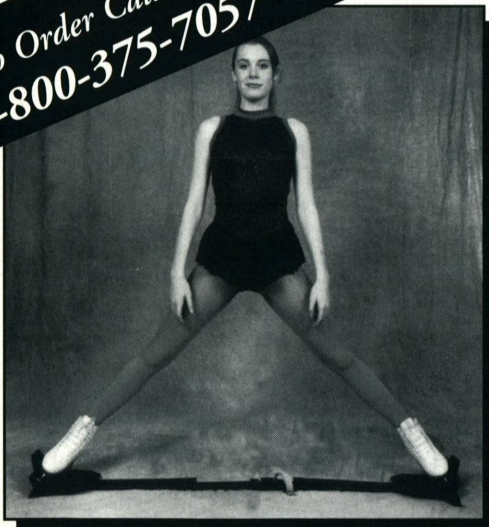
DANCE

JUDGES: 1 Theodore Clarke, No. Weymouth, MA; 2 George Ludlow, Kent, CT; 3 Glennace Cohen, Castle Rock, CO; 4 Shirley Sherman, Glenview, IL; 5 Bill Munns, Concord, CA; 6 Sherie Grimson, Santa Ana, CA; 7 Marilyn Whelan, Castro Valley, CA. REFEREE: Robert Horen*, New Hope, PA. ASSISTANT REFEREE: Virginia Mount, Boulder, CO. ACCOUNTANT: Miriam Hillier, San Mateo, CA.

NAME, CLUB NAME, D1-D2-OD-FD-PLACES

1. Jayna Cronin, Timonium, MD & Jonathan Nichols, Newark, DE, 1-1-1-1-2.0
2. Jessica Joseph, Bloomfield Hills, MI & Charles Butler, Jr., Kalamazoo, MI, 3-3-2-2-4.4
3. Kristina Feliciano, Daly City, CA & Alex Jacoby, Belmont, CA, 2-2-3-3-5.6
4. Christie Moxley, Newark, DE & Tom Gaasbeck, Brick, NJ, 5-4-4-4-8.2
5. Shannon Simon, Pittsburgh, PA & Jason Simon, Pittsburgh, PA, 4-5-5-5-9.8
6. Pamela Meininger, Toney, AL & Keith Schonrock, Huntsville, AL, 6-6-6-6-12.0

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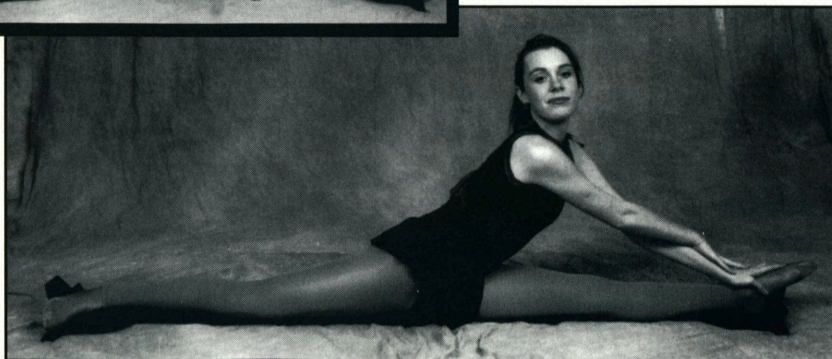
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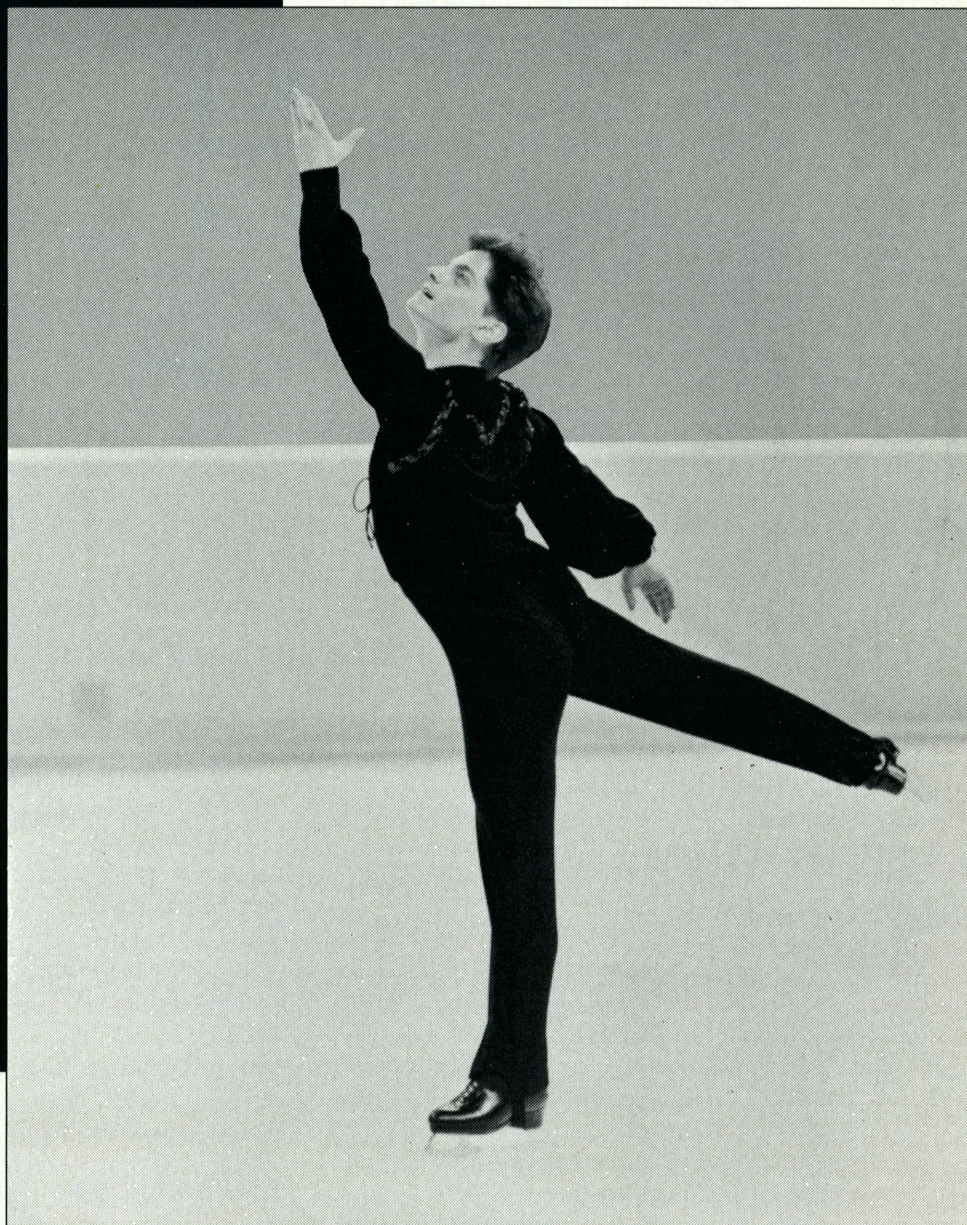
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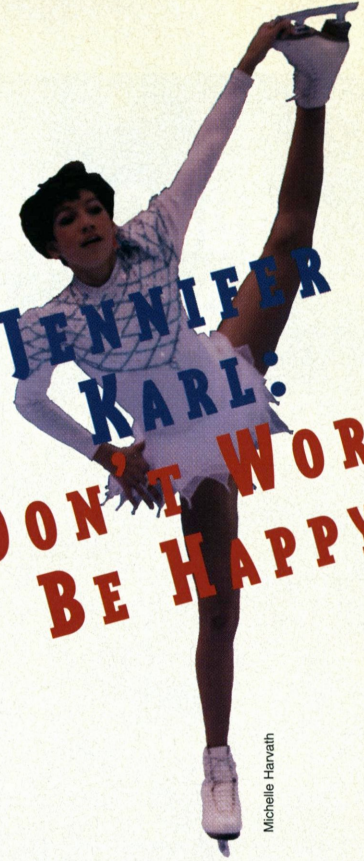
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Michelle Harvath

By Deb Vestal



ummer in Minnesota means the crack of the bat, the smell of a freshly mowed lawn and the grit of the softball diamond. Summer also means the stroke of a blade, the rush of the

ice cold air and the blaring of the music.

Junior Ladies' champion Jennifer Karl plans to be part of both of those worlds this summer. Her many hours in the ice rink will be followed by several as a spectator for her best friend, Beth Jensen.

"Her softball is nothing as intense as what I do," said the 14-year-old Karl. "But I love to hang out with her. We go biking and rollerblading and stuff kids do."

Stuff kids do includes a visit to Valleyfair, an amusement park just south of Minneapolis. While her classmates cover their eyes and hesitate to go on the roller coaster one more time, Karl leads them on.

"I am more the brave one of the group," Karl boasted. "My friends get scared more than I do."

The Valleyfair trip signaled the end of Karl's junior high days at John Glenn Middle School. Beginning in September, she will enter ninth grade at the North St. Paul High School.

Karl attends school full days and then skates three to four hours before and after school. It is school that balances her intensity of skating. "I like skating and school to be separate," Karl says. "If I am pressured with skating, I can go with my friends at school and just kind of let loose and not worry about

skating for awhile."

Her friends, both at the rink and at school, are very important to her. "I care about people," said Jenny. "I don't like to hurt anybody's feelings."

As she leaves her junior high days and goes into senior high school, she excitedly looks ahead to her role as a senior and her first year as an international competitor. She won her first international in Merano, Italy, this spring and will compete in Obersdorf, Germany, this summer.

Even before she won the Junior Ladies' title, she begged her coaches, Ann Olson and Ted Engelking, to let her move into seniors, win or not. "I've been wanting to move up," Karl said. "I've always wanted to be a senior and compete against the old girls. I like that."

Even Karl admits that her trip to the Detroit national was a rocky one. The entire group of junior ladies at Midwesterns had a bad day, including Karl. She qualified, barely, in fourth.

Nationals was a different story. She planned to just experience junior ladies and come back next year to try for the win. But after the technical program, she was fourth. A perfect free skating program and Karl was the national champion.

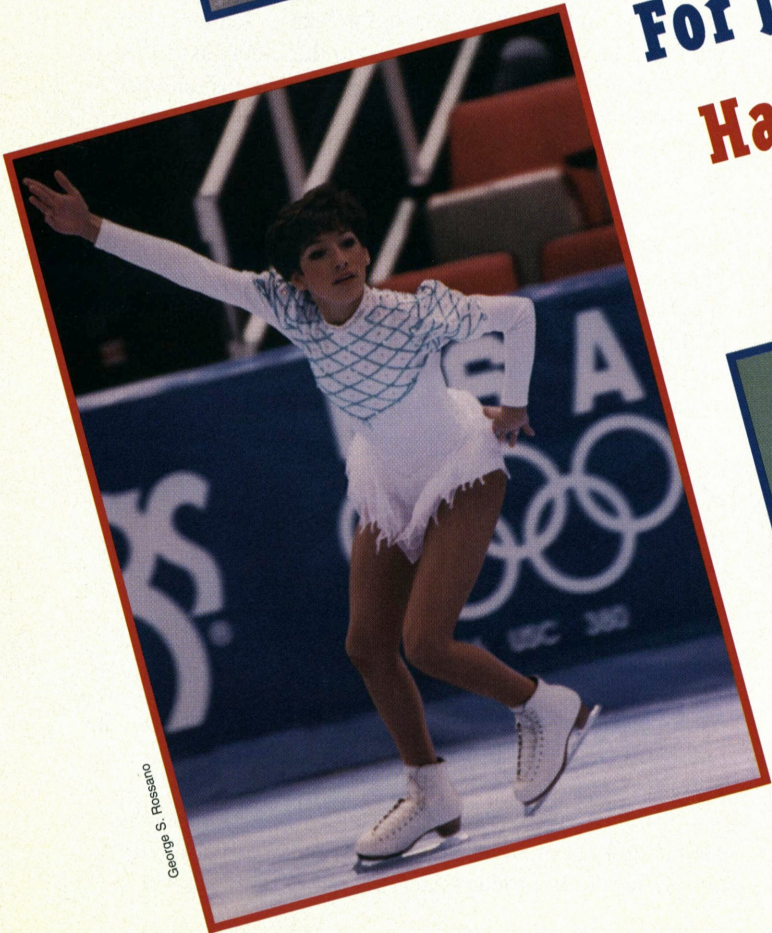
"That was really an accomplishment," Karl said. "I never thought I would do that well."

"It was really exciting, overwhelming," said mother Debbie Karl. "I just couldn't believe it."

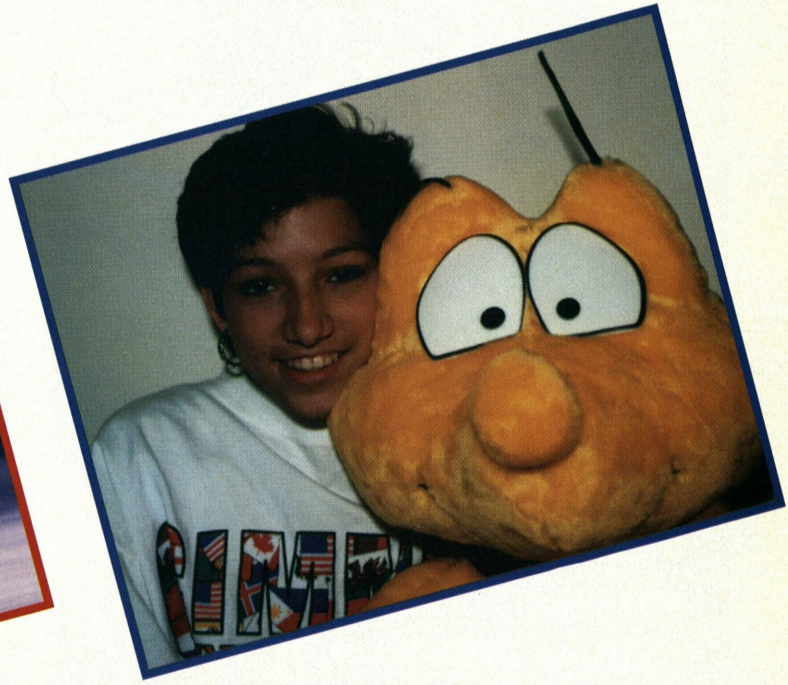
The win earned Jenny an unexpected companion. Her



**For Jennifer Karl,
Happiness is...**



George S. Rossario





Jennifer Karl made two new friends, Fumie Suguri and Aiko Suyama of Japan, at the Gardena Spring Trophy competition in Ortisei, Italy.

mother, against her own preferences, had promised her a dog if she ever placed in the top three at Nationals. Said Jenny with a laugh, “She never, ever, thought I would do it. But after I did, we had to get one because she promised.”

Jenny now has a white ball of fur, a female Pomeranian named Fluffy, as a roommate.

If it would have been up to Debbie, Jenny wouldn’t have skated at all. She was dead set against her daughter skating. She had experienced all the ups and downs of skating and wanted something different for her daughter.

As Debbie Schwartz, her skating culminated in a trip to

“Ever since I was 4 years old, I have wanted to make it to nationals and then eventually compete in the Olympics. That is my all time goal.”

Midwesterners as a senior lady in 1976. Shortly afterward, she began teaching at the St. Paul Figure Skating Club. She married Brad Karl and shortly Jenny arrived. Jenny almost immediately came along to the rink and as Debbie taught, the rink mothers would take turns caring for Jenny. Jenny’s grandmother, Marsha Schwartz, suggested that Jenny start to skate.

“I didn’t want her to,” said Debbie, who had enjoyed all the victories and defeats that skating can bring. But grandmother prevailed and at 3 years old, Jenny started classes. At age 5, she began to compete.

Grandmother Schwartz became a fixture at competitions. “She always comes with me everywhere,” Jenny said. “She is like a second mom to me.”

Her mother is the nervous one sitting at the opposite end of the arena by herself. “I get nervous when she competes,” said Debbie. “But that’s normal. I know how much she wants to do well.”

With Debbie at the rink teaching while Jenny is skating, there is always the temptation to be the worst kind of skating mother. But Olson says that does not happen. In the pros room, they are two professionals and the subject of Jenny never comes up.

“We talk about Jenny when we need to,” Olson said. “Debbie knows the sacrifices you need to make. But when you want to skate, it’s not a sacrifice.”

“My mom tries to help me out but she tries to stay out of it a lot,” said Jenny. “She doesn’t pressure me and make me feel like I am doing it for her. She knows I have to do it for myself.”

Jenny admits that all the praise comes from her grandmother and not often her mom. Said Jenny of her mom, “I know she is very proud of me. She doesn’t always tell me but

she tells it to other people and I hear.

"My mom comes off pretty serious, but she's pretty soft inside," continued Jenny. "She acts tough but she really isn't."

While her skating future is still an open book, she knows eventually she will go on to college. For now, her sights are set on working toward the top of the senior ladies' ranks.

Engelking says it is a blessing that she has won junior ladies so early. "She has more time (because she is so young) to make it to the top someday," said Engelking. "She has the chance to grow into it."

"There is a burning desire now," said Olson of Jenny's desire to excel as a senior. "The win has inspired her. She has more confidence. It lit her fire even more."

"Ever since I was 4 years old, I have wanted to make it to nationals (as a senior lady) and then eventually compete in the Olympics," said Karl. "That is my all time goal. But I like skating so much. I like that there are two parts to the sport - the artistry and the athletics. I like the competition. And when I am having a bad day, I'm learning to forget it, to think about the good days.

"If I could give advice (to the younger kids)," said Jenny, "it would be to stay happy. If you are happy, just do what you do. If you are not happy, then don't skate, because you are never going to get anywhere if you are not happy." ■

Deb Vestal is a free-lance sports writer in Minneapolis as well as an Adult competitor in both singles and dance events.

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The editors of *Skating* magazine are planning a feature in the near future on some of the lighter moments in the sport of figure skating.

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Please remember to type or write legibly. All submissions must be signed, but names will be withheld upon request. The deadline for submissions is October 1, 1994.

Mail your submissions to: *Skating* Magazine, USFSA, 20 First Street, Colorado Springs, CO 80906.

Magical World of Figure Skating

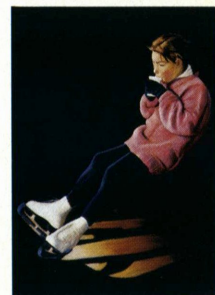
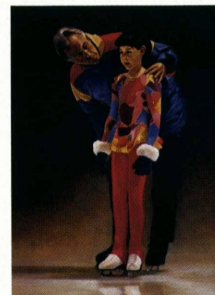
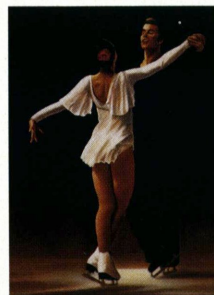
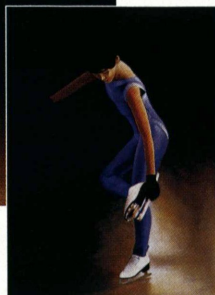
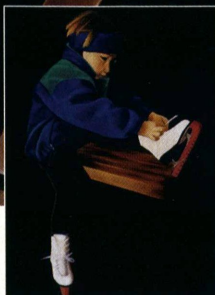
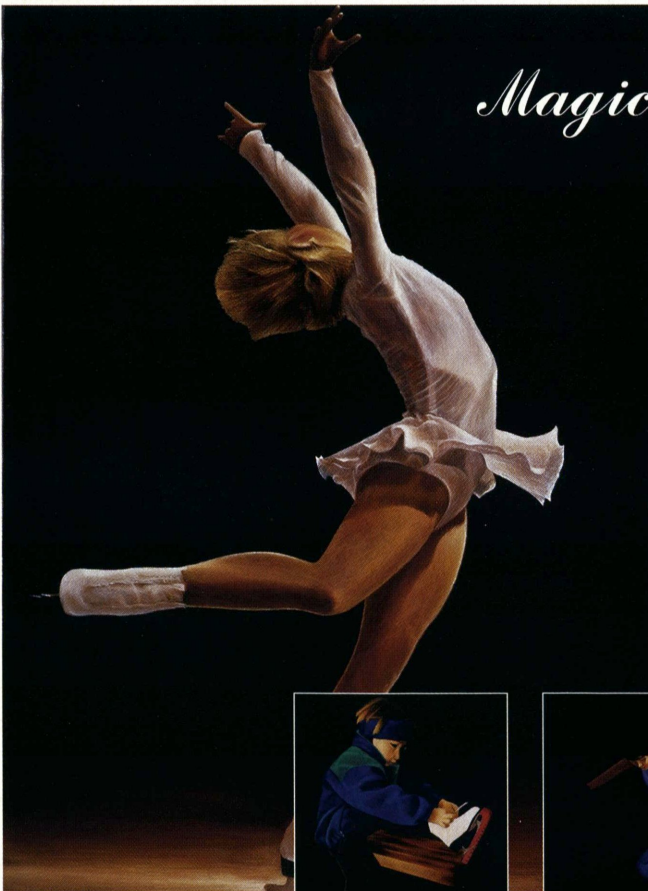
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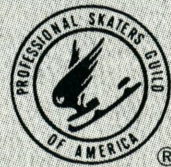
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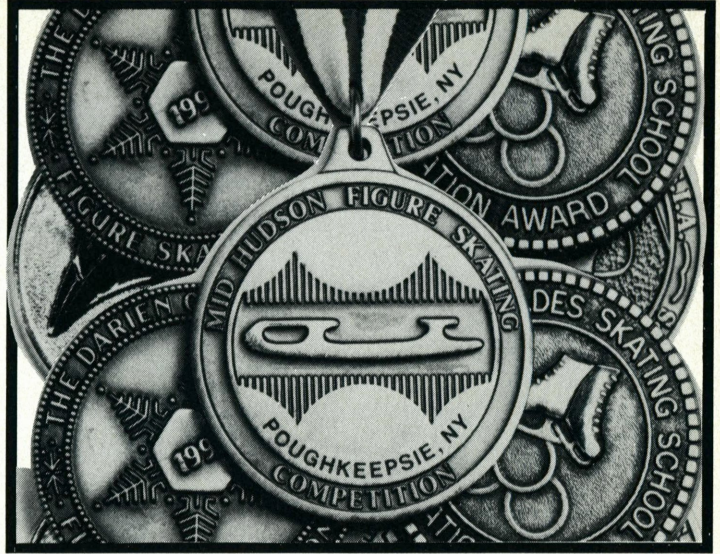
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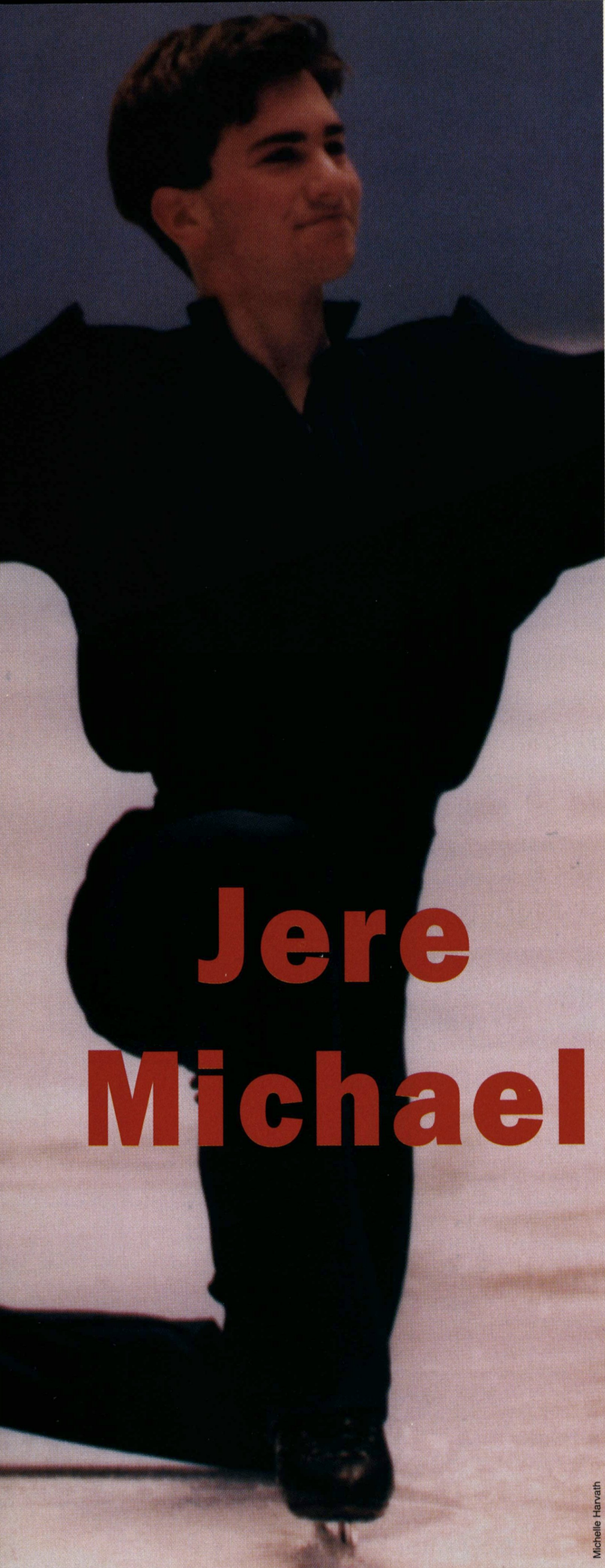
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Jere Michael

Michelle Hanraath

B M O I

BIG MAN ON ICE

B M O C

BIG MAN ON CAMPUS

By Mike Spence



ere Michael is no Dr. Jekyll and Mr. Hyde. Yet clearly there are two sides to the promising 17-year-old figure skater from Colorado Springs.

One side thrives on performing.

"I just enjoy competing for a crowd,"

Michael said.

The other craves anonymity.

"School, in its own way, is my outlet to get away from skating. It brings me back to reality," Michael said. "At school, I'm another student attending another class with 30 students."

No aurora-sized ego for this potential star pupil of coach Christie Krall. Michael is a skater and a student. And he likes those two roles fine, thank you.

Michael switched back and forth from school to skating with equal success last year. He finished third in the men's competition at the 1994 World Junior Championships at the Broadmoor World Arena in Colorado Springs last December. One month later, he finished his season in grand style by winning the men's junior title at the U.S. Figure Skating Championships at Joe Louis Arena in Detroit.

All the while, he continued studying hoping to meet the demanding entrance requirements at prestigious Colorado College. Although Michael considers English his favorite subject, his career goal leans toward psychology.

"I'd like to work in clinical psychology or sports psychology," he said.

In pursuit of that goal, Michael is conscious of his P's and Q's and how they affect his A's and B's. Skating may be



Bob Campbell/The Cheyenne Edition

**“There’s
always some-
thing to do,
whether it be
skating or
school, I like
to be busy.”**

his love, but school is his passion. He refuses to neglect one for the other as his daily schedule will attest.

“Usually in the winter months, it’s school and skating,” Michael said. “I go to school from 7:45 to 9:30 and then again from noon to 2:45. I skate from 9:45 to 11:30 and then again from 5:00 to 5:45. Then I go home and do homework.”

Sometimes, Michael’s two characters meet. Officials at Cheyenne Mountain High School asked Michael to speak at a school assembly.

“The assembly was on a Friday,” Michael said. “Saturday, the football team was going to the state championships. I’d finished third at world juniors, so they kind of recognized me. They wanted me to say good luck to the football team. Maybe they hoped that would help them win.”

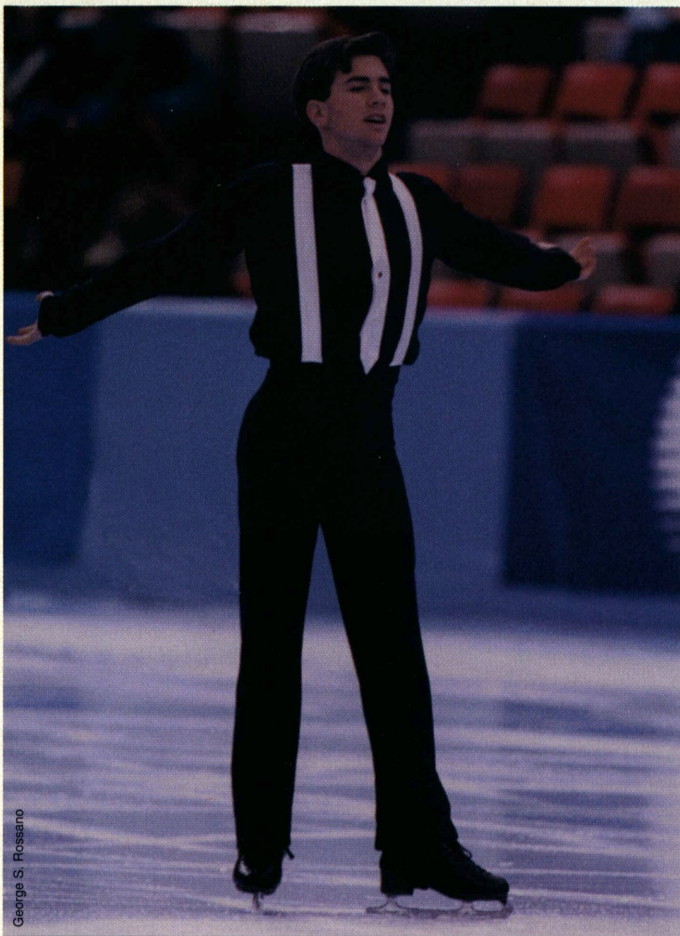
The football team lost, but the school’s gesture meant a lot to Michael.

“I was nervous before the assembly. I was probably more nervous for that than competing, standing up before my whole school,” Michael said. “That’s when it sunk in that I’d done what I’d done. Not only people in the skating world had recognized me, it was a weird feeling.”

Michael probably should get used to that feeling. After his work in 1994, more and more people are likely to recognize his figure skating.

“I think 1994 was a big year for me,” Michael said.

Michael’s watershed occurred at the World Junior Team Trials held at the World Arena. For the first time in his skating career, Michael put together solid performances in the technical program and the free skate. He outskated returning world junior silver medalist Michael Weiss and world junior bronze



George S. Rossano

“I want to skate well enough that European judges can see me. I want them to recognize me as a force that’s coming up in the future.”

medalist Johnnie Bevan to win the competition.

“It was the turning point and a confidence builder,” Michael said. “I realized I was competing against people who ranked high in the world. It gave me the confidence of knowing I wasn’t going into the world juniors as another competitor. People would be looking for me to be in the top five. It was an opportunity for me to show myself in international competition.”

It also reaffirmed what Michael always felt, but up to that point hadn’t done.

“I knew I could skate the way I skated,” he said.

Perhaps equally important, Michael learned to skate to the audience during the trials.

“I know there weren’t that many people there,” he said. “It didn’t matter. I really skated to them. I really connected with the crowd. I hadn’t done that before. After I finished my long program, I got a standing ovation. That’s when I thought, ‘I like this, I like skating well, I like the appreciation of the audi-

ence.’”

That lesson carried over to the nationals, where Michael wowed the audience and the judges with his artistry and his jumps.

The U.S. junior title created momentum and opportunities for Michael. He makes his first international trip to Obersdorf, Germany, where he will compete in the Nebelhorn Trophy Aug. 29-Sept. 2. Michael said he views the trip as an opportunity to see the world and as a stepping stone.

“I want to skate well enough that European judges can see me. I want them to recognize me as a force that’s coming up in the future,” Michael said.

It’s all part of his plan to compete in the 1998 Olympic Winter Games in Nagano, Japan.

“I’d like to have more people see me and get more exposure,” Michael said. “I want the judges to know me. Maybe that will help them push me up the ladder.”

Another step on Michael’s road to the Olympics will come at the next U.S. nationals, where he plans to compete as a senior.

“It’s the same as international competition,” Michael said. “I’m anxious to go to senior nationals to get exposure against senior competition, so the judges can see me. The Olympics are four years away, but that’s only four nationals. I want to get in there and see what it’s like.”

The outstanding junior, who is itching to be an equally accomplished senior, said the biggest lesson he learned in skating occurred when he was a novice.

“In 1992, it was my second year as a novice. I had gotten second the year before and I put a lot of pressure on myself. I thought anything but being first would be awful.”

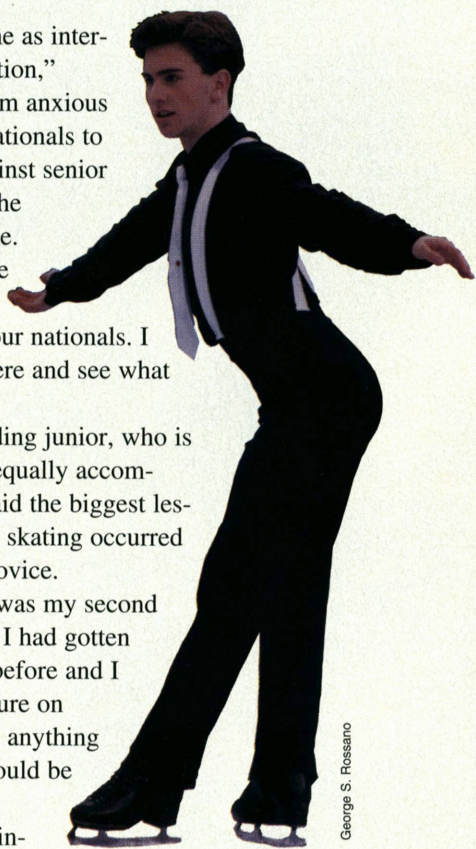
Instead of winning, Michael finished third.

I didn’t compete well at all,” he said. “I wanted to skate so much better, it was a blow.”

Yet the experience helped Michael.

“I learned that I have to enjoy skating,” he said. “I can’t get so concerned with what placement I get that I’m so wound up or I’m so nervous. It just defeats the purpose of going out there. I’ve got to get to the outcome, not let the outcome affect my performance.”

Michael approaches all of his practices and his competitions as another chance to do what he enjoys most—skate.



George S. Rossano

That's how he got involved in the sport in the first place.

Michael started skating when he was 8 by following his sister to the local ice rink a few blocks from their home in Aspen, Colo.

"I kind of tagged along," Michael said. "After school, the hangout was usually the ice rink because the public sessions were right after school. My mom (Susan) was on the city council at the time, so I could get free ice time at the city rink. It made sense to go there."

Michael liked the independence he experienced while skating.

"I was away from everybody," he said. "It was something of my own. Nobody could tell me how to skate or what I should look like. I just skated to what I wanted to do."

There is no way he could have predicted the evolution of his skating career.

"When I began, I never thought I'd have the accomplishments that I've had," Michael said. "I fell in love with it. It was like skating was my destiny. I always wanted to go to the Olympics. I've never thought about the time I put into skating. I've just always wanted to skate."

Michael enjoys skating so much he doesn't know what to do when he's not skating. A back injury early in the summer forced him to take some time off. Instead of enjoying the break, Michael got a minor case of stir crazy.

"I have to say I was lost," Michael said. "I'm the kind of

person who's used to structure. The last few weeks, I've been lost for stuff to do. Usually, I have skating in the morning. Then I'll come home and relax. Then I'll go roller blading. Now, I rest.

"I like it when stuff is always going on. There's always something to do, whether it be skating or school, I like to be busy."

Michael's calendar will fill up quickly enough. The trip to Germany and the start of school will get him back into his familiar routine. Then he can skate in the limelight and fade into the faces of the crowd in class.

He can be Jere Michael the world-ranked figure skater or he can be Jere Michael the aspiring college student.

"At school, I'm not third at world juniors. I'm just Jere and I'm not skating," he said. "I love skating, and I love being third at world juniors, but you can't think about that all the time." ■

Mike Spence is the Olympic beat writer for the Colorado Springs Gazette Telegraph.

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THE USFSA/USOC FIGURE SKATING SPORTS SCIENCE PROGRAM WHAT DID WE LEARN IN 1993?

By Mahlon A. Bradley, MD, Director
USFSA Sports Science Program

The United States Figure Skating Association's Sports Medicine Committee, in conjunction with the United States Olympic Training Center's Sports Science and Technology Division, conducts an on-going Figure Skating Sports Medicine and Science Program to learn more about the science of figure skating. The ultimate goal of these camps is to improve the performances of competitive figure skaters. In 1993, 38 Junior and Novice National competitors were invited to participate in the program. There were eight men, eight ladies, six pairs teams and five dance teams who travelled with their coaches to the United States Olympic Training Center in Colorado Springs, Colo. This article will present significant findings of the program in 1993 to skaters and coaches in the USFSA and PSGA membership.

The USFSA/USOC Sports Science Program currently has six components: musculoskeletal, medical, nutrition, psychology, physiology and biomechanics. Skaters meet with skating-knowledgeable experts in all of the aforementioned fields. These experts were asked to compile the following results.

Musculoskeletal Division: A constant finding at these camps is that quadriceps muscle (the thigh muscle) tightness is directly related to an injury known as "jumper's knee." Jumper's knee is an inflammation of the attachment of the kneecap tendon to the bottom of the kneecap. It is an extremely common injury in all types of skaters (Singles, Pairs and Dance). In 1993, the dancers clearly showed that by stretching their thigh muscles, they prevented jumper's knee, but the results in the singles and pairs skaters were not so clear and were inconclusive.

Based on results of several years of these camps, quadriceps muscle stretching is recommended for all skaters as an important component of their generalized flexibility program.

Medical Division: It is thought that the dry, cold air of an ice rink and the exertion of skating may cause exercise-induced asthma (EIA) in some skaters and thereby affect performance. Twelve percent (3 of 38) of the skaters were diagnosed with EIA in 1993. The diagnosis was made by evaluating the skater's lung function using a special breathing machine. These skaters were treated with inhalers to prevent the onset of asthma when they skated.

Symptoms of EIA include coughing, tightness in the chest and wheezing after exercise. Inhaling medicine can help skaters with exercise-induced asthma.

Nutrition Division: The two most common nutrition problems in the females at the camp were 1) the low number of calories taken in compared with the energy used in skating and training and 2) the finding that they were not meeting recommended daily allowances of nutrients for their age group. The males at the camp were 1) not meeting their recommended daily allowances of nutrients for their age group even though they were taking in enough calories and 2) not drinking enough fluids.

The males were encouraged to expand their selection of foods to meet all allowances of nutrients and to drink more fluids throughout the day. Keeping a bottle of water handy is a good idea for all hard-working athletes!

Nutrition/Psychology Divisions: In a sport with extremely high demands for body appearance, there is a concern that eating disorders are common in figure skating. In 1993, no known or new cases of eating disorders were documented in these 38 skaters.

The average percentage of body fat of the male skaters was 7 percent (Range 2 - 12) and of the female skaters was 14 percent (Range 9 - 18). Body fat percentage was measured using skin folds and appropriately adjusting the formula used for these young athletes.

Psychology Division: The two most common sports psychology issues raised in 1993 were 1) performance enhancement and 2) communication problems with partners and coaches. These skaters had difficulties decreasing anxiety and increasing concentration and focus in preparing for competition. They also found that inability to communicate well with their partner and/or coaches interfered with their performances.

The Psychology Division of the USFSA/USOC Sports Science Program played a major role in the preparation of many of the members of the 1994 World and Olympic Team. These experiences proved how working with a sports psychologist can improve your performance.

Physiology Division: A four-minute, on-ice "kill drill" was used to assess the on-ice conditioning level of these Junior and Novice skaters. After the drill, blood levels of the waste product lactic acid were measured. The lactic acid levels in April were compared with the levels in September to see if their conditioning had improved. Results showed that the dancers improved in their conditioning level by 30 percent, the ladies improved by 13 percent, the men showed no change and the pairs worsened by 14 percent.

It is strongly felt by the faculty that skaters who work at their conditioning level with an on-ice and/or an off-ice conditioning program will improve their performances.

Biomechanics Division: This division of the program continues to provide skaters and coaches with material that is directly related to figure skating techniques. In 1993, the data on the single, double and triple Axels was compiled and reported to all coaches attending the 1993 PSGA Convention and all who attended the 1993 USFSA Governing Council Meeting. Briefly, that research showed that while executing triple Axels, the skaters in the study 1) rotated faster in the air, 2) attained their tightest position more quickly, 3) held a more closed position in the air, 4) jumped similar heights during all Axels, 5) decreased their take-off lengths, 6) increased their skid lengths and widths and 7) travelled shorter distances in the air. However, this was a small study and the project continues to collect more data.

A new study began in 1993 on the speed and lean angles of different positions of Dancers and Pairs skaters. The 4 dance positions were open hand-in-hand, kilian, foxtrot, and waltz. Based on the results from the study the positions were ranked from slowest to fastest as waltz, foxtrot, kilian, open hand-in-hand. The Pair skating positions and speeds were ranked from slowest to fastest as backwards (counterclockwise), backwards (clockwise), kilian, and hand-in-hand. Further studies of these speeds and the lean angles of dancers and pair skaters will be performed in 1994.

The faculty of the USFSA/USOC Figure Skating Sports Medicine and Science Program is intent in communicating their findings to the USFSA and PSGA membership on an annual basis. As more data is compiled, more recommendations will be made and presented at conventions and through the USFSA and PSGA magazines. Questions and comments may be sent to the USFSA/USOC Sports Science Program Director, Mahlon Bradley, M.D., 9 Colby Street, Salem, MA 01970. ■

e) *Accessories and props are not permitted.*

JUDGING

1. Judges between 45 and 50 who obtained their first international appointment before age 45 may obtain a second and/or third international appointment in another discipline if they are otherwise qualified in that discipline.
2. First time international judges in ice dancing will now be deemed "probationary" for two years commencing July 1 of the year of their nomination and thereafter will be promoted to International Dance judge only if they receive at least one satisfactory judging report during that time.
3. In singles and pairs judging, the first mark is for technical merit and the second mark is now for *presentation*, not artistic impression. The factors of *speed, style and unison* (for pairs) are now part of the list of elements to be considered in *presentation*.
4. A deduction of 0.1 in both marks is to be made if a program is 20 seconds too short or too long (10 seconds off the prescribed range). If a program is 30 seconds or more short, no marks shall be awarded.
5. If a judge ties two couples in the original dance, the couple receiving the highest marks for *presentation* receives the better place. If the marks for presentation are also equal, the couples are tied.
6. In compulsory dances, judges will now award two marks. The first mark is for *technique* (accuracy, placement, unison, style, edges) and the second mark is for *timing/expression*. The marks for technique and *timing/expression* are added together. The sum is the total points for each compulsory dance from each judge. If a judge ties two couples in a compulsory dance, the couple

receiving the higher mark for *timing/expression* receives the better place.

7. In marking the free dance, the judge must make the following *additional* deductions:

Technical Merit

Lack of cleanness, sureness and skating on edges 0.1 - 0.4

Artistic Impression

Incorrect music 0.1 - 0.5

Incorrect timing 0.1 - 0.5

Incorrect interpretation 0.1 - 0.4

Poor style and unison 0.1 - 0.4

Unsuitable choreography 0.1 - 0.4

8. The median, not the average, mark will be given to all judges after the first competitor skates.

WORLD CHAMPIONSHIPS

1. In singles events, the top ten of the previous year will be "byed" to the final round by name only. No substitutions or replacements. The ten best-placed competitors in each qualifying round group (A/B) plus the ten "byed" skaters will make up the final round (30).
2. Seeding has been eliminated.

.....

Please bear in mind that these are only some of the highlights that I have gleaned from my notes of the Congress. As such, I have not had time to study the few available drafts of the new Rules. If I become aware of any corrections to the information supplied here, I will issue them separately. ■

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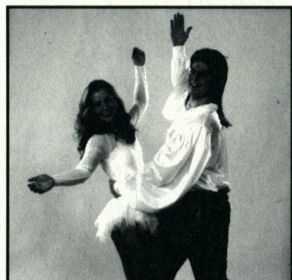
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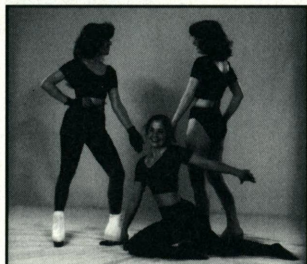


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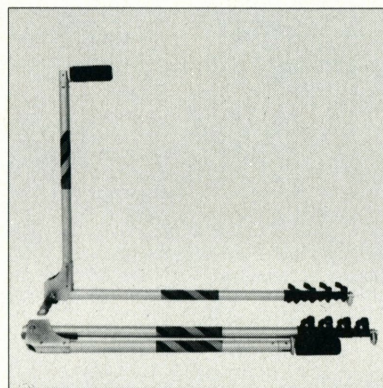
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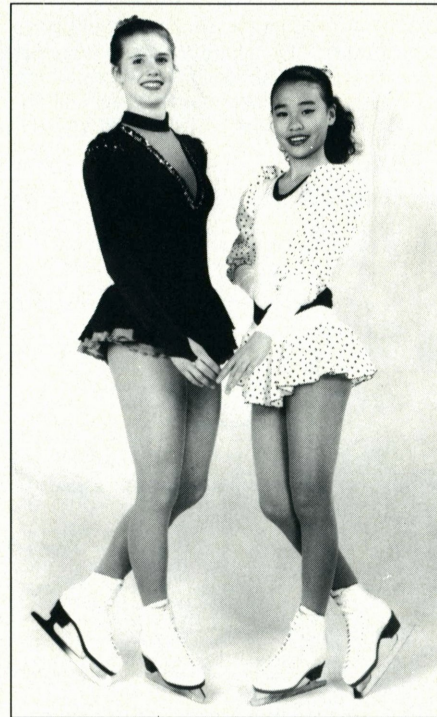
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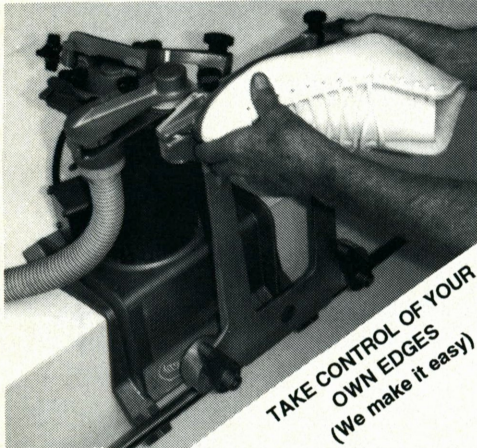
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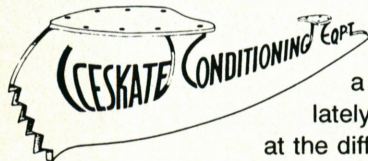
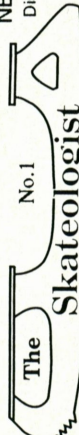
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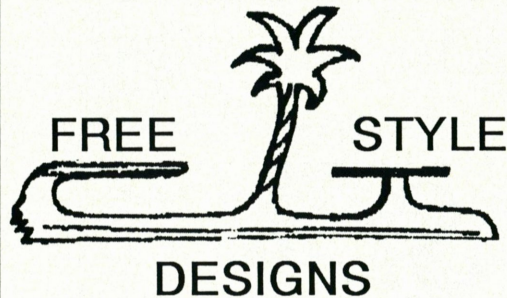
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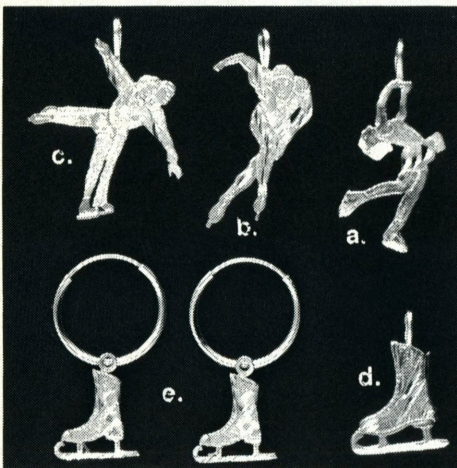


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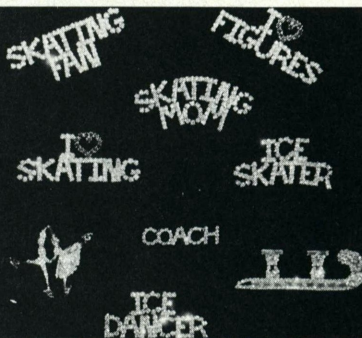
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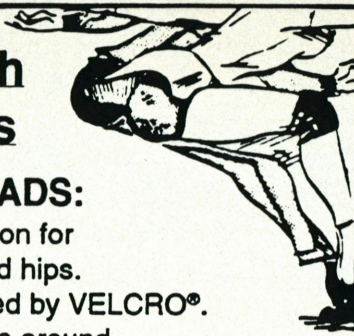
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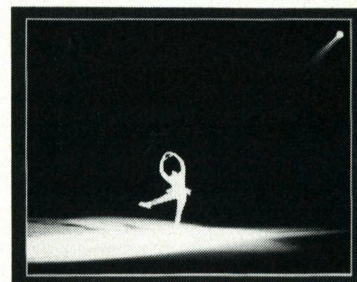
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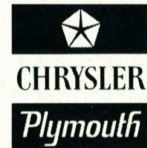
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