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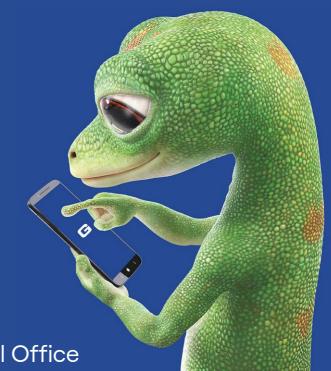
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2023 NATIONAL SKATING MONTH **SKATING IS FOR EVERYONE!**

Fresh off a record-breaking membership year, U.S. Figure Skating is moving full steam ahead with its 22nd annual National Skating Month campaign, one that rings out, "Skating is for everyone!"

National Skating Month is once again scheduled for January, when rink managers, program directors and club leaders plan energetic, family-friendly events that showcase the fun and empowering nature of ice skating.

They offer a variety of fun and, in most cases, free activities, such as group lessons, demonstrations by local skaters, games on the ice, giveaways and information about signing up for lessons, a tried-and-true way to promote ice skating locally and grow membership.

Kits purchased from U.S. Figure Skating help set these events in motion.

This year's theme promotes diversity and inclusion, inviting everyone to come out and experience a fun day of ice skating.

"National Skating Month is a time to celebrate all of our members and encourage the general public to give skating a try," said Kadari Taylor-Watson, director of diversity, equity and inclusion at U.S. Figure Skating. "We understand that the diversity of our people and skating pathways in the sport strengthen our community. We look forward to highlighting and celebrating our belief that skating is for everyone."

U.S. Figure Skating had already sold 170 of 550 National Skating Month kits as of the end of September; the cost is \$45 per kit, and one kit can serve about 200 participants.

Susi Wehrli McLaughlin, senior director of membership at U.S. Figure Skating, expects the kits to sell quickly and encourages everyone to purchase theirs this month.

A kit contains an administrative manual with tips on how to organize a fun-filled event, a newly created fun and games manual, four posters, and souvenir items to distribute to participants in goody bags that include lip balm, keychains, pens, skate-shaped sticky notes, stickers, bubbles and zipper pulls.

Digital assets are part of each kit; they include customizable, downloadable images. bulletin board decorations, a photo booth kit and informational handouts aimed at helping participants feel welcomed and supported in their first experience on the ice.

USA Hockey and US Speedskating, which endorse Learn to Skate USA, provided items and information as well.

"We're so excited to celebrate National Skating Month with our community," said Amy Politi, director of marketing and organizational growth at U.S. Figure Skating. "This year, our goal is to show the world that skating is for everyone. We want this sport to be something that unifies us. We may all have different backgrounds, abilities and be at different levels, but we can all be involved and support each other."

For suggestions about National Skating Month activities and how to purchase a kit, please go to nationalskatingmonth.com.

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EIGHT GET UP AMBASSADORS TO BE RECOGNIZED IN COMING MONTHS

The Get Up spirit continues to serve as a beacon of light for U.S. Figure Skating members and those whom they inspire.

Early this fall, eight Get Up ambassadors were selected from a list of 75 Get Up champions nominated by the members, their friends, family and peers. Get Up ambassadors for 2022–23 are Cole Rohner, Victoria Phillippi, Blake Mcgee, Olivia Alexander, Caroline Park, Anya Ramrakhiani, Kristen McCutcheon and Stephanie Kazior. Their stories will be shared in this and the next three issues of SKATING magazine, on social media and through local media outlets. Stories about Rohner and Phillippi appear on pages 28 and 29 of this issue.

Launched in 2016, the Get Up program is modeled after one of the first things taught in every skating lesson: how to fall down, and more importantly, how to get back up again. It's a lesson all participants can apply across every aspect of their lives.

The nominations submitted



La us figure skating

illustrate the courage and determination within U.S. Figure Skating's membership ranks. They also show how the sport of figure skating takes not only physical strength, but mental toughness as well. Inspirational stories were received about skaters, coaches, officials and club officers, who all contribute to the success of their clubs, communities and U.S. Figure Skating.

Members are encouraged to use #WeGetUp to share their stories and inspire others.

The current Get Up campaign will culminate with National Get Up Day on Feb. 1, 2023. The day, a celebration of those who embody the Get Up spirit, was officially recognized in 2017 by the registrar at National Day Calendar.

SCOTT HAMILTON & FRIENDS ON TAP FOR NOV. 20

World champions, Olympic medalists and U.S. titlists will perform to some of the biggest names in music during Scott Hamilton & Friends, set for Nov. 20 at 5 p.m. ET at the Bridgestone Arena in Nashville, Tennessee.

All proceeds from the concert and silent auction go to the Scott Hamilton CARES Foundation, which funds innovative cancer research. Go to www.bridgestonearena.com to purchase tickets.

An after-show celebration will immediately follow with live entertainment, cocktails, a seated dinner, dessert stations, a kiss-and-cry photo booth and many other experiences for patrons at the Omni Nashville Hotel.

The musical entertainment,

which in the past has featured stars such as Sheryl Crow, Kenny Loggins and Lady A, had yet to be announced as of press time, but the skating



lineup includes World pairs champions Alexa Knierim and Brandon Frazier, Olympic ice dance medalists Madison Hubbell and Zachary Donohue, and two-time Olympian Karen Chen. The full skater lineup is listed at www.scottcares.org/events/shf2022.

TICKETS ON SALE FOR 2023 U.S. CHAMPIONSHIPS IN SAN JOSE

All-session and weekend-session tickets for the 2023 Toyota U.S. Figure Skating Championships in San Jose, California, are available online by going to http://www.sapcenter.com/2023usfigureskatingchampion ships/tickets2023.

Single-session tickets will be available just before Thanksgiving.

The event is scheduled for Jan. 23–29 at the SAP Center. This will mark the fourth time



that the U.S. Championships have been held in San Jose (1996, 2012, 2018).

MALININ NAMED TO TIME100 NEXT LIST

World Junior champion Ilia Malinin has been named to TIME100 Next, which recognizes 100 rising stars from across industries and around the world.

Malinin, who in September made figure skating history by landing the first-ever quad



Axel in competition, joins other rising stars in fields such as music, sports, medicine, government and business on the popular magazine's list.

The list is inspired by the magazine's TIME100, which lists the 100 most influential people in the world. Nathan Chen made that list following his Olympic triumph earlier this year.

"Now that I've officially done [the quad Axel], I'm a lot more confident in trying new things," Malinin said in his TIME100 Next capsule.



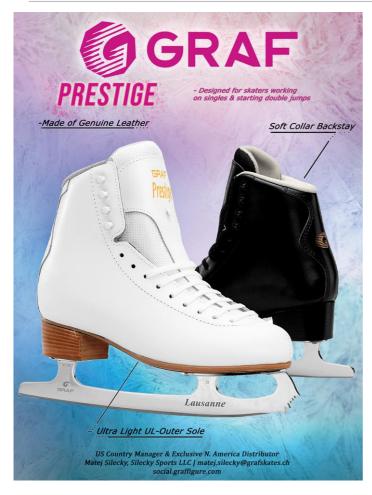
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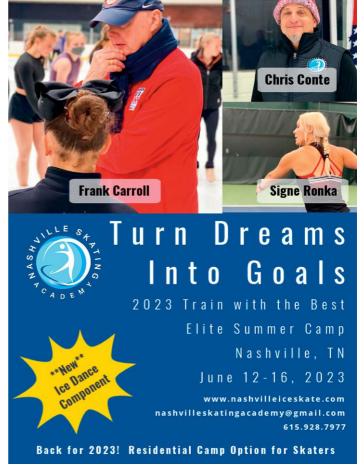


Zachary Donohue and Chantelle Kerry married on Sept. 18 in her home of Sydney, Australia. Donohue, the 2022 Olympic bronze medalist in ice dance, became engaged to Kerry over the summer. Kerry has represented Australia as an ice dancer.

2002 Olympic champion Sarah Hughes announced on Aug. 22 via Twitter that she is attending Stanford University, pursuing an MBA. She's attending the Graduate School of Business and is in the Class of 2024. Hughes graduated from the University of Pennsylvania Law School in 2018 and was most recently a junior associate at the firm of Proskauer Rose. "Looking forward to being part of the Stanford community," she posted.







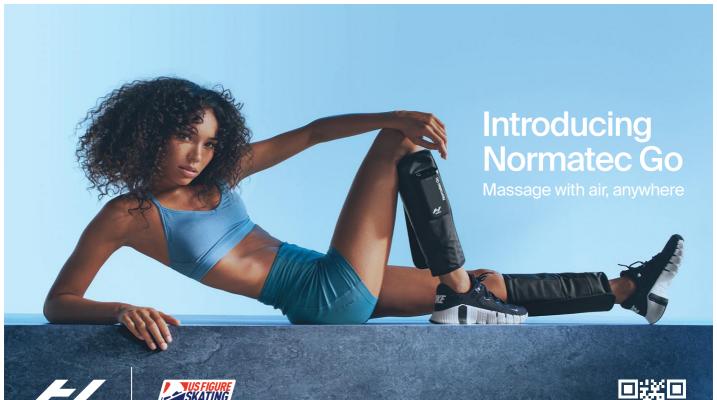


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FINDING THE PERFECT BALANCE

Olympian, former coach finds his niche as a technical specialist

BY LOIS ELFMAN

Riding has become a passion in Scott Wendland's life. The two-time U.S. senior pairs medalist, World competitor and 1992 Olympian (with Jenni Meno) and his wife of 15 years, Lori Meador-Wendland, have a passion for horses that cannot be missed if you check out their social media where they can be seen on horseback.

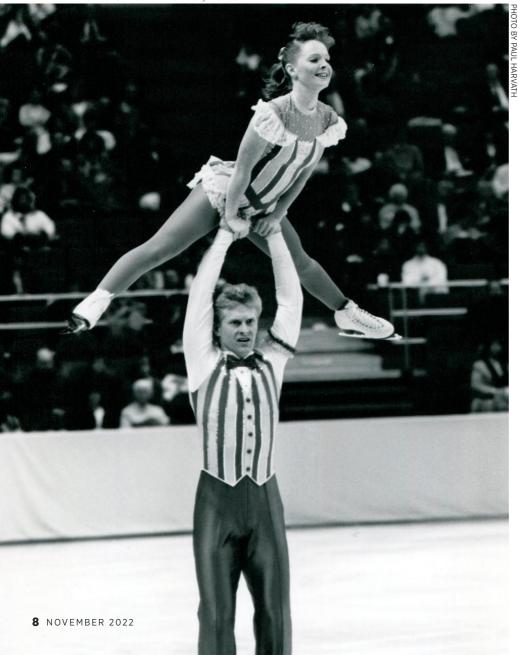
"It's been her thing her whole life. She's always had horses," Wendland said. "I've been

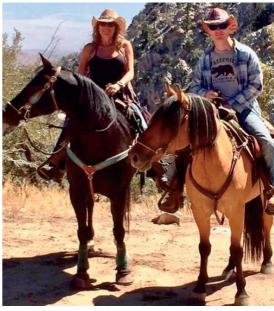
involved with it since we got together."

They live on a ranch outside of Orange County, California, in an equestrian community. In addition to having three horses and two mini horses on their property, they go horse camping.

"We take the motorhome and the places we go have horse stalls, so they end up camping with us and we go on pretty great rides every day and come back to the campfire," Wendland said. "The stalls are right in our campsite."

Jenni Meno and Scott Wendland compete in 1991, laying the foundation for their Olympic debut at the 1992 Winter Games in Albertville, France.





Wendland and his wife, Lori Meador-Wendland, take in the California back country on horseback.

The time together riding is special. They go trail riding, where there are beautiful views. They've gone to the ocean. He said you get to experience the views differently on horseback.

"My life has totally changed," he said. Following Wendland's retirement from competitive skating, he became a much sought-after coach, a fixture at the boards for U.S. Championships and international competitions. Today, his involvement in the sport is as a technical specialist for singles and pairs. He recently passed his International Skating Union exam for pairs, so he is now eligible to be on the panel at Grand Prix and Junior Grand Prix events, the World Championships and the Olympics.

"I've always been involved in skating in some way," Wendland said. "After I got done competing, I coached. I decided that I'd start a new business outside of the skating world and was able to move all the way into that and stop coaching, but I still wanted to be involved. During that time when I was contemplating moving on, I started becoming a specialist.

"It's my way of still being involved in the sport as much as I can and have input. I can go to events and I go to monitoring sessions and get to give feedback to skaters. They call me in to do monitoring sessions with kids competing internationally, so before they go out we can see if they're doing



The Wendlands' kitchen and bathroom refinishing business has opened new opportunities and flexibility in their lives.

the right elements, if they're doing the highest levels that they're capable of doing and making sure they're getting credit for what they need to be getting credit for."

He likens it to being a grandparent step in, spend some time, and then turn them back over to their coaches and go on his way.

Between them, Wendland and Meador-Wendland have five children, ranging in age from 24 to 40. Her daughter, Chelsea, was a competitive pairs skater and her three sons, Justin, Danny and Cody, played hockey, so she has spent time in ice rinks. His daughter, Kira, didn't skate, rather putting her attention to dancing, attending a performing arts high school and studying musical theater in college.

In 2007, Wendland started his business Miracle Method Surface Refinishing, which upgrades kitchens and bathrooms without the mess, cost and hassle of replacement; a unique refinishing process is used.

"When I was still coaching because of my daughter getting older and having activities after school, I decided that I didn't want to do double shifts at the rink of working in the mornings and working in the evenings," Wendland said. "I had researched refinishing bathtubs for my own home and couldn't find anybody in my area. I saw an ad for Miracle Method. I asked if there was anybody in our area to do the work, and they said no, but they have franchises available to purchase."

He found that prospect interesting. Growing up, Wendland had worked alongside his father in building a house, and he enjoyed using his hands to create something that could potentially change someone's outlook on their home. He put in the time

doing research, and after about nine months, he decided to get hands-on experience. Once he did that, he felt the connection.

"I ended up purchasing the franchise," he said. "I was coaching in the morning and doing refinishing in the afternoons and evenings. That built into adding some employees to help. Then I got to a point where I could stop coaching. I ended up switching totally over. Lori and I built this business.'

The pandemic brought some challenges, and Wendland currently both runs the business and goes out on some jobs. He appreciates the life balance the business provides, giving them more time with the children and

Wendland appreciates the discipline, focus and tenacity that skating built in him. He noted how his former students use those skills in their lives as well, whether they've remained in skating or not.

Growing up in Spokane, Washington, Wendland and his sister were introduced to skating when he was about 5 by a babysitter. His sister really wanted to ski. He'd learned how to snow ski at a young age, and he really wanted to ski, but his parents wanted both kids to have the same logistics, so he was given the option of hockey or figure skating. The allure of figure skating was he'd skate during the week and could still ski on the weekends, whereas a lot of the hockey took place on the weekends.

"For me, it was a no-brainer because I still want to ski," he said.

He competed at the U.S. Figure Skating Championships in singles at both the novice and junior levels. Following high school graduation, he moved to California to train with

SCOTT WENDLAND

coach John Nicks. After about a year, Nicks encouraged him to try pairs and Wendland realized pretty quickly he could advance further than he could in singles.

"The Olympics was a pinnacle," Wendland said. "Even though two years prior to Olympics that wasn't even on the horizon because I was off the ice for a year."

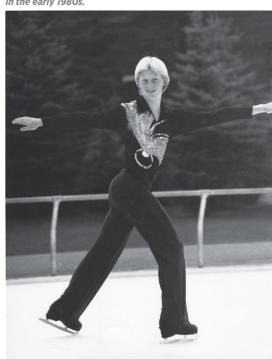
Without a partner after the 1989 U.S. Championships, he enrolled in college, worked and skated sporadically. Attending the 1990 U.S. Championships to support his friends, Wendland was at the official hotel where Nicks asked him if he was interested in partnering with Meno. Two weeks later, Meno came to California for a tryout, and things went well. Given Meno's lack of experience with pairs, Wendland was surprised when Nicks projected success, but he decided to give it a try. In 1991, they finished third in the U.S. and 10th at Worlds. The following year, they earned their Olympic berth.

"It's an honor to be an Olympian," he said. "That's a pretty good group to be in. It's a memory I'll never forget.'

He marvels at the technical level of skating today and said he's happy and proud to be part of this sport.

That intrigues me to see the advancement of the sport," Wendland said. "The ISU is trying to take down some of those borders to bring in a little more creativity. They need to take input from athletes, coaches and everything. We need to open it up so skaters can develop uniqueness."

Wendland practices outdoors as a junior skater in the early 1980s.



'IT FEELS GREAT'

Malinin lands first-ever quad Axel in competition

BY CLAIRE CLOUTIER

World Junior champion Ilia Malinin jumped into the history books by landing the first-ever quadruple Axel in competition, at the 10th edition of the U.S. International Figure Skating Classic, Sept. 13–16 in Lake Placid, New York.

Malinin's historic feat in the free skate helped earn him the men's title with an overall score of 257.28 points. His Team USA counterpart, Camden Pulkinen, captured the bronze medal.

The 17-year-old's milestone moment at the Challenger Series event was shared immediately on social media and through press outlets across the globe.

"It feels great," Malinin said. "I was thinking about it for a long time. It was probably a year ago that I started to understand that I was capable of doing it. When I'm practicing it, it's pretty easy to understand how to get the right timing. But to do it in competition is a different story."

Ilia Malinin showcases his flair during an eventbest and historic free skate. Malinin, who trains in Virginia and California, first landed the quad Axel in practice this spring, after the ISU World Figure Skating Championships 2022.

Before his history-making moment, Malinin presented an uncharacteristically shaky short program. Skating to "I Put a Spell on You" by Garou, he fell on his first two jumps. Malinin recovered with a triple Axel, finishing with a score of 71.84 and sixth place in the segment.

Afterward, Malinin said he felt "kind of tired, because there's a little bit of altitude" in Lake Placid, he said.

Renowned choreographer Shae-Lynn Bourne created his short program.

"It's been a fun experience to try to get my skating to a new level," Malinin said of his work with Bourne.

Malinin stormed back in the free skate, opening with the historic quad Axel. He launched into the 4 1/2-revolution jump with great height and no hesitation. The landing was clean, and spectators cheered, recognizing his accomplishment.

Malinin went on to land three more quads and a difficult triple Lutz-triple Axel sequence in his performance to the "Euphoria" score by Labrinth.

Camden Pulkinen displays his artistic side.

Pulkinen, who placed fifth at the 2022 World Championships, finished with an overall score of 219.49. He experienced a few minor errors in his short program but showed strong interpretation and expression skills while skating to "Fly Me to the Moon" by Chris Mann.

"I'm happy with what I accomplished, and that I did my job," Pulkinen said. "It's a song that I've always wanted to skate to."

Pulkinen's "Invierno Porteno" free skate wasn't perfect, but the dramatic tango theme showcased his musicality and charisma.

"I was happy with my fight overall," Pulkinen said. "I kept going, and I never gave up. Those are positives. I think in comparison to previous seasons, this is a good place to start. I'd give it a solid C. Speaking of which, classes started last week, so I'm still adjusting to that."

Pulkinen is a student at Columbia University in New York City. He's being coached by Rafael Arutunian in California and Alexander Johnson in New York City.

"Raf has so much knowledge in his head and knows what he's looking for, while Alex is fantastic as a manager, as a coach, and he's an artist on and off the ice," Pulkinen said. "If you look at any of his skates, he's one of

International Classic U.S. men's medalists (I-r) Camden Pulkinen, bronze; Ilia Malinin, gold







PHOTOS BY ROBIN RITOSS

2022 INTERNATIONAL CLASSIC



Eva Pate and Logan Bye perform their free dance to "Reel Around the Sun" by Bill Whelan.

Lorraine McNamara and Anton Spiridonov give a sizzling performance to "Careless Whisper" for their rhythm dance.



International Classic U.S. ice dance medalists (I-r) Eva Pate and Logan Bye, silver; Lorraine McNamara and Anton Spiridonov, bronze

the most artistic skaters of his time, and I'm trying to embody some of his movements and his ideas in expanding my horizons."

Boston-based Jimmy Ma placed fifth with a total score of 216.76. Eric Sjoberg, who trains in California, landed his first-ever quad jump in competition in the free skate and finished ninth with 179.09 points.

France's Kevin Aymoz earned the silver medal with a score of 236.17.

ICE DANCE

Eva Pate and Logan Bye, who announced their engagement in August, had fun performing their upbeat Latin rhythm dance. Their choreographic rhythm sequence was a highlight.

Pate and Bye chose the quick-stepping Irish music of *Riverdance* for their free dance, in part because of Pate's Irish heritage. They entertained the crowd with high-energy showmanship.

"I love this program," Pate said. "I just get to smile the whole time and be myself."

"It brings out the brighter side," Bye agreed. "It was difficult, learning the Irish steps. The transition from off ice to on ice was a little challenging."

Pate and Bye, who train in Michigan, earned 179.63 points to take the silver medal. They secured the bronze medal at this event last year.

Virginia-based Lorraine McNamara and Anton Spiridonov, skating to "Careless Whisper" by Wham!, presented a sensuous, smoldering rhythm dance.

"With the rhythm dance, the job is really to make yourself stand out from the other skaters, because everyone has to do the same genre. I think we did our best with that, and it worked," McNamara said.

McNamara and Spiridonov had a minor error on the first lift of their free dance to "Rain, in Your Black Eyes." However, they were able to complete the rest of the elements cleanly. They finished with 179.03 points, claiming the bronze medal.

"We can make steps to show improvement, and we're definitely looking forward to doing so," McNamara said. "If anything, there's more fuel behind us now."

Katarina Wolfkostin and Jeffrey Chen, who train in Michigan, finished in sixth place with 164.07 points.

"I think our programs are definitely different from what we've tried before," Wolfkostin said. "Both are dancy, bright and hopeful. We just want to go out there and showcase our dancing and share the joy of dancing with the audience."

Great Britain's Lilah Fear and Lewis Gibson won the gold medal with a total score of 190.80.

PAIRS

Four Continents silver medalists Emily Chan and Spencer Howe experienced injuries last summer but were happy with their efforts in Lake Placid. They brought back their "Nyah" short program from last season, performing a sound triple twist and expressive step sequence.

The Boston-based skaters debuted their "Ghost" program in the free skate, in which they attempted a challenging three-jump sequence (double Salchow-double Axel-double Axel). The team posted a score of 181.81 to claim the silver medal.

"It was our personal best [score]," Howe said of their free skate. "I think it was a step in the right direction. This whole start of the season has been a bit rough for us. We're happy that we could leave the ice feeling somewhat good about the performance."

The duo helped choose the music for,

2022 INTERNATIONAL CLASSIC



Emily Chan and Spencer Howe deliver a powerful short program.

International Classic U.S. pairs medalists (I-r) Emily Chan and Spencer Howe, silver; Valentina Plazas and Maximiliano Fernandez, bronze



Valentina Plazas and Maximiliano Fernandez take a page from West Side Story.

and choreograph, their free skate, along with their coach, Olga Ganicheva.

"We love being creative," Chan said. "We look at it as a fun opportunity to express ourselves."

Valentina Plazas and Maximiliano Fernandez secured the bronze medal, in only their second international competition. The duo skated their short program to "Maria" from West Side Story. The selection is a nod to the couple's shared Hispanic heritage.

"We're focusing on putting out our programs and learning what the judges think of our components and technical elements," Plazas said. "Now we'll know what we need to focus on in practice. They always tell us:

'Work on your crossovers.""

Plazas and Fernandez, who train in Michigan, delivered a crowd-pleasing free skate with a "Marvel's Avengers" theme, in which Plazas portrays Black Widow and Fernandez plays Captain America.

The second lift in their program is an element with a lot of U.S. pairs history behind it. U.S. pair Melissa and Mark Militano developed the lift in the 1970s, and Amanda Evora, co-head coach of Plazas and Fernandez, updated and used it when she competed with Mark Ladwig in the 2010s, borrowing elements of roller-skating lifts. Now, Evora has passed this dynamic lift on to Plazas and Fernandez.

"This performance was an improvement and a learning experience for everybody," Fernandez said.

"We had a rough warm-up, but we were able to pull ourselves together and put some stuff out there. I feel good about it," Plazas said. They posted a score of 166.25.

Michigan-based Maria Mokhova and Ivan Mokhov finished fourth, with 161.29 points. Megan Wessenberg and Blake Eisenach, who train in California, placed sixth, with a score of 138.22.

Italy's Rebecca Ghilardi and Filippo Ambrosini of Italy won the gold medal, posting a score of 189.22.

WOMEN

Audrey Shin led the U.S. women, finishing fourth, with a score of 176.44. Shin debuted a new free skate; after getting feedback at Champs Camp, she decided to switch programs.

Her elegant free skate included a triple loop-double Axel jump sequence, Level 4 spins and a Level 4 step sequence.

"I'm a little disappointed with the pop in my program, but it's a two-week-old program," Shin, who trains in Colorado Springs, said. "So it was very rushed trying to get into the choreography. I'm glad I performed decently and I'm excited to build up from here."

Sonja Hilmer, who trains in Colorado Springs, placed fifth, posting a score of 174.46. Her new free skate was fourth-best in the segment.

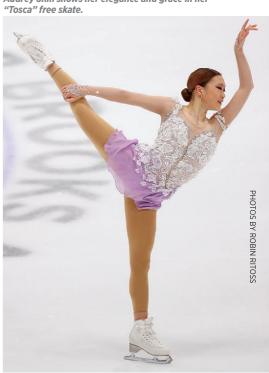
"It was a lot of fun," Hilmer said. "It was my first time doing this program in a competition. It's brand new and I was excited to see how it felt. I felt good going into everything, so I definitely achieved my goal."

Jill Heiner placed seventh with an overall score of 142.53. Her free skate, to music from La La Land, moved her up from ninth after the short program.

"I was a little nervous in the beginning, but in the second half, I know how to control my emotions and think of what I have to do," Heiner said of her free skate. "What I really need to work on during the setups in the jumps is being more involved with the audience, because that will help with my presentation because I love presenting."

South Korea's Yelim Kim won the gold medal with a score of 190.64. Young You of South Korea claimed silver with 183.40, while Japan's Mana Kawabe secured bronze, posting a score of 180.11.

Audrey Shin shows her elegance and grace in her "Tosca" free skate.





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'AN AMAZING OPPORTUNITY'

Young athletes gain valuable experience on and office

Photos provided by team leaders Sue Keogh, Rhea Benedict, Michelle Ray Davis and Denise Williamson

A total of 52 singles skaters and eight ice dance teams experienced a high-level competition environment at the 2022 U.S. Novice and Junior Challenge Skate in the historic Olympic town of Lake Placid, New York, Sept. 12-16.

The top novice and junior athletes in the country were judged by an international panel of officials, many for the first time. Competitors also shared practice ice with some of the world's top skaters who were competing in the 2022 U.S. International Figure Skating Classic in Lake Placid.

"This event is always fun because after providing competitions, camps and programs throughout the season, it is great to have this checkpoint," said Justin Dillon, director of athlete high performance development at U.S. Figure Skating. "Competing head-tohead is invaluable. It gives the athletes tools to tune up and maximize their opportunities this season. In addition to the competition, the athletes have the honor of attending programming by top level staff, faculty and officials."

Many of the Challenge Skate athletes witnessed history being made as U.S. World Junior champion Ilia Malinin landed the first-ever quad Axel in competition at the event.

"One could feel how much they valued and appreciated this amazing opportunity," one of the Challenge Skate team leaders, Michelle Ray Davis, said. "They may have crossed some bumpy roads along the way, but at the end of the day, they knew that they would grow from this experience into stronger athletes and young adults."



Novice women's medalists (I-r) Sofia Bezkorovainaya, Hannah Kim, Emilia Nemirovsky

NOVICE WOMEN

Hannah Kim emerged with the title in a hotly contested competition, finishing second in both segments. A total of 17 women competed; fewer than 10 points separated the top five skaters.

Kim showcased her arsenal of triple jumps and Level 4 spins in both programs. She finished with an overall score of 137.65.

"I was pleased that I could show off to everyone how much fun I was having during my programs," Kim said. "The overall highlight of the event was hearing my name called out during the award ceremony. It made me realize that my dreams can come true."

Sofia Bezkorovainaya, fifth after the short program, rallied to win the free skate and silver medal with an overall score of 135.22. Bezkorovainaya landed five triple jumps in her free skate — two in combination — and received Level 4 for two of her three spins.

Short program leader Emilia Nemirovsky claimed the bronze medal with a total score of 134.12.

Nemirovsky skated a clean short program with all positive GOEs for her elements. She landed two triple jumps — one in combination — and received Level 3s and 4s for her spins and footwork.

NOVICE MEN

Zachary LoPinto climbed from seventh place after the short program to win the free skate and the event handily.

LoPinto trailed the short program leader by nearly 11 points. He regrouped to win the free skate by more than 13 points. He started his program by cleanly landing four triple jumps — three in combination. He went on to land two more triples and received Level 4 for two of his three spins.

He finished with an overall score of

"Going into my free skate, I felt focused, in control and confident," LoPinto said. "I was so disappointed about my short;

Novice men's medalists (I-r) Vaclay Vasquez, Zachary LoPinto, Mark Williams



2022 U.S. NOVICE AND JUNIOR CHALLENGE SKATE



Athena Huang

Junior men's medalists (I-r) Taira Shinohara, Jonathan Hildebrandt, Lucius Kazanecki

I did not want the same thing to happen again. I was thinking how I needed to show the judges what I can do. I just needed to take one element at a time and fight to do my best."

Vaclav Vasquez demonstrated his consistency. He placed third in the short program and second in the free skate en route to an overall score of 121.02.

Vasquez landed four triple jumps in his free skate, including a triple toe-double Axel-double Axel that generated his best element score of 10.40 points.

Mark Williams claimed the bronze medal with an overall score of 116.03 points. He finished second in the short program and fifth in the free skate.

JUNIOR WOMEN

Logan Higase-Chen won both segments to claim the event title by nearly 25 points. Leading by 0.04 point after the short program, Higase-Chen landed seven triple jumps in her dominating free skate, including four in combination.

She finished with an overall score of

Lilly Mills secured the silver medal with a score of 142.44. Three Level 4 spins and top marks for her footwork highlighted Mills'

Athena Huang captured the bronze medal with 140.73 points. Huang opened her free skate with a clean triple toe-triple toe combination that produced her highest element score of 10.14 points.

JUNIOR MEN

Jonathan Hildebrandt rode an outstanding short program to the title.

Hildebrandt landed a triple Lutz-triple toe combination, performed Level 3 and 4 spins, and received Level 3 for his footwork en route to a 10-point advantage after the short program.

He finished second in the free skate and

won the event with a total score of 181.33.

"I was pleased with my combination jump as well as my performance in the short program," Hildebrandt said. "I feel as though I performed at a higher level than I am used to, and I am happy that I was able to improve my component score."

Taira Shinohara earned the silver medal with an overall score of 174.39. Shinohara, fifth after the short program, won the free skate by eight points. He delivered a nearly flawless program, which included all Level 4 spins and a triple Lutz-triple toe combination.

Lucius Kazanecki captured the bronze medal with an overall score of 164.42.

NOVICE ICE DANCE

Sylvia Li and Rowan Le Coq won both

segments and the event by more than 10 points. The couple finished with an overall score of 85.04.

"With thanks and appreciation to our coaches, Kristen Fraser and Igor Lukanin, we felt confident because of how much we have improved our skating and have learned to control our nerves before stepping on the ice," Le Coq said.

JUNIOR ICE DANCE

Xinyu Chen and Jack Liu edged Olivia Ilin and Dylan Cain to win the title — 115.42 to 113.33.

"It was truly an honor to skate on the same ice as the senior teams we look up to," Liu said. "We achieved our personal best and it was a proud moment for us to stand on the podium with our teammates."

Novice and junior ice dance medalists (back row, I-r) Jack Liu, Will Lissauer, Dylan Cain, Rowan Le Coq, Maxim Korotcov, Steven Wei; (front row, I-r) Xinyu (Effie) Chen, Olivia Ilin, Emily Renzi, Sylvia Li, Anna Sophia O'Brien, Annelise Stapert



Editor's note: National Hispanic Heritage Month is celebrated every year between Sept. 15 and Oct. 15 as a time to recognize the many contributions, diverse cultures and extensive histories of the American Latino community. Latino figure skaters have made many notable contributions to the sport of figure skating. Here's a timeline that includes many of those achievements.

NATIONAL HISPANIC HERITAGE MONTH TIMELINE

COMPILED BY RYAN STEVENS



1923 - John (Juan) Zaldivar Machado was the first skater of Latino heritage to compete at the North American Championships, In 1924 he won the Canadian men's title. Born in New Jersey to a Cuban father, John earned the Croix de Guerre for his service with the United States Army Ambulance Service during the Great War.

1940 — Anthony Canal was one of the first American skating judges of Hispanic heritage. Born in the Catalonian region of Spain, Canal emigrated to Cuba, then America. He joined the St. Louis FSC in the 1920s and passed his silver dances, later becoming a figure and dance judge.

1942 — Cuban-born Gise Sanchez was one of the first skaters of Latino heritage to compete at the Eastern Sectional Championships. She later earned the junior Skating Club of New York's highest honor — the President's Cup.

1948 - Venita Holquina Berea "Lucky" Petersen starred in the "Hielo y Estrellas" tour of South America, performing on a portable ice rink in Buenos Aires, Rio de Janeiro, Barquismieto, Maracaibo and Caracas. In pointing out the lack of diversity on the tour, she said there were "32 blondes, one redhead and one brunette - me."

1949 — Armando Rodriguez won the Pacific Coast senior pairs title. He was born in Chihuahua, Mexico, and emigrated to the U.S. with his family during World War II. In 1951, he made history as the first man of Latino heritage to win a medal at the U.S. Championships. He defeated future Olympic medalists David Jenkins and Ronnie Robertson in the free skate.

1950 — Manuel del Toro toured Canada in Barbara Ann Scott's Skating Sensations of 1950 tour. Del Toro, who grew up in Mayagüez, Puerto Rico, also toured with Holiday On Ice and Ice Voques.

1954 — Catherine Machado won the U.S. junior women's title, making history as the first skater of Latino heritage to win a national title at any level. She went on to become the first Latina skater to represent the U.S. at the World Championships and Olympics.

1957 — Alfredo Mendoza, a world water skiing champion turned adagio pairs skater from



John Z. Machado

Acapulco de Juárez, joined the cast of Holiday On Ice.

1962 — Junee and Delita "Deedee" Rodriguez were the third pair of siblings in history to pass the U.S. Figure Skating Association's gold test on the same day. The Rodriguez sisters' father was born in the Dominican Republic.

1982 — Rudy Galindo was the first skater of Latino heritage to win the U.S. novice men's title. In the years that followed, he won the World Junior men's, World Junior pairs and U.S. senior pairs and men's titles. In 1996, he was also the first U.S. man of Latino heritage to win a medal at the World Championships. When Galindo won the 1996 U.S. title, his coach was his sister. Laura.

1983 — Yvonne Gómez won the junior women's silver medal at the U.S. Championships. Her paternal greatgrandparents emigrated from Mexico to Texas. Gómez represented Spain at the 1988 Olympics.

1986 - Renée Roca was the first skater of Cuban ancestry to win the U.S. senior ice dance title. Roca went on to represent the U.S. at five World Championships. She won U.S. dance titles in 1993 and 1995 and the World Professional Championships in 1997.

1996 — Friends of Minority Figure Skaters was founded in Ohio. Its mission was to "educate the general community about the sport and the needs of young minority athletes in figure

skating [and] increase awareness of other athletes to the sport of figure skating."

2000 — The Latino International Skating Coalition was founded in New Jersey.

2003 — Laureano Ibarra won the senior pairs event at the Midwestern Sectional Championships. He went on to win two Pacific Coast pairs titles. Ibarra started skating in Venezuela when he was 11.

2005 — American-born siblings Laura and Luke Munana were the first ice dance team to represent Mexico at the World Championships.

2006 — Kimmie Meissner struck gold at the World Championships. Her greatgrandparents emigrated to America from Galicia, Spain, in the 1920s.

2006 — Four-time World medalist and fivetime U.S. champion Benjamin Agosto won a silver medal in ice dance at the Olympics. Agosto is of Jewish and Puerto Rican heritage.

2006 — Victoria Muniz was the first skater to represent Puerto Rico at the World Junior Championships.

2007 — Colombian-born Eliot Halverson won a gold medal as a junior at the U.S. Championships.

2008 — Victoria Muniz was the first skater to represent Puerto Rico at the World Championships. Andrew Huertas was the first man to do so, in 2009.

2017 — Rohene Ward was awarded the Professional Skaters Association's Paul



Catherine Machado

McGrath Award for Choreographer of the Year. His father is African American, his mother Puerto Rican.

2019 — Latina skater Karina Manta and partner Joe Johnson made history as the first openly LGBTQ+ ice dance duo to compete at the U.S. Championships.

Ryan Stevens is a former figure skater currently living in Halifax, Nova Scotia. He won four medals at the Nova Scotia Provincial Championships before turning to judging. Since 2013,

his passion for studying unique and, at times, obscure aspects of figure skating's history has led him to write hundreds of articles for the blog Skate Guard. He's also penned a biography of British skater Belita Jepson-Turner and features on skating during the Edwardian era and Great War. He's been consulted for research about skating history for CBC, NBC, ITV, print projects and numerous museums and archives in Canada and Europe.

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'EMPHASIS ON OPPORTUNITY'

Organizers look to build upon successful NQS season

BY TROY SCHWINDT

U.S. Figure Skating's National Qualifying Series continues to be a work in progress, organizers said, but this season's NQS campaign offered skaters and coaches more flexibility and advancement opportunities than did those in the past.

Nearly 1,500 skaters and teams, representing singles, pairs and ice dance, from the juvenile through senior ranks, competed in the NQS. The series was held within 24 existing nonqualifying competitions, spread out across the country from early July through late September.

Athletes competed at events of their choice, posting scores for a regional, sectional and national ranking. Top finishers in each division, based on the online EMS standings, advanced to this month's Sectional Singles and U.S. Pairs and Ice Dance Finals; the championship competitions will feature a record number of advancing athletes.

From there, the top junior- and senior-level athletes will advance to the 2023 Toyota U.S. Championships in San Jose, California, while the highest-finishing juvenile, intermediate and novice skaters will qualify to be part of the National High Performance Development Team and take part in the NHPDT Camp during the U.S. Championships.

'We tried to create a flexible experience for the athletes coming out of the pandemic," said Mia Corsini, director of events at U.S. Figure Skating. "Previously we've been operating with Band-Aids, so what we did with this NQS was take some of what worked pre-pandemic, integrated some positive experiences from the Championship Series and presented a refined NQS as a baseline.

"As we navigated through this summer series, we have our eyes open on areas of improvement. We knew this was just a first step in our return back to our competitive pipeline as we know it and want to be mindful of the user experience for all. There's an ongoing review right now with the competitions committee, discipline chairs and coaches committee, to make sure we are providing the best experience for our competitive qualifying athletes. But we are happy with what we did and where we can go as we navigate away from disruption in our sport. Additionally, we cannot thank the host clubs who partnered with us on this new structure enough."

Novice ice dancers Sylvia Liu and Rowan LeCoq welcomed the new competition structure. They used the flexible schedule to manage their school and skating demands and heal from injuries.



Signing up to compete in events, they said, was "easy and straightforward."

"We enjoyed the experience of traveling to different cities to compete at different ice rinks, as well as making a lot of friends with other skaters along the way," Liu said.

"Our most memorable moment was getting 72 points for our free dance program at the Challenge Cup in Ardmore, Pennsylvania," LeCoq said. "It's by far the highest score we've gotten. We burst with joy in the kiss and cry when our score was announced."

Josh Snyder, an intermediate man, called the NQS season "challenging and rewarding. I've had fun getting to know some of my fellow competitors."

The new format was a positive adjustment for coach and official Josh Fischel in navigating the competitive season.

"The change from making regionals your 'one chance' to 'let's make adjustments

next time' was definitely a shift," Fischel said. "However, giving the athletes more opportunities to qualify is a positive — especially when it comes to conflicts in scheduling or working around injuries. It will be great to take a step back now that the 2022-23 NQS Series has been completed and look at what worked or could be improved upon to make it even more successful next year."

In the review process for next season, the oversight group (mentioned above) will look at ways in which to improve the competitive experience for the athletes, and membership can expect an update in early December.

They will focus on quality over quantity and on the timeline. Does it improve the athlete experience to have the choice of competing at more or fewer competitions? When should the series begin and end, accounting for season start and rule change implementation?

"The emphasis is on opportunity within our qualifying pipeline, and we look forward to sharing what direction we're going to move in very soon," Corsini said.

Intermediate skater Josh Snyder meets Team USA's Ilia Malinin and Vincent Zhou early in the season.



THANK YOU TO THE HOST CLUBS OF THE 2022-23 NATIONAL QUALIFYING SERIES

Dallas FSC

Coyotes SC of Arizona

Detroit SC

The SC of Lake Placid

Glacier Falls FSC

DuPage FSC

IceWorks SC

Peninsula SC

Denver Colorado FSC

Scott Hamilton SC

The Skating Club of

Boston

Utah FSC

Onyx-Suburban Skating

Academy

Washington FSC

FSC of Southern

California

Carousel Sherwood FSC

Texas Gulf Coast FSC

The Skating Club of New

York

Wagon Wheel FSC

St. Moritz ISC

Carolinas FSC

Pasadena FSC

Austin FSC

Philadelphia SC & HS



CALIFORNIA DREAMIN'

Solo dance skaters achieve aspirations

BY TAYLOR DEAN

More than 180 skaters across 312 events participated in the 12th annual National Solo Dance Final in Santa Clarita, California, Sept. 7-10.

The competition featured several main categories, including pattern dance, free dance, combined events and shadow dance. Top-scoring skaters from the Solo Dance Series, which began in March and ended in August, earned invitations to the National Solo Dance Final.

SENIOR COMBINED EVENT

Lucas Appel (Florida Everblades FSC) won the senior title with an overall score of 197.21, showcasing his remarkable edges and musicality. The high school senior performed a Michael Jackson-themed rhythm dance and a free dance to "Moonlight Sonata" by MusicalBasics.

"I wanted to do a program that I've never done before [for free dance]," Appel said. "The emotional feeling the music gave me and my coaches spoke to us. Deep down we knew the dramatic storytelling that my coaches and I could create would lead to a powerful program no one has ever seen from me."

Appel's free dance opened with a Level 4 one-foot step sequence and included Level 4 twizzles. He earned positive grades of execution on every element.

Appel started ice dance four years ago after a coach pointed him toward the discipline. Since then, Appel has worked hard at solo dance and hopes to one day represent Team USA.

"It feels amazing to win the solo dance senior gold medal," he said. "It was a dream come true to win and know that all the hard work I have put into my two programs this past season and over the course of these past four years has paid off."

Defending gold medalist Brooke Tufts (North Jersey FSC) secured the silver medal with a combined score of 184.05. In her third appearance at the National Solo Dance Final, Tufts channeled a fierce attitude in a powerful flamenco-themed free dance.

Using sharp movements and deep edgework, Tufts captivated the judges and the audience. She earned a Level 4 on her twizzles and combination spin.

"Winning the silver medal was great," she said. "I have a competitive nature in me,



Lucas Appel puts his heart and soul into his winning senior combined free skate.

so being on the podium is always a great feeling. I went into the competition knowing I was well trained and I skated the best I could have. It was a good way to end the season and gave me a great drive for next season."

Anna Lewis (Washington FSC) captured the bronze medal with 168.76 points. Lewis skated a graceful rendition of "Love You More" by Celine Dion for her free dance. Earning all positive grades of execution on her elements, Lewis closed out her emotional program with Level 4 twizzles.

Hannah Kim (Glacier Falls FSC) claimed the pewter medal with an overall score of 165.51.

INTERNATIONAL SOLO **PATTERN DANCE**

The Tango Romantica and a Cha Cha Congelado variation dance were the required pattern dances. Skaters chose their own music and used creative introductory steps to put their own spin on the dances.

Anna Lewis (Washington FSC) successfully defended her gold medal with a combined score of 91.34, nearly 10 points higher than the second-place finisher. Lewis achieved the highest components mark for both of her patterns. This is Lewis' third gold medal in the international solo pattern dance

Lewis chose "Kokomo" by the Beach Boys for her Cha Cha Congelado, a piece she felt represented the cha cha, with fun and uplifting notes. For her tango, she chose a classic piece to get into character.

"It's 'Asi Se Baila El Tango' from the Take the Lead movie. I loved it when I heard it," she said. "It has a classic tango feel, so I felt I could keep the dance sharp and romantic."

Lewis' favorite part of pattern dance is interpreting the music.

"The arms, the extensions and maintaining deep and clean edges as well as the interpretation and facial expression ... all of them

2022 NATIONAL SOLO DANCE FINAL



Sisters Natalie and Chiara Tan match moves en route to the gold-international shadow dance title.

were challenging to put together successfully."

The high school senior aims to share her knowledge and passion with other ice dancers. Her 13-year-old sister, Sophie, is one of her students.

"I've started coaching this year and I love it," she said.

Silver medalist Drake Tong (Hickory Hill FSC) generated 81.52 total points. His Cha Cha Congelado earned all positive grades of execution, as he hit the key points of the dance.

Shin Lei Case (Dallas FSC) also earned all positive grades of execution in her dances to finish with 79.52 points and the bronze medal. Sophie Lewis (Washington FSC) collected the pewter medal with 77.74 points.

GOLD-INTERNATIONAL SHADOW DANCE

Shadow dance is arguably the most unique event at the National Solo Dance Final. Two athletes compete side by side as a team, performing the same pattern. Ice dancers enjoy shadow dance as an opportunity to compete with another skater, building unison, distancing, and matching lines and

awareness.

Competitors in the gold-international shadow dance event performed the Silver Samba pattern dance. Siblings Natalie and Chiara Tan (SC of New York) captured the gold medal with 41.05 points. They posted the highest component mark.

"Winning is absolutely surreal," Natalie said. "We feel so blessed to share this experience with each other as sisters."

Natalie, who graduated from Harvard University last year, is a second-year medical student at the Albert Einstein College of Medicine. Chiara is a sophomore at Boston University, studying violin performance in the School of Music. With such different studies and schedules, they were unable to train together until May.

"Having trained only as solo dancers, learning to track each other was the hardest part," Natalie said. "Our coach, Joel Dear, used pencils to show us how to keep our patterns parallel in the Silver Samba. After marking it slowly, we were able to reach the full tempo of the music and add our own flair to this super fun, energetic dance."

Natalie retired from competition six

years ago, but her sister convinced her to return to the ice for shadow dance as a way to skate together. She now wants to coach her students for the 2022–23 Solo Dance Series. Chiara has competed in the Solo Dance Series since 2015. She's continuing to pursue her passion for ice dance at the intercollegiate level with the Boston University figure skating team.

Another sibling duo, Anna and Sophie Lewis (Washington FSC), captured the silver medal with 40.95 points. Despite an issue with their music as they took the ice, the sisters performed their way to the event's highest technical score.

Anna, who won the gold-international pattern dance event, coaches her younger sister, Sophie, in ice dance.

Abby Mumby and Amanda Piel (Greater Kalamazoo Skating Association) generated 37.04 points en route to the bronze medal. Skating to "Whenever, Wherever" by Shakira, the duo used their creative freedom to skate together as close friends.

"I felt lucky to be standing on the podium with such amazing skaters," Piel said. "It was quite an accomplishment, and we knew that our hard work had paid off."

Claire Katen and Elizabeth Lee (Broadmoor SC) claimed the pewter medal with 35.45 points.

Anna Lewis sizzles while performing her eventbest international solo pattern dance.





BY NICK MCCARVEL

Imagine beginning your first full Olympic quadrennium with a never-done-before quadruple jump, launching yourself into the history books while simultaneously announcing your intention for the 2026 podium in Milano Cortina, Italy.

And doing so in the same venue as the 1980 Olympic "Miracle on Ice" ... a new miracle made, some four decades later.

It's the sort of arrival only Ilia Malinin could create.

"It felt really good," a breathless Malinin, still just 17, said as he walked off the ice in Lake Placid, New York, following that quad Axel-fueled free skate at the U.S. International Classic in September. (He won gold, by the way.)

"When I'm practicing [the quad Axel], it's pretty easy for me to figure out how to get the right timing to have it be a good attempt. [But] to do it in competition is a different story because you have nerves and pressure that can get in the way of that."

What if we told you that nerves and pressure are two things Malinin thrives on, however, and that the son of Russian-Uzbeki skaters and coaches, born and raised in Virginia, would like nothing more than to perform that quad Axel on the sport's biggest stages in the coming years, with all the nerves and pressure that come with them.

"I'm confident," Malinin told SKAT-ING magazine in an interview in August. "A lot of people say that I'm cocky, but for me, it helps me think better. If I say, 'I'm the best skater,' to someone, that makes me want to work. I want to become that. It motivates me. If I want to become an even better skater, I have to say [out loud] that I want to be that, or that I am that already. I want to reach that goal."

The goals are many for Malinin: a national title, success on the senior Grand Prix circuit and at Worlds, and the Olympic podium. Yet while the talk may be bold, the approach is workmanlike. He went from his breakout performances at the end of last season to his first-ever tours in Japan this past summer, then right back into the training rink to prepare for what was to come.

"I've just been skating my programs every day," he said. "I feel like they are the best programs I've had so far in my career. I love skating them and I'm looking forward to skating clean as much as possible in competition."

TEAM MALININ: A NEW, WIDER SCOPE

Part of the reason for the excitement around Malinin's programs (which he succinctly describes as "cool") is that his free skate marks the first time he's worked with Shae-Lynn Bourne, the renowned choreographer, who was brought into the fold by seasoned coach Rafael Arutunian, whom Malinin sees every few months in Irvine, California, for check-ins.

Malinin and his parents/coaches, Tatiana Malinina and Roman Skorniakov, knew his program components needed a boost as he matures into a senior skater over the next four years. So Arutunian made the call to Bourne

"It's wonderful that Ilia feels driven and motivated to develop the full package," Bourne said of teaming up with him. "He has a true passion to skate, jump and express himself on the ice. That — combined with the experience and maturity he'll gain over these next couple of years — will make for something very exciting."

How does Bourne describe Malinin's on-ice vibe? "I would go with the word 'electric," she said. "Ilia really feels the character and right from the start he connects to the audience with a calm, cool, yet electric soul."

"What is good to see is that Ilia has really addressed a lot of areas of his skating, not just landing the quads," U.S. Figure Skating's Senior Director for Athlete High Performance Mitch Moyer said at Champs Camp in late August. "[I've] seen the quad







Axel. The spins are better, the choreography and programs are more sophisticated and developing well."

It doesn't take too much imagination for avid skating fans to see the page from the Nathan Chen playbook that the Malinin camp is turning to, with Malinin having gone to train alongside Chen over the last 18 months.

"A couple of years ago we wanted him to see how Nathan trains, his work ethic and everything," said Skorniakov, his father, of the Irvine connection. "I think when Ilia saw that, the training part, it made a big impact on him."

Now it's about rounding Malinin into the kind of skater he wants to become bells, whistles and quad Axels included.

NO LONGER PLAYING SECOND FIDDLE

It is quite possible that Malinin's booming arrival at the U.S. Figure Skating Championships in Nashville in January will mark the lone marquee event in which he will compete alongside Chen — and the same could go for Jason Brown and Vincent Zhou, a pair of two-time Olympians like Nathan.

"I was looking forward to spending some time and get to skate with [Nathan, Jason and Vincent]," Malinin said. "If I'm being honest, the one time I got to skate with Nathan was perhaps at U.S. Championships. I guess in a way it's motivating me because I feel like a lot of people are watching me. I'm pushed by that."

From Nashville to Lake Placid, Malinin clearly has a knack for spotlight situations; the growing list also includes the 2022 World Championships in Montpellier (he was fourth after the short program) and World Juniors in Tallinn, Estonia, where he won gold by 40-plus points.

"Last year really helped me," Malinin said, though he has previously voiced frustration with not being tapped for the Beijing Olympic team. "I got used to a lot of new competitions and the feelings that come along with them. The season definitely gave me a good head start for what I'm going to face this season and get into the right mindset for it."

The summer of 2022 helped further that mindset, as Malinin made his first trip to skate in Japan as part of two tours — Dreams on Ice and The Ice — where he was alongside skaters like Chen, Brown, Matteo Rizzo, Kevin Aymoz, Junhwan Cha, Daniel Grassl and many others.

Malinin forged a strong friendship with Grassl, while also soaking up the knowledge of all those experienced skaters, including American veterans Madison Chock and Evan

"I learned mostly that I'm going to have



SKATING 25

a lot of different challenges happen in my career and I'll have to be ready for everything ... that I'll have to prepare for the worst," Malinin said, reflecting on his tour experiences.

"It showed me that I'm going to have a lot of experiences in a lot of places that I'm not familiar with in my career. I have to take those in. I'm going to be at a lot of new, big competitions this season that I've never been to before. I have to get used to it."

MILANO CORTINA ON THE MIND

Some 1,200-plus days separate Malinin's historic quad Axel and the pinnacle of another quad: the Olympic Winter Games Milano Cortina 2026.

While he has in the past expressed a desire to climb onto the podium at those Olympics, Malinin is looking through a different lens when he looks to his skating future — a more process-driven one.

"I think one of the main goals [this quad] is going to stay in the best shape possible," he said. "I think it will be about [maintaining] my choreography and jumps, which I think will help me at the beginning of each season, too."

With Bourne on the choreography beat and Arutunian on jump watch, the focus for Malinin and his parents day to day is about Ilia only getting better — and not focusing

Malinin stands on the podium at the U.S. International Classic, with gold medal in hand.





Malinin shows his dynamic skating style at the 2022 U.S. Championships in Nashville.

on what is going on around him.

He said of the 2026 Games, "I don't think about it in a way where I am worrying about what other skaters are doing. I have to focus on myself. Sometimes it pushes me. I see other people trying things. If some of these other [active skaters] are going to try and go for the 2026 Olympics, then I know I also have to put the work in to try and go there and get a good result there, too."

His 2021-22 season — with U.S. Championships, Worlds and World Juniors in mind — was a marked jump-start. And one that surprised even Malinin himself.

"I turned into a whole different skater in just a couple of months ... that was pretty impressive for me," he said. "I think that this last year has been one of the big peaks. I wasn't expecting to get my jumps so quickly; that surprised me. Executing [those jumps] in competitive programs, that also surprised me. I think I pulled off some great skates."

Added his father: "He's really ambitious. I'm sure he has really big goals that he wants to achieve. But after last season, especially World Juniors, he was very happy and got this title. It's a big thing. Now it's been back to training again just keep moving forward to try to stay on same track.'

Part of staying on that track is the aforementioned quad Axel, and maintaining it from one competition to the next.

"Sometimes I land it, sometimes I don't," he said. "I think that's more on me; I'm trying to perfect it. I want to be as comfortable as possible with it."

PASSING ON A FEELING

At 17, Ilia is still in school three hours a day (he goes to public school and is part of a program that allows him to train on the ice part time), but has maintained interests away from the ice.

"He likes video games, he likes skateboarding," explained his dad. He added with a laugh, "That's kind of a little dangerous for him to do, but he likes it, so ... we get very nervous, yes, now we don't do it too much. I mean it's fun. He's a 17-year-old boy so ..."

Yet that 17-year-old isn't afraid to command a crowd's attention, something he hopes to do for years to come. Well, at least four more years.

"I want people to watch me and go, 'Wow, that looks so easy for him but we know that it's not. He does it so well," Malinin said. "I want people to feel that I know what I'm doing out on the ice."

Color: I like gold, matte black and purple, but I would say I like matte black the best because it looks the coolest.

Season: Summer over winter by a little bit, because there's no school and I have more time to do things I like.

Favorite childhood movie:

How to Train Your Dragon

Music: Sometimes I like to listen to rap when I get myself prepared for a competition, or to get myself energized and excited. When I want to relax and calm down, I like to listen to low-fi music.

Holiday: My birthday (Dec. 2)! I got a cool bean bag chair for a recent birthday.

Way to relax: Listening to music, playing video games

Sport other than skating: Skateboarding. I've been doing it for about a year and a half.

City: Toyko. The vibe was different there than the rest of the world.

Food: Pasta

oou. Pasta

Dessert: Ice cream

School subject: Science, in general, because it's hands-on. I'm taking physics this year.

Car: Ferrari

Vacation destination: Anywhere there's a

pool or a beach.

Video game: Action games in general



Editor's note: Victoria Phillippi and Cole Rohner were nominated as two of U.S. Figure Skating's eight Get Up ambassadors for this season. Their stories and those of the other special honorees will appear in SKATING magazine through early 2023.

SKATING HELPED TO LIFT COMBAT MEDIC FROM A DARK PLACE

BY ED RABINOWITZ

Victoria Phillippi remembers lacing up her first pair of skates and stepping onto the ice at age 10.

"I felt like I was flying," Phillippi said.
"No matter how fast or how slow, I was able to glide and be free."

Phillippi, now 39 and a licensed professional counselor with Western Pennsylvania Psych Care, has relied on her return to ice skating to overcome the trauma and post-traumatic stress disorder (PTSD) experienced following her eight years of active duty as a combat medic and later a flight medic in the U.S. Army.

Phillippi's initial exposure to ice skating came when her family moved from Chicago to the city's southwest suburbs. Seven Bridges Ice Arena opened in Woodridge, Illinois, and

Phillippi has rediscovered her love of skating and is competing again.



she began attending public sessions.

"It was awesome," she recalled.

Phillippi joined the learn to skate program and advanced quickly, skipping several levels before moving on to private lessons and eventually competing.

"I remember my first competition,"
Phillippi said. "I had an Axel in my opening, and I was so nervous. And when I landed it, I had a huge smile on my face. It helped my confidence a lot."

But everything changed on Dec. 21, 2004.

Phillippi, who was on her first tour of duty in Iraq, was a trauma team leader at the 67th Combat Support Hospital in Mosul.

"We had our fair share of traumas there," she said, "but what happened that day pushed me over the edge."

A powerful explosion ripped through the dining facility at the Army base where soldiers, coalition forces and civilians were eating. The blast was so strong it tore a hole in the building's concrete floor. It also occurred just two days after her boyfriend (now husband) Michael Phillippi proposed.

"I worked 12 hours straight before being ordered to go home," Phillippi said. "There were 90 casualties and 22 deaths that day. Michael and I were ordered to pick up body parts. I had people die in my arms. You internalize stuff like that, and feel like you're not good enough."

Victoria and Michael married, and their two daughters — Mikayla and Madison — were born after Phillippi's first tour of duty in Iraq. When she was summoned for her second tour in October 2008, Mikayla was 2 years old and Madison just 7 months old.

"It was hard leaving, but then coming back for mommy duty, that was a very difficult transition," Phillippi said. "I found myself self-medicating with alcohol and twice attempted suicide. I was not in a good place."

Eight weeks of residential PTSD treatment over the Christmas holiday followed, but Phillippi still internalized the feeling that she was not good enough, and would not amount to anything.

Then, in 2015, Phillippi's daughters, seeing photographs of their mother skating as a teenager, decided they wanted to skate, too, and signed on to the learn to skate program



Victoria Phillippi prepares for action during her second tour of duty in Iraq as a flight medic, at Contingency Operating Base Speicher in Tikrit, Iraq.

at the Beaver County Figure Skating Club in Beaver Falls, Pennsylvania. Phillippi got to know some of the coaches and was drawn back to the ice. In April 2021, she decided she wanted to skate competitively again.

"(Skating) helped me rediscover my purpose," she said. "To appreciate what I've been through and to reconnect with what had once given me so much happiness."

In November 2021, Phillippi competed for the first time in more than 20 years. And despite being incredibly nervous, she performed well. She then competed in the Pennsylvania State Games in February 2022, which she says was nerve-wracking, and placed fourth.

"I would like to get back to close to where I was," Phillippi said. "I don't foresee triples in my future, because we don't heal from falls as easy as we used to. But it's my personal challenge, my personal goal, to keep moving forward and see how far I can go."

As far as her husband is concerned, she has already come a long way.

"She's relearning all of her doubles," he said. "She goes to practice and keeps working at it. I admire her determination, strength and resilience. My wife is my hero."

When Phillippi hears words to that effect, whether from her husband or young children who told her during visits to schools that they wanted to be like her when they grew up, she has to fight back the tears.

"For the longest time I felt I wasn't good enough," Phillippi said. "Why take after me? I didn't do anything special. So when anybody says something like that, it's very humbling to know that I impact them that way."

ADAPTIVE SKATER WOWS **AUDIENCES WITH HIS CHARM**

BY ELVIN WALKER

When Cole Rohner takes to the ice for competition, one thing is for certain — the audience is going to be entertained. The 14-year-old Utah native is a throwback to the Golden Age of Hollywood, when films were replete with thrilling dance numbers, and Fred and Ginger were household names.

"The energy of the crowd always inspires me," the high school freshman said. "It's amazing to be out on the ice and hear the crowd. It hypes me up. I love to perform so much because it's the best feeling ever."

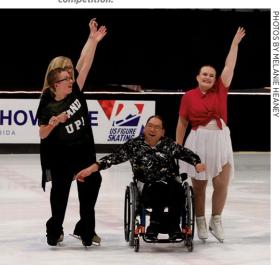
Rohner's life began when his mother, Lexi — an adult skater — gave birth to Cole and his triplet siblings, Genevieve and Chase, some 11 weeks earlier than expected. The three were so small that each child would fit into the palm of their mother's hand.

"I had them almost a whole trimester early," Lexi said. "Cole had a really bad stroke, and a doctor told us that if an adult had a similar stroke, that they probably would not survive."

The stroke was the first of many medical hurdles that Rohner would have to face, and thus far he has had 13 brain surgeries and a total of 21 different surgeries. The most recent was to replace hardware in his knee last year, and he expects to have one or two similar surgeries over the next couple of years.

Rohner has also received eight different diagnoses, including autism and cerebral palsy. When he was 2 years old, Rohner's mother, who doubles as his skating coach, decided that it could be therapeutic for him to skate, so she put him on the ice for the first time.

At 2022 National Showcase, Rohner and friend Rob Hanley compete in the adaptive duet competition.



"I put all three of my kids on the ice," she said. "I figured that they don't have to be skaters, but if they come with me when I coach, that they could at least learn how to skate."

Given his abilities, Rohner participates in adaptive skating. In his case, Rohner takes to the ice with a partner — his mother, who provides a soft hand to support his balance as he mesmerizes audiences with his entertaining performances.

"He likes to call me his prop," Lexi said with a laugh. "This is really not about me. I am there to make sure that he doesn't get hurt and has the opportunity to perform. I competed for 17 years, and I don't have the fire in me to go out there and do it again. This is a different opportunity that is all about Cole."

Since he started to compete at age 6, Rohner has competed all over the United States. Most recently he made history at the 2022 National Showcase in Westley Chapel, Florida, where he and Rob Hanley, a wheelchair skater from Colorado, captured a gold medal in the adaptive duet competition — a first for the competition.

"With me living in Utah and Rob in Colorado, we didn't get to practice with each other until we got to Florida for the competition," Rohner said. "We choreographed our part and then she sent it to Rob and his coach. Then they choreographed their half. When we got to the competition, we practiced off ice for two days and then on the ice for about a half hour before we competed."

In 2019, Rohner and his mother skated a duet to Annie Lennox's "Universal Child' that went viral, with more than 3 million

Rohner and his mother, Lexi, perform to the popular song "Mr. Blue Sky" at 2022 National Showcase in Florida.





Cole Rohner's smile brings out the best in all who cross his path.

views. In the program, Rohner used a gait trainer — a piece of adaptive mobility equipment that allowed him to stand on his own and share the spotlight with his mother.

"He said that we should skate a duet," Lexi said. "I knew people would enjoy it, but I did not think it would go where it went. It was cool that the program had that kind of effect."

Rohner is a three-sport athlete and in addition to adaptive skating, he also trains in adaptive dance and plays baseball.

"I just had a dance performance the other day after playing an all-star baseball game in the morning," Rohner said. "Oh my gosh it was a wild day! It was a lot of fun."

And just as he does with his skating, Rohner puts his all into dance and baseball.

"I've never stopped trying my hardest," he said. "I've had some challenges in my life that have affected my skating, but I have never given up."

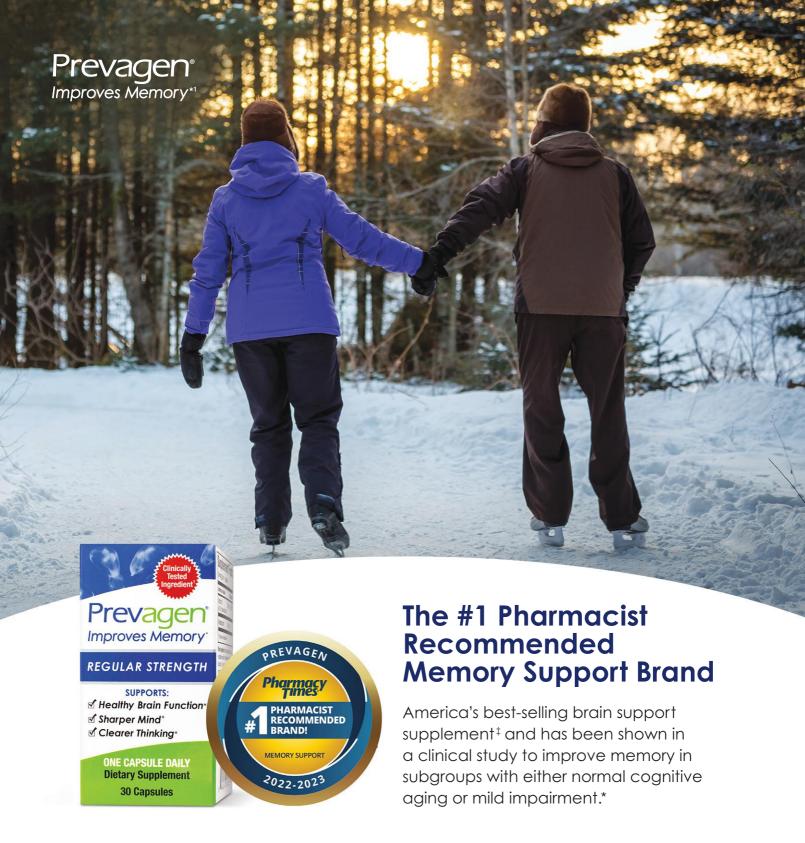
OUR COMMUNITY



U.S. Figure Skating has taken the intentional approach to humanize diversity, equity, and inclusion. We stand firmly on the belief that people are the most important asset to our organization and that our differences are meaningful and strengthen our community. Our goal is to create an inclusive and diverse environment where all members have equal opportunities to pursue excellence both on and off the ice. We are working to develop equitable practices and policies that foster safety and an authentic sense of belonging for all involved in all areas of our sport.

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WHAT TO DO WHEN HELPING ATHLETES DEVELOP POSITIVE BODY IMAGE



When it comes to helping young athletes develop a positive body image, coaches and parents are constantly struggling. Fortunately, there are a few simple things to keep in mind when it comes to fostering a healthy body image in athletes, and following these rules of thumb can help you navigate the murky waters of discussions around body image and sport. Here are some tips on how you can actively help athletes develop a healthy body image.

FOCUS ON WHAT BODIES CAN DO, NOT HOW THEY LOOK

In nearly every sport, there are certain "ideals" when it comes to the type of body that can excel in that particular discipline. But what we're learning now is that every body can be an athletic body, and many athletes who don't seem built for a sport at first glance are actually excelling. As a coach or parent, focus less on whether someone looks like a runner. Instead, focus on how they're doing in practice and how they're improving. "Help athletes think about what their body allows them to do," Dr. Melissa Streno, a licensed clinical psychologist, says. When offering compliments or advice for improvement, discuss things that they're doing rather than how their body looks. For instance, a conversation with a cross-country runner could focus on how well that runner is doing in practice and how she's fueling before and after practice, rather than saying she's looking "lean" or "in running shape."

ELIMINATE WEIGH-INS

Team weigh-ins should be a thing of the past. Streno explains that focusing on weight as a performance metric isn't just a flawed way of improving performance — it won't, in the long run — it also can lead to body image issues and negative behaviors. For most sports, weight shouldn't be a factor at all. The only exception is if there are certain classes of weight for competition, and even then, weight should only be taken ahead of a bout to determine which class the athlete is competing in. "Even in these weight-class sports, I'd rather see young athletes having to compete in a higher class as one of the lighter athletes, rather than having that athlete try to drop weight before a meet," Streno says. If you do have to do weigh-ins because the sport demands it, do them privately, and, if at all possible, avoid the athlete seeing the number. This is especially true if they've had issues with disordered eating in the past.

ALLOW ATHLETES TO CHOOSE THEIR OWN UNIFORMS

If possible, try to avoid forcing athletes to wear one single uniform. It's important to allow athletes to choose what clothing makes them feel and perform their best. There may be a wide span: A cross-country running team may have some athletes in singlets and shorts, while others are more comfortable in loose long sleeves and capri tights. Be as accepting as possible of each athlete's comfort preference, and never assume you understand exactly how the athlete feels, Streno says. An athlete may prefer longer tights because the team shorts cause chafing, and they may be embarrassed to bring that up. Forcing them into the uncomfortable clothing only serves to exacerbate the athlete's discomfort.

SPEAK KINDLY TO YOURSELF

Whether you're a parent or a coach, the words you use to describe yourself matter just as much as any words you use to describe an athlete. Parents are particularly susceptible to calling themselves "fat" when glancing in the mirror, not realizing how their young athlete may internalize that messaging. So be aware of how you refer to yourself and your body, Streno says. Your athletes are paying attention.

AIM FOR BODY NEUTRALITY

While the title of this article centers on body positivity, for young athletes, sometimes a focus on body neutrality is more realistic. In fact, pushing athletes to maintain a positive body image at all times can be toxic, because it suggests that it's wrong to feel moments of negativity about one's body. "It's impossible to feel like you love every aspect of your body 100 percent of the time," Streno says. "Body neutrality is about identifying things like, 'What does my body stand for? How does it help me work toward my values? Can I be OK with my body and not love it?' And that acceptance is a much healthier stance."

KEEP CONVERSATIONS GOING

Athletes should feel comfortable coming to you to discuss a problem, Streno says. And as a coach, even if you're not regularly discussing body image, you can be consistently reinforcing the idea that performance isn't about size or body type, it's about effort, performance and strength.

SHOW UP WITH EMPATHY

It's hard to know exactly what to say to

an athlete if you don't understand what he or she is going through. If you've never had body image problems yourself, it can be hard to conceptualize how an athlete is feeling. But Streno points out that in addition to athletes constantly being told and shown that there's a "correct" body type for every sport, young athletes are also inundated with messaging from pop culture, magazines and social media that projects entirely different images of the "ideal" body. In fact, she points out that these ideals are often conflicting — ultra-thin and lanky bodies are considered "ideal" for running, but curvy and voluptuous bodies are sometimes the norm when it comes to pop culture images — which makes issues of body image even tougher for student-athletes who are receiving these mixed messages. So before getting into any conversations with athletes, imagine your teenage self being bombarded with all this imagery and that should help you come from a place of empathy.

ENLIST PROFESSIONAL HELP

As a coach or parent, it may sometimes feel like the burden of being the expert is on your shoulders. But Streno points out that you simply may not be equipped to deal with some of the issues athletes are facing, so she encourages both parents and coaches to seek expert help when needed. This could mean having a registered dietitian talk to your team about proper fueling in and around practice, or it could mean booking a one-on-one consult for your child. Sports psychologists and eating disorder experts are also great guest speakers or consultants when it comes to body image issues within a team.

About TrueSport

TrueSport®, a movement powered by the experience and values of the U.S. Anti-Doping Agency, champions the positive values and life lessons learned through youth sport. TrueSport (TrueSport.org) inspires athletes, coaches, parents and administrators to change the culture of youth sport through active engagement and thoughtful curriculum based on cornerstone lessons of sportsmanship, character-building, and clean and healthy performance, while also creating leaders across communities through sport.



WHAT NOT TO DO WHEN HELPING ATHLETES **DEVELOP POSITIVE BODY IMAGE**

BY TRUESPORT

It can be difficult to know what to do — and what not to do — to best help athletes with issues around body image. This is especially true when even seemingly innocuous comments can lead to issues with negative body image.

TrueSport experts share what you shouldn't do when communicating with athletes about body image.

DON'T REFER TO SIZE/WEIGHT AS **PERFORMANCE INDICATORS**

Saying someone "looks like" a certain type of athlete or praising someone for their recent weight loss may seem harmless, or even seem positive. But remarking on an athlete's body in terms of shape or weight is never appropriate for a coach. First and foremost, not every athlete is comfortable having their body assessed in general, so mentioning a weight change may feel like harassment for some. Second, though you may not realize it, you could be encouraging dangerous behaviors like discordered eating when you praise someone's weight loss, Dr. Melissa Streno, a licensed clinical psychologist, says.

And lastly, even if the athlete in question isn't affected by your comment, another athlete who overheard it may end up in a negative thought spiral or develop disordered behaviors in an attempt to match their teammate's progress. "Instead, let athletes know that strong, resilient bodies come in all shapes and sizes," Streno says. "Be aware that certain body ideals have been around for a long time but aren't always accurate. For instance, the stereotypical best cross-country runner is tall and lean, but we have data to disprove that."

DON'T USE TRIGGERING TERMS

Calling one runner "tiny" or "skinny" may not seem like a big deal, but words have a lot of power, Streno says. You may not be aware of how often you're using terms like that, so pay close attention to your language for a few practices. "I try to use terms like under- or over-fueled rather than under- or overweight," Streno says. Even positive terms like healthy or strong can be triggering when used to describe how someone looks, especially if that person is already struggling with body image or disordered eating.

Even in sports that have weight classes, relabeling those classes might be a good step to take, especially if you notice that your team does tend to have issues with trying to make it into certain classes. "Terms like heavyweight or ultra heavyweight can be triggering, even if that's simply what the weight



class is called," Streno says. "Ideally, the sport's governing bodies would create more natural terms for the classes, but you can do so within your team." Think about using A, B, C and D rather than feather, light, heavy, and ultra heavyweight.

DON'T LABEL FOODS AS GOOD OR BAD

"First and foremost, it's always a good idea to encourage athletes to work with a registered dietitian, or have one come in to speak to the team about fueling habits," Streno says. "But in general, when it comes to food, avoid attaching good or bad labels to any one food. All food is good in moderation and in context. Encourage athletes to eat a variety of food." Move away from labeling any food as being clean, healthy, or unhealthy. Young athletes don't understand the context or nuance around nutrition (nor do many adults). A bowl of white pasta may not seem like a "healthy" or "good" choice, but eaten the night before a competition, it's more beneficial than a bowl of steamed broccoli! Putting food into positive/negative categories can encourage orthorexic behavior, which is when an athlete becomes obsessive and restrictive about only eating "healthy" foods. "Encourage athletes to choose food that tastes good, provides satisfaction, and makes them feel really strong in terms of energy for performance," Streno says. "Highlight the positives in terms of what food is intended to be used for."

DON'T ENCOURAGE ANY TEAM WEIGHT TRACKING OR WEIGH-INS

With the exception of weigh-ins for sports that have weight classes, Streno believes that coaches should not be weighing athletes under any circumstances, and certainly not in public. Team weigh-ins have thankfully become less common over the years, but some coaches persist in the prac-

tice, which can lead to unhealthy, dangerous behaviors for young athletes. If you do need to weigh an athlete, Streno suggests doing so in private, and without the athlete seeing the weight on the scale. The goal is to move away from weight being tied to any performance indicators or metrics, and for many young athletes, that means the less often they see the number on the scale, the better.

DON'T USE WEIGHT AS A MEASURE OF HEALTH, FITNESS, OR SUCCESS

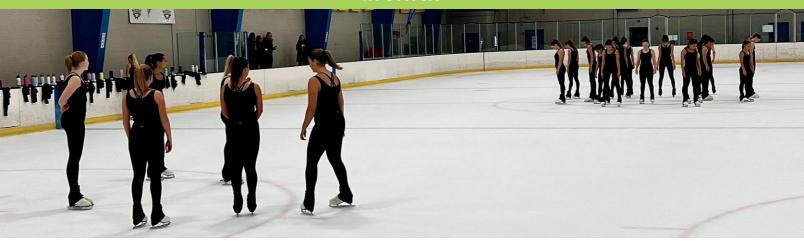
Often coaches mistakenly substitute weight/leanness as a metric for health, fitness, or potential in sport. But weight is a poor indicator of all those things, Streno says. "Instead, your athletes should be reporting on how they feel," she says. "Do they feel strong? Do they feel like they have good energy? Do they feel like they're able to make it through a training session and not have hunger cues? Are they sleeping?" Skip the scale and look at other measurable objective and subjective variables. Unless you're a medical professional, you're not equipped to give advice on whether an athlete should gain or lose weight. If you're concerned about an athlete's health for any reason, consult a professional.

DON'T MAKE ATHLETES FEEL BAD ABOUT HAVING A NEGATIVE BODY **IMAGE**

It might come as a surprise, but often, coaches accidentally push athletes further into a negative spiral and encourage secretive behavior by "banning" a negative body image. You might think you're doing athletes a service by telling them to only focus on the positive, but it's unrealistic to expect athletes to always maintain a positive body image. Making athletes feel ashamed for their negative thoughts only makes matters worse, Streno says. Instead, be understanding and empathetic, and help push athletes toward body positivity or neutrality—but don't enforce an environment of toxic positivity.

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The Lexettes prepare to showcase their programs.

'FEELING MORE PREPARED'

Monitoring Experience gives teams jump-start to season

BY KYLEIGH GAFF

Taking a page from U.S. Figure Skating's annual Champs Camp, 11 synchronized skating teams participated in the inaugural International Selection Pool Synchronized Monitoring Experience at the Detroit Skating Club in Bloomfield Hills, Michigan, Sept. 23-24.

Teams were selected by the Synchronized International Subcommittee based on their performances from last season.

At the Monitoring Experience, each team performed its short program and free skate, then had a 30-minute feedback session for each program, conducted with officials. A 12-minute competition simulation by each team followed the feedback sessions. Between feedback sessions and competition simulations, athletes could review video with their

Miami University, which won the U.S. silver medal in 2022, was one of the 11 teams taking part in the inaugural International Selection Pool Synchronized Monitoring Experience.



The Starlights, from Buffalo Grove, Illinois, hope to continue their success in the junior ranks.



coaches and fuel their bodies before getting back on the ice.

A total of 14 ISU, international and national technical officials and judges were on hand to meet with the teams and learn about the new program requirements and revised component structure. ISU representative Troy Goldstein and dance choreographer Randi Strong joined them.

"This is the first year we are holding this event, and the hope is to make the qualifying season for international competitions more transparent and more fair," said Colette

Nygren, Synchronized International Subcommittee chair and ISU synchronized skating judge.

"Through this, the officials and coaches can work as one to help all the teams reach their potential. Previously the monitoring sessions were too late to make changes. [As officials] we get an appreciation for the process that goes into a team producing their program and the progress it makes throughout the season."

This is the first time that teams were pushed to be prepared in September; monitoring used to take place in October and didn't bring all of the teams together.

"Because of this we worked harder and were more demanding of ourselves during the summer," Katarina Koehler, a third-year skater with the Skyliners senior team, said. "We are feeling more prepared now headed into competition season."

Also a third-year skater with the Skyliners, Hailey Molin agreed.

"It is better to get our feet wet earlier rather than later," Molin said. "It took a lot of self-reflection and correction individually to be prepared on time. We want to soak this all in because there is so much we can improve on."

With the earlier monitoring, teams had

to focus a little differently on the elements and packaging of their programs. During the feedback sessions, Strong suggested ways to deal with the pressures of competition, as well as how to turn a program into a performance with a simple tweak to some of the movements in an element.

"We ramped up our focus because it is always a tighter turnaround from creation to showing [for us]," Miami University coach Carla DeGirolamo said. "We focused on elements and are planning to layer after we

get through to the competition season."

Goldstein, who has been to many Champs Camps, noted that this collaboration of coaches and officials will impact the discipline in a positive way.

"Champs Camp truly kicks off our season for singles, pairs and ice dance and is a fantastic experience that brings together top officials, coaches and athletes," Goldstein said. "We hope that this [Monitoring Experience] becomes something that everyone looks forward to each season."

Coaches and officials enjoy dinner together after a long day of team evaluations.



Dallas Figure Skating Club member Corin Karman displays her love of skating with a custom-decorated parking spot at Melissa High School. Seniors at the school receive a designated parking spot at the first of the year, which they can decorate any way they choose. Along with attending public school and training, Karman has also begun trial judging.





Some of the male competitors at Skate San Francisco participated in a bowling outing presented as part of U.S. Figure Skating's Icemen program. Skaters and their parents were invited to the festivities in late August. Attendees were treated to pizza and bowling. The athletes were given black baseball caps with the Icemen logo. Created in 2012, the Icemen program is focused on unifying the male members of U.S. Figure Skating. The program creates lasting friendships and camaraderie by providing opportunities throughout the year to connect with peers and role models, including Icemen events during competitions and camps.



FOOD FOR THOUGHT

Two professionals debunk nutrition myths and provide useful, healthy tips

BY AVIVA M. CANTOR

While many adult skaters aim to eat healthily, it's easy to succumb to poor habits. Careers and other life obligations can sometimes interfere with planning out balanced meals. Additionally, while many of us want to be properly fueled, we're surrounded by misleading myths.

That's where the experts come in. Two Tampa Bay Skating Club members, Joy Dubost (masters intermediate-novice) and Carolyn Ibrahim (adult gold) sat down to share their expert advice.

SKATING: Tell me about your career in nutrition.

DUBOST: I have a Ph.D. in food science and nutrition and I'm a registered dietitian. I work for a global beverage and supplement company where I'm head of scientific affairs. I've worked primarily in the food industry in various roles for nearly 20 years. I previously served as a national media spokesperson for the Academy of Nutrition and Dietetics, the largest professional association for registered dietitians and technicians.

IBRAHIM: I have a master's in science focused

in nutrition, I'm a registered dietitian nutritionist, and I'm a board-certified nutrition support clinician. I work as a pediatric intensive care dietitian. I'm a nutrition support specialist for tube feedings, IV nutrition and nutrition during critical illness.

SKATING: What are your nutrition recommendations for adult skaters?

DUBOST: Whether you're a skater or moderately active adult, the foundation of a healthy diet should contain a variety of whole grains, fruits, vegetables, low-fat dairy, protein-rich foods and unsaturated or "healthy" fats.

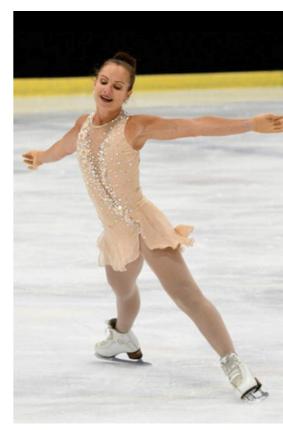
Most Americans fall short of consuming the recommended five to nine servings of fruits and vegetables each day, but if you incorporate them into meals, it is not that hard. Add sautéed vegetables to your morning eggs; add fruit to oatmeal, yogurt and smoothies; top toast with a banana; and/or eat a small side salad with dinners.

IBRAHIM: For a more intense workout longer than 30 minutes, or for a lower intensity workout longer than 60 minutes, you want to fuel up beforehand. Try a small amount of quick-burning carbohydrate. If it's a low-intensity or shorter workout, you don't usually need to fuel up. After exercise and skating, it's best to refuel. Try 8 ounces of chocolate milk, a slice of whole-grain toast with peanut butter or a hard-boiled egg with some whole-grain crackers. Usually, these items can be packed ahead of time.

SKATING: What are some common misconceptions about nutrition, diet and exercise? **DUBOST:** Unfortunately, we are bombarded with inaccurate information. There are many misconceptions that lack science-based evidence to support their messages. First, the belief that protein is more important for athletes than carbohydrates. You need the right balance. The amount consumed can depend on your caloric needs and activity level. However, you should not eliminate or overconsume either one. Both are needed at the correct ratio to ensure proper physiological function and to support body composition and physical activity.

Also, the pressure to be lean. This can be so immense that skaters fail to fuel their bodies properly at the expense of maintaining what they perceive as an ideal level of leanness. What is important to remember is that a well-balanced diet at the appropriate caloric level can enhance performance and help support a strong skeletal and muscular system, which can help prevent injuries. With proper nutrition education you can learn how to manage your weight without depriving yourself or using harmful dieting practices.

IBRAHIM: The biggest misconception is that there is one type of diet or eating pattern that is good for everyone. Every body is different. I think getting to know your body and paying attention to how it feels after you eat different types of foods will help you determine the best nutrition.



Joy Dubost

SKATING: What would you say to adult skaters who want to improve their eating habits but don't know how or where to start?

DUBOST: I recommend meeting with a registered dietitian to get personalized help with a nutrition plan. The best method is to truly assess and develop an approach catered to your personal needs. Make sure the recommendations and guidance you're receiving are from a registered dietitian to ensure that the information is based on the latest science and not the latest fads or trends.

IBRAHIM: It's ideal to make sure you have adequate vitamin D levels (this can be achieved with a simple blood test). Adequate vitamin D levels help prevent many chronic diseases and assist with bone health. Additionally, make sure you are consuming enough calcium (ideally from foods) to help prevent bone loss that naturally happens as adults age.

SKATING: Do you have any helpful book or website recommendations?

DUBOST:

Fuel Your Body: How to Cook and Eat for Peak Performance by Angie Asche

eatright.org myplate.gov

IBRAHIM:

The Genomic Kitchen by Amanda Archibald 100 Days of Real Food by Lisa Leake





Go for highly reviewed.
Go for totally undiscovered.

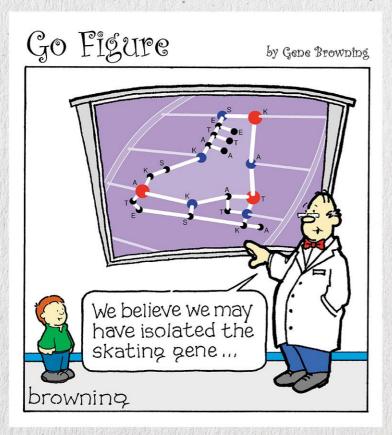






PUZZLES BY TAYLOR DEAN

Answers on page 48



HGAMTUN ERDRELEXA UREMH WPBYE SHUA D C OZERDILTU Y P I YESISXROFRLOTJ

WORD SEARCH

Hi skaters! Try to find and circle the listed words hidden in the box of letters. The words will appear in a straight line in any direction (up, down, forward, backward or diagonally), and some words may overlap and share letters. Find them all and you'll be on top of the medal podium!

AXEL **HERITAGE** JUNIOR **MEDALS PATTERNS PODIUM** SPIN SPIRAL **SYNCHRO** TURKEY



KIDS SPOTLIGHT

CHARLOTTE BENTLEY

Hometown: Cohoes, New York

Club: Uncle Sam Figure Skating Club

Level: Beginner

Coach: Glenn Ziehnert

How I got started: My papa took me skating for the first time when I was 5.

and I've loved it ever since.

Favorite moves: Sit spin, scratch spin,

loop jump, spirals

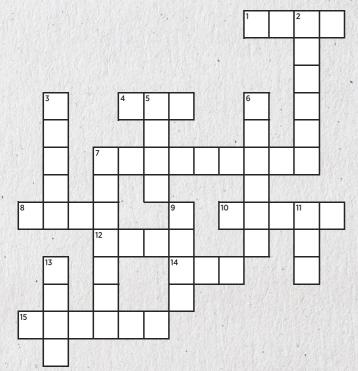
Favorite skaters: My coach and

his students

Goal: To keep advancing and improving

my level of performance

Hobbies: Gymnastics, art, swimming



ACROSS

- 1 The pairs team of Scott Wendland and Jenni qualified for the 1992 Olympic Winter Games in Albertville, France.
- Nearly 1,500 skaters/ teams competed in one or more of the 24 events that comprised the _ (abbreviation, 3 words) this season.
- 7 Dozens of the country's

- top novice and junior skaters enjoyed a unique competitive experience at the Skate in September.
- World Junior champion Malinin landed the first-ever quad Axel in competition in September.
- 10 Anna defended her international pattern dance title in Santa Clarita, California.
- 12 Ice dancers at all levels competed in the Dance Series.
- 14 Veterans ____ is a national holiday observed on Nov. 11.
- 15 The "Miracle on Ice" took place at the 1980 Olympic Winter Games in Lake

DOWN

2 Juvenile-, intermediate- and -level athletes will attempt to qualify this month to be part of the National High

- Performance Development Team.
- Florida's Lucas secured the senior combined title at the National Solo Dance Final.
- **5** A new Olympic (think jump) begins this season and ends at the 2026 Games in Italy.
- officially starts on Dec. 21 and runs through March 20.
- 7 History was made at the U.S. International in Lake Placid. New York.
- Fostering a healthy image is the subject of the SkateSafe articles in this issue.
- 11 Skating on outdoor is a favorite holiday pastime.
- 13 Nathan Chen won the medal at the 2022 Olympic Winter Games.

If you would like to be featured in the KIDS Spotlight, email your information to tschwindt@usfigureskating.org and include action and nonaction skating photographs of yourself. Include in your submission your name, address, home phone number (not for publication) and U.S. Figure Skating member number. Complete as many of the categories that you see printed in the KIDS Spotlight as you want, and we might feature you.

KIDS SPOTLIGHT

LYDIA CELONA

Age: 11

Hometown: Springfield, Pennsylvania

Club: IceWorks Skating Club

Level: Pre-preliminary

Coaches: Leif Gislason, Kim Catron

How I got started: I started Learn to Skate at age 9 at Springfield Ice Rink. When it closed for the summer, I started at IceWorks and joined the junior competitive program.

Favorite moves: Axel, double toe loop, flip, camel spin, camel catch-foot

Favorite skaters: Nathan Chen, Jason Brown, Alysa Liu, Isabeau Levito, Gracie Gold



In this installment of Athlete Corner, former Team USA athletes share their favorite element during their careers and their most significant achievement that didn't include a title or a medal.

ALEXANDRA ALDRIDGE (ICE DANCE)

Skating club/current location:Detroit Skating Club/Bloomfield
Hills, Michigan

What is your favorite element? Twizzles because of the attention to detail it takes to achieve the element. It is the most rewarding thing.

What was your most significant achievement in skating that wasn't a title or medal and why? The honor of being part of "An Evening with Champions." It is a charity skating show at Harvard University that gives to the Jimmy Fund of the Dana-Farber Cancer Institute. I loved having the opportunity to support such an amazing cause.

SIMON SHNAPIR (PAIRS)

Skating club/current location: Skating Club of Boston/Norwood, Massachusetts

What is your favorite element? Any kind of overhead lift. I've always loved the feeling of flying down the ice, partner overhead, corner to corner.

What was your most significant achievement in skating that wasn't a title or medal and why? Making the Olympic Team. On top of the obvious work that goes into the preparation, planning and execution of a season leading up to the Games, that year's U.S. Championships was in our hometown of Boston. That made the moment extra special as everything came together in the right place at the right time. I still have the text saved on my phone with the Olympic Team nomination.

Marissa Castelli and Simon Shnapir

ALEXANDER JOHNSON (MEN)

Skating club/current location: Braemar City of Lakes FSC (Edina, Minn.)/New York City

What is your favorite element? Forward outside camel. Apart from the dizziness it induces when you don't do it for a while, it's such a simple and elegant move.

What was your most significant achievement in skating that wasn't a title or medal and why? Skating a clean short program at the 2017 Nebelhorn Trophy. I was never known to be a strong short program skater and it felt good to finally deliver the skating that I knew I was capable of. I was also in my final year of undergraduate studies, recruiting for investment banking internships and teaching skating part time. Despite the obstacles I faced, I was able to achieve something that had started to seem unattainable.









TE LEARN TO SKATE USA 2021-22 MEMBERSHIP AWARD RECIPIENTS



Congratulations to the following skating programs and their directors for registering 300 or more members, contributing to another great skating season for Learn to Skate USA in 2021-22.

4,000 OR MORE MEMBERS

 ${\it Suburban Skating School-Daniel Palmeri}$

Ice Den Scottsdale/Ice Den Chandler -

3,000 OR MORE

MedStar Capitals Iceplex/Ashburn Ice House — Lori Cervinka

2,000 OR MORE

Dawn Piepenbrink-McCosh, Tara Patterson The Skating Academy — Theresa DeGiacomo Kraken Skating Academy - Chad Goodwin The Rinx Total Skating Program -Yesenia Naranjo-Gilroy Great Park Ice — Michelle Lauerman Children's Health StarCenters - Allison Carlson, Whitney Skierski, Cheryl Pascarelli, Madeleine Newby-Es-

trella, Lisa Cushley, Michael Leeke, Jennifer Cagle 1,000 OR MORE

Polar Ice Skate School — Kristen Hemstreet Chaparral Ice Learn to Skate - Kathy Goeke World Ice Arena Learn to Skate - Mikel Garcia Vegas Golden Knights SA — Carolyn Mortenson Mennen Learn To Skate - Lisa Blue Ice House Skating School — Christine Rutherford Scott Hamilton Skating Academy — Paula Kaye Trujillo Apex Parks and Recreation — Kaitlyn Hamlin Panthers Skating Academy — Martin Forrest Snoqualmie Skating Academy - Ashley Wyatt Palm Beach Skate Zone — Audra Leech Learn to Skate Reno Ice — Joanie Malarchuk Peaks Ice Arena - Stephanie Siswick Essex County South Mountain Arena — Anna Serpa Atlanta Center Ice Skating Academy — Kelly Belin

900 OR MORE

Westchester Skating Academy - Michael Felton The Skating School At Hatfield Ice — Megan Otto Robert Crown Skating School — Vicki Revere

800 OR MORE

Maple Grove Skating School — Mandy Pirich Long Island Skating Academy — Brittany Livingston Lakeside Brooklyn Skate School with Gregory & Petukhov — Denis Petukhov Kansas City Ice Center Skate School - Kay Olive Gardens Sports Academy — Gregory Maddalone Great Neck Park District Skate School — Joelle Forte Edge Skating Academy — Kimberly Hines Pickwick Ice Academy — Ben Blandford Sky Rink Skating School — Stephanie Hernandez Chesapeake SS @ Columbia Ice Rink — Denise Cahill Extreme Ice Center Skating School — Jennifer Gwyn

700 OR MORE AZ Ice Gilbert — Holly Harrington North Shore SC — Suzi Sweezey Vegas Golden Knights SA-Henderson -Anna Madorsky All Seasons Skate School - Vearle Klinger Newbridge Arena - Susan Orth City Ice Pavilion — Sarah France Union Sports Arena Learn To Skate — Martin Anderson Florida Everblades FSC-Basic Skills — Kandis Hawkins Ann Arbor FSC — Mary Johanson Ice Land Skating Center Learn-to-Skate — Jennifer Schaffener Highland Skating School — Terry Green **600 OR MORE MEMBERS** Rochester FSC - Kari Sackett

The Skating School at Wollman Rink, NYC -Elise Preston AZ Ice Peoria — Bridget Kaus Greater Kalamazoo Skating Association — Amy Wood Braemar Skate School — Kathleen Gazich Twin Rinks Skating School - Robert Rode

Ann Arbor Parks and Recreation — Dawn Kulp Ice Centre At The Promenade — Robyn Sudkamp SkateNation Plus Skating Stars - Lea Rizer Utah Olympic Oval — Cassie Gutierrez Hayden Recreation Centre FSC — Susan LaLone Gate City Learn To Skate — Lisa Langley Salt Lake County-SLCSC — Katherine Nicoll Ice Factory of Central Florida -Paula Wagener Blonder Ice at the Galleria Skating School — Rebecca Dever

Snoopy's Skating School - Kim Navarro **500 OR MORE**

Ice Forum Skating Academy — Zynthia Jastremski Lakeville Learn To Skate — Tonyea Patterson Idaho Ice World Skating School — Kelley Canning Staten Island Skating Pavilion — Sarah Tirro Learn To Skate at Nashoba Valley Olympia — Barbara Allinson

IceWorks SC - Lisa Shaw

Crystal Ice House — Kimberly Reehoff-Johnson Detroit Skating Club — Michelle Rosinski-Meyer Eagan Skate School — Katt Parsons Seattle SC — Carrie Hamilton Engbert Mt Lebanon Ice Center Learn to Skate — Keri Holton North Olmsted Parks and Recreation -Elizabeth Drenski

Bremerton Ice Center Skating School — Brenda Peterson

The Bog Skating School — Melinda Sweezey Carolina Ice Palace Skating Academy — Stacey Mons Salt Lake County-CIC — Raegan Scharman Mountain View Skating Academy — Shannon Damiano Arctic Edge-Canton — Jennifer Goen

400 OR MORE

Ice World Learn to Skate - Jodie Kristy Louisville Skating Academy (LTS) - Mary Vaughn PSCHS Skating School — Regina Barr Richmond Skating Stars — Gabrielle Corcoran The Skate School at Fox Valley Ice Arena Rockne Brubaker

Jersey Shore Ice Skating Academy — Lynne Leger RMU Island Sports Center Skating Academy -Elizabeth Sutton

Chiller Skating School — Denise Hughes Center Ice of Oaks FSC — Karyn Canning Fuel Tank at Fishers Skating School -Barbara Laughner

Woodbridge Community Center — Alison Gibardi Amherst SC — Patricia Tigue

Revolution Ice Gardens — Alexandra Pannepacker Bloomington Ice Garden Skate School -Rene Gelecinskyj

Saint Paul FSC — Benjamin Miller Reisman Harmony House Skating School-Brighton —

University of Denver — Bernadette Tynan Lake City Figure Skating — Maureen Brooks-Herr Skate Frederick Skating Academy - Kelly Orndorff THE RINKS Skating Academy - Jody Melotto Madhatters Skating Academy — Ale Schaich Phillips Academy SS — Andrea Mohns-Brillaud Rogers Parks and Recreation - Michael Bauer The Cooler — Herbert Franz Wiesinger Tidewater Skating Academy — Jill Stewart ${\sf Patriot\ Ice\ Center-Elizabeth\ Hollett\ Shackett}$ SC of Hingham - Elizabeth Shaughnessy Learn to Skate of Huntsville - Heidi Parker The SC of Wilmington — Dorothy Gualtieri

Air Force Academy Skating School - Pam Nearhoof

300 OR MORE

Pelham Skating School — Susan Gray CMA Skating School — Lyndsay Clarke Sherwood Ice Arena — Kristen Eirvin Lakeland Skating Program — Hollie Campagna Nytex Sports Center — Morgan Bell Skatium-Crossroads FSC Learn to Skate USA Program - Kristin Caparra CSWA Ice Hall — Roberta Browning Friends of Fort Dupont Ice Arena — Mary Khandaker Prince William Ice Stars — Marina Khaltourina

Kendall Ice Arena - Kent Johnson Greater Green Bay FSC — Sarah Schoen Shores School Of Skating — Caitlyn Churchill ${\it Alaska\ Assoc\ of\ Figure\ Skaters-Chrystal\ Hamel}$ Binghamton FSC - Elaine Livingston OBM Arena Skating Academy — Debi Stahlberg AdventHealth Center Ice — Jenna Dispenza

Pavilion Skate School - Bobby Brandt Skate Great - Jessica Clark

Bowling Green State Univ. Arena Program — Laura Fischer

Flyers Training Center Learn to Skate — Pam Dreyer

University of Notre Dame Skating Academy -Molly Mahoney Howell Skating Academy — Adriana Ryan

ISCC Learn To Skate — Juliette Ziellinski Sertich Ice Center — Pamela Ingrassia Figure Skating School of Skokie — Christine Hathaway Bismarck FSC — Emily Zahn

Mid-South Ice House Learn to Skate -Amber Campbell

USA Hockey Arena Learn to Skate -Hannah McGowan

Lilac City FSC Learn to Skate — Susannah Hall The Garden Skating Academy — Anthony Glowacki Blue Hens Basic Skating — Isabella Cannuscio Center Ice Arena Learn to Skate Program -Hilary Kwan

Keene Ice Learn to Skate - Beth Jasinski Spirit Ice Arena Learn to Skate — Kimberly Williams Centene Community Ice Center — David Rapp Everett FSC — Sue Dwyer

Minnehaha Skating School — Samantha Rodriguez Empower Hockey — Kristine Johnson Bolton Learn To Skate — Anita Carrano Milford Ice Skating School — Rachel Ricca Learn to Skate Duluth — Alyssa Reder-Judnick Mentor Ice Arena Learn to Skate — Colleen Thomas

Printscape Arena at Southpoint — Kathryn Cooper The Rink on the Beach - Jennifer Brown

Pilgrim Skating Club Learn to Skate -Allison Hatch-Higgins

Playland Ice Learn to Skate — Haley Ruotolo Westport Parks & Rec - Cyndi Palaia Hershey FSC - Donna Fair

Everett Community Ice Rink Basic Skills — Kim Ryan Lewis

Twin Ponds Arena — Benjamin Cohen Arctic Edge Skating School — Jackie Brenner The RRRink Learn To Skate — Ellen Eggleston Central Iowa FSC Learn To Skate — Burton Powley Flynn Rink Learn To Skate USA — Jacqueline Vona Baierl Ice Complex Learn to Skate -

Heather Beringer-Linton

 ${\it Nashville Skating Academy-Sherry Tull}$ Greensboro Ice House — Nicole Gaboury

2022 NATIONAL SOLO DANCE FINAL SEPT. 7-10, SANTA CLARITA, CALIFORNIA

Officials: Carol Wooley, Richard Kern, Anthony Bardin, Kim Buchanan, Eric Hampton, David Hold, Robert Horen, Terri Levine, Mary Anne McGivern, Ron Pfenning, Rochelle Revor, Michael Ricigliano, William Tran, Hazel Wecal, Linda Leaver, Laura Murphy, Paul Bellantuono, Stephanie Jenkins, Livvy Shilling, Andreys Sitiks, Sche-

Senior combined

hwrezade, William Rowe Pl., Name, Club, TS, RD, FD

- 1. Lucas Appel, Florida Everblades FSC, 197.21, 1, 1
- 2. Brooke Tufts, North Jersey FSC, 184.05, 2, 2
- 3. Anna Lewis, Washington FSC, 168.76, 3, 4
- 4. Hannah Kim, Glacier Falls FSC, 165.51, 9, 3
- 5. Sophie Lewis, Washington FSC, 161.61, 4, 5
- 6. Kiana Pan, Northern Ice SC, 158.63, 7, 6
- 7. Abby Mumby, Greater Kalamazoo SA, 155.54, 5, 7
- 8. Elizabeth Lee, Broadmoor SC, 152.32, 8, 8 9. Marius Driscoll, Pavilion SC of Cleveland Hts., 152.10, 6, 10
- 10. Shin Lei Case, Dallas FSC, 150.47, 10, 9
- 11. Charlotte Manfield, Univ. of Delaware FSC, 142.71, 11, 11
- 12. Hannah Wang, Kent Valley FSC, 141.48, 12, 12
- 13. Jessica Sassano, Winterhurst FSC, 134.60, 13, 13
- 14. Grace Boezinger, FSC of Park City, 124.46, 14, 14
- 15. Brenna Greco, Coyotes SC of Arizona, 122.24, 15, 15
- 16. Maria Gonzalez, Desert Ice SC of Arizona, 119.87, 16, 16 17. Sakshi Wagh, Coyotes SC of Arizona, 113.52, 17, 17

Junior combined

Pl., Name, Club, TS, RD, FD

- 1. Amal Israilova, Panthers FSC, 166.22, 1, 1
- 2. Miya Zamcho, Washington FSC, 144.25, 3, 2
- 3. Nicole Kirsanov, Univ. of Delaware FSC, 143.14, 2, 3
- 4. Anugraha Pillai, Kent Valley FSC, 130.05, 4, 8
- 5. Charlese Malaret, Utah FSC, 128.95, 4, 8
- 6. Emma Ambler, Dallas FSC, 128.89, 5, 6 7. Abby Mirsky, Broadmoor SC, 128.64, 6, 7
- 8. Mina Esfandiari, Washington FSC, 126.07, 7, 9
- 9. Ayne Park, Dallas FSC, 122.77, 14, 5
- 10. Amanda Piel, Greater Kalamazoo SA, 121.86, 10, 11
- 11. Kristina Elias, Greater Kalamazoo SA, 119.55, 8, 12
- 12. Chloe Taurel, FSC of Park City, 116.86, 12, 13
- 13. Laura Drake, Columbus FSC, 115.02, 17, 10
- 14. Hadley Miles, FSC of Park City, 114.28, 11, 16
- 15. Evelyn Zhou, All Year FSC, 113.20, 13, 15
- 16. Abigail Dalsin, Desert Ice SC Of Arizona, 109.84, 15, 14
- 17. Jocelyn Tan, SC of Morris NJ, 105.80, 16, 17

Novice combined

Pl., Name, Club, TS, P1, FD

- 1. Jacquelyn Lee, Washington FSC, 130.35, 3, 1
- 2. Jordan Brenne, Greater Kalamazoo SA, 127.36, 2, 2
- 3. Khloe Felton, Greater Kalamazoo SA, 124.35, 6, 4
- 4. Luly Furukawa, Kent Valley FSC, 122.71, 7, 3 5. Kristina Haviland, North Jersey FSC, 121.68, 4, 5
- 6. Natalie Brenne, Greater Kalamazoo Skating SA, 118.78, 5, 6
- 7. Sloan Markin, Greater Kalamazoo SA, 118.34, 1, 10
- 8. Kate Mullen, All Year FSC, 115.03, 9, 7
- 9. Jessica Wang, Kent Valley FSC, 114.21, 8, 9
- 10. Amanda Urban, Washington FSC, 114.10, 10, 8
- 11. Gloria Wang, North Jersey FSC, 108.34, 12, 12
- 12. Olivia Makled, Dearborn FSC, 106.31, 13, 11
- 13. Cathleen Xi, Knickerbocker FSC, 102.44, 14, 13
- 14. Taapti Rana, SC of Morris NJ, 98.41, 11, 17
- 15. Samhita Jonnalagadda, All Year FSC, 95.91, 15, 14
- 16. Nathalia Ortiz, Kent Valley FSC, 92.49, 17, 15
- 17. Ayah Bouanani, Desert Ice SC of Arizona, 90.93, 16, 16

Intermediate combined

Pl., Name, Club, TS, P1, FD

- 1. Violet Yan, Washington FSC, 112.34, 2, 1
- 2. Lianne Fan, Ann Arbor FSC, 106.56, 5, 2
- 3. Haruno Furukawa, Kent Valley FSC, 105.87, 1, 8
- 4. Cyrianne McReynolds, Washington FSC, 102.31, 3, 7
- 5. Dmitrii Jones, Peaks FSC, 101.85, 4, 5
- Zofia Kong, Washington FSC, 101.44, 7, 4 7. Wolfe Jin, Washington FSC, 98.10, 6, 14
- 8. Caitlin Kim, Washington FSC, 97.80, 9, 11
- 9. Sophia Gloskowski, Coyotes SC of Arizona, 97.76, 10, 9
- 10. Jessica Burns, Ann Arbor FSC, 97.76, 8, 12
- 11. Evelynn Jones, Peaks FSC, 95.63, 11, 10
- 12. Bayley Bartman, All Year FSC, 94.40, 14, 3 13. Miwa Davis, Columbus FSC, 93.04, 12, 13
- 14. Jordyn McNeill, Coyotes SC of Arizona, 90.88, 17, 6

- 15. Diana Muzyk, Ann Arbor FSC, 86.51, 13, 17
- 16. Margaret Letcher, Greater Kalamazoo SA, 84.52, 16, 16
- 17. Delaney Darnes, Washington FSC, 83.94, 18, 15 18. Marilynn McCoy-Sprung, Wisconsin FSC, 83.78, 15, 18

Juvenile combined

Pl., Name, Club, TS, P1, FD

- 1. Isabella Collichio, SC of New York, 102.06, 5, 1
- 2. Evelyn Zheng, Washington FSC, 100.06, 2, 2
- 3. Felicia Lin, Ann Arbor FSC, 99.51, 1, 3
- 4. Charlie Toy, Greater Kalamazoo SA, 96,55, 3, 6
- 5. Henry Malaret, Utah FSC, 92.15, 4, 9
- 6. Emily Zhou, University of Delaware FSC, 89.94, 8, 5 7. Tommy Liu, Seattle SC, 89.05, 11, 4
- 8. Christina Amat. Greater Kalamazoo SA, 87,45, 7, 10 9. Aaron Kulvatunyou, Washington FSC, 84.62, 14, 7
- 10. Kayla Budiwarman, Greater Kalamazoo SA, 83.47, 9, 12
- 11. Abigail Yin, SC of Novi, 81.35, 10, 13
- 12. Nicole Palmar, Panthers FSC, 80.68, 16, 8
- 13. Lola Brott, Greater Kalamazoo SA, 79.98, 6, 16
- 14. Anna Xu, University of Delaware FSC, 79.69, 15, 11
- 15. Vitalia Sun, Kent Valley FSC, 79.23, 12, 14
- 16. Mira Bair, Individual Member, 76.19, 13, 15
- 17. Azeneth Cruz, Glacier Falls FSC, 69.07, 17, 17
- 18. Eliana Karlin, Desert Ice SC of Arizona, 66.31, 18, 18

International Pattern Dance

Pl., Name, Club, TS, P1, P2

- 1. Anna Lewis, Washington FSC, 91.35, 1, 1
- 2. Drake Tong, Hickory Hill FSC, 81.52, 3, 2
- 3. Shin Lei Case, Dallas FSC, 79.52, 5, 3 4. Sophie Lewis, Washington FSC, 77.44, 4, 4
- 5. Elizabeth Lee, Broadmoor SC, 76.48, 2, 5
- 6. Charlotte Manfield, Univ. of Delaware FSC, 70.36, 6, 7
- 7. Ashley Bain, Freedom FSC, 68.06, 7, 6 8. Audrey-Kate Johnson, Atlanta FSC, 61.93, 11, 8
- 9. Hannah Wang, Kent Valley FSC, 61.85, 9, 10
- 10. Kelly Arnett, Broadmoor SC, 61.29, 10, 11 11. Caroline Mura, Pittsburgh FSC, 61.19, 12, 9
- 12. Alyssa Stump, Desert Ice SC of Arizona, 60.19
- 13. Faith Mlachak, Pavilion SC of Cleveland Hts., 53.79, 13, 14
- 14. Quincy Halliwell, Winterhurst FSC, 52.00, 14, 13
- 15. Connie Achtenberg, SC of Phoenix, 49.29, 15, 15
- 16. Ekaterina Lancaster, SC of San Francisco, 35.69, 16, 16

Gold Pattern Dance

- Pl., Name, Club, TS, P1, P2
- 1. Amal Israilova, Panthers FSC, 95.08, 1, 1 2. Abby Mumby, Greater Kalamazoo SA, 83.70, 2, 2
- 3. Karin Kaneda, Washington FSC, 77.20, 4, 4
- 4. Mina Esfandiari, Washington FSC, 75.72, 5, 3
- 5. Rebecca Hong, Washington FSC, 75.13, 3, 5
- 6. Jocelyn Tan, SC of Morris NJ, 70.54, 7, 7
- 7. Sakshi Wagh, Coyotes SC of Arizona, 68.78, 8, 8
- 8. Samantha Green, Washington FSC, 67.27, 9, 6 9. Sara Tennyson, Freedom FSC, 66.25, 6, 10
- 10. Juliette Schad, Philadelphia SC & HS, 64.35, 10, 9
- 11. Eli Sparrow, Philadelphia SC & HS, 59.78, 13, 11
- 12. Ayne Park, Dallas FSC, 59.76, 11, 12
- 13. Evelyn Zhou, All Year FSC, 59.34, 12, 13
- 14. Liam Tan, SC of New York, 58.38, 14, 15
- 15. Claire Katen, Broadmoor SC, 54.17, 15, 14

Pre-Gold Pattern Dance

- Pl., Name, Club, TS, P1, P2
- 1. Anugraha Pillai, Kent Valley FSC, 84.88, 1, 1
- 2. Sloan Markin, Greater Kalamazoo SA, 80.93, 2, 2
- 3. Miya Zamcho, Washington FSC, 79.02, 3, 4
- 4. Amanda Piel, Greater Kalamazoo SA, 76.28, 4, 5 5. Laura Drake, Columbus FSC, 75.33, 6, 3
- 6. Olivia Makled, Dearborn FSC, 68.86, 10, 6
- 7. Kristina Elias, Greater Kalamazoo SA, 68.53, 5, 12
- 8. Kristina Haviland, North Jersey FSC, 67.86, 12, 7
- 9. Maria Gonzalez, Desert Ice SC of Arizona, 67.73, 7, 9 10. Alena Howson, SC of Morris NJ, 66.23, 13, 8
- 11. Hadley Miles, FSC Of Park City, 66.13, 11, 10
- 12. Shreya Tanna, SC of Morris NJ, 64.43, 9, 13 13. Abigail Dalsin, Desert Ice SC Of Arizona, 64.01, 8, 14
- 14. Isabella Bickenbach, All Year FSC, 61.97, 14, 15
- 15. Christina Zhang, Hickory Hill FSC, 61.00, 16, 11 16. Evan Bertz, University of Delaware FSC, 60.46, 15, 16

17. Alexandra Ptacek, Peninsula SC, 51.58, 17, 17 Silver Pattern Dance

Pl., Name, Club, TS, P1, P2

- 1. Jacquelyn Lee, Washington FSC, 91.67, 1, 3
- 2. Amanda Urban, Washington FSC, 90.29, 5, 1

- 3. Khloe Felton, Greater Kalamazoo SA, 87.98, 4, 2
- 4. Jordan Brenne, Greater Kalamazoo SA, 86.12, 3, 4
- 5. Jessica Burns, Ann Arbor FSC, 85.30, 2, 9
- 6. Luly Furukawa, Kent Valley FSC, 84.23, 6, 6 7. Sophia Gloskowski, Coyotes SC of Arizona, 79.72, 8, 5
- 8. Marilynn McCoy-Sprung, Wisconsin FSC, 78.42, 7, 11
- 9. Taapti Rana, SC of Morris NJ, 77.81, 10, 7
- 10. Bethanie Rooney, Wisconsin FSC, 75.53, 9, 10
- 11. Kate Mullen, All Year FSC, 75.36, 11, 8 12. Ayah Bouanani, Desert Ice SC of Arizona, 71.62, 13, 12
- 13. Ellie Stone, University of Delaware FSC, 70.12, 14, 13 14. Mallory Fogt, Columbus FSC, 66.79, 12, 14
- 15. Cheri Hendrix, Kent Valley FSC, 62.06, 15, 15
- 16. Michelle Chen, Knickerbocker FSC, 55.27, 16, 16

Pre-Silver Pattern Dance

- Pl., Name, Club, TS, P1, P2
- 1. Dmitrii Jones, Peaks FSC, 90.79, 1, 2 2. Haruno Furukawa, Kent Valley FSC, 89.34, 2, 3
- 3. Clara Mori, SC of San Francisco, 83.83, 4, 4
- 4. Caitlin Kim, Washington FSC, 83.07, 11, 1
- 5. Nathan Tan, SC of New York, 81.62, 5, 7
- 6. Zofia Kong, Washington FSC, 80.70, 6, 9 7. Felicia Lin, Ann Arbor FSC, 80.67, 10, 5
- 8. Lianne Fan, Ann Arbor FSC, 80.52, 8, 8
- 9. Miwa Davis, Columbus FSC, 78.59, 9, 10
- 10. Chase Rohner, All Year FSC, 76.33, 7, 12
- 11. Evelynn Jones, Peaks FSC, 73.92, 18, 6
- 12. Lola Brott, Greater Kalamazoo SA, 71.82, 12, 13 13. Margaret Letcher, Greater Kalamazoo SA, 71.71, 13, 11
- 14. Cyrianne McReynolds, Washington FSC, 71.28, 3, 18
- 15. Bayley Bartman, All Year FSC, 66.62, 16, 14
- 16. Lauren Lee, Panthers FSC, 65.42, 14, 15

17. Roxy Ostrov, SC of Florida, 64.10, 17, 16 **Bronze Pattern Dance**

- Pl., Name, Club, TS, P1, P2
- 1. Evelyn Zheng, Washington FSC, 96.34, 1, 2
- 2. Haru Takanashi, Washington FSC, 93.90, 3, 1
- 3. Campbell Urban, Washington FSC, 90.24, 2, 3
- 4. Jenny Lee, Ann Arbor FSC, 84.11, 4, 4
- 5. Charlie Toy, Greater Kalamazoo SA, 82.40, 5, 5 6. Christina Amat, Greater Kalamazoo SA, 76.35, 6, 6
- 7. Vitalia Sun, Kent Valley FSC, 68.01, 7, 10
- 8. Taylor Hay, Greater Kalamazoo SA, 66.34, 9, 8
- 9. Aurora Janevic, Ann Arbor FSC, 65.50, 10, 7 10. Adam Ashcroft, Los Angeles FSC, 63.38, 8, 14
- 11. Joelle Tan, SC of New York, 62.59, 11, 12 12. Megan Ashcroft, Los Angeles FSC, 61.54, 15, 9
- 13. Stephanie Chen, Peninsula SC, 61.12, 12, 13
- 14. Kristen Cawrse, Utah FSC, 61.00, 14, 11

15. Isabelle Zoffuto, Richmond FSC, 51.84, 13, 16 16. Ameya Saund, Peninsula SC, 39.27, 16, 15

- **Pre-Bronze Pattern Dance**
- Pl., Name, Club, TS, P1, P2 1. Tommy Liu, Seattle SC, 104.94, 1, 2
- 2. Henry Malaret, Utah FSC, 102.47, 2, 1
- 3. Ashley Choi, Ann Arbor FSC, 95.75, 4, 5
- 4. Olivia Brooks, Greater Kalamazoo SA, 92.74, 6, 3
- 5. Louise Podkorytova, Univ. of Delaware FSC, 91.33, 7, 4 6. Jackie Liang, Richmond FSC, 91.21, 3, 12
- 7. Mira Bair, Individual Member, 90.63, 5, 7
- 8. Saanvi Shrivastava, Washington FSC, 83.61, 9, 8 9. Caroline Fox, Ann Arbor FSC, 81.11, 15, 6
- 10 Clo Quaranto Individual Member 79 04 10 13
- 11. Leah White, SC Of Southern New Jersey, 78.86, 14, 9
- 12. Nathan Cawrse, Utah FSC, 78.49, 8, 14 13. Shauna Vorhees, Desert Ice SC of Arizona, 77.81, 13, 10
- 14. Lydia Hensley, Greater Kalamazoo SA, 76.04, 16, 11
- 15. Eden Chen, Windy City FSC, 72.76, 11, 15 16. Julia Gibson, City of Palms FSC, 68.64, 12, 16

17. Emma Gross, Creve Coeur FSC, 64.67, 17, 17 **Preliminary Pattern Dance**

- Pl., Name, Club, TS, P1, P2 1. Sophia Zhou, University of Delaware FSC, 87.21, 1, 1
- 2. Claira Hsue, Seattle SC, 81.92, 2, 3
- 3. Falynn Devlin, Washington FSC, 80.54, 3, 2 4. Claire Yuan, Greater Kalamazoo SA, 77.19, 4, 5
- 5. Zarrah Cange, Washington FSC, 74.41, 6, 4 6. Amber Chen, Desert Ice SC of Arizona, 70.79, 5, 9
- 7. Piper Carrothers, SC of Novi, 68.71, 9, 6 8. Angela Yang, ION FSC, 67.59, 7, 10
- 9. Anshika Yadlapati, Georgia FSC, 66.96, 8, 8 10. Navya Bobba, Greater Kalamazoo SA, 63.76, 13, 7

RESULTS

- 11. Neela Parthasarathy, Greater Kalamazoo SA, 58.88, 12, 11
- 12. Avalon Puma, Vaca Valley FSC, 57.62, 11, 12
- 13. Julia Wensley, St. Louis SC, 56.61, 10, 13
- 14. Kendra Pojar, Greater Kalamazoo SA, 51.04, 14, 14

Pre-Gold Shadow Dance

Pl., Name, Club, TS, P1

- 1. Sloan Markin/Jordan Brenne, Greater Kalamazoo SA, 39.71 2. Maria Gonzalez/Abigail Dalsin, Desert Ice SC of Arizona, 35.64
- 3. Natalie Brenne/Khloe Felton, Greater Kalamazoo SA. 3413
- 4. Alexandra Ptacek/Alexandra Ortiz, Peninsula SC, 32.47 5. Georgina Blackwell/Elizabeth Direktor, SC of New
- 6. Cherie Sun, Princeton SC/Gloria Wang, North Jersey FSC. 30.03

Gold International Shadow Dance

Pl., Name, Club, TS, P1

York, 31.07

- 1. Natalie Tan/Chiara Tan, SC of New York, 41.05
- 2. Anna Lewis/Sophie Lewis, Washington FSC, 40.95
- 3. Abby Mumby/Amanda Piel, Greater Kalamazoo SA, 37.04
- 4. Claire Katen/Elizabeth Lee, Broadmoor SC, 35.45
- 5. Tina Li/Karin Kaneda, Washington FSC, 34.49
- 6. Leah Grieco, Pavilion SC of Cleveland Hts/Quincy Halliwell, Winterhurst FSC, 29.79

Pre-Silver Shadow Dance

Pl., Name, Club, TS, P1

- 1. Jessica Burns/Felicia Lin, Ann Arbor FSC, 47.18
- 2. Cheri Hendrix/Ian Zachary, Los Angeles FSC, 41.86 3. Amelia Rodriguez/Riley Reaves, Central Florida FSC, 40.25
- 4. Kimmy Lassitter/Margaret Letcher, Greater Kalamazoo SA, 40.06
- 5. Shaylin Backer/Brielle Backer, Onyx-Suburban SA,
- 6. Jordyn Lutz/Margaryta Polishchuk, Tampa Bay SC 36.00
- 7. Emma Busby/Katherine Zhong, Desert Ice SC of Arizona, 35.12

Silver Shadow Dance

Pl., Name, Club, TS, P1

- 1. Khloe Felton/Jordan Brenne, Greater Kalamazoo SA, 42 37
- 2. Juliana Clarke/Makenzee Freeman, Washington FSC, 36.58
- 3. Cheri Hendrix, Kent Valley FSC/Charlese Malaret, Utah FSC, 35.99
- 4. Josephine Javing, Bozeman FSC/Ayah Bouanani, Desert Ice SC of Arizona, 35.91
- 5. Dana Piliere, Garden State SC/Isabella Soto, Jersey Coast FSC, 25.78

Pre-Bronze Shadow Dance

Pl., Name, Club, TS, P1

- 1. Olivia Brooks/Annika Johnson, Greater Kalamazoo SA, 42.07
- 2. Caroline Fox/Ashley Choi, Ann Arbor FSC, 41.13 3. Mira Bair, Individual Member/Henry Malaret, Utah FSC, 40.44
- 4. Reidun Olsen-Makdessian, Santa Rosa FSC/ Sasha Babula, Vaca Valley FSC, 36.54
- 5. Lydia Hensley/Charlie Toy, Greater Kalamazoo SA, 34.79 6. Shauna Vorhees/Eliana Karlin, Desert Ice SC of Arizona, 31.01

Bronze Shadow Dance

Pl., Name, Club, TS, P1

- 1. Charlie Toy/Lola Brott, Greater Kalamazoo SA, 43.09
- 2. Jenny Lee/Melissa Yang, Ann Arbor FSC, 42.90 3. Silvia Choi/Cindy Li, Washington FSC, 38.79
- 4. Megan Ashcroft/Adam Ashcroft, LA FSC, 37.04
- 5. Laurena Chen/Stephanie Chen, Peninsula SC, 35.04
- 6. Meadow Stewart/Skye Thompson, Peaks FSC, 32.90

Preliminary Shadow Dance

Pl., Name, Club, TS, P1

- 1. Selena Alphonse/Andrea Alphonse, SC of Southern New Jersey, 38.12
- 2. Evelyn Blasucci/Kayleigh Meagher, Jersey Coast FSC, 35.44
- 3. Leanna Lago/Sophia Brichkov, Jersey Coast FSC, 34.02 4. Harland Boynton/Kaiya Nasser, Coyotes SC of Arizona,
- 5. Kendra Pojar/Navya Bobba, Greater Kalamazoo SA, 33 62

- 6. Charlotte Walter/Stefen Nickerson, Coyotes SC of Arizona, 32.04
- 7. Olympia Chavarria, Washington FSC/Josiah Marquardt, Glacier Falls FSC, 29.18
- 8. Aasha Sisaudia/Van Eric Johnson, Coyotes SC of Arizona, 23.41
- 9. Kayleigh Brancato, Glacier Falls FSC/Jack Carson, All Year FSC. 22.98

LOMBARDIA TROPHY

SEPT. 15-18, 2022, BERGAMO, ITALY

Women

Pl., Name, Country, TS, SP, FS

- 1. Rinka Watanabe, JPN, 213.14, 2, 1
- 2. Kaori Sakamoto, JPN, 205.33
- 3. Ekaterina Kurakova, POL, 188.41, 4, 3
- 4. Amber Glenn, USA, 177.01, 8, 4
- 5. Hanna Harrell, USA, 175.55, 3, 5

(16 women competed) Men

Pl., Name, Country, TS, SP, FS

- 1. Adam Siao Him Fa, FRA, 237.19, 2, 1
- 2. Koshiro Shimada, JPN, 235.90, 1, 4
- 3. Nikolaj Memola, ITA, 230.52, 4, 3
- 4. Matteo Rizzo, ITA, 226.67, 5, 2
- 5. Nika Egadze, GEO, 217.64, 3, 5
- 6. Luc Economides, FRA, 197.41, 6, 6

7. Dinh Tran, USA, 186.14, 8, 7

WD Tomoki Hiwatashi, USA

(10 men competed)

Pairs

Pl., Name, Country, TS, SP, FS

- 1. Sara Conti/Niccolo Macii, ITA, 170.19, 1, 1
- (5 teams competed, no U.S. teams) Ice dance

Pl., Name, Country, TS, SP, FS

- 1. Charlene Guignard/Marco Fabbri, ITA, 211.85, 1, 1
- 2. Allison Reed/Saulius Ambrulevicius, LTU, 183.60, 3, 2
- 2. Natalie Taschlerova/Filip Taschler, CZE, 183.55, 2, 3

4. Emily Bratti/Ian Somerville, USA, 170.54, 4, 5

5. Loicia Demougeot/Theo le Mercier, FRA, 166.95, 5, 4 (12 teams competed)

U.S. officials: Brett Drury, Jennifer Mast

JOHN NICKS PAIRS CHALLENGE SEPT. 8-9, NEW YORK CITY

Senior

Pl. Name, Country, TS, SP, FS

- 1. Rebecca Ghilardi/Filippo Ambrosini, ITA, 180.47, 1, 1 2. Emily Chan/Spencer Howe, USA, 174.09, 2, 2
- 3. Valentina Plazas/Maximiliano Fernandez, USA, 165.68, 4, 3
- 4. Maria Mokhova/Ivan Mokhov, USA, 158.64, 5, 4
- 5. Grace Hanns/Danny Neudecker, USA, 148.72, 3, 7
- 6. Megan Wessenberg/Blake Eisenach, USA, 146.61, 6, 5 7. Nina Ouellette/Rique Newby-Estrella, USA, 136.96, 7, 6 8. Linzy Fitzpatrick/Keyton Bearinger, USA, 121.54, 8, 8

Junior Pl. Name, Country, TS, SP, FS

- 1. Ellie Korytek/Timmy Chapman, USA, 140.79, 1, 1 2. Catherine Rivers/Nathan Rensing, USA, 105.81, 2, 3
- 3. Lilanna Murray/Jordan Gillette, USA, 104.30, 4, 2
- 4. Melania Delis/Jaden Schwab, USA, 101.49, 3, 4 U.S. officials: Dawn Eyerly, Karen Terry Perreault,
- David Santee, Elliot Schwartz, Troy Goldstein, Wendy Enzmann, Lorrie Parker

ISU JGP LATVIA

SEPT. 7-9, RIGA, LATVIA

Women

Pl., Name, Country, TS, SP, FS 1. Jia Shin, KOR, 194.68, 1, 1

- 2. Soho Lee, USA, 185.92, 2, 2
- 3. Ami Nakai, JPN, 185.62, 3, 3
- 4. Inga Gurgenidze, GEO, 180.28, 5, 4 5. Nikola Fomchenkova, LAT, 169.07

9. Hannah Herrera, USA, 145.30, 11, 10 (34 women competed)

Men

Pl., Name, Country, TS, SP, FS

- 1. Nikolaj Memola, ITA, 225.76, 1, 1
- 2. Rio Nakata, JPN, 200.17, 3, 3
- 3. Rakhat Bralin, KAZ, 199.38, 4, 4

4. Robert Yampolsky, USA, 196.67, 6, 2

- 5. Makar Suntsev, FIN, 189.03, 5, 5
- 17. Kirk Haugeto, USA, 142.17, 18, 17

(28 men competed)

Pl., Name, Country, TS, SP, FS

- 1. Cayla Smith/Andy Deng, USA, 137.23, 1, 1
- 2. Ava Rae Kemp/Yohnatan Elizarov, CAN, 124.73, 2, 2 3. Ashlyn Schmitz/Tristan Taylor, CAN, 113.40, 3, 3

(6 teams competed)

Ice dance

Pl., Name, Country, TS, SP, FS

- 1. Darva Grimm/Michail Savitskiy, GER, 161.42, 2, 1
- 2. Sandrine Gauthier/Quentin Thieren, CAN, 156.92, 1, 2
- 3. Mariia Pinchuk/Mykyta Pogorielov, UKR, 150.28, 3, 3 4. Vanessa Pham/Jonathan Rogers, USA, 148.24, 5, 4
- 5. Karla Maria Karl/Kai Hoferichter, GER, 143.13, 4, 5 (14 teams competed)
- U.S. officials: Stefanie Mathewson, Danielle Rey

2022 INTERNATIONAL FIGURE **SKATING CLASSIC**

SEPT. 13-16. LAKE PLACID. NEW YORK

Women

Pl., Name, Country, TS, SP, FS

- 1. Yelim Kim, KOR, 190.64, 5, 1
- 2. Young You, KOR, 183.40, 1, 2
- 3. Mana Kawabe, JPN, 180.11, 2, 3
- 4. Audrey Shin, USA, 176.44, 3, 5 5. Sonja Hilmer, USA, 174.46, 6, 4
- 6. Jocelyn Hong, NZL, 162.54, 4, 6
- 7. Jill Heiner, USA, 142.53, 9, 7

(13 women competed)

Men Pl., Name, Country, TS, SP, FS

- 1. Ilia Malinin, USA, 257.28, 6, 1
- 2. Kevin Aymoz, FRA, 236.17, 1, 2
- 3. Camden Pulkinen, USA, 3, 4
- 4. Mark Gorodnitsky, ISR, 218.83, 2, 5
- 5. Jimmy Ma, USA, 216.76, 8, 3
- 6. Stephen Gogolev, CAN, 208.43, 5, 6 7. Arlet Levandi, EST, 202.29, 7, 7
- 8. Donovan Carrillo, MEX, 181.44, 9, 10 9. Eric Sjoberg, USA, 179.09, 11, 8

10. Wesley Chiu, 171.69, 10, 9

- Pl., Name, Country, TS, SP, FS
- 1. Rebecca Ghilardi/Filippo Ambrosini, ITA, 189.22, 1, 1
- 2. Emily Chan/Spencer Howe, USA, 181.81, 2, 2 3. Valentina Plazas/Maximiliano Fernandez, USA,
- 166.25. 3. 3 4. Maria Mokhova/Ivan Mokhov, USA, 161.29, 4, 4
- 5. Kelly Ann Laurin/Loucas Ethier, CAN, 150.81, 5, 5 6. Megan Wessenberg/Blake Eisenach, USA, 138.22, 6, 6

7. Lori-Ann Matte/Thiery Ferland, CAN, 132.15, 7, 7

- Pl., Name, Country, TS, RD, FD
- 1. Lilah Fear/Lewis Gibson, GBR, 190.80, 1, 1
- 2. Eva Pate/Logan Bye, USA, 179.63, 3, 2
- 3. Lorraine McNamara/Anton Spiridonov, USA, 179.03, 2, 4 4. Marie-Jade Lauriault/Romain le Gac, CAN, 175.67, 4, 3
- 5. Haley Sales/Nikolas Wamsteeker, CAN, 170.11, 5, 5 6. Katarina Wolfkostin/Jeffrey Chen, USA, 164.07, 6, 6

(12 teams competed) U.S. officials: David Santee, Doug Williams, Elliot Schwartz, Laurie Johnson, Todd Bromley, Steven Hsu,

Danielle Hartsell-Minnis, John Millier, Kathaleen Cutone

2022 NOVICE AND JUNIOR

CHALLENGE SKATE SEPT. 12-16, 2022, LAKE PLACID, NEW YORK

Novice women

- Pl. Name, TS, SP, FS 1. Hannah Kim, 137.65, 2, 2
- 2. Sofia Bezkorovainaya, 135.22, 5, 1
- 3. Emilia Nemirovsky, 134.12, 1, 5
- 4. Keira Hilbelink, 133,88, 3, 3 5. Melania Blecic, 128.75, 4, 4
- 6. Alayna Coats, 121.48, 8, 6 7. Ela Cui, 115.49, 11, 7
- 8. Meghan Huffman, 106.75, 13, 8
- 9. Hannah Gahan, 100.12, 7,12

RESULTS

- 10. Paige Parlapiano, 99.65, 16, 9
- 11. Isabelle Martins, 98.47, 6, 14
- 12. Audrey Lee, 96.69, 9, 11
- 13. Ashley Yang, 95.13, 12, 13
- 14. Sasha Giammarco, 89.71, 17, 10
- 15. Micayla Pang, 89.40, 14, 15
- 16. Jenna Cope, 85.66, 15, 16
- 17. leva Macinnes, 84.98, 10, 17

Novice men

Pl. Name, TS, SP, FS

- 1. Zachary LoPinto, 130.68, 7, 1
- 2. Vaclav Vasquez, 121.02, 3, 2
- 3. Mark Williams, 116.03, 2, 5
- 4. David Race, 109.81, 1, 7
- 5. Jon Maravilla, 109.71, 6, 3
- 6. Lorenzo Elano, 109.27, 4, 4
- 7. Ethan Kormanyos, 101.81, 5, 6
- 8. Peter Malakhov, 90.85, 9, 8
- 9. Marlo Rosen, 86.15, 8, 10
- 10. Aaron Li, 85.07, 10, 9
- 11. Walker Morris, 82.56, 12, 11
- 12. Samuel Eckenroed, 79.04, 11, 12

Junior women

Pl. Name, TS, SP, FS

- 1. Logan Higase-Chen, 167.32, 1, 1
- 2. Lilly Mills, 142.44, 3, 4
- 3. Athena Huang, 140.73, 5, 3
- 4. Katie Krafchik, 139.28, 2, 7
- 5. Lindsay Wang, 138.80, 8, 2
- 6. Phoebe Stubblefield, 134.40, 7, 5
- 7. Mia Barghout, 133.57, 4, 9
- 8. Michelle Lee, 132.44, 6, 8
- 9. Lilah Gibson, 131.22, 9, 6
- 10. Katie Turcotte, 112.41, 10, 11
- 11. Alexis Adelstein, 111.48, 11, 12
- 12. Olivia Phillips, 109.92, 12, 10
- 13. Maile Hilbelink, 100.14, 14, 13
- 14. Paige Greenstein, 98.00, 15, 14
- 15. Olivia Massey, 96.73, 13, 15

Junior men

Pl. Name, TS, SP, FS

- 1. Jonathan Hildebrandt, 181.33, 1, 2
- 2. Taira Shinohara, 174,39, 5, 1
- 3. Lucius Kazanecki, 164,42, 2, 3
- 4. Aleksandr Fegan, 157.87, 3, 4
- 5. Allan Fisher, 153.45, 4, 5
- 6. Andriy Kratyuk, 134.79, 6, 6
- 7. Bryan Lehmann, 129.26, 7, 7
- 8. Lake Liao, 117.65, 9, 8 Novice combined dance

Pl. Name, TS, RD, FD

- 1. Sylvia Li/Rowan Le Coq, 85.04, 1, 1
- 2. Annelise Stapert/Maxim Korotcov, 74.39, 2, 2
- 3. Emily Renzi/William Lissauer, 69.29, 4, 3
- 4. Ja Yi Kirwan/Luke Witkowski, 66.40, 5, 4
- 5. Jasmine Robertson/Hayden Wood, 66.14, 3, 5

Junior combined dance

Pl. Name, TS, RD, FD

- 1. Xinyu Chen/Jack Liu, 115.42, 1, 2
- 2. Olivia Ilin/Dylan Cain, 113.33, 2, 1
- 3. Anna Sophia Obrien/Steven Wei, 91.26, 3, 3

U.S. Officials: Kathaleen Cutone, Charles Cyr, Mary-Elizabeth Wightman, John Millier, Stephanie Jenkins, Doug Williams, Matthew O'Toole, Laurie Johnson, David Santee, Todd Bromley, Victoria Hildebrand, Danielle Hartsell Minnis, Alexander Enzmann, Wendy Enzmann

NEBELHORN TROPHY

SEPT. 21-24, OBERSTDORF, GERMANY Women

Pl., Name, Country, TS, SP, FS

- 1. Loena Hendrickx, BEL, 208.05, 1, 2
- 2. Seoveong Wi, KOR, 193.25, 3, 1
- 3. Eva-Lotta Kiibus, EST, 165.21, 10, 3
- 4. Tzu-Han Ting, TPE, 162.42, 11, 4
- 5. Madeline Schizas, CAN, 160.71, 2, 10
- 6. Starr Andrews, USA, 156.60, 7, 6 12. Gracie Gold, USA, 138.89, 15, 12

(15 women competed)

Pl., Name, Country, TS, SP, FS

1. Keegan Messing, CAN, 245.74, 3, 1

- 2. Sihveong Lee, KOR< 235.71, 2, 2
- 3. Roman Sadovsky, CAN, 222,74, 1, 5
- 4. Kazuki Tomono, JPN, 210.77, 11, 3
- 5. Tomas-Llorenc Guarino Sabate, ESP, 209.34, 5, 4

8. Liam Kapeikis, USA, 191.72, 8, 9 (15 men competed)

Pairs

Pl., Name, Country, TS, SP, FS

- 1. Deanna Stellato-Dudek/Maxime Deschamps, CAN, 192.74. 2. 1
- 2. Alisa Efimova/Ruben Blommaert, GER, 186.17, 3, 2 3. Annika Hocke/Robert Kunkel, GER, 184.47, 1, 3

(12 teams competed, no U.S. teams)

Ice dance

Pl., Name, Country, TS, RD, FD

- 1. Lilah Fear/Lewis Gibson, GBR, 206.60, 1, 1
- 2. Allison Reed/Saulius Ambrulevicius, LTU, 185.41, 2, 2
- 3. Carolane Soucisse/Shane Firus, CAN, 176.35, 3, 3 4. Molly Lanaghan/Dmitre Razgulajevs, CAN, 167.00, 6, 4
- 5. Lorraine McNamara/Anton Spiridonov, USA, 166.05, 4, 5
- 10. Molly Cesanek/Yehorov, USA, 138,87, 8, 11

(11 teams competed) U.S. officials: Robert Rosenbluth, Eric Hampton

2022 ONDREJ NEPELA MEMORIAL

SEPT. 29-OCT. 1; BRATISLAVA, SLOVAKIA

- Pl. Name, Country, TS, SP, FS 1. Isabeau Levito, USA, 198.99, 1, 1
- 2. Lara Naki Gutmann, ITA, 166.24, 4, 2
- 3. Haein Lee, KOR, 164.88, 2, 3
- 4. Aleksandra Golovkina, LTU, 157.37, 3, 5
- 5. Nina Povey, GBR, 156.92, 5, 4
- 6. Alena Budko, USA, 144.20, 10, 6

(14 women competed)

Men

Pl. Name, Country, TS, SP, FS

- 1. Gabriele Frangipani, ITA, 244.57, 1, 1
- (13 men competed, no U.S. men)

Ice dance

- Pl. Name, Country, TS, RD, FD
- 1. Marjorie Lajoie/Zachary Lagha, CAN, 193.35, 1, 1
- 2. Eva Pate/Logan Bye, USA, 178.69, 2, 2
- 3. Marie Dupayage/Thomas Nabais, FRA, 165.78, 3, 4
- 4. Yuka Orihara/Juho Pirinen, FIN, 165.32, 4, 3 5. Oona Brown/Gage Brown, USA, 160.62, 6, 5 (10 teams competed)
- U.S. officials: Kitty Delio Laforte, Jenny Mast

JUNIOR GRAND PRIX POLAND SEPT. 9-10, GDANSK, POLAND

Women

- Pl. Name, Country, TS, SP, FS
- 1. Mao Shimada, JPN, 217.68, 2, 1 2. Mone Chiba, JPN, 205.82, 1, 2
- 3. Chaeyeon Kim, KOR, 195.46, 3, 3 4. Kimmy Repond, SUI, 180.45, 7, 4
- 5. Xiangyi An, CHN, 179.31, 4, 8
- 8. Clare Seo, USA, 170.33, 10, 9
- 9. Josephine Lee, USA, 169.01, 13, 7 15. Logan Higase-Chen, USA, 143.97, 14, 17
- (49 women competed)

Men

Pl. Name, Country, TS, SP, FS

- 1. Lucas Broussard, USA, 209.39, 5, 2 2. Yudong Chen, CHN, 201.84, 16, 1
- 3. Raffaele Francesco Zich, ITA, 200.73, 3, 5
- 4. Younghyun Cha, KOR, 199.18, 7, 3
- 5. Nozomu Yoshioko, JPN, 194.63, 4, 6 7. Michael Xie, USA, 193.48, 10, 4
- 9. Joseph Klein, USA, 187.50, 2, 11

(28 men competed)

Pl. Name, Country, TS, SP, FS

1 Anastasia Golubeva/Hektor Giotopoulos Moore, AUS, 166.56.1.1

(no U.S. teams competed)

Ice dance Pl. Name, Country, TS, RD, FD

1. Nadiia Bashynska/Peter Beaumont, CAN, 170.34, 1, 1 2. Phebe Bekker/James Hernandez, GBR, 158.85, 3, 2

- 3 Celina Fradji/Jean-Hans Fourneaux, FRA, 157.11, 2, 3 4 Mariia Pinchuk/Mykyta Pogorielov, UKR, 150.95, 4, 5
- 5 Helena Carhart/Volodymyr Horovyi, USA, 145.46,
- 9 Romy Malcolm/Noah Lafornara, USA, 134.78, 10, 9 10. Kristina Bland/Matthew Sperry, USA, 132.86, 9, 12 (24 teams competed)
- U.S. officials: Laurie Johnson, Hal Marron, Kathaleen Cutone

JUNIOR GRAND PRIX POLAND #2

OCT. 5-10, 2022; GDANSK, POLAND

Women

Pl., Name, Country, TS, SP, TS

- 1. Ami Nakai, JPN, 205.90, 1, 1
- 2. Jia Shin, KOR, 194.69, 3, 2 3. Minsol Kwon, KOR, 186.63, 2, 4
- 4. Mia Kalin, USA, 177.71, 5, 6
- 5. Ayumi Shibayama, JPN, 173.05, 12, 3
- 7. Josephine Lee, USA, 169.42, 4, 7

(48 women competed) Men

Pl., Name, Country, TS, SP, TS

- 1. Takeru Amine Kataise, JPN, 234.24, 1, 1
- 2. Robert Yampolsky, USA, 223.06, 2, 2
- 3. Minkyu Seo, KOR, 206.67, 4, 3 4. Rio Nakata, JPN, 200.41, 3, 4
- 5. Francois, Pitot, FRA, 190.62, 5, 7
- 7. Beck Strommer, USA, 181.92, 6, 12
- 8. William Annis, USA, 180.23, 8, 11

(30 men competed)

Pairs

- Pl., Name, Country, TS, SP, TS 1. Ánastasia Golubeva/Hektor Giotopoulos Moore,
- AUS, 161.17, 1, 1 2. Violetta Sierova/Ivan Khobta, UKR, 154.76, 3, 2
- 3. Sophia Baram/Daniel Tioumentsev, USA, 152.49, 2, 3 4. Chloe Panetta/Kieran Thrasher, CAN, 133.72, 4, 4
- 5. Ava Rae Kemp/Yohnatan Elizarov, CAN, 129,37, 5, 5

(10 teams competed)

- Ice dance
- Pl., Name, Country, RD, FD, TS
- 1. Nadia Bashynska/Peter Beaumont, CAN, 171.61, 1, 1 2. Darya Grimm/Michail Savitskiy, GER, 154.41, 2, 2
- 3. Jordyn Lewis/Noah McMillan, CAN, 149.83, 3, 3
- 4. Iryna Pidgaina/Artem Koval, UKR, 144.44 5. Angelina Kudryavtseva/Ilia Karankevich, CYP,
- 143.24, 8. 4
- 6. Elliana Peal/Ethan Peal, USA, 141.87, 7, 6 8. Helena Carhart/Volodymyr Horovyi, USA, 140.10, 9, 7
- (17 teams competed) U.S. officials: Terry Kubicka, John Cole

FINLANDIA TROPHY 2022

OCT. 6-9, ESPOO, FINLAND

Women

- Pl., Name, Country, TS, SP, FS
- 1. Yelim Kim, KOR, 213.97, 1, 1 2. Chaeyeon Kim, KOR, 205.51, 3, 2
- 3. Anastasiia Gubanova, GEO, 197.56, 2, 4
- 4. Haein Lee, KOR, 195.72, 4, 3
- 5. Alexia Paganini, SUI, 165.71, 7, 6
- 6. Lindsay Thorngren, USA, 165.09, 14, 5 23. Hannah Lofton, USA, 109.90, 23, 24

(25 women competed)

- Pl., Name, Country, TS, SP, FS 1. Junhwan Cha. KOR. 253.20. 1. 1
- 2. Morisi Kvitelashvili, GEO, 231.30, 2, 2
- 3. Andreas Nordeback, SWE, 229.88, 4, 3 4. Mihhail Selevko, EST, 220.33, 3, 6

5. Lukas Britschgi, SUI, 216.42, 10, 4 13. Dinh Tran, USA, 191.34, 15, 12

(20 men competed) **Pairs**

- Pl., Name, Country, TS, SP, FS
- 1. Annika Hocke/Robert Kunkel, GER, 180,62, 1, 1
- 2. Alisa Efimova/Ruben Blommaert, GER, 177.11, 2, 2
- 3. Brooke McIntosh/Benjamin Mimar, CAN, 166.61, 3, 4
- 4. Letizia Roscher/Luis Schuster, GER, 165.58, 5, 3 5. Valentina Plazas/Maximiliano Fernandez, USA, 161.98, 4, 6

RESULTS

- 6. Daria Danilova/Michel Tsiba, NED, 158.92, 6, 5
- 7. Anastasiia Smirnova/Danil Siianytsia, USA, 152.88,
- 8. Maria Mokhova/Ivan Mokhov, USA, 145.20, 8, 8 (10 teams competed)
- ice dance
- Pl., Name, Country, TS, RD, FD
- 1. Laurence Fournier Beaudry/Nikolaj Soerensen, CAN, 203.76.1.1
- 2. Kaitlin Hawayek/Jean-Luc Baker, USA, 197.45, 2, 2
- 3. Juulia Turkkila/Matthias Versluis, FIN, 186.30, 3, 3
- 4. Natalie Taschlerova/Filip Taschler, CZE, 178.85, 4, 4
- 5. Caroline Green/Michael Parsons, USA, 177.34, 5, 5 7. Angela Ling Caleb Wein, USA, 140.83, 7, 8 (8 teams competed)
- U.S. officials: Stefanie Mathewson, Wendy Enzmann,

APPOINTMENTS

Bronze Singles Test Judge

April Bardin, Sherwood, Ark.; Theresa Dragos, Falmouth, Maine; Beverly Fernald, Braintree, Mass.

Silver Singles Test Judge Linda Frances, Union City, N.J.; Stephanie Zastrow, North Fort Mevers, Fla.

Gold Singles Test Judge Karri Mevers, Spring Lake, N.J. Silver Dance Test Judge Alexis Fenton, Stilwell,

Kans.; Susan Knock, Pagosa Springs, Colo.; Sharon Stengle, Colorado Springs, Colo. **Certification to Judge**

International Dance Tests

Christine Handt, Midland, Mich. Nonqualifying Singles **Competition Judge** Gail Rowland, Raleigh, N.C.

Regional Singles/Pairs **Competition Judge**

Elise Requadt, Wayland, Mass.; Rhea Sy-Benedict, Irvine, Calif.

Sectional Singles/Pairs **Competition Judge**

Ariel Davydov, Porter Ranch, Calif.; Naomi Grabow-Strebel, Yucaipa, Calif.; Waverly Huston, Billings, Mont.

Certified 6.0 Accountant

Rebecca Eberle, Uniontown, Ohio

Regional Music Coordinator

Hina Fagu, Long Beach, Calif.; Kimberly Miller, Gardena, Calif.; Nipon (Nick) Tuntariyanond. Lakewood, Calif.

Sectional Music Coordinator

Mathew Hough, Oxford, Conn.; Susan Miller, South Gate, Calif.

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IN HONOR OF 2022 Glacier Falls Summer Classic - The Officials: their

dedication to the sport

Glacier Falls FSC

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EDU Standing Committee

AREA OF GREATEST NEED

Karen Bartholomew

OBITUARY



LUDLOW

George B. Ludlow died on Aug. 22, 2022, in Venice, Florida. Born July 18, 1933, in Warwick, Rhode Island, he was 89.

Known as "Chip," he was a national judge and referee of figures, freestyle and dance, as well as a national announcer, for U.S. Figure Skating.

With his late wife, Carole Lanese Ludlow, he also was an international judge of Theatre on Ice and World Special Olympics. Their involvement in the world of figure skating had brought them together and was a shared lifelong interest that led to many friendships throughout the U.S. and abroad.

A graduate of Brown University with a master's degree in languages from Middleburg College, George was on the faculty of the Kent School in Kent, Connecticut. Because of his proficiency in French and German, he also was an announcer at several international competitions and, with Carole, served as team leaders for the Olympic Games in Albertville, France, in 1992 and at the World Special Olympics in France, Alaska and Japan.

He and Carole judged several national and international competitions including National Showcase, U.S. Collegiate Championships and U.S. Championships. He participated in PSA seminars across the country.

George announced at local championships, Skate America, Four Continents, the Goodwill Games and 1980 Olympic Winter Games in Lake Placid. New York.

While living for many summers in Lake Placid, both judged summer events there and throughout the East Coast. Members of the Skating Club of Boston, they also judged the Sunshine State Games, Magic City Ice Classic, Atlanta Open, John Smith Memorial, Cannon Texas Open, Boston Open, North Shore Open, Liberty University Collegiate Championships and many others throughout the U.S. In 1994, the Ludlows, moved to Venice, Florida,

from Kent, Connecticut, where both had been on the faculty of the Kent School. He was head of the language department.

Longtime members of The Skating Club of Boston, they also had been honorary members of the Tampa Bay Skating Club.

In Venice, George was an opera critic for the Venice Gondolier Sun for several years.

When not officiating at skating events, he and Carole would attend as spectators, as they did at the World Figure Skating Competition in Lausanne, Switzerland, in 1997.

Although unable to attend, he was honored with a plaque and pin for 50 years as a judge of U.S. Figure Skating this past May at the annual Governing Council meeting in Colorado Springs, Colorado. At the same event, Carole was recognized posthumously as an honorary national judge.

He is survived by nieces Shirley A. Buell and Carol Buell Brian; nephew Douglas C. Buell; and longtime family friend Catherine Mazza.

Both will be interred on the grounds of the Kent School in October.

Donations may be made to the U.S. Figure Skating Memorial Fund or the Kent School in Kent, Connecticut

Senior Moves In The Field Tessa Adams — Arctic FSC Bethany Ando — Coyotes SC of Arizona Shuting Bai - Northern Ice SC Olivia Batko — DuPage FSC Lauren Boss Krohn — Lake Minnetonka FSC Sophia Carlos — All Year FSC David Case — Peninsula SC Curie Cha — University of Delaware FSC Marley Chavarria - Panthers FSC Rose Chiek — Winthrop Skating Assoc. Lana Clesca — North Jersey FSC Kylar Coleman Foley — Albany FSC Sophia Dailey — Dallas FSC Orla Desmond — Glenwood FSC Aimee DesRosiers-Kutchuk — La Jolla FSC ${\it Madeline Drafall-Northern Ice SC}$ Allison Duan - Alpine SC Andrei Dumuta - SC of New York Kristen Evers - Saratoga Springs FSC Claire Ferguson — North Jersey FSC Kailey Flynn - Livonia FSC Sofia Gaffney — Washington FSC Addison Galloy - Northern Ice SC Ava Blu Ganaden — SC of Wilmington Tiffany Gao — ISC of Indianapolis Lucy Gioioso — SC of New York Gizelle Gomez — FSC of Southern California Emilia Goodwin - Braemar-City of Lakes FSC Eleanor Goudie — SC of Fairfield County Emma Greco — Chicago FSC Ella Hahn — Elite Edge SC Sunny Harding — Bourne SC Noah Hausman - Columbus FSC Kelly He — Brazos Valley FSC Andrea Hoang — SC of Southern New Jersey Katherine Hoang — SC of Southern New Jersey Claire Hoyle - Fort Collins FSC Taylor Hudson - Essex SC of NJ Helen Jackson - Frederick FSC Olivia Jacobs — Dallas FSC Isha Jha — FSC of Madison Charlotte Johnson — Cutting Edge FSC Mandy Kao — Braemar-City of Lakes FSC Christie Katilius — Washington FSC Amelia Keller — Beaver County FSC Chloe Kim - Chicago FSC Emma Kindlon — Springfield FSC Kelly Kyle — Sun Valley FSC Svana Lai — Cortland FSC Devon Lang — Washington FSC Audrey Latham — Atlanta FSC Joenne Lau — Uncle Sam SC Emma Lawrence — Dearborn ESC Sabrina Li — SC of Boston Angela Ling — Peninsula SC Natalie Liu - Glacier Falls FSC Allie Lukes - Woodbury FSC Michelle Ma — Columbia FSC (MD) Olivia Ma — Peninsula SC Caitlin Mann - Greater Evansville FSC Katarina Martin — SC of Central New York Gabrielle Martineau - Northern Ice SC Daniel Martynov - Great Lakes FSC Autumn Masuk — Potsdam FSC Alexis Montante - University of Delaware FSC Helen Myers — Winter Club of Indianapolis Jasmine Nguyen — Washington FSC Quinn Nguyen — Skokie Valley SC Elizabeth Olson — Patriot FSC Isabelle Olson - Winchester FSC Ella Pesch — Windy City FSC Abigail Ramos — Lakewood Winter Club Mandy Romero — SC of New York Sarah Ryan — Individual Ashley Sang — St. Moritz ISC Preksha Sarda — Ames FSC Josephine Scanio — Arctic FSC Sara Sebring - Pittsburgh FSC Ellen Joowon Seok — Memorial FSC of Houston

Dana Smith — Starlight Ice Dance Club Elle Smith — Charleston FSC Johie Stover — Charleston FSC Paisley Tang — Memorial FSC of Houston Isabella Thurlow — North Shore SC Kristina Tomanov — Great Lakes FSC Anna Wakabayashi — Chicago FSC Regina Wang — Columbia FSC (MD) Ella Rose Wegner — Boise FSC Alyssa Yociss - Springfield FSC

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Averie Brenner - Oklahoma City FSC Wendy Cao - SC of Morris NJ Jennifer Hague — Arcadia FSC Panipak Kumgade — Diamond Edge FSC Tuan Ngo — Memorial FSC of Houston

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Amy Backstrom - Philadelphia SC & HS

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Senior Free Skate Evelyn Agrodnia — North Atlantic FSC Isabella Anderson — Arctic FSC Alec Bai - Hershev FSC Ria Basu — DuPage FSC Adriana Berg — Winterhawks FSC Gwen Bloesch — SC of Southern New Jersey Calli Blumenthal - All Year FSC Gabrielle Brandt — SC of New York McKavla Brooks — Tulsa FSC Nicole Brye — San Diego FSC Elsa Cheng — Skokie Valley SC Carina Cooper — Great Lakes FSC Jamiesen Cyr — Elite Edge SC Daniella De Sousa — Memorial FSC of Houston Zoey Desmond — SC of Western New York Zoey Etheridge — Great Lakes FSC Brooke Gewalt - Wagon Wheel FSC ${\it Syona Goel-Los\ Angeles\ FSC}$ Maria Gonzalez — Desert Ice SC of Arizona Abigail Hiler - Traverse City FSC Isabelle Hughes — Chicago FSC Rebecca Hughes — Chicago FSC Mei Huynh — Eden Prairie FSC Kate Hwang — Los Angeles FSC Amy Isenberg — DuPage FSC Maya Jones — Baltimore FSC Helen Kash — Skokie Valley SC Erin Kenney — Burnsville-MN Valley FSC Ariana Lee — Peninsula SC ${\sf Caitlin\ Levine-North\ Star\ FSC}$ Tiffany Lu — SC of Boston Daniel Martynov — Great Lakes FSC Olivia Massey — Ice House of New Jersey FSC Audrey Meredith - Skokie Valley SC Alexis Muir — Arctic FSC Marina Nelson — Burnsville-MN Valley FSC Clara Pederson - Dakotah FSC Courtney Phillippi — Carolinas FSC

Kayla Yu — Kansas City FSC **Adult Gold Free Skate**

Cindy Xue — All Year FSC

Jecilyn Stanley - IceWorks SC

Jada Whitfield — Triangle FSC

Emma Jane Wecker - Northern Ice SC

Jocelyn Delmar — Los Angeles FSC Katherine Jaessing - Kettle Moraine FSC Erin Orsini — SC of Phoenix

Gold/Senior Pair

Sonia Baram — Los Angeles FSC Linzy Fitzpatrick — Detroit SC

Joseph Goodpaster — Individual Ellie McClellan — Individual Natasha Mishkutionok — Dallas FSC Nina Ouellette — SC of San Francisco Jake Pagano - Nashville FSC Daniel Tioumentsev — Dallas FSC

Gold Dance

Lauren Allenspach — SC of Morris NJ Holland Arney - Individual David Botero — Summit FSC of NC Emma Cumming — Denver Colorado FSC Catherine Cummings — Carolinas FSC Daniella De Sousa — Memorial FSC of Houston Amanda Demmerle — Cortland FSC Alana DeVirgilio - Essex SC of NJ Julia Epps – IceWorks SC Mikayla Garot - Greater Green Bay FSC Abigail Hall — Washington FSC Hannah Lee — Skokie Valley SC Ainslev Lumsden — Michigan State University Mackenzie Magliocco — Dearborn FSC Berlin Mossak — St. Paul FSC Emma Ogden — Oval FSC Alyssa Olson — Wisconsin Rapids FSC Umika Ooka - SC of New York Meg Elizabeth Orie — Pittsburgh FSC Mattie Pincu — Memorial FSC of Houston Bianca Rowland — Skokie Valley SC Svdnev Sikorski — Buffalo SC Esther Yi — Washington FSC Jessica Zellers — SC of Southern New Jersey

Solo Gold Dance

 ${\bf Lily\ Bishilany-Cleveland\ Ice\ Storm}$ Joan Bys — Central Florida FSC Charlotte Carter — Hickory Hill FSC Nina Civitarese — SC of Mt Lebanon Anna Gates - Greenville FSC Ena Jeong — Triangle FSC Emerson Keller — Cleveland Ice Storm Eli Lichstein — SC of New York Andrea Manseau — Southern New Hampshire SC Kylie Mullis - FSC of Charleston Halaina Walker — Elk River FSC Emalie Werkowski - DuPage FSC Kate Yarem — Central Florida FSC

Senior Free Dance

Isabella Flores — Thunderbirds FSC Audrey-Kate Johnson — Atlanta FSC Emily McCann — Richmond FSC Molly Schelosky — St. Clair Shores FSC Halaina Walker — Elk River FSC

Senior Solo Free Dance

Eleanor Ashdown — Washington FSC Jaysa Bozzuto — Sun Valley FSC Abigail Fenton — Gardens FSC of Maryland Lydia Flanigan — Greater Green Bay FSC Hannah Kim - Glacier Falls FSC Leah Kirkegaard — SC of Houston Elizabeth Lee - Broadmoor SC Evelyn Lemm — Ann Arbor FSC Keira Malzahn — Washington FSC Ilya Mondrowski - Skokie Valley SC ${\sf Jackie\ Nicolaus-SC\ of\ Mt\ Lebanon}$ Mattie Pincu — Memorial FSC of Houston Brynn Roberts - FSC of Park City Meryl Shackett — Patriot FSC Holly Teasdale-Edwards — Skaneateles FSC Sarah Tuzinowski — Miami University Allaina Werstler — Wooster FSC Tea Zandegiacomo de Zorzi — SC of Houston

CORRECTION

Madeline Freeman was incorrectly listed in the Graduating Seniors Program in the Aug.-Sept. issue. Freeman, a member of the Atlanta FSC, is a platinum-level skater.

Anabel Sha - Washington FSC

Maria Sidorova - Oklahoma City FSC

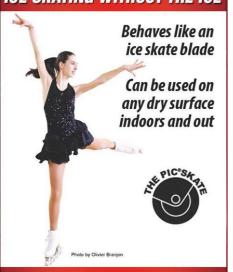




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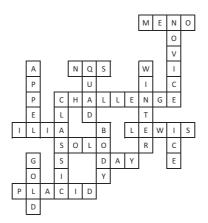
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PUZZLES APPEAR ON PAGES 38-39



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