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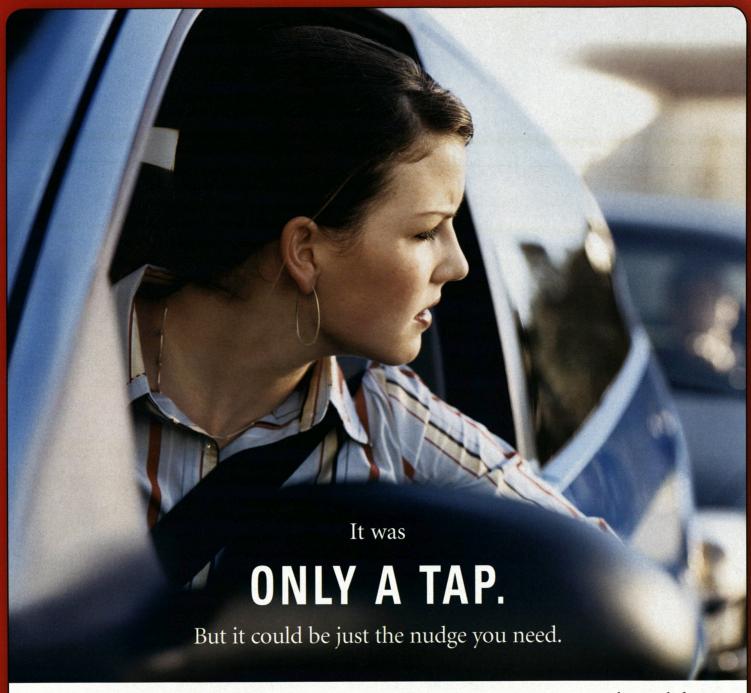




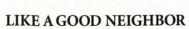


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on the cover

Photo by Paul Harvath



Following the 2006 State Farm U.S. Championships, the U.S. Olympic Team was announced. Representing the United States will be from, left, ice dancers Jamie Silverstein and Ryan O'Meara, Melissa Gregory and Denis Petukhov and Tanith Belbin and Ben Agosto; singles skaters Sasha Cohen, Johnny Weir, Kimmie Meissner and Evan Lysacek; pairs skaters Rena Inoue and John Baldwin and Marcy Hinzmann and Aaron Parchem; and singles skater Matt Savoie. Not pictured is Michelle Kwan.

U.S. officials getting up to speed on new judging system

40

Finding right partner takes perseverance

50

Editor's Letter

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Editor Troy Schwindt

There were plenty of highlights and just a couple of lowlights as I look back at my first State Farm U.S. Figure Skating Championships.

Skating at all levels was good, and sometimes great. It was wonderful to watch how much winning a gold medal meant to Sasha Cohen after years of being the bridesmaid, and how much

Johnny Weir and the ice dancing team of Tanith Belbin and Ben Agosto cherishedtheir U.S. three-peat.

Then, of course, there was the historic throw triple Axel that pairs champions John Baldwin and

Rene Inoue executed in their free skate, and the reaction of John's parents in the stands.

One of my duties at the U.S. Championships was escorting the camera crew from The Learning Channel series "Ice Diaries" behind the scenes. Standing in the corridor that the skaters use before walking onto the ice, it was interesting to watch each athlete mentally and physically prepare to perform.

Cohen, for example, would check the bulletin board to see when she was to skate, take a couple of slow laps down the corridor and practice parts of her routine before heading back to the locker room to get ready. She did all of this with the ABC cameras following her every step.

It was also intriguing to watch legendary coach Frank Carroll and wonder what was going on in his head.

The most popular guy, though, behind the scenes was 1984 Olympic champion Scott Hamilton, who wasn't on the clock. Watching him work a room is a thing of beauty. Longtime friends and perfect strangers receive the same, good-hearted and respectful attention from this skating icon.

I would have to say one of the most memorable highlights of my first U.S. Championships took place on the night that all 12 of the U.S. Olympic champions were honored in front of 13,000 fans at the Savvis Center.

It marked the first time that all 12 had been together at one time, so the occasion took on even more significance to all who were present.

Listening to the public address announcer – with powerful music playing in the background – introduce legends such as Peggy Fleming, Dorothy Hamill, Brian Boitano, Hamilton and Dick Button, sent a chill down my spine.

During the day, several of the Olympic champions made their way into the media room for interviews. Tara Lipinski talked about her acting career that's well under way, while Tenley Albright entertained questions dealing with her remarkable career and life.

One of the other things I'll remember about the St. Louis championships was the class that 16-year-old Emily Hughes showed after it was announced that she wasn't one of the top three nominees to the Olympic Team. Instead of disappointment, there was a smile and a sage outlook that comes from being a quality person and a champion in her own right. When asked if she had received any "bummer" text messages from her friends since the vote was announced, she said, "No, they were saying congratulations because it's awesome to just have national medal. No bummers."

As far as the lowlights, a flu bug swept through the media types and nearly all the U.S. Figure Skating staff and ABC crew found themselves in a world of hurt. I escaped, somehow, unscathed.

And there were the long days that started at 10 a.m. and ended at 2 a.m. I just never got used to keeping those marathon hours.

All in all it was a great experience and one I look forward to next year in Spokane, Wash. U.S. Figure Skating National Television Sponsors









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Submit a news item to SKATING via mail, fax or online at www.usfigureskating.org/magazine.asp?id=138.

To ask Mr. Edge a question, send it to "Ask Mr. Edge" via mail, fax or online at www.usfigureskating.org/mag-azine.asp?id=134.

Send Kids' Questions to "SKATING Kids' Questions" via mail, fax or online at www.usfigureskating.org/magazine.asp?id=133. Only questions from kids age 18 and younger will be accepted. With your questions, send your name, age and hometown (city and state).

If you would like to be featured in the Kidz Spotlight, send your information to "Kidz Spotlight" via mail and include a few printed photos of yourself. Include in your submission your name, address, home phone number (not for publication) and U.S. Figure Skating member number. Answer as many of the questions that you see printed in the Kid Spotlight as you want, and we might feature you. We cannot return the photos we receive.

Visit SKATING magazine at U.S. Figure Skating Online if you would like your synchronized team to be featured in the Synchronized Spotlight.

with Christine Zukowski

Christine Zukowski is one of the rising stars in U.S. Figure Skating. The 16-year-old from Newark, Del., finished as the silver medalist in the junior ranks in 2005. Last month, Zukowski placed sixth at the State Farm U.S. Championships in St. Louis.

We caught up with Zukowski at the recently completed ISU Four Continents Championships in Colorado Springs,

SKATING: What is the most memorable moment in your skating career?

Christine: The recent U.S. Championships. That was the best time. I skated really well and I was really happy.

SKATING: What skater inspires you most?

Christine: Irina (Slutskaya). Michelle Kwan, too, because she has been around for so long and she's been on top for so long.

SKATING: You say music is one of your hobbies. What kind of music do you like and who is your favorite artist?

Christine: I like hip-hop and Usher.

SKATING: According to your biography in the media guide, you have a passion for gum. How much do you chew?

Christine: I can go through a pack of 17 a day. Winterfresh is my favorite.

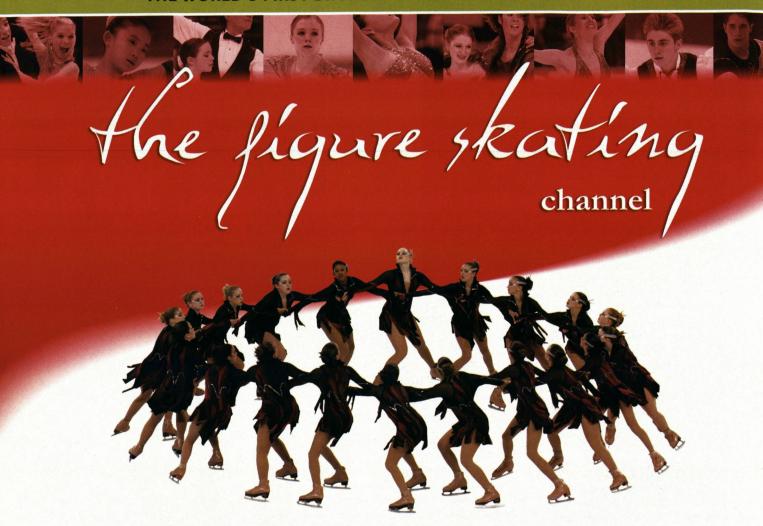
SKATING: You say that someday you want to become a veterinarian. What animals are closest to your heart?

Christine: I have three dogs and a cat. I really like tigers, too.

SKATING: Your dad is the former basketball sports information director at Temple University. Have you met legendary basketball coach John Chaney?

Christine: Yes, several times. He's cool.





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letterstotheEDITOR

Dear editor.

I took my senior moves in the field test in May. I was excited to see that the May tests were listed in the October issue, and then I realized my name wasn't there. What happened? How can I get my name in?

Megan, N.Y

Megan, this is a common question, and one that is easily answered. If you will look again at the October issue, it reads that the list "reflects tests processed from test reports received May 1-31, 2005." Each club has its own system for sending tests into U.S. Figure Skating Headquarters. Most likely, even though you took your test in May, we did not receive it until June or later. My guess is that if you look in the November or December issue, you will see your name. If you don't, I suggest you contact our Member Services department at memberservices@usfigureskating.org to follow up on the processing of your test.

Dear editor,

As much as I like the new, more sophisticated direction and look of the graphics and photography of SKATING, I can't help but think that the inclusion of adult skating seems to be at an all-time low. Even the upcoming calendar section does not even list adult nationals in March or the adult international competition in June. What's up with that?

I really sense there is no longer representation within your organization and magazine on adult skaters. I find this to be a great shame. I have come to appreciate the diverse coverage of the magazine and all who make up the skating world that we love so much.

I do understand the Olympic buzz of this year and the focus on those athletes, but please don't forget there is a large competitive group of adult skaters in this country belonging to U.S. Figure Skating and in many respects our ability to skate has varied and different levels of challenges. I hope you will consider more adult skating coverage.

Sincerely, Marco Pizzo

Thanks for the letter Marco. I know there are a lot of great stories in the adult skating community and we have a couple of those in this issue. More stories are planned in the coming months. Thanks for caring and giving your opinion.

The "Letters to the Editor" page is dedicated to its readers and their thoughts about the magazine and figure skating. Letters can be e-mailed to Editor Troy Schwindt (tschwindt@usfigureskating.org) or to Mickey Brown at mbrown@usfigureskating.org. Include you name, city, state of residence and phone number with the letters. Only readers' names and residences will be listed in SKATING. Limit letters to 300 words. Letters will be edited for clarity and space.

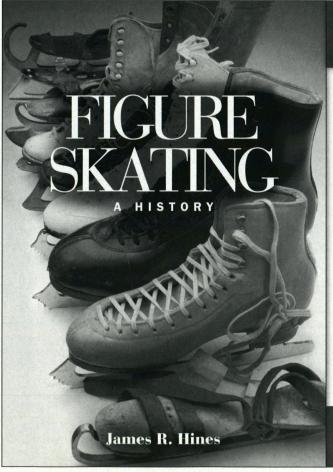


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- Irina Slutskaya and Michelle Kwan, and the controversial 2002 season

More than seventy magnificent historical pictures illustrate this account. In addition, a special section features the photo of every World and Olympic Champion. *Figure Skating: A History* is an informative and inspiring work, sure to be enjoyed by anyone who has ever skated or followed this beautiful sport.

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Belbin, Zavozin become U.S. citizens

U.S. ice dancers Tanith Belbin and Maxim Zavozin became U.S. citizens in the last few days of 2005, making them eligible to represent the United States at the 2006 Olympic Winter Games.

Belbin and her partner, Ben Agosto, are on their way to Torino, Italy, courtesy of their third consecutive U.S. championship Jan. 13 at Savvis Center in St. Louis. Zavozin and his partner, Morgan Matthews, finished fourth in the event and are the first alternates on the U.S. Olympic Team.

"(Ben and I) feel it is our time to shine, and now we can make the most of this as we try to qualify for the Olympic Games," Belbin said prior to the U.S. Championships. "I have lived here (in the United States) for so long, and this was the last piece of the puzzle. I really feel that I have found my place here. Some of the greatest moments of my life were while I lived here, and now I feel complete."

The bill containing a provision regarding citizenship for aliens of extraordinary ability, which pertains to Belbin and Zavozin, was signed by President George W. Bush on Friday, Dec. 30. Zavozin was sworn in as a U.S. citizen that day in Fairfax, Va. Belbin was sworn in as a U.S. citizen at the Citizenship and Immigration Services (CIS) office in Detroit the following morning. They both received their certificates of naturalization.

"It feels great," Zavozin said. "I don't

think I have fully realized what has happened yet. ...I love the U.S. and am proud to be a U.S. citizen. I want to thank everyone who was involved in helping me get my citizenship. I am very thankful; this is just amazing."

The provision in-

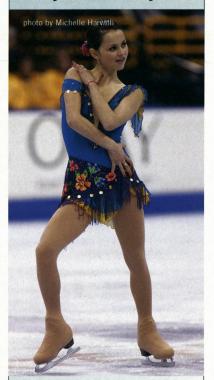
cluded in the bill signed by President Bush provides Zavozin, Belbin and others in their situation the benefit of immigration rules that have changed since they began their citizenship efforts in 1998 and 2000, respectively. In 2002, CIS changed the rules to allow individuals in their situation to apply for their green card and visa at the same time, rather than having to wait the 18-24 months that was previously required.



Tanith Belbin displays her certificate of naturalization, while Maxim Zavozin celebrates his U.S. citizenship with ice dancing partner Morgan Matthews.



Cohen featured on 'Project Runway 2'



Newly crowned U.S. ladies champion Sasha Cohen appeared on an episode of Bravo's reality show "Project Runway 2" that aired Wednesday, Jan. 18.

"Project Runway 2" takes 16 aspiring fashion designers and gives them weekly challenges. Their finished products are then modeled in front of a panel of world-renowned designers, who lavish both praise and criticism on the contestants' work. One contestant is eliminated at the end of each program. The last designer standing wins \$100,000 to start his or her own fashion line, a contract with Banana Republic and a new Saturn sports car.

Hosted by supermodel Heidi Klum, the episode in which Cohen appeared, titled "On Thin Ice," called for the eight remaining designers to create a functional and fashionable outfit for Cohen to wear in an upcoming competition. Zulema Griffin won the judges over with a revealing, white angel costume.

In addition to sitting on the judges panel, Cohen also gave the contestants a skating lesson.

ICEBREAKERS

HQ Profile: Nancy Heizer



In this Headquarters profile, meet Administrative Assistant Nancy Heizer. Heizer has worked at U.S. Figure Skating for eight years. She assists skaters at all levels with various correspondence, as well handles countless other administrative duties, such as travel arrangements.

What do you like to do away from the office?

I support children's literacy by tutoring at the First Presbyterian Church Rise

and Shine program for second-through-fifth-grade students. I enjoy being outside hiking, bike riding and especially playing a fun round of golf with my husband, Sam.

If you could have dinner with anyone in the world, who would it be?

Having dinner with anyone in the world doesn't excite me, but I would like to sit in row 15, dead center, to hear Andrea Bocelli per-

form. Wow! That would blow my socks off.

Who is the most famous person you've met?

When I first started here, I met Elizabeth Punsalan and Jerod Swallow at the Board of Directors meeting. Because ice dancing is my favorite event, it was great to be seated at the AAC luncheon with them. I remember they were so personable and down to earth, it was hard to imagine them performing in costume. I remember their routines being so electrifying and beautiful to watch.

What country would you like to visit for the first time?

Two years ago it was my good fortune to spend time with my daughter in Australia. It was three days was on a sailboat at the Great Barrier Reef. I would do that again before I'd visit any other country.

What's the best part of your job?

Working for the most popular Olympic Winter Games sport, figure skating. It's nice knowing the lives I touch in the smallest of ways may be those of future champions. I've written thousands of letters on behalf of skaters to secure absence support from school for practice ice time in place of P.E. or study halls. I've written hundreds of letters to recognize skaters who succeed academically while pursuing their dreams of ice skating, as well as thousands of certificates and letters of congratulations for those esteemed skaters who medaled at regional, sectional, the U.S. Junior and U.S. championships.

Governing Council to meet May 5-6

Disney's Coronado Springs Resort in Orlando, Florida will be the magical site of the 2006 Governing Council Annual Meeting. The meeting will take place Friday and Saturday May 5 and 6, 2006.

There are many other meetings and educational activities that take place during the week in addition to the meeting of the Governing Council. The Executive Committee will meet Tuesday, May 2 and the Board of Directors will meet Wednesday, May 3.

The popular Judges Education School (pre-registration required) will take place on Thursday, May 4.

The Club Education Seminar will take place on Wednesday and Thursday, May 3 and 4. This seminar requires pre-registration and a registration fee (\$75 per person or \$200 for 3 or more board members from the same club). As part of this seminar, participants will be required to attend



educational seminars and open forums on Thursday, May 4 that are available to all attendees.

Those attending the annual meeting this year can look forward to some new and exciting additions to the Thursday seminars. Special ticket offers for Disney theme parks will also be available to attendees.

More information will be mailed directly to club presidents, secretaries and individual members in January. The most up-to-date information on www.usfigureskating.org will be available after the first of the year.



So you're a Winter Olympics fan. Can you name the host city of 2002? Easy, eh? What about 1998? Where are the Games scheduled for 2010? Solve this puzzle and you'll discover all the host cities since the inception of the Winter Games in 1924. Good luck, and see you at the rink!

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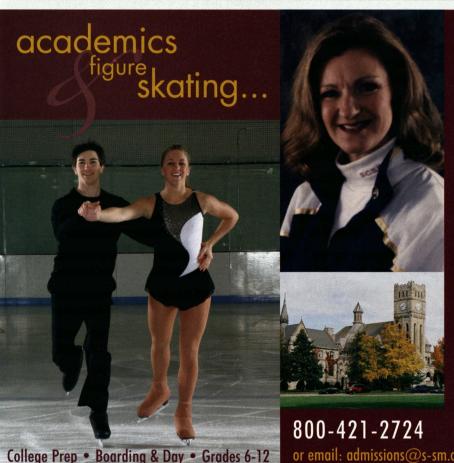


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Photos by Paul and Michelle Harvath

Kwan petition stirred discussion at U.S.Championships

Hot Topic

The 2006 State Farm U.S. Figure Skating Championships will be remembered as much for what took place off the ice as the excitement generated inside Savvis Center in downtown St. Louis.

Before the event started, nine-time U.S. titlist Michelle Kwan notified U.S. Figure Skating that she would not be able to compete because of a right groin injury suffered in practice on Dec. 17. Her doctor said Kwan would not be able to resume full skating activities until Jan. 13.

At the same time, Kwan announced plans to submit a formal petition to the U.S. Figure Skating International Committee for one of the three ladies spots on the 2006 U.S. Olympic Figure Skating Team.

She did so on Jan. 11, and the debate ensued in the court of public opinion as well as in the media, as to if Kwan, a two-time Olympic medalist and the country's most decorated figure skater ever, should be awarded one of the three Olympic berths, thus passing over a skater who earned a top-three finish at the U.S. Championships.

During the U.S. Championships, several skaters and coaches, including Alissa Czisny, Tara Lipinski and Frank Carroll, were asked their opinion on Kwan's petition, and almost universally they said she would receive an Olympic berth.

"I think Michelle Kwan has done so much for this sport, and she has been a champion for so many years," Czisny said. "I'm guessing they will give her the spot on the Olympic Team."

Around St. Louis, Kwan supporters wore "Send Kwan to Torino" buttons and "Got Kwan" T-shirts.

There was also some anti-Kwan sentiment, which was voiced via e-mails, news stories and in Internet chat rooms.

On Jan. 14, following the ladies free skate, the 23 present members of the International Committee nominated 2006 U.S. Championships gold medalist Sasha Cohen, silver medalist Kimmie Meissner and Kwan to the Olympic Team.

Emily Hughes, sister of 2002 Olympic champion Sarah Hughes, finished third at the U.S. Championships and was named as the first alternate to the Olympic Team.

"The International Committee considered all of the relevant information and picked the best possible U.S. Olympic Team to represent the United States in Torino," International Committee Chair Bob Horen said. "We believe that Sasha, Kimmie and Michelle will compete in a manner that will make our country proud."

The International Committee made its decision based on the 2006 U.S. Olympic Athlete Selection Procedures and the information submitted in Kwan's petition. According to selection procedures, only the winner of each discipline at the U.S. Championships receives an automatic nomination to the Olympic Team.

As stipulated in the petition, representatives of U.S. Figure Skating could attend one of Kwan's practice sessions in Los Angeles on or about Jan. 20, and again a week later to observe her short program and free skate. They would be able to use their sole discretion in determining if Kwan was healthy and capable of giving an Olympictype performance.

On Jan. 27, a five-person monitoring committee watched Kwan perform her free skate and short program and unanimously agreed she was fit and capable of winning a gold medal at the Olympics. (A related story appears on page 14).

"It feels awesome," Kwan said in a teleconference. "I want to thank U.S. Figure Skating for their confidence in me. When I first put in the petition, I believed I would be 100 percent at the Olympics, and I still believe it."

Kwan won a silver medal at the 1998 Olympic Winter Games in Nagano, Japan, and a bronze medal at the 2002 Olympic Winter Games in Salt Lake City.



gold medalist

Cohen sheds bridesmaid tag, claims first U.S. crown

When Sasha Cohen arrived in St. Louis for the 2006 State Farm U.S. Figure Skating Championships, she felt weak due to a recent bout with the flu.

She also carried the heavy load of having a fist full of silver medals, including four from the U.S. Championships and two from the World Championships, and no gold medals to show for her years of hard work.

Cohen, however, proved to the 13,000-plus fans at Savvis Center and a live ABC audience on Jan. 14 that she would be denied no longer. The 21-year-old from Westwood, Calif., put together winning short and free skate programs en route to her first U.S. Championships title. Kimmie Meissner, a bronze medalist in 2005, moved up one spot to claim silver, while Emily Hughes emerged with the bronze medal.

Cohen's moment in the sun came with her main rival, nine-time U.S. titlist Michelle Kwan, watching on TV from her California home.

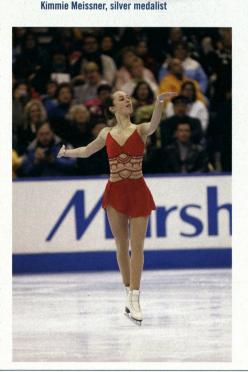
"It feels a little empty without her here," Cohen said after her short program which generated 65.15 points. "Ever since I have heard of fig-

ure skating or been at nationals, Michelle's always been a big part of the events. So, I definitely miss competing here with her, and it doesn't even quite feel like nationals."

The short program on Jan. 12 featured the performances of 19 ladies who qualified for the U.S. Championships through their regional and sectional competitions or because of international byes. Most of the field struggled with their routines, as there were as many falls as triple jumps.

Cohen performed to "Dark Eyes" in a new gypsy-like costume. She separated herself thanks in large part to her spiral and straight-line step sequence, which graded out high with the judges.

"I was pretty happy with that," Cohen said. "I really enjoyed the performance tonight. I've had a whole week of unknowns being in bed with the flu. I am really happy that I have been getting better, and I am really well trained, and this is definitely half as good as I have been doing in practice."



She said the illness zapped her in many ways.

Sasha Cohen.

"My transitions, my spins, my speeds were really suffering," she said. "I just kind of wanted to get from beginning to end."

Hughes put her name near the top of the leaderboard with a strong performance to her Gershwin concerto, scoring 59.11 to place second.

"That was a really good performance for me and really good that it happened today," Hughes said. "Since the Marshalls event in December I have really tried to step up my training because I realized it was already December and nationals were so close. I felt confident coming into the competition."

Bebe Liang (All Year FSC), the last skater of the night, also turned in one of her best performances and finished with a score of 58.82. Meissner, Alissa Czisny (Detroit SC) and Christine Zukowski (University of Delaware FSC) rounded out the top six.

Emily Hughes, bronze medalist





Kwan convinces panel she's ready for Torino

Michelle Kwan is going back to the Olympic Winter Games for one last shot at a gold medal.

A five-member monitoring panel determined Friday afternoon, Jan. 27 in Los Angeles, that Kwan is fit and that her programs are of Olympic caliber.

Bob Horen, chairman of the panel, said the nine-time U.S. champion demonstrated that she could compete on the highest level and is a contender for a gold medal.

"It's the opinion of this moni-toring team that Michelle could win the Olympics," Horen said. "She's definitely qualified to win a medal. She's skated very well."

The five-time World champion and two-time Olympic medalist petitioned U.S. Figure Skating for a spot on the Olympic Team after suffering a groin injury in practice in mid-December. The injury forced her to miss the 2006 State Farm U.S. Championships in St. Louis, Jan. 7-15.

The petition stipulated that a group from U.S. Figure Skating would have the opportunity to evaluate Kwan's physical condition and the level of her skating, and then using their sole discretion, decide if she should be on the Olympic Team.

That panel consisted of Horen, technical controller Charlie Cyr, world judge Paula Naughton, international judge Lorrie Parker and athlete representative Brittney Bottoms.

Kwan performed around 11 a.m. at the East-West Ice Palace, her home rink, in Artesia, Calif. In front of the U.S. Figure Skating panel, a few family members and her coach, Kwan performed her free skate, took a 10-minute break, and then skated her short program.

She had one fall on a double Axel but landed four clean triple jumps and various combinations. All of her levels were deemed threes and fours.

Her programs didn't receive a score but were monitored for the elements and their levels within the ISU's new judging system.

After the programs, the panel met at a nearby hotel and after an hour of discussion unanimously agreed that Kwan is fit and confirmed her nomination to the Olympic Team.

Kwan will join U.S. champion Sasha Cohen and U.S. silver medalist Kimmie Meissner at this month's Olympic Winter Games in Torino, Italy. Emily Hughes, the U.S. bronze medalist, is the first alternate on the Olympic Team.

Kwan, who has only been scored once under the new judging system, said she has plenty to work on before the Olympics, but that the judges offered her plenty of advice and direction on what to work on in the coming weeks.

She said she would probably attend the opening ceremonies.

There were plenty of Kwan supporters at the U.S.

Championships, pushing the skater's efforts to be named to the Olympic Team.

On the final night of competition, Cohen performed a nearly clean free skate to "Romeo and Juliet." Her only miscue came when she fell out on both ends of a triple toe-triple Salchow sequence. Her score of 134.03 gave her a combined mark of 199.18.

"It was really nice, and I made it to the end and stayed on my feet," Cohen said. "It wasn't perfect, but it was good. After I started getting into it, I started to enjoy it. There are always so many thoughts in the very beginning, and I just had to get them all settled down."

Meissner, skating to Ottorino Respight's "Belkis, Queen of Sheba," took advantage of bonus points for her jumps landed in the second half of her program to finish second in the free skate. Her score of 116.01 included two triple-triple combinations, although she did fall on her double Axel.

"I was a little disappointed because I don't generally miss a double Axel, but I was very pleased with my performance because I feel I gave it everything I've got," said Meissner, who finished with combined marks of 171.04.

Hughes, performing to Glazunov's "The Seasons," had an up and down free skate and finished with a score of 106.61 to place third.

"I think I just got ahead of myself, and I tried to recover," Hughes said. "I did the next jump."

She finished with a total score of 165.72. Katy Taylor (Texas Gulf Coast FSC) finished fourth, while Liang claimed fifth place.

Weir nails down three-peat

Johnny Weir put a season's worth of frustrations behind him by winning his third consecutive U.S. men's title.

The 21-year-old from Quarryville, Pa., won the short program with a personal-best mark of 83.28 and survived hard-charging Evan Lysacek and Matt Savoie in the free skate to emerge with the title.

Weir's combined mark of 225.34 was less than one point better than that of silver medalist Lysacek (DuPage FSC) and three points more than bronze medalist Savoie (Illinois Valley FSC) scored. It will be the first Olympics for the trio.

"Being a third-time national champion is really an awesome feat," Weir said after the free skate, in which he placed third. "I wasn't quite sure how I would achieve that after the year I have had so far. I am really proud that I could win again, but the program today definitely wasn't up to par with my previous two wins. There was a lot that I could have done better, but this was by far the hardest year for me to compete, especially with having such a strong lead in the short and not letting that get to my head.

"I just wanted to relax and get into the program, which I did pretty well, considering it was an Olympic year, and I was coming back as reigning U.S champion, and all these other things that went on as opposed to just skating today. I am very proud that

Johnny Weir, gold medalist

I got through it as well as I did, even if it wasn't the best that I could do."

This season, Weir found himself in a time pinch as he attempted to modify his programs to capitalize on the new ISU judging system. An ankle injury at Skate Canada didn't help matters.

Weir, however, got off to a superb start in St. Louis with his "The Swan" program during which the fans cheered him on the entire time.

Two-time Olympian Michael Weiss (Washington FSC) placed second with a score of 77.55, while Lysacek finished third at 74.03. Savoie secured fourth at 72.50, and 2002 Olympic bronze medalist Timothy Goebel scored 70.27 to place fifth and remain within striking distance of the leaders.

In the free skate, Lysacek made his move. Performing his relatively new "Carmen" program, the 2005 U.S. bronze medalist skated well but stumbled a couple of times en route

to a career-best free skate mark of 150.44.

"I have mixed feelings a little bit," Lysacek said.
"I am so excited to come in second in the competition, but if just one of those minor mistakes that I made would have not been there, it would have made up that less than one point I was from first.

"But I'm so honored. The Olympics has been a lifelong dream. So, I know that I have a ton of work ahead of me as far as improving program components and technical aspects of the routine, but it is work I have been waiting for my entire life to do. I am anxious to get home and get back on the ice and get some more difficulty in my program."

Savoie, skating second in the final group, delivered on his performance of *The Mission*. His only major error was a fall on a triple Lutz in the second half of the program. His score of 149.86 placed him second in the free skate and third overall, with Weiss still left to skate.

"I am pleased with that performance," Savoie

have been fin

said. "Obviously, I made a mistake and there were some unorganized parts of my program, but that is the best I have skated all season."

Weiss needed to finish ahead of Savoie, but a single Axel and a two-footed quad deducted enough points to cost him a ticket to Torino.

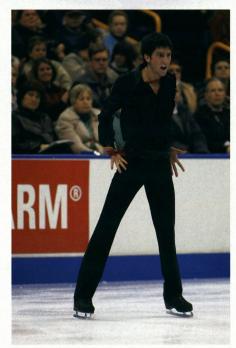
"Had I landed the second triple Axel I would

have been fine," said Weiss, who placed fourth. "I did a single. Sometimes that happens at an inopportune time, but what can you say? I am certainly disappointed.

"I've enjoyed these past four years. I won another national title in between the last Olympics and this one. I got a silver medal here. The past two years I haven't performed my best, but I know that I still can do it. Tonight just wasn't my night."

Goebel, who like Weiss was seeking one more chance at Olympic glory, fell to seventh overall after his free skate.





Evan Lysacek,

silver medalist



Throw triple Axel ticket for Inoue and Baldwin

During an Olympic year, the pressure at the U.S. Championships is often more unbearable than at the Games themselves. No one felt that more than the teams vying for one of two pairs spots heading to Torino this month.

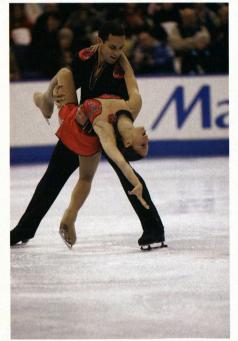
Rena Inoue and John Baldwin (All Year FSC) were hoping to return to the top spot on the podium, while reigning U.S. champions Katie Orscher and Garrett Lucash were fighting to return from Orscher's broken ankle. Marcy Hinzmann and Aaron Parchem, also recovering from a severe knee injury

(to Hinzmann), needed to skate two outstanding performances to move up from their third-place finish in 2005.

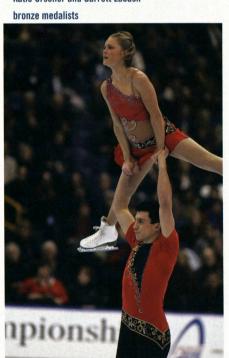
Beyond those three, there were a couple of untested teams figuring into the mix: former U.S. champion Tiffany Scott (Colonial FSC) and her new partner, Rusty Fein (Washington FSC), and former singles sensation Naomi Nari Nam (All Year FSC) and Themistocles Leftheris (Los Angeles FSC).

Two teams met the pressure. Inoue and Baldwin made history in the free skate by landing the first throw triple Axel, and Hinzmann and Parchem overcame a fall to edge Orscher and Lucash for second place.

Marcy Hinzmann and Aaron Parchem silver medalists



Katie Orscher and Garrett Lucash bronze medalists



"For me, being at my 20th nationals I feel like I have been at school for 20 years and tonight I graduated," Baldwin said. "I am sharing that with Rena, and I love her so much for being there for me."

Inoue and Baldwin's Shostakovich program was packed with technical content highlighted by the throw triple Axel.

"Rena and I knew what we had to do tonight, and we knew that it wouldn't be easy," Baldwin said. "We knew that we had to pull off the best performance in our competitive careers."

Hinzmann and Parchem were first to skate in the final group. Their Once Upon a Time in Mexico program - choreographed by Parchem's wife, Zuzanna Szwed - was judged equal in both technical elements and program components. Hinzmann fell on their side-by-side triple toes, but the rest of the program was steady.

"Tonight felt wonderful." Hinzmann said. "I was more than thrilled with our performance and with

our placement for Aaron. We just wanted to do what we had been doing in practice, and I can honestly say we did that tonight."

Twenty-eight-year-old Parchem was the first alternate on the Salt Lake City Olympic Team with his former partner, Stephanie Kalesavich. This quadrennium he knows he will compete under the five rings.

"I turned to our choreographer after we skated and I said, 'I just don't want Aaron to be the first alternate again," Hinzmann said.

Leaders after the short program, Orscher and Lucash could not take advantage of their 3.24point lead. Lucash doubled the planned triple toe in their opening combination, while Orscher put both hands down on the landing on the throw triple Salchow and flipped out of the throw triple flip.

"There are some days where you and your partner are just clicking together, but it has to be on the same wavelength," Lucash said. "For some reason we had to fight through every element tonight."

Tanith Belbin and Ben Agosto, gold medalists

For Belbin, Agosto, this one proves extra special

At any time, a third straight
U.S. title is sweet. But for
Tanith Belbin and Ben Agosto
(Arctic FSC), winning the ice
dancing gold medal was even sweeter than anticipated. In early December, they were faced with the fact that even if they won the gold, they weren't going to the Olympic Winter Games due to her citizenship issues.

In the blink of an eye in December, the hard work of a dedicated group of supporters paid off and Belbin received her citizenship. After their expressive free dance to flamenco music at the U.S. Championships, Belbin spoke about the meaning of the third title.

"The title actually feels different for a number of reasons," Belbin said. "Obviously, the biggest is that we can finally compete as two American citizens.

"We felt a great connection with the crowd tonight. It felt really amazing, because it was the largest crowd that we have ever seen at a national championship for ice dancing. The ice dancing was just phenomenal tonight. I would like to applaud all of our competitors, because I think it is phenomenal how far we have come."

Belbin and Agosto have been at the forefront of the emergence of ice dancing as a popular discipline with American audiences. Now they will show their stuff on a larger stage, as they will join silver medalists Melissa Gregory and Denis Petukhov (SC of New York) and first-year duo Jamie Silverstein and Ryan O'Meara (Arctic FSC/Coyotes SC of Arizona) in Italy this month.

Scoring a total of 107.49 in the free dance, Belbin and Agosto's total score of 215.29 was more than 30 points higher than that of Gregory and Petukhov.

Gregory and Petukhov skated to Prokofiev's "Romeo and Juliet" and Vanessa Mae's "Art of War" for their free dance. They had good unison on their twizzles, and their lifts were controlled and executed well, but the program lacked the usual spark.

"I had a rough skate," Gregory said. "The music for some reason felt like it was twice as slow as it did on the practices. So, I think from the beSilve back the back because the back the back because the back the

ginning that it threw us off a little bit. We had some little mistakes here and there, stuff that normally doesn't happen. Usually, free dance is our strongest suit, but nobody's perfect."

Silverstein and O'Meara came back from a fourth-place finish in the compulsory dance to win the bronze medal. Their choreography highlighted Silverstein's flexibility and expression, and several of the lifts included Silverstein in a split or

Biellmann position. They finished second in the free dance and third overall.

Silverstein and O'Meara have been partners less than a year, so their third-place finish is a testament to their talent and determination.

"We really, really wanted this," Silverstein said. "We were kind of afraid to say how much we wanted it. It was just a victory getting here

for me. I have such a superstar partner that believes in me − and our coaches − and Tanith (Belbin) and Ben (Agosto) deserve so much credit, too − they are part of the reason we get to go to the Olympics."

Melissa Gregory and Denis Petukhov, silver medalists



Jamie Silverstein and Ryan O'Meara, bronze medalists



Junior class puts together some

Here they

Ladies

Megan Hyatt (Wagon Wheel FSC) trailed leader Rachael Flatt (Broadmoor SC) by more than nine points after the short program, but the Lake Forest, Ill., native didn't worry.

"I knew I could make up the points in the free program if I went out there and landed my jumps," said Hyatt, who skated to a medley that included music from the soundtrack of *Mission Impossible* 2. "I felt very prepared. I just tried to stay focused and relaxed."

Hyatt, 15, dismissed all thoughts of her disappointing fourthplace finish in the short program to win the free skate and U.S. junior ladies title.

She nailed the jump she missed in the short - a triple Lutz - which she did in combination with a double toe. She added four more triples and a double Axel, as well as a fine serpentine step sequence and layback spin.

The leader after the short program, Flatt, 13, settled for the silver medal after a fifth-place free skate that earned 83.87 points. Performing to the familiar strains of Bizet's "Carmen," she hit a triple Lutz-double toe combination but fell on the second jump in her triple toe-triple toe combo. Her large lead after the short enabled her to hang on to second place with 137.45 points.

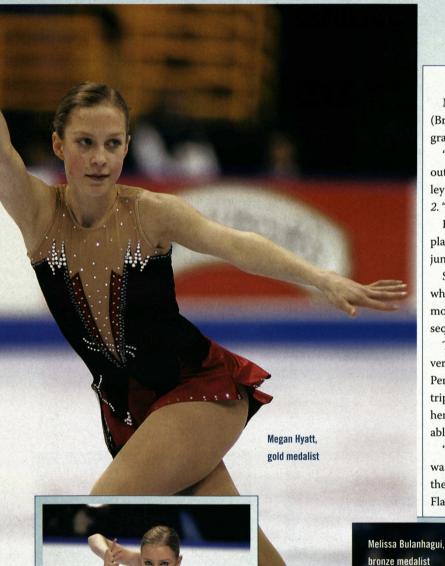
"I felt comfortable with the triple-triple in practice here and was training it well at home, but that's the first time I've put it out there in competition, and we all make mistakes. I'm OK with it," Flatt said.

Melissa Bulanhagui (University of Delaware FSC) was third in both the short program and free skate to take the bronze medal with 135.47 points.

"I really enjoy doing the jumps more than the spins or choreography," she said. "That's why we have the (triple) flip, Lutz and toe loop combinations in the second half of my program."

Another strong jumper, Ashley Wagner (Anchorage FSC), was fourth in the free skate and fourth overall with 132.45 points.

Men



Rachael Flatt.

silver medalist

come

Stephen Carriere (SC of Boston) nailed a vibrant free skate to *Once Upon A Time in Mexico* to claim the junior men's title.

His beaming smile at the end of his routine said it all. This was his evening, and he rose from second after the short to win with a 12.72-point lead over Jordan Miller, who also moved up a spot to finish with the silver medal.

"The whole week I have just been having so much fun," said Carriere, 16. "I think you have to have fun when you come to these things."

Carriere was at the U.S. Championships last year at this level, but finished seventh after developing an infection in his ankle just weeks before the championships.

"Coming into it – as a second-year junior – I was saying to myself, 'It has to be a good experience second year.' I was just a little hesitant in the short program. I did my best but I really wanted to go for it in the long program."

Miller (SC of New York), 21, was delighted with his silver medal. He had called his short program performance the "culmination of a 17-year journey," and outdid himself by moving up a place.

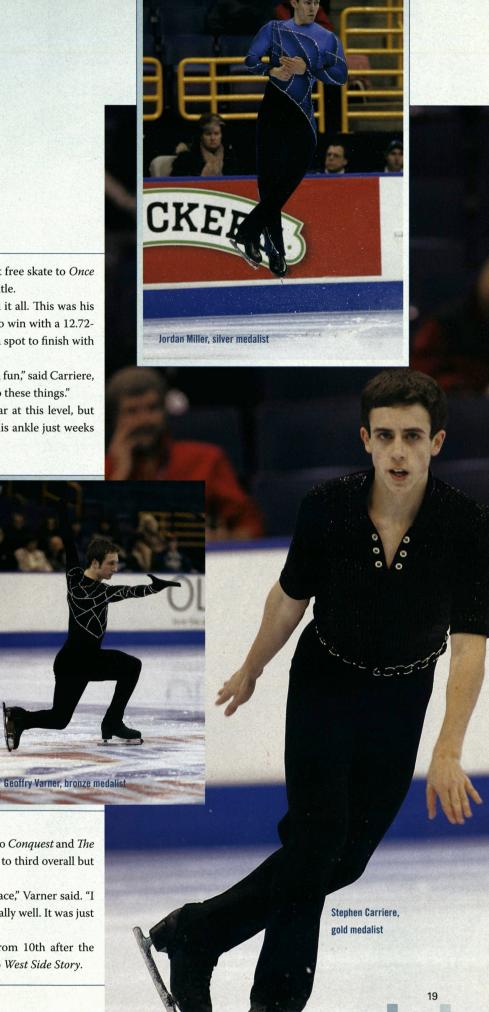
"I think (my age) takes the pressure off," said Miller, who is in his eighth season as a junior. "Because I was the oldest and this is my first trip (to nationals), we didn't have any expectations. There was no pressure for me to go out there and perform. The entire goal all year was just to get to nationals and enjoy my time here. I think I was able to do that. With the proper training, it all just came together."

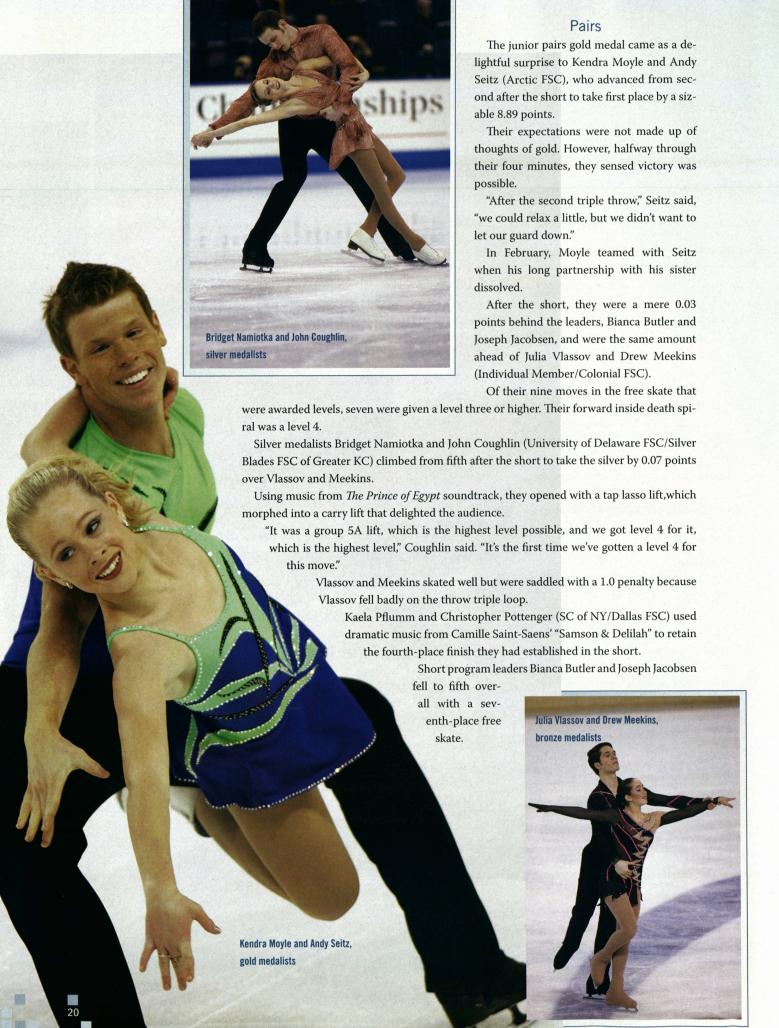
Geoffry Varner (Peninsula SC) sacrificed his initial lead of 4.18 with an ambitious routing

his initial lead of 4.18 with an ambitious routine set to *Conquest* and *The Last Samurai* that contained mistakes. He dropped to third overall but took his defeat well.

"I have never gone into the long being in first place," Varner said. "I have always been second or third. I usually skate really well. It was just a little different feeling going into it being on top.

Daisuke Murakami (All Year FSC) advanced from 10th after the short to finish fourth overall with a performance to *West Side Story*.





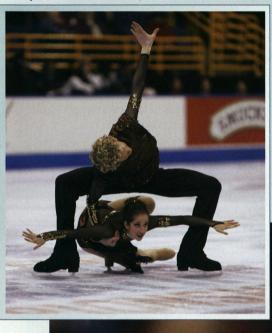
Ice Dancing

It pays to stay together. Just ask Meryl Davis and Charlie White (Detroit SC), the winners of the junior ice dancing title.

"We've been skating with each other since late 1997, longer than any other U.S. dance team," White said. "That's how we've gotten to where we've needed to be."

All of the couple's years together culminated in a near-flawless free dance to the dra-

Emily Samuelson and Evan Bates, silver medalists



matic strains of G.F. Haendel's "Sarabande (Prayer in the Night)," a program that started out at full throttle and grew beat by pulsating beat.

They earned a personal best 85.45 points and ended the competition with 178.86 points, more than seven points above their previous high.

"It felt really good from beginning to end," said White, 18, who placed ninth in the junior men's event. "The music is so powerful; we put as much expression into it as we possibly could. Those were our themes for this nationals – expression and power."

"We like the music because we can show emotion with it," said Davis, 19. "That's why we chose it last season, to prove we were mature and powerful on the ice. When we didn't make it to the U.S. Championships because of Charlie's broken ankle, we decided to keep the music this season."

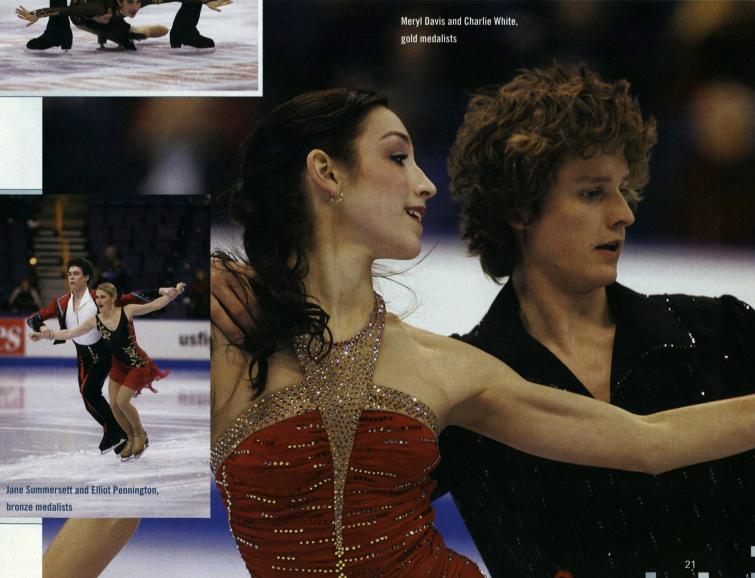
Emily Samuelson and Evan Bates (Ann Arbor FSC), who were second behind the champions in the compulsories and the original dance, were second in the free dance with a clean, fast-paced routine to the driving techno music of "Electric Samurai" from the soundtrack of *Kill Bill*.

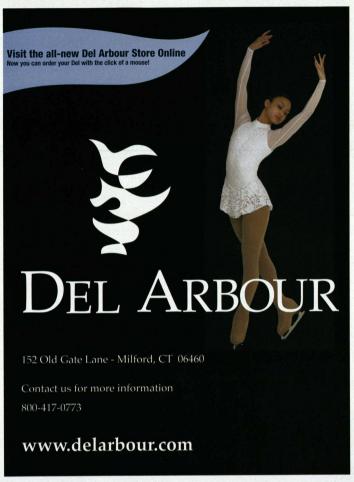
"This music is different from any we've ever skated to before," said the 16-year-old Bates. "Each season, we like to do something different and find new characters for ourselves to portray."

Unlike the two top couples, bronze medalists Jane Summersett and Elliot Pennington (New England FSC/SC of Boston) were not happy with their free dance to "La Danza Delle Streghe."

"Our performance was not so great; actually, it was pretty shaky," Pennington said. "We just weren't connecting well with each other. We didn't feel it today."

Kaitlyn Weaver and Charles Clavey (Charter Oak SC/Texas Gulf Coast FSC) placed third in the free dance with an elegant program to lyrical selections from Vanessa Mae and Bond. They were fourth overall with 139.83 points.







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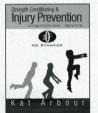
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Novice class shows U.S. Figure Skating's future in good hands

By the time the next Olympic Winter Games rolls around in 2010, it's likely that several of the novice and junior skaters at last month's 2006 State Farm U.S. Figure Skating Championships will find themselves wearing the

The competition at Family Arena in St. Charles, Mo., (about 40 minutes from St. Louis) featured the best young skaters in the United States, and they delivered time and again in front of legions of enthusiastic fans.

red, white and blue in Vancouver.

In each of the four disciplines, skaters displayed the athleticism and grace of their senior counterparts.

LADIES

Rhiana Brammeier (St. Paul FSC) swept the short program and free skate en route to a convincing victory in the ladies division.

Brammeier, 14, of Minneapolis, Minn., executed her short program to music from the *On Golden Pond* soundtrack and her free skate to music from the "Scent of a Woman" soundtrack.

She won the title by more than 11 points – 138.23-127.16 – over Blake Rosenthal (SC of Wilmington), who rallied from fifth place after the short program to finish with the silver medal.

Skating Club of Boston's Brittney Rizo secured the bronze, while Michaelee Scarincio (Saratoga Springs SC) placed fourth.

"I consider the short and long program completely different competitions because I do get more nervous for certain ones depending on how they went," Brammeier said after the free skate. "I took the ice and I felt very confident because I've worked so hard on this program, but I was also very nervous. I was like, 'This is nationals! Come on, you can do it.' I think definitely that I was peaceful out there and it was really fun."

Brammeier's gold medal put the finishing touches on a season that included gold medals at the Midwestern Sectional and at Upper Great Lakes Regional Championships. Last year she placed fifth at the U.S. Junior Figure Skating Championships in the intermedi-

Rosenthal had a busy day. During the morning of the free skate, she performed two junior compulsory danc-

es with partner Calvin Taylor 40 minutes away at the Savvis Center before making her way back to Family Arena for the afternoon free skate.

Performing her "Scheherazade" program, Rosenthal put it all together to finish second in the free skate.

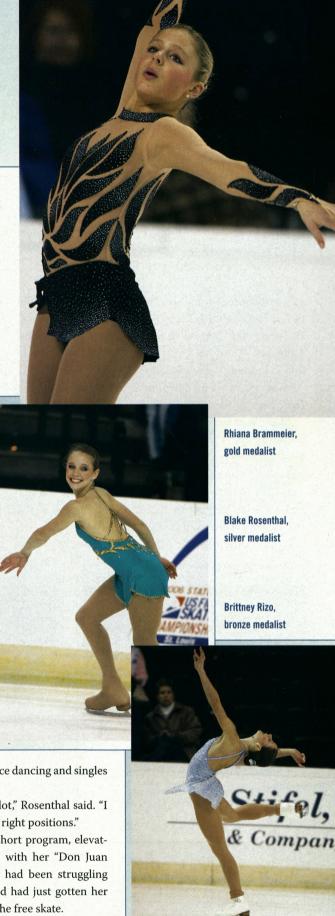
"She did great," said

Taylor, who attended the ladies event. "I was hoping she was going to medal and place well, but this is awesome. had both She events today, but she had her times arranged. Everything separated. It didn't make anything complicated on us. We met up when we had to meet up. We got everything done. Obviously, did something right."

Pulling double duty in ice dancing and singles is a plus for Rosenthal.

"I think dance helps a lot," Rosenthal said. "I know how to be in all the right positions."

Rizo, fourth after the short program, elevated herself to third place with her "Don Juan DeMarco" program. She had been struggling with a sinus infection and had just gotten her voice back on the day of the free skate.



MEN

Eliot Halverson (St. Paul FSC) gave an electric free skate performance that brought the Family Center crowd to its feet and earned him a gold medal.

"I've been giving 100 percent all year," Halverson said. "I don't know if I'm surprised, I'm just happy and excited."

Brandon Mroz garnered the silver medal, while Curran Oi (SC of Boston) grabbed the bronze. Scott Dyer (Columbia FSC of Maryland) placed fourth.

The 15-year-old Halverson, who was born in Bogota, Columbia, but calls St. Paul, Minn., home, performed his entertaining free skate to Hungarian and Russian folk music.

"I paced myself really well, took breaths when I needed to, and I was definitely happy throughout the whole thing," Halverson said. "Everything went exactly as planned. I was really relaxed and not as nervous as yesterday. I took my time and couldn't have asked for a better outcome."

Halverson, third after the short program, finished with a free skate score of 104.30 and a total mark of 150.99.

"We've paced my training throughout my whole career," Halverson said. "We are on track. I want to go much further, and this is just the beginning. I'm going to move up to juniors and plan on making it to nationals again."

In 2004, Halverson won the intermediate title at the U.S. Junior Championships. In 2005, he placed fourth at the U.S. Championships in the novice class.

Short program winner Mroz, a St. Louis native, fin-

ished with a combined score of 148.73. Mroz, 15, moved to Colorado Springs, Colo., two years ago and trains at the Broadmoor Skating Club.

Mroz's short program excited his many hometown family and friends.

"I felt really good being here in my hometown and having my family watching," Mroz said. "A little bit (of nerves) coming back, having my hometown crowd rooting for me. There was a little pressure there."

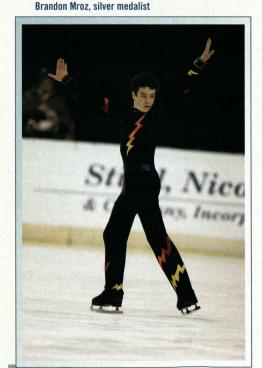
Brian Simm (Los Angeles FSC) became part of U.S. Figure Skating history when he kicked off the short program on Jan. 8. His performance was the first one to be scored under the new ISU judging system in the United States.

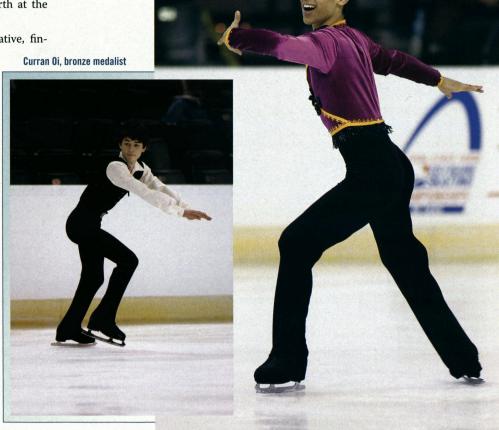
Simm ended up fourth in the short program and fifth overall.

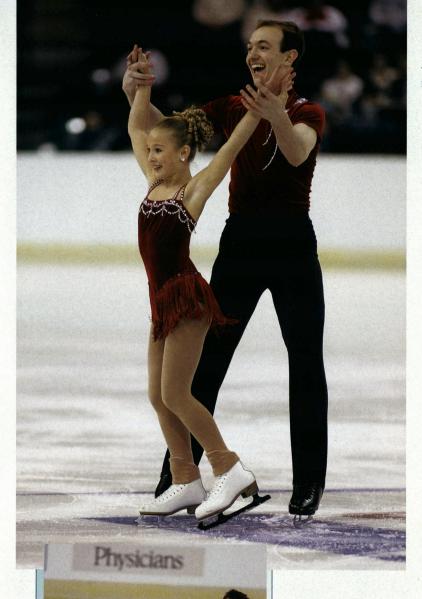
Oi rallied from fifth in the short program to second in the free skate and third overall.

"Ifeel very good," Oisaid. "I've had a tough, tough past year, and it's been great to go out and give a great performance."

Eliot Halverson, gold medalist







Jessica Rose Paetsch and Jon Nuss, gold medalists

PAIRS

Jessica Rose Paetsch and Jon Nuss (Broadmoor SC) pulled away from the competition with their "Sing, Sing, Sing" free skate en route to the title.

Paetsch, 12, and Nuss, 18, won their discipline by nearly 13 points – 139.39-126.73 –over silver medalists Andrea Best and Trevor Young (Detroit SC). Tracy Tanovich and Michael Chau (Southwest Florida FSC) collected the bronze, while Meg Byrne and Nathan Bartholomay secured fourth place.

"I thought it went great," Nuss said after the free skate. "The twist I guess just set the tone for the rest of the program."

The duo opened with high energy and excellent speed. Their double twist looked high enough to have room for a triple.

Their coach, Dalilah Sappenfield, was glad to see this partnership of only eight months had already grown to fruition.

"I bugged him (Nuss) for about two years and finally I said I have this little girl, she's a dynamite skater, great singles skater, just try her out for a week," Sappenfield said. "And he loved it. The rest is history. They have great chemistry and are great to work with."

Before joining forces, Nuss skated for several years with his sister, Kristin. Without a partner last season, he skated singles at the novice level. Paetsch is new to pairs skating.

Best, 17, and Young, 18, also a recently formed pairs team, finishing second in the short program and third in the free skate.

"We got all three lifts in the program, which is something we've struggled with in the past," Young said after the free skate. "One of the worst things we did was our side-by-side jumps, which are usually really good, but we struggled today."

Tanovich, 9, and her 15-year-old partner, Chau, placed second in the free skate, performing their program to "Swan Lake."

The pair united about 18 months ago.

Andrea Best and Trevor Young, silver medalists





ICE DANCING

Siblings Cathy Reed, 18, and Chris Reed, 16, (SC of Morris) of Warren, N.J., know what it takes to be champions.

Every day they are surrounded by several elite teams, including the reigning World silver medalists, Elena Grushina and Ruslan Goncharov.

Practicing in that environment paid dividends at the U.S. Championships where the Reed tandem captured the gold medal.

"It's a great opportunity to train with all those senior teams," said Cathy, whose team is coached by Nikoli Morozov and Shae-Lynn Bourne. "We see them and train with them every day, doing their compulsories. They're so fast. It's a great opportunity."

The Reeds trailed another brother-and-sister team, Madison Hubbell, 14, and Keiffer Hubbell, 17 (Ann Arbor FSC), by the slimmest of margins after the two compulsory dances.

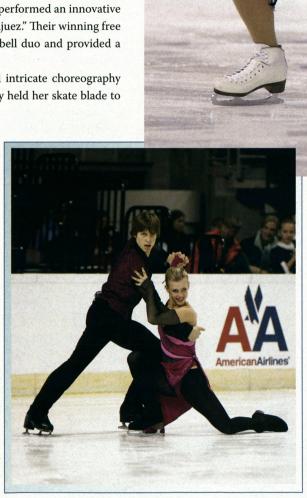
In the free dance, the Reeds performed an innovative program to "Concierto de Aranjuez." Their winning free dance of 59.71 edged the Hubbell duo and provided a 1.5-point margin of victory.

Their performance included intricate choreography and several lifts in which Cathy held her skate blade to her head.

Hubbell and Hubbell performed a strong, expressive free dance to a tango medley. Their tango music was dramatic and powerful.

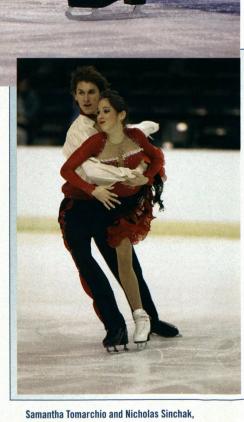
"We always really like dramatic music," Madison said. "Our coaches picked it out and we like it."

Bronze medals went to the team of Samantha Tomarchio, 15, (Columbia FSC) and Nicholas Sinchak, 18, (Bowie FSC), while Michelle Pennington, 16, and Brad Coulter, 17, a new team this season, placed fourth.



Cathy and Chris Reed, gold medalists

Madison Hubbell and Keiffer Hubbell, silver medalists



Samantha Tomarchio and Nicholas Sinchak, bronze medalists



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TESTS PASSED

Senior Moves in the Field

Katherine Adams - Skokie Valley SC; Kathryn Alary - Rocky Mountain FSC; Elise Alexander - Stars FSC of Texas; Alexander Allen - Washington FSC; Taylor Aquino - Amherst SC, Inc.; Steven Aviram - Pavilion SC of Cleveland Heights; Beth Elaine Balog - The Strongsville SC; Kayli Bassuk - Colorado SC; Nicole Bauer - Ann Arbor FSC; Kloe Bautista - All Year FSC; Casey Benedetti - Fraser FSC; Madeline Berkowitz - Ann Arbor FSC; Mary Dee Bernstein - Skokie Valley SC; Nicole Bloms - Brooklyn Park FSC: Joseph Boss - Maplewood FSC; Patricia Brannen - Perrigo - Silver Streaks SC; Alexis Brown - Wagon Wheel FSC; Melissa Marie Brozdounoff - Capital City FSC, Inc.; Jodi Buckentine - St. Paul FSC, Inc; Kara Budner - St. Clair Shores FSC; Jessica Cappis - Chicago FSC; Alexandra Carpenter - Tidewater FSC; Pamela Castricone - Brooklyn FSC of Ohio; Eric Chapman - The Bourne SC. Inc.; Chelsea Leigh Christopher - The Strongsville SC; Catherine Clarizio - Wagon Wheel FSC; Angela Comella - Shaker FSC; Angela Cotton - Rocky Mountain FSC: Katherine Curley - Silver Streaks SC; Samantha Daily - SC of Mt Lebanon; Marissa DelPadre - Smithfield FSC; Amy Dobner - Miami University; Molly Flynn - Atlanta FSC; Sarah Garnai - North Suburban FSC: Alexandra Giesemann - Escondido FSC: Victoria Goetz - Hayden Recreation Centre FSC, Inc; Dana Goldamer - Eden Prairie FSC: Meleah Hansen - The Strongsville SC; Rebecca Hatch-Purnell - Louisville Skating Academ; Siobhan Heekin-Canedy - Springdale FSC: Kara Helgemo - Detroit SC, Inc.; Marisa Hutchinson - Ann Arbor FSC: Alicia Jackson - Columbia FSC (MD): Johanna Jackson - Miami University; Erik Kaiser - Rocky Mountain FSC: Alyssa Katzoff - New England FSC: Tara Kauffman - Shaker FSC: Rose Marie Keller - Garden City FSC; Jordan Kronshage - Copper Country Skating Academy; Danielle Kwiatkowski - St. Clair Shores FSC: Lauryn Lesovsky - Los Angeles FSC: Laura MacInnes - Copper Country Skating Academy; Jaclyn Magner - SC of Hingham, Inc.; Kehaunani Marissa Malama - Hawaii FSC; Rachel Mark - Ann Arbor FSC; Jacquelyn Marx - Chicago FSC: Lindsay Meola - Chicago FSC: Caroline Messmer - Columbus FSC; Courtney Metzger - Buffalo SC, Inc.; Veronica Mishkind - Hickory Hill FSC: Lisa Moore - ISC of Fort Collins; Mahri Morrow - SC of Oregon; Hazel Murphy - Center Ice & Blades of Western Pe; Samantha Musumeci - Hudson Valley FSC; Amanda Nemeth - Ann Arbor FSC; Briana Norys - Chicago FSC: Benjamin Nykiel - Bowie FSC: Stephanie Redman - Ann Arbor FSC; Megan Reiner - Escondido FSC; Janelli Saavedra - FSC of Charleston: Aubrey Samost - North Shore SC: Carrie Schoonover - Columbia FSC (MD); Bryan Scurto - Southport SC; Shae Bethany Sellers - Chicago FSC; Jackie Sherrick - Columbus FSC; Christina-Maria Sperduto - Braemar-City of Lakes FS; Juli Anne Stasio - Individual Member; Laura Stern - Los Angeles FSC; Elizabeth Susko - Center Ice & Blades of Western P; Megan Tinius - St. Cloud FSC; Brittany Treacy - Miami University; Christie Turak - Westminster FSC of Erie; Gabrielle Vanderhoof - Hudson Valley FSC; Shaeia Faye Vermillion - Washington FSC; Andrea Waddell -FSC of Charleston; Jennifer Walesa - Skokie Valley SC; Megan Jane Weber - Chicago FSC; Molly Anne Weidman - ISC of Exeter; Jennifer Wind - Roseville FSC; Jenna Wood - FSC of Charleston

Adult Gold Moves in the Field

Beth Bottos - Peninsula SC; Mary Bullock - Washington FSC: Cara Erdheim - The SC of New York, Inc.; Colleen LaPierre - The SC of Andover; Stacy Nakamura - FSC of Cincinnati; Bridgette Pfeufer - Washington FSC; John Richardson Jr - Atlanta FSC; Franklin Romero - American Academy FSC; Judith Rondeau - Brattleboro FSC. Inc.: Tracy Scholz - Texas Gulf Coast FSC; Debi Shapiro -Florida Goldcoast FSC, Inc.; Molly Voss - Centennial SC

Senior Free Skating Test

Laura Andersen - Eden Prairie FSC; Holly Beck - Lakeland SC: Emilia Berzins - Kalamazoo FSC; Brittany Bressler - Colonial FSC: Eric Chapman - The Bourne SC, Inc.; Jenna Crandall - North Star FSC; Sarah Cummings - Salt Lake Figure Skating; Amy Laser Lakeland SC; Lindsay Lessard - Amherst SC, Inc.; Ker Lu - Dallas FSC, Inc.; Michael Lueck - Burnsville-MN Valley FSC; Alexa Moyer -Blade & Edge FSC of Omaha; Asia Nakakura - Hawaii FSC; Kristin O'Hern - Westminster FSC of Erie: Katie Piotrowski - Twin Ponds FSC; Joanna Sholten - Skokie Valley SC; Samantha Stegner - Stars **FSC of Texas**

Adult Gold Free Skating Test

Jennifer Bukovich - Copper Country Skating Academy; Grace Cheng - Peninsula SC; Tim Covington - The SC of New York, Inc.; Cara Erdheim - The SC of New York, Inc.; Bridgette Pfeufer - Washington FSC; Tracy Scholz - Texas Gulf Coast FSC

Gold/Senior Pair Test

Naomi Nari Nam - All Year FSC

Adult Gold Pair Test

Andrea Cooper - The SC of Wilmington, Inc; Lee Jones -Chesapeake FSC at Ice World, Inc.

Gold Dance Test

Jordan Carroll - Potsdam FSC; Michael Ferlic - Miami University; Kristen Glauser - SC of Central New York; Jordan Kronshage - Copper Country Skating Academy; Laura MacInnes - Copper Country Skating Academy; Allison Lynn Reed - SC of Morris NJ, Inc.: Alison Reilly - Ann Arbor FSC; Julie Tucker - Skaneateles FSC; Mary Yavorski - Creve Coeur FSC

Solo Gold Dance Test

Ashley Bint - Dearborn FSC

RESULTS

2005 Grand Prix Final

Tokyo, Japan, Dec. 16-18

LADIES

PI-Name-Country-SP-FS-TS

- 1. Mao Asada, JPN, 64.38-125.24-189.62
- 2. Irina Slutskaya, RUS, 58.90-122.58-181.48
- 3. Miki Ando, JPN, 56.70-100.60-157.30
- 4. Yukari Nakano, JPN, 56.04-105.78-161.82
- 5. Elena Sokolova, RUS, 52.30-97.78-150.08
- 6. Alissa Czisny, USA, 48.26-92.64-140.90

Referee: Ms. Marina Sanaia, ISU. Technical controller: Ms. Sally Rehorick, ISU. Technical specialist: Ms. Anett Poetzsch-Rauschenbach, ISU. Assistant technical specialist: Mr. Ricardo Olavarietta, ISU. Judges: Mr. Patrick Ibens, BEL; Mr. Yury Kliushnikov, UKR; Mr. Joseph L. Inman, USA; Mr. Nobuhiko Yoshioka, JPN; Ms. Veronique Tolazzi, FRA; Ms. Tatiana Danilenko, RUS; Ms. Adriana Ordeanu, ROM; Mr. Jiasheng Yang, CHN; Mr. Benoit Lavoie, CAN; Mr. Paolo Pizzocari, ITA.

PI-Name-Country-SP-FS-TS

- 1. Stephane Lambiel, SUI, 80.60-149.50-230.10
- 2. Jeffrey Buttle, CAN, 76.00-138.34-214.34
- 3. Daisuke Takahashi, JPN, 74.60-137.92-212.52
- 4. Nobunari Oda, JPN, 67.13-129.92-197.05
- 5. Emanuel Sandhu, CAN, 57.86-131.60-189.46

Referee: Mr. Kenji Amako, ISU; Technical controller: Ms. Sally Rehorick, ISU; Technical specialist: Mr. Ricardo Olavarrieta, ISU; Assistant technical specialist: Ms. Anett Poetzsch-Rauschenbach, ISU. Judges: Ms. Tatiana Danilenko, RUS; Ms. Alice Walder, SUI; Mr. Joseph L. Inman, USA; Ms. Veronique Tolazzi, FRA; Mr. Benoit Lavoie, CAN; Mr. Nobuhiko Yoshioka, JPN; Mr. Jiasheng Yang, CHN; Ms. Sissy Krick, GER; Mr. Patrick Ibens, BEL; Ms. Adriana Ordeanu, ROM.

PAIRS

PI-Name-Country-SP-FS-TS

- 1. Tatiana Totmianina/Maxim Marinin, RUS, 66.92-126.68-193.60
- 2. Dan Zhang/Hao Zhang, CHN, 61.76-124.36-186.12
- 3. Aliona Savchenko/Robin Szolkowy, GER,
- 61.78-118.32-180.10
- 4. Maria Petrova/Alexei Tikhonov, RUS, 62.10-116.00-178.10
- 5. Julia Obertas/Sergei Slavnov, RUS, 59.28-109.92-169.20
- 6. Qing Pang/Jian Tong, CHN, 57.94-110.40-168.34

Referee: Mr. Kenji Amako, ISU. Technical controller: Ms.

Marina Sanaia, ISU. Technical specialist: Mr. David Kirby, ISU. Assistant technical specialist: Mr. David Moellenkamp, ISU. Judges: Mr. Nobuhiko Yoshioka, JPN; Ms. Maria Miller, POL; Mr. Joseph L. Inman, USA; Mr. Paolo Pizzocari, ITA: Ms. Veronique Tolazzi, FRA; Ms. Sissy Krick, GER; Mr. Jiasheng Yang, CHN; Mr. John Greenwood, CAN; Ms. Tatiana Danilenko, RUS; Ms. Alice Walder, SUI.

ICE DANCING

PI-Name-Country-OD-FD-TS

- 1. Tatiana Navka/Roman Kostomarov, RUS.
- 63.01-102.71-165.72
- 2. Elena Grushina/Ruslan Goncharov, UKR. 58.84-95.69-154.53
- 3. Marie-France Dubreuil/Patrice Lauzon, CAN, 55.42-96.94-152.36
- 4. Galit Chait/Sergei Sakhnovski, ISR, 54.98-94.51-149.49 Oksana Domnina/Maxim Shabalin, RUS.
- 51.66-91.07-142.73
- 6. Isabelle Delobel/Olivier Schoenfelder, FRA.
- 48.13-91.52-139.65

Referee: Ms. Mieko Fujimori, ISU. Technical controller: Ms. Ludmila Mikhailovskaya, ISU. Technical specialist: Mr. Andrzej Dostatni, ISU. Assistant technical specialist: Ms. Marie Bowness, ISU. Judges: Ms. Jennifer Mast, USA; Ms. Mayumi Kato, JPN, Mr. Yury Kliushnikov, UKR, Mr. Hongguo Ren, CHN; Mr. John Greenwood, CAN; Ms. Maria Miller, POL: Ms. Alla Shekhovtseva, RUS; Ms. Michela Cesaro, ITA; Mr. Gilles Vandenbroeck, FRA; Ms. Katalin Alpern, ISR.

2006 State Farm U.S. Figure Skating **Championships**

St. Louis, Mo., Jan. 7-15, 2006

CHAMPIONSHIP LADIES

JUDGES - Short Program: 1.Kathy Slack, Troy, OH; 2.Tamie Campbell, Eden Prairie, MN; 3.Paula Naughton, Vancouver, WA; 4.Joseph Inman, Alexandria, VA; 5.Larry Kriwanek, Culver City, CA; 6.Brett Drury, Escondido, CA; 7.Lorrie Parker, Overland Park, KS; 8.Coco Gram Shean, New York, NY; 9.Robert Rosenbluth, New York, NY; Referee: William Smith, Tulsa, OK; Technical Controller: Steve Winkler, Palm Springs, CA; Technical Specialist: Terry Kubicka, Suisun, CA; Assistant Technical Specialist: Lisa Ervin-Baudo, Hamburg, NY.

JUDGES - Free Skating: 1.Kathy Slack, Troy, OH; 2.Tamie Campbell, Eden Prairie, MN; 3.Paula Naughton, Vancouver, WA; 4.Joan Gruber, Wyomissing, PA; 5.Larry Kriwanek, Culver City, CA; 6.Brett Drury, Escondido, CA; 7.Lorrie Parker, Overland Park, KS; 8.Coco Gram Shean, New York, NY; 9.Robert Rosenbluth, New York, NY; Referee: William Smith, Tulsa, OK; Technical Controller: Steve Winkler, Palm Springs, CA; Technical Specialist: Terry Kubicka, Suisun, CA; Assistant Technical Specialist: Lisa Ervin-Baudo, Hamburg, NY.

NAME, CLUB NAME, SP-FS-TS

- 1. Sasha Cohen, Orange County FSC, 65.15-134.03-199.18
- 2. Kimberly Meissner, Univ. of Delaware FSC, 59.11-116.01-171.04
- 3. Emily Hughes, SC of New York, 58.82-106.61-165.72
- 4. Katy Taylor, Texas Gulf Coast FSC, 48.69-103.85-152.54
- 5. Beatrisa Liang, All Year FSC, 58.82-92.59-151.41
- 6. Christine Zukowski, Univ. of Delaware FSC,
- 51.01-100.22-151.23
- 7. Alissa Czisny, Detroit SC, 54.51-95.00-149.51
- 8. Stephanie Rosenthal, Utah FSC, 47,40-99,73-147,13
- 9. Amber Corwin, All Year FSC, 45.12-92.52-137.64
- 10. Megan Williams-Stewart, Univ. of Delaware FSC.
- 44.44-85.00-129.44
- 11. Erica Archambault, Broadmoor SC, 40,73-87,29-128,02
- 12. Danielle Kahle, All Year FSC, 38.74-87.36-126.10
- 13. Jane Bugaeva, SC of North Carolina, 41.08-80.70-121.78
- 14. Megan Oster, Wagon Wheel FSC, 41.33-78.06-119.39
- 15. Michelle Boulos, Yarmouth Ice Club, 38.52-68.35-106.87
- 16. Abigail Legg, Indiana/World Skating Academy,
- 38.38-61.93-100.31
- 17. Anna Madorsky, Bozeman FSC, 35.88-55.95-91.83
- 18. Stephanie Roth, SC of New York, 25.76-53.37-79.13
- WD Amy Evidente, All Year FSC

CHAMPIONSHIP MEN

JUDGES - Short Program: 1.Todd Bromley, Carrollton, TX; 2.Linda Leaver, Salt Lake City, UT: 3.Charles Cyr, Palm Desert, CA: 4.Scott Cormier, Rumford, RI: 5.Karen Wolanchuk, Eastpointe, MI: 6.Jeffrey Wolf, Seattle, WA: 7.Deborah Currie, Fairview, PA; 8.Joan Gruber, Wyomissing, PA; 9.Janet Carpenter, Minnetonka, MN; Referee: Jessica Gaynor, San Francisco, CA: Technical Controller: Gale Tanger, Wauwatosa. WI; Technical Specialist: Troy Goldstein, Randolph, NJ; Assistant Technical Specialist: Lisa-Marie Allen, Sherman Oaks, CA.

JUDGES - Free Skating: 1.Todd Bromley, Carrollton, TX: 2.Linda Leaver, Salt Lake City, UT; 3.Charles Cyr, Palm Desert, CA: 4.Scott Cormier, Rumford, RI: 5.Karen Wolanchuk, Eastpointe, MI; 6.Jeffrey Wolf, Seattle, WA; 7.Kathaleen Kelly Cutone, Reading, MA: 8.Joan Gruber, Wyomissing, PA: 9.Janet Carpenter, Minnetonka, MN; Referee: Jessica Gaynor, San Francisco. CA: Technical Controller: Gale Tanger, Wauwatosa, WI: Technical Specialist: Troy Goldstein, Randolph, NJ: Assistant Technical Specialist: Lisa-Marie Allen, Sherman Oaks, CA.

NAME, CLUB NAME, SP-FS-TS

- 1. Johnny Weir, SC of New York, 83.28-142.06-225.34
- 2. Evan Lysacek, DuPage FSC, 74.03-150.44-224.47
- 3. Matthew Savoie, Illinois Valley FSC, 72.50-149.86-222.36
- 4. Michael Weiss, Washington FSC, 77.55-139.93-217.48
- 5. Scott Smith, SC of Boston, 66.25-141.78-208.03
- 6. Ryan Jahnke, Broadmoor SC, 67.39-139.87-207.26
- 7. Timothy Goebel, Winterhurst FSC, 70.27-131.34-201.61
- 8. Ryan Bradley, Broadmoor SC, 69.33-130.17-199.50 9. Parker Pennington, Broadmoor SC, 64.86-132.17-197.03
- 10. Michael Villarreal, All Year FSC, 56.58-111.19-167.77
- 11. Nicholas LaRoche, All Year FSC, 57.68-106.14-163.82
- 12. Derrick Delmore, Washington FSC, 54.58-108.75-163.33
- 13. Tommy Steenberg, SC of Northern Virginia,
- 51.62-109.78-161.40
- 14. Jordan Wilson, Santa Rosa FSC, 52.27-108.10-160.37
- 15. Shaun Rogers, Univ. of Delaware FSC,
- 53.18-106.49-159.67
- 16. Dennis Phan, All Year FSC, 54.03-101.28-155.31
- 17. Rohene Ward, Braemar City of Lakes FSC,
- 66.11-88.52-154.63

CHAMPIONSHIP PAIRS

JUDGES - Short Program: 1.Brett Drury, Escondido, CA; 2. Richard Perez, Mountain View, CA; 3. Lori Dunn, Harrisburg, PA; 4.Todd Bromley, Carrollton, TX; 5.Kathaleen Kelly Cutone. Reading, MA; 6. Robert Rosenbluth, New York, NY; 7. Tamie Campbell, Eden Prairie, MN; 8. Samuel Auxier, Glen Ellyn, IL; 9. Steve Winkler, Palm Springs, CA; Referee: Lucy Brennan, New York, NY; Technical Controller: Joseph Inman, Alexandria. VA; Technical Specialist: David Kirby, Dallas, TX; Assistant Technical Specialist: Kenneth Shelley, New York, NY.

JUDGES - Free Skating: 1.Brett Drury, Escondido, CA; 2.Richard Perez, Mountain View, CA; 3.Lori Dunn, Harrisburg, PA; 4.Todd Bromley, Carrollton, TX; 5.Kathaleen Kelly Cutone, Reading, MA; 6.Robert Rosenbluth, New York, NY; 7.Tamie Campbell, Eden Prairie, MN; 8.Samuel Auxier, Glen Ellyn, IL; 9.Steve Winkler, Palm Springs, CA; Referee: Lucy Brennan, New York, NY; Technical Controller: Joseph Inman, Alexandria, VA; Technical Specialist: David Kirby, Dallas, TX; Assistant Technical Specialist: Kenneth Shelley, New York, NY.

NAME, CLUB NAME, SP-FS-TS

- 1. Rena Inoue / John Baldwin, All Year FSC,
- 55.48-125.57-181.05
- 2. Marcy Hinzmann / Aaron Parchem, Winterhurst FSC/Detroit SC, 57.41-108.41-165.82
- 3. Kathryn Orscher / Garrett Lucash, Charter Oak FSC, 60.65-104.51-165.16
- 4. Tiffany Scott / Rusty Fein, Colonial FSC/Washington FSC, 51.42-106.97-158.39
- 5. Naomi Nari Nam / Themistocles Leftheris, All Year FSC/Los Angeles FSC, 56.63-100.69-157.32
- 6. Tiffany Vise / Derek Trent, Broadmoor SC,
- 54.71-99.07-153.78
- 7. Amanda Evora / Mark Ladwig, Southwest Florida FSC/Red River Valley FSC, 48.06-99.46-147.52

- 8. Brooke Castile / Benjamin Okolski, TSX Skating Academy, 48.47-90.87-139.34
- 9. Brittany Vise / Nicholas Kole, Broadmoor SC.
- 49.31-87.07-136.38
- 10. Chloe Katz / Joseph Lynch, SC of New York,
- 44.68-89.29-133.97
- 11. Shantel Jordan / Jeremy Barrett, Southwest Florida FSC.
- 41.77-89.29-131.06 12. Colette Appel / Lee Harris, CT Skating Academy/Detroit SC,
- 44.17-83.97-128.14 13. Stephanie Kuban / Laureano Ibarra, Broadmoor SC/All Year
- FSC, 42.85-83.55-126.40
- 14. Marisa Sharma / Amir Ganaba, Los Angeles FSC,
- 47.56-75.59-123.15
- 15. Yuko Kawaguchi / Devin Patrick, Broadmoor SC.
- 44.66-78.14-122.80
- 16. Janice Mayne / Ethan Burgess, All Year FSC,
- 39.66-70.59-110.25
- 17. Katie Uhlig / Michael Modro, Detroit SC/All Year FSC. 36.37-63.16-99.53
- 18. Willie Traeger / Kostva Emshanov, Whitefish FSC/Stars FSC. 31.62-53.49-85.11

CHAMPIONSHIP DANCE

JUDGES - Compulsory Dance: 1.Sharon Rogers, St. George, UT; 2.John Cole, Hunt Valley, MD; 3.Katherine Conrad, Roeland Park, KS; 4.Kathleen Harmon, Federal Way, WA; 5.Anthony Bardin, Los Angeles, CA; 6.Richard Dalley, S. Rockwood, MI; 7. Jenny Mast, Blue Bell, PA; 8. Mary Karen Henderson, Haslett, MI; 9.Patricia French, Mitchellville, MD; Referee: Shawn Rettstatt, New York, NY; Technical Controller: Robert Horen, Ft. Lauderdale, FL: Technical Specialist: April Sargent, Penn Valley, PA; Assistant Technical Specialist: Hal Marron, Phoenix,

JUDGES - Original Dance: 1.Sharon Rogers, St. George, UT; 2.John Cole, Hunt Valley, MD; 3.Katherine Conrad, Roeland Park, KS; 4.Kathleen Harmon, Federal Way, WA; 5.Anthony Bardin, Los Angeles, CA; 6.Richard Dalley, S. Rockwood, MI; 7. Jenny Mast, Blue Bell, PA; 8. Mary Karen Henderson, Haslett, MI; 9.Patricia French, Mitchellville, MD; Referee: Shawn Rettstatt, New York, NY: Technical Controller: Robert Horen. Ft. Lauderdale, FL; Technical Specialist: April Sargent, Penn Valley, PA; Assistant Technical Specialist: Hal Marron, Phoenix,

JUDGES - Free Dance: 1.Sharon Rogers, St. George, UT; 2.John Cole, Hunt Valley, MD; 3.Katherine Conrad, Roeland Park, KS; 4.Kathleen Harmon, Federal Way, WA; 5.Anthony Bardin, Los Angeles, CA; 6.Richard Dalley, S. Rockwood, MI; 7.Jenny Mast, Blue Bell, PA; 8.Mary Karen Henderson, Haslett, MI; 9.Patricia French, Mitchellville, MD; Referee: Shawn Rettstatt, New York, NY; Technical Controller: Robert Horen, Ft. Lauderdale, FL; Technical Specialist: April Sargent, Penn Valley, PA; Assistant Technical Specialist: Hal Marron, Phoenix, AZ.

NAME, CLUB NAME, CD-OD-FD-TS

- 1. Tanith Belbin / Benjamin Agosto, Arctic FSC,
- 41.48-66.32-107.49-215.29
- 2. Melissa Gregory / Denis Petukhov, SC of New York, 35.69-58.44-91.13-185.26
- 3. Jamie Silverstein / Ryan O'Meara, Arctic Edge FSC/Coyotes SC of Arizona, 32.24-54.46-91.76-178.46
- 4. Morgan Matthews / Maxim Zavozin, SC of New York/All Year FSC, 33.98-52.81-87.74-174.53
- 5. Kimberly Navarro / Brent Bommentre, Santa Rosa FSC/ Philadelphia FSC, 31.69-51.44-90.63-173.76
- 6. Tiffany Stiegler / Sergey Magerovskiy, Los Angeles FSC/ Arstic FSC, 30.84-51.72-88.43-170.99
- 7. Jennifer Wester / Daniil Barantsev, Dallas FSC,
- 28.85-50.80-82.24-161.89
- 8. Trina Pratt / Todd Gilles, Broadmoor SC,
- 29.09-47.89-82.68-159.66
- 9. Loren Galler-Rabinowitz / David Mitchell, SC of Boston, 31.07-49.57-76.41-157.05
- 10. Meghan McCullough / Joel Dear, All Year FSC/SC of Boston, 26.34-43.51-65.23-135.08
- 11. Caitlin Mallory / Brent Holdburg, St. Moritz ISC/Stars FSC of Texas, 23.14-36.09-74.36-133.59
- 12. Charlotte Maxwell / Nick Traxler, Stars FSC,

- 24.31-41.54-65.71-131.56
- 13. Stephanie Ellis / Ian Ross Frye, Escondido FSC/All Year FSC, 22.13-32.93-59.84-114.90
- 14. Lindsay Evans / Kevin O'Keefe, SC of Colorado/SC of Boston, 21.14-35.70-56.28-113.12
- 15. Elizabeth Palmer / Jonathan Toman, Portland ISC/SC of Southern New Jersey, 15.27-26.67-37.69
- WD Kate Slattery / Chuen-Gun (C.G.) Lee, Philadelphia SC/AII
- Year FSC

JUNIOR LADIES

JUDGES - Short Program: 1.Kathleen Harmon, Federal Way, WA; 2.Janet Carpenter, Minnetonka, MN; 3.Patricia French. Mitchellville, MD; 4.Samuel Auxier, Glen Ellyn, IL; 5.Karen Wolanchuk, Eastpointe, MI: 6. Kathaleen Kelly Cutone, Reading, MA; 7.Lori Dunn, Harrisburg, PA; 8.Richard Perez, Mountain View, CA; 9.Linda Leaver, Salt Lake City, UT; Referee: Peggy Graham, Denver, CO; Technical Controller: Gale Tanger, Wauwatosa, WI; Technical Specialist: Lisa Ervin-Baudo. Hamburg, NY; Assistant Technical Specialist: David Santee, Park Ridge, IL.

JUDGES - Free Skating: 1.Kathleen Harmon, Federal Way. WA; 2.Janet Carpenter, Minnetonka, MN; 3.Patricia French, Mitchellville, MD; 4.Samuel Auxier, Glen Ellyn, IL; 5.Karen Wolanchuk, Eastpointe, MI; 6.Kathaleen Kelly Cutone, Reading, MA; 7.Lori Dunn, Harrisburg, PA; 8.Richard Perez, Mountain View, CA; 9.Linda Leaver, Salt Lake City, UT; Referee: Peggy Graham, Denver, CO; Technical Controller: Gale Tanger, Wauwatosa, WI; Technical Specialist: Lisa Ervin-Baudo, Hamburg, NY; Assistant Technical Specialist: David Santee. Park Ridge, IL.

NAME, CLUB NAME, SP-FS-TS

- 1. Megan Hyatt, Wagon Wheel FSC, 44.21-95.75-139.96
- 2. Rachael Flatt, Broadmoor SC, 53.58-83.87-137.45
- 3. Melissa Bulanhagui, Univ. of Delaware, 45.49-89.98-135.47 4. Ashley Wagner, Anchorage FSC, 45.85-86.60-132.45
- 5. Juliana Cannarozzo, SC of Boston, 39.93-91.41-131.34
- 6. Molly Oberstar, Duluth FSC, 44.19-83.47-127.66
- 7. Katrina Hacker, Rye FSC, 43.35-79.43-122.78
- 8. Caroline Zhang, All Year FSC, 41.69-80.50-122.19
- 9. Becky Hughes, All Year FSC, 38.57-76.23-114.80
- 10. Tenile Victorsen, Los Angeles FSC, 40.93-66.71-107.64
- 11. Jessica Houston, SC of Boston, 41.38-64.33-105.71
- 12. Caroline Miller, Rocky Mountain FSC, 31.22-60.54-91.76

JUDGES - Short Program: 1. Joan Gruber, Wyomissing, PA: 2. Paula Naughton, Vancouver, WA; 3. Jeffrey Wolf, Seattle, WA; 4.Lorrie Parker, Overland Park, KS; 5.Larry Kriwanek, Culver City, CA; 6.Scott Cormier, Rumford, RI; 7.Todd Bromley, Carrollton, TX; 8.Karen Wolanchuk, Eastpointe, MI; 9.Coco Gram Shean, New York, NY; Referee: William Smith, Tulsa, OK; Technical Controller: Sharon Wiggins, Atlanta, GA: Technical Specialist: David Santee, Park Ridge, IL; Assistant Technical Specialist: Charles Tickner, Discovery Bay, CA.

JUDGES - Free Skating: 1. Joan Gruber, Wyomissing, PA: 2. Paula Naughton, Vancouver, WA; 3. Jeffrey Wolf, Seattle, WA; 4.Lorrie Parker, Overland Park, KS; 5.Larry Kriwanek, Culver City, CA; 6.Scott Cormier, Rumford, RI; 7.Todd Bromley, Carrollton, TX; 8.Karen Wolanchuk, Eastpointe, MI; 9.Coco Gram Shean, New York, NY; Referee: William Smith, Tulsa, OK; Technical Controller: Sharon Wiggins, Atlanta, GA: Technical Specialist: David Santee, Park Ridge, IL; Assistant Technical Specialist: Charles Tickner, Discovery Bay, CA.

NAME, CLUB NAME, SP-FS-TS

- 1. Stephen Carriere, SC of Boston, 53.40-126.88-180.28
- 2. Jordan Miller, SC of New York, 52.67-114.89-167.56 3. Geoffry Varner, Peninsula SC, 57.58-107.91-165.49
- 4. Daisuke Murakami, All Year FSC, 48.59-105.38-153.97 5. Craig Ratterree, Washington FSC, 52.07-100.23-152.30
- 6. Casey McCraw, Broadmoor SC, 51.09-96.89-147.98
- 7. Princeton Kwong, Peninsula ISC, 49.14-94.97-144.11
- 8. Jonathan Cassar, Detroit SC, 49.55-91.50-141.05 9. Charlie White, Detroit SC, 43.76-95.91-139.67
- 10. Traighe Rouse, Univ. of Delware, 43.75-94.59-138.34
- 11. Adam Rippon, Univ. of Delware, 49.54-84.65-134.19

12. Douglas Razzano, Coyotes SC of Arizona, 44.20-85.55-129.75

13. Austin Kanallakan, Broadmoor SC, 51.93-74.80-126.73 14. William Brewster, Detroit SC, 40.11-73.03-113.14

15. Peter Lindstrom, Peninsula ISC, 31.05-78.00-109.05

JUNIOR PAIRS

JUDGES - Short Program: 1.Brett Drury, Escondido, CA; 2.Deborah Currie, Fairview, PA; 3.Richard Perez, Mountain View, CA; 4.Joseph Inman, Alexandria, VA; 5.Tamie Campbell, Eden Prairie, MN; 6.Robert Rosenbluth, New York, NY; 7.Lorrie Parker, Overland Park, KS; 8. Steve Winkler, Palm Springs, CA; 9.Kathy Slack, Troy, OH; Referee: Peggy Graham, Denver, CO; Technical Controller: Charles Cyr, Palm Desert, CA; Technical Specialist: David Kirby, Dallas, TX; Assistant Technical Specialist: Randy Gardner, Marina Del Rey, CA.

JUDGES - Free Skating: 1.Brett Drury, Escondido, CA; 2.Deborah Currie, Fairview, PA; 3.Richard Perez, Mountain View, CA; 4.Joseph Inman, Alexandria, VA; 5.Tamie Campbell, Eden Prairie, MN; 6.Robert Rosenbluth, New York, NY; 7.Lorrie Parker, Overland Park, KS; 8. Steve Winkler, Palm Springs, CA; 9.Kathy Slack, Troy, OH; Referee: Peggy Graham, Denver, CO; Technical Controller: Charles Cyr, Palm Desert, CA; Technical Specialist: David Kirby, Dallas, TX; Assistant Technical Specialist: Randy Gardner, Marina Del Rey, CA.

NAME, PLACES SP-FS

1. Kendra Moyle / Andy Seitz, Arctic FSC/Onyx SA, 49.89-97.92-147.81

2. Bridget Namiotka / John Coughlin, Univ. of Delaware FSC/ Silver Blades FSC, 46.45-92.47-138.92

3. Julie Vlassov / Drew Meekins, Elite Training Academy, 49.86-88.99-138.85

4. Kaela Pflumm / Christopher Pottenger, Sc of New York/ Dallas FSC, 47.91-88.43-136.34

5. Bianca Butler / Joseph Jacobsen, All Year FSC, 49.92-83.05-132.97

6. Rhea Sy / Cole Davis, All Year FSC, 45.28-84.18-129.46

7. Aaryn Smith / Will Chitwood, Broadmoor SC, 45.35-83.69-129.04

8. Katie Boxwell / Danny Curzon, Sc of New York/Coyotes SC of Arizona, 41.18-77.68-118.86

9. Claire Davis / Nathan Miller, Broadmoor SC,

43.30-75.18-118.48

10. Lilly Pixley / John Salway, Ft. Wayne ISC,

37.29-78.60-115.89

11. Lisa Moore / Justin Gaumond, ISC of Fort Collins/All Year FSC, 36.90-76.20-113.10

12. Arielle Trujillo / Grant Marron, Los Angeles FSC/Coyotes SC of Arizona, 40.01-70.71-110.72

13. Lindsey Seitz / R.J. Westfall, FSC of the Quad Cities/Orange County FSC, 39.89-70.25-110.14

14. Noelle Chiavetta / Chad Brennan, SC of Boston, 20.38-60.82-93.80

15. MeeRan Trombley / Nathaniel Hess, Broadmoor SC, 36.73-53.51-90.24

JUNIOR DANCE

JUDGES - Compulsory Dance 1: 1. Jenny Mast, Blue Bell, PA; 2.Linda Leaver, Salt Lake City, UT; 3.Katherine Conrad, Roeland Park, KS; 4.Sharon Rogers, St. George, UT; 5.Anthony Bardin, Los Angeles, CA; 6.John Cole, Hunt Valley, MD; 7. Richard Dalley, S. Rockwood, MI; 8. Robert Horen, Ft. Lauderdale, FL; 9.Mary Karen Henderson, Haslett, MI; Referee: Shawn Rettstatt, New York, NY; Technical Controller: Charles Cyr, Palm Desert, CA; Technical Specialist: Judy Blumberg, New York, NY; Assistant Technical Specialist: April Sargent, Penn Valley, PA.

JUDGES - Compulsory Dance 2: 1.Jenny Mast, Blue Bell, PA; 2.Linda Leaver, Salt Lake City, UT; 3.Katherine Conrad, Roeland Park, KS; 4.Sharon Rogers, St. George, UT; 5.Anthony Bardin, Los Angeles, CA; 6.John Cole, Hunt Valley, MD; 7. Richard Dalley, S. Rockwood, MI; 8. Robert Horen, Ft. Lauderdale, FL; 9.Mary Karen Henderson, Haslett, MI; Referee: Shawn Rettstatt, New York, NY; Technical Controller: Charles Cyr, Palm Desert, CA; Technical Specialist: Judy Blumberg, New York, NY; Assistant Technical Specialist: April Sargent, Penn Valley, PA.

JUDGES - Original Dance: 1.Jenny Mast, Blue Bell, PA; 2.Linda Leaver, Salt Lake City, UT; 3.Katherine Conrad, Roeland Park, KS; 4.Sharon Rogers, St. George, UT; 5.Anthony Bardin, Los Angeles, CA; 6.John Cole, Hunt Valley, MD; 7.Richard Dalley, S. Rockwood, MI; 8. Robert Horen, Ft. Lauderdale, FL; 9. Mary Karen Henderson, Haslett, MI; Referee: Shawn Rettstatt, New York, NY; Technical Controller: Charles Cyr, Palm Desert, CA; Technical Specialist: Judy Blumberg, New York, NY; Assistant Technical Specialist: April Sargent, Penn Valley, PA.

JUDGES - Free Dance: 1.Jenny Mast, Blue Bell, PA; 2.Linda Leaver, Salt Lake City, UT; 3.Katherine Conrad, Roeland Park, KS; 4.Sharon Rogers, St. George, UT; 5.Anthony Bardin, Los Angeles, CA; 6. John Cole, Hunt Valley, MD; 7. Richard Dalley, S. Rockwood, MI; 8. Robert Horen, Ft. Lauderdale, FL; 9. Mary Karen Henderson, Haslett, MI; Referee: Shawn Rettstatt, New York, NY; Technical Controller: Charles Cyr, Palm Desert, CA: Technical Specialist: Judy Blumberg, New York, NY; Assistant Technical Specialist: April Sargent, Penn Valley, PA.

NAME, CLUB NAME, CD1-CD2-OD-FD-TS 1. Meryl Davis / Charlie White, Detroit SC, 17.21-18.14-58.06-85.45-178.86 2. Emily Samuelson / Evan Bates, Ann Arbor FSC, 15.91-18.16-51.07-76.23-160.24 3. Jane Summersett / Elliot Pennington, New England FSC/SC of Boston, 15.18-16.82-48.14-64.88-145.02 4. Kaitlyn Weaver / Charles Clavey, Charter Oak FSC/Texas Gulf Coast FSC, 14.08-15.21-42.16-68.38-139.83 5. Kimmerly Lauten / Augie Hill, Stars FSC, 13.96-14.99-43.43-63.53-135.91 6. Elizabeth Miosi / Dmitry Ponomarev, SC of New York, 12.55-14.57-43.78-63.15-134.05 7. Pilar Bosley / John Corona, Peninsula SC/Philadelphia SC, 13.49-14.51-41.28-58.48-127.76

8. Blake Rosenthal / Calvin Taylor, SC of Wilmington, 11.11-13.33-39.35-61.25-125.04

9. Katrina Reyes / Jon Wright, Washington FSC/All Year FSC, 12.53-13.37-37.12-59.40-122.42

10. Mauri Gustafson / Logan Giulietti-Schmitt, All Year FSC/ Stars FSC, 10.99-13.70-37.62-59.24-121.55

11. Brooke Huber / Karl Edelmann, Arstic FSC/Ann Arbor FSC, 10.84-11.10-37.45-57.59-116.98

12. Clare Farrell / Ashley Deavers, Spokane FSC/Birmingham FSC, 11.72-12.34-36.73-52.41-113.20

13. Isabel Elliman / Dmitriy Serebrenik, SC of New York/Apsen SC, 11.46-12.51-32.65-51.47-108.09

NOVICE LADIES

JUDGES - Short Program: 1.Kathaleen Kelly Cutone, Reading, MA; 2.Samuel Auxier, Glen Ellyn, IL; 3.Linda Leaver, Salt Lake City, UT; 4.Steve Winkler, Palm Springs, CA; 5.Kathy Slack, Troy, OH; 6.Richard Perez, Mountain View, CA; 7.Deborah Currie, Fairview, PA; 8. Robert Horen, Ft. Lauderdale, FL; 9. Tamie Campbell, Eden Prairie, MN; Referee: Peggy Graham, Denver, CO; Technical Controller: Deveny Deck, Reston, VA; Technical Specialist: Lisa-Marie Allen, Sherman Oaks, CA; Assistant Technical Specialist: Lisa Ervin-Baudo, Hamburg,

JUDGES - Free Skating: 1.Kathaleen Kelly Cutone, Reading, MA; 2.Janet Carpenter, Minnetonka, MN; 3.Linda Leaver, Salt Lake City, UT; 4.Steve Winkler, Palm Springs, CA; 5.Kathy Slack, Troy, OH; 6.Richard Perez, Mountain View, CA; 7.Deborah Currie, Fairview, PA; 8. Robert Horen, Ft. Lauderdale, FL; 9. Tamie Campbell, Eden Prairie, MN; Referee: Peggy Graham, Denver, CO; Technical Controller: Deveny Deck, Reston, VA; Technical Specialist: Lisa-Marie Allen, Sherman Oaks, CA; Assistant Technical Specialist: Lisa Ervin-Baudo, Hamburg,

NAME, CLUB NAME, SP-FS-TS

1. Rhiana Brammeier, St. Paul FSC, 47.98-90.25-138.23

2. Blake Rosenthal, SC of Wilmington, 41.95-85.21-127.16

3. Brittney Rizo, SC of Boston, 42.46-81.81-124.27

4. Michaelee Scarincio, Saratoga Springs FSC,

45.54-75.76-121.30

5. Victoria Rackohn, All Year FSC, 43.22-77.83-121.05

6. Alexe Gilles, Broadmoor SC, 36.63-77.62-114.25

7. Kelcie Lee, St. Moritz FSC, 41.63-69.42-111.05

8. Chrissy Hughes, 35.53-66.90-102.43 9. Laney Diggs, All Year FSC, 37.59-61.45-99.04 10. Hilary Ho, Univ. of Delaware FSC, 36.84-61.85-98.69

11. Angela Maxwell, Dallas FSC, 30.74-65.34-96.08 12. Debbie Knubley, St. Louis SC, 33.52-53.04-86.56

NOVICE MEN

JUDGES - Short Program: 1.Brett Drury, Escondido, CA; 2.Coco Gram Shean, New York, NY; 3. Samuel Auxier, Glen Ellyn, IL; 4.Jeffrey Wolf, Seattle, WA; 5.Gale Tanger, Wauwatosa, WI; 6.Lori Dunn, Harrisburg, PA; 7.Karen Wolanchuk, Eastpointe. MI; 8.Kathleen Harmon, Federal Way, WA; 9.Robert Rosenbluth, New York, NY; Referee: Lucy Brennan, New York, NY; Technical Controller: Sharon Wiggins, Atlanta, GA; Technical Specialist: Charles Tickner, Discovery Bay, CA; Assistant Technical Specialist: Terry Kubicka, Suisun, CA.

JUDGES - Free Skating: 1.Brett Drury, Escondido, CA; 2.Coco Gram Shean, New York, NY; 3.Kathy Slack, Troy, OH; 4.Jeffrey Wolf, Seattle, WA; 5.Gale Tanger, Wauwatosa, WI; 6.Lori Dunn, Harrisburg, PA; 7.Karen Wolanchuk, Eastpointe, MI; 8.Kathleen Harmon, Federal Way, WA; 9. Robert Rosenbluth, New York, NY; Referee: Lucy Brennan, New York, NY; Technical Controller: Sharon Wiggins, Atlanta, GA; Technical Specialist: Charles Tickner, Discovery Bay, CA; Assistant Technical Specialist: Terry Kubicka, Suisun, CA.

NAME, CLUB NAME, SP-FS-TS

1. Eliot Halverson, St. Paul FSC, 46.69-104.30-150.99

2. Brandon Mroz, Broadmoor SC, 49.68-99.05-148.73

3. Curran Oi, SC of Boston, 43.53-102.26-145.79

4. Scott Dyer, Columbia FSC of Maryland, 48.20-92.00-140.20

5. Brian Simm, Los Angeles FSC, 44.95-91.20-136.15

6. Richard Dornbush, All Year FSC, 42.71-86.55-129.26

7. Armin Mahbanoozadek, Washington FSC,

42.76-79.10-121.86

8. Roger Corvasce, Broadmoor SC, 41.20-77.63-118.83

9. Alexander Johnson, Braemar City of Lakes FSC, 38.48-78.26-116.74

10. William Nottingham, Alaska Assoc. of Figure Skaters,

34.47-65.24-99.71

11. Zachary DeWulf, Univ. of Delaware FSC,

31.71-53.49-85.20

12. Craig Norris, St. Moritz ISC, 25.20-53.85-79.05

NOVICE PAIRS

JUDGES - Short Program: 1.Larry Kriwanek, Culver City, CA: 2. Lorrie Parker, Overland Park, KS; 3. Joan Gruber, Wyomissing, PA; 4.Janet Carpenter, Minnetonka, MN; 5.Todd Bromley, Carrollton, TX; 6.Lori Dunn, Harrisburg, PA; 7.Scott Cormier, Rumford, RI; 8.Kathleen Harmon, Federal Way, WA; 9.Paula Naughton, Vancouver, WA; Referee: Jessica Gaynor, San Francisco, CA; Technical Controller: Joseph Inman, Alexandria. VA: Technical Specialist: Kenneth Shelley, New York, NY; Assistant Technical Specialist: Randy Gardner, Marina Del Rey, CA.

JUDGES - Free Skating: 1.Larry Kriwanek, Culver City, CA: 2. Lorrie Parker, Overland Park, KS; 3. Joan Gruber, Wyomissing, PA: 4.Janet Carpenter, Minnetonka, MN; 5.Todd Bromley, Carrollton, TX; 6.Lori Dunn, Harrisburg, PA; 7.Scott Cormier, Rumford, RI; 8.Kathleen Harmon, Federal Way, WA; 9.Paula Naughton, Vancouver, WA; Referee: Jessica Gaynor, San Francisco, CA: Technical Controller: Joseph Inman, Alexandria. VA; Technical Specialist: Kenneth Shelley, New York, NY; Assistant Technical Specialist: Randy Gardner, Marina Del Rey, CA.

NAME, CLUB NAME, SP-FS-TS

1. Jessica Rose Paetsch / Jon Nuss. Broadmoor SC.

44.43-94.96-139.39

2. Andrea Best / Trevor Young, Detroit SC, 44.25-82.48-126.73

3. Tracy Tanovich / Michael Chau, Southwest Florida FSC, 40.19-86.03-126.22

4. Meg Byrne / Nathan Bartholomay, Univ. of Delaware FSC, 42.59-80.31-122.90

5. Amanda Dobbs / Christopher Trefil, Peninsula SC/St. Moritz FSC, 40.18-76.10-116.28

6. Chelsea Roach / Jeffrey Charbonneau, All Year FSC,

37.65-76.64-114.29

7. Janyce Okamoto / Ryan Berning, Nashville FSC,

37.46-76.57-114.03

8. Jaylyn Kelly / Gabe Woodruff, Lansing SC/Onyx SC, 36.95-67.82-104.77

9 Rachel DeRita / Peter Briccotto, Univ. of Delaware FSC. 36.99-67.29-104.28

10. Caitlin Yankowskas / Danivel Cohen, Colonial FSC/Elite Training Academy, 36.28-67.49-103.77

11. Abigail Ann Sales / Duy Nguyen, All Year FSC, 16.21-58.58-90.22

WD Kalie Budvardson / Christopher Anders, Inland Northwest **FSC**

NOVICE DANCE

JUDGES - Compulsory Dance 1: 1.Patricia French, Mitchellville. MD; 2.Richard Dalley, S. Rockwood, MI; 3.Anthony Bardin, Los Angeles, CA: 4.Jenny Mast, Blue Bell, PA; 5.Charles Cyr. Palm Desert, CA: 6. John Cole, Hunt Valley, MD; 7. Mary Karen Henderson, Haslett, MI; 8. Katherine Conrad, Roeland Park, KS; 9.Sharon Rogers, St. George, UT; Referee: Janis Engel, Valencia, CA: Technical Controller: Robert Horen, Ft. Lauderdale, FL; Technical Specialist: April Sargent, Penn Valley, PA: Assistant Technical Specialist: Hal Marron, Phoenix,

JUDGES - Compulsory Dance 2: 1.Patricia French, Mitchellville, MD: 2.Richard Dalley, S. Rockwood, MI; 3.Anthony Bardin, Los Angeles, CA; 4.Jenny Mast, Blue Bell, PA; 5.Charles Cyr. Palm Desert, CA: 6. John Cole, Hunt Valley, MD; 7. Mary Karen Henderson, Haslett, MI; 8. Katherine Conrad, Roeland Park, KS; 9.Sharon Rogers, St. George, UT; Referee: Janis Engel, Valencia, CA: Technical Controller: Robert Horen, Ft. Lauderdale, FL; Technical Specialist: April Sargent, Penn Valley, PA: Assistant Technical Specialist: Hal Marron, Phoenix,

JUDGES - Free Dance: 1.Patricia French, Mitchellville, MD: 2.Richard Dalley, S. Rockwood, MI; 3.Anthony Bardin, Los Angeles, CA; 4.Jenny Mast, Blue Bell, PA; 5.Charles Cyr, Palm Desert, CA; 6.John Cole, Hunt Valley, MD; 7.Mary Karen Henderson, Haslett, MI; 8. Katherine Conrad, Roeland Park, KS; 9.Sharon Rogers, St. George, UT; Referee: Janis Engel, Valencia, CA: Technical Controller: Robert Horen, Ft. Lauderdale, FL; Technical Specialist: April Sargent, Penn Valley, PA: Assistant Technical Specialist: Hal Marron, Phoenix,

NAME, CLUB NAME, CD1-CD2-FD-TS

1. Cathy Reed / Chris Reed, SC of Morris,

19.23-19.21-59.71-98.15 2. Madison Hubbell / Keiffer Hubbell, Ann Arbor FSC,

19.23-19.50-58.03-96.76 3. Samantha Tomarchio / Nicholas Sinchak, Columbia FSC/

Bowie FSC, 17.04-16.63-30.32-90.54

4. Michelle Pennington / Brad Coulter, Stars FSC,

14.94-16.05-51.87-82.86

5. Shannon Wingle / Ryan Devereaux, Arctic FSC/Coyotes FSC of Arizona, 14.79-14.36-50.90-80.05

6. Katie Wyble / Chad Reinhold, Center Ice & Blades of Western Penn./All Year FSC, 14.81-15.29-48.44-78.54 7. Piper Gilles / Timothy McKernan, Broadmoor SC,

14.69-14.65-49.18-78.52

8. Isabella Cannuscio / Zachary Varraux, Univ. of Delaware FSC, 13.93-13.77-48.40-76.10

9. Alexis Hauser / Kyle Herring, Skokie Valley FSC/Univ. Of Delaware FSC, 13.58-13.99-45.49-73.06

10. Rachel Tibbetts / Eric Reinhart, Broadmoor SC, 13.27-13.61-44.83-71.71

11. Genevieve Deutch / Alexander Lorello, Peninsula FSC/Univ. of Delaware FSC, 12.10-13.06-42.12-67.28

12. Anastasia Olson / Greg Zuerlein, SC of San Francisco/ Detroit SC, 12.94-11.80-41.47-66.21

2006 CZECH OPEN

Jan. 27-29, Pardubice, Czech Republic

Senior final results PI-Name-Nation-Points-SP-FS 1. Orion-CZE-136.54-2-1 2. Team Elan-USA-131.26-1-2

- 3. Olympia-CZE-110.62-3-4
- 4. Dream Team-RUS-108.68-4-3
- 5. Ice Image-CAN-99.46-5-5

Junior final results

PI-Name-Nation-Points-SP-FS

1. Chicago Jazz-USA-101.73-2-1

2. Team Estreija-FIN-89.86-1-3

3. Nika-RUS-84.42-3-2

4. Team Spirit-SWE-70.25-4-4

5. Balance-CZE-63.60-5-5

6. Johanky-CZE-51.86-7-6 7. Samarochka-RUS-51.85-6-7

Novice final results

PI-Name-Nation-Points

1. Chicago Jazz-USA-57.25

2. Dream Steps-FIN-48.23 3. Filiae Aboenses-FIN-38.44

4. Pazata-CZE-35.30

5. Vlocky-CZE-35.10

6. Kometa-CZE-34.70

7. Zagreb Snowflakes-CRO-27.51

2006 EASTERN SYNCHRONIZED SKATING CHAMPIONSHIPS

(Because of computer issues, there are missing categories from the Eastern Championships. Those results will appear in the March magazine.)

Senior final standings

PI-Name-Points-SP-FS

1. Superettes, Warwick FS-95.57-1-1

Junior final standings

PI-Name-Points-SP-FS

1. Black Pearl, Hayden Rec Ctre FSC-96.64-1-2

2. Skyliners-Junior, SC of New York-85.59-2-1

3. Metroliners, Bowie FSC-78.23-3-3

4. Ice-Lantics, Garden State SC-60.57-4-4

Novice final standings PI-Name-Points-FS

1. Ice Mates, Hayden Rec Ctre FSC-54.10-1

2. Skyliners-Novice, SC of New York-44.77-2

3. Team Millennium, New England FSC-37.51-3

Pre-Juvenile, Group A (QR) final standings PI-Name-Mai.-Tie-Br.

1. National Blades, Washington FSC-6/1

2. Shimmers SC of Southern CT.-5/2

3. Ashburn Ice Angels. Washington FSC-4/3

4. Shorline of Cape Cod. Bourne, SC-4/4-TOM 11

5. Precisely Right, SC of Morris, N.J.-4/4-TOM 14

6. Ice Magic, Hickory Hill FSC-5/5

7. Team Millennium, New England FSC-7/7

PANEL OF OFFICIALS - Referee: Jeanette Davey. Ice Level Assistant Referee: Judith Edmunds. Accountant: Maxine Ganter. Judges: Jacqueline Addis, Shelley Danner, Elizabeth Friedman, Shirley Kreppel, Evelyn Minter, David Sargent and Sara Stephens.

Pre-Juvenile, Group B (QR) final standings PI-Name-Mai.

1. Team Espirit, Hamden, FSA-5/1

2. The Storm, North Shore SC-5/2

3. Saint Sensations, St. Lawrence FSC-6/3

4. Bluewater Blades, Skaneateles FSC-5/4

5. Richmond Twizzlers, Richmond FSC-4/5

6. Team Carolinas, Carolinas-6/6

7. Carolina Ice Sensations, Central Carolina SC-7/7 PANEL OF OFFICIALS - Referee: William Beharrell. Ice Level Assistant Referee: Susan Haugh. Accountant: Deborah Neiman, Judges: Ann Fauver, Robert Bell, Leonard Colarusso, Laura Maki, William Mein, Marie Pearce and Paula Ziegler.

Open Juvenile, Group A (QR) final standings PI-Name-Mai.

1. Carolina Ice Sensations, Central Carolina SC-4/1

2. National Blades, Washington FSC-5/3

3. Synchroettes, Essex SC of NJ-4/3

4. WV Synchro, Charleston, FSC-5/4 5. Shadows, SC of Southern CT-4/4

6. Ice Magic, Hickory Hill FSC-5/6

7. Richmond Twizzlers, Richmond FSC-7/7

PANEL OF OFFICIALS - Referee: Judith Edmunds. Ice Level Assistant Referee: Jeanette Davey. Accountant: Leon Packman. Judges: Jacqueline Addis, Leonard Colarusso, Elizabeth Friedman, Laura Maki, Marie Pearce, David Sargent and Sara Stephens

Open Juvenile, Group B (QR) final standings Pl-Name-Maj.

1. Lady Ducks, SC of Wilmington-4/1

2. Capitol Steps, SC of Northern Virgina-4/2 3. Precisely Right, SC of Morris, NJ.-5/3

4. Spitfires, Springdale FSC-4/4

5. Team Deleware, Unvi. of Deleware FSC-6/5

6. Rainbow Connection, Potsdam FSC-5/6

7. Philadephia Symmetry, Wissahicon SC-4/7

8. Metroliners. Bowie FSC-7/8

PANEL OF OFFICIALS - Referee: Susan Haugh. Ice Level Assistant Referee: William Beharrell, Accountant: Maxine Ganter. Judges: Jeanette Davey, Robert Bell, Shelley Danner, Shirley Kreppel, Karin Sherr, Evelyn Minter and Paula Ziegler.

Preliminary A (QR) final standings PI-Name-Mai.

1. Team Espirit, Hamden FSA-4/1

2. Capitol Steps, SC of Northern Virginia-5/2

3. Team Boston, SC of Boston-4/3 4. Team Image, Yonkers FSC-5/4

5. Ice Lantics, Garden State SC-6/5

6. Spitfires, Springdale, FSC-7/6 7. Metroliners, Bowie FSC-7/7

PANEL OF OFFICIALS - Referee: Judith Edmunds. Ice Level Assistant Referee: Susan Haugh. Accountant: Maxine Ganter. Judges: Jacqueline Addis, Robert Bell, Shelley Danner, Elizabeth Friedman, Shirley Kreppel, Marie Pearce and Sara Stephens.

Preliminary B (QR) final standings

PI-Name-Maj.-tie br.

1. Shooting Stars, Hayden Rec Ctre FSC-4/1

2. Ice Angels, St. Lawrence FSC-5/2

3. Skyliners, Windy Hill SC-7/3

4. Precisely Right, SC of Morris, NJ-4/4-TOM 15

5. Sychroettes, Essex SC of New Jersey-4/4 TOM 16

6. Team Deleware, Univ. of Deleware FS-4/5

PANEL OF OFFICIALS - Referee: Jeanette Davey. Ice Level Assistant Referee: Judith Edmunds. Accountant: Leon Packman. Judges: Ann Fauver, Leonard Colarusso, Laura Maki, William Mein, Evelyn Minter, David Sargent and Paula Ziegler.

Pre-Juvenile final standings PI-Name-Maj.

1. National Blades, Washington FSC-5/2

2. Team Espirit, Hamden FSA-4/2

3. Ashburn Ice Angels, Washington FSC-5/3

4. Shimmers, SC of Southern Conn.-5/4

5. The Storm, North Shore SC-4/4

6. Saint Sensations, St. Lawrence FSC-5/6

7. Shorline of Cape Cod, Bourne, SC-6/7

8. Bluewater Blades, Skaneateles FSC-7/8

PANEL OF OFFICIALS - Referee: Susan Haugh. Ice Level Assistant Referee: William Beharrell. Accountant: Maxine Ganter. Judges: Karin Sherr, Jacqueline Addis, Robert Bell, Shelley Danner, Elizabeth Friedman, Marie Pearce and Sara

2006 MIDWESTERN SYNCHRONIZED SKATING CHAMPIONSHIPS

Senior final results PI-Name-SP-FS-TP

1. Miami Univ. Sr. Varsity Synch Team-64.75-104.8-169.13

2. Crystallettes-SR-50.02-84.54-134.56

3. Western Michigan University-32.46-77.62-110.08

4. Hockettes-32.80-58.56-91.36

PANEL OF OFFICIALS (short and free skate) - Referee: Wayne Hundley. Technical controller: Dann Krueger. Technical specialist: Megan Walsh. Assistant Technical Specialist: Devon Hensel. Assistant Referee Ice: Daren Patterson. Judges: Charles Cope, Jerry Shipley, Shirley Hage, Virginia Jamison, Ruth Moser, Christine Wenger, Eleanor Curtis, Glennace Cohen and Patricia Lynch.

Junior final results PI-Name-SP-FS-TP

1. Team Braemar-30.42-60.62-93.04

2. Fond Du Lac Blades-32.05-56.89-88.94

3. Starlights-25.33-58.69-84.02

4. Ice Elite-21.23-46.54-67.77

PANEL OF OFFICIALS (short, free skate) - Referee: Robert Bauer, Technical controller: Dann Krueger, Technical specialist: Devon Hensel. Assistant Technical Specialist: Megan Walsh. Assistant Referee Ice: Martha Cogan. Judges: Charles Cope, Jerry Shipley, Dorothy Tank, Shirley Hage, Virginia Jamison, Ruth Moser, Eleanor Curtis, Glennace Cohen and Leanne Cluff.

Novice final results

PI-Name-Points

1. Starlights-52.05

2. Crystallettes-47.17

3. Team Elan-47.06

4. Team Braemar-37.68

PANEL OF OFFICIALS - Referee: Darren Patterson. Technical controller: Dann Krueger. Technical specialist: Megan Walsh. Assistant Technical Specialist: Devon Hensel. Assistant Referee Ice: Wayne Hundley, Judges: Dareth McCoy, Jerry Shipley, Kristina Stein, Dorothy Tank, Ruth Moser, Jo Ann Hall. Eleanor Curtis, Susan McInnes and Leanne Cluff.

Intermediate final results

PI-Name-Maj.

1. Chicago Jazz, Chicago FSC-5/1

2. Wisconsin Edge, Wisconsin FSC, Inc.-5/2

3. Gems on Ice, Plymouth FSC-6/3

4. Starlights, Skokie Valley SC-6/4

5. Hockettes, Ann Arbor FSC-5/5

6. Synchro Panache, FSC of Minneapolis-6/6

7. Fond Du Lac Blades, Fond Du Lac Blue Line FS-5/6

8. Rhythm and Blades, Rochester FSC-5/8

9. Synchro St. Louis, Metro Edge FSC of Mo.-9/9

PANEL OF OFFICIALS - Referee: Martha Cogan. Ice Level Assistant Referee: Wayne Hundley. Accountant: Barbara Gloeckner. Judges: Dareth McCoy, Kristina Stein, Dorothy Tank, Shirley Hage, Virginia Jamison, Jo Ann Hall, Glennace Cohen, Susan McInnes, Patricia Lynch and Jerry Shipley.

Juvenile final results

PI-Name-Mai.

1. Gems on Ice, Plymouth FSC-7/2

2. Team Elan, Detroit SC, Inc.-7/3

3. Starlights, Skokie Valley SC-6/3

4. Chicago Jazz, Chicago FSC-7/4

5. Crystallettes, Dearborn, FSC-9/5

6. Team Braemar, Braemar-City of Lakes-6/6

7. Go Figure, Line Creek FSC-9/7

PANEL OF OFFICIALS - Referee: Darren Patterson. Ice Level Assistant Referee: Wayne Hundley. Accountant: Gary Bernstein. Judges: Charles Cope, Jerry Shipley, Kristina Stein, Virginia Jamison, Ruth Moser, Glennace Cohen, Susan McInnes, Leanne Cluff, Patricia Lynch and Jo Ann Hall.

Collegiate final standings

PI-Name-Mai.

1. Miami U Collegiate, Miami University-7/1

2. Western Michigan University, SC-7/2

3. University of Michigan-5/3

4. Univ. of Wisconsin-Madison.-6/4

5. Michigan State Univ. ST-5/5

6. Synergy SST, University of Minnesota-6/6

7. U. of Illinois at Urbana Champ-5/6

8. Univ of Notre Dame SST-7/9

9. Northwestern Univ.-6/9

10. Indiana Hoosiers-5/9

11. Bowling Green State Univ.-9/11

PANEL OF OFFICIALS - Referee: Wayne Hundley. Ice Level Assistant Referee: Robert Bauer, Accountant: Gary Bernstein. Judges: Charles Cope, Dareth McCoy, Dorothy Tank, Virginia Jamison, Jo Ann Hall, Christine Wenger, Glennace Cohen, Susan McInnes, Patricia Lynch and Kristina Stein.

Masters final standings

PI-Name-Mai.

1. Gems on Ice, Plymouth FSC-9/1

2. North Coast Line. Pavillion SC of Cleve.-5/2

3. The Turning Points, Midland FSC-6/3

4. Cleveland Edges. The Strongsville, SC-9/4

5. Team Glace, DuPage FSC-9/5

PANEL OF OFFICIALS - Referee: Daren Patterson. Ice Level Assistant Referee: Robert Bauer, Accountant: Barbara Gloeckner. Judges: Charles Cope, Dareth McCoy, Kristina Stein, Dorothy Tank, Ruth Moser, Jo Ann Hall, Christine Wenger, Susan McInnes, Leanne Cluff.

Adult final standings

PI-Name-Maj.

1. Crystallettes, Dearborn FSC-6/1

2. Team Elan, Detroit SC, Inc.-6/2

3. Synchro Panache, FSC of Minneapolis-7/3

4. Revolution, Northern Illinois SC-7/4

PANEL OF OFFICIALS - Referee: Martha Cogan, Ice Level Assistant Referee: Daren Patterson. Accountant: Carmilla Scott, Judges: Kristina Stein, Shirley Hage, Virginia Jamison, Jo Ann Hall, Christine Wenger, Leanne Cluff, Patricia Lynch.

Open Junior final championships

PI-Name-Maj.

1. Wisconsin Edge, Wisconsin FSC, Inc.-5/1

2. Chicago Jazz, Chicago Jazz-6/2

3. Synchro Panache, FSC of Minneapolis-5/2

4. Maplewood Highsteppers, Maplewood FSC-6/4

5. Oxford Ice Crystals, Oxford SC-6/5

6. Synchro St. Louis Diamond Edges, St. Peters FSA-6/6

7. Chicago Skates, Windy City FSC-8/7

8. Dazzlers, DuPage FSC-9/8

PANEL OF OFFICIALS - Referee: Robert Bauer. Ice Level Assistant Referee: Hannelore Murphy. Accountant: Barbara Gloeckner Judges: Charles Cope, Dareth McCoy, Jerry Shipley, Shirley Hage, Ruth Moser, Christine Wenger, Eleanor Curtis, Glennace Cohen, Leanne Cluff.

Open Adult final championships

PI-Name-Mai.

1. Free Spirits, The Strongsville SC-8/2

2. Fraser Eclipse, Fraser FSC-7/3

3. Elites, Bowling Green SC-6/3

4. Cincinnati Style, FSC of Cincinnati-5/4 5. Kalamazoo Ice Kraze, Southwest Michigan SC-8/5

6. Revolution, Northern Illinois SC-5/5

7. Debonaires, Ann Arbor FSC-9/7

PANEL OF OFFICIALS - Referee: Robert Bauer. Ice Level Assistant Referee: Hannelore Murphy. Accountant: Barbara Gloeckner Judges: Charles Cope, Dareth McCoy, Jerry Shipley, Shirley Hage, Ruth Moser, Christine Wenger, Eleanor Curtis, Glennace Cohen, Leanne Cluff.

Pre-Juvenile final standings PI-Name-Maj.-Tie-br

1. Wisconsin Edge, Wisconsin FSC, Inc.-5/1

2. Hockettes, Ann Arbor FSC-5/2-TO 20

3. Team Elite, Wagon Wheel FSC-5/2-T0 23

4. Dazzlers, DuPage FSC-5/4

5. Cleveland SC Ice Reflections-A, Cleveland SC-5/5-TOM 22

6. Cleveland Edges, The Strongsville SC-5/5-TOM 2

7. Maplewood Highsteppers (A), Maplewood FSC-7/6

8. Steel City Blades. The Strongsville SC-7/8

9. Team deCoeur, Lakeland SC-6/9

10. The Cutting Edge, Timberline SC-9/10

PANEL OF OFFICIALS - Referee: Daren Patterson, Ice Level Assistant Referee: Robert Bauer. Accountant: Carmilla Scott. Judges: Dareth McCov. Kristina Stein, Virginia Jamison, Ruth Moser, Jo Ann Hall, Christine Wenger, Eleanor Curtis, Glennace Cohen and Susan McInnes.

Pre-Juvenile Group A (QR) final standings

PI-Name-Maj.

1. Wisconsin Edge, Wisconsin FSC, Inc.-7/1

2. Teams Elite, Wagon Wheel FSC-8/2

3. Cleveland SC Ice Reflections-A. Cleveland SC-9/3

4. Mapplewood Highsteppers (A), Maplewood FSC-7/4

5. The Cutting Edge. Timberline SC-8/6

6. Crystallettes, Dearborn FSC-6/6

7. SwanSyncSation, Swan City Ice Skaters, 6/7

8. Birmingham Blazing Blades, FSC of Birmingham, Mich.-9/8

PANEL OF OFFICIALS - Referee: Martha Cogan. Ice Level Assistant Referee: Wavne Hundley, Accountant: Barbara Gloeckner. Judges: Charles Cope, Jerry Shipley, Dorothy Tank, Shirley Hage, Jo Ann Hall, Christine Wenger, Eleanor Curtis. Glennace Cohen and Susan McInnes.

Pre-Juvenile Group B (QR) final standings PI-Name-Mai.

1. Hockettes, Ann Arbor FSC-6/1

2. Cleveland Edges. The Strongsville SC-6/3

3. Dazzlers, DuPage FSC-5/3

4. Steel City Blades. The Strongsville SC-6/4

5. Team de Coeur, Lakeland SC-7/5

6. Gems On Ice. Plymouth FSC-7/6

7. Shaker SynchSations, Shaker FSC-7/7

8. Synchro St. Louis. Metro Edge FSC of Mo.-5/7 9. Team Elan, Detroit SC, Inc.-9/9

PANEL OF OFFICIALS - Referee: Daren Patterson. Ice Level Assistant Referee: Martha Cogan, Accountant: Carmilla Scott, Judges: Dareth McCoy, Kristina Stein, Dorothy Tank, Virginia Jamison, Ruth Moser, Jo Ann Hall, Eleanor Curtis, Glennace Cohen and Leanne Cluff.

Open Juvenile final standings

PI-Name-Maj.-Tie br

1. Team du Coeur, Lakeland SC-7/1

2. Rhythm and Blades, Rochester FSC-6/3

3. Fire on Ice, Glenwood FSC-5-3

4. Velocity, Gr Cleveland Council FSC-7/4

5. Cleveland Edges, The Strongsville SC-5/5

6. Steel City Blades, U.S. Figure Skating-5/6 7. Maplewood Highsteppers, Maplewood FSC-5/7

8. Northern Lights, Twin Bays SC-6/8-TO 68

9. Team Expression, Roseville FSC-6/8-TO 73

10. Mentor Ice Diamonds, Mentor FSC-6/10

11. Oxford Ice Crystals, Oxford SC-6/11-TOM 57 12. Ice Elite, Wagon Wheel FSC-6/11-TOM 60

PANEL OF OFFICIALS - Referee: Wayne Hundley, Ice Level Assistant Referee: Robert Bauer. Accountant: Barbara Gloeckner, Judges: Charles Cope, Jerry Shipley, Dorothy Tank, Shirley Hage, Jo Ann Hall, Christine Wenger, Eleanor Curtis, Glennace Cohen, Patricia Lynch.

Open Juvenile Group A (QR) PI-Name-Maj.

1. Team Du Coeur, Lakeland SC-7/2

2. Rhythm and Blades, Rochester FSC-6/2

3. Steel City Blades, U.S. Figure Skating-7/3

4. Oxford Ice Crystals, Oxford SC-7/5

5. Mentor Ice Diamonds, Mentor FSC-5/6

6. Ice Elite, Wagon Wheel FSC-5/6

7. Kicks, Greater Green Bay FSC-6/7

- 8. Northern Ice, Copper County Skating-5/7
- 9. Granite City Rockettes, St. Cloud FSC-5/8
- 10. The Cutting Edge, Timberline SC-5/9

PANEL OF OFFICIALS - Referee: Wayne Hundley. Ice Level Assistant Referee: Daren Patterson. Accountant: Carmilla Scott. Judges: Dareth McCoy, Kristina Stein, Dorothy Tank, Jo Ann Hall, Christine Wenger, Eleanor Curtis, Susan McInnes, Leanne Cluff and Patricia Lynch.

Open Juvenile Group B (QR) PI-Name-Maj.-Tie br

- 1. Velocity, Gr Cleveland Council FSC-6/1
- 2. Fire On Ice, Glenwood FSC-5/3
- 3. Cleveland Edges, The Strongsville SC-7/4
- 4. Northern Lights, Twin Bays SC-5/4-TO 38
- 5. Team Expression, Roseville, FSC-5/4-TO 49
- 6. Maplewood Highsteppers, Maplewood FSC-5/5
- 7. Dazzlers, DuPage FSC-6/6
- 8. Nexus, Midland FSC-7/8
- 9. Fraser Eclipse, Fraser FSC-5/9
- 10. Chicago Skates, Windy City FSC-6/10
- 11. Indiana Synchro Edges, ISC of Indianapolis-9/11
- 12. Starfire, Northern Ice SC-9/12

PANEL OF OFFICIALS - Referee: Robert Bauer. Ice Level Assistant Referee: Martha Cogan. Accountant: Gary Bernstein. Judges: Charles Cope, Jerry Shipley, Kristina Stein, Shirley Hage, Virginia Jamison, Ruth Moser, Glennace Cohen, Leanne Cluff and Patricia Lynch.

Calendar

MARCH

- 3 2006 Eau Claire Figure Skating Competition sponsored by the Eau Claire FSC at Hobbs Ice Arena, 915 Menomonie Street, Eau Claire, WI 54701. For more information contact Pamela Nix at 715.597.2219.
- **3-5 Skate at the Park** sponsored by Spokane FSC, Inc. at Riverfront Park Ice Palace, 507 North Howard, Spokane, Wash., 99201. For more information call Paula Keller at 507.979.3957.
- **4-5 Skating for Skills 2006** sponsored by Kent SC at Kent State University Ice Arena, Loop Road, Kent OH 44242. For more information contact Nicole Kappenhagen at 330.338.0075.
- **4-5 Penn Quaker Classic** at the Class of 1923 Ice Rink, 3130 Walnut St., Philadephia, Pa., 19104. For more information contact Jackie Wong at jweng11@stanfordalumni.org.
- 4 Michigan High School Series Novi at Novi Ice Arena, 42400 Arena Drive, Novi, MI 48375. or more information contact Michelle Dittmer at highschoolskating.yahoo.com.
- **4-12 2006 Arctic Winter Games** sponsored by the Anchorage FSC at Central Peninsula Sports Center, Soldotna, AK 99669. For more information contact Joan Hubbard at 907.694.9789.
- **4-5 Skating for Skills 2006** sponsored by Kent SC at Kent State University Ice Arena, Loop Road, Kent, Ohio, 44242. For more information contact Nicole Kappenhagen at 330.338.0075 or go online at www.kentskatingclub.org
- **9-12 2006 Denver Invitational** sponsored by Denver FSC at the South Suburban Ice Arena, 6580 South Vine Street, Centennial, CO, 80121. For more information contact Rhonda Morrison at 303.840.4137.
- **9 -12 2006 Jackson Hole Invitational** sponsored by Jackson Hole FSC at Snow King Center, 100 East Snow King Ave., Jackson, Wyo., 83001. For more information contact Gary Merrell at 307.690.6699 or go online at www.jhfsc.org.

- 10-11 Showskate 2006 sponsored by Stars FSC of Texas at Dr. Pepper Star Center, 1400 South Pipeline Road, Euless, Texas, 76030. For more information contact Darlene Cain at 817.267.4233 ext. 226 or go online at www.lsfc.org.
- 11-12 2006 Cleveland Invitational sponsored by the Mentor FSC at Mentor Civic Arena, 8600 Munson Road, Mentor, OH 44060. For more information contact Suzanne Clemente at 440.585.6283.
- 12 2006 Shamrock Open at Carlson Ice Arena, Loves Park, III. For more information contact Carlson Roquet at brigettecarlson@rockfordparkdistrict.org
- 17-19 2006 Green Mountain Open sponsored by Vermont SC at Cairns Arena, 601 Swift St., South Burlington, Vermont, 05043. For more information call Brian Candib at 802.859.6847.
- **18 Michigan High School Series** Midland at Midland Civic Arena, 405 Fast Ice Drive, Midland, Mich. For more information contact Michelle Dittmer at highschoolskating@yahoo.com.
- 23 2006 W.I.M. Competition sponsored by the Greater Milwaukee FSC at Wilson Park Recreation Center, 4001 S. 20th Street, Milwaukee, WI 53221. For more information contact Ralph Dahlman at 414.282.3948.
- 24-26 29th Annual Biennial Niagara Invitational sponsored by the Buffalo SC at the Buffalo State College Ice Arena, 1300 Elmwood Avenue, Buffalo, NY 14222. For more information contact Ann-Marie Hilton at 716.390,2129.
- **31-2 Sweetwater Invitational 2006** sponsored by Sweetwater FSC at the Rock Springs Family Recreation Center, 3900 Sweetwater Drive, Rock Springs, Wyo., 82901. For more information call Leshia Baker at 307, 382,2356.

APRIL

- **8-9 2006 Morris Open Competition** sponsored by the SC of Morris NJ at the William G. Mennen Sports Arena, 161 East Hanover Avenue, Morristown, N.J. 07960. For more information contact Patricia Lynch at 973.429.7042.
- 9 Ninth Annual Colorado High School Figure Skating
 Championships sponsored by Denver FSC at South Suburban Ice
 Arena, 6580 South Vine St. Centennial, Colo., 80121. For more information contact Rhonda Morrison at 303.840.9137.
- **20-22 2006 Tri-State Memorial Free Skating Championships** sponsored by Midland FSC at Midland Civic Arena, 405 Fast Ice Drive, Midland, MI, 48642. For more information contact Ann Ward at 989.835.3624.
- 21-23 2006 Springtime Spectacular sponsored by the Fort Wayne ISC at McMillen Ice Arena, 3901 Abbott Street, Fort Wayne, IN 46806. For more information contact Penny Lohr at 260.484.9305.
- **28-30 2006 Skate Nashville** sponsored by the Nashville FSC at Southern Ice, 215 Gothic Court, Franklin TN 37067. For more information contact Bill Fauver at 615.260.4799.
- **28-29 2006 Lake Effect Invitational** sponsored by Lake Effect FSC at Walker Ice Center, 4151 Remembrance Road, Grand Rapids, MI 49534. For more information contact Nancy Adams at 616.791.4437.
- ${\bf 29\text{-}30~High~School~Team~Open~of~New~Jersey}-Princeton~{\rm Day~School.}$

MAY

- **12-14 2006 South Dayton Silver Skate** sponsored by the South Dayton FSC at Kettering Ice Arena, 2900 Glengarry Drive, Kettering, OH 45420. For more information contact Gayle Lemoine at 937.433.6388.
- **18-21 2006 Ann Arbor Springtime Invitational** sponsored by the Ann Arbor FSC at the Ann Arbor Ice Cube, 2121 Oak Valley Drive, Ann Arbor, MI 48103. For more information contact Ann Dougherty at 734.662.3925.

IUNE

- 2006 Traverse City Cherry Classic sponsored by the Twin Bays SC at Center Ice Arena, 1544 Hammond Road, Traverse City, MI 49686. For more information contact Kim Prust at 231.223.4074.
- 9-11 Buckeye State 2006 sponsored by the Chiller FSC at Chiller North, 8144 Highfield Drive, Lewis Center, OH 43035. For more information contact Wendy Burdan at 800.548.1875.

JULY

- **7-9 2006 Fraser Invitational** sponsored by Fraser FSC at Great Lakes Sport City, 34400 Utica Road, Fraser, MI 48026. For more information contact Christine Bisby at cbisby18@aol.com.
- 14-16 The 42nd annual Skate St. Paul hosted by the St. Paul Figure Skating Club will be held at the Richfield lce Arena in Richfield, Minn., on July 14-16, 2006. The event is part of the Future Champions Series with world, international and national judges and officials. For more information contact cmarker243@ aol.com or access www.stpaulfsc.org
- **19-22 2006 Skate Detroit** sponsored by the Detroit SC at the Detroit Skating Club, 888 Denison Court, Bloomfield Hills, MI 48302.
- **28-30 2006 Sunshine Invitational** sponsored by the Mentor FSC at the Mentor Civic Arnea, 8600 Munson Road, Mentor OH 44060. For more information contact Suzanne Clemente at 440.585.6283.

AUGUST

- 1-5 2006 Lake Placid Dance Championships sponsored by the SC of Lake Placid at Olympic Arena, Main Street, Lake Placid, NY 12946. For more information contact Ann Greenthal at agreenthal@aol.com.
- **2-6 2006 U.S. Collegiate Championships** sponsored by the Glacier Falls FSC in Anaheim, Calif. For more information contact Kelly Hodge at khodge@usfigureskating.org.
- **4 2006 Queen City Invitational** sponsored by the Queen City FSC at Sports Plus, 10765 Reading Road, Cincinnati, OH 45241. For more information contact Marcia Chaffee at 513.755.8499.
- **6 2006 Rocky Mountain State Games** sponsored by Centennial SC at Mark "Pa" Sertich Ice Center, 1705 East Pikes Peak Ave., Colorado Springs, CO, 80909. For more information call Lisa Landon 719.659.0912.
- 18-20 2006 Indy Challenge Dance and Pairs Competition sponsored by the Indiana/World Skating Academy at Indiana World Skating Academy, Indianapolis, Ind. For more information contact Kelley Morris-Adair at 317.823.2892.
- 26 Rocket City Classic 2006 sponsored by the Huntsville FSC at the Benton H. Wilcoxen Ice Complex, 3185 Leeman Ferry Road, Huntsville, AL 35801. For more information contact Keith Schenrock at 256.883.2816.

Upcoming Events



Disney's Coronado Springs Resort in Orlando, Fla., will be the magical site of the **2006 Governing Council Annual Meeting.** The meeting will take place Friday and Saturday, May 5 and 6, 2006.

There are many other meetings and educational activities that take place during the week in addition to the meeting of the Governing Council. The Executive Committee will meet Tuesday, May 2 and the Board of Directors will meet Wednesday, May 3.

The very popular Judges Education School (pre-registration required) will take place on Thursday, May 4.

The Club Education Seminar will take place on Wednesday and Thursday, May 3 and 4. This seminar requires pre-registration and a registration fee (\$75 per person or \$200 for three or more board members from the same club). As part of this seminar, participants will be required to attend educational seminars and open forums on Thursday, May 4 that are available to all attendees.

Those attending the annual meeting this year can look forward to some new and exciting additions to the Thursday seminars. Special ticket offers for Disney theme parks will also be available

More information was mailed directly to club presidents, secretaries and individual members in January. For the most up-to-date information on the 2006 Governing Council Annual Meeting, visit U.S. Figure Skating's web site at www.usfigureskating.org.

MARY LOUISE WRIGHT EXHIBITION

The second annual Mary Louise Wright Memorial Exhibition will be presented March 4, 2006, at The Skating Club of Boston. The exhibition begins at 5:30 p.m., and bidding for the silent auction gets underway at 4:45 p.m. Two-time Olympic champion Dick Button will be the master of ceremonies. All proceeds will be donated to "The Mary Louise Wright Memorial Exhibition Award" and the U.S. Figure Skating Memorial Fund in the name of Mary Louise Wright. The award benefits four skaters from The Skating Club of Boston who exemplify the qualities Wright, who passed away in 2004. admired in a skater and student. For tickets, call 617.782.5900. Wright was a national competitor, national, Olympic and World judge, and mentor to thousands of skaters.

Appointments

Bronze Singles/Pairs Test Judge Nathan Hess, Broadmoor SC

Gold Singles/Pairs Test Judge

Michael Itzin, Brooklyn Park FSC; Goleen Samari, Austin FSC; Monica Decker, DuPage FSC; Nadine Pfeiffer, Central Carolina SC

Bronze Dance Test Judge

Davina Kunvipusilkul, Cortland FSC

Junior Competition Judge

Antonio Conte, Detroit SC; Jacqueline Addis, Central Florida FSC

Sectional Accountant

Kimberly Lamb, Alpine SC

Regional Music Coordinator

Heather Collins, Capital City FSC

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Jeanette P. Janson: Barry Bryson

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Walter Muehlbrenner: Maggie lobst

Freda Hill: Jan Frisch

Mary Hoblack: Janice Williams; Amy Wright; Michele Seagraves;

Brenda McConnell: Katherine A. Pennock

Delores Nikodinov: Chad Frighetto Ellen "Muffy" Rowe: Sylvia Yu

Ann Chabot: Anne E. Mjaatvedt

Rose Mary & Neil Santee's 50th Wedding Anniversary: Joe &

Eileen Serafine

Peggy & Joseph Delio's 50th Wedding Anniversary: Joe & Eileen

Dorothy Nyman: Westminster FSC of Erie

In Honor Of

Felicia Beck: Jonathan Scheffter

Skating Club of San Francisco: Jessica Gaynor

Mrs. Jack (Ginny) Might's Birthday: Patti Boles, Maggie lobst,

Carolyn Kruse, Lois Nesselhauf

Gay and Frank Barnes 50th Wedding Anniversary: Gay Barnes

Obituaries

Dianna Geary Cook, an elite skater and promoter of the sport of figure skating, died Oct. 29, 2005, at the age of 41.

Mrs. Cook of Kearney, Neb., was born April 26, 1964, in Phoenix to Wally and Faye Geary. She became active in figure skating at an early age. By age 15, she had achieved her double gold medals in figures and freestyle for U.S. Figure Skating and Canada.

Mrs. Cook trained for two years at the Olympic Training Center in Colorado Springs, Colo., before turning professional. She performed with Disney on Ice, Christmas on Ice in Las Vegas, Holiday on Ice and America's Super Dream in Japan before turning to

She traveled the country conducting skating clinics and shows, touching the lives of thousands of youngsters.

On March 24, 1990, she married Geoff Cook in Phoenix. Together, they made numerous ice related stops in Montana, South Dakota, North Dakota and Colorado before settling in Kearney in 2000, where Mrs. Cook continued to instruct students at the Kearney

Survivors include her husband; parents, Faye and Wally Geary of Phoenix; sister, Vicki (Pervival); brother, Michael, of San Jose; and other relatives and friends. In lieu of flowers, memorial donations can be made to the Diana Geary Cook Trust Fund c/o Wally Geary, P.O. Box 15406, Phoenix, 85060.

Esther Miksch Batdorf, mother of World and Olympic coaches Mary Scotvold and Anne Militano, died Nov. 8, 2005, at the age of 91 in Lititz, Pa.

She was an avid skating fan, rooting for her daughter's many national skaters. She especially enjoyed her years in Lake Placid, where the girls trained under Gustave Lussi and later coached for

She'll be remembered for the knowledge of music, her passion and sense of style.

Corrections

Under the East Coast Sectional competition senior pairs event, it states in the results that Emma Phibbs/Miguel Alegre were 6/6. They in fact withdrew a week prior to the event with an injury and couldn't not compete.

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To learn more, or to make a donation to the Memorial Fund, please visit www.usfigureskating.org and click on "Donate to the Memorial Fund."



Ask Mr. Edge

What's new in the marketplace? I'll tell you



Congratulations to all the national finalists this year and the very best of luck to those fine young men and women who will be going to the Olympic Winter Games.

Since I get so many requests for recommendations of boots and blades, I thought it might be a good idea to make February "Preview Month" and talk a bit about any new products or product changes in boots and blades.

Since I only had one day to spend at the U.S. Championships, I made it a point to visit with the boot and blade manufacturers to see what's new for the coming year.

Here's a quick review:

Riedell has made some changes to its boot line, but most noticeable is its new lace-locking system and new look of the 300 model. I like it and think Riedell should incorporate it into all their freestyle boots. Coaches can look forward to a much more comfortable-fitting boot as the width of the toe box area has been relaxed, allowing it to expand for extra comfort.

Jackson has redesigned its hinged boot. It looks like all of its initial problems have been addressed. It also changed the lining in the freestyle model, making it a bit softer and much more comfortable.

Klingbeil has a nice lightweight boot and is now making many of its custom options available on stock boots. SP-Teri pretty much has the same lineup as last year and also offers a special order boot with many of its custom options included.

Harlick made some great changes to its line, offering a combination light-weight construction and special option package. The X-line, available by special order only, will accommodate a foot that is much broader as it gets closer to the tips of the toes. This feature, along with the other special options, will provide for a much broader range in fitting a slightly wider foot. What I liked most, however, is the cut-out designs on the outside heel area. Backed by colored suede or leather, it can also be trimmed out with colored rhinestones if desired.

Newcomers to the fold – enter EDEA boots. Widely known in the roller skate industry, EDEA offers eight lightweight models which vary in stiffness. The design is definitely European, with a nylon-fiberglass composite sole. EDEA claims the boots are thermo-formable, which is another way of saying heat moldable.

On the blade front is Jackson Ultima with some new, fancy-designed blades. However, I think they're more for show rather than skating. In case you don't know, its new Matrix blade design is very interesting, especially since you only need to buy one set of holders. When the blades wear out, you simply remove them and pop in your new pair. You can also switch your blades to a dance or synchro design without having to purchase another complete pair.

John Watts blades, made in England from quality Sheffield steel, offer a couple interesting pick designs with a slightly shorter heel extension.

The latest from MK and Wilson is the parabolic design that skaters say is great for spinning. One blade that seems to have been overlooked is the Jubliee model. This is an excellent entry-level freestyle blade, especially for youngsters who are skating no more than a couple days a week. It's well worth the price.

Pink, blue, purple, green - Paramount blades had everyone's attention. They are undoubtedly the lightest blades on the market. The holder is made of solid aircraft aluminum and is available in stainless 420 or 440 steel. I've never seen such quality in a stainless steel blade before. Rumor has it that they're hollow and very noisy. Hollow, definitely not. As for noisy, if you're the only skater on the ice with no background noise, I would think that any blade would sound a bit loud as you stroke along at breakneck speed, cutting those sharp edges into the ice. Firsthand experience says otherwise. Skaters tell me they're smooth as silk, and quiet as well.

Well, folks that's all I have to say for now. I hope you liked my review of the marketplace for the upcoming year. No matter which you choose, have a great skate.

Mr. Edge

Age debate rages on

Asada outduels Slutskaya for Grand Prix title

By Sal Zanca

In 1996, at the ripe old age of 13 years, 9 months, Tara Lipinski was skating at the World Championships in Edmonton, Canada. She was joined by a few 14-year-olds, including American pairs skater Shelby Lyons. Even Takeshi Honda of Japan, still skating today, won a men's qualifying

group while he was 14.

So, it was no wonder there was an uproar about the new Grand Prix Final champion Mao Asada. Although old enough to compete at the final, she is not deemed old enough by ISU regulations to compete at an ISU championship (such as Worlds) or the Olympic Winter ames.

Asada turned 15 on Sept. 25, 2005. The deadline to turn 15 to be eligible was July 1, 2005.

"The age restriction is unfortunate," Sasha Cohen has said.

"People are at their best in all different ages in their careers. Being in Mao's position, I think it's really hard to miss an Olympics when you're in peak form. The rules are the rules, and I know they have reason. They want more mature, older skaters. Everyone has a different window of opportunity and I think it's unfortunate to limit it."

Cohen has been through the situation before.

In 2000 she was second at the U.S. Championships behind Michelle Kwan. That should have qualified her for the World Team but the ISU age rule, passed in 1996, prevented her from entering directly. Cohen turned 15 the previous October.

There was a loophole at the time. Any skater in the top three at the World Junior Championships was allowed to compete at Worlds regardless of age. However Cohen finished sixth at World Juniors that year, and the loophole has since been closed.

And Kimmie Meissner, also with an October birthday, attended the World Championships last March as a commentator instead of a competitor after coming in third at the 2005 State Farm U.S. Championships.

But now Asada – despite her triple Axels in Tokyo – must wait another year before competing against the big guns at Worlds.

"That's life and you can't change anything you know," said Irina Slutskaya, who finished second to Asada at the final. "We can't decide. If this is the rule, we can't do something. She's pretty young. I think the next Olympics will be for her."

Of course that means the 2010 Olympics in Vancouver. Maybe her time will come as early as the 2007 World Championships in Tokyo.

However there is no guarantee that will happen.

"Asada is now just 15," said
Carol Heiss Jenkins, the first
woman to do a double Axel
nearly 50 years ago. "She has
to grow. Let's see. It is that 1718 year age that is difficult. Their
bodies change. They become a
woman. They become much more emotional."

Heiss has been coaching Miki Ando over the past year. Ando did the first quadruple jump in competition for a female when she was 14 in December 2002.

She turned 18 the day of the exhibition of the Grand Prix Final and managed to do a scratchy quad Salchow for an encore. But doing them in exhibitions is a bit different from doing them in competition. She hasn't done one in competition since the Japanese championships in 2003.

But all the commotion about the age clause failed to faze Asada, who took advantage of a slightly off-form Slutskaya to win the final and start the debate.

Asada gained the upper hand in the short program. To a flirty version of "Carmen," she reeled off a triple-flip-triple loop combination in addition to a triple Lutz. Meanwhile Slutskaya did a triple Lutz-double loop combination and scaled down to a double flip that was landed off-balance.

"I don't know what happened. I just didn't feel good today," said Slutskaya, who also complained of dizziness which she described as jet-lag.

Slutskaya bounced back in the free skate to do a performance

that would probably win elsewhere
– six strong triples and barely a
wobble.

However Asada was on her game, opening with the triple Axel, although she shied away from doing a second one.

"I decided after warm-up not to do another triple Axel," Asada said. "My coach said it was up to me, but I didn't feel confident enough. I remember in training in Nagoya I never did two triple Axels and then I got worried."

Still, Asada did five more triple jumps without a miss and included seven jumps in three combinations in the final minute of her routine to the "Nutcracker Suite." Overall she won 189.62 to 181.48.

It was Slutskaya's first loss since the 2004 World Championships when she returned for her only competition in her illness-plagued season.

The other events went according to form

After romping to a big lead in the short program, Switzerland's Stephane Lambiel rebounded from a fall on his opening triple Axel in the free skate and did a quad-triple combination seconds later and a quad jump minutes later to secure the easy victory.

Russia's Tatiana Totmianina and Maxim Marinin were invincible in pairs and compatriots Tatiana Navka and Roman Kostomarov of Russia romped to their third consecutive ice dancing title. With all the talk about 15-year-olds, seven of the 12 ice dancing competitors were 30-something.

Learning curve

Officials dive in to learn new judging system

By Amy Rosewater

henever Jenny Mast sits in a car which she isn't familiar, she takes a few moments to figure it out. She'll sit in the driver's seat with the owner's manual and locate the lights, the radio dials and the parking brake.

She's been driving for years, but she just likes that feeling of being prepared.

The same is true when she's sitting behind the judges' panel at a figure skating competition. She likes to be ready for anything when she's sitting in the driver's seat — especially this season with a new judging system in place.

"I've been a skating judge for nine years, so it's not like I'm re-learning skating now," said Mast, an ice-dancing specialist based outside of Philadelphia. "It's just a matter of learning the system.

"Some judges have been overwhelmed, and others have jumped in and learned how to use it. Once they get past that first time, I think they're finding that it's really very user friendly, just like driving a new car."

Mast spent part of her summer helping teach the intricacies of the new scoring system to judges at three different seminars – each of which attracted nearly 80 people.

Some of those people were coaches, ranging from the high-profile ones like Priscilla Hill, who works with three-time U.S. champion Johnny Weir, and others were just starting out. Most of the attendees, however, were judges.

There has been a lot of media focus

on how the skaters are adapting to the new system, and plenty of coaches have weighed in on how they are strategizing. But what about the judges?

For the most part, judges have been trying their best to learn all the new details of the new system, Mast said. Some of them have attended three or four judging seminars just to make sure they are keeping up with the ever-changing rules. And while some of them wish that the traditional system, with its perfect 6.0s could have remained intact, many of them have acclimated to the new system quite well.

The new scoring system is vastly different from the 6.0 setup, in which judges awarded skaters two marks — one for technical scoring and the other for artistic performance.

In the new system, every single element – whether it is a sit spin, a spiral or a quadruple jump combination – is evaluated and scored individually. Each element is rated on a scale of -3 to +3. There are also five components to the artistic score – skating skills, transitions, performance/execution, composition/choreography and interpretation. The components are scored from 1 to 10.

One major difference for the judges is that there is a technical panel in addition to the judges. It's the job of the technical panel to determine if a skater turned a Lutz into a flutz or if a jump was cheated or not. Judges now focus their attention on the quality of the element instead. Judges also have the opportunity to use instant replay.

At one of those seminars present-

ed in Wilmington, Del., some judges found themselves so concerned about whether to award a skater a +1 or a +2 for an element that when the program they were reviewing on a video screen was completed, they found themselves scrambling to calculate the components scores. There were also mounds of paperwork to sort through, outlining all kinds of new rules and points.

At first, some of the judges interviewed at the seminar were overwhelmed, especially the ones who had never been introduced to the new system before. Mast found, however, that after the judges practiced watching videos at home and participating in some early-season events, they adapted quite well. She also assisted judges at seminars by giving them three pieces of paper – red, yellow and green – to help them determine the general range of their scores for the components.

"I was at the Liberty competition this summer and all of the judges, when they finally got off the stand, really felt like the new system worked," Mast said.

Have the judges been re-energized from this learning experience?

"I've always felt the judges have been energized," Mast said. "But I think it's created a sense of optimism for the general public, that the fans will be reenergized and the sport can be more accurate and more fair."

When the new system was first introduced a year ago, Charlie Cyr, a topranked American judge, used the new system when reviewing tapes of the European Championships, ISU Four

Continents Championship, State Farm U.S. Championships and every junior and senior Grand Prix event.

"I probably evaluated close to 800 programs and probably after about 30 or 40 of them, it kicked in for me," Cyr said. "I feel as comfortable now as I did before.

"Judges in the U.S. who have not been exposed to the new system will have to learn all over again. But it's amazing that after they attend a seminar they say, 'Gosh, I already knew all of this before.' The new system is dependant on the knowledge from the old system."

Cyr said he knows of some judges who have taken art and choreography classes to gain a better understanding of the components scoring.

He has become so used to the new system that it is hard for him to evaluate skating using the old technical and artistic marks.

"I judged in a 6.0-system event, a club event not too long ago, and I thought, 'This skater had no skating skills, no transitions, and I have to come up with a single mark.'"

Joe Inman, a former competitive skater and top international judge who was on the panel for the ladies' competition at the Salt Lake City Olympics in 2002, said he has spent countless hours reviewing skating competitions on his TV at home to make sure he has the system down pat.

"I can't even think in 6.0 now," Inman said. "I'm like a computer, and I've just reformatted my brain."

Inman is in in Turin, Italy, for the 2006 Olympic Winter Games, but this time he will be part of the official assessment commission. That group of judges will keep score of the events, but those marks will only be used by International Skating Union officials to see how they compare to those of the judges on the actual scoring panel.

Inman was not a big fan of changing

the scoring system when the ISU first introduced its plans following the 2002 Olympics scandal in the pairs competition, but he changed his opinion after much study.

"The biggest difference is that you don't pick and choose what you need to get that high mark," Inman said. "And in the old system, the spins were just kind of there. In the top group, they didn't really mean that much. The best thing is that even if you disagree with the points system, it truly does make the sport more objective."

Inman, and other judges, often took copious notes when scoring under the 6.0 system. Now they use touch-screens and computers. You would think that might make their work easier, but in fact, judges have so many more details to be concerned with that they find themselves physically spent at the end of a competition.

"From the judges' perspective, you have to concentrate so much," Inman said. "The new components are requiring a higher standard of knowledge, and now it is truly making the judges highlevel analyzers."

Traditionally, judges would spend some of their time traveling to skaters' rinks to observe their programs before a competition. The idea was for the skater and coach to receive critical feedback. With the new scoring system, judges are still being requested for such sessions, but some judges are more wary about telling skaters and coaches exact scoring numbers.

"The problem is that when we do go out and watch a skater, that skater is assuming that what we say is the gospel," Inman said. "I say, 'I'm seeing a level three or level four spin but it's important that the skater knows I would say that at that moment. If the skater doesn't perform it the same way at a competition, then it's not a level three or level four there."

Still, one thing many of the judges wish they could have with this new system is a perfect score. With all of its intricate calculations, skaters will have to be content with personal-bests instead of a 6.0. There is a high mark of 10 in the components scoring, but that is just one part of a complex system.

"The magic of the 6.0 is not there anymore," said Cyr, whose lone 6.0 in his judging career went to Canadian ice dancers Shae-Lynn Bourne and Viktor Kraatz in the Grand Prix Final leading up to the 2002 Olympics. "There was something magical about that performance."

U.S. Figure Skating judges calculate scores during the 2006 State Farm U.S. Championships in St. Louis.



Still goin' strong

Fitness guru credits skating for paving career path

By Alexandra Stevenson

"I owe it all to skating."

- Sheila Cluff, the grandmother of aerobics, who introduced the world to cardio vascular dance (now known as aerobics) back in the late 1950s.

Sheila Cluff, the 69year-old Californian and fitness guru who is credited by the exercise industry with developing aerobics, is quite adamant.

"If it hadn't been for skating, I wouldn't be in the position I am today," Cluff said.

Cluff is the author of four books on fitness, including "Take 5: How You Can Benefit from Just Five Minutes of Daily Exercise" and "The Ultimate Recipe for Fitness," and four fitness videos. She is the former star of her own fitness show on NBC.

When Cluff spoke to this reporter, she was dashing from The Oaks at Ojai, a celebrity magnet spa in California which she owns, to Arkansas, where she had a speaking engagement with Gov. Mike Huckabee. He lost 104 pounds and is trying to rescue his state from its reputation as one of the United States' most obese.

Although a high energy level obviously played a major part in her success, Cluff claims that the secret of how she rose to her high-visibility position is simple: "I owe it all to skating."

Although she is now a U.S. citizen, Cluff (née Workman) was born in Ottawa, Canada's capital city.

"When I was young, the answer to the question of what to do in winter, which was always cold and snowy, was 'Ski, skate or hibernate.' So, I skated," Cluff said.

"I had the same coach as (1948 Olympic gold medalist) Barbara Ann Scott, Otto Gold at the Minto Club. It was famous for its ice shows. They even took 30 of us, the Ice Folliettes, on the road to different clubs."

From there it was a short step to a professional contract with Sonja Henie's Hollywood Ice Review, which toured around the United States. She also had a stint at the Roxy Theatre in New York, where the audience got not only an ice show but also a first- run 1956 hit movie, "Man in the Grey Flannel Suit," starring Gregory Peck.

"We did four shows a day and five on the weekends. I loved it," Cluff said.

The 5-foot-4 inch blonde, who still today has only 12 percent body fat and wears size 0-2 clothes, eventually settled down, marrying Don Cluff, Barbara Ann Scott's dance partner. In addition to teaching skating, she became a girls' high school physical education instructor.

"That was a different era," Cluff said. "The girls hated PE. They did not want to get sweaty and would do anything they could to get out of class, including feigning illness. I tried and tried to interest them but to no avail.

"One day, in desperation, I brought in a gramophone to play music and got them to do a kick line, adapting chorus line steps from my ice shows. What a difference. All of a sudden my class was popular.

"But then I was confronted by an angry mother. My heart started pounding. Was I going to lose my job? Had I done something that wasn't allowed? Was it illegal to play music?

"Very aggressively, this woman asked, 'What have you done to my daughter? She's completely changed. She used to mope about the house. She was shy, unhappy and had pimples. They've cleared up, and now she's smiling and outgoing, and she says it's because of your class. Whatever you're doing, I want it too.'

"I talked to my husband, and we decided there might be a market for adult exercise. And that's how it all started."

They opened classes to anyone, presenting cardiovascular, low-impact steps in mirrored dance studios with a pianist playing upbeat music. It was an idea whose time had come.

She still teaches classes at The Oaks.

"What we do is present a wide range of dance modalities," Cluff said. "You can choose belly dancing one day, Hula Hoop the next day, jazz the next day, Broadway the next, or Latin.

"They're all hot, sweaty aerobics classes, but they succeed by keeping fitness fun. It's a matter of thinking out of the box and keeping the client interested."

Cluff, who has four children and six grandchildren, re-

cently became involved again in skating. She dusted off her old skates and began teaching her grandchildren to skate at the rink in Oxnard, Calif..

"Among my friends, a group of leading business women in Ventura County, I have four adult women who joined the skating group. Some had never had skates on before. They are all having the time of their lives. They were scared at first, holding tightly onto the boards. But they started private classes and now they agree it is just such great, enjoyable exercise.

"But, if you start skating at a mature age, you have

to make sure your bone density is good. This is very important for the older person. If they are totally out of shape and they take up skating, they are at risk. I'm a weightlifter. You must do some kind of weight-bearing exercise to get that bone density up. And I constantly do balance work on the floor. I do all kinds of yoga and Pilates."

However, diet is not a word that is in Cluff's vocabulary.

"I like to keep things positive, so we don't diet, we make food choices," Cluff said. "Food choices sound a lot more appealing than going on a diet. Similarly, we opt for fitness, not exercise. We try to keep everything positive and upbeat."

With her rekindled interest in skating, will she start competing in the adult competitions, which are becoming more popular?

"That is what my coach is encouraging me to do," Cluff said. "She wants me to continue so that I get to the point where I qualify to compete at some of those competitions. I may do it but I haven't made a decision yet. I expect I'd be the oldest there."

In the meantime, she will continue giving motivational speeches. Last month, Cluff spoke at the State Farm U.S. Figure Skating Championships in St. Louis at a novice skaters' seminar.

Among those in the audience when she recently addressed the Professional Skaters' convention in San Diego was well known ice dance instructor, Robbie Kane.

"She was wonderful," he declared. "We all gave her a standing ovation."



Sheila Cluff, center, skated in a handful of professional ice shows.







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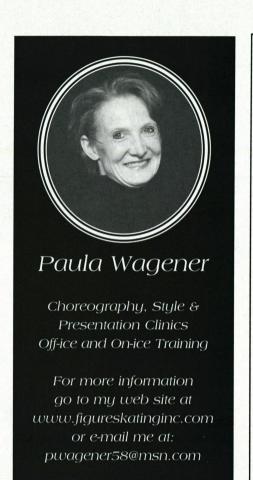
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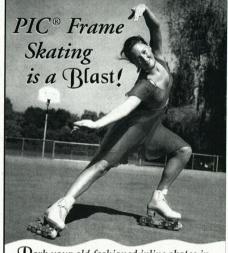


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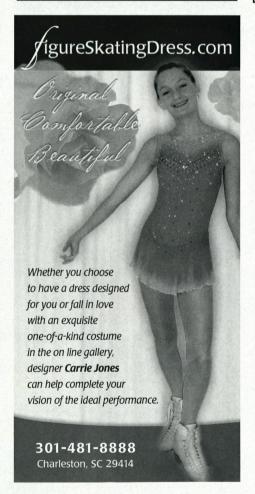
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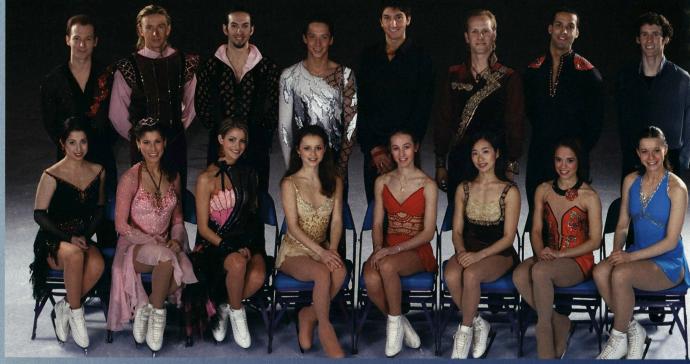


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World Team members took a few minutes following the U.S. Championships for a photo shoot on the Savvis Center ice. Pictured, top row, from left, are Ryan O'Meara, Denis Petukhov, Ben Agosto, Johnny Weir, Evan Lysacek, John Baldwin, Aaron Parchem and Matt Savoie; bottom row, from left, Jamie Silverstein, Melissa Gregory, Tanith Belbin, Sasha Cohen, Kimmie Meissner, Rena Inoue, Marcy Hinzmann and Emily Hughes.



The 2006 State Farm U.S. Figure Skating Championships took on a nostalgic feel when all 12 U.S. Olympic champions were introduced to the 13,000-plus fans at Savvis Center. It was an electric moment as the carpet was rolled out on the ice and the announcer, with powerful music playing, introduced each champion. It marked the first and only time that all dozen U.S. Olympic gold medalists had been together. Pictured, from left, are Sarah Hughes (2002), Tara Lipinski (1998), Kristi Yamaguchi (1992) Brian Boitano (1988), Scott Hamilton (1984), Dorothy Hamill (1976), Peggy Fleming (1968), David Jenkins (1960), Carol Heiss Jenkins (1960), Hayes Jenkins (1956), Tenley Albright (1956) and Dick Button (1948, 1952).





ABC's Peter Carruthers interviews three-time U.S. ice dancing champions Tanith Belbin and Ben Agosto.

Pairs skaters Marcy
Hinzmann and Aaron
Parchem await their Olympic
fate with coach Zuzanna
Szwed as scores are flashed
on the Savvis scoreboard.



State Farm scholar athletes honored in St. Louis

The 2006 State Farm U.S. Figure Skating Scholastic Honors Team was introduced and honored on Jan. 14 during the State Farm U.S. Championships in St. Louis.

This year's class featured 10 scholar athletes who have been named to the honor roll and or won academic honors. All 10 have extensive volunteer experience and their average grade-point average is 4.07.

The program was created by U.S. Figure Skating to recognize high school athletes who excel in the classroom and on the ice.

This marks the second year of State Farm's involvement with the program, which was started in 1997. In conjunction with U.S. Figure Skating, State Farm is providing \$25,000 in scholarships to team members, as well as a team jacket.

This year's team members are:

Megan Calhoun (Rolling Hills, Calif./ South Bay FSC) – This is Calhoun's second year on the Scholastic Honors Team. She carries a 4.74 GPA while serving as a student representative to the PTA and volunteer to the Palos Verdes Assembly.

Elizabeth Cruikshank (Larchmont, N.Y./Rye FSC) – Cruikshank is the executive producer of "Blades Against Aids," which raised more than \$8,500 for the "Save the Children AIDS in Africa" fund. She was awarded the Rotary Club of Larchmont's 2005 Blum Award for improving the lives of children in the community and across the world.

Lee Anne Filosa (Medfield, Mass. / Warwick FSC) – In 2005, Filosa was awarded the Bisbee Prize for outstanding American History research papers. Last summer she served as a volunteer

intern at the Blue Hill Observatory as part of the Women in Natural Science Program.

Mauri Gustafson (Plano, Texas/All Year FSC) – With a 3.97 GPA, Gustafson was editor-in-chief of the Spring Creek Academy Newsletter. She also worked with local nursing homes, knitting blankets for use at local shelters and helped organize a senior citizens prom.

Newark High School. She was awarded the Michael C. Ferguson Scholarship for excellence in the Delaware Student Testing Program.

Tommy Steenberg (Annandale, Va./ SC of Northern Virginia) – Steenberg, who holds a 3.88 GPA, won a thirdplace medal at the Fairfax County foreign language poetry competition. In addition to his poetry, he's a member



Princeton Kwong (Los Altos Hills, Calif./Peninsula SC) – Kwong spent his summer conducting bible classes for children in Mexico. He boasts a 3.88 GPA and is a member of the El Camino Youth Symphony for his flute playing.

Lisa Lucido (Sterling Heights, Mich./Detroit SC) — Lucido skated in a Tsunami relief benefit with U.S. ice dancing champions Tanith Belbin and Ben Agosto that raised more than \$25,000 for victims. She's also donated her time collecting donations for recent hurricane victims in Florida.

Anna Peng (Newark, Del./University of Delaware FSC) – With a GPA of 4.0, Peng is ranked first in her class at

of the National Spanish Honor Society and a Spanish tutor.

Taylor John Toth (Kittanning, Pa./ Pittsburgh FSC) — Toth won a state competition held by Pennsylvania Junior Academy of Science for his excellence in computer programming. He carries a 4.07 GPA and volunteers at a local animal shelter.

Stephanie Zastrow (Forest Lake, Minn./St. Paul FSC) – In addition to skating, Zastrow is also a dancer, performing exhibitions both locally and at Disney World in Orlando, Fla. She carries a 4.0 GPA and has been involved in several community service ventures, including Toys for Tots.

e Farm Championship Figure Skating

Hall of Famer Lipinski pursuing acting career

Eight years removed from her Olympic gold medal performance, 23year-old Tara Lipinski has found another stage in which to perform.

The youngest Olympic champion of all time is pursing an acting career, which she said is just starting to take off.

Lipinski was in St. Louis last month for the U.S. Figure Skating Championships, where she was inducted into the United States Skating Museum & Hall of Fame. While there, Lipinski answered questions from the media on topics ranging from her fledging acting career, to rules on age limitations for skaters, to Michelle Kwan's Olympic Winter Games petition.

"I've been acting the last couple of years," said Lipinski, who won her Olympic gold medal in 1998 at age 15 years and 255 days. "I was skating and acting for a while, and it was just getting very busy for me. Now it is starting to look so bright."

Lipinski has appeared in TV series "Seventh Heaven" and "Still Standing." Before arriving in St. Louis, she auditioned and received a guest role in the hit series "Malcom in the Middle."

"It's hard work," Lipinksi said. "It's like skating. It takes time and finally people there are recognizing that I can act. I was a skater and that's something I treasure so much - it's part of me - but I'm also an entertainer. It's so nice to have another part of my life that people can see that I can do something else."

On the subject of age restrictions for skaters in international competition, Lipinski said she has mixed feelings.

"In a way people are looking out for the skater and that's good because there are a lot of injuries," Lipinksi said. "At the same time, I don't think the age limitation is stopping that skater from training any harder or doing any more jumps or repeating them less."

Lipinski endured several injuries during her career, including a painful back injury right before the Olympic Winter Games. She also sustained a hip injury while competing.

"It was bad, but it's a sport and I wanted it at the time," Lipinski said. "It wasn't bad enough to where I was on painkillers. I just took my time and tried to do the best I could. I wasn't going to miss out on anything. I wasn't going to

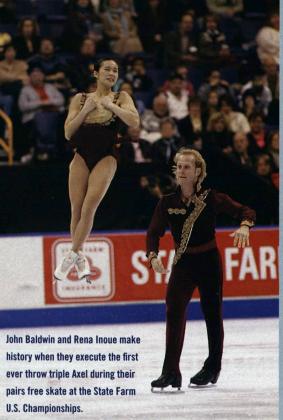
miss out on nationals, Worlds or the Olympics."

Lipinski was then asked if Kwan should be able to sit out because of an injury and still be put on the Olympic Team.

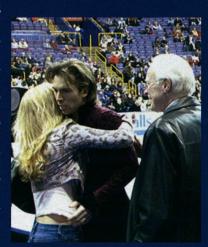
"I think everyone is different," Lipinski said. "I was different with my injuries, but I definitely think she'll make the Tara Lipinski answers questions from the media the day after being inducted into the U.S. Skating Museum and Hall of Fame.



team. I know she will make the team. I think I look at it from every perspective. You look at it from Michelle's and that's not hard because obviously she should be on the team. But then you look at it from a skater's perspective and you think of that second-place or third-place girl standing on the podium and realize it's her Olympic year, too, and she's not going to get that feeling. It's a double-edged sword I guess."



Michael Weiss
is congratulated
by his wife and
choregrapher Lisa
Thornton Weiss
and coach Don
Laws after his
short program



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Uniting separate worlds

Finding right skating partner takes perseverance

By Debbie Koegel Fediukov

nyone interested in pairs or ice dancing knows finding a partner is not easy, finding the right partner is an even bigger challenge.

Through the years coaches and skaters have had to expand the search horizon beyond the United States to find the right match. Skating has been the one love or common factor that has brought two individuals from separate worlds together to form a partnership.

The issue of allowing foreign skaters to represent the U.S. remains a controversial one. Some individuals are opposed to the idea and feel it takes away opportunities from U.S. born athletes. The many success stories of these "mixed" teams, however, have given positive recognition to U.S. ice dancing.

If you find the right partner outside of the United States, changing the skater's representing country, qualifying to represent the U.S., and trying to obtain U.S. citizenship are not easy tasks. The skater must meet U.S. Figure

Skating requirements as well as ISU eligibility rules in order to be cleared for competition.

(See the table shown below for eligibility requirements, and for more detailed information refer to the U.S Figure Skating rulebook).

To qualify for a level of competition, the skater must pass the necessary tests before the Sept. 1 deadline. The chair of the competitions committee determines which tests are necessary, and/or into which level a skater can be "grandfathered."

For example, a competitive senior level ice dancer coming from another country may be required only to test the gold level compulsory dances, the senior moves in the field test, and the se-

> nior free dance test before being eligible to compete in the United States at the senior level.

For Renee Roca and Gorsha Sur this process was not yet clearly defined. The idea of coming together from two different countries to skate for the United States was exciting, but full of uncertainty as this had never been done before.

They knew of each other because they had competed against each other internationally. Once Sur had defected and come to the U.S., he contacted a mutu-

al friend of his and Roca's. While Roca was living and training in Colorado, she remembers getting a message from Sur, (who at the time was in Detroit), asking her to call him. He wanted to talk about the possibility of skating together. They

arranged a tryout, which was obviously a success, and returned to Colorado to begin a career together under coach Sandy Hess. Sur then began the process of applying for citizenship.

"He applied just like everyone else," Roca said. "I remember lots and lots of paperwork."

At the time Roca and Sur decided to skate together for the United States, there was no such thing as being "released" from your prior federation. Now, the non-U.S. citizen must also go through a clearance procedure with the ISU to change representing countries.

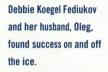
"The Russian federation tried to make things difficult for us because they were upset," Roca said.

Roca remembers it to be a strange

"No one knew what to do with us" she said.

Even U.S. Figure Skating was unsure about the circumstances, but agreed to get them started. Because there were no guidelines to determine at which point in the test structure they should start Sur, U.S. Figure Skating required that he take all the dance tests. He started with the Dutch Waltz and went all the way through his gold dances. He did the same with the free dance tests. He started with preliminary and tested through senior. Then, once they qualified to enter competitions, Sur and Roca had to start with a regional championship, even though they were previously senior World and international competitors.

"There was not a big welcome mat for us, Roca said. "A lot of people were upset. Others were supportive and said,





'why not? He (Sur) want's to be a citizen. This could be good for us."

Ultimately, it was good for "us."

Sur and Roca are two-time U.S. champions and world professional champions. They gave the United States positive recognition in the discipline of ice dancing and because of their determination and success, many couples with a non- U.S. citizen have followed them on what is now a much clearer path.

Naomi Lang and Peter Tchernyshev were one of those teams. Tchernyshev saw Lang skating at the 1996 U.S. Championships and knew he wanted to skate with her. He wrote a letter to Lang asking her to tryout with him. They went on to win five consecutive U.S. Championships and finished ninth at the World Championships. It took Tchernyshev approximately seven years to become a U.S. citizen, which was considered to be the average time frame.

Lang advises teams to, "Stay together with the same partner. If you keep changing partners, you can't mesh well. Just wait and be patient."

Most recently, the success story of Tanith Belbin and Benjamin Agosto has drawn many fans to the sport, and made believers out of people who thought U.S. ice dancing wasn't a force to reckon with.

Belbin and Agosto were united by their previous coaches. At the time, Belbin was working with Paul Wirtz and Susie Wynne was training Agosto.

"Our coaches were well networked and always talking," Belbin said. "They knew that they had two skaters about the same age and ability and set up a tryout. We did the tryout, and that same day we decided we were going to skate together. It was perfect."

Belbin had already planned to go to Detroit to work with Igor Shpilband and because Agosto and Wynne were familiar with Shpilband and the success of his teams, they knew they were making the right choice by heading there to train.

Although successful, their road has not been completely smooth. They knew going into the partnership that citizenship would be an issue.

"I applied under the extraordinary ability category, and in order to be granted citizenship, you need to be able to prove that you have talent in your venue," Belbin said. "So, we needed to have decent results."

They were required to wait one year with the ISU to be cleared for international competitions. Then, in order to get those "results" to be able to submit to the Immigration and Naturalization Service (INS), they had to compete internationally.

"With the citizenship process, every tiny step takes a lot of time and requires a lot of patience," Belbin said. "You just have to respect the process and be patient."

Her patience paid off in the final days of 2005 when President George W. Bush signed legislation that expedites the U.S. citizenship process for elite athletes.

My own personal experience with this issue has resulted in not only a skating partnership, but a lifetime partnership. My partner and now husband, Oleg Fediukov, also came to the United States with a dream of becoming a citizen and representing the U.S.

Like Gorsha, Oleg started at the Dutch Waltz and worked his way up the testing ladder. In 1993 he competed for the first time at a U.S. Championship at the novice level. In 1994 he won the junior title with former partner, Laura Gayton.

Oleg and I began skating together in 1996 and went on to become two-time U.S. bronze medalists, international team members, and World team alternates. In January 2000, Oleg's dream of becoming a United States citizen came true.

If the support had not been there for non-citizen skaters to represent and compete for our country, my life would be completely different. Not only have I gained extraordinary experiences through competitive figure skating, I also have been blessed with a husband and two sons.

Ultimately, finding a partner the right size, with similar ability, skating style, lines, and dedication is far more important than choosing a partner based on where they were born.

U.S. Figure Skating eligibility requirements

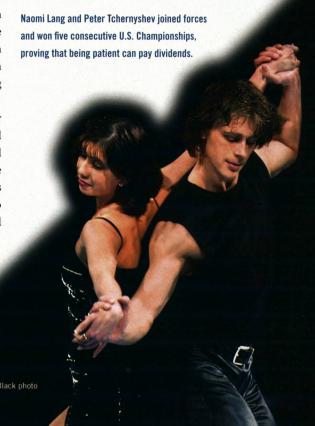
18 years and older (for competition in a national, sectional or regional competition)

- submit a non-U.S. citizen application to chair of competitions committee
- provide proof of age as of the close of entries for regional championship
- 3. a copy of a valid passport
- proof of residency for at least one year prior to submitting application
- 5. complete competitive record
- proof of intent to file for U.S. citizenship or permanent residency status
- 7. must be current U.S. Figure Skating member

If under 18 with previous experience representing their country:

 Applicant must also provide a statement that the applicant resides in the United States with one or both parents or a legal guardian, including their names and addresses

(See U.S. Figure Skating rulebook for requirements if applicant is under 18 but has no previous experience representing their country; the requirements are slightly different).



kids'QUES'

How long did it take you to land your double Axel and your first triple? Do you have any advice?
Taylor Galarnyk, 16
Eau Claire

It seems like it took me forever to get my double Axel. I would say it took me about three years to get it totally clean and consistent. I can remember cheating my double Axel for the longest time, but once I did my first clean one I could do them over and over. Once I landed the double Axel clean, the triples came fast because I already had the feel of many rotations in the air and landing cleanly backward from the double Axel. My advice is to never give up because the moment you think you will never learn something could be the moment you finally get it. Stay positive and make the most of your practices without getting frustrated.

During the course of your skating career, have you ever thought about giving up? What has been your inspiration and what has kept you going?

Kamila Malinowska, 16 Brooklyn, N.Y.

I have never thought about quitting skating, not even once. I love it too much, and I can't even imagine my life without skating. I think if you truly love the sport, you don't need an inspiration or something to keep you going because there is just something inside of you that keeps pushing you to be better and to work harder. However, I am extremely grateful for my parents and my coaches, because without their help and support I could never be the skater I am today.

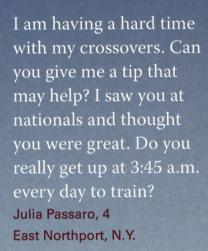
How do you find time to skate every day with school, too? I go to elementary school and I never find time to skate.

Karly Knauss, 9 Sherwood

It is very difficult to balance school and skating. I do think elementary school is harder to find time to skate than high school. In high school you can take off-campus P.E. and you don't have to stay for lunch, whereas in elementary you must attend a full day of school. If it is too late to try and skate after school, maybe you can skate before school. And you can always skate on the weekends.

TIONS

with Katy Taylor



Thanks Julia. My advice on your crossovers is to make sure your knees are always nice and soft so you can get a good knee bend. If your knees are too stiff and straight, it makes it very hard to pick up your foot and cross over without tripping. Yes, I really do wake up every morning at 3:45 to train, but I am used to it now because I have been doing it for more than five years. Since skating is something I love to do, it's not too difficult. I am just thankful my mom supports me enough to get up that early and drive me.

After you learned your double Axel and triple Salchow, did the rest of the triples come easy or harder, and if harder, in what sense? Do you have a special workout when you practice or do you just wing it?

Susan Caraway, 16 Mica

For me the triples came so much easier than the double Axel. I actually learned my triple loop first, and then I learned the other triples. The other triples came pretty fast because I had a good foundation with my doubles, and I had a good feel for the triple rotation after learning the first triple. I do have a special workout. I always warm up and stretch off the ice before getting on. Once I get on, I stroke for 15 minutes, and then I work on spins. After my muscles feel nice and warm, I go through all my jumps, and then I work on my programs. The week before competition I practice getting on the ice and doing my six-minute warmup, so that it comes easier to me when I am nervous at competition.

When you choose new music for any type of program, do you have custom-designed dresses made to complement the type of music used?

Georgina Oliveira, 13

Ludlow, Mass.

Yes, all my dresses have been custom designed and made by Mrs. Margaret at Skate Texas, which is a skate shop near my rink in Houston. My mom, Mrs. Jana (my coach) and I always listen to the music to see what color comes to mind when we hear it. We then take our ideas to Mrs. Margaret, and she comes up with her own great ideas. She makes the necessary adjustments and turns it into a beautiful dress. She is amazing.



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AGE: 11

CLUB: Roseville FSC,

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SKATING LEVEL:

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COACH: Kaylyn McDaniel

HOW OFTEN DO YOU

SKATE? Three days a week

HOW LONG HAVE YOU SKATED? Five years

FAVORITE JUMPS: The double-toe and I also like the double-loop, which I'm working on getting consistent

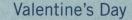
FAVORITE SKATING MOMENT: Getting first place in my family spotlight that I did with my sister, Elizabeth, and my coach in California

GOALS: To get my gold in both moves and freestyle, and to land a triple

FAVORITE SKATERS: Sasha Cohen because she was so nice when I met her in California. Timothy Goebel, Rene Inoue and John Baldwin

WHAT ELSE YOU SHOULD KNOW ABOUT ME:

I like to play the piano and the oboe. I live on a dairy farm in Baldwin, Wis. My favorite subject in school is art and I love to read books about horses. I would also like to own a Volkswagon Bug someday because it has my initals (VW).

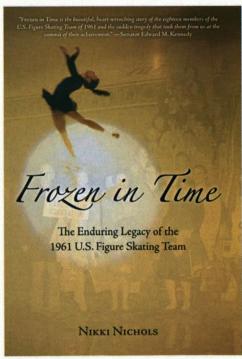




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Survey says

Basic Skills leaders share valuable information

By Susi Wehrli, Director of Skating Programs

his past summer we sent out a survey to all registered Basic Skills Program directors and contacts to ask for feedback on their program construction, administration, marketing strategies, challenges and staffing.

Recreational skaters in the Basic Skills Program make up 68 percent of U.S. Figure Skating's total membership. What are the essential elements for keeping skaters motivated and interested in continuing in the club structure and what common challenges do we all share? Based on the feedback we received we can draw a few simple conclusions to help us improve the delivery of introductory ice skating programs.

Program administration responses:

Basic Skills Programs across the country are being conducted by:

- 62 percent ice facility
- · 25 percent local member club
- · 8 percent park and recreation departments
- 5 percent privately owned

Annual registration numbers:

1-100 skaters	27 percent
101-200 skaters	15 percent
201-300 skaters	8 percent
301-400 skaters	19 percent
401-500 skaters	17 percent
501-1000 skaters	11 percent
1,000+ skaters	3 percent

The most popular session length is eight-to-nine weeks and the second most is six-to-seven weeks. Seventy-six percent of our programs responded that the winter session is their most popular. Fall session came in second.

Retention rate: Most of the respondents guessed their retention rate of skaters from session to session is between 51-75 percent, which is positive. A 60-percent retention rate is a strong indicator of a sound skating business. Our larger programs have a higher retention rate than the smaller ones. Way to go!

Saturday is the most popular day for classes, followed by Tuesday, Thursday, Monday, Wednesday and Sunday. Most programs offer classes at least

two times a week and only three reported they host classes six days a week.

Most classes are between 25-45 minutes in length.

Types of classes offered: (in order of ranking)

- 1. Basics
- 2. Snowplow Sam preschool
- 3. Freeskate
- 4. Adult
- 5. Hockey
- Synchronized team
- 7. Dance
- 8. Artistry in Motion
- 9. Special Olympics
- 10. Pairs

Other classes offered outside of the Basic Skills curriculum, but associated with the skating school are:

- · Stroking/power class
- Group moves in the field
- Home school
- Jump and spin class
- · Parent/tot
- Intro to speed skating
- Footwork class
- Pre Pre Readiness Class (Bridge Program)
- super skills for advanced skaters
- power/edge class for beginning snychro teams
 - intro to competition class

Off ice classes; jump, ballet, jazz, strength, flexibility and conditioning

Marketing strategies used by our programs to increase participation are as follows:

- Flyers to public schools, local private schools, Boy and Girl Scouts, daycares, local YMCA and recreation facilities
 - brochures
- newsletters/emails to past participants
- web site
- direct mailings
- public service announcements- commercials on cable and public access channels
- coupons
- · one on one contact with youth agencies
- · rink advertisement rink board to advertise lesson program

- "Bring a friend to skate" days
- banners at the arena
- · word of mouth
- Open house/registration night promotion
- fundraisers
- bookmarks
- lesson give-aways
- posters around facility
- · school open houses
- marquee sign
- hockey game exhibitions

Comments about ways you have been successful:

"We run a National Skating Week promotion and have added free sessions (ice donated by arena) and free lessons (donated by coaches) to kick off the fall season"

"At this point, we are two years "new" and have not had to market besides word of mouth"

"We have two carnivals per year open to the public. Winter holiday and end-of-year ice show, which highlights group lesson and individual skaters"

"We host a "Skate Away" – free open skate and group lessons at the start of the busy season"

Below is a list of some creative events our programs use to promote participation.

- · Ice Princess free skating event handed out tickets at the movies
- · Ice show
- Parent education classes
- Bridge program for group class skaters to join the club
- · Skate-a-thon
- Offering a Basic Skills camp for beginning skaters
- skating clinics for Girl Scouts
- · Annual Basic Skills competition
- Networking with hockey teams
- Hockey coaches classes teach them how to teach skating
- Competition full sanction with approved Basic Skills events
- Annual fundraiser
- · PSA seminar
- Spring award banquet

Almost half of the respondents have run a Basic Skills competition. Here is some feedback:

- Manual was very helpful
- We use half of the ice with pre-programmed music and prefer to have Basic 1

by itself, Basic 2 by itself.

- Good confidence-builder and gave a push to those kids who were on the fence about joining our skating club
- · Very successful
- We joined with three other rinks and created a Basic Skills challenge. Very successful.
- Will host our 16th Basic Skills competition in 2006 Running a business has its challenges. Here is a list of some of common frustrations and challenges with the day-to-day administration of your skating program:
- Many activities for students to choose from (soccer, lacrosse, etc.) and keeping costs down to make it affordable
- Retaining boys
- · Clients wanting make-ups
- · Parents not attending orientations
- Retention, new marketing methods to reach additional audiences
- registration process that's easy
- choosing best levels to offer at best times
- · Getting additional ice time for extra events
- \cdot $\;$ Getting more parents to volunteer and serve on board of directors
- Inconsistent levels of evaluations from one coach to another. Skaters and parents thinking they should pass a level every session.
- Rental skate conditions
- Making sure parents are aware of the policies and procedures
- · Getting people to try for the first time
- · Having enough time for instructors to be able to talk to the parents after classes have been taught
- Professionals who no longer support USFSA clubs
- Parents thinking their child is going to the World level.
- · Unethical coaches
- Olympic cycle. On the down swing keeping numbers up so we don't forfeit ice time.
- keeping class fun and challenging while adapting your teaching techniques to accommodate each skater's learning capability and rate of comprehension

Finally we asked program directors how U.S.

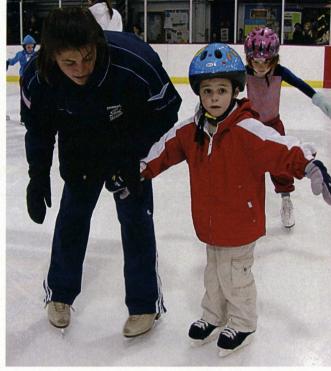


Figure Skating could be of more assistance to them. Here are some of the suggestions we received.

- Continue to respond to our questions on a timely basis and support our on-line registration program
- We are very happy
- You guys are great! Always there when I need you for questions, assistance, etc.
- · The \$5 fee is so fair. Thank you!
- · More club education bridge to our club is still non-existent
- Have more Basic Skills seminars. Great way to keep training instructors.
- Provide new ideas about promoting skating in the community and ease parents into private lessons
- Share more success stories of other rinks, publicize local training better for program directors – additional training materials and videos for Learning to Skate coaches
- · Give ideas on how to obtain sponsors or ideas for fundraisers
- More on-ice fun activities and teaching strategies for instructors
- Our program could greatly benefit from having a "known" professional skater come skate with us.
- To continue educating the directors so I can pass it along to my staff. I love sharing what I have learned.
- · Requiring coaches to be Professional Skating Association members would raise the bar.

Thank you to everyone who participated in the survey. We will use your comments and suggestions to improve the quality of programs and services we can offer to you. Staffing responses will be included in the next article.

It's great to skate!

Special off-ice exercises can be difference-makers

By Kat Arbour, MS, MPT, CSCS, PES www.icedynamics.net

s the new judging system evolves, skaters will continue to push the envelope with innovative jumps, spins, lifts and footwork. Proper conditioning can help reduce the risk of developing debilitating injuries.

Off-ice conditioning has become a standard part of training for most successful competitors. Unfortunately, many skaters still do not include off-ice conditioning in their training routine because they are unable to find the time or are unsure of what to do or where to start. Ideally, a skater works individually with a personal trainer or conditioning specialist who is familiar with the needs of figure skating, and who is qualified to work with children. This person conducts a physical evaluation, and then sets up a training program based on the needs of the skater and the short- and long-term goals for the year.

Figure skating is a "whole body" sport, requiring coordination of many precise movements while responding to changes in speed, position and rotational forces. This is not easy. Conditioning exercises that integrate the whole body better simulate the athletic demands of skating when compared to exercises that isolate muscles, such as the seated chest press or supine (lying on your back) leg press machines. Standing exercises encourage the athlete to use the core muscles in a functional manner to connect the upper and lower body in a way that is similar to what is needed on the ice.

Exercises in this article can be used as a starting point for the skater not doing any off-ice conditioning, or they can be added to an existing workout for variety. The following exercises use body weight or bands, making the workout portable, inexpensive and appropriate for athletes of all ages and levels. Exercises start with a stable two-foot where both arms work together for symmetric muscle activation. As the athlete's strength and balance improves, the basic exercises are made more difficult by balancing one foot while doing alternating or single-arm movements. These variations add a twisting element to the exercise, which recreates the rotation felt when holding an edge on the ice. A skilled skater controls this rotation through core strength and coordination. A strong core connects the upper and lower body, allowing the whole body to work in unison.

For more information on how to choose a qualified trainer, visit the U.S. Figure Skating web site at www.usfigureskating.org. To locate a trainer in your area, contact U.S. Figure Skating coaching programs coordinator Juliet Newcomer at jnewcomer@usfigureskating.org or visit the web sites of the National Strength and Conditioning Association (www.nsca-lift.org) or the National Academy of Sports Medicine (www.nasm.org).

a - Rotating Bridge

Works the abdominal obliques

- 1. Start in prone bridge.
- Lift one hand up and place it on the opposite shoulder, across the chest.
- 3. Balance here, maintaining level shoulders and pelvis. Do not twist

- or drop one side of the torso.
- 4. Keeping both feet on the ground, rotate 90 degrees to side bridge.
- Now return to prone bridge without touching the arm down.
- Hold the prone position for three seconds. Repeat the exercise to the same side.

Core Exercises Using Bands

b - Horizontal Obliques

Arms stay in front of mid-line throughout exercise.

- Stand facing bands. Bands are anchored at chest height by door or partner.
- Turn 90 degrees to right by pivoting the left foot and turning the hips, not by twisting the spine.
- 3. Hold for one second.
- Quickly move to the left, pivoting the right foot. Hold for one second.
- 5. As strength, skill and control increase, hop through the half turn and hold the landings for one second. (Hop from all-the-way-left to all-the-way-right.)
- 6. This is an excellent exercise to do with a partner holding the opposite end of the band. Both partners turn to their own left, then right, at the same time.

C - Horizontal Obliques for Core ("007")

Arms stay in front of midline throughout exercise.

- 1. Stand with back to bands. Bands are anchored at chest height and slightly off to the side. Arms reach straight ahead of midline, just below chest height.
- 2. Turn 90 degrees to left into the pull of the band by pivoting the right foot in and turning the hips

- to the left, not by twisting the spine. ("007" position)
- 3. Hold for one second.
- Return to start position and square off feet. Repeat to the same side.
- As strength, skill and control increase, hop through the half turn. Hold landing for one second.

d - Jumps with Rotational Pull

- 1. Band is anchored at chest height by a door or partner.
- Stand with back to band and place the handle in the left hand with the band anchored further to the left.
- The band is pulling the athlete in a CCW direction. The athlete must use the core and hip muscles to hold a square position.
- 4. Now jump straight up and maintain the square position in the torso and hips, keeping back tall and abs tight. (This teaches the athlete how to use the core muscles to stand tall and resist rotation, as in landing a jump. The action is similar to the rotational forces of landing a jump or coming out of a rotating lift.)
- 5. Repeat the exercise on the opposite side with the opposite hand.

e - Hip Flexor/Hip Adductor

- Anchor band under closed door and stand facing away from it at a slight angle.
- 2. The band is looped around the free leg.
- 3. Start with the free leg back and draw it straight forward with the knee bent (shown) or straight (not shown).
- Because of the angle of pull with the band, this exercise works to strengthen the groin and hip flexor muscle groups.

f - Step Forward/Back Lunge (inside leg stays anchored)

Emphasizes core and inner thigh on near leg

- Anchor two bands under door. Stand at 90 degrees to bands, holding handles in front of stomach.
- Step forward into forward lunge with outside foot, then step directly to back lunge with same foot.
- 3. Keep back tall and don't touch down for balance between lunges.
- 4. Do "Step Forward/Step Back

Lunge" five times with the outside foot, then turn around and repeat on the opposite side.

g - Step Forward/Back Lunge (outside leg stays anchored)

Emphasizes core and outer hip on far leg

- Anchor two bands under door. Standing 90 degrees to bands, hold handles in front of stomach.
- 2. Step into forward lunge with the inside foot, then step directly to back lunge with same foot.
- 3. Keep back tall and don't touch down in between for balance.
- 4. Do "Step Forward/Back Lunge" five times with the inside foot, then turn around and repeat on the opposite side.

h - Shoulder Extension

- Anchor two bands at chest height and stand facing them with arms out straight.
- 2. Pull arms straight down and back next to hips and draw shoulder blades down the back.
- 3. Maintain a firm core to avoid arching the low back when the arms pull down.

i - Shoulder Flexion/Axel Take-Off

- 1. Anchor two bands at chest height and stand facing away from them.
- 2. Stand on one leg with free leg back. Arms start down and back.
- 3. Pull arms straight forward and up, moving next to hips. Keep shoulders down.
- 4. Maintain a firm core to avoid leaning back when the arms pull through.

j - Diagonal Obliques I (closed PNF)

Arms stay in front of midline throughout exercise.

- Anchor two bands under door. Stand at 90 degrees to bands, holding handles in front of stomach.
- Turn and bend down to floor. Outside foot pivots to assist with turn of torso. Abs and low back are firm.
- 3. Stand up and rotate through a square position, then continue on to lift up and out.
- Rotation comes from feet but is felt in the core due to the torque from the bands.





















Golden years

Age just a number for avid Colorado skaters

By Linda Famula photos by Linda Famula

A ballet class for one figure skater precedes her ice-dance session. Another skater, after a 45-minute session with a private lesson, trains at a local exercise facility three days a week.

One might think these are traditional, school-aged figure skaters preparing for test sessions or competitions. The test session part is true, but when Margarete Brehm, an elegant 77-year-old Austrian lady, glides on the ice having completed her last bronze-level dance test this year, you'll do a double take.

Brehm is one of a unique group of lady skaters who enjoys the physical, psychological and social benefits of skating as an older adult at Sertich Ice Center in Colorado Springs, Colo. When asked about her motivation for testing, Brehm credits her coach, Doreen Denny, the 1959 World ice dancing champion from Great Britain, for providing encouragement.

This energetic collection of individuals ranges in age from 59 to 81. The group has a cosmopolitan feel, with skaters hailing from Austria, Canada, China, Germany and the United States. They are focused, unbelievably fit and dedicated in their pursuit of excellence.

Inge Freeman, a war bride originally from Wiesbaden, Germany, literally lives for figure skating. Freeman started skating at age 56 after watching her 4-year-old granddaughter learn to skate.

"I am 80 years old, but I don't want to skate like an 80 year old," she said, with a hint of her native mother tongue. "I'm taking private lessons every week in the hope that I can get everything right."

Even after undergoing back surgery several years ago and the subsequent nerve damage to her left leg, Freeman skates Monday through Friday at the 9 a.m. adult session, crediting nationally recognized coaches Marty Martino and Bruce Hurd with her success.

"I probably would have had to walk with a cane or sit in a wheelchair had I not kept ice skating," Freeman said.

Martino, who has coached at Sertich for

more than 15 years, has seen a continual increase in the number of adult skaters precisely because of the health benefits.

Joy Jones, a 71-yearold Colorado Springs native, agrees the health benefits are what motivate her to keep skating.

"I have arthritis, and I must exercise every day," she explained. "Skating is the exercise that I love to pursue, so I keep at it."

Midia Bennett, an 81-year-old native of Germany, said skating keeps her young and flexible.

A couple of women in

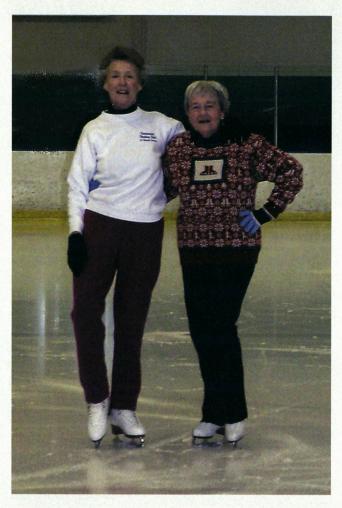
this group did skate briefly as children, but as Toni Padgett, a 71-year-old Asian woman from China, explained, "I started skating again at age 58, as I didn't learn the right technique earlier."

Padgett is proudest that she can keep up with difficult elements, such as back-outside three-turns, as well as many younger skaters.

Carolyn Taylor, originally from Toronto, Canada, said her agility and balance have improved greatly, even though she just started skating again last year at age 70.

Experiencing the special bond figure skaters develop and participating in the numerous ice shows Sertich puts on are other benefits that Suzanne Austgen, 59, enjoys.

The group agrees that Sertich offers a supportive atmosphere, including group classes and private lessons, as well as a special open session and dance night for all levels of adult figure skaters. More information can be found at their web site, www.springsgov.com, under the heading "Recreation Services Homepage."



Margarete Brehm, left, originally from Austria, and Inge Freeman, originally from Germany, are close friends and share a passion for their favorite sport.

Retired women, who regularly participate in Sertich Ice Center's Coffee Club weekly adult class, include, from left, Midia Bennett, Suzanne Austgen, Carolyn Taylor, Joy Jones, coach Marty Martino, Toni Padgett and Inge Freeman.



Mullins changing landscape of adult skating

By Lexi Rohner

Thom Mullins is the fastest rising star – off the ice – in adult skating. How can someone be a skating star off the ice? He is an element of adult skating that is changing the current environment. Ice is not just made of water.

Last year, Mullins introduced the coexistence of fire with water. The 2005 production of "SkateOut's "Cabaret on Ice: Fire & Ice" tells a story of people finding their place in the world. Using creative choreography and cabaret standards, musical theatre and jazz genres, packed audiences were treated to a dazzling, high-caliber show encompassing the many elements of skating.

"Fire on Ice" held audiences spell-bound with 1996 U.S. champion Rudy Galindo's emotional skating and dexterous use of a hula hoop in his "Send in the Clowns" routine. World silver medalist Suraya Bonaly provided her signature jumps and back flips with unending stamina and smiles, while World bronze



Thom Mullins

medalist Caryn Kadavy elegantly floated across the ice inspiring sighs in the warmly lit arena.

The cast featured more than 50 skaters, including U.S. Adult Championship and Gay Games

competitors and medalists. On hand were 2005 championship masters ladies gold medalist Elizabeth Floriani, 2005 adult gold men III gold medalist Burton Powley, 2005 championship masters men silver medalist Davin Grindstaff, and adult soloists John Braun, Ida Mae Dougherty, Amy Entwistle, Resa Lee, Century Leigh, Jodie Maier, Elizabeth McLaughlin and Edward Van Campen. Live vocal performances included Tony Award nominee Ellen Greene, Barry Lloyd, Hattie Mullaly, Chris Schwartz, and Eric and Kati Fosselius, accompanied by a grand piano, bass and drums.

While Mullins is quite accomplished on the ice and continues to be so, he

has focused his creativity in recent years on founding and directing "SkateOut's Cabaret on Ice Series," now heading into its third year. Since its inception, "Cabaret on Ice" has become the nation's premiere adult skating show. (http://32degrees. us/skateout/) Based in the San Francisco area. Mullins' off-ice talents have also produced such publications as the "Yerba Buena Guide," catering to the travel and tourism industry, and "32Degrees," a journal covering adult competitive skating events (www.32degrees.us). On the ice, Mullins' passion for skating led him to become a 2005 U.S. Adult Figure Skating Championships bronze medalist and a 2002 gold and silver medalist at Gay Games VI.

The "Cabaret on Ice Series" events include performers of all levels of accomplishment, offering both high notes and high jumps, with depth of heart and humor discovered in each performance.

"We wanted to create a series to highlight the talents of adult figure skaters," Mullins said. "Here's to next year!"

Lexi Rohner is a skating coach and freelance writer based in Los Angeles. She serves as the PacificCoast Sectional Vice-Chair for the U.S. Figure Skating Adult Skating Committee.

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ISC of Fort Collins	Fort Collins, CO
FLORIDA	Fort Collins, CO
Champions International Skating Cente	r Ellentown, FL
Scott Rakow Youth Center Ice Rink	Miami Beach, FL
IDAHO	Wildilli Deach, I L
Rivercity Skate Center	Lewiston, ID
ILLINIOS	Lewiston, 1D
KVPD – Oak Sports Arena	Kankakaa II
MAINE	Kankakee, IL
Penobscot Figure Skater Basic Skills Pr	rogram Pangar ME
MARYLAND	rogram Bangor, ME
Chesapeake SS at Columbia Ice Rink	Columbia MD
ICOB Skating Program (Ice Club of Balt	Columbia, MD
WFSC Family Session	Rockville, MD
MASSACHUSETTS	Rockville, WD
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Friends of Kelly Rink LTS	Weston, MA Jamaica Plain, MA
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MICHIGAN	Bourne, MA
Cadillac Cutting Edge Sk8 Team	Cadillac, MI
Ice Palace FSC	Onaway, MI
Optimist Ice Arena Basic Skills	Jackson, MI
Renaissance FSC Basic Skills Program	Detroit, MI
Southfield Ice Arena LTS	Southfield, MI
Suburban Ice – Macomb	Macomb, MI
Unified Skating School	Birmingham, MI
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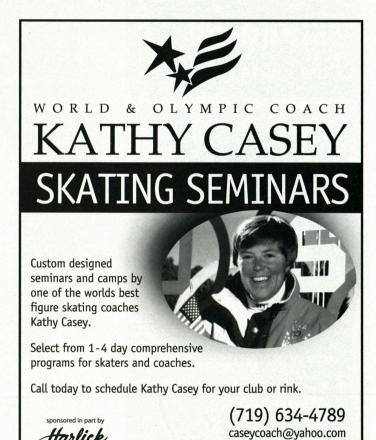
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PENNSYLVANIA	
Chester County SC	Kennett Square, PA
Penn Skating School	Philadelphia, PA
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The Delaware County Skating Club	Havertown, PA
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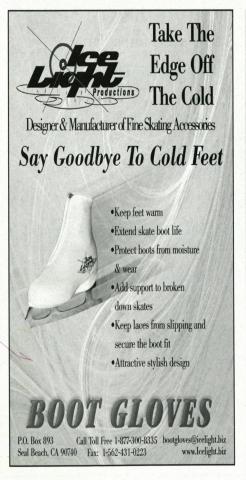
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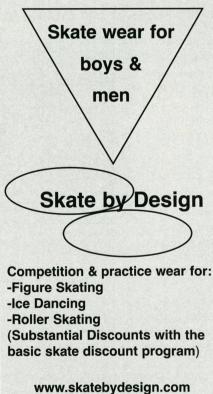
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Classifieds

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The Will Sear's Fund Awards Prizes at The Middle Atlantic Championships

The Will Sears Fund Exhibition of Champions was the highlight of the 80th Annual Middle Atlantic Figure Skating Championship hosted by The Skating Club of New York. The Exhibition of Champions is a benefit for the Will Sears Fund. Prize money from the fund is awarded to the MIDS Gold medalists (Juvenile through Junior levels). Also, prize money from the fund is awarded each year to the Junior Pairs gold medalists at the US National Championships.

This year's special guests included Morgan Matthews & Max Zavozin, the 2005 World Junior Dance Gold Medalists; Emily Hughes, the 2005 World Junior Ladies Bronze Medalist and Loren Galler-Rabinowitz & David Mitchell, the 2004 US National Dance Bronze Medalists. Also on hand to award the prizes were Peter Tchernyshev & Naomi Lang, the five-time National Dance Champions.



Gold Medalists: Juvenile Girls: Kristiene Gong, Juvenile Boys: Matej Silecky, Juvenile Pairs: Ann Marie Mateya & Christopher Owen, Intermediate Ladies: Ksenia Makarova, Intermediate Men: Vincent Ip, Novice Ladies: Kaela Pflumm, Novice Men: Scuti Dyer, Novice Pairs: Kara Vick & Joseph Navarro, Junior Ladies: Ashley Wagner, Junior Men: Daniel Raad, Senior Ladies: Stephanie Roth, Senior Men: Rohene Ward.

Special Guests: Ilana Morse & Jackson Raney, Intermediate Dance



The Skating Club of New York established the fund in memory of Will Sears, 2002 Novice Pairs Champion and Skating Club of New York member, who would have celebrated his 23rd birthday on January 30, 2005. His tragically sudden and unexplained death in September 2002 cut short a life of boundless promise. He was a multi-talented, modern renaissance man and an extraordinarily kind human being who always strived to be the best he could be.

Please help us keep Will's memory alive and help young figure skaters throughout the United States achieve their dreams. Send donations to The Will Sears Memorial Fund c/o The Skating Club of New York, Chelsea Piers, Pier 62, Room 300, New York, NY 10011

The Skating Club of New York is a 501-C3 corporation and all contributions are tax-deductible to the extent allowed by law.

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